



The Southeast Breeze

The newsletter of the Appalachian Mountain Club Southeastern Massachusetts Chapter
Summer 2007 - June, July & August

View from the Chair

By Mike Woessner



Happy spring everyone! While spring came a little late this year, soon we'll all be complaining about the black flies in the White Mountains!

We kicked off the season with our Spring Fling at the Bourne Center again

this year. Many thanks to Claire Goode and her staff for making this happen.

We're starting off the summer with two activities tailored for our new members: a National Trails Day event on June 2nd, and a Cape Conservation Walk on June 16th. See page 3 for more information. Then on July 14th we will have our annual summer picnic. Pauline Jordan has stepped up and will chair this year's event which will be at the Lloyd Center for the Environment in South Dartmouth. There are 55 acres of estuary and maritime forest for us to enjoy. We will have hikes, bikes and a beach down the street. See page 3 for details. Anyone interested in helping with this event please contact me and I'll pass your information on to Pauline.

I am very happy and excited to announce that our Paddling Committee has a Chair once again and many events are scheduled for this spring and summer. I would like to welcome Robert Zani to the Board. He comes with years of paddling experience in and around Cape Cod. Welcome Bob!

Also this summer we continue our "Summer Hiking the AT in Western Mass" series. Dexter Robinson continues with this popular hike.

Erika Bloom has already started her Blue Hills conditioning Hikes. Bill Ruel and Lou Sikorsky will host the annual spring clean-up of our chapter's adopted Lonesome Lake Trail in NH.

Finally I'd like to thank the rest of this year's Board of Directors for the fine job they're doing in keeping our Chapter active. These are **Joe Courcy** for filling in as Secretary, **Claire Goode** our treasurer for keeping the books (please let me know if anyone out there is interested in helping out as vice treasurer...), **Kathy Shaw** for continuing to increase our membership, **Joe Tavilla** for chairing Biking and coming up with his "4Cs" rides, Cape Hikes Chair and Vice Chair, **Farley Lewis** and **John Gould** who both also lead numerous hikes on the Cape, **Paul Miller** for getting this newsletter out on schedule every quarter (Paul can use some help too...), Education Chair **Walter Deeter** for the great job he's done on leadership training and WFA, Hiking Chair **Sue Chiavaroli** who brings us all the great hikes through out the year, **Maura Robie** who heads up our Conservation Committee, **Walter Mark** who had another year of little snow but managed to get in a few fine ski trips, and **Fred Yost** (my utility guy) for being where and when I need him.

Also, thanks to some of the people behind the scenes: **Lucy Loomis**, our Archivist who has sorted through mountains of documents to file and preserve the important ones, and **Susanne Piche**, our Web master who keeps our page current, attractive and informative.

These people attend board meetings ten months out of the year, are on the phone and e-mail and run trips and events to keep our Chapter going. Somehow, they even make time for their "regular" (paying) jobs!

SEM Summer 2007 Events Calendar...

- June 2nd - **National Trails Day** new member activity at Myles Standish
- June 6th - **Hiking Committee Meeting**
UU Church, Main St., Middleboro
- June 16th - **New Member Conservation Hike**
Old Game Farm, Sandwich
- July 14th - **SEM Summer Picnic**
Lloyd Center, So. Dartmouth
- Aug. 3-5th - **SEM Family Weekend**
Highland Center, Crawford Notch
- Aug. 8th - **SEM Board Meeting**
Bourne Community Center
- Advance Notice...*
- Oct. 6 & 7th - **Wilderness First Aid training**
Camp Lyndon on Cape Cod
- Nov. 3rd - **SEM Annual Meeting**
Johnson & Wales Inn, Seekonk

AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies and procedures. Our goal is to be a community that is comfortable, inviting and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. You may preview this waiver form on the chapter website at www.amcsem.org/pdf/waiverform.pdf.

SPECIAL SAVINGS FOR FAMILIES AT AMC HUTS THIS SUMMER!!!

Stay at Lonesome Lake Hut any Sunday–Thursday night during its full-service season and pay just \$24 per child member. That's a 50% savings! Or try any of our other AMC huts — from Zealand Falls to Lakes of the Clouds — midweek during June or the last week of August and enjoy these same great savings. Visit www.outdoors.org for details...

The Appalachian Mountain Club Southeastern Massachusetts Chapter

Chapter includes app. 3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

2007 Executive Board

Chapter Chair -	Mike Woessner, chair@amcsem.org 508/577-4879
Vice Chair -	OPEN*
Treasurer -	Claire Goode, treasurer@amcsem.org 508/759-7362
Secretary (Acting) -	Joe Courcy, secretary@amcsem.org 508/272-6781
Biking -	Joe Tavilla, bikingchair@amcsem.org 508/428-6887
Canoe/Kayak -	Robert Zani, paddlingchair@amcsem.org 508/430-1914
Cape Hiking -	Farley Lewis, capehikingchair@amcsem.org 508/775-9168
Communications-	Paul Miller, communicationschair@amcsem.org 508/695-8495
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Hiking Chair-	Sue Chiavaroli, hikingchair@amcsem.org 508/252-4164
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Trails -	Bill Ruel, trailschair@amcsem.org 781/589-3321
Webmaster -	Susanne Piche, webmaster@amcsem.org

*Please contact Mike Woessner if you are interested in volunteering for any open SEM volunteer positions.

The *Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published four times per year as a service to the Chapter's members. SEM members are encouraged to submit letters, articles, photos, and artwork, but materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Paul Miller, 169 So. Washington St., No. Attleboro, MA 02760. Digital submissions are preferred, and can be e-mailed to: communicationschair@amcsem.org. Articles will be edited for length, typographical errors, and clarity.

HAVE YOU MOVED? Please send your change of address information to: AMC, 5 Joy St. Boston, MA 02108

NON-SEM AMC MEMBERS who wish to receive the quarterly Southeast Breeze newsletter should send a \$10.00 check made out to "AMC SEM" to: Claire Goode, ATT: Non-Member Breeze Subscription, PO Box 533, Monument Beach MA 02553. Please be sure to provide your mailing address if it's not on the check.

Our **SEM Short Notice E-Mail Trip List** is a great way to find out about late-breaking Chapter activities that might not appear in either the *Breeze* newsletter or the *AMC Outdoors* magazine. If you haven't signed up for the e-mail list yet, just visit www.amcsem.org

Don't miss the SEM Chapter Summer Picnic!

July 14, 2007, 10:00 am – 4:00 pm

**Lloyd Center for Environmental Studies
450 Potomska Rd., So. Dartmouth, MA**



Mark Medeiros Photography

SEM Summer Picnic morning activities will include your choice of:

- 3-5 mile “show & go” hike
- 12-20 mile bike ride
- Canoe/kayak paddle

...followed by lot's of good eatin' beginning at around 1:00 pm with our *partial-pot-luck* lunch.

The Chapter will provide hamburgers, veggie burgers, soft drinks, and watermelon. Participants should supply the side dishes and salad. (If your last name begins with A-M, please bring side dishes; if N-Z, please bring salad...)

And don't forget the sun, fun, and camaraderie of getting together with your friendly, like-minded fellow SEMers!

All this for just \$5.00 pp for individual adults, or \$10.00 per family.

To register, please contact either Pauline Jordan via phone at 508-676-5146 or via e-mail at hirst30@aol.com; or Mike Woessner via phone at 508-577-4879, or via e-mail at chair@amcsem.org.

For more information on the Lloyd Center, please visit www.lloydcenter.org.

SEM New Member Introduction Series: “AMC Greenies Go Green in June”

Are you a new or “green” member to AMC? Do you know someone who's thinking about joining? The SEM AMC Chapter is holding two conservation events in June specifically geared towards you!! These events are intended both for new members and for current members who want to try a new activity.

National Trails Day at Myles Standish State Park, Saturday, June 2nd: Get down and get dirty! Help “give back” to the many trails you've hiked. Join us on Saturday, June 2nd to observed National Trails day for a day of work and celebration. We will work on our adopted trail in the state forest then chow down with a trailside BBQ. This is a rain or shine event.

No experience is necessary for working on this trail. This is a family event, ages 12 and up are welcome. We'll be picking up sticks, cutting brush, trimming trees and cleaning up water bars. Tools are provided, but if you have a favorite pair of loppers, please feel free to bring them. You should have proper footwear, work gloves, and rain gear.

Arrive at 8:30 am for event briefing. Trail work starts at 9:00 and lasts about four hours with a trailside BBQ to follow. You must register by May 25th. Please contact either L Bill Ruel (781-589-3321 7-9 pm) or CL Lou Sikorsky (508-678-3984 7-9 PM) to register and get directions for this Trails Day event.

Nature Walk at the Old Game Farm in Sandwich, Saturday, June 16th: Please join us for an afternoon interpretive walk in the old fish hatchery area in Sandwich. We'll identify the plant life growing along the trail and discover the various habitats: fresh water, bogs, salt marsh, etc. This is a family event and all ages are welcome.

Participants should be able to hike for two hours over fairly level terrain. You should bring water, a snack, appropriate footwear and something in case it rains. Please feel free to bring a camera or notebook and pencil if you wish to take notes. The walk will be from 2:00 – 4:00 pm.

Please contact either Kathy Shaw (508-524-0879) KShaw520@aol.com or Claire Goode (508-759-7362) ctgoode@verizon.net to register and get directions for the Nature Walk.

Hope to see you there!!!

Winter Hiking Series Final Report...

By Dexter Robinson



Despite some very challenging driving weather on the Friday of our final trip, the 2006-07 Winter Hiking Series had a very successful conclusion.

We met Saturday morning, backpacked up to the Nauman Tentsite (next to Mizpah Hut) and set up camp. The trip took longer than usual since we were breaking trail from Friday's storm. This year, we had no problem finding places to pitch a tent since we were the only ones there. However, unlike last year, there was no running water, so we had to melt snow. It was damp and breezy in camp, which made stove lighting challenging for some folks. After pitching tents and getting hot drinks and food, several people went for a something-to-do "walk" towards Mt. Pierce and wound up reaching the summit while others stayed in camp. The extra hour of daylight allowed those climbers to return to camp without having to use their headlamps.

After returning to camp, having our supper and getting ready for the morning, we retired into our tents for the night. Although, at around 10 degrees, the temperature was not too bad, the wind chill made it feel colder. Everyone did OK, and in the morning we ate breakfast, packed up, and hiked out. I was impressed that EVERYONE was ready to go in the two hours that it usually takes from waking up to hitting the trail.

We arrived back at the trailhead just before 11:00 am and then went over to the Highland Center to crash and get hot drinks. We met in the "fireplace" room to award to those participants and leaders who had completed all the hikes in the Winter Hiking Series. This included participants Aleta Plouffe, Jim Plouffe, Jon Fortier, George Danis, Bill Gatley, Michelle Goodreau, and Jon Goodreau. Leaders Leslie Carson, Steve Tulip, and Wayne Anderson also received their certificates. CONGRATULATIONS!!!

Thanks go to Erika Bloom and Bob Vogel for leading hike #1; Eva Borsody Das, Bill Ruel and Ken Jones for hikes #1,2,3); Robin Melavalin for hikes #1,2,4; and to Leslie Carson, Steve Tulip, and Wayne Anderson for leading all four hikes in the series. This year's series consisted of: three increasingly more difficult day hikes

and culminated in the Nauman Tent Site overnight backpack. The roster for each hike was as follows:

1. Blue Hills - 10 leaders & 29 participants
2. Pack Monadnock - 8 leaders & 19 participants
3. Mt. Monadnock - 7 leaders & 15 participants
4. Nauman Tent Site/Mt. Pierce - 5 leaders & 7 participants

Please note that the great turnout for the Pack Monadnock hike is particularly impressive considering the pouring rain we encountered at the trailhead...

Special thanks to the following backpack leaders: Leslie Carson and Robin Melavalin for co-leading and performing duties that made this event a success; Steve Tulip, our primary medical caregiver, and Wayne Anderson, leader and registrar - a great crew of leaders!

Thank you Bob Vogel for coordinating the workshop and to Erika Bloom and Bill Ruel for assisting with that event.



Coordinating this series has been a lot of fun for me and the other leaders, and based on feedback from the participants, they had a lot of fun as well. It was a bizarre winter to say the least, but we

had a large and very dedicated group this year, beginning with the more than 40 people attending the kick off workshop in November.

SEM members head north in search of snow for March snowshoe trip...



Steve Tulip (left) and Leslie Carson (right) led a small group of intrepid SEMers up to New Hampshire for a wonderful day hike on snowshoes on the beautiful Three Ponds Trail in the White Mountain National Forest on March 10th. More photos on back cover...

SEM Leader Profile:
Steve Tulip, Hiking Leader
(In Question & Answer format...)



Ed: How and when did you first get interested in the outdoors?

Steve: I've always been an outdoor kind of guy. Growing up, my siblings, my friends, and I all spent a lot of time outdoors; often until the streetlights came on.... There's also somewhat of a family tradition: my dad's family were founding members of the Weymouth Sportsmen's Club back in the late 1940's early 1950's. We camped and fished every summer season. I had scouting activities as well to keep me busy and out from under my mom's feet.

Ed: When did you join the AMC and how did you start getting involved as a leader and board member?

Steve: I think I joined the club around 1994. My first membership was a Christmas stocking surprise from my family. The girls were growing up and taking root elsewhere and they recalled I had mentioned this to my wife, Jacquie. What an enduring and unforgettable gift! From the minute I joined, the AMC imprinted me in such a way that I could not help but to continue growing with our chapter. The mentoring guidance, as informal as it is, helped create wonderful relationships. The stories told and the history of the club just made me feel

I could be a better member if I learned the skills and gained the experience to become a leader and eventually a board member.

Ed: What do you personally get out of being an AMC volunteer leader and former SEM Education Chair?

Steve: That's an easy one. A large part of personal satisfaction is that I can give back what has been given to me. Other individuals before me volunteered their time and their knowledge to make our chapter and "passed it on." Then others did the same. It is a legacy worth continuing.

Ed: Describe one or more of the favorite trips that you lead.

Steve: I like to find and lead trips to obscure, out of the way places for our members to experience; what we also refer to as "hidden gems." The discovery of some long lost destination or special view worth sharing seems pretty cool to me.

Ed: Can you share a related story or anecdote on leading hikes and perhaps share some of your general thoughts on the AMC?

Steve: One summer I led a hike with Bob Vogel. and Erika Bloom up on the Wapack Trail in southern NH. The day started out typically for early summer with blue skies and cumulus clouds. By mid-afternoon, a rolling thunderstorm bore down on us and forced us to change our plans. The dirt road we chose to exit the woods became a stream by the force of the downpour. Most significantly, the lightning and thunder were right upon us. We did as we were trained, spread among trees of even height and squatted on our packs until the worst had passed. We had about 20 hikers with us that day. I received several e-mails thanking us for a job well done.

Ed: Anything else that you think might be interesting and relevant?

Steve: It is so gratifying to me to reunite with other fellow hikers. It seems like no matter how long ago it was since we initially met, there's always a smile, a handshake or hug to go along with the memories. That's reason enough to come again, that's reason enough to share what I have learned along the trail.

Know an SEM leader you'd like to see profiled in the Breeze? Please send your recommendations to communicationschair@amcsem.org



RED LINE THE BLUE HILLS

**We RED LINED the BLUE HILLS in 2006!
Well—almost! Some more still to go in
2007!**

by Cheryl Lathrop

When you last heard from us, we were well on our way to **RED LINE** all of the **BLUE HILLS** (RLBH). What's redlining? Trying to mark each trail on our trail map. What are the Blue Hills? The 7,000 acre Blue Hills Reservation in Milton, MA. That's right, we're trying to put our feet on every inch of every trail. That's 145 miles of trails. And that's our acronym: RLBH.

Who thought of this crazy scheme? Why our own SEM leader, Bob Vogel. But, hey, as Bob says: "It's just a walk in the woods." Yes, it's a walk in the woods every Thursday night, from 6-8:00 PM. Sometimes getting out of the woods before dark, but sometimes not. And when not, you'll find us creeping along the trails wearing our headlamps, and determined to complete that night's assigned trails.

In 2006, we hiked from Daylight Savings Time in April until it ended in October. However, we waited until a nice November Saturday to hike Fowl Meadow because it was an oh so foul meadow with nasty bugs all summer. We hiked for 30 weeks straight. Bob estimates that we did 85% of the trails, which makes it 125 miles completed. Only 20 more miles to go!

We have our own website at http://home.comcast.net/~hike_with_bob_v/. There we keep our weekly poop sheets and maps. Pictures of the nifty things we see in the little known and un-trod corners of the hills. Information on dangers in the hills like rattlesnakes, EEE, and West Nile. Tidbits about mysterious things like puddingstone and double trees. An attendance chart (because when you complete the project, you get a t-shirt). But the best link of all is the one called "progress so far." That's the master chart where all the trails hiked so far are red lined. Go see! Bob Vogel donates the web space and Cheryl Lathrop is the web mistress.

We allow make-up hikes. If anyone is out of town and misses a hike, they can make it up by reading the poop sheet and the map from the website and doing it on their own. (Yes, we use the honor system!) Many folks that miss the same week get together and make it up together. Our own SEM leader, Dexter Robinson, and his Dog, have actually completely redlined the Blue Hills, although he's only come on a few of the hikes with us. That's some make-up program for Dex and Dog!

And do you think we're red lining the cruddy Blue Hills trail maps that we carry around in our packs? No! We all bought a brand new map that we keep at home clean and dry. And we each individually track our progress, with, what else, a red marker.

So, now it's 2007, it's Daylight Savings Time again, and we're back on the trail. Jim Plouffe and Jerry Yos are helping Bob with the leading and registering. Fred Wason is helping with the cartography (planning the route). First, we're going to finish up the trails from the first round – and then start over, and do them all over again, so that those that joined late can catch up and get a t-shirt, and so that new folks can get in on the project. What about those of us that will have done them all? You'll still see us out there. It's a great Thursday night outing – fun exercising and socializing.

So, if you'd like to join us, go to our web site, click on 'contact leaders,' and phone/email the registrar. We'd love to have you join us!



Another tribute to Harry Dombrosk...

Gentleman Harry

Harry, I didn't know that you were gone.
That warm smile, those twinkling eyes are still alive to me..
Although the years have flown, you are still there
On sunlit beachy shores, in quiet woodlands, paddling over
water
Softly...calmly...
Just as you moved through life and the lives of others
A gentle man, Harry

Remember our Thoreau hikes?
The Colonel striding out in the lead...
The great beach before us, your cheeks whipped red in the
cold.
The challenge to keep walking, each sandy step a test of
endurance.
You rated every march by martinis... a one, two or three
martini hike
Somewhere in those long, slow slogs you were revealed to me
A gentle man, Harry

Always that reassuring Sunday afternoon presence
Drifting quietly on the Herring River,
Helping me with my niece's first canoe trip
Feeding my wanderlust with tales of the Alps
An ear for awhile, a smile for encouragement,
A concern for everyone's well being
All this with the steady grace of
A gentle man, Harry

Farewell, old friend;
Link to my happy trails,
Pacifier of my fears,
Mentor to my adventurous longings,
You were ever the
Gentleman, Harry

Submitted by Kathie Meads



Rick McNally, Ellie Macpherson, Charlie Farrell, Judy Procnik, Art Hart, and Don Savino shown at Myles Standish State Park during a Thursday hike. (Photo by Elsie Laverty)

SEM Chapter Family Weekend at the Highland Center in Crawford Notch

August 3-5, 2007

The SEM Chapter will be holding a family weekend event at the AMC Highland Center in beautiful Crawford Notch in the White Mountains of New Hampshire on Friday, August 3rd through Sunday, August 5th.

The Highland Center holds daily programs led by trained naturalists that appeal to all ability levels. The center also has free use of LL Bean outdoor gear. Breakfast and dinner are included as part of the weekend package.

In addition to the numerous trails that are right outside the door, there are plenty of activities that will appeal to all members of the family. Here are just a few:

- **Morning Meander:** Join an AMC Naturalist for a morning walk to see the wealth of clues about the previous evening's activities in the woods.
- **Scavenger Hunt:** Enjoy a leisurely stroll, while giving back to the woods we love and help a naturalist find the twelve "healthy forest" species. Find the species, mark them down and send them to our Mountain Watch Scientists.
- **Moose Hike:** A chance to see the majestic creatures in the flesh. An AMC Naturalist will show you tracks, scat, scrapes and rubs of the largest land mammal in New England.
- **Junior Naturalist:** Complete the exciting Junior Naturalist activity book to become an AMC Junior Naturalist. Earn your official Junior Naturalist Badge.
- **Green Tour:** Take a "behind the scenes" tour of the Highland Center construction and operations. Find out what makes this facility an award-winning "green" design.
- **Movies, Socials or Special Presentations** held in the evenings.

The price of this weekend for SEM members starts at \$98.00 per person, plus tax. This includes 2 nights lodging, 2 breakfast and 2 dinners. Please contact AMC Reservations at 603-466-2727 to make your reservation (be sure to indicate that you're with the SEM weekend event). Don't wait...space is limited and will fill up quickly!!

If you have any questions, please feel free to contact Claire Goode at 508-759-7362, ctgoode@verizon.net.

Hiking/Backpacking Activities

Chair – Sue Chiavaroli, 508-252-4164, hikingchair@amcsem.org

IMPORTANT: Hikers unsure of their ability should try only one level more difficult than previously completed. No pets without permission of trip Leader. Registration required for most trips. Hiking boots strongly recommended. For additional information or to register, contact the trip Registration leader (R), trip Leader (L) or co-Leader (CL). SEM Chapter trip updates are also available at <http://trips.outdoors.org>. Please also sign up for the SEM Short Notice E-Mail Trip List at www.amcsem.org.

Miles per Hike	Pace (MPH)	TerrainType
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Sat., Jun. 2. National Trails Day at Myles Standish State Park - See detailed trip description under "Trails."

Sat., Jun. 2. Massasoit State Park (B3D) - Mid morning hike in East Taunton. Easy hiking on mostly flat to gently rolling trails. Lunch by either Big Bear Hole Pond or Lake Rico. Optional - beverages and dessert at leader's nearby home after hike. L/R Barbara Hathaway (508-880-7266 7 to 10p), R Barbara Hathaway (508-880-7266 7 to 10P)

Tue., Jun. 5. Tuesday Morning Blue Hills Hike (B2-3B) - Great exercise hiking strenuous terrain at a moderately fast pace. Join leader as she trains for Mount Kilimanjaro (again!). Lots of steep, rocky hills! Register for details; start time usually 7 AM, hike goes most (not all) Tuesdays. Hiking boots required. Not for beginners. L/R Erika Bloom (508-951-1001 before 9 pm, erika.bloom@comcast.net)

Wed., Jun. 6. Hiking Committee Meeting. Come join the Hiking Committee Meeting to meet fellow hikers and see what's happening at our chapter. We plan hikes, activities, and events dealing with hiking. We usually serve pizza if you are interested! Meeting at the First Unitarian Universalist Church, Middleboro, MA 25 Main St. Middleboro, MA (Rte 105) Meeting starts at 7:00PM. L Sue Chiavaroli (508-252-4164, brillo6452@yahoo.com)

Tue., Jun. 12. Tuesday Morning Blue Hills Hike (B2-3B) – Please see June 5th listing for details

Sat., Jun. 16. Weir Hill & Ward Reservation (A3C) - Hike on two Trustees of Reservations properties in North Andover, MA. Morning hike to Weir "wire" Hill cresting drumlins and tracking along Lake Cochichewick. Next we'll visit Ward Reservation and hike around until we summit Holt Hill for a visit to the Solstice Stones. There's a fabulous overview of the Boston Skyline and Blue Hills. No fees. L/R Steve Tulip (508-977-4863 9AM - noon or leave message, Stulip2005@comcast.net), CL Bill Pellegrini (billpellegrini@yahoo.com)

Sun., Jun. 17. 2 for 1: Ft. Barton, Weetamoo Woods - Tiverton, RI (B3D) - Mtn. Laurels in bloom. View Mt Hope Bay, Portsmouth & Bristol from the 30' high tower at Ft Barton. Some stairs for easy travel up steep hills, boardwalks in areas by stream. Drive 5 miles to Weetamoo Woods, home to numerous species of wildflowers, trees, and shrubs. Stone walls, slab bridges, and Borden Brook add to its

beauty. Lunch by the stone-arched bridge; stop at famous Gray's Ice Cream after hike. L/R Barbara Hathaway (508-880-7266 7 to 10 pm)

Tue., Jun. 19. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Sat., Jun. 23. Long /Ell Pond Ashville, RI (B3B) - Hike up to a gorgeous overlook of Long Pond. Along the up to our outlook we will view blooming mountain laurels. The hike will descend into a gorge lined with rhododendrons and hemlocks. L/R Sue Chiavaroli (508-252-4164 7-9PM, brillo6452@yahoo.com), CL Barbara Hathaway

Tue., Jun. 26. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Tue., Jul. 3. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Sat., Jul. 7. Mount Chocorua (B3B) - A must do (again?) mountain. A strenuous hike up from the south along the Liberty Trail and lunch at the summit (weather permitting). We return down the Brook Trail back to the parking area. Possible dinner stop on the way home. L Steve Tulip (508-977-4863 9 AM - Noon, Stulip2005@comcast.net), CL/R Ken Jones (508-697-0142 7 - 9 PM, lotsoluck@comcast.net)

Tue., Jul. 10. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Tue., Jul. 17. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Sat., Jul. 21. Mt. Tecumseh (B3B) - Hike the Mt. Tecumseh Trail over the summit (stopping for lunch), then onto the parking area in Waterville Valley. Limited to 10 participants. L Steve Tulip (508-977-4863 9 AM - Noon, Stulip2005@comcast.net), CL/R Jim & Aleta Plouffe (508-586-1394, 6 - 9 PM, jimplouffe@comcast.net)

Tue., Jul. 24. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Sat., Jul. 28. AT in Western Mass Series - Day Hike (AA3C) - For the next section of the series we will hike from Washington Mtn. Rd to Gulf road in Dalton. This 11 mile exploratory hike passes over Warner Hill, Tully Mtn. and Day Mtn. Register by July 21. Group size limited to 10. L Dexter Robinson (781-294-8840 7-9:30pm, dexsue@comcast.net), CL/R Dick Carnes (508-285-5790 7-9 pm, rcarnes2@aol.com), CL Leslie Carson (508-833-8237 7-9 pm, lrcarson929@comcast.net)

Tue., Jul. 31. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Tue., Aug. 7. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Sat., Aug. 11. The Osceolas (A3A) - We begin on Tripoli Rd. at Thornton Gap where we ascend to Mt. Osceola. We continue on over to East Osceola peak before turning around and heading back on same trail. Possible meander to West Peak ("trailless area"). L Steve Tulip (508-977-4863 9 AM - Noon, Stulip2005@comcast.net), CL/R Leslie Carson (508-833-8237 6 - 9 PM, lrcarson929@comcast.net)

Tue., Aug. 14. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Tue., Aug. 21. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Sat., Aug. 25. AT in Western Mass Series - Day Hike (A3C) - For the next section of the series we will hike from Gulf road in Dalton to the Outlook Ave. road crossing. This 9 mile exploratory hike passes through the North Mountain area and ends in Cheshire. Register by Aug. 18. Group sized limited to 10. L Dexter Robinson (781-294-8840 7-9:30pm, dexasue@comcast.net), CL Dick Carnes (508-285-5790 7-9 pm, rcarnes2@aol.com), CL/R Leslie Carson (508-833-8237 7-9 pm, ltcarnson929@comcast.net)

Tue., Aug. 28. Tuesday Morning Blue Hills Hike (B2-3B) - Please see June 5th listing for details

Bike Rides

Chair – Joe Tavilla, bikingchair@amcsem.org, 508/428-6887

NOTE: Approved helmets required for all AMC bike rides. If start time and location are not indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org> (set the Committee to "Biking," and the Chapter to "Southeastern Massachusetts"), or sign up for the SEM Short Notice trip list at www.amcsem.org.

AMC SEM 2000 Mile Club – The SEM Bike Committee awards 2000 Mile Club certificates of achievement and embroidered award patches to members who ride 2000 miles or more in a year. For more information, contact Joe Tavilla (508-428-6887 7-7, bikingchair@amcsem.org)

Sat., Jun. 2. Horseneck Beach - A 42 mile ride that includes a visit to Horseneck Beach, the Sakonnet River and lots of open farm land and flat/rolling terrain. L Jack Jacobsen (508-993-0450, cyclejac51@yahoo.com)

Mon., Jun. 4. Mondays At Six - Late day/early evening Monday rides that feature an easy pace thru the Massachusetts South Coast towns of Rochester - Freetown - Acushnet - Lakeville - Carver. Distance: about 20 miles. L/R Jack Jacobsen (508-993-0450, cyclejac51@yahoo.com),

Thu., Jun. 7. Thursday Tire Turners - Late day/early evening. Rides are in the Rochester, Acushnet and Lakeville areas. 19-20 mile routes. Easy paced rides. L/R Jack Jacobsen (508-993-0490, cyclejac51@yahoo.com)

Sat., Jun. 9. Cape Cod Elbow - Enjoy a pre-season Cape ride thru Nickerson State Park to the "Elbow Of The Cape", Chatham. Spectacular ocean views from Morris Island to Monomoy Island. 44 miles. Intermediate pace 14-16 mph. L Joe Tavilla (508-428-6887, silverski@earthlink.net)

Mon., Jun. 11. Mondays At Six – Please see June 4th listing for details

Thu., Jun. 14. Thursday Tire Turners – Please see June 7th listing for details

Mon., Jun. 18. Mondays At Six – Please see June 4th listing for details

Thu., Jun. 21. Thursday Tire Turners - Please see June 7th listing for details

Thu., Jun. 21. Here Comes Summer - Come celebrate the "Longest Day"/Summer Solstice and view the latest sunset of 2007. The route will take us to three islands (Monomoscoy, Seconsett and Popponeset), two beaches, and one golf course. The ride will end in time to view and have a champagne toast to the sunset and the Summer of '07 at approximately 8:25 PM. L Joe Tavilla (508-428-6887, silverski@earthlink.net)

Mon., Jun. 25. Mondays At Six - Please see June 4th listing for details

Thu., Jun. 28. Thursday Tire Turners - Please see June 7th listing for details

Sat., Jun. 30. Full Milk Moon Ride - Your opportunity to view a Cape Cod Canal sunset and a moonrise over Plymouth Bay. Good chance to see the raising and lowering of the Railroad Bridge and "Trash Train" going to the Rochester burner. Also an inning of baseball from the newly illuminated Massachusetts Maritime Academy field. Distance: 22 miles, intermediate pace. Start Location: Sagamore Recreation area - from jct Rte 3 & 6 take Canal Road past Friendly's to parking lot alongside the canal. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Mon., Jul. 2. Mondays At Six - Please see June 4th listing for details

Thu., Jul. 5. Thursday Tire Turners - Please see June 7th listing for details

Mon., Jul. 9. Mondays At Six - Please see June 4th listing for details

Thu., Jul. 12. Thursday Tire Turners - Please see June 7th listing for details

Mon., Jul. 16. Mondays At Six - Please see June 4th listing for details

Thu., Jul. 19. Thursday Tire Turners - Please see June 7th listing for details

Mon., Jul. 23. Mondays At Six - Please see June 4th listing for details

Thu., Jul. 26. Thursday Tire Turners - Please see June 7th listing for details

Sat., Jul. 28. Dighton Rock Ride - A 31 mile ride thru the small rural towns of Freetown, Lakeville and Berkley. Features a lunch stop at the mysterious Dighton Rock. Terrain: flat to rolling. L Jack Jacobsen (508-993-0450 8:00AM-7:00PM, cyclejac51@yahoo.com)

Sun., Jul. 29. Full Buck Moon Ride – Please see June 30th listing for details

Mon., Jul. 30. Mondays At Six - Please see June 4th listing for details

Thu., Aug. 2. Thursday Tire Turners - Please see June 7th listing for details

Mon., Aug. 6. Mondays At Six - Please see June 4th listing for details

Thu., Aug. 9. Thursday Tire Turners - Please see June 7th listing for details

Sat., Aug. 11. Cranberry Country Ride - A 38 mile ride thru the cranberry bogs of southeastern Massachusetts. Lunch/ice cream stop at Eastover Farm where you can see Clydesdale horses. Terrain is mostly flat. L Jack Jacobsen (508-993-0450, cyclejac51@yahoo.com),

Tue., Aug. 28. Full Sturgeon Moon Ride – Please see June 30th listing for details

Kayak Paddles

Chair – Robert Zani, 508-430-1914
paddlingchair@amcsem.org

For information on SEM canoe and kayak trips, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org>, (set Committee to “canoe/kayak” and set Chapter to “Southeastern Massachusetts”).

Sat., Jun. 9. Walker, Upper/Lower Mill Ponds, Brewster - PUT-IN DIRECTIONS: Exit 10 off rte 6 S to the four way stop sign and R on Queen Anne Road. R on Depot Road at the next four way stop sign. This becomes Slough Road after crossing the Brewster Town line. Stay on the road for the put in on the right. L Bob Zani (508-430-1914 7-9 PM, rcza@comcast.net)

Wed., Jun. 13. Popponeset Creek - The tides should allow us to select from a menu of sites for exploration within the general area of Shoestring and Popponeset Bays: the Santuit and Mashpee Rivers, Popponeset Creek, Ockway Bay and Pinquickset Cove. Conditions of the day and past trip content in the area will determine the final destinations of the paddle. We will stop for lunch midday. Spray skirts and life jackets are required. L Louise Foster (508-420-7245 7-9 PM, louise.foster@alumnae.brynmawr.edu)

Sat., Jun. 16. Boatmeadow Creek, Eastham - PUT-IN DIRECTIONS: Rock Harbor Rd. from Orleans Rotary to R onto Bridge Rd. then straight onto Bayview to town landing to launch. 10:30 AM. L Max Sarazin (msarazin@capecod.net), CL/R Bob Zani (508-430-1914 Before 8 PM, rcza@comcast.net)

Wed., Jun. 20. Bass River, South Yarmouth - Paddle can be from 8-12 miles depending on the weather and desires of the paddlers. PUT-IN DIRECTIONS: Exit 9 on rte 6 S on rte 134. Sharp R on Upper County Road and bear L onto Highbanks to the Wilbur Park put in on the left just after crossing over the Bass River. Life vest required. Spray skirts may be required depending on conditions. Registration required. L Bob Zani (508-430-1914 Before 8 PM, rcza@comcast.net)

Sat., Jun. 23. Childs River - Paddle will depend on wind conditions but may include Childs River, Seapit River, and Waquoit Bay. Bring lunch. PUT-IN DIRECTIONS: From Mashpee Rotary follow Rt28 toward Falmouth for 3.9 miles. Watch for Edwards Boatyard on left and turn on Whites Landing. After dropping off boat park in large unpaved area by Rt28. Life jackets required, spray skirts may be needed on bay. L Bill Fischer (508-420-4137 Before 8 PM, wmbarrarafischer@comcast.net), CL Phyllis Evenden (508-563-6766, phyllis.evenden@verizon.net)

Sat., Jun. 30. Centerville River - Centerville River and returning to the Beach to have lunch. Paddle into Scudder Bay/East Bay possible DIRECTIONS: From Rt28 in Centerville take Old Stage S - it runs into Main Street. Take to light on So. Main street. R on So. Main Street. to Hayward Road. L on Hayward Road to town way to water.

No town of Barnstable parking sticker?: park back on South Main street. L Bill Fischer (508-420-4137, wmbarrarafischer@comcast.net)

Sat., Jul. 7. Lewis Bay Paddle, Yarmouth - PUT-IN DIRECTIONS: Take Berry Ave S off Rte 28, go 0.7 miles, take a R onto Hampshire Ave, and go about 100 yards to the parking lot on L. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Jul. 11. Oyster Pond, River, Stage Harbor, Mitchell R, Mill Pond - Four hour paddle on Oyster Pond, River, Stage Harbor, Mitchell River to Mill Pond & return. Bring lunch. DIRECTIONS: Arrive at 8:30AM for 9 AM departure. Exit 11 off Mid-Cape Highway (Rt. 6). Pass light at the intersection of Rt. 39/137. Continue to 4 way stop. Turn left on Queen Anne Rd (Old Queen Anne Rd.) to Rt. 28. Turn right at light on to Queen Anne Rd. Turn Right, continue to Oyster Pond. Wearing of life jackets required. L Peter Selig (508-432-7656, before 10:00 PM, pandmselig@hotmail.com), CL Loraine Frederickson (508-432-2832)

Wed., Jul. 18. Swan Pond/River, Dennisport - Swan Pond/River, Dennisport. Clipper Ln off Upper County Rd to pkg area. This is a Paddle-Que, bring something to toss on the grille. 10:30 AM. PUT-IN DIRECTIONS: Clipper Ln off Upper County Rd to pkg area. L Max Sarazin (msarazin@capecod.net)

Sat., Jul. 21. Indian Lakes, Marstons Mills - Leisurely 3.5 hr. paddle on crystal-clear, fresh water ponds. Bring lunch. Wearing life jacket required. Arrive 10:15 AM for sign-in/launching. Paddle begins at 10:30 AM. PUT-IN DIRECTIONS: From Rt 6 take Exit 5 S on Rt. 149 for 3 miles and watch for sign "Indian Lakes" (Mistic Drive) on R and go 7/10ths mile to a lane with sign "Town Way to Water". Life jacket required. L Nancy Wigley (508-548-2362 before 9:00 PM, nrwigley@verizon.net)

Wed., Jul. 25. Long Pond, Harwich/Brewster - Leisurely six mile paddle with lunch at the east end of the pond. PUT-IN DIRECTIONS: Exit 10 off rte 6 N on rte 124. Just after crossing the Brewster Town line R on Crowell's Bog Road. Life vest required. Spray skirt may be required if winds pick up. L Loraine Frederickson (508-432-2832), CL Bob Zani (508-430-1914, rcza@comcast.net)

Sat., Jul. 28. Wellfleet Harbor - Where we go on this paddle will probably be dictated by the weather for the day. Plan on distance of about 10 miles. PUT-IN DIRECTIONS: West on Main Street from rte 6 to L on Commercial Street to far end of Public Beach parking lot. Life vest required. Spray skirt may be required. L Bob Zani (508-430-1914, rcza@comcast.net), CL Phyllis Evenden (508-563-6766, phyllis.evenden@verizon.net)

Wed., Aug. 1. Barnstable Harbor - Directions: take exit 8 N from Rt. 6 Cross 6A onto Center St. at cemetery and continue to the parking lot at end. Registration required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Aug. 4. Cotuit Bay - This trip will include circumnavigating Grand Is. in Osterville. Lunch on Dead Neck/Sampsons Is. Directions: Rt. 28 in Centerville take Old Stage South-into Main St. to light on So. Main St. Take R on So. Main to Hayward Rd. Take L on Hayward Rd. to town way. Non Barnstable residence park on So. Main St. Life jackets required. Spray skirt may be required. L Bill Fisher (508-420-4137, wmbarrarafischer@comcast.net)

Sat., Aug. 11. Shoestring and Popponeset Bays - The tides should allow us to select from a menu of sites for exploration within the

general area of Shoestring and Popponeset Bays: the Santuit and Mashpee Rivers, Popponeset Creek, Ockway Bay and Pinquickset Cove. Conditions of the day and past trip content in the area will determine the final destinations of the paddle. We will stop for lunch midday. Directions: Registration required. Spray skirts and lifejackets required. L Louise Foster (508-420-7245, louise.foster@alumnae.brynmawr.edu)

Wed., Aug. 15. Herring River, Harwich - We will go S for the most part depending on the winds. If favorable we'll go into Nantucket Sound and explore some of Harwich's harbors. Distance up to 11 mi. Directions: Park E side of Herring R. Bridge S side of Rt. 28. Life vests required. Spray skirt may be required. Registration required. L Bob Zani (508-430-1914, reza@comcast.net)

Sat., Aug. 18. East Branch of the Westport River - Arrive at 9:30 for the 10:00 AM put-in. The trip 3-4 hrs, follows a tidal river into Buzzards Bay. We'll paddle thru sylvan areas, farms and vineyards. Lots-o-birds! Lunch on an Is. w/ swim. Bring suites and lunch. Directions: Rt. 195 to Rt. 88 (Horseneck Beach) 2nd light (Old County Rd.), L and proceed 1 mi. to head of Westport Vill. R onto Drift Rd. just before the Westport River and park. L Rick McNally (508-636-7179 Before 6 PM, rjmcnally@charter.net)

Wed., Aug. 22. Herring River - 4 hr. trip on Herring River up to East and West Reservoirs and return. Nantucket Sound if time permits. Bring lunch to eat on return trip to avoid low tide. Arrive 8:30 for 9:00 AM put-in. Trip starts on Rt. 28 at Herring River Bridge in Harwich. Life jackets and registration required. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Wed., Aug. 22. Bass River - We will go north and if the tides oblige make our way into Mill Pond. Probably a nine mile paddle. Directions: Exit 9 on Rt. 6. South on Rt. 134. Sharp R on Upper County Rd. and bear L onto Highbanks to the Wilbur Park put in on the L just after crossing over the Bass River. Life vests required. Spray skirts may be required depending on conditions. Registration required. L Bob Zani (508-430-1914, rcza@comcast.net), CL Loraine Frederickson (508-432-2832)

Wed., Aug. 29. Nauset Marsh, Eastham - We will paddle counterclockwise around the marsh. Enter Mill Pond if the tide allows and have lunch on the east side. Plan on a 9+ mi. paddle. Directions: 1.5 mi. N from Rt. 6 Eastham rotary to Hemenway on the right. Non-Eastham residents park on Hemenway. Life vests required. Spray skirts may be required when crossing the cut to the Atlantic. L Bob Zani (508-430-1914, reza@comcast.net), CL Al Phillips (508-394-4072, alfredphilips@comcast.net)

Trails

Chair – Bill Ruel, 781-589-3321, trailschair@amcsem.org
Co-Chair – Lou Sikorsky, 508-678-3984, hikinglou@charter.net

For information on SEM trailwork activities and trips, please contact either Bill Ruel or Lou Sikorski (contact information above).

Sat., May 19-20. Lonesome Lake Trail Spring Clean Up - New Hampshire, White Mountains. Come join us as we give our Chapter's adopted trail a spring cleaning. No experience necessary. We provide all the instruction, tools and food. You bring the sweat. We will camp at the Lafayette Campground in beautiful Franconia Notch. Register BEFORE May 1st. with L Bill Ruel (781-589-3321 7-9 PM), L Lou Sikorsky (508-678-3984 7-9 PM). No extra charge for the mud you bring home!

Sat., Jun. 2. National Trails Day at Myles Standish State Park - Get down and dirty. Help "give back" to the many trails you've hiked. Join us on June 2nd to observe National Trails Day for a day of work and celebration. We will work on our "adopted" trail in the state forest, then chow down with a trailside barbeque. This is a rain or shine event. L Bill Ruel (781-589-3321 7-9 PM), CL Lou Sikorsky (508-678-3984 7-9 PM)

Education

Chair – Walter Deeter, 508-279-0626, education@amcsem.org

ADVANCE NOTICE...

Sat., & Sun., Oct. 6 & 7 - Wilderness First Aid (WFA) training at Camp Lyndon on Cape Cod. Here's your chance to get WFA-certified or to renew your certification, as required for SEM leaders (SEM leader scholarships available)

Conservation

Chair – Maura Robie, 508-285-6005, conservationchair@amcsem.org

Sun., June 3, Spring Migrants at Fowl Meadows - Join Conservation Chair, Maura Robie and Fred Yost for some late spring bird watching. Everyone is welcome, non birders and birders of all levels. We will look for local resident birds and neotropical migrants along our leisurely 2-3 mile walk. Bring binoculars and foot gear that will keep your feet dry. Meet at Fowl Meadows parking lot off Brush Hill Road in Milton @ 9:00 am. L Fred Yost (508-699-9305) 6-9 pm, fey_iam@hotmail.com, CL Maura Robie (508-285-6005) 6-9 pm, mrobie@bridgew.edu

Sat., Jul. 28, Atlantic Salmon in Southern New England - Join Conservation Chair Maura Robie and Fred Yost for a tour of the North Attleboro National Fish Hatchery. Learn how the hatchery participates in the restoration of Atlantic salmon in Southern New England. See some of the fish that have returned to the Merrimack and Connecticut Rivers. The tour will start at 10:00 am and last about 1 hour. A short nature trail and picnic tables are available. L Maura Robie (508-285-6005) 6-9 pm, mrobie@bridgew.edu). CL/R Fred Yost (508-699-9305) 6-9 pm, fey_iam@hotmail.com

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Southeastern Massachusetts Chapter
APPALACHIAN MOUNTAIN CLUB
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*“Winter Wonderland on Showshoes”
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Photo: Paul Miller

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