



Southeastern Massachusetts Chapter
 APPALACHIAN MOUNTAIN CLUB
 5 Joy Street
 Boston, MA 02108

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The Southeast Breeze

The newsletter of the Appalachian Mountain Club Southeastern Massachusetts Chapter
 Fall 2008 - September, October & November

SEM hikers summit on summit of Mt. Osceola on July 19th...



PHOTO: Cheryl Lathrop

Chowing down at the SEM Summer Picnic at the Lloyd Center...



PHOTO: Mike Woessner

The Southeast Breeze is printed on 100% recycled paper using environmentally friendly ink.



View from the Chair

By Mike Woessner

Well it's been a fast two years. My term of office is winding down and I look forward to passing the torch. In November there will be a new chair and, for the first time in two years, a co-chair as well. Except for the Skiing and Membership Committee chairs (any volunteers?), our board is full. There are still committee co-chairs to fill and we are still seeking a webmaster. If you are interested in getting more active in your chapter, please contact one of the officers or just show up at any board meeting. See the dates and locations on page 2 of the *Breeze*.



I've truly enjoyed serving as the chapter chair. I have had an excellent group of people to work with. There have been lots of fun times and I've been honored to represent the Southeastern Massachusetts Chapter at clubwide events and meetings. Some of the highlights included having lunch with Andy Falender and several AMC Board of Directors of the AMC at the Annual Meeting in January and giving a brief presentation of our chapter to the AMC President, Executive Officer and Board of Directors this past May at Joy St.

I also had the opportunity and the honor to meet Brad Washburn and his wife before he past away, and to attend the memorial service for Fred Stott, one of the original Huts Men and author of the book; *Seventy Years With the AMC*. We were honored to have Fred as a guest speaker at one of our Chapter Annual Meetings several years ago.

The pinnacle of my tenure was having our chapter host the clubwide Spring Gathering this past April. While organizing this successful event consumed much time and effort by many chapter members, it also turned out to be a lot of fun. I still receive compliments from AMCsers who attended SG2008

both on how well organized the event was and how much fun they had.

So, even as I bid farewell as Chapter Chair, I'm still going to stick around and help out the new Board where I can as Past Chapter Chair. It's a great group of people that I enjoy being around and working with.

I hope to see a good number of SEM chapter members at our upcoming SEM Annual Meeting and Dinner at the Johnson and Wales Inn in Seekonk on November 1st. (We're hoping for better weather this year than the near-hurricane that kept so many from attending last year's annual meeting...). This is your chance to cast your vote for the SEM's new board, vote on a few bylaw changes, enjoy a wonderful buffet dinner, and see what promises to be a fascinating presentation by our guest speaker, Jok Wieu Ngor, a Lost Boy of the Sudan (see page 3 for more information and registration details).

We're also trying something a little different for this year's Annual Chapter Hut Night. Instead of one of our regular New Hampshire destinations, we've reserved the quiet and peaceful AMC Cold Water Camp in New Hampshire's remote Evans Notch September 19th-21st (see page 5 for details). Hope to see you there!

Mike

Fall 2008 Events Calendar

- Sept. 6-7th - **Wilderness First Aid Training**
Borderland State Park, Easton
- Sept. 10th - **SEM Board Meeting**
Bourne Community Center
- Sept. 19-21st - **Chapter Hut Night**
AMC Cold River Camp
- Oct. 8th - **SEM Board Meeting**
UU Church, Main St., Middleboro
- Nov. 1st - **SEM Annual Meeting & Banquet**
Johnson & Wales Inn, Seekonk
- Nov. 12th - **SEM Board Meeting**
Bourne Community Center

MLS Plans 50th Reunion

The AMC's Mountain Leadership School (MLS) is celebrating its 50th anniversary this year. The MLS staff is coordinating a day-long event on Oct. 4, 2008 at the Pinkham Notch Visitor Center. If you are interested in helping out or sharing pictures or stories, contact Leo Kelly at lgk48@aol.com or phone 203-464-7752.

Save the Date for AMC Fall Gathering – October 17-19, 2008

Take a journey to the head of the Chesapeake Bay, only 40 minutes from the end of the New Jersey Turnpike, and enjoy the hospitality of the Washington, D.C. chapter. Don't miss this opportunity to enjoy AMC-style fun hosted by our southernmost chapter. Details are available at <http://www.amc-dc.org>

AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies and procedures. Our goal is to be a community that is comfortable, inviting and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. You may preview this waiver form on the chapter website at www.amcsem.org/pdf/waiverform.pdf.

The Appalachian Mountain Club Southeastern Massachusetts Chapter

Chapter includes app. 3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

2008 Executive Board

Chapter Chair -	Mike Woessner, chair@amcsem.org 508/577-4879
Vice Chair -	OPEN*
Treasurer -	Claire Goode, treasurer@amcsem.org 508/759-7362
Secretary -	Joe Courcy, secretary@amcsem.org 508/272-6781
Biking -	Joe Tavilla, bikingchair@amcsem.org 508/428-6887
Canoe/Kayak -	Robert Zani, paddlingchair@amcsem.org 508/430-1914
Cape Hiking -	John Gould, capehikingchair@amcsem.org 508/540-5779
Communications-	Paul Miller, communicationschair@amcsem.org 508/695-8495
Conservation -	Fred Yost, conservationchair@amcsem.org 508/699-9305
Education -	Hagit Moverman, education@amcsem.org 508/238-9264
Hiking Chair-	Wayne Anderson, hikingchair@amcsem.org 508/697-5289
Membership -	Kathy Shaw, membershipchair@amcsem.org 508/524-0879
Skiing -	OPEN*
Trails -	Bill Ruel, trailschair@amcsem.org 508/838-3841
Webmaster* -	Susanne Piche, webmaster@amcsem.org

*Please contact Mike Woessner if you are interested in volunteering for any open SEM volunteer positions. We're also looking for a new Webmaster...

The *Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published four times per year as a service to the Chapter's members. SEM members are encouraged to submit letters, articles, photos, and artwork, but materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Paul Miller, 169 So. Washington St., No. Attleboro, MA 02760. Digital submissions are preferred, and can be e-mailed to: communicationschair@amcsem.org. Articles will be edited for length, typographical errors, and clarity.

HAVE YOU MOVED? Please send your change of address information to: AMC, 5 Joy St. Boston, MA 02108

NON-SEM AMC MEMBERS who wish to receive the quarterly Southeast Breeze newsletter should send a \$10.00 check made out to "AMC SEM" to: Claire Goode, ATT: Non-Member Breeze Subscription, 240 County Rd., Bourne, MA 02532. Please be sure to provide your mailing address if it's not on the check.

Our **SEM Short Notice E-Mail Trip List** is a great way to find out about late-breaking Chapter activities that might not appear in either the *Breeze* newsletter or the *AMC Outdoors* magazine. If you haven't signed up for the e-mail list yet, just visit www.amcsem.org

Kayak Paddles

Chair – Robert Zani, 508/430-1914, paddlingchair@amcsem.org

For information on SEM canoe and kayak trips, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org>, (set Committee to "canoe/kayak" and set Chapter to "Southeastern Massachusetts").

NOTE: Approved life vests required for all paddles. Spray skirts may also be required. Check with leader in advance.

Wed., Sep. 3. Long Pond, Harwich -- 10:30 am. This is a nice leisurely six mile paddle with lunch at the east end of the pond. Put-in: Exit 10 off rte 6 N on rte 124. Right on Long Pond Drive to L at town beach. Limitations: Life vest required. Spray skirt may be required if winds pick up. L Robert Zani (508-430-1914, rcza@comcast.net), CL Lorraine Frederickson (508-432-2832)

Sat., Sep. 6. Oyster, Chatham -- 10:30am. Put-in: From rte 28 onto Queen Anne Rd to Pond St to Stage Harbor Rd to public beach on R. Limitations: PFD required. Spray skirts may be required. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Wed., Sep. 10. North River, Hanover -- Exit 12 off Rte. in Marshfield R onto 139 W 4th t/c R to Rt. 53 N at lights and L at lights on 53 L onto Broadway to the fork and bear L onto Elm St 0.5 mi to Indian Head Dr. Shuttle to take out. L Art Hart (781-762-5251, ajayhart@verizon.net)

Sat., Sep. 13. Leader's Choice -- Call or email for information. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Sep. 17. Pamet Harbor, Truro -- 10:30AM. Put-in: Rte 6 R at "Pamet Harbor" sign to R at end of ramp and R onto South Pamet Rd. with L and R onto Depot Rd to boat landing. Estimated launching fee of \$5.00. Limitations: Life vest required. Spray skirt may be required. L Don Paladino (508-349-2950, djp1958@comcast.net)

Sat., Sep. 20. Leader's Choice -- Call or email for information. L Robert Zani (508-430-1914, rcza@comcast.net)

Wed., Sep. 24. Hen Cove, Pocasset -- 9:00 am. Pocasset, Hen Cove to Basset's Island. Put-in: From Rt. 28 take Barlow Landing Road (Sign reads Pocasset/Wing's Neck). At second set of lights turn left on Shore Road. Turn right on Cedar Point Drive and go to end. Limitations: PFD required. L Nancy Wigley (508-548-2362 Before 9:00pm, nrwigley@verizon.net)

Sat., Sep. 27. Chase Garden Creek, Yarmouth Port -- 9:00 am Put-in: Take exit 8 N from Rte 6, cross Rte 6A, bear R onto Center Street at Cemetery and continue to the parking lot at end. NOTE THE PUT IN TIME OF 9:00! Limitations: PFD required. L Jean Orser (508-362-0451, jeanorser@aol.com), CL Paul Corriveau (508-362-0451, jeanorser@aol.com)

Wed., Oct. 1. Boatmeadow Creek, Eastham -- 10:30. Put-in: Rock Harbor Road from Orleans Rotary to R onto Bridge Road. Then straight onto Bayview to town landing. Limitations: PFD required. L Joanne Snyder (508-240-6103, joannecarol@earthlink.net), CL Bob Zani (508-430-1914, rcza@comcast.net)

Sat., Oct. 4. Leader's Choice -- 10:30. Put-in: Call for information. Limitations: Life vest required, spray skirt may be required. L Robert Zani (508-430-1914, rcza@comcast.net)

Wed., Oct. 8. Indian Lakes, Marstons Mills -- 10:30. Arrive 10:15 a.m. for sign-in/launching. Paddle begins promptly at 10:30a.m. Put-in: From Rt 6 take Exit 5 S on Rt. 149 for 3 miles and watch for sign "Indian Lakes" (Mistic Drive) on R and go 7/10ths mile to a lane with sign "Town Way to Water". Limitations: Life jacket required. L Nancy Wigley (508-548-2362 Before 9:00pm, nrwigley@verizon.net)

Sat., Oct. 11. Shoestring and Popponeset Bays -- Call for information. L Louise Foster (508-420-7245)

Wed., Oct. 15. Centerville River -- 10:30. Put-in: From rte 28 in Centerville take Old Stage Rd S. Runs into Main St, R on So Main St at light to L on Haywood Rd to town way to water. Limitations: Life vest required, spray skirts may be required. L Bill Fischer (508-420-4137, wambararafischer@comcast.net)

Sat., Oct. 18. Leader's Choice -- 10:30. Put-in: Call for information. Limitations: Life vest required, spray skirt may be required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Oct. 22. Mashpee/ Wakely Ponds -- 10:30. Put-in: From rte 28 take rte 130 N 2 mi to R at "State Landing" sign. Limitations: Life vests required. Skirts may be required depending on conditions. L Bill Fischer (508-420-4137, wambararafischer@comcast.net)

Sat., Oct. 25. Leader's Choice -- 10:30. Put-in: Call for information. Limitations: Life vest required, spray skirt may be required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Oct. 29. Bass River North, Yarmouth -- 10:30. We will go north and if the tides oblige make our way into Mill Pond. Probably a nine mile paddle. Put-in: Exit 9 on rte 6 S on rte 134. Sharp R on Upper County Road and bear L onto Highbanks to the Wilbur Park put in on the L just after crossing over the Bass River. Limitations: Life vest required. Spray skirts may be required depending on conditions. L Jean Orser (508-362-0451, jeanorser@aol.com), CL Paul Corriveau (508-362-0451, jeanorser@aol.com)

Trails

Chair – Bill Ruel, 508/838-3841, trailschair@amcsem.org
Co-Chair – Lou Sikorsky, 508-678-3984, hikingslou@charter.net

For information on SEM trailwork activities and trips, please contact either Bill Ruel or Lou Sikorski (contact information above).

Sat., Sep. 27. Blue Hills Trail work -- "Get out, get dirty, give back". Join a work party of volunteers from SEM and Friends of the Blue Hills to perform trail maintenance in the Blue Hills Reservation. Beginners welcome. About 3 hours of work. L Dexter Robinson (dexsue@comcast.net), R Dexter Robinson (781-294-8840 7-9:30pm, dexsue@comcast.net)

Education

Chair – Hagit Moverman, 508-238-9364, education@amcsem.org

Sat., & Sun., Sep. 6-7th - 20-21st Wilderness First Aid Training - Borderland State Park, Easton, MA, Here's the opportunity for SEM members and leaders to earn or renew their Wilderness First Aid certification. Contact Hagit Moverman (508-238-9364, education@amcsem.org) for registration information. Leader scholarships may be available.

Sat., Nov. 8. Sandwich-Maple Swamp to Barnstable Conservation (B3B) -- An adventure hike from Sandwich to Barnstable on mountain bike trails and dirt roads. Many hills, some steep grades. 4 hrs, bring lunch. Meet at 9:45 am at the end point and shuttle cars to the start. From Rte 6 exit 5 turn south on rt 149. Take quick R on Service Rd, park under powerlines on left. L Heidi Moss (508-362-6440 9am to 8pm, mossheidi@hotmail.com)

Sun., Nov. 9. Race Point Jeep Road (C3C) -- Hike via the Race Point jeep road to various dune shacks and back via the beach. Hike will take 3 hours. meet at 12:45 at Race Point Beach at upper parking lot. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Nov. 13. Brewster, Nickerson State Park (C3C) -- Wooded trails over slightly hilly terrain, with pond views. Rte 6 to Rte 6A Brewster. Enter main entrance at Nickerson, continue straight to first left, Flax Pond Road, follow to end and park near boat ramp on Cliff Pond. Meet at 9:45 a.m. 2 hours. L Janet Kaiser (508 432 3277, jtkaiser@comcast.net).

Sat., Nov. 15. Wellfleet, Great Pond to Cedar Swamp (B3C) -- Nice wooded walk (some hills) to Marconi Cedar Swamp boardwalk with stop at Duck Pond on return. Meet at 9:45; bring lunch; 3 1/2 hours. From Rte 6 in Wellfleet take R on Cahoon Hollow Rd approx 1 1/2 miles to parking lot on left at Great Pond. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sun., Nov. 16. East Falmouth-Mashpee, Quashnet River (C3C) -- Walk in upland woods alongside pretty stream. From Mashpee rotary, Rt 28N to Falmouth 2.1 miles, take R on Martins Rd to parking area. 2 hours. Meet 12:45. If rain forecast call L. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Nov. 20. Harwich-Hawk's Nest State Park (C3C) -- Exit Rt. 6 at Exit 11. Head west on Spruce Street opposite off ramp. Go approximately 1/2 mile and park on left side of the rd. Meet at 9:45. Two hours. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sat., Nov. 22. Provincetown, Snail Road Dunes (C3C) -- Meet at 10:45 a.m. (this time is correct) at the Snail Road trailhead on Route 6 at east end of Provincetown. Explore Provinceland dunes, see historic dune shacks, cranberry bogs, and spectacular 360 views as we hike up and down 2 miles to the ocean and then back. Hike could take 3 hours. Bring lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Nov. 23. Mashpee River Woodlands, West (C4C) -- Spectacular water view from high point, foot paths and cartways through pine and oak woods. A couple of hills. From Mashpee Rotary take Rt 28 east; at first right turn onto Quiniquisset. It's a "stone's throw" to marked parking on right. If parking on road, police request tires off pavement. Meet 12:45. 2 hrs. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Thu., Nov. 27. Yarmouth-Thanksgiving Day Hike (C3C) -- Celebrate Thanksgiving with a pre-dinner hike along the river, through the woods and round the cranberry bogs. Meet 9:45 at the Inkberry Trailhead .04 from Rt 28 on Winslow Gray Rd in West Yarmouth. Pk on dirt road on the left. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., Nov. 30. Eastham-Doane Rock to Nauset Beach (C3D) -- Late fall hike through woods to ocean view, past Nauset and Three Sisters' Lighthouses. Meet at 12:45. From Rt 6 take in Eastham take R at Salt Pond Visitor Center and proceed to R at Doane Rock picnic

area -second parking lot. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., Dec. 14. Yarmouth Potluck Party and Hike (C3C) -- Reserve the date. Christmas Potluck Supper at Pam Carter's 16 Driftwood Lane, So. Yarmouth. (Call 508-398-2605 for directions). Hike first in the three ponds area. Meet at 12:45. From Rte 6 exit 8S to R at 2nd traffic light onto Old Townhouse Rd. L on West Yarmouth Rd. Go about 1 mi to pkg on side of road. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Bike Rides

Chair – Joe Tavilla, bikingchair@amcsem.org, 508/428-6887
NOTE: Approved helmets, water bottles, and spare tires required. If start time and location are not indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org> (set the Committee to "Biking," and the Chapter to "Southeastern Massachusetts"), or sign up for the SEM Short Notice trip list at www.amcsem.org.

Tue., Sep. 2-Nov. 25. Tuesday Rides on Cape Cod. -- Road (22 miles) and/or mountain (10 miles) biking. Contact ride leader for details and start time/location. Intermediate pace, variable terrain. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Sep. 6. Mayflower Triathlon -- We'll ride the 30-mile bike course of the Mayflower Triathlon at Plymouth Rock and add the Plymouth waterfront to the loop. This is a hilly ride, come prepared. Not a race, we'll ride at an intermediate pace. L Jon Fortier (508-982-1855 8:00AM-8:00PM, jfortier@cyber-dynamic.com)

Mon., Sep. 22. Sayonara to Summer - Autumnal Equinox Ride -- 22 mile ride over flat/rolling terrain at an intermediate pace. Ride includes beaches, marshes, lighthouses, and more on the ocean and bay. And, of course, just another fabulous sunset on Skaket Beach. 4:30PM start from Skaket Beach in Orleans. Registration recommended. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Oct. 4. Cranberry Country Ride --A flat 37 mile through the beautiful cranberry bog area of Carver, Rochester, Middleboro and Lakeville. Lunch stop at Eastover Farms in Rochester. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Oct. 7. First Tuesday Road Cycling -- A 22 mile ride over flat/rolling/hilly terrain at an intermediate pace. Ride north to include several Cape Cod Bay beaches such as Harbor View, Corporation, and Chapin, and the most awesome climb up to and into Scargo Tower if desired. 2:00PM start from Town Hall Parking lot on Main St. in So. Dennis. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Nov. 1. Apple Cider and Pie Ride -- A nice 35 mile ride through Tiverton and Little Compton with nice views of the Westport River, Rhode Island Sound, Fogland Beach and the Sakonnet River. Free cider and pie at the end of the ride. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Nov. 4. First Tuesday Road Cycling -- A 22 ride over hilly terrain at an intermediate pace. Start at 2:00 PM from RR bridge parking lot on the Cape Cod Canal in Buzzards Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)



You're invited...

2008 AMC SEM ANNUAL MEETING

November 1, 2008 at Johnson & Wales Inn

The Steps We Take...

Meet new friends or reconnect with longtime hiking, biking, or paddling partners! Come enjoy a 3-course dinner & inspirational speaker, cast your vote for the 2009 SEM Board, and celebrate our 2008 accomplishments.

Where: Johnson & Wales Inn, 213 Taunton Ave (routes 114A and 44), Seekonk, MA
When: Saturday, November 1, 2008
Time: 5:00 pm – 10:00 pm
Cost: \$20/per person for registrations received on or before Wednesday, October 1st
\$30/per person for registrations received after Wednesday, October 1st

The Steps We Take...

SPEAKER: Jok Wieu Ngor, a Lost Boy of the Sudan

After losing his family in the 2nd Sudanese Civil War, Jok joined a group of other "lost boys" to make the three month trek across the desert from Sudan to the safety of Ethiopia. Jok's presentation, "The Steps We Take", will be about his journey from Sudan to Ethiopia.

Agenda:

5:00 pm Happy Hour (cash bar open throughout the evening)
5:30 pm Business Meeting (including election of 2009 Board and By-Law Changes)
6:15 pm 3-course Buffet Dinner (including ham, seafood & vegetarian entrees)
7:00 pm Volunteer recognition awards
7:15 pm Guest Speaker: Jok Wieu Ngor, a Lost Boy of the Sudan.

Register online today at www.amcsem.org or mail your check made payable to SEM AMC to: Claire Goode, 240 County Road, Bourne, MA 02532.

If you have any questions please contact Holly Makowsky (phone 619-817-9454 and/or makowskyholly@yahoo.com).

Please also see page 4 for to review both the AMC SEM 2009 Slate of Officers plus two proposed changes to the SEM Chapter bylaws that we'll be voting upon at the Annual Meeting...

Proposed by-law changes to be voted on at the SEM annual meeting

1. The Board of Directors proposes to change our current by laws as follows:

That the last sentence in Article four, Section 2A of our current By-Law which reads: *Two months before the Annual Meeting, the Chapter Chairperson shall appoint two auditors to audit the Chapter books and the committee books.*

To read:
The Treasurer will submit the Chapter's financial books for audit annually to the Club.

The consensus for this change was that the Appalachian Mountain Club headquarters requires us to submit our books for audit at the end of each calendar year. They perform the audit and send a report back to the Chapter Board of directors. Thus, for us to do an internal chapter audit was redundant. This change requires a two-thirds vote by the membership at the annual meeting.

2. The Board of Directors proposes to add a position of **PAST CHAPTER CHAIR** to the SEM Executive Board. The duties would be as follows:
The Past Chapter Chair shall serve on the Board to maintain continuity of programs and serve as a resource of past practices. S/He shall assume duties and responsibilities as may be delegated by the Chapter Chairperson and/ or Executive Board.

The consensus for this addition to the Board was that, in the past, there was little continuity of programs and practices within the Chapter. This position has been proposed to aid the Board and help with chapter activities. This change requires a two-thirds vote by the membership at the annual meeting.

Respectfully submitted,

Michael Woessner
Chapter Chair,
Appalachian Mountain Club
Southeastern Massachusetts Chapter

SEM AMC Slate of Officers for 2009 to be voted upon at Annual Meeting:

Chair:	Wayne Anderson
Vice-Chair:	Claire Goode
Treasurer:	Leslie Carson
Membership:	OPEN
Secretary:	Holly Makowsky
Communications:	Cheryl Lathrop
Conservation:	Fred Yost
Education:	Hagit Moverman
Hiking:	Jim Plouffe
Cape Hikes:	John Gould
Paddling:	Bill Fischer
Trails:	Bill Ruel
Cycling:	Joe Tavilla
XC-Skiing:	OPEN



It's still not too late to register...

SEM Wilderness First Aid Course

September 6-7th, 2008
Borderland State Park, Easton, MA

For registration information, contact:
Hagit Moverman by e-mail
dmoverman@comcast.net or phone
508 238 9264 (evenings).
(Be sure to ask about WFA scholarships for
qualified SEM trip leaders)

432 3277 jtkaiser@comcast.net). L. Janet Kaiser (508-432-3277, jtkaiser@comcast.net).

Sat., Sep. 20. Truro Longnook Beach, Bearberry Hill (B3C) -- Several spectacular views as we hike N to old Air Force Station, S to Higgins Hollow, then on to Bearberry Hill. Meet at 9:45; bring lunch; 4 hours. From Rte 6 in Truro R on Longnook Rd (left at junction) to beach parking lot at the end. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sun., Sep. 21. Mashpee South Cape Beach (C3C) -- Flat hike through woods for 2 miles, then 2 miles on sandy peninsula. From Mashpee rotary, take Great Neck Rd. S 2.7 mi, left on Great Oak Rd. Follow to town beach pkg. Meet at 12:45. 2 hours. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Thu., Sep. 25. Chatham, National Wildlife Refuge Center Monomoy (C3C) -- Meet at National Wildlife Refuge Center on Morris Island at 9:45 am. Hike to Stage Harbor opening and return. 2 hours. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sat., Sep. 27. Duck Harbor, Bound Brook Island, Lombard & Paradise Hollows (B3B) -- Start on a glacial tombolo to the drumlins and kames of Bound Brook Island. Visit the Atwood-Higgins House and go on to the hollows of the most glacially complicated area on Cape Cod! Rte 6 to Wellfleet Center. Lft. on Commercial St. to Chequessett Neck Rd. Follow to Great Island parking lot and go Rt. on Duck Harbor Rd. to end. Meet @ 9:45am. Bring lunch. 4 hours. L Todd Kelley (508-945-9929, kelleytrailblazer@yahoo.com)

Sun., Sep. 28. Benjamin Nye Trail, Sandwich (C4C) -- Working cranberry bogs, Talbott point, enchanting red pine forest, Scorton Creek, Hoxie Pond, Fish Hatchery and Game Farm from bygone days. From Rt 6A take Exit 4 (Chase Rd.) and turn N(toward 6A). Go about 1/2 mile and take Left on County Rd. One mile to parking on left across from Sandwich Grange Hall. Meet 12:45, 2 hrs. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Thu., Oct. 2. Dennis-Crowe to Crowe Loop (C3C) -- 2 hr. hike on paths, beach, and quiet roads. Meet 9:45. From Rte 6 take exit 9 onto Rte 134 north to Rte 6A. Take R on 6A then L onto School St. then R onto South St. to lot at end on right past cemetery. L Maria Sylvester (508-385-4045, sylvester_maria@hotmail.com)

Sun., Oct. 5. Mashpee - Mashpee Woodlands East (C3C) -- Varied terrain: woods, hills, river views. Meet 12:45 pm. 2 hrs. From West. Rt 28 Mashpee. Left at lights onto Orchard St. Take right on Quinaquisett. Immediate left onto Mashpee Neck Rd. Approx 1 mi. to marked parking on right. L Betty Donaghue (508-428-4679, bettyccfla@aol.com)

Thu., Oct. 9. Barnstable-Old Jail Conservation Area (C3C) -- Newly opened areas of conservation land contrast old footpaths through the woods. Meet at Old Jail Lane Conservation Land Parking Lot. Take exit 6 to Route 132 S 1.4 miles to lights at Phinney's Lane. Turn L. Go 1 mile and turn L onto Old Jail Lane. Go 0.5 miles to parking area on left. Meet at 9:45 AM. 2 hours. L Elissa Crowley (508-362-5062, e.crowley@verizon.net), CL Bill Zimmer

Thu., Oct. 16. Cotuit-Little River Sanctuary (C3D) -- Wooded walk with views of Eagle Pond. Meet promptly at 9:45 am. Car pool shuttle from parking area in front of Rite-Aid Pharmacy located at the intersection of Rte. 28 and Putnam Ave. in Cotuit. Two hours. L Farley Lewis (508-775-9168, farlewis@comcast.net)

Sat., Oct. 18. Barnstable-Sandy Neck (B3B) -- Hike along barrier beach to trail 4, returning along marsh trail. Mostly soft sand. Four hours, bring lunch. Meet at 9:45 AM. From Sandwich Rt. 6A across from Amari Restaurant turn north at Sandy Neck Rd. Follow to end, park in lower lot. L Elissa Crowley (508-362-5062, e.crowley@verizon.net)

Sun., Oct. 19. Sandwich-Lowell Holly (C3C) -- Scenic hike through beech and holly groves with lakefront shoreline. 2 hours. Meet at 12:45 am for 1 pm start. From rt 6 exit 4, south on Chase Rd, joins Great Hill Rd. 2 mi to stop sign, R on Farmersville Rd. 1/2 mi to L on Boardley Rd. 3/4 mi to L at stop sign on Cotuit Rd. 1/2 mile to small fenced lot on R. From south or off-Cape, call leader. L Heidi Moss (508-362-6440, mossheidi@hotmail.com)

Thu., Oct. 23. Harwich-Herring River (C3C) -- Meet at Sand Pond on Great Western Rd. at 9:45 am. Hike at Cranberry bog, Herring River and Herring run. 2 hours. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sat., Oct. 25. Provincetown-Herring Cove to tip of Cape (B3C) -- Park in the left corner of the left pkg lot of Herring Cove beach in Provincetown to hike back and forth over the dune and tidal flats until we get to Long Point (the tip of the cape). Views of Cape Cod Bay and Provincetown Harbor. Four hours. Meet 10:45 Bring lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Oct. 26. Bourne-Cataumet Greenway (C4C) -- Woodland walk which includes a working cranberry bogs. Hike begins at beautiful Scotch House Cove. Take Rt 151 west to lights at 28A. Turn right and go 1 mile to fork at County Rd (sign says "To Cataumet.") Go left on County 1 mile and take left at Shore Rd. Then take first left onto Red Brook Harbor Rd. Go 0.6 miles to parking on right at sign, "Bourne Conservation Trust." Meet 12:45, 2 hrs. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Thu., Oct. 30. Brewster - the Punkhorn (C3C) -- Wooded trails with views of Upper Mill Pond and Walkers Pond. Take Exit 9B off Rte 6 and go 2.0 miles. R on Satucket (which becomes Stony Brook Rd). After 3.0 mi R on Run Hill Rd. Go 1.3 mi to parking lot on left. 2 hours. Meet at 9:45. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sat., Nov. 1. Falmouth, Moraine Trail (A3B) -- Nine mile, 5-hour hike on moraine, woodlands. Meet Goodwill Park, Falmouth 9:30 to carpool to start at 9:45. From Mashpee rotary, take 151 W 3.4mi to L at Sandwich Rd. Go 3.7m to R on Brick Kiln; then 0.9m to L on Gifford. After 1.1m go R into Goodwill Pk and 0.3m to parking. If rain forecast call L. Bring lunch. L John Gould (508-540-5779, jhgould@comcast.net)

Sun., Nov. 2. 2 hikes for the price of 1 - Bourne Woodlands & Monks Pond --C Come explore these 2 new hikes in the Bourne area. Woodlands, marshes, ocean views, great company. Flat to rolling terrain. Short drive to the 2nd hike. Meet at the Leary Property Pkg lot. Apprx 1 1/2 miles from Bourne Rotary (RT 28 S) to R on Clay Pond Rd. At lights take R on County Rd. 8/10 mile to pkg on L. Meet 12:45pm for 1pm start. L Linda Church (508-495-1308, lchurch@whoi.edu)

Thu., Nov. 6. Barnstable-Bridge Creek Conservation (C3D) -- Flat terrain, cedar upland, maple swamp and salt marsh, bogs, stone walls. Meet at 9:45am. 2 hrs from exit 5 off Rte 6 North on Rt 149...park along grass triangle on immediate left beside West Parish Church. L Farley Lewis (508-775-9168, farlewis@comcast.net)

take exit 7B, Rte. 140 N 1.4 miles to Foxboro rotary. Go halfway around rotary, continue on Rte. 140 N for 1.2 miles to the Lake View Pavilion sign on left. Turn left at Lakeview Road and park in the Lake View Pavilion lot .3 mile on right. L Joanne Staniscia (508-528-6799 before 9 pm, joannes1@localnet.com)

Tue., Oct. 21. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details.

Thu., Oct. 23. Horseneck Beach, Westport, MA -- Walk the dunes of Horseneck Beach. See water birds, usually loons and others. Bring snack, water and lunch. Meet at 10:00 a.m. Directions: Rte. I-195, exit 10, go south on Rte. 88 to Horseneck. After crossing bridge over Westport River, turn right into boat launching area. May spot cars from there. L Rick McNally (508-636-7179 by 6 pm, rjmcnally@charter.net)

Sat., Oct. 25. Mt. Mooselauke (B3B) -- Come hike the 4,000 ft. "bald dome" dominating peak of the region between Franconia Notch and the Connecticut River which offers excellent views of the White Mtns. to the east. We'll be doing an interesting loop from the east side including a short side trip with unusual views from the South Peak. L Leslie Carson (508-833-8237, lcarson929@comcast.net), CL/R Babs Leland (babsleland@yahoo.com), (508-295-9745)

Tue., Oct. 28. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details

Thu., Oct. 30. Cliff Walk/Bellevue Ave, Newport, RI -- Meet at 10 a.m. at foot of Narragansett Ave facing the Cliff Walk. Park on street. Leisurely 3.5 mi. walk each way. 2/3 paved, 1/3 rocky walk behind Newport Mansions. Optional return by Bellevue Ave. to complete 7-mi. loop. Sturdy walking shoes required. Bring water, snack, and lunch or opt for seafood at local restaurant after hike. Call leader for carpool info. L Barbara Hathaway (508-880-7266, barb224@tmlp.com)

Tue., Nov. 4. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details

Thu., Nov. 6. Hale Reservation- 80 Carby St, Westwood, (B3C) -- Meet 10 a.m. at Cat Rock Parking Area. Moderate terrain 5-6 miles, wet spots possible. Bring water and lunch. Directions: Rte. 195/128, exit 16B, Rte. 109 to Westwood 1.1 mile to right on Dover Rd. 0.3 mi to right on Carby St. to Hale headquarters continue 0.4 mi to large parking area on left. L Art Hart (508-888-2847 9 to 9, ajayhart@verizon.net, NOTE:e-mail address may change)

Sat., Nov. 8. End to End, Blue Hills Skyline Trail (B3B) -- Join the Southeast Massachusetts Chapter for an end-to-end hike of the Blue Hills Skyline Trail. Stretching across the Blue Hills Reservation, this trail gives a hiker the sense that they are hiking through the wilderness, yet is never more than a few miles from the busy metropolitan area of Boston. This hike is part of the SEM Fall Hiking Series. L/R Jim Plouffe (508-586-1394 Between 5-9PM, jimplouffe@comcast.net), L Chris Pellegrini, CL Holly Makowsky

Tue., Nov. 11. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details

Thu., Nov. 13. Blue Hills (B3B) -- Meet 10 a.m. in first parking lot at Trailside museum for 3-4 hour hike in the Blue Hills. Bring lunch, water, sturdy footwear for rough terrain, poles helpful. L Elsie Laverty (508-823-0634, elavmca@tmlp.com)

Sat., Nov. 15. SEM Mount Monadnock Hike (B3B) -- The "Extra Late" version of the Right-of-Spring Hike, SEM will be climbing Mount Monadnock. This brings you to Monadnock State Park in New Hampshire and up one of the most climbed peaks in America (maybe even the world). We will be taking a challenging, yet doable (and quieter), trail up for a panoramic view of New Hampshire, Vermont and Massachusetts. This is part of the Fall Hiking Series of the SEM Chapter. L/R Jim Plouffe (508-586-1394 between 5-9PM, jimplouffe@comcast.net), CL Holly Makowsky

Tue., Nov. 18. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details.

Thu., Nov. 20. Halfway Pond, Plymouth -- Pretty forest loop walk around and between ponds near Myles Standish S.F. Bring snacks, water and lunch. Meet at 10:00 a.m. Directions: South Plymouth, Rte. 3, exit 3. Go SW for 0.2 miles, cross Long Pond Rd to Clark Rd, 0.4 miles to T end, turn left. Park across from Long Pond on right. L Don Savino (508-295-4562 before 9 pm, donaldsavino@comcast.net)

Tue., Nov. 25. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details.

Cape Cod Hikes

Chair – John Gould, 508-540-5779
capehikingchair@amcsem.org

Most Cape Hikes are "Show & Go..." For additional information, contact the trip Leader (L) or Co-Leader (CL) or visit <http://trips.outdoors.org>. (Set Committee to "Cape Hikes.")

Miles per Hike	Pace (MPH)	TerrainType
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 – 13	2 = fast (2)	B = strenuous
B = 5 – 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Thu., Sep. 11. Eastham Salt Pond visitors center to Coast Guard beach (C3C) -- Massachusetts, Cape Cod. Scenic walk at National Seashore; views of Nauset Marsh, Salt Pond and beach. Meet at 9:45 at far end of Salt Pond Visitor Center in Eastham, Rte 6. 2 hours. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sat., Sep. 13. Bourne-Four Ponds to Monk Cove (C3C) -- Three hour hike on Pine Trail to Monk Cove Trails with a short stop for nice ocean view of Tobys Island and Buzzards Bay. Route #28 to Barlows Landing Road to Bourne Four Ponds lot on right. Meet at 9:45 AM. Bring lunch. L Gary Miller (508-540-1857, garymaxx@verizon.net)

Sun., Sep. 14. Old Jail Lane, Barnstable (C3B) -- Walk along the moraine and connect to Old Jail Lane and Seabury Farm Conservation Lands. Start from 4 C's parking lot #7. From Rt 6 take exit 6 and go north on Rte. 132. Take first right into CC Community College and park in lot #7. Meet 12:45. Two hours. L Todd Kelley (508-945-9929, kellytrailblazer@yahoo.com)

Thu., Sep. 18. Truro, Ryder Beach (C3C) -- Beach, woodland trails, some hills with scenic views of Cape Cod Bay. From Rte 6, L on Prince Valley Rd. Go to end. R on County Rd. Immed. L on Ryder Beach Rd. Park at End. Meet 9:45 A.M. 2 hours. L Janet Kaiser, (508

Be there or be square!

2008 SEM Chapter Hut Night

Sept. 19th – 21st at the comfortable AMC Cold River Camp in New Hampshire's beautiful Evans Notch



Come join your fellow SEM members for a weekend of hiking, biking, and socializing at the AMC's full-service Cold River Camp in Chatham, NH

Cost is just \$110/per person for two nights in a comfortable bunkhouse, two dinners, two trail lunches, and wine and cheese receptions Fri. & Sat. nights!

Depending on participant interest, we're planning a variety of different hikes and bike rides starting Friday afternoon thru Sunday morning...

Carpooling options will be available.

To register, contact Wayne Anderson by Sept. 8th at 508/697-5289 (6:00-9:00 pm), or wanderson@mxcsi.com



Photos of AMC Cold River Camp by Bob Crane

2000 Mile Club/2008 Y-T-D



Our 2000 Mile Club has had a fantastic year. We gained 13 new members in 2007, nearly doubling our membership through 2006. We're looking forward to even greater participation in 2008.

Here are the mileage totals thru June 2008:

Louis Outor -	2,669
Leonard Leonardi -	2,417
Joe Tavilla -	2,398
Glenn Mathieu -	2,347
Gary Vacon -	2,219
Luca Marchi -	2,152
Jack Jacobsen -	1,894
Pam Patrick -	1,822
Larry Kornetsky -	1,452
Dan Egan -	1,649
Roger Scholl -	1,327
Linda Church -	1,288
Peter Ruprecht -	1,204
Paul Gareau -	1,107
Will Mason -	1,055
Paul Currier -	1,044
Bob Kennedy -	960
Lawton Gaines -	822
Ed Foster -	580

The SEM AMC 2000 Mile Club was founded by Jack Jacobsen, revived by Victor Oliver, and compiled by Paul Currier. Watch for our quarterly Breeze for mileage updates throughout the year.

FOR SALE: Kayak solo neoprene Hydra Horizon, 50 #, 14-ft. incl. paddles, pump, flotation, spray skirt. Gently used, \$375. Overhead garage storage rack, \$25. Wms. dry suit, \$10. 781-749-1067. Anita Franks, Hingham, 781-749-1067, afarmhills7@aol.com

NOTE: As a service to SEM members, space permitting, we'll include brief listings for appropriate gear or activities in the Breeze. Just send your listing to communicationschair@amcsem.org

Joe Keogh is the seventh SEM member to complete redlining the Blue Hills!

Congratulations to Joe Keogh, who completed hiking (and highlighting in red on his trail map) every trail in the Blue Hills Reservation on June 26th. This is quite an accomplishment and Joe is only the seventh member to have done so. You too can join the crowd on the chapter's Thursday night jaunts through the woods and hills of the Blue Hills. The group meets Thursday evenings through Daylight Savings Time. Contact Jim Plouffe for more information at 508-586-1394 or jimplouffe@comcast.net.



2009 ADK WINTER MOUNTAINEERING SCHOOL

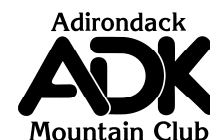
Want to learn new winter skills? Looking to expand your winter fun? ADK Winter Mountaineering School, based out of the ADK Loj, has been helping hikers expand their winter hiking and backpacking skills for over 50 snow and ice filled years. Come join the fun!

Weekend Day-Hiking Section: January 30th – February 2nd, Cost: \$340.00

Weekend Backpacking Section: January 30th – February 2nd, Cost: \$320.00

Combo Section (Day Hikes & 3 night backpack): January 30th – February 5th, Cost: \$390.00

For more information: www.winterschool.org or 518-523-3441



Hiking/Backpacking Activities

Chair – Wayne Anderson, 508-697-5289, hikingchair@amcsem.org

IMPORTANT: Hikers unsure of their ability should try only one level more difficult than previously completed. No pets without permission of trip Leader. Registration required for most trips. Hiking boots strongly recommended. For additional information or to register, contact the trip Registration leader (R), trip Leader (L) or co-Leader (CL). SEM Chapter trip updates are also available at <http://trips.outdoors.org>. Please also sign up for the SEM Short Notice E-Mail Trip List at www.amcsem.org.

Miles per Hike	Pace (MPH)	TerrainType
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Tue., Sep. 2. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Great exercise hiking strenuous terrain at a moderately fast pace. Lots of steep, rocky hills! Register for details; start time usually 7 a.m., hike goes most (not all) Tuesdays. Hiking boots required. Not for beginners or those who don't enjoy a faster pace. L Erika Bloom (508-951-1001 before 9 pm, erika.bloom@comcast.net)

Thu., Sep. 4. Red Line the Blue Hills (C3C) -- Entering into our third year, the SEM Chapter is again running the Red/Blue Line the Blue Hills Hiking Series. Join the regular and new crowd on our Thursday night jaunts through the woods and hills of the Blue Hills Reservation (Metro-Boston). We are marking our maps and attempting to hike every trail. We meet Thursday nights throughout Daylight Saving Time. Location and times vary every week. Contact our registrar for more information. L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Fred Wason, L Cheryl Lathrop, CL Kevin Mulligan, CL/R Holly Makowsky (Makowskyholly@yahoo.com)

Sat., Sep. 6. AT in Western Mass Series - Day Hike (B3C) -- Join us for the next and last section of the AT in Mass. hiking series in the Berkshires. We will hike on the AT from Pattison road in North Adams to the Mass/Vt. state line. This 8 mile exploratory hike will return on the Pine Cobble trail. Register by Aug. 31. Group sized limited to 10. L/R Dexter Robinson (dexsue@comcast.net), CL Walt Granda (Wlgranda@aol.com)

Tue., Sep. 9. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details

Thu., Sep. 11. Red Line the Blue Hills (C3C) – Please see Sep. 4 trip listing for details.

Tue., Sep. 16. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details.

Thu., Sep. 18. Red Line the Blue Hills (C3C) – Please see Sep. 4 trip listing for details.

Fri., Sep. 19-21. SEM Chapter Hut Night -- Come join us for a fun filled weekend of hiking and biking at Cold River Camp located in Evans Notch NH; "Journey back in time to this rustic, peaceful camp and enjoy abundant hiking, canoeing, and biking opportunities in the beautiful and undeveloped Evans Notch area of the White Mountain

National Forest". L/R Wayne Anderson (508-697-5289, wanderson@mxcsi.com), L Jim Plouffe (jimplouffe@comcast.net)

Tue., Sep. 23. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details

Thu., Sep. 25. Borderland State Park, Easton – 5- to 6-mile hike through woods, over ledges and around ponds in this beautiful park. Bring snacks, water and lunch. Meet at 10:00 a.m. Directions: From Rte. 24 or I-95 to Rte. 106 to Easton. North on Poquanticut Ave, left on Massapoag Ave to park entrance on right. \$2 parking fee. L Claire Braye (508-857-0320 before 9 pm, cbraye57@comcast.net)

Thu., Sep. 25. Red Line the Blue Hills (C3C) – Please see Sep. 4 trip listing for details.

Sat., Sep. 27-30. Mount Katahdin Backpack -- Trip will begin with a short day hike of the Gulf Hagas and Katahdin Iron Works areas while camping for the evening at a local campground. From here we'll drive to Baxter State Park for two nights of lean too camping at Chimney Pond and closing our stay with an evening at Roaring Brook. Day hiking will include Mount Katahdin, the Knife Edge, Pamola as well as Hamlin Peak. Experienced backpackers only., L/R Ken Jones (207 Walnut Street, Bridgewater, MA 02324, 508-697-0142 7-9 PM, lotsoluck@comcast.net), CL Jim Plouffe

Tue., Sep. 30. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details.

Thu., Oct. 2. Blue Hills Quarries, Quincy MA -- A 6-mile hike via the Quarries Footpath to the historic granite quarries. In and out, some low ledges to cross. Then to Rattlesnake Hill and back via the Green trail. Lunch along the way. Directions: Meet at Shea Rink at 10 a.m. From Rte. 93/128 exit 6, go north on Willard St 0.7 miles, parking on left. L Ellie MacPherson (508-224-6465, camell55@verizon.net)

Sat., Oct. 4-5. Third & Final MSGT Weekend Backpack (A3B) -- Third section of three weekend backpacks. Goal: to complete the third and final 18 mile section of the 50-mile long Monadnock Sunapee Greenway Trail (MSGT). Participants must be equipped to camp out overnight (tent, sleeping bag, etc and provide their own provisions for two days). Section starts at NH Rt.31 and continues North to Mt Sunapee ending at Rt 103. Reg. will be by phone only - deadline: Sept 27. Group size limited to 8. L/R Fred Wason (22 Stanson Drive, N. Attleboro, MA 02760, 508-699-7635 6-9pm), CL Dexter Robinson (781-294-8840, dexsue@comcast.net),

Tue., Oct. 7. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details.

Sat., Oct. 11. North and South Kinsmans (A3B) -- Join us for a 10 mile hike up to two 4,000 footers Columbus Day weekend. Enjoy spectacular fall views of Franconia Ridge and picturesque Kinsman Pond in the White Mountains. L/R Leslie Carson (64 Mill Road, East Sandwich, MA 02537, 508-833-8237 6-9 PM, lrcarson929@comcast.net), CL Kevin Mulligan (Kevin.Mulligan@Covidien.com),

Tue., Oct. 14. Tuesday Morning Weekly Blue Hills Hike (B2B) – Please see Sep. 2 trip listing for details.

Thu., Oct. 16. F. Gilbert Hills, S.F., Foxboro -- Beautiful hike approx. 7 miles through woods and over hills in fall colors. Bring water and lunch. Meet at 10:00 a.m. Directions: From I-95 N or S,