Southeast Breeze  Spring 2003 (Mar/Apr/May)

View from the Chair
Your Chapter needs you! With all the talk of war and military personnel being shipped off to the Middle East we certainly do wish them well and God Speed. I need to bring to your attention another voluntary “draft”, your AMC chapter is in need of a few men or women to fill some special needs. We have a vacancy for Vice-Chair for Biking and Trails. In addition, someone or family to take the role for 2003 as archivist/historian:social chairperson and family activity chair. Also, I will soon be contacting members to solicit participation on the 2003 Nominating Committee. So, see there are many opportunities. If you should be interested in one and want more information on the specific roles please feel free to contact me. A.chace@attbi.com or (508) 824-8871. Our chapter is blessed with a great board and leaders for a wonderful array of activities. Whether you have been a chapter member for decades or two months we are interested in your availability to volunteer a few hours a month to aide the chapter. Try it & you may truly love it.

Thanks, Anne Chace

One Time Only
Order Now
(Operator currently standing by)
25th Anniversary Multi-Media Show
“Breezin’ Through the Years”

VHS Video @ $15.00 each $ ______

DVD Disk @ $27.00 each $ ______

Total Order $ ______

(The Chapter receives $2.00 for each item sold) Only orders paid in full will be accepted. Mail order form & check payable to SEM/AMC for exact amount to:
Anne Chace
168 Hart Street #28
Taunton, MA 02780

Questions: Call Anne Chace (508)824-8871

ANNUAL SPRING FLING
Join us at 4pm for a non-alcoholic happy hour followed at 5pm for a fantastic potluck dinner. Bring your favorite main dish, salad, vegetable or dessert to serve. Chapter will provide happy hour & paper products. At 6pm there will be a speaker & a slide program about the Bay Circuit Trail. So come and enjoy the food, company and find out what is in our own back yard on Sat. May 3. There also is going to be an equipment sale so bring in any equipment w/ a price in mind to sell. Also planned is a photo swap so bring in those pictures too.

DUXBURY SENIOR CENTER
10 MAYFLOWER STREET
DUXBURY, MA 02332
781-934-5774

Deadline is
April 28th so

Send your registration & check payable to SEM/AMC to:
Mike Woessner
252 Dedham St
Wrentham, MA 02093

Name:____________________ Telephone #________
Address:____________________

___ people @ $5.00 = $____

From the North-Rt 3 S to Exit 10(Rt 3A) Take a L off the exit & follow for about 4 miles. You will pass the Mile Post Restaurant on the R, go thru the intersection, Holy Family Parish will be on your R. Follow until you come to the Duxbury Fire Department on your L. Take the next L onto Mayflower St. The Senior Center is on the R.

From the South-Take Rt 3 N to Exit 10(Rt 3A) Take a R off the exit and then follow the directions above.
CANOEING AND KAYAKING

Chair - Ed Foster (508)-420-7245
erfoster@attbi.com
Vice Chair -Bill Fischer (508)-420-4137
wmbarbarafischer@attbi.com

All trips: Allow time to park, unload, & be on the water ready to paddle at 10:30am. Registration is required only for those trips which don’t have directions to the put-in. A Coast Guard approved Personal Floatation Device (PFD) should be worn at all times. In addition to a PFD, a complete change of clothes in a dry bag, water, lunch, & sunscreen.

NOTE: The possibility of strong winds &/or rough water may make some trips unsuitable for open canoes or for kayaks without spray skirts. Check w/ the Leader.

Sat, Mar 22 - Weweantic River, Wareham. Quickwater class I-2. Wet suits required, call L for details. Jeff Tubman, 508-896-7858, jttbmn@capecod.net

Wed, Mar 26 - Upper Charles, Norfolk/Medfield. Call L for details. Art Hart, 781-762-5251; ajhart@webtv.net

davesheprd@aol.com

April TBD - Planning session for Summer & Fall Kayak/Canoe season. Let’s all get together & plan the paddling schedule for June-Oct. All trip leaders & aspiring trip leaders are invited. Would people prefer to get together on a Sat. afternoon right after a paddle. Sun. afternoon, or a weekday evening. Let me know & I’ll schedule a day. It’ll be at my house in Cotuit unless someone else would rather host it at his place. Ed Foster 508-420-7245, erfoster@attbi.com

Wed, Apr 2 - Coonamessett Pond, Falmouth. Meet at the Meetinghouse at the intersection of Hatchville Rd & Sandwich Rd about 2 miles South of Rt 151 at 10:00 and we’ll convoy to the put-in. Dave Shepard, 508-548-8717, davesheprd@aol.com

Sat, Apr 5 (Tentative date) - RESCUE TECHNIQUES (pool session). Learn & practice wet exits, self-rescue, & aided-rescue techniques. $10 for AMC members, $15 for non-members. Register with Ed Foster, (508) 420-7245, erfoster@attbi.com or Bill Fischer (508) 420-4137, wmbbarafischer@attbi.com

Wed, Apr 9 - Bass River & Nantucket Sound, Wilbur Park Yarmouth. Rt 134 S (exit 9A off Rt 6) to sharp R at 3rd light onto Upper County Rd. Bear L onto Highbank Rd, L into Wilbur Pk immediately after Crossing the Bass River Bdg. Bob Zani 508-430-1914, RCZI@attbi.com

Apr 12 - Herring Pond, Bournefield. Take Herring Pond Rd off Rt 6E on the N. side of the Cape Cod Canal to the town launch at the S. end of Great Herring Pond. Dave Shepard, 508-548-8717, davesheprd@aol.com

Wed, Apr 16 - Barnstable Hbr, Scorton Creek. Take exit 6 N off Rt 6 to Rt 6A. Turn right on Rt 6A & go 1.5 miles to left onto Scudder Lane to town landing. Dick Coveney, 508-548-6821, dickcoveney@adelphia.net

Sat, Apr 19 - Lower Weweantic & Sippican Rivers, Wareham. Rt 195 W to exit 20. R on Rt 105 & then back onto Rt 195 E. Go 2.2 miles to a rest area & then follow the signs in the rest area to the boat ramp. Don Savino, 508-295-4562, DONSAVINO@webtv.net

Wed, Apr 23 - Leader’s Choice. Call L for information. Jeff Tubman, 508-896-7858, jttbmn@capecod.net

Sat, Apr 26 - Centerville River, Rt 28 to Old Stage Rd south at Centerville Shopping plaza. Turn R at S. Main St. at Light & left onto Hayward Rd to town landing. Steven LaBran, 508-420-4979, slabran@attbi.com

Wed, Apr 30 - Nauset Marsh, Eastham. From the Orleans Rotary, go N on Rt 6 for 1.8 miles to a R onto Hemenway Rd to the town Ldg. Bob Zani, 508-430-1914, RCZI@attbi.com

Sat, May 3 - Pamet Hbr, Truro. Rt 6 N to exit for Pamet Village. R at end of exit ramp onto S. Pamet Rd. After 0.1 mile take a left, then immediately bear right onto Depot Rd & follow it 1.4 miles to the Pamet Hbr boat ramp. Dick Coveney, 508-548-6821, dickcoveney@adelphia.net

Wed, May 7 - Megansett Hbr & Fiddlers Cove, Falmouth Fr 28A in Megansett (N. Falmouth) turn onto County Rd & follow it to the end to Megansett Yacht Club & Town Ldg. Nancy Wigley, 508-548-2362, nwigley@cape.com

Sat, May 10 - Oyster Pond to Stage Harbor, Chatham, R off Rt 28 onto Stage Harbor Rd & follow it to parking lot on other side of bathhouse. Don Costa, 508-760-5478, pizzzaman@aol.com

Wed May 14-Hen Cove/Bassets Isle, Pocasset Fr Rt 28 turn at sign, for Wing’s Neck which will be Barlow’s Landing Road (unmarked), proceed to Shore Road intersection and turn left, then turn right onto Cedar Point Drive and follow to the parking lot on Hen Cove. Nancy Wigley, 508-548-2362, nwigley@cape.com

Sat, May 17 - Quivett Creek, Brewster. Call L for info Margot Fitsch, 508 896-5292, ivyabby@msn.com

Sun, May 18 - Picnic with hikers, Upper Mill Pond, Brewster. Town landing off Stony Brook Road. NOTE!! 10:00 am start so arrive at put-in no later than 9:45 am. Muriel Thomas, 508 428-3593, mtho@gis.net

Wed, May 21 - Onset Harbor. Rte 25 W from the Bourne bridge to exit 1 (Onset Rte 6 E/28 S). Go 1.2 miles to R onto Main Ave & then 0.3 miles to L onto Riverside Dr. The beach is on the L, pk on the grass. Don Savino, 508-295-4562, DONSAVINO@webtv.net

Sat, May 24 - Mashpee River. See page 8
HIKING AND BACKPACKING
Chair-Erika Bloom 508-996-3290(7-9pm)
ebloom@attbi.com
Vice Chair-Patrick Holland 781-925-4423
Charlie Farrell cfarrell@verizon.com

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Hikers unsure of their ability should try only one level higher than previously completed. Note: NO PETS without permission of Trip Leader. Individuals under 18 must obtain prior consent from Trip Leader. L=Leader; CL=Co Leader

Sat/Sun training - easy what's Sat/Sun on other Wed Eve & work.

Sun 9 Mar 9 – Pemigewasset Snowshoe (NH) B3C/D An easier snowshoe ramble along the Pemigewasset River (E Side Trail). Scenic winter river scenes, possible animal tracks/sightings. Can borrow/rent snowshoes. Reg w/ Winter L in Training Mike Vining 781-344-0103 (7:30-9pm) L Erika Bloom 508-996-3290 (7-9pm) ebloom@attbi.com

Sat/Sun Mar 15/16 – Exploring Evans Notch (B3B) Stay at AMC Cold River Camp in a rustic cabin-wood stove for heat. Hike up to Bicknell Ridge on Sat & Blueberry Mt. on Sun. Reg w/ Winter L in Training Paul Vermette 603-598-6623 (5-8 pm) pvermette@att.net. L Patrick Holland 781-925-4423 (6-9pm) pat.holland@aolwbg.com

Sat Mar 22 – Massasoit State Park (B3C) The ice is gone & the peepers will be singing as we walk around the ponds. Reg w/ L Charlie Farrell 508-822-2123 C Farrell@verizon.net CL Pauline Jordan 508-676-5146 Hirst30@aol.com

The Wednesday Evening Hikes return! Last year we hiked almost every Wed eve all summer. Contact Leader & sign up for the SEM Short Notice Trip List for details on other Wed Eve hikes as they are added.

Sat Mar 1 – Great Woods/Norton MA (C3D) Explore what’s left of the Great Woods before it’s all gone – flat, easy walk. View Old Mill Pd & hand dug canals. Reg w/ L Dick Carnes 508-285-5790 (7-9 pm) rcarnes2@aol.com CL Anne Chace A.Chace@attbi.com

Sat/Sun Mar 1/2 – Mt Jefferson/Grey Knob Cabin (A2A) Long, stren. hike w/ significant time above treeline. We’ll spend the night at Grey Knob or Craig Camp cabins & hike out Sun. Previous above treeline experience reqd. Limited to 6 participants. Reg w/ W Ldr in training Mike Woessner 508-384-8344(7-9pm)strider@hotmail.com

Sat/Sun Mar 1/2 – Winter Hiking Series #5 Ethan

Pond Beginner Backpack (A3C) Final hike in the Winter Hiking Series, for those new to winter backpacking. Reg w/ Winter L in Training Alan Ruiz (508) 337-2195 before 9 pm gandal@ mindspring.com L Walt Wells 508-279-1963 (7-9 pm) WaltandJ@attbi.com L Charlie Farrell 508-822-2123 (7-9pm cfarrell@verizon.com

Sat Mar 8 - Snowshoe Hike to Notchview Reservation (B3B) Winter snowshoe hike at Notchview Reservation in Windsor MA. Hike in the backcountry area & return to Visitors Ctr for hot drinks. May run in conjunction w/ XC Ski trip. Area descirp & details can be found at www.thetrustees.org Reg w/ L Steve Tulip 508-977-9309 (iv. msg. if evening call) sjtulip@attbi.com CL Laura Smeaton 617-323-6727 (7-9 pm) Smeaton@sdac.harvard.edu

Sun Apr 16– Blue Hills Skyline Trail (B3B) Spring warm-up. Start at Rte. 138 in Canton, end at Shea Skating Rink. Not for beginners. Reg w/ L Dexter Robinson 781-294-8840 (7-9 pm) dexam@attbi.com CL Walter Deeter 508-279-0626 wdeeter@aol.com

Wed Apr 13- Blue Hills (C3D) The Wednesday Evening Hikes return! Last year we hiked almost every Wed eve all summer. Contact Leader/Sign up for the SEM Short Notice Trip List for details on other Wed Eve hikes as they are scheduled! Reg w/ L Bob Vogel 508-238-7732 (rvogel@attbi.com

Sat April 12– Blue Hills Skyline Trail (B3B) Spring warm-up. Start at Rte. 138 in Canton, end at Shea Skating Rink. Not for beginners. Reg w/ L Dexter Robinson 781-294-8840 (7-9 pm) dexam@attbi.com CL Walter Deeter 508-279-0626 wdeeter@aol.com

Wed April 23 - Cape Cod Canal Wed. Evening Hike (C3D) 6:30 - 8:30 Reg w/ L Barbara Leland 508-295-9745 BRBRI.EL@aol.com
HIKING AND BACKPACKING continued

Sat April 26 – Blue Hills End to End Skyline Trail (B3B) A true end to end of the Blue Hills Skyline Trail from Willard St. to Fowl Meadows. Reg w/L Dick Carnes 508-285-5790 (7-9 pm) CL Fred Yost 508-699-9305 FEY JAM@hotmail.com

Sat April 26- Horseneck Beach (B3C) Beautiful spring walk on the beach. Possible stop for coffee & pie at end of hike. Reg w/L Charlie Farrell 508-822-2123 C.Farrell@verizon.net CL Ray Butts

Sun April 27 - Map & Compass outdoor workshop -Gilbert Hills State Park. Come learn or refresh your map & compass skills locally. The session will begin with introduction to topographical maps and instruction on orienting the map to magnetic north. The participants will then put this knowledge to use by bushwhacking between various topographically significant points on the map. Dress for the weather and be prepared to walk off trail. Bring lunch and plenty of water. Reg w/L John Poirier 508-822-1372

Sat, May 3 - Gilbert Hills State Forest, Foxboro (B3C) Nice wooded 7 mile hike with gentle slopes, around a pond. L Dexter Robinson 781-294-8840 (7-9 pm) dsexue@attbi.com CL Rick Fordyce 508-430-0268 (7-9 pm)

Sun May 4-Mt. Wachusett Old Growth Hike (C3B) Old growth forest enthusiast & amateur naturalist Frank Shea will join us to talk about & point out features of the old growth forest. His slide show & talk on this subject was very well received at the 2002 SEM annual mtg. & you’ll enjoy his commentary as we hike thru the forest (frequent educational stops). Reg w/L Erika Bloom at 508-996-32907-9 pm) ebloom@attbi.com L Bob Vogel 508-238-7732(6-9 pm)rvogel@attbi.com

Fri-Sun May 9-11 – Zeeland Hut Family trip – Mother’s Day Weekend (B4C) A joint trip with Boston Family Outings AMC group. Hut is self-service this time of year; we will carry in all our own group food, sleeping bags & other personal gear. Unheated group bunk rooms, very basic accommodations. Cost TBD (~$65 PP), includes bunk, group food, & leaders’ expenses. Register early (pay by April 5) w/SEM L Erika Bloom 508-996-32907-9 pm) ebloom@attbi.com Boston LS Valerie Paul valerie@africansafari.com & Randy Chatterjee

Sat May 10-Mt. Monadnock,NH (B3B) Join us for the annual spring trek up this beautiful southern New Hampshire peak. Reg w/L Walt & CL Linda Wells 508-279-1963(7-9 pm) waltandlinda@attbi.com

Sat May 10-Moose Hill, Sharon (C3C) Explore the varied terrain of this Audubon gem. Great views from the bluffs, wildflowers in season. Reg w/L Dick Carnes 508-285-5790 Rcarnes2@aol.com CL Barbara Hathaway 508-880-7266 (7-9 pm) Barb224@aol.com CL Walter Deeter 508-279-0626 (7-10 pm) WADeeter@aol.com

Wed May 14 - Borderland State Park, Easton (C3D) Wed. Evening Hike! Reg w/L Bob Vogel 508-238-7732 (rvogel@attbi.com)

Fri May 16 - Leader’s Choice Full Moon Hike at a local destination (B/C3C) We will hike by the light of the moon along a sandy ocean beach or in a nearby State Forest. Bring your dinner and a midnight snack. Hike 8 PM to ? Reg. w/L Steve Tulip 508-977-9309 sjtulip@attbi.com CL Barbara Hathaway 508-880-7266 (7-9 pm) Barb224@aol.com

Sat. May 17 - Lilacs in the Springtime (C4C) Meet at the Hunnewell Building in the Arnold Arboretum at 10 a.m. for a 2-3 hour walk through the park. Climb Peters Hill for a fantastic view of Boston, then climb Bussy Hill for a view of the Blue Hills. Hunnewell Building is located just inside the Arborway entrance. No reg. no dogs. Questions, email L Michele Bilodeau michele@boston-marketing.com. 617-429-2337 CLs Melanie Jansky, Barbara Leland.

Sat May 17-Old Colony Rail Line-Back by popular demand!(B3D) Hike Old Colony Rail bed thru Hockomock Swamp (Taunton to Easton). Be prepared for mud. Bring trail lunch & water. Reg. w/L Anne Chace 508-824-8871 (7-9 pm) A.Chace@attbi.com or CL Barbara Hathaway 508-880-7266 (7-9:30 pm) Barb224@aol.com

Sun, May 18 - Leaders’ Choice (B3B) A moderate, warmer-upper hike in central or southern New Hampshire or possibly Mass., depending on conditions. Reg w/ CL Wayne Taylor, 508-252-6995 (7-9 pm) wjtaylor@attbi.com. L Linda Church 508-495-1308, lchurch@whoi.edu

Wed May 21 - Myles Standish State Forest, Plymouth (C3D). Wed. Evening Hike! Reg w/ L Barbara Leland 508-295-9745 BRBRELE@aol.com

Sat.,May 24 - Franconia Ridge Loop (A2A) Hike up Falling Waters to Little Haystack & across the exposed

AMC Activities Risk Statement: Activities listed here involve varying degrees of danger. When you participate in these activities you should be prepared physically and mentally, and equipped with appropriate gear. You should be aware of the risks and conduct yourself accordingly. Volunteer trip leaders are not responsible for your safety; you are. Before registering for any activity, you should discuss your capabilities with the trip leader. To participate in chapter activities, individuals under age 18 must be accompanied by a parent or responsible adult, or obtain prior consent from the trip leader. Those accompanied by a minor are responsible for the minor’s actions.
HIKING and BACKPACKING continued

ridgeline over Lincoln to Lafayette. Enjoy breathtaking views as we descend Old Bridal Path. Reg w/ CL Michele Bilodeau 617-983-2727 michele@boston-marketing.com L Paul Vermette 603-566-0881 pvermette@att.net

Wed May 28 Cutler Park, Dedham (C3D). Wednesday Evening Hike! Reg w/ L Michele Bilodeau 617-429-2337 michele@boston-marketing.com

Rock Climbing
Rock Climbing can be fun & rewarding if done correctly. The following activities are being offered to introduce people to the sport & help them learn basic techniques. No prior experience is needed, just a sense of adventure. The basic top roping activities will introduce principles of belaying, rappelling, & climbing techniques. Bouldering activities will help participants gain valuable hand & feet technique that can be applied on roped climbs. Intro to Sport climbing will introduce basic principles of lead climbing for those who would like to move up to the next level climbing while situated in a safe environment. The co-leader training date is being offered for those who would like to co-lead climbing activities & eventually move up to being a leader.

All activities require participants to provide their own rock shoes. In addition, participants will need their own harness for top roping activities, and the co-leader training date will require basic climbing gear as well. All activities have the possibility to be canceled due to weather or other acts of God.

Basic Top Roping-May 10,June 7
Bouldering-May 24
Intro to Sport Climbing-June 21
Rock Climbing Co-leader Training
May 17,June 14

CAPE COD HIKES
Chair Janet DiMattia (508)394-9064
Vice Chair Heidi Moss (508)362-6440
Thurs hikes:9:30-11:30am;Sun 1 - 3:15pm
NO DOGS:Heavy rain cancels. If in doubt, call leader.
PLEASE NOTE:Sat hikes will be listed separately under "LONGER CAPE HIKES". Sat hikes are faster-paced:10am-2pm. Bring lunch.

SUN Mar 2 BARNSTABLE Conservation Land (B3B)
Exit 5 from Rt 6. Go S on RT 149 to imm. R on Service Rd. Pk in lot by power lines. L Heidi Moss 508-362-6440

THURS Mar 6 MASHPEE Mashpee River Woodlands
West (C3D) From the Mashpee rotary go E on Rt 28, turn R on Quinacquisset. Approx. 500 pkg on R. MPD requests that tires of parked cars be completely off paved road. L Nancy Wigley 508-548-2362

SUN. Mar 9 TRURO Ryder Beach (C3C) From Rt 6 in Truro L on Prince Valley Rd. Go to end. R on county Rd. then imm L on Ryder Beach Rd. park at end. L Jack Handlen 508-255-5292

THURS Mar 13 Wellfleet Marconi Beach (C3C) Fr Rt 6
go R on Marconi Beach Rd. at lights. Go L past HQ bldg.
Take 1st R at pk at end. L Barbara Hollis 508-240-1973

SUN Mar 16 BARNSTABLE Spruce Pond (C3D) Exit 5
from Rt 6. Go N short dist. and pk at grass triangle in
front of church on L L Heidi Moss 508-362-6440

THURS Mar 20 MASHPEE Johns Pond (C3C) N on
Currier Rd off Rt 151, then quick R on Hoophole Rd. R
on Back Rd. Follow signs to Town beach through trailer
pk. L Farley Lewis 508-775-9168

SUN Mar 23 MASHPEE South Cape Beach (C3C) From
Mashpee Rotary take Great Neck Rd. S 2.7 mi. to L on
Great Oak Rd. and follow to end to Town beach pkg
approx. 2 1/2 mi. L Gary Miller 508-540-1857

THURS Mar 27 YARMOUTH Chase Garden Creek
(C3C) From Rt 6 take Exit 8N to R on 6A. (Go 0.5 to L at
Rod & Gun Club sign. Pk in pkg area. L Janet Kaiser 508-
375-0574

SUN Mar 30 BRESTER Nickerson State Park (C2B)
Pk at main pkg lot at entrance on Rt 6A. L. Don Costa
508-760-5478

THURS April 3 SANDWICH Ryder Conservation Land/
Lowell Reservation (C3C) From Rt 28 in Mashpee take
Rt 130. Go 1 mi. take R on Cotuit Rd. 1.8 mi. to Ryder
Cons. land pkg lot on L. If traveling W on Rt 6, take Exit
3 S on Quaker meeting House Rd. At intersection L onto
Cotuit Rd. Pkg lot on R. L Nancy Wigley 508-548-2362

SUN April 6 YARMOUTH Inkberry Trail (C3C) From Rt
28 in West Yarmouth turn N at light on Winslow Gray Rd. opposite Molly's Rest. Go 0.4 to pkg on L. L Cheryl
Newman 508-394-9064

THURS April 10 ORLEANS Pochet Island (C3C) From Rt
28 in Orleans take Main St. to L on Beach Rd. Follow
signs to Nauset Beach pkg at end. L Peter Selig 432-7656
CAPE COD HIKES continued

SUN April 13 WELLFLEET White Crest Beach (C3B)
From Rt 6 R on LeCount Hollow Rd. L on Ocean View Dr. to beach pkg lot on R. L. Jack Handlen 508-255-5292

THURS April 17 DENNIS Flax Pond (C4C) Rt 134 N to L on Setucket. Go approx 1 mi. and pk on R in small lot. L Janet Kaiser 508-375-0574

SUN April 20 EASTER - BARNSTABLE Sandy Neck (B3B) Rt 6A to Sandy Neck Rd. Pk at end in farthest lot. This will be a 3 hour hike with sand walking. L Pam Carter 508-398-2605

THURS April 24 MASHPEE National Wildlife Refuge (C3C) This new hike is offered in celebration of EARTH DAY (Apr 22) from Rt 28 in Falmouth S on Red Brook Rd Go 1.5 mi. & pk on corner of Red brook Rd & Great Hat Rd. (unmarked but the Rd on the L after Wintergreen Rd loops back to Red Brook). L Nancy Wigley 508-548-2362

SUN April 27 COTUIT Little River Sanctuary (C3C)
Meet at Cotuit Landing Shopping Ctr at corner of Rt 28 & Putnam Ave. in Cotuit to carpool to trailhead. L Farley Lewis 508-775-9168

THURS May 1 Bourne Canal Walk (C3C) Pk on N side of canal 1/2 way between bridges at Visitor Center. L Blanche Greig 508-771-3596

SUN May 4 HARWICH Hawks Nest State Park (B3C)
From Rt 6 take Exit 11 S on Rt 137. Take immed. R on Spruce Rd. At 0.5 mi. pk on side of road. L Janet DiMattia 508-394-9064

THURS May 8 BREWSTER Punkhorn Parsons Perch (D4D) Exit 9 N from Rt 6 on Rt 134. R at 2nd light on Setucket Rd. R on Run Hill Rd. Pass main pkg lot at end of pavement bearing L at first junction. Stay on Westgate Rd. 0.5 to secluded pkg lot on R. L. Harry Dombrosk 508-385-9502

SUN May 11 BREWSTER Nickerson State Park (C2B)
Go in main ent. of park on Rt 6A. Take 1st L on Flax Pond Rd. Continue to end. Pk at Cliff Pond. L Jack Handlen 508-255-5292

THURS May 15 BARNSTABLE Bridge Creek Conservation/Deacons Farm (D4D) Exit 5 from Rt 6. Go N short dist. and pk at grass triangle in front of church on L. Walk N to trailhead behind firehouse. L Harry Dombrosk 508-385-9502

SUN May 18 Annual HIKE/PICNIC with kayak-canoe-ists. Hike starts at 1:00 following a gourmet lunch at noon in BREWSTER Punkhorn Parklands (B3B) Exit 9 N from Rt 6 onto Rt 134. R at 2nd L on Setucket Rd, then R on Run Hill Rd. Go to pkg lot on L at end of pavement. Hikers - Bring potluck picnic dish to share. Come to hike, just picnic, or kayak! L George Byron 508-760-3883

THURS May 22 DENNIS Indian Lands (C3D) Search for the first appearance of Lady Slippers. Exit 9N from Rt 6 onto Rt 134. At 1st light turn L on Bob Crowell Rd. At end turn L to pkg lot on R by Dennis Town Offices. L Barbara Rogers 508-362-3945

LONGER CAPE HIKES - 10am-2pm: Faster-paced. 8-10+ mi. Bring Lunch

SAT Mar 1 EASTHAM Doane Rock. From Rt 6 take R at light on Nauset Rd & Nat’l Seashore Visitor Ctr. Follow road to Doane Rock area and park on R in 2nd lot. L Brigitte Falzone 508-394-6343

SAT Mar 8 BREWSTER Nickerson State Park (C2B)
Pk at main pkg lot at entrance on Rt 6A. L Bob Freeman 508-376-6198

SAT Mar 15 WELLFLEET Great Pond - North & South.
From Rt 6 take R on Cahoon Hollow Rd. to pkg on L at Great Pond. L Ron VanderWiel 508-255-2362

SAT Mar 22 BARNSTABLE Conservation Land/Trail of Tears Exit 5 from Rt 6. Go S on RT 149 to immed. R on Service Rd. Park in lot by power lines. L Bob Freeman 508-376-6198

SAT Mar 29 WELLFLEET Newcomb Hollow to Fox Bottom. From Rt 6 turn R on Gross Hill Rd. Take L on Ocean View Drive. Follow to end to pkg at Newcomb Hollow Beach. L Ron VanderWiel 508-255-3361

SAT Apr 5 YARMOUTH Inkberry Trail to Sandy Pond. From Rt 28 in West Yarmouth turn N at light on Winslow Gray Rd. opposite Molly’s Rest. Go 0.4 to pkg on L. L Brigitte Falzone 508-394-6343

Sat Apr 12 Wellfleet Center Island/Jeremy Pt from Rt 6 turn L at light towards Wellfleet Ctr. Take L at dory on E. Commercial St. to Hbr. Go R on Chequessett Neck Rd. Follow to Great Neck Island pkg lot on L. L Peter Selig 508-432-7656

Sat Apr 19 Truro Ballston Beach to Fox Bottom. L Ron Vanderwiel 508-255-3361
CAPE COD HIKES continued

Sat May 3 Truro Ballston Beach to Jenny Lind. From Rt 6 in Truro turn E at Pamet Rd. Meet at end of S. Pamet Rd. L Ron VanderWiel 508-255-3361

Sat May 10 Truro Paradise Valley/Duck Hbr From Rt 6 take L on George Neilson Rd. soon after entering Truro. PK on side of road. L Brigitte Falzone 508-394-6343

Sat May 17 Providencetown Beech Forest/Clapps Pond/ Dunes. From Rt 6 take R at light on road to Province Lands Visitor center. PK at Beech Forest pkg lot on L. L Ron VanderWiel 508-255-3361

BIKING

Chair-Nancy Beach (508)699-0032
Vice Chair - open and needed.

Inflated tires/water necessities. Spare tube/pump helpful. Beginner rides: mostly flat, 15-18 mi @ 10-12 mph pace Intermediate rides: some hills, 25-35 mi @ 13-16 mph pace. Call or e-mail leaders before 9pm to register and match rides with abilities.

Sun, Mar 9 – N. Falmouth/Woods Hole/Falmouth Heights – Early Cape peace & tranquility ride w/ ocean views. 35 mi. + Intermediate Paul Currier 508-833-2690 pbencurrier@hotmail.com

Sun, Mar 16 – Massasoit State Park – Mountain bike beginner 10-12 miles, 6 mph pace Walter Mark 508-884-8185 wlfmark3@aol.com


Sun, Mar 30 – Massasoit State Park – Mountain bike beginner 10-12 miles, 6 mph pace Walter Mark – 508-884-8185 wlfmark3@aol.com

Sun, Apr 6 – Rochester – Scenic spring ride thru rural farms, lakes and villages. Intermediate 35+ mi. Paul Currier – 508-833-2690 pbencurrier@hotmail.com

Sat, Apr 12 – Attleboro/Norton/Taunton – Pretty ride past ponds, reservoirs, old farms on surprisingly quiet backroads. Intermediate. Flat 30 mi. Stephanie Olbrych 508-286-0067 solbrych@bluemoonwind.com

Sat, Apr 19 – Westport – Adorable seaside town with spacious farms & abundance of wildlife w/ gentle ocean breezes. Leisurely 25-30mi Charlie Sullivan 508-678-4464

Sat, Apr 26 – Bridgewater – Easy ride from Taunton to Bridgewater on backroads w/lunch stop at pretty park & ice cream stop on return Aprox. 25 mi Elsie Laverty 508-823-0634 elavmca@tmpl.com

Sun, Apr 27 – Rochester/Lakeville/Marion featuring lakes, farms & the famous lunch with the Clydesdales. Intermediate 38-43 mi. Jim Kilpela 508-295-1361 jmkilpela@attbi.com

Sat, May 3 – Hingham/Scituate/Cohasset – rolling hills w/ nice stops at the harbor & lighthouse Leisurely 12-14 mph Dave Harris 781-749-6641 daveharris55@mac.com

Sun, May 4 – Sagamore – Beautiful Cape Cod Bay before the mad rush 35 +mi. Intermediate Paul Currier 508-833-2690 pbencurrier@hotmail.com

Sat, May 10 – Sharon-Moose Hill, Lake Massapoag, Borderland State Forest, 30-35 mi. Intermediate Nancy Beach 508-699-0032 nbeach@naisp.net

Sun, May 11 – Powder Point/Duxbury – from rural Kingston in the ocean, 30-35 Intermediate Walter Mark 508-884-8185 wlfmark3@aol.com

Sun, May 18 – Myles Standish State Forest – cycle thru pine forests & ponds heading toward historic Plymouth Hbr. 40 mil Intermediate Jim Kilpela 508-295-1361 jmkilpela@attbi.com

2003 Tuesday Evening Cape Bike Rides

Rides start at 6:00 pm. Approx. 12 mph, 13-18 miles.

Helmed Required. L. Alice Oberdorf (508-771-8261), CL Paul Currier (508-833-2690),

April 8. Cape Cod Canal, Cape side: Fr 6A in Sandwich, Tupper Rd to Freezer Rd. to Army Corps of Eng. pkg lot at end. Ride Canal & into historic Sandwich.

April 15. Cape Cod Canal, N Side: East end, Sagamore Bridge rotary, R by Friendly’s to pkg. at canal. Ride around Sagamore Beach and along Canal.

April 22. Cape Cod Canal, Cape side: From Shore Rd in Bourne take Bell R to RR bridge canal parking lot. Ride to Mashpee Island & along Canal.

April 29. Cape Cod Canal, N Side: Rt 6 in Buzzards Bay to pkg lot by RR bridge. Ride Canal to Scusset Beach.

May 6. Rail Trail, Yarmouth: Rt 134 (Rt 6, exit 9), meet at head of Cape Cod Rail Trail. Ride to Fisherman’s Landing in Brewster.

May 13. Falmouth Shining Sea Bike Path; meet at pkg lot on Woods Hole Rd, ride to Wd Hole & Quisset Hbr.

May 20. Eastham Visitor’s Center: Rt 6 from Orleans Rotary N to Visitor’s Center on R. Ocean Beaches, Rail Trail, Marconi Site.

May 27. Cape Cod Canal, Cape side: Fr 6A in Sandwich, Tupper Rd to Freezer Rd. to Army Corps of Eng. parking lot at end. Ride Canal & into historic Sandwich.

June 3. Rock Harbor, Orleans: Meet at harbor parking lot at end of Rock Harbor Rd off Orleans Rotary. Ride into Eastham to First Encounter Beach.
Southeastern Massachusetts Chapter
APPALACHIAN MOUNTAIN CLUB
5 Joy Street
Boston, MA 02108

Canoeing & Kayaking continued from pg 2
South on Main St. off Rt 28 just E of Rt 130(Cotuit Sign), L onto Putnam Ave & then R onto Old Shore Rd to pkg, or S on Putnam Rd off Rt 28 & then straight onto Old Shore Rd when Putnam bends sharply R. Bill Fischer, 508-420-4137, wmbarbarafischer@attbi.com

Wed May 28- Pleasant Bay Chatham/Harwich. Exit 11 (Rt 137) S from Rt 6 & an almost immediate L onto Pleasant Bay Rd. After 2 mi turn R onto Rt 28 & after another .8 mi take a L onto road down to Pleasant Bay & pkg. Peter Selig, 508-432-7656, pandmselig@hotmail.com

Sat. May 31- Monomy. Spray skirts reqd. Call L for dirs. Dick Coveney, 508-548-6821, dickcoveney@adelphia.net

Annual Leadership Training
The training will be held on Sat. Apr 5th, at Borderland State Park in Easton from 9am-4pm. This course offers training to anyone interested in hiking, trailwork, bicycling or canoe/kayak activities with the AMC.

We invite all members to participate and see how we run our volunteer programs thru leadership and active participation. This is a fun way to be involved. Whether you are a new member, just curious, or want to lead your own activities, come join us. It’s free! We hope you will find this training, informative, educational and rewarding. For more information, please contact Education Chair Steve Tulip 508-977-9309, stulip@attbi.com or Laura Smeaton 617-695-9903, 6-10pm smeaton@sdac.harvard.edu

SKIIING
Chair - Barbara Hathaway 508-880-7266
Vice Chair - Sarah Beard 508-758-2613

Sat Mar 8- Notchview Reservation, Windsor, MA This property has 27km of groomed & back country trails ranging from gentle slopes to challenging hills; 2 trailside shelters & a visitor center to warm you. Planned to run in conjunction w/ showshoe/hiking trip led by Steve Tulip. After the day’s activities, the 2 groups may gather together for dinner before heading home. To reg. contact Barbara at number above.

TRAILS
Chair - Patrick Holland 781-925-4423
Vice Chair - Lou Sikorsky 508-678-3984

Sat. May 17/18- Lonesome Lake, NH Join in the first Lonesome Lake work weekend of the season. We need to get the trail in shape for the Memorial Day holiday & the spring hikers. Space is limited.

Sat. June 7- National Trails Day- Myles Standish State Forest, MA Our annual workday on the Bentley Loop trail. We have a large project planned & need a lot of help. This is a national event!

To register call the Chair or Vice Chair (see above)

The Chapter has been informed of the passing of Sydney Smith on 12/15/02. He would of been 90 this May. He was an active AMC member & a wonderful person. There will be a service this spring.