View from the Chair

By Mike Woessner

Well it’s been a fast two years. My term of office is winding down and I look forward to passing the torch. In November there will be a new chair and, for the first time in two years, a co-chair as well. Except for the Skiing and Membership Committee chairs (any volunteers?), our board is full. There are still committee co-chairs to fill and we are still seeking a webmaster. If you are interested in getting more active in your chapter, please contact one of the officers or just show up at any board meeting. See the dates and locations on page 2 of the Breeze.

I’ve truly enjoyed serving as the chapter chair. I have had an excellent group of people to work with. There have been lots of fun times and I’ve been honored to represent the Southeastern Massachusetts Chapter at clubwide events and meetings. Some of the highlights included having lunch with Andy Falender and several AMC Board of Directors of the AMC at the Annual Meeting in January and giving a brief presentation of our chapter to the AMC President, Executive Officer and Board of Directors this past May at Joy St.

I also had the opportunity and the honor to meet Brad Washburn and his wife before he past away, and to attend the memorial service for Fred Stott, one of the original Huts Men and author of the book; Seventy Years With the AMC. We were honored to have Fred as a guest speaker at one of our Chapter Annual Meetings several years ago.

The pinnacle of my tenure was having our chapter host the clubwide Spring Gathering this past April. While organizing this successful event consumed much time and effort by many chapter members, it also turned out to be a lot of fun. I still receive compliments from AMCers who attended SG2008 both on how well organized the event was and how much fun they had.

So, even as I bid farewell as Chapter Chair, I’m still going to stick around and help out the new Board where I can as Past Chapter Chair. It’s a great group of people that I enjoy being around and working with.

I hope to see a good number of SEM chapter members at our upcoming SEM Annual Meeting and Dinner at the Johnson and Wales Inn in Seekonk on November 1st. (We’re hoping for better weather this year than the near-hurricane that kept so many from attending last year’s annual meeting…). This is your chance to cast your vote for the SEM’s new board, vote on a few bylaw changes, enjoy a wonderful buffet dinner, and see what promises to be a fascinating presentation by our guest speaker, Jok Wieu Ngor, a Lost Boy of the Sudan (see page 3 for more information and registration details).

We’re also trying something a little different for this year’s Annual Chapter Hut Night. Instead of one of our regular New Hampshire destinations, we’ve reserved the quiet and peaceful AMC Cold Water Camp in New Hampshire’s remote Evans Notch September 19th-21st (see page 5 for details). Hope to see you there!

Mike
The Appalachian Mountain Club Southeastern Massachusetts Chapter

Chapter includes approx. 3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts. 2020 Executive Board

Chapter Chair - Mike Woozoomer, chair@amcsem.org 508/577-8497  
Vice Chair - 0492*  
Treasurer - Claire Grode, treasurer@amcsem.org 508/695-8000  
Secretary - Joe Convey, secretary@amcsem.org 508/720-2968  
Biking - Joe Tavola, bikingchair@amcsem.org 508/426-6807  
Canoe/Kayak - Robert Zani, paddlingchair@amcsem.org 508/430-1414  
Climbing - John Gold, jgoldclimb@amcsem.org 508/540-5175  
Communications - Paul Miller, communicationschair@amcsem.org 508/695-8445  
Conservation - Paul You, conservationchair@amcsem.org 508/696-0967  
Education - Hugh Morrow, education@amcsem.org 508/428-2604  
Hiking Chair - Wayne Andrews, hikingchair@amcsem.org 508/697-9265  
Membership - Kathy Slow, membershipchair@amcsem.org 508/624-0879  
Skiing - 0492*  
Trails - Bill Fred, trailschair@amcsem.org 508/938-3947  
Webmaster* - Suzanne Piche, webmaster@amcsem.org

*Please contact Mike Woozoomer if you are interested in volunteering for any open SEM volunteer positions. We’re also looking for a new Webmaster.

The Southeast Breeze, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published four times per year as a service to the Chapter’s members. SEM members are encouraged to submit letters, articles, photos, and artwork, but materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Paul Miller, 169 So. Washington St., No. Attleboro, MA 02700. Digital submissions are preferred, and can be e-mailed to communicationschair@amcsem.org. Articles will be edited for length, typographical errors, and clarity.

HAVE YOU MOVED? Please send your change of address information to: AMC, 5 Joy St., Boston, MA 02108

NON-SEM AMC MEMBERS who wish to receive the quarterly “Southeastern Breeze” newsletter should send a $10.00 check made out to “AMC SEM” to: Claire Grode, ATTN: Non-Member Breeze Subscription, 240 County Rd., Bourne, MA 02532. Please be sure to provide your mailing address if it’s not on the check.

Our SEM Short Notice E-Mail Trip List is a great way to find out about late-breaking Chapter activities that might not appear in either the Breeze newsletter or the AMC Outdoors magazine. If you haven’t signed up for the e-mail list yet, just visit www.amcsem.org

Kayak Paddles

Chair – Robert Zani, 508-430-1914, paddlingchair@amcsem.org

For information on SEM canoe and kayak trips, please check AMC Outdoors, visit www.amcsem.org, or use the AMC online trip listing system: http://amconline.org (set Committee to “canoe/kayak” and select Chapter to “Southeastern Massachusetts”).

NOTE: Approved life vests required for all paddles. Spray skirts may also be required. Check with leader in advance.

Wed., Sep. 3, Long Pond, Harwich – 10:30 am. This is a nice leisurely six mile paddle with lunch at the east end of the pond. Put-in: Exit 10 off exit 6 on R 124. Right on Long Pond Drive to L at town beach. Limitations: Life vest required. Spray skirt may be required if winds pick up. L Robert Zani (508-430-1414, rcza@comcast.net), CL Lorraine Frederickson (508-432-1832)

Sat., Sep. 6, Oyster, Chatham – 10:30am: Put-in: From 28 on Queen Anne Rd to Pond St to Stage Harbor Rd to public beach on R. Limitations: PFD required. Spray skirts may be required. L Peter Selig (508-432-7665, pandmselig@hotmail.com)

Wed., Sep. 10, North River, Hanover – Exit 12 off Rte. in Marshfield R 139 W 40 Rd to R to R 53 N at lights and L at lights on R 53 onto Broadway to the fork and bear L onto Elm St 0.5 mi to Indian Head Dr.Shuttle to take out. L Art Hart (781-762-5251, ajhart@verizon.net)

Sat., Sep. 13, Leader’s Choice – Call or email for information. L Ed Foster (508-420-7245, erfoster@comcast.net)


Sat., Sep. 20, Leader’s Choice – Call or email for information. L Robert Zani (508-430-1914, rcza@comcast.net)

Wed., Sep. 24, Hen Cove, Pocasset – 9:00 am. Pocasset, Hen Cove to Bassett’s Island. Put-in: From Rte. 28 take Barlow Landing Sign (Sign says “Pocasset”) on Neck. At second set of lights turn left on Shore Road. Turn right on Cedar Point Drive and go to end. Limitations: PFD required. L Nancy Wigley (508-548-2362 Before 9:00pm, nwigley@verizon.net)

Sat., Sep. 27, Chase Garden Creek, Yarmouth Port – 9:00 am: Put-in: Take exit 6 N from Rte 6, across Rte 6A, bear L onto Center Street at Cemetery and continue to the parking lot at end. NOTE: THE TIME IS 9:00 AM. Limitations: PFD required. L Jean Orcer (508-362-0451, janoicer@aol.com), CL Paul Corriveau (508-362-0451, janoicer@aol.com)

Wed., Oct. 1, Boutonadcook Creek, Eastham – 10:30: Put-in: Rock Harbor Road from Orleans Rotary to R onto Bridge Road. Then straight onto Bayview to town landing. Limitations: PFD required. L Joanna Snyder (508-240-6113, jomaccaro@earthlink.net), CL Bob Zani (508-430-1914, rcza@comcast.net)

Sat., Oct. 4, Leader’s Choice – 10:30. Put-in: Call for information Limitations: Life vest required, spray skirt may be required. L Robert Zani (508-430-1914, rcza@comcast.net)


Sat., Oct. 11, Shoestring and Popponesset Bays – Call for information. L Louise Foster (508-420-7245)

Wed., Oct. 15, Centerville River – 10:30: Put-in: From rte 28 in Center take Old Stage Rd. S. Runs into Main St. R at So Main St at light to L on Haywood Rd to town way to water. Limitations: Life vest required, spray skirt may be required. L Bill Fischer (508-428-4137, wmbacharls@comcast.net)

Sat., Oct. 18, Leader’s Choice – 10:30. Put-in: Call for information. Limitations: Life vest required, spray skirt may be required. L Ed Foster (508-420-7245, erfoster@comcast.net)


Sat., Oct. 25, Leader’s Choice – 10:30. Put-in: Call for information. Limitations: Life vest required, spray skirt may be required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Oct. 29, Bass River North, Yarmouth – 10:30. We will go north and if the tides oblige make our way into Mill Pond. Probably a nice paddle. Put-in: Exit 9 on R 8 to 8 on R 134. Sharp R on Upper County Road and L bear onto Highlands to the Wilbur Park put in on the L just after crossing over the Bass River. Limitations: Life vest required. Spray skirts may be required depending on conditions. L Jean Orcer (508-362-0451, janoicer@aol.com), CL Paul Corriveau (508-362-0451, janoicer@aol.com)

Trails

Chair – Bill Ruel, 508/838-3841, trailschair@amcsem.org  
Co-Chair – Lou Sikorsky, 508/678-3984, hikinglou@charter.net

For information on SEM trailwork activities and trips, please contact either Bill Ruel or Lou Sikorsky (contact information above).

Sat., Sep. 27, Blue Hills Trail work – “Get out, get dirty, give back.” Join a work party of volunteers from SEM and Friends of the Blue Hills to perform trail maintenance in the Blue Hills Reservation. Beginners welcome. About 3 hours of work. L Dexter Robinson (dexter@comcast.net), R Dexter Robinson (781-294-8840 7-9:30am, dexter@comcast.net)

Education

Chair – Hagit Movorman, 508-238-9364, education@amcsem.org

Sat., & Sun. Sep. 6-7th –20-21st Wilderness First Aid Training – Borderland State Park, Easton, MA. Here’s the opportunity for SEM members and leaders to earn or renew their Wilderness First Aid Certification. Contact Hagit Movorman (508-238-9364, education@amcsem.org) for registration information. Leader scholarships may be available.
Sat., Nov. 8. Sandwich-Maple Swamp to Burntshole Conservation (B3J) – An adventure hike from Sandwich to Burntshole on mountain bike trails and dirt roads. Many hills, some steep grades, 4 hrs, bring lunch. Meet at 9:45 am at the end point and shuttle cars to the start. From Rte 6 exit 5 turn south on rt 149. Take quick R on Service Rd, park under powerlines on left. L Heidi Moss (508-630-8699 at 9pm, mossheid1@verizon.net)

Sun., Nov. 9. Race Point Jeep Road (C3C) – Hike via the Race Point Jeep road to various dune schacks and back via the beach. Hike will take 3 hours. meet at 12:45 at Race Point Beach at upper parking lot. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Nov. 13. Brewster, Nickerson State Park (C3C) – Wooded trails over slightly hilly terraine, with pond views. Rte 6 to Rte 6A Brewster. Enter main entrance at Nickerson, continue straight to first left, Flax Pond Road, follow to end and park near boat ramp on Cliff Pond. Meet at 9:45 a.m. 2 hours. L Janet Kaiser (508-432 3277, jtkaiser@comcast.net)

Sat., Nov. 15. Wellfleet, Great Pond to Cedar Swamp (B3C) – Nice wooded walk (some hills)to Marconi Cedar Swamp boardwalk with stop at Duck Pond on return. Meet at 9:45; bring lunch: 3 1/2 hours. From Rte 6 in Wellfleet take R on Cohoon Hollow Rd approx 1 1/2 miles to parking lot on left at Great Pond. L Pat Sarantis (508-430-9863, edipond@comcast.net)

Sun., Nov. 16. East Falmouth-Mashpee, Quashnet River (C3C) – Walk in upland woods alongside pretty stream, from Mashpee rotary, Rte 28N to Falmouth 2.1 miles, take R on Martins Rd to parking area. 2 hours. Meet 12:45. I rain forecast call L L John Gould (508-540-7779, jhgould@comcast.net)

Thu., Nov. 20. Harwich-Hawk’s Nest State Park (C3C) – Exit Rt. 6 at Exit 11. Head west on Spruce Street opposite off ramp. Go approximately 1/2 mile and park on left side of the road. Meet at 9:45. Two hours. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sat., Nov. 22. Provincetown, Stroll Road Dunes (C3C) – Meet at 10:45 a.m. (this time is correct) at the Stroll Road Trailhead on Route 6 at east end of Provincetown. Explore Provincetown dunes, see historic dune shacks, cranberry bogs, and spectacular 360 views as we hike up and down 2 miles to the ocean and then back. Hike could take 3 hours. Bring lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Nov. 23. Mashpee River Woodlands, West (C4C) – Spectacular water view from high point, foot paths and cartways through pine and oak woods. A couple of hills. From Mashpee rotary Rte 28 west: at first right turn onto Quinquaquit. It’s a "stone’s throw" to marked parking on right. If parking on road, police request tires off pavement. Meet 12:45. 2 hrs. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sat., Nov. 29. Yarmouth, Town Greens, Stoneham (F3C) – Hike through the three ponds area. Meet at 12:45. From Rte 6 exit 8S Reserve the date. Christmas Potluck Supper at Pam Carter’s 16 Driftwood Lane, So. Yarmouth. (Call 508-398-2605 for directions). Hike first in the three ponds area. Meet at 12:45. From Rte 6 exit 8S to R at 2nd traffic light onto Old Townhouse Rd L on West Yarmouth Rd. Go about 1 mi to pk on side of road. L Janet DiMattia (508-394-9664, jandimattia@verizon.net)

Sun., Dec. 14. Yarmouth Postfall Party and Hike (C3C) – Reserve the date: Christmas Postfall Supper at Pam Carter’s 16 Driftwood Lane, So. Yarmouth. (Call 508-398-2605 for directions). Hike first in the three ponds area. Meet at 12:45. From Rte 6 exit 8S to R at 2nd traffic light onto Old Townhouse Rd L on West Yarmouth Rd. Go about 1 mi to pk on side of road. L Janet DiMattia (508-394-9664, jandimattia@verizon.net)

Note: for additional SEM bike rides, please check AMC Outdoors, visit www.amcsem.org, or use the AMC online trip listing system http://trips.outdoors.org (set the Committee to “Biking,” and the Chapter to “Southeastern Massachusetts”), or sign up for the SEM Short Notice trip list at www.amcsem.org

Tue., Sep. 2. 2008 Tuesday Rides on Cape Cod – Road (22 miles) and/or mountain (10 miles) biking. Contact ride leader for details and start time/location. Intermediate pace, variable terrain. L L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Sep. 6. Mayflower Triathlon – Well ride the 30-mile course of the Mayflower Triathlon at Plymouth Rock and add the Plymouth waterfront to the loop. This is a hilly ride, come prepared. Not a race, we'll ride at an intermediate pace. L Jon Foutz (508-982-1855 8:00AM-8:00PM, jfotter@cyber-dynamic.com)

Mon., Sep. 22. Sayonara to Summer - Autumnal Equinox Ride – 22 mile ride over flat/rolling terrain at an intermediate pace. Ride includes beaches, marshes, lighthouses, and more on the ocean and bay. And, of course, just another fabulous sunset on Skaket Beach. 4:30PM start from Skaket Beach in Orleans. Registration recommended. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Oct. 4. Cranberry Country Ride – A flat 37 mile route through the beautiful cranberry bog area of Carver, Rochester, Middleboro and Lakeville. Lunch stop at Eastover Farms in Rochester. L Jack Jacobson (508-353-3708 8:00AM-8:00PM, cyclejac351@yahoo.com)

Tue., Oct. 7. First Tuesday Road Cycling – A 22 mile ride over flat/rolling/hilly terrain at an intermediate pace. Ride north to include several Cape Cod Bay beaches such as Harbor View, Corporation, and Chapin, and the most awesome climb up to and into Scargo Tower if desired. 2:00PM start from Town Hall Parking lot on Main St. in So. Dennis. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Nov. 1. Apple Cider and Pie Ride – A nice 35 mile ride through Tiverton and Little Compton with nice views of the Westport River, Rhode Island Sound, Fogland Beach and the Sakonnet River. Free cider and pie at the end of the ride. L Jack Jacobson (508-353-3708 8:00AM-8:00PM, cyclejac351@yahoo.com)

Sat., Nov. 4. First Tuesday Road Cycling – A 22 ride over hilly terrain at an intermediate pace. Start at 2:00 PM from RR bridge parking lot on the Cape Cod Canal in Buzzards Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Bike Rides

Chair – Joe Tavilla, biketchair@amcsem.org, 508-428-6887
NOTE: Approved helmets, water bottles, and spare tires required. If start time and location are not indicated, contact ride leader (L).

NOTE: Approved helmets, water bottles, and spare tires required. If start time and location are not indicated, contact ride leader (L).

You're invited…

2008 AMC SEM ANNUAL MEETING
November 1, 2008 at Johnson & Wales Inn

The Steps We Take…

Meet new friends or reconnect with longtime hiking, biking, or paddling partners! Come enjoy a 3-course dinner & inspirational speaker, cast your vote for the 2009 SEM Board, and celebrate our 2008 accomplishments.

Where: Johnson & Wales Inn, 213 Taunton Ave (routes 114A and 44), Seekonk, MA
Time: Saturday, November 1, 2008
Cost: $20 per person for registrations received on or before Wednesday, October 1st $30 per person for registrations received after Wednesday, October 1st

Register online today at www.amcsem.org or mail your check made payable to SEM AMC to: Claire Goode, 240 County Road, Bourne, MA 02532.
If you have any questions please contact Holly Makowsky (phone 619-817-9454 and/or makowskwholly@yahoo.com).

Please also see page 4 for to review both the AMC SEM 2009 Slate of Officers plus two proposed changes to the SEM Chapter bylaws that we’ll be voting upon at the Annual Meeting…

Agenda:
5:00 pm Happy Hour (cash bar open throughout the evening)
5:30 pm Business Meeting (including election of 2009 Board and By-Law Changes)
6:15 pm 3-course Buffet Dinner (including ham, seafood & vegetarian entrees)
7:00 pm Volunteer recognition awards
7:15 pm Guest Speaker: Jok Wieu Ngor, a Lost Boy of the Sudan

After losing his family in the 2nd Sudanese Civil War, Jok joined a group of other “lost boys” to make the three month trek across the desert from Sudan to the safety of Ethiopia. Jok’s presentation, “The Steps We Take”, will be about his journey from Sudan to Ethiopia.
Proposed by-law changes to be voted on at the SEM annual meeting

1. The Board of Directors proposes to change our current by laws as follows:
   That the last sentence in Article Four, Section 2A of our current By-Law which reads: "Two months before the Annual Meeting, the Chapter Chairperson shall appoint two auditors to audit the Chapter books and the committee books.
   To read: The Treasurer will submit the Chapter’s financial books for audit annually to the Club.
   The consensus for this change was that the Appalachian Mountain Club headquarters requires us to submit our books for audit at the end of each calendar year. They perform the audit and send a report back to the Chapter Board of directors. Thus, for us to do an internal chapter audit was redundant.
   This change requires a two-thirds vote by the membership at the annual meeting.

2. The Board of Directors proposes to add a position of PAST CHAPTER CHAIR to the SEM Executive Board. The duties would be as follows: The Past Chapter Chair shall serve on the Board to maintain continuity of programs and serve as a resource of past practices. S/he shall assume duties and responsibilities as may be delegated by the Chapter Chairperson and/ or Executive Board.
   The consensus for this addition to the Board was that, in the past, there was little continuity of programs and practices within the Chapter. This proposal has been approved to aid the Board and help with chapter activities. This change requires a two-thirds vote by the membership at the annual meeting.

Respectfully submitted,
Michael Woessner
Chair, Appalachian Mountain Club
Southeastern Massachusetts Chapter

SEM AMC Slate of Officers for 2009

<table>
<thead>
<tr>
<th>Chair</th>
<th>Wayne Anderson</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vice-Chair</td>
<td>Claire Goode</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Leslie Carson</td>
</tr>
<tr>
<td>Membership</td>
<td>OPEN</td>
</tr>
<tr>
<td>Secretary</td>
<td>Holly Makowsky</td>
</tr>
<tr>
<td>Communications</td>
<td>Cheryl Lathrop</td>
</tr>
<tr>
<td>Conservation</td>
<td>Fred Yost</td>
</tr>
<tr>
<td>Education</td>
<td>Hagit Moverman</td>
</tr>
<tr>
<td>Hiking</td>
<td>Jim Plouffe</td>
</tr>
<tr>
<td>Cape Hikes</td>
<td>John Gould</td>
</tr>
<tr>
<td>Paddling</td>
<td>Bill Fischer</td>
</tr>
<tr>
<td>Trails</td>
<td>Bill Ruehl</td>
</tr>
<tr>
<td>Cycling</td>
<td>Joe Tavilla</td>
</tr>
<tr>
<td>XC-Skiing</td>
<td>OPEN</td>
</tr>
</tbody>
</table>

SEM AMC Slate of Officers for 2009 to be voted upon at Annual Meeting:

Sat., Sep. 20. Truro Longnook Beach, Bearberry Hill (BSC) -- Several spectacular views as we hike N to old Air Force Station, S to Higgins Hollow, then on to Bearberry Hill. Meet at 9:45; bring lunch; 4 hours. From Rte 6 to Truro R on Longnook Rd (left at junction) to beach parking lot at the end. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sun., Sep. 22. Mashpee South Cape Beach (CSC) -- Flat hike through woods for 2 miles, then 2 miles on sandy peninsula. From Mashpee, take Great Neck Rd S to left on Great Oak Rd. Follow to town beach pkg. Meet at 12:45. 2 hours. L Gary Miller (508-586-1837, Garymaxx@verizon.net)

Thu., Sep. 25. Chatham, National Wildlife Refuge Center Monomoy (CMC) -- Meet at National Wildlife Refuge Center on Morris Island at 9:45 am. Hike to Stage Harbor opening and return. 2 hours. L Peter Selig (508-432-7656, pmacleod@hotmail.com)

Sat., Sep. 27. Duck Harbor, Bound Brook Island, Lumbard & Paradise Hallowes (BB/BB) -- Start on a glacial tombolo to the drumlins and kames of Bound Brook Island. Visit the Arwood-Higgins House and go on to the hollows of the most glacially complicated area on Cape Cod! Rd to W to Wellfleet Center L F on Commercial St. to Chequessett Neck Rd. Follow to Great Island parking lot and go R to Duck Harbor Rd. to end. Meet (at 9:45am. Bring lunch. 4 hours. L Todd Kelley (508-945-9297, kelleyblazer@yahoo.com)

Sun., Sep. 28. Benjamin Nye Trail, Sandwich (C4C) -- Working cranberry bogs, Talbot point, enchanting red pine forest, Scorton Creek, Hoxie Pond, Fish Hatchery and Game from bygone days. From RI 6A take Exit 4 (Chas Rd) and turn R toward Newfound Rd. Go about 1/2 mile and take R on County Rd. One mile to parking lot on left across from Sandwich Grange Hall. Meet 12:45, 2 hrs. L Nancy Wigley (508-548-2362, nwigley@verizon.net)

Thu., Oct. 2. Dennis-Crowe to Crowe Loop (C3C) -- 2 hr hike on parks, beach, and quiet roads. Meet 9:45. From Rte 6 take exit 9 onto Rte 134 north to Rte 6A. Take R on 6A then L onto School St. then R onto South St. to lot at end on right past cemetery. L Maria Sylvester (508-385-4045, sylvester_maria@hotmail.com)

Sun., Oct. 5. Mashpee - Mashpee Woodlands East (C3C) -- Varied terrain: woods, hills, river views. Meet 12:45 pm. 2 hrs. From West. Rte 28 Mashpee. L left at lights onto Orchard St. Take right on Quinsaquid; Immediate left onto Mashpee Neck Rd. Approx 1 mi. to marked parking on right. L Betty Donaghe (508-428-4679, bettycefla@aol.com)

Thu., Oct. 9. Barnstable-Old Jail Conservation Area (C3C) -- Newly opened areas of conservation land contain 2 new hikes in the Bourne area. Woodlands, marsh, ocean views, great company. Flat to rolling terrain. Short drive to the 2nd hike. Meet at the Leary Property pkg lot. Approx 1 1/2 miles from Bourne Rotary (RT 28 S) to R on Clay Pond Rd. L at parking lot on left. Hike to sign "Bourne Conservation Trust". Meet 12:45, 2 hrs. L Nancy Wigley (508-548-2362, nwigley@verizon.net)

Thu., Oct. 20. Brewster - the Puckhorn (C4C) -- Wooded trails with views of Upper Mill Pond and Walker’s Pond. Take Exit 90 E RT 6 east and go 2.6 miles. On Ballou’s Pond Rot. (a great spot to park and take a picnic next to the pond). Meet 9:45 AM. Bring lunch. 2 hours. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sat., Nov. 1. Falmouth, Moraine Trail (AB) -- Nine mile, five-hour hike on moraine, woodlands. Meet Goodwill Park, Falmouth 9:30 to carpool to start at 9:45. From Mashpee rotary, take 151 W 3.4 mi to L at Sandwich Rd. Go 0.75 mi to R on Brick Kiln; then go L at 0.9 mi to Onset Rotary where R on Great Oak Rd. 0.3 mi to R on Onset Rd; R 0.25 mi to parking lot. If rain forecast call L. Bring lunch. L. John Gould (508-540-5779, jhgould@comcast.net)

Sun., Nov. 2. 2 hikes for the price of 1 - Bourne Woodlands & Monomoy Island (AB) -- Two 9 mile hikes on beautiful cranberry bogs, woods and beaches.

Sat., Oct. 18. Barnstable-Sandy Neck (B3C) -- Hike along barrier beach returning along marsh trail. Mostly soft sand. Four hours. Meet at 9:45. Bring lunch. L Elissa Crowley (508-562-5062, ecrowley@verizon.net)

Sun., Oct. 19. Sandwich-Lowell Holly (C3C) -- Scenic hike through bogs and holly groves with lakefront shoreline. 2 hours. Meet at 12:45 am for 1 pm start. From Rte 6 exit 4, south on Chase Rd, joins Great Hill Rd 2. mi to sign stop, R on Farmerville Rd, 1.2 mi to L on Bondry Rd. 0.5 mi to L at stop sign on Cotuit Rd. 0.5 mi to small fenced parking lot. From Cotuit go south on Little River Rd, flat tail falls. L Heidi Moss (508-562-6440, mosmossi@hotmail.com)

Thu., Oct. 23. Harwich-Herring River (C3C) -- Meet at Sand Pond on Great Western Rd at 9:45 am. Hike at Cranberry bog, Herring River and Herring Run 2 hrs. L Peter Selig (508-432-7656, pmacleod@hotmail.com)

Sun., Oct. 24. Bourne-Cataumet Greenway (C4C) -- Woodland walk which includes a working cranberry bog. Hikes begin at beautiful Scotch House Cove. Take Rte 151 west to lights at 28A. Turn right and go 1 mi to S on County Rd sign says "To Cataumet." Go left on County 1 mile and take left at Shore Rd. Then take first left onto Red Brook Harbor Rd. Go 0.6 miles to parking on right. Park in front of "Bourne Conservation Trust." Meet 12:45. Hike 2 hrs. L Nancy Wigley (508-548-2362, nwigley@verizon.net)

Sun., Oct. 25. Bourne-Cataumet Greenway --C Come explore these 2 new hikes in the Bourne area. Trailhead: Hikes to Monks Pond --C Come explore these 2 new hikes in the Bourne area.

For registration information, contact: Hagit Moverman by e-mail dmoverman@comcast.net or phone 508 238 9264 (evenings).
(To be sure to ask about WFA scholarships for qualified SEM trip leaders)

SEM AMC Slate of Officers for 2009

<table>
<thead>
<tr>
<th>Chair</th>
<th>Wayne Anderson</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vice-Chair</td>
<td>Claire Goode</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Leslie Carson</td>
</tr>
<tr>
<td>Membership</td>
<td>OPEN</td>
</tr>
<tr>
<td>Secretary</td>
<td>Holly Makowsky</td>
</tr>
<tr>
<td>Communications</td>
<td>Cheryl Lathrop</td>
</tr>
<tr>
<td>Conservation</td>
<td>Fred Yost</td>
</tr>
<tr>
<td>Education</td>
<td>Hagit Moverman</td>
</tr>
<tr>
<td>Hiking</td>
<td>Jim Plouffe</td>
</tr>
<tr>
<td>Cape Hikes</td>
<td>John Gould</td>
</tr>
<tr>
<td>Paddling</td>
<td>Bill Fischer</td>
</tr>
<tr>
<td>Trails</td>
<td>Bill Ruehl</td>
</tr>
<tr>
<td>Cycling</td>
<td>Joe Tavilla</td>
</tr>
<tr>
<td>XC-Skiing</td>
<td>OPEN</td>
</tr>
</tbody>
</table>

It's still not too late to register...

SEM Wilderness First Aid Course

September 6-7th, 2008
Borderland State Park, MA

By Elissa Crowley, (508-562-5062, ecrowley@verizon.net)

Meeting at Borderland State Park in the Easton, MA.

Registration is still available for this course.

For more information, please visit our website at: www.sem.org

Contact: Hagit Moverman by e-mail dmoverman@comcast.net or phone 508 238 9264 (evenings).
(To be sure to ask about WFA scholarships for qualified SEM trip leaders)
take exit 7B, Rte. 140 N 1.4 miles to Fossoro rotary. Go halfway around rotary, continue on Rte. 140 N for 1.2 miles to the Lake View Pavilion sign on left. Turn left at Lakeview Road and park in the Lakeview Pavilion lot. 3 mile on right, L. Joanne Stanisica (508-528-6799 before 9 pm, joanne31@localnet.com)

Tue., Oct. 21. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details.

Thu., Oct. 23. Horsemere Beach, Westport, MA -- Walk the dunes of Horsemere Beach. See water birds, usually loons and others. Bring snack, water, and lunch. Meet at 10:00 a.m. Directions: Rte. 1-195, exit 10, go south on Rte. 88 to Horsemere. After crossing bridge over Westport River, turn right into boat launching area. May spot cars from there. L. Rick McNally (508-636-7719 by 6 pm, rickmally@charter.net)

Sat., Oct. 25. Mt. Mooselauke (B3B) -- Come hike the 4,000 ft. "bald dome" dominating the peak of the region between Franconia Notch and the Connecticut River which offers excellent views of the White Mtns. to the east. We'll be doing an interesting loop from the east side including a short side trip with unusual views from the South Peak. L. Leslie Carson (508-833-8237, ltcarson929@comcast.net), CL/R Babs Savino (508-295-4562 before 9 pm, donaldsavino@comcast.net)

Tue., Oct. 28. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details.

Thu., Oct. 30. Cliff Walk/Bellevue Ave, Newport, RI -- Meet at 10 a.m. at foot of Narragansett Ave facing the Cliff Walk. Park on street. Leisurely 3.5 mi. walk each way. 2-3 paved, 1/3 rocky walk behind Newport Mansions. Optional return by Bellevue Ave. to complete 7. mi. loop. Sturdy walking shoes required. Bring water, snack, and lunch or opt for seafood at local restaurant after hike. Call leader for carpool info. L. Barbara Hathaway (508-880-7266, barb224@tmlp.com)

Thu., Nov. 6. Hale Reservation-80 Carby St, Westwood, (B3C) -- Meet 10 a.m. at Cat Rock Parking Area. Moderate terrain 5-6 miles, wet spots possible. Bring water and lunch. Directions: Rte. 195/128, exit 16B, Rte. 109 to Westwood 1.1 mile to right on Dover Rd. 0.3 mi to right on Carby St. Hike headquarters continue 0.4 mi to large parking area on left. L. Art Hart (508-888-2847 9 to 9, ajeyhart@verizon.net, NOTE:e-mail address may change)

Sat., Nov. 8. End to End, Blue Hills Skyline Trail (B3B) -- Join the Southeast Massachusetts Chapter for an end-to-end hike of the Blue Hills Skyline Trail. Stretching across the Blue Hills Reservation, this trail gives a hiker the sense that they are hiking through the wilderness, yet is never more than a few miles from the busy metropolitan area of Boston. This hike is part of the SEM Fall Hiking Series. L/R Jim Plouffe (508-586-1394 Between 5-9PM, jimplouffe@comcast.net), L. Chris Pellegrini, C. Holly Makowsky

Tue., Nov. 11. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details.

Thu., Nov. 13. Blue Hills (B3B) -- Meet 10 a.m. in first parking lot at Trailside museum for 3-4 hour hike in the Blue Hills. Bring lunch, water, sturdy footwear for rough terrain, poles helpful. L. Elsie Lavytery (508-823-0634, elivm@mlap.com)

Sat., Nov. 15. SEM Mount Monadnock Hike (B3B) -- The "Extra Late" version of the Right-of-Spring hike, SEM will be climbing Mount Monadnock. This brings you to Monadnock State Park in New Hampshire and up one of the most climbed peaks in America (maybe even the world). We will be taking a challenging, yet doable (and quiet), trail up for a panoramic view of New Hampshire, Vermont and Massachusetts. This is part of the Fall Hiking Series of the SEM Chapter. L/R Jim Plouffe (508-586-1394 Between 5-9PM, jimplouffe@comcast.net), CL Holly Makowsky

Tue., Nov. 18. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details.

Thu., Nov. 20. Halfway Pond, Plymouth -- Pretty forest loop walk around and between ponds near Myles Standish S.F. Bring snacks, water and lunch. Meet at 10:00 a.m. Directions: South Plymouth, Rte. 3, exit 3. Go SW for 0.2 miles, cross Long Pond Rd to Clark Rd, 0.4 miles to T end, turn left. Park across from Long Pond on right. L. Don Savino (508-295-4562 before 9 pm, donaldsavino@comcast.net)

Tue., Nov. 25. Tuesday Morning Weekly Blue Hills Hike (B2B) -- Please see Sep. 2 trip listing for details.

Cape Cod Hikes
Chair – John Gould, 508-540-5779 capehikingchair@amcsem.org

Most Cape Hikes are “Show & Go…” For additional information, contact the trip Leader (L) or Co-Leader (C1) or visit http://trips.outdoors.org (Set Committee to “Cape Hikes.”)

### Miles per Hike

<table>
<thead>
<tr>
<th>Miles per Hike</th>
<th>Pace (MPH)</th>
<th>TerrainType</th>
</tr>
</thead>
<tbody>
<tr>
<td>AA = 13+</td>
<td>1 = very fast (2.5)</td>
<td>A = very strenuous</td>
</tr>
<tr>
<td>A = 9 – 13</td>
<td>2 = fast (2)</td>
<td>B = strenuous</td>
</tr>
<tr>
<td>B = 5 – 8</td>
<td>3 = moderate</td>
<td>C = average</td>
</tr>
<tr>
<td>E = &lt;5</td>
<td>4 = leisurely</td>
<td>D = easy</td>
</tr>
</tbody>
</table>

Thu., Nov. 11. Eastham Salt Pond visitors center to Coast Guard beach (C3C) -- Massachusetts, Cape Cod. Scenic walk at National Seashore; views of Nauset Marsh, Salt Pond and beach. Meet at 9:45 at far end of Salt Pond Visitor Center in Eastham, Rte 6. 2 hours. L. Pat Sarantis (508-430-9965, ediepondl@hotmail.com)

Sat., Nov. 13. Bourne-Four Ponds to Monk Cove (C3C) -- Three hour hike on Pine Trail to Monk Cove Trails with a short stop for nice ocean view of Toby's Island and Buzzards Bay. Route 528 to Barlows Landing Road to Bourne Four Ponds lot on right. Meet at 9:45 AM. Bring lunch. L. Gary Miller (508-540-1857, gaymaxx@verizon.net)

Sun., Nov. 14. Old Jail Lane, Barlows Landing (C3B) -- Walk along the moraine and continue to Old Jail Lane and Seabury Farm Conservation Lands. Start from 4 C's parking lot #7. From Rt 6 take exit 7B, go north on Rte 132. Take first right into CC Community Conservation Lands. Start from 4 C's parking lot #7. From Rt 6 take exit 7B, go north on Rte 132. Take first right into CC Community College and park in lot #7. Meet 12:45. Two hours. L. Todd Kelley (508-945-9929, kelleytrailblazer@yahoo.com)

Thu., Nov. 18. Truro, Ryder Beach (C3C) -- Beach, woodland trails, some hills with scenic views of Cape Cod Bay. From Rte 6, L on Prince Valley Rd. Go to end. R on County Rd. Immed. L on Ryder Beach Rd. Park at End. Meet 9:45 AM. 2 hours. L. Janet Kaiser, (508-295-8742)

Cost is just $110/per person for two nights in a comfortable bunkhouse, two dinners, two trail lunches, and wine and cheese receptions Fri. & Sat. nights!

Depending on participant interest, we’re planning a variety of different hikes and bike rides starting Friday afternoon through Sunday morning…

Carpooling options will be available.

To register, contact Wayne Anderson by Sept. 8th at 508/697-5289 (6:00-9:00 pm), or wanderson@mxcsi.com
Joe Keogh is the seventh SEM member to complete reeding the Blue Hills!

Congratulations to Joe Keogh, who completed hiking (and highlighting in red on his trail map) every trail in the Blue Hills Reservation on June 28th. This is quite an accomplishment and Joe is only the seventh member to have done so. You too can join the crowd on the chapter’s Thursday night jaunts through the woods and hills of the Blue Hills. The group meets Thursday evenings through Daylight Savings Time. Contact Jim Plouffe for more information at 508-586-1394 or jimplouffe@comcast.net.

## Hiking/Backpacking Activities

### 2000 ADK Winter Mountaineering School

Want to learn new winter skills? Looking to expand your winter fun? ADK Winter Mountaineering School, based out of the Blue Hills section of the Blue Ridge Mountains, has been helping hikers expand their winter hiking and backpacking skills for over 50 snow and ice filled years. Come join the fun!

**Day Hiking Section:**
- **January 30th – February 2nd, Cost**: $320.00
- **March 6th – 8th, Cost**: $320.00

**Combo Section (Day Hikes & 3 night backpack):**
- **January 30th – February 5th, Cost**: $390.00

For more information: www.winterschool.org or kmulligan@comcast.net

### 2009 ADK Winter Mountaineering School

Congratulations to Joe Keogh, who completed hiking (and highlighting in red on his trail map) every trail in the Blue Hills Reservation on June 28th. This is quite an accomplishment and Joe is only the seventh member to have done so. You too can join the crowd on the chapter’s Thursday night jaunts through the woods and hills of the Blue Hills. The group meets Thursday evenings through Daylight Savings Time. Contact Jim Plouffe for more information at 508-586-1394 or jimplouffe@comcast.net.

**Miles per Hike**

**Pace (MPH)**

**TerrainType**

| AA | 1 | Very fast (2.5) | A = very strenuous |
| A + 9 | 13 | 2 | fast (2) | B = strenuous |
| B + 5 | 8 | 3 | moderate | C = average |
| C + 0 | 5 | 4 | leisurely | D = easy |

**Thursday, Sep. 2, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Great exercise hiking strenuous terrain at a moderately fast pace. Lots of steep, rocky hills! Register for details, start time usually 7 a.m., hike goes most (not all) Tuesdays. Hiking boots required. For beginners or those who don’t enjoy a faster pace. Erika Bloom (508-951-1001 before 9 p.m, erika.bloom@comcast.net).

**Saturday, Sep. 4, Red Line the Blue Hills (C3C):**
Entering into our third year, the SEM Chapter is again running the Red Line/Blue Line the Blue Hills Hiking Series. Join the regular and new crowd on our Thursday night jaunts through the woods and hills of the Blue Hills Reservation (Metro-Boston). We are marking our maps and attempting to hike every trail. We meet Thursday nights throughout Daylight Saving Time. Location and times vary every week. Contact our registrar for more information. L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Fred Watson, J Cheryl Lathrop, CL Kevin Mulligan, CL/R Holly Makowsky (MakowskyHolly@yahoo.com).

**Saturday, Sep. 6, AT in Western Mass Series – Day Hike (B3C):**
Join us for the next AT hiking series in the Berkshires. We will hike on the AT from Patterson Road in North Adams to the Mass/Vt. state line. This is a fun, fast-paced trail. All hikes are approximately 12-15 miles long. Contact Kevin Mulligan (Kevin.Mulligan@Covidien.com), CL Jim Plouffe (508-224-6465, camel55@verizon.net).

**Saturday, Sep. 9, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Please see Sep. 2 trip listing for details.

**Thursday, Sep. 11, Red Line the Blue Hills (C3C):**
Please see Sep. 4 trip listing for details.

**Saturday, Sep. 13, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Please see Sep. 2 trip listing for details.

**Thursday, Sep. 18, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Please see Sep. 2 trip listing for details.

**Thursday, Sep. 25, Borderland State Park, Easton – 5-6 mile hike through woods, over ledges and around ponds in this beautiful park. Bring snacks, water and lunch. Meet at 10.00 a.m. Directions: From Rt. 24 or I-95 to Rt. 106 to Easton. North on Poquoscut Ave, left on Masapouge Ave to park entrance on right. 52 parking fee. L Claire Brayze (508-857-0320 before 9 p.m, cbreyze57@comcast.net).

**Thursday, Sep. 25, Red Line the Blue Hills (C3C):**
Please see Sep. 4 trip listing for details.

**Saturday, Sep. 27-30, Mount Katahdin Backpack – Trip will begin with a short day hike of the Gulf Hagas and Katahdin Iron Works areas while camping for the evening at a local campground. From here we drive to Baxter State Park for two nights of lean to camping at Chimney Pond and closing our stay with an evening at Roaring Brook. Day hiking will include Mount Katahdin, the Knife Edge, and Katahdin. For more information contact Paul Currier, communicationschair@amcsem.org.

**Tuesday, Oct. 1, 2009 ADK WINTER MOUNTAINEERING SCHOOL:**
Want to learn new winter skills? Looking to expand your winter fun? ADK Winter Mountaineering School, based out of the ADK Loj, has been helping hikers expand their winter hiking and backpacking skills for over 50 snow and ice filled years. Come join the fun!

**Day Hiking Section:**
- **January 30th – February 2nd, Cost**: $340.00
- **February 9th – 11th, Cost**: $340.00
- **February 16th – 18th, Cost**: $340.00
- **February 23rd – 25th, Cost**: $340.00

**Combo Section (Day Hikes & 3 night backpack):**
- **January 30th – February 5th, Cost**: $390.00

For more information: www.winterschool.org or kmulligan@comcast.net.

**Thursday, Oct 2, Blue Hills Quaryies, Quincy MA – A 6-mile hike via the Quarries Footpath to the historic granite quarries. In and out, some low ledges to cross. Then to Rattlesnake Hill and back via the Green trail. Lunch along the way. Directions: Meet at Shea Rink at 10 a.m. From Rt. 90/128 exit 6, go north on Wolland St 0.7 miles, parking on left. L Ellie MacPherson (508-224-6465, camel55@verizon.net).

**Saturday, Oct. 3, Borderland State Park, Easton – 5-6 mile hike through woods, over ledges and around ponds in this beautiful park. Bring snacks, water and lunch. Meet at 10.00 a.m. Directions: From Rt. 24 or I-95 to Rt. 106 to Easton. North on Poquoscut Ave, left on Masapouge Ave to park entrance on right. 52 parking fee. L Claire Brayze (508-857-0320 before 9 p.m, cbreyze57@comcast.net).

**Thursday, Oct. 1, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Please see Sep. 2 trip listing for details.

**Saturday, Oct. 3, Sunday Morning Blue Hills Hike (B2B):**
Please see Sep. 4 trip listing for details.

**Sunday, Oct. 4, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Please see Sep. 2 trip listing for details.

**Saturday, Oct. 10, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Please see Sep. 2 trip listing for details.

**Sunday, Oct. 11, North and South Kinsmans (A3B):**
Join us for a 10 mile hike to the 4,000 footers Columbus Day weekend. Enjoy spectacular fall views of Franconia Ridge and picturesque Kinsman Pond in the White Mountains. L/R Leslie Carson (64 Mill Road, East Sandwich, MA 02537, 508-353-8237 at 6-9 PM, hcarson8929@comcast.net), CL Kevin Mulligan (Kevin.Mulligan@Covidien.com).

**Sunday, Oct. 14, Tuesday Morning Weekly Blue Hills Hike (B2B):**
Please see Sep. 2 trip listing for details.

**Sunday, Oct. 16, F. Gilbert Hills, S.F., Foxboro – Beautiful hike approx. 7 miles through woods and over hills in fall colors. Bring water and lunch. Meet at 10:00 a.m. Directions: From I-95 N or S,