View from the Chair
By Mike Woessner

Happy Spring everyone!

Speaking of Spring, hopefully you have heard that our SEM Chapter is hosting the Appalachian Mountain Club’s clubwide meeting on April 18-20th.

We’ve selected the South Shore YMCA Outdoor Education & Conference Center (Camp Burgess) in Sandwich as the site for AMC Spring Gathering 2008. This wonderful facility is nestled between two beautiful kettle ponds on the Cape. We will have full use of the camp: its ponds for paddling, trails for hiking and walks, and a great climbing wall. Camp Burgess accommodations feature heated bunk cabins with attached flush toilets and hot showers!

This is our opportunity to highlight our Chapter and the many natural treasures of Cape Cod. We will be leading several hikes, on- and off-road bikes, and both pond and open water paddles. Other highlights include a tour of historic Nobska Lighthouse and the world-famous Woods Hole Oceanographic Institute, plus entertainment by a local Barbershop Quartet on Saturday night.

Representatives from our local Spring Gathering sponsors, EMS, REI, and LL Bean, will be on hand to give us a personal preview of all the latest spring and summer gear.

For early arrivals on Friday night, there will be a BYOB social with complimentary cheese and crackers. People can mingle by a roaring fire or attend our first ever “AMC Jeopardy,” hosted by our very own thru-hiker Joe Courcy. Alex Trebec’s got nothing over Joe!

So save the dates April 18 thru the 20th. Better yet, visit www.amcsem.org today for an updated schedule or to register using our secure PayPal mechanism. I’d like to take this opportunity to thank Wayne Anderson, Jim and Aleta Plouffe, Paul Miller, and Fred Yost for promoting this event at the AMC’s Annual Meeting in Danvers on January 26th. They spent many hours in preparation and manning the table in the exhibition Hall talking to members and answering questions.

I hope to see all of you at the gathering. This will be a great chance to enjoy the Cape and mix and mingle with fellow “Appi’s” from Washington DC to Maine.

Hope to see you on the Cape in April!

Mike.
Spring 2008 Events Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
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<tbody>
<tr>
<td>Mar. 5th</td>
<td>Hike Planning Meeting</td>
<td>UU Church, Main St., Middleboro</td>
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<tr>
<td>Mar. 12th</td>
<td>SEM Board Meeting</td>
<td>Bourne Community Center</td>
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<tr>
<td>Apr. 18-20th</td>
<td>AMC Spring Gathering</td>
<td>YMCA Camp Burgess, Sandwich</td>
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<td>May 3rd</td>
<td>SEM Leader Training</td>
<td>Borderland State Park, Easton</td>
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<tr>
<td>May 14th</td>
<td>SEM Board Meeting</td>
<td>Bourne Community Center</td>
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AMC Activity Participation Policy

AMC encourages involvement in its mission and activities through its membership, programs, policies and procedures. Our goal is to be a community that is comfortable, inviting and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. You may preview this waiver form on the chapter website at www.amcsem.org/pdf/waiverform.pdf.

Stay A Week in the Maine Woods and Save –

The AMC’s Medawisla Wilderness Camps and Little Lyford Pond Camps, set in the remote beauty of the Moosehead Lake region, offer a serene retreat for AMC members and other outdoor enthusiasts year-round. Plan a weeklong vacation and save up to 20%. Enjoy Nordic skiing and snowshoeing in winter, fly-fishing in spring, and summer paddling, hiking, and wildlife watching. AMC’s newest camps offer sporting camp hospitality, private cabins, a comfortable lodge, and backdoor access to some of the region’s most.

Visit www.outdoors.org/summerguide for details.

The Appalachian Mountain Club
Southeastern Massachusetts Chapter

Chapter includes app. 3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

2007 Executive Board

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
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<th>Phone</th>
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<tbody>
<tr>
<td>Chapter Chair</td>
<td>Mike Woessner</td>
<td><a href="mailto:chair@amcsem.org">chair@amcsem.org</a></td>
<td>508/577-4879</td>
</tr>
<tr>
<td>Vice Chair</td>
<td>OPEN*</td>
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<tr>
<td>Treasurer</td>
<td>Claire Goode</td>
<td><a href="mailto:treasurer@amcsem.org">treasurer@amcsem.org</a></td>
<td>508/759-7362</td>
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<td>Secretary</td>
<td>Joe Courcy</td>
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<td>508/272-6781</td>
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<tr>
<td>Biking</td>
<td>Joe Ravilla</td>
<td><a href="mailto:bikingchair@amcsem.org">bikingchair@amcsem.org</a></td>
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</tr>
<tr>
<td>Canoe/Kayak</td>
<td>Robert Harmony</td>
<td><a href="mailto:paddlingchair@amcsem.org">paddlingchair@amcsem.org</a></td>
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<tr>
<td>Cape Hiking</td>
<td>John Gould</td>
<td><a href="mailto:capehikingchair@amcsem.org">capehikingchair@amcsem.org</a></td>
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<tr>
<td>Conservation</td>
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<td>508/699-9305</td>
</tr>
<tr>
<td>Education</td>
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<td><a href="mailto:education@amcsem.org">education@amcsem.org</a></td>
<td>508/823-9264</td>
</tr>
<tr>
<td>Hiking Chair</td>
<td>Wayne Anderson</td>
<td><a href="mailto:hikingchair@amcsem.org">hikingchair@amcsem.org</a></td>
<td>508/697-5289</td>
</tr>
<tr>
<td>Membership</td>
<td>Kathy Shaw</td>
<td><a href="mailto:membershipchair@amcsem.org">membershipchair@amcsem.org</a></td>
<td>508/524-0879</td>
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<tr>
<td>Skiing</td>
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<tr>
<td>Trails</td>
<td>Bill Ruel</td>
<td><a href="mailto:trailschair@amcsem.org">trailschair@amcsem.org</a></td>
<td>781/589-3321</td>
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<tr>
<td>Webmaster</td>
<td>Susanne Piche</td>
<td><a href="mailto:webmaster@amcsem.org">webmaster@amcsem.org</a></td>
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*Please contact Mike Woessner if you are interested in volunteering for any open SEM volunteer positions.

The Southeast Breeze, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published four times per year as a service to the Chapter’s members. SEM members are encouraged to submit letters, articles, photos, and artwork, but materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Paul Miller, 169 So. Washington St., No. Attleboro, MA 02760. Digital submissions are preferred, and can be e-mailed to: communicationschair@amcsem.org. Articles will be edited for length, typographical errors, and clarity.

HAVE YOU MOVED? Please send your change of address information to: AMC, 5 Joy St. Boston, MA 02108

NON-SEM AMC MEMBERS who wish to receive the quarterly Southeast Breeze newsletter should send a $10.00 check made out to “AMC SEM” to: Claire Goode, ATT: Non-Member Breeze Subscription, 240 County Rd., Bourne, MA 02532. Please be sure to provide your mailing address if it’s not on the check.

Our SEM Short Notice E-Mail Trip List is a great way to find out about late-breaking Chapter activities that might not appear in either the Breeze newsletter or the AMC Outdoors magazine. If you haven’t signed up for the e-mail list yet, just visit www.amcsem.org
What could be better than springtime on Cape Cod?

AMC Spring Gathering
April 18-20, 2008

YMCA South Shore Outdoor Education Center
Sandwich, Massachusetts

Hosted by the Southeastern Massachusetts Chapter

Come join us for a weekend of hiking, biking (on- and off-road), and kayaking on beautiful Cape Cod. Other available activities include a tour of historic Nobska Light, a visit to the world-famous Woods Hole Oceanographic Institute, an outdoor climbing wall, and canoeing right on our own pristine pond.

Choice of accommodations includes comfortable heated cabins or tent platforms on site, plus several cozy nearby motels.

Registration information:
- **Weekend cabin package - $150.00/pp**
  (includes registration; bunk in heated cabin for two nights; breakfast, lunch, dinner & entertainment on Sat.; plus Sun. breakfast)
- **Weekend tentsite package - $100.00/pp**
  (includes registration; tentsite for two nights; breakfast, lunch, dinner & entertainment on Sat.; plus Sun. breakfast)
- **Weekend registration only - $15.00/pp**
- **Light dinner on Fri. plus other meals also available separately**

Register online today at [www.amcsem.org](http://www.amcsem.org) or contact Claire Goode at 508/759-7362 (5-9 PM) or cctgoode@comcast.net.

The YMCA South Shore Education Center is nestled on more than 300 acres of Cape Cod woodland with three sparkling ponds. Hearty meals and live, local entertainment will be available in the spacious, fireplaced dining hall. Also be sure to check out all the latest gear on display from **EMS, REI, and LL Bean**.
I Thought I'd Try a Winter Hike!
by Cheryl Lathrop

First, it's off to SEM's winter hiking workshop for classroom instruction. I'm gung ho, so I go out and buy Sorels and snowshoes. Next comes the training hike in the Blue Hills. This winter backpack sure is heavy, but the hiking is lots of fun, so I register for the first real winter hike up in New Hampshire.

As the date approaches, the thought of hiking in snow and ice becomes too scary, and I un-register myself. Sigh. Then spring comes and I do the spring, summer, and fall hikes. And, guess what, it's now winter, and the winter hiking series is here again. What to do?

SEM holds yet another winter hiking workshop and training hike. And, here it is again, that first real hike up a real mountain. It's 2008. I'm determined to do it this time. I don't have crampons so I go to EMS where the clerk opens the box and demonstrates how they work. I get scared, not of the sharp points, but of the ice I'd be walking on. I practically run out of the store. No crampons that day. Sigh. Now I'm thinking of un-registering again.

Am I gonna do this winter hike—or not? Yes, I am! OK, back to the store. I go to REI with my Sorels, sit on the floor, put them on, and try on all the crampons. It takes forever, but I do buy crampons this time (even though I'm still scared).

Lot's of living room practice: lie on back, put on Sorels, put on crampons, take off crampons. Again and again. I think I've got it!

Decide I need snowshoe practice. Having mastered the living room part, I go outside and walk parallel lines in the backyard until all the snow is flattened. Yup, breaking-trail in the suburbs!

On hike day, I arrive at the trailhead. I'm still scared, but the leaders are encouraging, so off we go. It's a beautiful day, with lots of fresh snow.

We try hiking in our boots, but it's difficult, so we put on our snowshoes. Us newbies are slow, but my living room practice pays off and at least I'm not the slowest. Now we can really hike, so up we go. Straight up! Gravity is my foe making me use muscles never used before.

We encounter one steep place that can't be hiked. So, as a magician pulls a rabbit outta his hat, the leader pulls rope outta his pack. One end gets tied at the top, and we pull ourselves up hand-over-hand. Scary, but exciting! These leaders are prepared for anything!

We reach the top, lunch standing up, and the ever-prepared leaders distribute "summit chocolate." That's winter hiking, only short stops and no sitting. And separation breaks in the deep snow? Let's just say we girls wished we were boys!

Now, time to descend. The trail's steep and narrow, so we don our crampons. Again, us newbies are slow, but with my living room crampon practice, I'm not the slowest. Leaders position themselves at strategic points and coach us down the mountain.

I love winter hiking! Gorgeous winter-wonderland scenery. Un-crowded trails. Great views. One leader asked if I was doing ok, and another hiker said, "She hasn't stopped smiling all day." I was also teased about yelling "woo-hoo" as I slid down the hills. Sometimes gravity is your friend!

Am I still scared? Nope! Proper equipment and experienced leaders make winter hiking safe and fun. Am I registered for the next winter hike? You bet! I wouldn't miss it.
SEM Leader Profile:
Jim & Aleta Plouffe, Hiking Leaders

Jim and Aleta Plouffe are two of SEM's newest and youngest leaders. They first showed up at a Thursday night Red Line the Blue Hills (RLBH) hike in June 2006. They were quiet, at first, but, they were clearly good hikers with a love of the outdoors. At the end of the season, the group was asked if anyone would help register the RLBH attendees for the next year, and Jim volunteered. Jim ended up being RLBH registrar, cartographer, and co-leader all at once. And they both started co-leading other hikes. Soon they both became leaders, Jim is now vice chair of the Hiking Committee. At the end of this article, you'll see what Aleta is busy doing!

We asked Jim and Aleta how they came to be involved in the AMC, and why they decided to become leaders.

Q: What made you two show up on that first Thursday night RLBH hike?

Jim & Aleta: We used to hike the Blue Hills together for exercise and to be together away from the TV. Then we joined the AMC. When we got our first Breeze, we saw the RLBH weekly hike listings and thought the Thursday evening hikes would be an excellent way to begin AMC hiking.

Q: Why do you hike?

Jim & Aleta: We started to hike for exercise and fresh air. Now we hike for exercise, seeing friends, making new friends, communing with nature, and seeing new places that you can only reach on foot. Jim: I also like the adventure and challenge of the more advanced hikes.

Q: What is your personal payback for leading?

Jim: I enjoy leading others into challenges they are capable of, but wouldn't attempt otherwise.

Aleta: I became a leader after Jim did. We started this hiking adventure together, so it was the next natural step.

Q: Do you have a favorite hike or hiking story?

Jim: My most memorable AMC hike was the two-night backpack at Mount Greylock State Reservation. It was a cold wintry weekend in the teens, but we cooked a group meal and stood around the campfire talking until bedtime. The next day we hiked the entire day and came back to an even better campfire.

Aleta: I remember the first time we tried to hike up Mt. Lafayette, Lincoln, and Little Haystack. With only a 20% chance of showers, we headed up Little Haystack. Off in the distance we heard thunder, but we trekked on. At the top, it was raining and freezing, and there was no way we could make it across the ridge, so we turned back. Half way down the mountain, we got stuck in a lightning storm and had to wait it out, soaking wet, under a rock outcropping. It was fun, and one of these days we may actually finish the trail!

Hiking is a family affair for the Plouffe's. John and Mary, Jim's parents, regularly attend Thursday night RLBH hikes, as well as other hikes. And Jim's sister, Louisa, her husband, and their 2-year-old son Elyas (in a baby backpack) come occasionally.

When asked if anything was planned for the spring, both leaders started to smile. You see, Sean Michael is due in May! The happy parents-to-be already have a baby backpack so he can hike with them this summer. And the Plouffe's famous spare bedroom used for hiking equipment, the so-called "hiking room"? Well, we know what's going to happen to that now!
**Hiking/Backpacking Activities**

Chair – Wayne Anderson, 508-697-5289, hikingchair@amcsem.org

**IMPORTANT:** Hikers unsure of their ability should try only one level more difficult than previously completed. No pets without permission of trip Leader. Registration required for most trips. Hiking boots strongly recommended. For additional information or to register, contact the trip Registration leader (R), trip Leader (L) or co-Leader (CL). SEM Chapter trip updates are also available at http://trips.outdoors.org. Please also sign up for the SEM Short Notice E-Mail Trip List at www.amcsem.org.

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<td>A = 9 - 13</td>
<td>2 = fast (2)</td>
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<td>D = easy</td>
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Mar. 4-May 27. Tues. Morning Weekly Blue Hills Hike (B2B) – Great exercise hiking strenuous terrain at a moderately fast pace. Lots of steep, rocky hills! Register for details; start time usually 7 AM, hike goes most (not all) Tuesdays. Hiking boots required. Not for beginners or those who don’t enjoy a faster pace. L Erica Bloom (508-951-1001 before 9 pm, erika.bloom@comcast.net)

Sat., Mar. 1. Winter Snowshoe Hike #4 – Intermediate/Advanced. Leaders choose condition dependent. Participant interest to determine (1)Day hike option to Kearsarge North or (2) Overnight hike option to Flat Mountain Pond area. L Steve Tulip (508-977-4863, Stulip2005@comcast.net), CL/R Jim Plouffe (508 586-1394 6 – 9 PM, jplouffe@comcast.net), CL Aleta Plouffe

Thu., Mar. 6. Myles Standish SF, S Carver (B3C) – 5-6 mi hike around East Head Reservoir and lower section of Bentley Loop. Short stop for snack. Meet at Ranger Station in South Carver at 10 AM. From Rt 495 exit 2, north on Tremont St to South Carver, turn right on Cranberry Rd, follow signs. L Ellie MacPherson, 508-224-6465, camell55@verizon.net. L/R Ellie MacPherson, 508-224-6465, camell55@verizon.net

Sat., Mar. 8-9. Mts. Liberty and Flume Backpack (A3B) – We’ll hike up Liberty (4459 ft) and set up camp on Franconia Ridge, just below the summit, then hike over to Flume (4328 ft.). Great views from both summits. Elev. gain 3700 feet. Full winter gear required. L/R Robin Melalavlainmelalavlin@rcn.com or 617.780.5362; CL/Aleta Plouffe
dexsue@comcast.net

Thu., Mar. 13. Moose Hill Hike (B3C) – Meet 10 a.m. at main parking lot for app. 5 mile hike through bogs and woods of Audubon Sanctuary. Bring lunch, water. Directions, check massaudubon.org. L/R Elsie Laverty (508-823-0634, elavmca@tmlp.com)

Sat., Mar. 15-16. Winter Hike Series Hike #4: Carter Notch – The last of the series will bring us to Carter Notch Hut for one night. We will summit Carter Dome and Mt Hight, a strenuous hike with excellent views to Mt Washington. L/R Wayne Anderson (wanderson@mxcsi.com), L Dexter Robinson (dexsue@comcast.net), CL Ken Jones (lotsoluck@comcast.net), CL Jim Plouffe (jimplouffe@comcast.net)

Thu., Mar. 20. Crooked River Hike, Wareham (C3C) – Pretty 5 mi hike along marshes, forest, tidal estuaries, ocean. Meet at 10 AM. From I-195 exit 21 to Rt 28 S, to Main St, around small park to Wareham center, left on Rt 6 E, over bridge, right fork onto Narrows Rd, right on Indian Neck Rd, continue to left on Crooked River Rd, parking 100 yards from corner by side of road. Leader: Don Savino, 508-295-4062, donsavino@webtv.net

Thu., Mar. 27. Turkey Hill, Whitney & Thayer Woods, Cohasset (B3C) – About 6 miles from Weir River farm to Holly grove and woods. Meet at 10 AM in smaller parking lot. Bring lunch. Directions: From Rt 3 exit 14, Rt 228 north for 6.5 mi, turn right on Rt 3A, go 0.5 mi, parking lot on right. Leader: Ellie MacPherson, 508-224-6465, camell55@verizon.net

Thu., Apr. 3. Borderland SP, Easton (B3C) – 5 to 6 mile hike through woods, over ledges and around ponds in this beautiful park. Meet at 10 AM. Bring lunch. Directions: From Rt24 or I-95 to Rt 106 to Easton, N on Poquanticut Ave, left on Massapoag Ave to park entrance on right, $2 parking fee. Leader: Claire Brayne, 508-857-0320, cbraye57@comcast.net

Thu., Apr. 10. Hike Quitticus (B3C) – Hike along the shore of Big Quitticus, part of the New Bedford Waterworks. Meet at 10 a.m. at intersection of Rt. 105 and North St. for 3-4 hour walk. Bring lunch, water, sturdy shoes. Rain cancels. From 495 take exit 4 (Rt. 105). Follow 105 south to the intersection with North St. Arrive early for car spotting. L/R Elsie Laverty (508-823-0634, elavmca@tmlp.com)

Thu., Apr. 10. Red/Blue Line the Blue Hills – Join us on our Thursday night jaunts through the Blue Hills Reservation as we attempt to hike every trail and mark them on our maps. Contact registrar for more info. L/R Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Fred Wason (fwason@verizon.net), CL Cheryl Lathrop (cheryl4698@verizon.net), CL Holly Makowsky (Makowskyholly@yahoo.com)

Sat., Apr. 12. Blue Hills True End-to-End Skyline Trail (A3B) – An opportunity to traverse the "entire" Blue Hills Skyline Trail from the west end near Royal St. to the east end at Shear Rink on this annual day long hike. An excellent conditioning hike, not for beginners. L/R Dexter Robinson (dexsue@comcast.net), CL Chris & Bill Pellegrini (chrispellegrini@yahoo.com)

Thu., Apr. 17. Blue Hills, Breakneck Ridge (C3B) – 4.5 mi rocky, rugged and hilly loop over Breakneck Ledge, Border and Wildcat Notch paths(see www.mass.gov/dcr), meet at 10 AM in Houghton’s Pond lot, upper end, close to headquarters. Bring snack and water. Directions: Rt 93/128 exit 3, N to stop sign, R on Hillside St to large lot on R. L Ellie MacPherson (508-224-6465, camell55@verizon.net)

Thu., Apr. 17. Red/Blue Line the Blue Hills – Please see April 10th listing for hike details and registration info.

Thu., Apr. 24. Red/Blue Line the Blue Hills – Please see April 10th listing for hike details and registration info.

Thu., Apr. 24. Blackstone River Valley Nat. Heritage, Uxbridge, (B3C) – Meet at River Bend Farm Visitor Ctr, 10 AM, 287 Oak St, Uxbridge MA. Hike to Lookout Rock and along the Blackstone River, 5 to 6 mi. Bring snack, wear boots. I-495 exit 17, right on 140
North to S Milford, left on Hartford E Ave, right on Providence St to Main St, Mendon. West Rt 16, right on Oak St to Visitor Ctr. L/R Ellie MacPherson, 508-224-6465, cannell55@verizon.net.

Thu., May. 1. Red/Blue Line the Blue Hills  Please see April 10th listing for hike details and registration info

Thu., May. 8. Red/Blue Line the Blue Hills – Please see April 10th listing for hike details and registration info. jimplouffe@comcast.net

Thu., May. 15. Red/Blue Line the Blue Hills – Please see April 10th listing for hike details and registration info. jimplouffe@comcast.net

Thu., May. 22. Red/Blue Line the Blue Hills – Please see April 10th listing for hike details and registration info. jimplouffe@comcast.net

Sat., May 24-26. AT in Western Mass. Backpack (AA3B) – Join us for the next and final section of the AT in Mass. series - Outlook Covering 21 miles with two overnights. Previous backpacking experience required. Register by May 10. Group size limited to 8. L/R Dexter Robinson (dexsue@comcast.net), CL Leslie Carson (ltcarson929@comcast.net)

Thu., May. 29. Red/Blue Line the Blue Hills – Please see April 10th listing for hike details and registration info.

Thu., Jun. 5. Red/Blue Line the Blue Hills – Please see April 10th listing for hike details and registration info. jimplouffe@comcast.net

Cape Cod Hikes

Chair – John Gould, 508-540-5779
capehikingchair@acmescm.org

Most Cape Hikes are “Show & Go…” For additional information, contact the trip Leader (L) or Co-Leader (CL) or visit http://trips.outdoors.org. (Set Committee to “Cape Hikes.”)

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Sat., Mar. 1. Nickerson State Park (B2B) – Hike/Snowshoe Trip, 3 Hrs. Call Leader for specifics. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sun., Mar. 2. Truro- High Head Sand Dune Walk (C3C) – Meet at 12:45 pm at High Head Rd., as far as you can drive in toward the bike trail. We will hike over dunes and continue on the beach, weather permitting. If high winds, we will walk the bikepath to Pilgrim Spring and beyond. If snow, call leader. L Nancy Braun (508-487-4004, nancytruoro@comcast.net)

Thu., Mar. 6. Barnstable-Old Jail Conservation Area (C3C) – Newly opened areas of conservation land contrast old footpaths through the woods. Meet at Old Jail Lane Conservation Land Parking Lot. Take exit 6 to Route 132 S 1.4 miles to fights at Pinney’s Lane. Turn L. Go 1 mile and turn L onto Old Jail Lane. Go 0.5 miles to parking area on left. Meet at 9:45 AM. 2 hours. L Elissa Crowley (508-362-5062 call before 9 PM, e.crowley@verizon.net)

Sat., Mar. 8. Wellfleet-Griffin & Bound Brook Islands (B3C) – Walk along marsh to upland woodlands to Duck Harbor and Bound Brook. Spectacular bay views. From Rte 6 E to Wellfleet Center, L on Commercial St. becomes Kendrick Rd becomes Chequessett Neck Rd. to Great Island pkg lot. Meet 9:45. Four hours. Bring lunch. Bad weather? Check with Co-leader. L Janet DiMattia (508-394-9064, jandimattia@verizon.net), CL Todd Kelley (508-945-9929, kelleytrailblazer@yahoo.com)

Sun., Mar. 9. Harwich Hawkins State Park (C3C) – Hike on dirt roads, trails through woodlands, by ponds. Meet 12:45. From Rte 6 exit 11. Take Spruce Rd. diagonally across from exit. Park on side of road. Approx. half mile down. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Thu., Mar. 13. Provincetown- Snail Road Dunes (C3B) – Meet at 9:45 a.m. at the Snail Road trailhead on Route 6 at east end of Provincetown. Explore Provinceland dunes, see historic dune shacks, cranberry bogs, and spectacular 360 views as we hike up and down 2 miles to the ocean and then back. L Nancy Braun (508-487-4004, nancytruoro@comcast.net)

Sat., Mar. 15. Yarmouth-Three Ponds (B3C) – Late winter three hour walk on wooded trails by ponds, bogs. Bring snack/lunch for a brief stop. From Rte 6 exit 8 S. Take R at 2nd light. Go to end take L approx. half mile down. Two hours. L Nancy Braun (508-487-4004, nancytruoro@comcast.net)

Sun., Mar. 16. Beebe Woods, Falmouth (C3B/C) – 2 1/2 hr hike in this great area. We have it all on this hike. Lambs, llama, sheep, big boulders, kettle ponds, views. Hilly and flat terrain. From Bourne Bridge, follow R 28S into Falmouth. Go thru 1st set of lights at Jones Rd. Continue to Depot Ave on R. Follow to end to park at Conservatory. Meet 12:45. L Linda Church (508-495-1308 7-9pm, lchurch@whoi.edu)

Thu., Mar. 20. Barnstable Conservation: No more Tears (C3D) – A mostly level hike on some less travelled trails. 2 hrs. Meet 9:45 am for a 10 am start. From Rte 6 exit 5, south on rt 149. At roundabout take R on Race Lane. 1 mile to R on Crooked Cartway. Park at end. L Heidi Moss (508-362-6440 9 am-8 pm, mossheidi@hotmail.com), CL Jim Allardice

Sat., Mar. 22. Brewster - Punkhorn Grand Tour (B3C) – Hike woodland trails to old quarry sites, bogs, ponds ending at Eagle Point at Upper Mill Pond. Four hours. Bring lunch. Take exit 9B off Rte 6 go approx. 1/2 mile and turn rt. on Airline Rd. Right at stop sign at Sacket Rd. Right onto Run Hill Rd. and go to dirt pkg lot on left. Meet 9:45. L Peter Selig (508-432-7656, pandmselig@hotmail.com), CL Todd Kelley (508-945-9929, kelleytrailblazer@yahoo.com)

Sun., Mar. 23. Brewster-Nickerson State Park (C3C) – Easter Sunday walk around the perimeter of several ponds in the park. Woodland trails, few hilly sections, Meet 12:45 at Fisherman’s Landing. State Park entrance off Rte 6A in Brewster. Stay on main rd in pk for 1.8 miles, pkg on left. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Thu., Mar. 27. Barnstable-Bridge Creek Conservation (C3D) – Flat terrain, cedar upland, maple swamp and salt marsh, bogs, stone walls. Meet at 9:45am. 2 hrs...from exit 5 off Rte 6 North on Rt 149...park along grass triangle on immediate left beside West Parish
Sat., May. 1. Provincetown Whales Whales Whales (B3C) – Walk in sand to the Race Point Lighthouse and back, with binoculars in hand. We should see whales along the way and especially from the lighthouse! Meet 9:45 at Race Point Beach parking lot in Provincetown. Walk will take 3 hrs, and longer if whales seen. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sat., May. 3. Truro-Ryder Beach (B2C) – Some sand walking, hills, woods, views. Meet at 9:45. From Rte 6 just over Truro line take L onto Prince Valley Rd. Follow to end. R then immed L on Ryder Beach Rd. pkg at end. Four hours. Bring lunch. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., May. 4. Benjamin Nye Trail, Sandwich (C4C) – Working cranberry bogs, Talbott point, enchanting red pine forest, Scorton Creek, Hoxie Pond, Fish Hatchery and Game Farm from bygone days. From Rt 6A take Exit 4 (Chase Rd.) and turn N (toward 6A). Go about 1/2 mile and take Left on County Rd. One mile to parking on left across from Sandwich Grange Hall. Meet 12:45 2 hrs. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Thu., May. 8. Brewster, Punkhorn Parklands (C3C) – Hike over hills on trails and woodroads. Views of Upper & Lower Mill, and Walker Ponds. East on Suttleck Rd to Stony Brook Rd, Brewster. R (South) on Run Hill Rd, past disposal area to pkg at end of pavement. Meet 9:45 a.m. L Janet Kaiser (508-432-3277, jtkaiser@verizon.net)

Sat., Apr. 19. Sandwich- AMC Spring Gathering (C3C) – Hike the woods and hills of Sandwich's Maple Swamp area. Some steep grades and views of Cape Cod Bay. 2.5 to 3 hrs. Meet 12:45 pm for 1 pm start. From rt 6 exit 4 south on Chase/Great Hill Rd. 2 mi to R at stop sign on Farmersville Rd. 1/4 mi to R on Stowe Rd. Follow 3/4 mi to Camp Burgess on R. L Heidi Moss (508-362-6440 9 am-8 pm, mossheid@hotmail.com)

Sun., Apr. 20. Falmouth-Hatchville Woods (C4C) – Woodland trails amble to Coonamessett Pond. Back through wetlands habitat and cranberry bogs. Rte 151 West from Mashpee Rotary 3.4 miles to left on Sandwich Road at lights. Go 1.6 miles tonight on Hatchville Road. .5 miles to parking lot on left at pumping station. Meet 12:45. 2 hours. L John Gould (508-540-5779, jhgould@comcast.net), CL Hilary Hunt (508-495-0439, hhunt@cape.com)

Thu., Apr. 24. Truro-Ryder Beach C3C) – Beach, pretty wooded walk with some hills, views of Cape Cod Bay. From Rte. 6 L on Prince Valley Rd. to end. R on County Rd. Immed. L on Ryder Beach Rd. Park at end. Meet at 9:45. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)
Sat., May. 10, Sandy Neck-Barnstable (B3B) – Hike along barrier beach to trail 4, returning along marsh trail. Mostly soft sand. Four hours, bring lunch. Meet at 9:45 AM. From Sandwich Rt. 6A across from Amari Restaurant turn north at Sandy Neck Rd. Follow to end, park in lower lot. L. Elissa Crowley (508-362-5062 before 9 PM, e.crowley@verizon.net)

Sun., May. 11, Mashpee - Mashpee Woodlands East (C3C) – Varied terrain: woods, hills, river views... Meet 12:45 pm. 2 hrs. From West. Rt 28 Mashpee. Left at lights onto Ochard St. Take right on Quinquissett. Immediate left onto Mashpee Neck Rd. Approx 1 mi. to marked parking on right. L. Betty Donaghue (508-428-4679, bettyccfla@aol.com)

Thu., May. 15, Mashpee River Woodlands West (C4C) – Spectacular water view from high point, foot paths and cartways through pine and oak woods. A couple of hills. From Mashpee Rotary take Rt 28 east; at first right turn onto Quinquissett. It's a "stone's throw" to marked parking on right. If parking on road, police request tires off pavement. Meet 9:45. 2 hrs. L. Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Sat., May. 17, Chatham - North Point of South Monomoy (A2B) – New 12 mile Hike - Starting at Chatham Light head south on South Beach to South Monomoy. Go North on South Monomoy to northern most point. Take Main Street thru Chatham center to end. Turn right and continue 1/4 mile to lighthouse. Pkg on L. Meet at 9:45. Bring lunch and water. If questions contact L. L. Peter Selig (508-432-7656, pandmsgel@hotmail.com)

Sun., May. 18, Bourne Farm, West Falmouth (C3C) – This hike will take you thru woods, by cranberry bogs, under a cattle tunnel. From Bourne Bridge take Rt 28S. Take the Thomas Landers Exit off the highway. Take R at end of ramp Then R onto Rt 28A and then a really quick L into the Bourne Farm area. Park in lot on R. Meet 12:45. L. Linda Church (508-495-1308 7-9pm, lchurch@whoi.edu)

**Bike Rides**

Chair – Joe Tavilla, bikingchair@amcsem.org, 508/428-6887

NOTE: Approved helmets required for all AMC bike rides. If start time and location are not indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, please check AMC Outdoors, visit www.amcsem.org, or use the AMC online trip listing system: http://trips.outdoors.org (set the Committee to “Biking,” and the Chapter to “Southeastern Massachusetts”), or sign up for the SEM Short Notice trip list at www.amcsem.org.

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<tr>
<td>C = &lt;25</td>
<td>4 = up to 11</td>
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Tue., Mar. 4, Tuesday Rides – 25 miles of Road or 15 miles of Mountain Biking. Tuesdays at 2:00PM. Flat to hilly. Contact ride leader for start location and directions. Intermediate pace. L. Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Tue., Mar. 4, First Tuesday – Mashnee Island Ride. Ride 25 miles on the canal bike path to RR Bridge then roads to Mashnee Island and return including tour of President Cleveland's Gray Gables. Start: 2:00 PM at the Freezer Rd lot in Sandwich. L. Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Tue., Mar. 11, Tuesday Rides – see March 4th listing for details

Mon., Mar. 17, Saint Patrick's Day Ride – Salute the patron saint of Ireland with an easy College Cafe Cycling Ceries ride on the less travelled roads of Easton & Mansfield. The route will feature a group lunch stop at the Stonehill College dining hall. Distance: 35 miles. 10:00AM start. L. Joe Tavilla (508-428-6887 7:00AM-7:00PM, silverski@earthlink.net)

Tue., Mar. 18, Tuesday Rides – see March 4th listing for details

Thu., Mar. 20, Vernal Equinox and Full Worm Moon Road Ride (C3D) – Riders and road/hybrid cycles in top shape; helmets/water required; tires and riders pumped and ready to roll. Registration recommended. Cancellation or rescheduling sent only to registered riders. Start: Sagamore Recreation Area on the Mainland. We'll follow the hills and shores of Sagamore and canal trail.and catch the sunset over Onset Bay, tour of Mass Maritime, and moonrise. L. Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Tue., Mar. 25, Tuesday Rides – see March 4th listing for details

Tue., Apr. 1, Tuesday Road & Mountain Bike Rides – Every Tuesday afternoon Location: Plymouth, Canal Area, & Cape Cod Distance: 25 Road;15 Mountain Pace: Intermediate Terrain: Varies from flat to hillyStart Location: Contact ride leader Start Time: 6 PM Directions: Contact ride leader Note: Riders and bicycles in top shape; tires and riders pumped and ready to roll; helmets and water required. L. Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Apr. 5, Sakonnet River Ride – A beautiful 35 mile ride with nice views of the Sakonnet River, Westport River, Rhode Island Sound. Lunch stop by the beach at Sakonnet Pt. Flat -rolling terrain. 9AM start. Call or c-mail leader for details. L. Jack Jacobsen (508-993-0450 8:00AM-7:00PM, cyclejac51@yahoo.com)

Tue., Apr. 8, Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Tue., Apr. 15, Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Sat., Apr. 19, AMC Spring Gathering (Off Road) Bike Ride – Casual, follow-the-leader style, off-road ride in the famous "Trail of Tears" in West Barnstable Conservation area. 10-12 miles at 6-12 mph. Terrain unpaved - except for 4 mile round trip to/from conservation area from Camp Burgess. Leaving Camp at 12:30pm. Bikes should be in good working order and helmets required. L Laura Smeaton (617-323-6727, amclaura@mac.com)

Sat., Apr. 19, AMC Spring Gathering (On Road) Ride – Enjoy quiet roads and unobstructed scenery during Cape Cod's "Off-Season". The ride will originate from Camp Burgess, site of the AMC Spring Gathering. Riders will visit the quaint Village of Sandwich, the Cape Cod Canal & Visitor's Center with lots of water views of
Cape Cod Bay. Distance: 24-28 miles Terrain: Flat, Rolling, Paved surface Pace: Stay together, group pace. Ride Start Time: 12:30PM End Time: between 3:00-4:00PM. L Linda Church (508-495-1308 5:00PM-7:30PM, lchurch@whoi.edu), CL Joe Tavilla (508-428-6887 7:00AM-7:00PM, SilverSki@Earthlink.net)

Sat., Apr. 19. Full Pink Moon Road Ride (C3D) – See March 20th listing for ride description and information

Tue., Apr. 22. Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Sat., Apr. 26. 4C Ride – College Cafe Cycling Series. The rural and country roads of Rehoboth will take all riders to the idyllic campus of Wheaton College. Group lunch stop in the student dining hall - all you care to eat & drink for a very modest price. Distance 35 miles. L Joe Tavilla (508-428-6887 7:00PM-7:00PM, silverski@earthlink.net)

Tue., Apr. 29. Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Thu., May. 1. Thursday Rides In May – Bike rides every Thursday night in the Rochester, Acushnet area. 20-23 miles. Moderate pace. Call or e-mail leader for details. L Jack Jacobsen (508-993-0450 8:00AM-7:00PM, cyclejac51@yahoo.com)

Mon., May. 5. Monday Rides – Bike rides every Monday night in the Lakeville, Middleboro, Freetown area. 20-23 miles. Moderate pace. Call or e-mail leader for details. L Jack Jacobsen (508-993-0450 8:00AM-7:00PM, cyclejac51@yahoo.com)

Tue., May. 6. Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Tue., May. 6. First Tuesday – Little Sandy Pond Ride. Ride 25 miles via rolling hills through Buttermilk Bay, then to Little Sandy Pond Road in Plymouth to Cedarville and back via Herring Pond Road to Canal. Hills courtesy of Plymouth. Start at 6:00PM at RR Bridge in Buzzards Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Thu., May. 8. Thursday Rides In May – See May 1st listing for details

Sat., May. 10. 4C Ride – College Cafe Cycling Series. The 35 mile, mostly flat route will be partially on the famous East Bay Bike Path which offers scenic water views of Narragansett Bay. The ride will feature a group lunch stop in the student dining hall at Roger Williams University in Bristol RI. L Joe Tavilla (508-428-6887 7:00AM-7:00PM, silverski@earthlink.net)

Mon., May. 12. Monday Rides – See May 5th listing for details

Tue., May. 13. Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Thu., May. 15. Thursday Rides In May – See May 1st listing for details

Sat., May. 17. South Dartmouth Ride – Nice ride that explores the rural farm country of So. Dartmouth stopping at a few nice beaches along the way. Mostly flat terrain. 37 miles. 9AM start. Call or e-mail leader for details. L Jack Jacobsen (508-993-0450 8:00AM-7:00PM, cyclejac51@yahoo.com)

Mon., May. 19. Full Flower Moon Ride – See March 20th listing for ride description and information

Mon., May. 19. Monday Rides – See May 5th listing for details

Tue., May. 20. Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Thu., May. 22. Thursday Rides In May – See May 1st listing for details

Mon., May. 26. Monday Rides – See May 5th listing for details

Tue., May. 27. Tuesday Road & Mountain Bike Rides – see April 1st listing for details

Thu., May. 29. Thursday Rides In May – See May 1st listing for details

Sat., May. 31. 4C Ride - College Cafe Cycling Series – A mostly flat 40 mile ride with lots of water views of Buzzards Bay and Onset Bay. The ride will feature a group lunch stop, with the cadets of the Massachusetts Maritime Academy. L Joe Tavilla (508-428-6887 7:00AM-7:00PM, silverski@earthlink.net)

2000 Mile Club Report

In calendar year 2007, our 2000 Mile Club members collectively logged 66,673 miles on their bikes. That’s a lot of miles! Congratulations to all those who logged at least 2,000 miles in 2007 and turned in their miles to the 2000 Mile Club registrar. The 2000 Mile Club will award patches to the 13 new members, indicated below with an asterisk:

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<td>Peter Ruprecht</td>
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Kayak Paddles
Chair – Robert Zani, 508/430-1914, paddlingchair@amcsem.org

For information on SEM canoe and kayak trips, please check AMC Outdoors, visit www.amcsem.org, or use the AMC online trip listing system: http://trips.outdoors.org. (set Committee to “canoe/kayak” and set Chapter to “Southeastern Massachusetts”).

Wed., Apr. 2. Shoestring and Popponeaset Bays – The tides should allow us to select from a menu of sites for exploration within the general area of Shoestring and Popponeaset Bays. Conditions of the day and past trip content in the area will determine the final destinations of the paddle. We will stop for lunch midday. L Louise Foster (508-240-7245)

Sat., Apr. 5. Quivett Creek – 10:30 Launch This is a nice paddle from Paines Creek over to Quivett Creek and past Sea Street if the tide and weather allow. Exit 10 on rte 6 and N on rte 124. L at rte 137 to R on Paine’s Creek Road to the put in. Life vest and wet suit or dry suit required. Spray skirt may be required when crossing the mouth of Quivett Creek. Preregistration required. L Robert Zani (508-430-1914, rcza@comcast.net)

Sat., Apr. 5. Quickwater Leader’s Choice – 10:30 Launch A quickwater paddle. Call for information and registration. L Jeff Tubman (508-896-7858, jltbmn@verizon.net)

Wed., Apr. 9. Swift Beach, Wareham – 10:30 Launch From Bourne bridge W thru Buzzards Bay onto 6W/ 28N through Wareham center. L passing town hall, L on Swift beach rd (big green sign) Half mi to left fork on Shore rd to end at Swift Neck, parking lot. From West take 195E exit 20 rt R onto 105S, Marion Left on 6E, over Weewantic River R onto Swift Beach Rd. Life vest wet or dry suit, and spray skirt required. L Don Savino (508-295-4562, donsavino@webtv.net)

Sat., Apr. 12. Walker, Upper Mill, and Lower Mill Ponds, Brewster – 10:30 am, PUT-IN DIRECTIONS: Exit 10 off rte S to R on Queen Anne Road. R on Depot Road. This becomes Slough Road after crossing the Brewster Town line. Stay on the road for the put in on the right. LIMITATIONS: Life vests required. Spray skirts may be required if the wind picks up. Wet or dry suit required. L Robert Zani (508-430-1914, rcza@comcast.net)

Wed., Apr. 16. Centerville River – 10:30 am. PUT-IN DIRECTIONS: From Rt 28 in Centerville take Old Stage S Take to light on So. Main street. R on So. Main street. to L on Hayward Road to town way to water. If you don't have a town of Barnstable parking sticker you will have to park back on South Main street. LIMITATIONS: Life jackets required. Spray skirts depending on conditions. Wet or dry suit required. L Bill Fischer (508-420-4137, wmbarbarafischer@comcast.net)

Sat., Apr. 19. AMC Spring Gathering Leader’s Choice – 10:30 Launch. Call or email leader for information and registration. Life vest required, spray skirt may be required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Apr. 19. AMC Spring Gathering Paddle – A short paddle in Camp Burgess as part of the Spring Gathering. Directions: Rte 6 to Quaker Meeting House Rd. (exit 3) S to Cotuit Rd. (stoplight) L 0.3 mi to L on Farmersville Rd 1.1 miles to L on Stowe Rd for a short distance. Camp Burgess will be on your left. L Robert Zani (508-430-1914, rcza@comcast.net)

Wed., Apr. 23. Wellfleet Harbor – 10:30 am. Where we go on this paddle will probably be dictated by the weather for the day. Plan on distance of about 10 miles. PUT-IN DIRECTIONS: West on Main Street from rte 6 to L on Commercial Street to far end of Public Beach parking lot. LIMITATIONS: Life vest required. Spray skirt may be required. L Don Palladino (508-349-2950, dpj1958@comcast.net)

Wed., Apr. 30. Mashpee/ Wakely Ponds – PUT-IN DIRECTIONS: From rte 28 take rte 130 N 2 mi to R at “State Landing” sign. LIMITATIONS: Life vests required. Skirts may be required depending on conditions. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Please see AMC Outdoors or visit the AMC online trip listing system for May paddles...

Education
Chair – Hagit Moverman, 508-238-9364, education@amcsem.org

Sat., May 3, 8:30am–5:00 pm – SEM Leadership Training – Borderland State Park Visitor Center. If you’d like to become an SEM trip leader, please join us for this fun and informative one-day program. Training is free, but park parking costs $2.00. Lunch provided. Contact Hagit Moverman to register via e-mail at education@amcsem.org or phone at 508-238-9264 (evenings only).

Conservation
Chair – Fred Yost, 508-699-9305, conservationchair@amcsm.org

Sun., May 25. Spring migrants at Fowl Meadows – Join Fred Yost for some spring bird watching. Everyone is welcome, non-birders and birders of all levels. We will look for local resident birds and neotropical migrants along our leisurely 2-3 mile walk. Bring binoculars and foot gear that will keep your feet dry. Meet at Fowl Meadows Parking lot off Brush Hill Road in Milton @ 9:00 AM. L Fred Yost (508-699-9305 6:00-9:00 PM, fey_iam@hotmail.com)

We’re “Red Lining” the Blue Hills –

The following people have hiked every trail in Blue Hills and redlined the hikes on their trail maps as of the dates indicated:

12-02-06 - Dexter Robinson
07-19-07 - Jim Plouffe
07-19-07 - Fred Wason
08-16-07 - Cheryl Lathrop
10-1-07 - Maureen Yachimiski
11-1-07 - Walt Granada

If you'd like to come join us after work on Thursday nights, check our website: http://home.comcast.net/~hike_with_bob_v
Snowshoe Hike #1 at Waterville Valley on December 29th…

Mount Pierce Hike on January 12th…

The Southeast Breeze is printed on 100% recycled paper using environmentally friendly ink.