It seems like this winter made up for the last two. Although the heavy snow was great for skiing and our winter hiking series, some of us who are planning hikes in the Whites in June and July may be greeted with a lot of remaining white stuff.

I’m happy to report that **Leadership Training** on April 7 at Borderland State Park was very successful, with about 15 people attending. Many thanks to Bob Vogel, organizer, and all those who helped with this important event.

In the last issue of the Breeze, I reported on efforts by dirt bikers to regain the access they lost to **Myles Standish State Forest** back in the mid 90s. On March 1, the Department of Environmental Management’s final resource management plan for Myles Standish was presented. To the surprise of many attending that meeting, DEM had already started implementing the recommended tasks to be completed prior to construction of a new 30-mile dirt bike trail, as outlined in the plan. More amazing is that DEM seems oblivious to the total cost of this project, which has numerous expensive recommendations. However, there are still major state and federal regulatory hurdles to overcome before this trail is constructed.

Check out the environment alert page on our website ([www.amcem.org/conservation.htm](http://www.amcem.org/conservation.htm)), which contains letters and some photos of ORV damage to our state forests and parks. As a result of letter writing, state environmental police finally took some action this winter on illegal ORV riding in Ames Nowell State Park, handing out over $1300 in fines.

I attended the **125th AMC anniversary** annual meeting in February and heard more about the Club’s aggressive $30 million capital campaign to raise funds for new centers for outdoor education, endowments to support conservation, education and trails. Specifically, the expansion of Cardigan Lodge, the Crawford Notch Education Center and the Maine recreation corridor were mentioned as ways of achieving the goals of the 2010 vision statement. Check the March edition of AMC Outdoors for more details.

**SEM/AMC Summer Picnic**

**Saturday, August 4**

**Borderland State Park, Easton**

**Come one, Come all!** Meet your fellow Appies. Get out and get some exercise. Play some games. Chow down on a good burger or hot dog. Any way you look at it, the SEM Summer Picnic is the place to be! It’s a great opportunity for new members to get involved and learn more about the AMC ... and for current members to meet new members.

**Schedule**

8:30-11 am A brisk 6 mile hike to work up an appetite.
10-11:30 am An easier 2 mile hike at moderate pace, geared for beginners and those with children.
11:30 am Games and activities for kids of all ages. (Volleyball, Frisbee, Croquet ...)

**Noon Picnic Lunch**, featuring Burgers/ Dogs, Salad, Veggie fare, Ice Cream, etc.
1 pm New member orientation: Our history. How to get involved. Chapter future plans, etc. Informational handouts
2 pm “Second Chance” hike to work off some of those calories!

**Cost**: $5/adult and $2/ kid.
**Used equipment sale**: Bring your used outdoor equipment. A sale table will be available. A good chance to sell equipment you no longer use, or pick up some good usable equipment at a bargain price.

**Register until August 2nd**, and pay at the door. (All activities meet at the Visitor Center.) Please bring a lawn chair.

[For more information](#), or to register contact: Bob Vogel 508-238-7732 rvogel@mediaone.net
Newlyweds Bits

Nominations sought for Chapter Executive Board

Technically speaking, all members of the SEM/AMC Executive Board conclude their terms at the end of 2001. This means that nominations are now being sought to fill each of the positions listed in the staff box above, as well as the Chairs of the various activities that appear elsewhere in this issue of the Breeze. If anyone knows of a fellow club member that should be considered for any of these leadership positions on the Executive Board, please submit your suggestions to Rich Iovanni, Chairman of the Nominating Committee, at 508-695-6909.

The Ed and Marie Webb Dead River Endowment Fund

For 20+ years, Joel and Naomi Freedman have enjoyed paddling Maine's Dead River. While running the Dead is the Freedman's favorite summer ritual, more than half the fun is getting there...riding with Ed and Marie Webb on the canoe shuttle they run in West Forks, ME. Marie Webb passed away last year, but Ed will continue to run the shuttle. To honor their spirit of hospitality and dedicated work in river conservation, the Freedmans have established the Ed and Marie Webb Dead River Endowment Fund in conjunction with AMC's 125th Anniversary Capital Campaign. It is the Club's first endowment fund to be solely dedicated to river conservation.

To continue the Webb's work to conserve our great rivers, please consider making a gift to the fund. If interested in setting up a named endowment fund to honor the work or memory of a friend, please call the Development Department at 617-523-0655 ext. 347.

Not getting your copy of the Breeze?

If you're not receiving the newsletter on a regular basis, please call Membership Chairperson Jennifer Simmons (508-761-7888) or drop her an e-mail (jsimmons@massed.net) to be sure you're on the list.

"Membership in a Bottle"

A great gift for your favorite outdoors enthusiast.

Single Membership $40.00
Family Membership $65.00

Nalgene water bottle with $10 Gift Certificate good for AMC lodging, workshops and books

New members only

Contact: Jen Simmons
508-761-7888

ON THE COVER ...

Looking northwest from the Webster Cliff Trail...the low-lying valleys of the North Country are shrouded in a late summer morning's fog.

Photo: Alan Ankers, 1995

Mark your Calendars

SOLO Wilderness First Aid Training
Sept. 15-16 at Camp Lyndon, Sandwich, MA

SOLO's WFA training includes 16 hours of instruction covering first aid in a wilderness setting where medical assistance isn't readily available. Learn to handle: Patient assessment, dislocations, sprains, fractures and shock. Learn how to improvise splints and evacuate a patient. And most important - learn preparedness and accident avoidance.

Cost: $130 includes lodging Friday and Saturday nights (Cabin, BYO sleeping bags); deluxe group cooked meals Sat breakfast through Sunday lunch. Commuters: $110, includes 2 lunches. (Non-AMC members $20 additional)

Note: Current or in-process SEM-AMC leaders may apply for partial reimbursement via a SEM scholarship. Last year the chapter covered 75% of leaders costs. Reminder: SEM-Club committee rules require current WFA certification for Class 2 and up leaders. WFA certification needs to be renewed every 2 years.

Space Limited; please register ASAP. For more information, or to register contact: Bob Vogel 164 Chestnut St., N. Easton, MA 02356 508-238-7732 tvogel@mediacone.net

The Highland Fling!

Fall 2001 Clubwide Gathering
October 19-21, 2001 at Graymoor Spiritual Life Center, The Hudson Highlands on the Appalachian Trail

The New York-North Jersey Chapter of AMC extends a warm invitation to attend The Highland Fling. The weekend starts with a light supper available until the wee hours, smooching and socializing. Saturday's workshops and activities start at 8:30 am and continue until 4 pm, followed by "A Chat with Laurie and Andy". Mouth watering hors d'oeuvres at Happy Hour and a banquet offering a scrumptious international cuisine reflecting the ethnic diversity of our Chapter rounds of the evening. Scottish dancing for those with energy left.

Cost: $125/person (double room) from soup to haggis. Discount for campers.

For registration and info, visit: www.amc-ny.org/fall2001 or send SASE to Fran Braley, 31 Webatuck Road, Wingdale, NY 12594.

SEM/AMC 25th Anniversary
Saturday, November 3, 2001

Save the date on your calendar for this once-in-a-lifetime extravaganza: Chapter Annual Meeting and Silver Jubilee Anniversary Celebration at the Monsonett Inn in Halifax. More details to come.
Hiking and Backpacking
Chair — Walter Wells  279-1963
Vice Chairs — Charlie Farrell  822-2123
Erika Bloom  996-3290

Hike Rating: First character indicates distance in miles. Second character indicates leader's pace over average terrain. Third character indicates terrain.

<table>
<thead>
<tr>
<th>Miles</th>
<th>Pace/ mph</th>
<th>Terrain</th>
</tr>
</thead>
<tbody>
<tr>
<td>AA=13+</td>
<td>1=very fast/2.5</td>
<td>A=very strenuous</td>
</tr>
<tr>
<td>A=9-13</td>
<td>2=fast</td>
<td>B=strenuous</td>
</tr>
<tr>
<td>B=5-8</td>
<td>3=moderate</td>
<td>C=average</td>
</tr>
<tr>
<td>C=&lt;5</td>
<td>4=leisurely</td>
<td>D=easy</td>
</tr>
</tbody>
</table>

Hikers unsure of their ability should try only one level higher than previously completed. Note: NO PETS without permission of Trip Leader. Individuals under 18 must obtain prior consent from Trip Leader.

Sat./Sun. June 2-3 Zealand Hut overnight. (B3C) Join us for a hiking weekend at this popular hut. In via the Zealand Trail, with optional pm hike to Thoreau Falls. Sun. possible early hike to scenic Zeacliff Overlook. Hut fee: $62 Limit 8 hikers. Register w/ L Erika Bloom 508-996-3290 (7-9 pm) or by e-mail: ebloom@mediaone.net before May 1st. CL Wayne Taylor 508-252-6995 (7-9 pm) wtaylor@mediaone.net

Sat. June 2 Ames Nowell State Park - Abington (C4D) Easy 5 mile hike around Cleaves Pond including circa 1780 gravestones and grill mill, natural cranberry bog, and farmhouse cellar hole. Two boardwalks into natural bogs, very scenic. Register w/ L Dick Carnes 781-871-5764 (7-9 pm) rcarnes2@aol.com CL Patrick Holland 781-925-4423 (7-9 pm) pat.holland@littlebrown.com

Sat. June 9 Mt. Monroe, NH (B3B) Join us for Walt Wells' 48th 4000ftr on this moderately paced 7.8 mile hike via the scenic Ammonoosuc Ravine Trail. Register with leader Dexter Robinson 781-294-8840 (7-9 pm) dексue@massed.net or CL Linda Wells 508-279-1963 wwells50@aol.com

Sun. June 10 Mt. Jefferson (B3B) Mt. Jefferson via the Caps Ridge Trail. A steep, rough, but short assault on this over 5700 ft. peak. Register w/ L Bob Vogel 508-238-7732 (6-9 pm) rvogel@mediaone.net. CL Patrick Holland 781-925-4423 (7-9 pm) pat.holland@littlebrown.com

Tues. June 12 Borderland Evening hike (C3D) through woods and around ponds. Register with leader Bob Vogel 508-238-7732 (6-9 pm) rvogel@mediaone.net

Wed. June 13 Hiking Committee Meeting. Planning for Sept.-Nov. 2001 7:00 pm. Universalist Unitarian Church, 25 South Main St. Middleboro. All are welcome. New leaders and co-leaders are needed. Call Walt Wells at 508-279-1963 or email at wwells50@aol.com if you have questions or need directions.

FAMILY HIKES — Families with children have always been welcome to participate in our hikes, depending on levels of experience and the discretion of trip leaders. This summer we begin a series of walks and hikes geared specifically for families. You'll see them highlighted below with an asterisk.

* Sat. June 16 Garnet Farm/Scarton Creek, East Sandwich (C4D) Nature Walk along the new trails at Garnet Farm and Tabot's Point conservation area. Woods and saltmarsh views. Families welcome. Register w/ L Carolyn Crowell 508-888-4923 until 9 pm ccrowell@capecod.net

Thurs. June 21 Summer Solstice Evening Hike (B3C) Whitney-Thayer-Turkey Hill, Hingham. Summer solstice evening hike and around Turkey Hill Farm. Great hill-top views for solstice sunset. Rhododendrons may still be in bloom. Register w/ L Dick Carnes 781-871-5764 7-9 pm rcarnes2@aol.com CL Patrick Holland 781-925-4423 pat.holland@littlebrown.com

* Sat. June 23 West Island Walk, Fairhaven (C4D) Join us as we explore the public beach on West Is. Families welcome. Bob Bailey will be our naturalist/biologist. We'll pass the annual piping plover nesting areas, see other shorebirds, as well as estuaries that sometimes contain heron and egrets. Register with CL Bob Bailey, 508-836-4094 (7-9 pm) bailey@massed.net L Erika Bloom 508-996-3290 (7-9 pm) ebloom@mediaone.net

Sat. June 23 Mt. Adams NH (A3A) Great views from the second highest peak in the White Mountains. Up and down the spectacular Airline Trail. Register w/ L Bob Emory 508-222-8460 (6-8 pm) hikerrobert@cs.com CL Pauline Jordan 508-676-5146 (7-9 pm) hirst30@aol.com

Sat./Sun. June 23/24 White Mtn. Waterfalls, NH. (B3C) Short day hikes to some of the finest waterfalls in the White Mountain National Forest. We will car camp Sat. night. Register w/ L Dexter Robinson 781-294-8840 (7-9 pm) dексue@massed.net CL Patrick Holland (7-9 pm) pat.holland@littlebrown.com

* Sat. June 23 Caratunk Wildlife Refuge (B3D) Come explore this R.I.Audubon sanctuary, located in Seekonk, Mass. (There may be a small fee for entrance.) Families welcome. Register with Leader Wayne Taylor 508-252-6995 (7-9 pm) wtaylor@mediaone.net CL Bob Vogel 508-238-7732 (7-9 pm) rvogel@mediaone.net

* Fri/Sun July 6-8 Moosilauke Ravine Lodge (Joint Trip, Boston-Family Outings and SEM Chapter) Join us for a family weekend at Ravine Lodge at the base of Mt. Moosilauke. Accommodations are shared bunkroom style in the lodge and cabins with bath/showers inside the lodge building. Approx. cost of $86/adult,
Hiking and Backpacking continued

$49/ child under 14 yrs. Includes two nights lodging, meals. Friday supper through Sunday breakfast (except lunch and trail snacks) On Saturday a strenuous hike( 8 mi. and 2450 ft. elevation gain) will be offered to the summit of Mt. Moosilauke (4802 ft) with an alternate, easier hike (5 mi, 1000 ft. elevation gain offered along the Al Merrill Loop. Register with Leader Erika Bloom 508-996-3290 (7-9 pm) ebloom@mediaone.net. L Bob Vogel 508-238-7732 (6-9 pm) rvogel@mediaone.net.

Sat/Sun July 7-8 Nancy/ Norcross Ponds/Nancy Cascades backpack. (AA3B) Hike in on the Signal Ridge Trail and the Carrigain Notch Trail to the Nancy Pond Trail. Camp along this trail in the area of the former Camp 19 site. Then on to explore the ponds and Cascades. Register w/ L Walt Wells 508-279-1963 (7-9 pm) wwell50@aol.com. L Mike Woessner 508-384-8344 (7-9 pm) mike.woenssner@med.va.gov.

Thurs. July 12 Blue Hills evening hike (B2C) Fast paced evening hike over the Blue Hills. Register with leader Bob Vogel 508-238-7732 (6-9 pm) rvogel@mediaone.net.

Sat. July 14 Mt. Osceola NH. (B3B) Moderately strenuous hike with beautiful views from the summit. Limited to eight participants. Register w/ L John Poirier 508-822-1372 (6-9 pm) CL Louise Desrochers, same phone number.

Sat. July 14 Scar Ridge Bushwack. For those who have had some map and compass training and looking to expand their navigational abilities. Register w/ L Bob Emery 508-222-8460 (6-8 pm) hikerrobert@cs.com. CL Charlie Farrell 508-822-2123

* Sat. July 14 Boston Harbor Islands (C4D) Explore 2-3 islands, very easy, beautiful views and boat ride. Great way to beat the heat. Families welcome. Register w/ L Patrick Holland 781-925-4423 (7-9 pm) pat.holland@littlebrown.com. CL Erika Bloom 508-996-3290 (7-9 pm) ebloom@mediaone.net.

Sat. July 14 Franconia Ridge, Mt. Flume to Lafayette (AA2B) A strenuous hike up to Mt. Flume, then across Franconia Ridge to Mt. Lafayette and down the Old Bridle Trail. Register w/ L Paul Vermette 603-598-6623 (5-8 pm) pjvermette@yahoo.com or CL Dexter Robinson 781-294-8840 (7-9 pm) dexsue@massed.net.

* Sun. July 15 Mt. Wachusett (C3B) Explore this peak in summer. Families welcome. Register w/ L Erika Bloom 508-996-3290 (7-9 pm) ebloom@mediaone.net CL Bill Markson 508-947-6739 (6-9 pm) mogulero@yahoo.com.


Sat. July 28 Mt. Madison (A3A) Up the Howker Ridge Trail and down via the Watson Path. Register w/ L Bob Emery 508-222-8460 (6-8 pm) hikerrobert@cs.com. CL Patrick Holland 781-925-4423 (7-9 pm) pat.holland@littlebrown.com.

* Sat. July 28 (FAMILY HIKE) Slocum's River Reserve, So.Dartmouth (C4C) 10 am. Hike new trails through recently protected farmland on the shores of the Slocum River. Focus on the natural history and ecology. Register with CL Bob Bailey 508-636-4094 (7-9 pm) L Dick Carnes 781-871-5764 (7-9 pm) rcarnes@aol.com.

Sat./Sun. July 28-29 Mt. Isolation NH. (A3B) via the Rocky Branch Trail, with one night at Rocky Branch Shelter #2. Register w/ L Bob Vogel 508-238-7732 (6-9 pm) rvogel@mediaone.net. CL Paul Vermette 603-598-6623 (5-8 pm) pjvermette@yahoo.com.

Sat. Aug. 4 SEM / AMC Summer Picnic. Register for am hikes with Bob Vogel by August 3rd. 508-238-7732 (before 9 pm) rvogel@mediaone.net.

* Sun Aug. 5 (FAMILY HIKE) Lloyd Center afternoon walk (C4D) An easy walk on the beautiful coastal grounds of the Lloyd Center for Environmental Studies in So. Dartmouth. We'll also spend time inside with their touch tanks and aquaria. Bob Bailey will be our naturalist as we pass kettle ponds and estuaries. Register with co-leader Bob Bailey 508-636-4094 (7-9 pm) baileyr@massed.net L Erika Bloom 508-996-3290 (7-9 pm) ebloom@mediaone.net.

Thurs. August 9 Myles Standish State Forest (C3D) Evening hike through woods and around ponds. Register w/ L Bob Vogel 508-238-7732 (6-9 pm) rvogel@mediaone.net.

Sat. August 11 The Bonds in a Day (AA2B) Starting at Lincoln Woods we'll hike to Bondcliff and Mt. Bond and possibly continue on to W. Bond. This is a long 21-mile day hike. Register w/ L Paul Vermette 603-538-6623 (5-8 pm) pjvermette@yahoo.com or John Pereira 508-254-8303 (7-10 pm) iceclimbing@backpacker.com.

SIGN UP TODAY TO BE ON THE E-MAIL LIST FOR "SHORT NOTICE HIKES"

Members can now sign up to be notified by e-mail when a "short notice" hike is announced. These are official SEM hikes that were not planned early enough to be included in the Breeze or AMC Outdoors. The only way to find out about them is to sign up for a free e-mail list that will automatically notify you when a short notice hike is announced. To sign up, visit the chapter's website at www.amcsem.org, click on "Hiking Schedule", and scroll down to the "Short Notice Trip Mailing List" section. Click on the link to sign up. You'll be asked for your e-mail address and a password of your choosing. Then just sit back, relax, and wait for upcoming announcements to arrive via e-mail!
Hiking and Backpacking continued

Sat./Sun. August 11/12 Mt. Carrigain/ Pemi Backpack (AA3B) Hike to former Desolation Shelter area via Signal Ridge/Carrigain Notch route and camp. Optional Sat. pm climb to Mt. Carrigain via the steep Desolation Trail. Register w/L Erika Bloom 508-596-3290 (7-9 pm) ebloom@mediaone.net CL Wayne Taylor 508-252-6995 (7-9 pm) wjtaylor@mediaone.net

Sat. August 18 The Bulge, the Horn, and Mt. Cabot (A2B) The Horn has some of the finest views in the region. Register w/L Charlie Farrell 508-822-2123 CL Paul Vermette 603-598-6623 pyvermette@yahoo.com

Sat. August 25 Mt. Jefferson (A3A) Unlimited views on this hike. We'll hike up the Castle Trail and down the Israel Ridge Trail. Register with L Bob Emery 508-222-8460 (7-9 pm) hikerrobert@cs.com CL Wayne Taylor 508-252-6995 (7-9 pm) wjtaylor@mediaone.net

Sat/Mon. September 13/14 Pemigewasset Wilderness Backpack (B3C) Explore the remnants of the railroad era. Limited to eight participants. Map and compass and bushwacking experience required. Register with leaders John Poirier or Louise Desrochers 508-822-1372 (6-9 pm)

ADVANCE NOTICE

* Sat/Sun. September 22-23. Lonesome Lake Hut trip. Join us for a fun family weekend, joint with BOS/Family Outings and SEM chapter. Hike into this backcountry hut is a short 1.75 miles, with a continuous moderate grade and 900 feet of elevation gain. This is in the Franconia Notch State Park area of New Hampshire. Cost: $71/adult, $46/child under 16. Price includes 1 dinner, 1 breakfast and Saturday night bunkspace. Register with SEM leader Erika Bloom (508) 996-3290 (7-9 pm) ebloom@mediaone.net. Other leader (BOS/Family Outings) Valerie Paul (508) 231-1483 valerie.paul@verizon.net

Local Hikes on Cape Cod
Cape Hikes Chair: Janet DiMattia 508-394-9064
Thurs. hikes start at 9:30 am
Sat. hikes at 10 am (Bring Lunch)
Sun. hikes at 1 pm. unless noted
NO DOGS allowed on any hikes

Notice to Cape Hikers
Starting in Sept., all hikes will be found in one chronological list and will be rated individually for distance-pace-terrain. Example (B3D) See Hike Ratings on page 3.

Advance Notice
First Fall Hike - Thurs Sept 13. Harwich, Herring River (C3D)  Exit 9S off Rte 6 onto Rte 134. Turn L at 3rd traffic light onto Upper County Rd then immediate L onto Great Western. At approx. 2.2 mi. on L park inside fence at Sand Pond. L Janet DiMattia 508-394-9064. Potluck Lunch close by at L's house following hike.

Summer Full Moon Hikes
Mon. June 4 - Cape Cod Canal - 7:00 pm. L Pam Carter 508-398-2605. Meet N. side of canal at Visitor's Center.
Mon. Aug. 6 Harding's Beach, Chatham - 7:00 pm. L Peter Seig 508-432-7656. From Rte 28 take Barn Hill Rd to Beach Rd to Harding Beach.

OUTDOOR EXPLORATION:
For People with Disabilities

Outdoor Explorations (OE) is a social change organization that uses the outdoors for advancing community-wide inclusion of people with disabilities. By bringing together people with and without disabilities for Wild Work Community Service Projects, Outdoor Skills Clinics, and Adventure Trips, OE hopes to provide opportunities for people of all abilities to learn from each other.

Challenge yourself with a diverse group of adventure seekers. Participate in a complete outdoor experience as you work together to set up camp, prepare meals, and explore nature.

Kayaking off the Cape Cod Coast
Join OE for a weekend of kayaking fun at Washburn Island off the Cape Cod Coast. We have the boats, the camp sites, and lots of camping equipment to share. Besides doing some great paddling along the coast of Vineyard Sound, camp on the island, embark on a night hike, investigate tide pools, go swimming, and explore the island with a naturalist. You might even see the pink Lady Slipper Orchids common this time of year or witness the daily activity of the red fox, piping plover, and box turtle.

Note: Prior paddling experience with OE or another outfitter is a prerequisite. Friday 7:30 am - Sunday 6 pm, June 22-24 Washburn Island, Washoott Bay, MA. Fee: $250

Contact us to sign up: Outdoor Explorations, 98 Winchester Street, Medford, MA 02155 phone: 781.395.4999 fax: 781.395.4183 TTY: 781.395.4184 email: information@outdoorexp.org Website: www.outdoorexp.org

AMC Activities Risk Statement: Activities listed here involve varying degrees of danger. When you participate in these activities, you should be prepared physically and mentally, and equipped with appropriate gear. You should be aware of the risks and conduct yourself accordingly. Volunteer trip leaders are not responsible for your safety; you are. Before registering for any activity, you should discuss your capabilities with the trip leader. To participate in chapter activities, individuals under age 18 must be accompanied by a parent or responsible adult, or obtain prior consent from the trip leader. Those accompanied by a minor are responsible for the minor's actions.
**Canoe and Kayak**

**Chair — Arthur Hart (781) 762-5251**

**Co-Chair — Dave Williams (508) 238-3638**

**RENTALS AVAILABLE**

AMC Members $6 day, Non-members $15—Old Town 17 ft FG Canadienne Canoe (Dave in Easton 238-3638); Grumman 17 ft Alum. Canoe (Carolyn in Sandwich 888-4923); Chi-nook 17 ft Sea Kayak (Carrie in Harwich 430-9892)

**WHAT TO CARRY OR WEAR ON A DAY TRIP**

* CG-Approved Personal Flotation Device
  * Hat w/brim
  * Sunglasses with cord, 100% UV screen
  * Water shoes or boots
  * Other clothing suitable for the water temp, rather than air temp., especially in Spring and Fall
  * In a dry bag, a complete change of warm clothes (wool or pile in Spring and Fall), a pack towel, sweater and windbreaker, wool cap, neoprene gloves, 2 piece rain suit and in good weather a swimsuit
  * Also sunscreen, bug dope, Swiss army knife, duct tape and some band aids, moleskin and some toilet paper in a zip lock bag, a compass and map of the area
  * Most important, water and lunch

**SAT. TRIPS**

Call Leader or Co-Leader to register and for time and directions to put-in. Leaders will determine if your experience is suitable for the trip.

**WED. or THURS. TRIPS**

No registration required unless listed. Allow time to park, unload and be in the water ready to go at 10:30 am.

**NOTE**

Strong winds may make some trips unsuitable for open canoes or kayaks without spray skirts. Check with leader.

**CHANGES**

Visit Canoe/Kayak Chair’s website for changes or corrections and for listings of unplanned trips:

community.webtv.net/ahart/SEMASSAMCCANOEKAYAK

**Sat. June 2** Blackstone River, Northbridge. L Art Hart 781-762-5251 ajhart@webtv.net

**Thurs. June 7** Back R., Toby’s Is. Pocasset. RT 28 to Bar-low’s Landing Rd. to right on Shore Rd., crossbridge and park on right in gravel lot. L Russ Otley 508-563-6637

**Sat. June 9** Waquoit Bay, Falmouth L Lee Rogers 508-362-3954 leeandbarb@capeonramp.com

**Thurs. June 14** Pleasant Bay/Leaders choice, Orleans L Jeff Tubman 508-896-7858

**Sat. June 16** Slocum R., Dartmouth. L Rick McNally 508-636-7179 rjmcnally1@juno.com

**Thurs. June 21** Wellfleet Harbor, Wellfleet. W on Main St. from Rt 6A to L on Commercial St. to far end of parking lot at public beach. POTLUCK following L Max Sarazin

**Sat. June 23** Barnstable Harbor, Barnstable. L Dick Coveney 508-790-1016 dickcoveney@mediaone.net

**Thurs. June 28** Pilgrim Lake, Provincetown. L Al Johnson 508-775-8959

**Sat. June 30** Monomoy Is. Chatham. Tidal, wind and current can be difficult, kayak spray skirts req. Put in off connecting road to Morris Is. near as possible to inlet opp. harbor, legal to park facing town. L Jeff Tubman 508-896-7858

**Sat. July 7** Barnstable Harbor, Barnstable L Jeff Tubman 508-896-7858 or jltbmn@capecod.net

**Thurs. July 12** Nauset Marsh, Eastham. Orleans Rotary to Rt 6 North 1.8 mile to right on Hemenway Rd. to town landing. L Max Sarazin, CL Art Hart

**Sat. July 14** Oyster Pond and Oyster River. L Don Costa 508-760-5478 or PizzazzMan@aol.com

**Thurs. July 19** Mashpee River, Mashpee. Rt 28 to South on Quassiquisset Ave to right on Mashpee Neck Rd to town landing. L Ralph Upton 508-398-9680

**Sat. July 21** North River, Marshfield. L Dave Williams 508-238-3638

**Thurs. July 26** Coonamessett Pond, Falmouth. Rt 151 to South on Sandwich Rd 1.5 mile to right on Hatchville Rd. 1/2 mile to dirt road on right 1/4 mile to parking. L Dave Shepard 508-548-8717 davesheprd@aol.com

**Sat. July 28** -Nemasket and Taunton River Middleboro. L Art Hart 781/762-5251 ajhart@webtv.net

**Thurs. Aug 2** Lewis Bay, Yarmouthport. Gray’s Beach. L Dick Coveney 508-790-1016 dickcoveney@mediaone.net

**Sat. Aug 4** Palmer River, Rehoboth. L Rick McNally 508-636-7179 rjmcnally1@juno.com

**Thurs. Aug 9** Indian Lakes, Marstons Mills - Rt 149 to "Indian Lakes" sign on W. side, keep right to dirt road to pkg and beach. L Jeff Tubman 508-896-7858, jltbmn@capecod.net

**Aug 11 - 19** Maine paddling and camping/Leaders Choice. Contact Art Hart 781/762-5251 or ajhart@webtv.net

**Thurs. Aug 23** Mashpee and Wakeby Ponds, Mashpee. Rt 130 to State Boat Ramp

**Sat. Aug 25** Lake Rico, Massassconet State Park, Taunton. I-495 to exit 5, South on Rt 18, less than 1 mile to right on Middleboro Ave. 2.1 mile past Park entrance to parking on left or by the dam. Contact Art Hart 781-762-5251 or ajhart@webtv.net

**Thurs. Aug 30** Bass River, Yarmouth. Rt 6 to exit 9, South on Rt 134, at 3rd light & right to Highbank Rd., cross Bass River and quick left to Wilbur Park launch.
Biking

Chair — Connie Austin (508) 420-8943
Co-Chair — Elsie Laverty (508) 823-0634

HELMETS REQUIRED ON ALL RIDES.
Beginner = mostly flat 15-18 miles, 10-12 mph pace
Intermediate = some hills, 25-35 miles, 13-16 mph
Call leaders before 9 pm to match rides to biking ability.

Sat. June 2 Horseneck Beach Ride, a repeat of the popular
autumn ride. Approx. 25 miles, possible brewery or winery
stop. Register w/ L Elsie Laverty 508-823-0634
Sat. June 16 Gilbert/Moose Hill (Foxboro, Sharon) 25-30
Intermediate. Register w/ L Nancy Beach 508-699-0032
Sat. June 23 11 a.m Beginner ride, 16 mi., easy hills.
Rock Harbor to Coast Guard/ Nauset Light beaches. Bring
lunch. L Paul Ligor 508-775-6885 paligor@aol.com
Sat. July 14 Wareham/Rochester with beach and ice cream
stop. Approx. 25 leisurely miles. Beginners welcome. L
Elsie Laverty 508-823-0634
Sat. July 21 Plainville, Wrentham, Cumberland, RI (Ice
Cream!) 25-30 miles, Intermediate. (heat sensitive)
L Nancy Beach 508-699-0032
Sat. August 11 Rehoboth 25-30 miles, Intermediate
(heat sensitive) L Nancy Beach 508-699-0032
Sat. August 25 Walpole/Natick 25-30 Intermediate
(heat sensitive) L Nancy Beach 508-699-0032

TUESDAY EVENING CAPE BICYCLE RIDES
Rides start at 6 pm and vary from 13 to 18 miles. L Alice
Oberdorf 508-771-8261 CL Connie Austin 508-428-8943

June 5 N. Falmouth to Canal: Meet at N Falmouth Library
at the W end of Rte 151 on left, ride County Rd to drawbridge
on Canal.
June 12 Rock Harbor: Meet at harbor pkg, lot at end of
Rock Harbor Rd. off Orleans Rotary (end Rte 6), for ride to
Visitor’s Ctr and beach.
June 19 Hyannis to Osterville coastal: Meet at pkg lot of
Veteran’s Beach, entrance on Ocean St. at Gosnold St., for
ride to Dowase’s Beach in Osterville.
June 26 Cotuit: Meet at Shopping Ctr parking lot (old Star
Market) on Rte 28 across from Putnam Ave. for area ride.
July 3 N. Falmouth to Canal: Meet at N Falmouth Library at
the W end of Rte 151 on left, ride County Rd to drawbridge
on Canal.
July 10 Chatham: Meet at A&P pkg lot in Chatham on R on
Rte 28 opposite Crowell Rd. for ride to fish pier, lighthouse,
etc. Blue Hydrangeas in bloom.
July 17 Shining Sea Bike Path: Meet at pkg lot at bike path
on Woods Hole Rd in Falmouth for ride to Wood’s Hole,
Quisset Harbor.
July 24 Yarmouthport: Meet at Gray’s Beach pkg lot for
coastal ride.

SEM / AMC Classfieds

This feature is available to SEM/AMC members. There is
NO CHARGE, and ads will run on a space-available basis.
This space is strictly for offering outdoor gear.; Editor will
decide what is appropriate use of this space.

COLMAN DOME TENT—7’x7’ Sleeper 3. Good for kids
and car camping. $20. Call Bill Ruel, 781-878-7713,
before 9 pm

RASCAL KAYAK —Turquoise polyethylene. Weighs —
35 lb. Very stable, tracks well. $275. Call Madeleine,
508-548-3334, after 7 pm. mimfalsaw@cs.com

Please send your ad to Wayne Taylor, 409 Falmouth Ave.,
Rehoboth, MA 02769, wtaylor@mediaone.net. Don’t
forget to include your name, address, phone and e-mail
address. Submissions must be received by July 22 (Fall)
and October 22 (Winter) for inclusion in future issues.

Biking continued

July 31 Brewster to Eastham: Meet at Nickerson State
Pk, Rte 6A in Brewster for ride to Rock Harbor/Eastham.
Aug. 7 Dennis: Meet at Dennis Town Hall parking lot for
ride to Dennis beach and Scargo Tower.
Aug. 21 Rail Trail: Meet at Rt. 134 off Rte. 6 at the head of
the Cape Cod Rail Trail for ride to Fisherman’s Ldg.
Aug. 28 Cape Cod Canal: Meet at N end of railroad
bridge in Buzzard’s Bay for Northside canal ride.

Trails

Chair — Lou Sikorsky (508) 678-3984
Vice Chair — Pat Holland (781) 925-4423

NATIONAL TRAILS DAY Sat., June 2nd
Myles Standish State Forest
Join thousands of outdoor enthusiasts across the country
and give something back for all those hikes you’ve been
enjoying! We need your help to get the Bentley Loop Trail
back to shape after a real winter’s worth of wear and tear.
Contact Lou (508-678-3984, hikinglou@cs.com) or Pat-
nick (781-925-4423, pat.holland@littlebrown.com) to sign
up or get more information.

Stetson Meadows, Norwell
Volunteers needed for trail work at conservation land in
Norwell along the North River. This beautiful area was in
danger of becoming a golf course recently, so they need
our support to blaze new trails and get more people to
use and protect the property. 9 am to noon. Bring tools
and work gloves. Cookout afterward. For more informa-
tion, call: The North and South Rivers Watershed Assoc.
781-659-8168
CHAPTER HUT NIGHT
October 6-7, 2001
CARTER NOTCH HUT

Join us for Chapter Hut Night in the Whites, our annual rite of Autumn. This year we’ll be at Carter Notch Hut, eastern-most point in the AMC hut system, where we’ve reserved 30 spaces.

Carter is a self-service facility in the Fall, so we’ll be cooking our own group meals for Sat. supper and Sun. breakfast. All inclusive cost is $30/person. Register by Sept. 1st with Walt Wells, 508-279-1963.

FALL LEADERSHIP TRAINING
Saturday, August 25th on the Cape
SEM/AMC will conduct Leadership Training on August 25 on Cape Cod. While specifically targeted towards potential leaders for Cape hikes, it is appropriate for other activity leaders as well. Come learn to plan, organize and safely conduct outdoor group activities. Learn about leadership styles, emergency preparedness, AMC & SEM policies and procedures, as well as liability issues. The day features a combination of lectures, group activities and role plays.
And best of all it’s free. Even the lunch! Register w/ Janet DiMattia 508-394-9064 jdimattia@earthlink.

Congrats to Grads of Spring Leadership Training:
Joe Courcy, Ruth Eastman, Rick Fordyce, Bill Flynn, Lorna Harrison, Barbara Hathaway, Farley Lewis, Heidi Moss, Richard McNally, Catherine Nichols, Bill Ruel, Laura Smeaton, Mike Woessner ...

New!!

ROCK CLIMBING
Due to interest in the sport, SEM/AMC will be offering beginner-level climbing trips to members. No experience is needed, just a sense of adventure.

All of the top roping trips will be coordinated by John Pereira and Brian Donelan, who have six and 22 years of experience, respectively. Both have taught rock climbing to numerous individuals and organizations and have climbed extensively throughout the Northeast. Bouldering trips also will be coordinated by Pereira, with assistance from Donelan and two other experienced climbers, Shawn Matson and Jen Klockers.

Rock climbing shoes will be required for all of the activities, and a harness is required for top roping activities. Safety helmets will be provided. Activities may be canceled due to uncooperative weather or other circumstances. Any questions or to register for an activity, contact John Pereira at 508-254-8303 (6-8 pm) iceclimbing@backpacker.com.

Bouldering
June 28 - Lincoln Woods
July 19 - Lincoln Woods
August 9 - Lincoln woods

Top Roping
June 9 - Purgatory Chasm
July 14 - College Rock
August 18 - Rumney