



The Southeast Breeze

The newsletter of the Appalachian Mountain Club Southeastern Massachusetts Chapter
Summer 2008 - June, July & August

View from the Chair

By Mike Woessner



I recently received the sad news that Chris Sampson passed away on March 30th. Chris was the Secretary for our Chapter back when I was Vice-Chair.

Chris always had a smile on her face and something nice to say. She was the self-appointed chapter photographer and many of her photos appeared in the Breeze and on the web. Chris was an enthusiastic board member and always did all she could to help out. She will be sorely missed by many.

On a lighter note, our chapter hosted the clubwide AMC Spring Gathering 2008 on April 18-20 at the Camp Burgess YMCA Center on Cape Cod. This was a huge undertaking for our Chapter and, as it turned out, also a huge success. Much thanks to the SG2008 committee: Wayne Anderson, Louise and Paul Anthony, Joe Courcy, Claire Goode, Farley Lewis, Paul Miller, Susanne Piche', Jim Plouffe, Joe Tavilla, Fred Yost, and Bob Zani.

Camp Burgess proved perfect for our event. We had full use of the pond for paddling as well as the rock climbing wall. (Some photos on page 6.)

Camp Burgess was the stepping off point for many events. These included a tour of Nobska Light and Woods Hole Oceanographic Institute, on- and off-road bike rides, plus several hikes, paddles, and even a nature walk.

The weekend's entertainment started off with the first-ever "AMC Jeopardy" game, a hilarious time hosted by our own "AT" Joe Courcy. Our very own Bob Bailey entertained us with a sing along during the Saturday night social hour. After a hearty dinner buffet, we were also entertained by an excellent local Barber Shop Quartet.

For many, the best part of the weekend was a chance to relax and socialize with fellow AMCers around a blazing campfire while eating s'mores.

With the Spring Gathering behind us, we can now look forward to summer in New England. Or, as my father used to say, "3 hot days and a thunderstorm." There's lots going on: National Trails Day and the Taunton River Fest are both on June 7th. These are both good opportunities to get outside and make a difference in your environment.

We are continuing our intro series with two events. On June 14th we will have an intro to biking at the Mass Maritime Academy. Join us for a leisurely bike ride along the Cape Cod Canal and then lunch with the cadets! The following Friday, June 20th, we will have a pot luck dinner at the Bourne Community Center with an intro to Paddling.

Our annual summer picnic will be on July 26th at the Lloyd Center for the Environment in Dartmouth. This is an excellent outdoor nature facility with miles of hiking trails, access to paddling, and wonderful biking. A big cookout and our annual "Cherry Pit Projectile" contest will follow these activities. Also look for our first-ever Family Car Camp in August. You can find details for all of these events and more in this issue and on our web site at www.amcsem.org.

Mike

Summer 2008 Events Calendar

- June 4th - **Hike Planning Meeting**
UU Church, Main St., Middleboro
- June 7th - **National Trails Day event**
Myles Standish Park, Plymouth
- June 11th - **SEM Board Meeting**
UU Church, Main St., Middleboro
- June 14th - **Intro. To Biking for New Members**
Mass. Maritime Academy, Bourne
- June 20th - **Intro. To Paddling Pot Luck**
Bourne Community Center
- July 9th - **SEM Board Meeting**
Bourne Community Center
- July 20th - **EMS Paddling Class**
Hyannis
- July 26th - **SEM Summer Picnic**
Lloyd Center, Dartmouth
- August 13th - **SEM Board Meeting**
UU Church, Main St., Middleboro

Save the dates for these future events...

- Sept. 19-21st - **Chapter Hut Night**
New Hampshire
- Sept. 13-14th - **Wilderness First Aid**
Camp Lyndon, Sandwich
- Oct. 17-19th - **AMC Fall Gathering**
Hosted by Washington DC chapter
- Nov. 1st - **SEM Annual Meeting & Dinner**
Johnson & Wales Inn, Seekonk

AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies and procedures. Our goal is to be a community that is comfortable, inviting and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. You may preview this waiver form on the chapter website at www.amcsem.org/pdf/waiverform.pdf.

The Appalachian Mountain Club Southeastern Massachusetts Chapter

Chapter includes app. 3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

2008 Executive Board

Chapter Chair -	Mike Woessner, chair@amcsem.org 508/577-4879
Vice Chair -	OPEN*
Treasurer -	Claire Goode, treasurer@amcsem.org 508/759-7362
Secretary -	Joe Courcy, secretary@amcsem.org 508/272-6781
Biking -	Joe Tavilla, bikingchair@amcsem.org 508/428-6887
Canoe/Kayak -	Robert Zani, paddlingchair@amcsem.org 508/430-1914
Cape Hiking -	John Gould, capehikingchair@amcsem.org 508/540-5779
Communications-	Paul Miller, communicationschair@amcsem.org 508/695-8495
Conservation -	Fred Yost, conservationchair@amcsem.org 508/699-9305
Education -	Hagit Moverman, education@amcsem.org 508/238-9264
Hiking Chair-	Wayne Anderson, hikingchair@amcsem.org 508/697-5289
Membership -	Kathy Shaw, membershipchair@amcsem.org 508/524-0879
Skiing -	OPEN*
Trails -	Bill Ruel, trailschair@amcsem.org 508/838-3841
Webmaster* -	Susanne Piche, webmaster@amcsem.org

*Please contact Mike Woessner if you are interested in volunteering for any open SEM volunteer positions. We're also looking for a new Webmaster...

The *Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published four times per year as a service to the Chapter's members. SEM members are encouraged to submit letters, articles, photos, and artwork, but materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Paul Miller, 169 So. Washington St., No. Attleboro, MA 02760. Digital submissions are preferred, and can be e-mailed to: communicationschair@amcsem.org. Articles will be edited for length, typographical errors, and clarity.

HAVE YOU MOVED? Please send your change of address information to: AMC, 5 Joy St. Boston, MA 02108

NON-SEM AMC MEMBERS who wish to receive the quarterly Southeast Breeze newsletter should send a \$10.00 check made out to "AMC SEM" to: Claire Goode, ATT: Non-Member Breeze Subscription, 240 County Rd., Bourne, MA 02532. Please be sure to provide your mailing address if it's not on the check.

Our **SEM Short Notice E-Mail Trip List** is a great way to find out about late-breaking Chapter activities that might not appear in either the *Breeze* newsletter or the *AMC Outdoors* magazine. If you haven't signed up for the e-mail list yet, just visit www.amcsem.org

Don't miss the SEM Chapter Summer Picnic!

July 26, 2008, 10:00 am – 4:00 pm

Lloyd Center for Environmental Studies
450 Potomska Rd., So. Dartmouth, MA



Mark Medeiros Photography

SEM Summer Picnic morning activities will include your choice of:

- Nature walk
- Short and long bike rides
- Canoe/kayak paddle (see Paddling listings)

...followed by lot's of good eatin' beginning at around 1:00 pm with our *partial-pot-luck* lunch and our *Second Annual Cherry Pit Spitting Contest*...

The Chapter will provide hamburgers, veggie burgers, soft drinks, watermelon (and cherries). Participants should supply the side dishes and salad. (If your last name begins with A-I, please bring side dishes; if J-R, please bring salad, if S-Z, please bring dessert...) Please be sure to drop off your food at the kitchen prior to the start of activities...

And don't forget the sun, fun, and camaraderie of getting together with your friendly, like-minded fellow SEMers!

All this for just \$5.00 pp for individual adults, or \$10.00 per family.

To register, please contact Fred Yost at 508/699-9305 (conservationchair@amcsem.org) or Claire Goode at 508/759-7362 (ctgoode@comcast.net). Directions at www.lloydcenter.org.

Announcing our first Annual Family Camping Weekend

The SEM Chapter is pleased to announce the first of a new annual event: *Family Camping Weekend*. This year we will be camping in the Berkshire area at Savoy Mountain State Forest, in Florida, MA, August 22nd through August 24th.

Savoy Mountain State Forest, atop the Hoosac Mountain Range in northwestern, Mass., has many recreational opportunities for you and your family to enjoy. These include more than 50 miles of wooded hiking trails plus paddling, mountain biking and fishing. For more information, please visit their website at <http://www.mass.gov/dcr/parks/western/svym.htm>

The cost to members is \$5.00 per night, per family. Only one car per family permitted. You'll need to bring all your own camping equipment and food. Please be sure to register by Aug. 15th by contacting Claire Goode at ctgoode@comcast.net or at 508-759-7362 (5-9 PM).

Two-part "Introduction to Paddling" Series

Bob Zani, SEM Paddling Chair, will give a presentation on paddling with the AMC at the Introduction Series Pot Luck Dinner on Fri., June 20th in Bourne, MA from 6:30 to 8:30 pm. Bob will cover topics including safety, equipment, the difference between paddling on the ocean or on flat water, what you need to get started, and more. To register and sign up to bring a dish, please contact Claire Goode at ctgoode@comcast.net or at 508-759-7362 by June 18th.

For the second event, we've teamed up with EMS to provide hands-on kayaking instruction. EMS will provide all the equipment and instruction for members who want to learn flat water kayaking. This 3-hour class will be held on Sun., July 20th starting at 9:00 am in Hyannis, MA. The cost to attend this instructional class is \$45.00 per person.

You must register for the EMS kayaking class by July 10th. The event will take place rain or shine. Payment is due by July 10th. No refunds will be given after July 10th. To register, contact Claire Goode at ctgoode@comcast.net or at 508-759-7362.

Conservation Corner

By Fred Yost, Conservation Chair

Taunton River Watershed Association...

Have you noticed a new link for the Taunton River Watershed Alliance at the SEM website? This fine organization and the AMC share similar conservation goals. Together, we can pool our advocacy efforts for greater effectiveness. The Taunton River watershed contains many beautiful areas in which the AMC hikes, bikes and paddles. There are more than 173 “canoeable” river miles in the watershed. If you hike in Borderland State Park or bike around the Lakeville area you are enjoying the resources in the Taunton River watershed.

You will find many excellent advocacy and educational opportunities at the TRWA's web site (savethetaunton.org) along with hikes and paddling outings. To see a complete list of TRWA activities, go to their website clicking on "members newsletter" and scrolling down to "upcoming events of interest". (The TRWA has also linked to our SEM website.).

Critical Treasures in Massachusetts...

We all have favorite hiking, biking or paddling places. Sometimes, they are pristine and tranquil and safely preserved forever. Sometimes, they become overused, abused or encroached upon by poorly planned development, making the place less desirable for recreation, relaxation or for plants and wildlife to thrive. The AMC's new “Critical Treasures” project provides a means to focus on the most valuable resources we have in our region—and across the state—and to raise awareness of some of the threats that could damage those resources. Critical Treasures are state and local parks and forests with priority habitat or high value recreational resources that are under threats from sprawl development, infrastructure development projects or other alterations.

Each Massachusetts chapter is being asked to submit nominations for what they consider to be the Critical Treasure in their region. These will be compiled later this spring. We hope to have a statewide list of these sites by the end of the summer. This list will provide a focus for environmental education, a new way to get adults and kids outside, and a way to highlight the need to get secure funding for these important places.

Congratulations to the Southeast chapter for submitting the first list!

The Critical Treasures program allows us to highlight the most important areas that need either protection or funding for maintenance so we can create the support needed to get the required funding. When leaders plan trips to an area designated as a Critical Treasure, the leader or a local land protection specialist can talk with the participants about the importance of the site and what needs to be done to ensure that future generations can continue to enjoy the area. AMC members or leaders can then talk to friends and family, write blogs, letters or articles for local papers advocating for the needed resources by letting their local and state officials know how valuable the resources are to us. It's all about prioritizing, raising awareness and being heard. The program is intended to easily combine with a hike or other outing. Each designated site will have a flyer or brochure written up and available on the AMC and chapter websites along with information on how to lead a Critical Treasures activity. Leaders will also be able to get the information from AMC Joy Street, download the information or ask participants to do so.

Many thanks to the people who suggested the following sites: Ames Nowell (Abington/Brockton), Beebe Woods (Falmouth), Coonamessett River (Hatchville), Crooked Pond (Hatchville), D.W. Fields Park (Brockton), F. Gilbert Hills State Forest (Foxboro), Franklin State Forest (Franklin), Wrentham State Forest (Wrentham).

Your input is valued for this ongoing process. All new suggestions will be prioritized and added to the current list. In coming months, Mike Gildesgame, AMC's Southern New England Policy Manager, will contact other conservation organizations as well as the Departments of Conservation and Recreation and Fish and Game, to add any ecological Critical Treasures that we might have overlooked. For more information or to send the names of any sites that you believe fit the criteria (special habitat or recreational values plus current or imminent threats to them) please contact Fred Yost (conservationchair@amcsem.org or call 508-699-9305) or Mike Gildesgame (mgildesgame@outdoors.org).

I hope that most people who are reading this will be helping celebrate National Trails Day, either at an AMC sponsored event or perhaps cleaning up trails at one of your town's conservation areas. Another option for the day is Riverfest, the Taunton River Watershed Alliance's celebration for and of the river. Riverfest will be held at the Weir Center in Taunton on June 7th.

SEM New Member Introduction Series:

“An Overview of Road Cycling on Cape Cod and Southeastern Massachusetts”

Saturday June 14th - 10:30 AM to 2:30 PM

From Scituate to Westport. From Bourne to Provincetown – this region offers a wide and interesting diversity of scenery, road conditions, points of interest and historical sites. It’s all here – lighthouses, cranberry bogs, beaches, idyllic harbors, sand dunes, summer cottages and delicious seafood.

Our experienced cycling leaders will share their knowledge of places to ride, favorite lunch stops, points of interest, bike safety, equipment and riding skills.

The day will begin with a ride along the Cape Cod Canal and Buzzards Bay, followed by a visit to the Massachusetts Maritime Academy. The visit will include an “All You Can Eat and Drink” lunch, with the cadets, in the MMA Dining Hall.

The ride program is suitable for the new rider who wants to ride more and learn more about cycling and also learn about other AMC activities.

What To Bring:

- A road/hybrid bike in good working condition
- Helmet
- Water Bottle
- Spare Tube

Cost: \$8.00 (includes lunch)

Registration Required – contact Joseph Tavilla
SilverSki@Earthlink.net (508/450-1934)

Save the Date for AMC Fall Gathering – October 17-19, 2008

Take a journey to the head of the Chesapeake Bay, only 40 minutes from the end of the New Jersey Turnpike, and enjoy the hospitality of the Washington, D.C. chapter. Don't miss this opportunity to enjoy AMC-style fun hosted by our southernmost chapter. Details are available at <http://www.amc-dc.org/>.

SEM Member Profile

Third-grader, Evan Whitemyre climbs "Summits for My School"



Evan Whitemyre of Rockland, MA, AMC family member and third grader at the South Shore Charter Public School, had made it his goal to climb at least ten 4000-footers to raise money for his school.

As of this writing, Evan (accompanied by his dad, AMC SEM member, David Whitemyer), has climbed four of his ten

4,000-footers and has raised \$4,234 toward his goal of \$5,000. Last year, Evan and David climbed seven mountains last year, including Katahdin, Lafayette, Lincoln, and Greylock. Way to go Evan!

Readers can learn more about Evan's excellent project by visiting his blog site at <http://summitsformyschool.blogspot.com>.

Clothing and gear drive for Kilimanjaro porters...

As leader of two AMC major excursions to Mount Kilimanjaro, Erika Bloom has been touched by the wonderful Killi porters. These guys cheerfully carry 40-50 pounds of client gear each up the mountain, but they have minimal gear and clothing of their own.

Now you have an opportunity to donate your unwanted, gently worn synthetic hiking clothing and gear to the porters. Email erika.bloom@comcast.net to see if pickup can be arranged (depending on your location and how much stuff you have). Or, mail items or any checks (to help with shipping costs) to: Erika Bloom, 9 Holiday Drive, Fairhaven MA 02719.

Most needed items are mens hiking clothing and boots in all sizes and women's size medium and larger. Rain jackets and pants, warm fleece and wool, synthetic underwear, sleeping bags, etc. would all be greatly appreciated by the porters.

What could be better than springtime on Cape Cod?

By all accounts, the clubwide, 2008 AMC Spring Gathering, hosted by our very own SEM Chapter, was a huge success. We had record attendance and almost unbelievably sunny and warm weather for April. For more photos, visit www.amcsem.org



Clockwise from upper right: The Nobska Light tour was a major draw for attendees; paddling on the pond; the climbing wall was a big hit; bikers gather prior to a ride; the very capably-staffed registration desk.

Hiking/Backpacking Activities

Chair – Wayne Anderson, 508-697-5289, hikingchair@amcsem.org

IMPORTANT: Hikers unsure of their ability should try only one level more difficult than previously completed. No pets without permission of trip Leader. Registration required for most trips. Hiking boots strongly recommended. For additional information or to register, contact the trip Registration leader (R), trip Leader (L) or co-Leader (CL). SEM Chapter trip updates are also available at <http://trips.outdoors.org>. Please also sign up for the SEM Short Notice E-Mail Trip List at www.amcsem.org.

Miles per Hike	Pace (MPH)	TerrainType
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Thu., Jun. 5. Red/Blue Line the Blue Hills – The SEM Chapter is once again running the Red/Blue Line The Blue Hills Hiking Series. Join the crowd on our Thursday night jaunts through the woods and hills of the Blue Hills Reservation as we attempt to hike every trail (highlighting our maps as we go). We meet Thursday nights throughout Daylight Saving Time. Location and times vary. Contact our registrar for more information. R/L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Fred Wason (fmwason@verizon.net), CL Cheryl Lathrop (cheryl4698@verizon.net), CL Holly Makowsky (Makowskyholly@yahoo.com),

Sat., Jun. 7-8. First of three Monadnock Sunapee Greenway Trail weekend backpacks (A3B) – Our goal is to complete the first of three 18-mile segments of the 50-mile long MSGT. Participants must bring their own tents, sleeping bags, food, etc. for two days. Visit www.msgtc.org/MSGTCTrail.htm for information about the trail. Registration for this hike/series will be by phone only. CL/R: Fred Wason (508)-699-7635 evenings 6- 9:30 pm. L Steve Tulip (774-218-9111, stulip2005@comcast.net)

Thu., Jun. 12. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Sat., June 14th; Summer Series #1, Blue Hills (B3C) – We will discuss hiking as we hike thru Blue Hills. Topics include hydration, environment, nutrition and physical requirements. Leaders Wayne Anderson wanderson@mxcsi.com; Bill & Chris Pellegrini chrispellegrini@yahoo.com

Thu., Jun. 19. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Sat., Jun. 21. Map and compass training - Blue Hills Reservation. Do you carry a compass for outdoor travel as they tell you to but haven't a clue on how to use it? Come learn the basics of reading maps and using a map with a compass. Group size limited to 10. Raindate: Sun., June 22. L Dexter Robinson (dexsue@comcast.net), R Dexter Robinson (781-294-8840 7-9:30 pm, dexsue@comcast.net)

Thu., Jun. 26. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Thu., Jul. 3. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Sat., Jul. 5th, Summer Series Hike #2, Pack Monadnock (A3C) – the second hike in the series will bring us to southern New Hampshire where we will build upon knowledge from hike #1. L. Wayne Anderson wanderson@mxcsi.com; Bill & Chris Pellegrini, chrispellegrini@yahoo.com

Thu., Jul. 10. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Thu., Jul. 17. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Sat., Jul. 19. Summer Series Hike # 3. Mt Osceola (A#B) – This 4,000 footer in the heart of the White Mountains offers many challenges and fine views from the summits. L. Wayne Anderson, wanderson@mxcsi.com, Bill & Chris Pellegrini. Chris Pellegrini chrispellegrini@yahoo.com

Thu., July 24. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Thu., July 31. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Thu., Aug. 7. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Thu., Aug. 14. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Thu., Aug. 14. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Thu., Aug. 21. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Sat., Aug. 23. Summer Series Hike # 4, Mt. Jefferson (A3A) – This very challenging 5,000 footer is part of the Northern Presidentials, offering exceptional panoramic views. L. Wayne Anderson, wanderson@mxcsi.com; Bill & Chris Pellegrini, chrispellegrini@yahoo.com

Thu., Aug. 28. Red/Blue Line the Blue Hills – Please see June 5th listing for details and registration information

Fri. & Sat., Sep. 12 & 13. Summer Series Hike # 5. Mt. Greylock backpack (B3A) - Travel to western Mass. to hike the highest point in the state. L. Wayne Anderson, wanderson@mxcsi.com; Bill & Chris Pellegrini, chrispellegrini@yahoo.com; Jim Plouffe jimplouffe@comcast.net (NOTE: dates subject to change)

Cape Cod Hikes

Chair – John Gould, 508-540-5779

capehikingchair@amcsem.org

Most Cape Hikes are “Show & Go...” For additional information, contact the trip Leader (L) or Co-Leader (CL) or visit <http://trips.outdoors.org>. (Set Committee to “Cape Hikes.”)

Miles per Hike	Pace (MPH)	TerrainType
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 – 13	2 = fast (2)	B = strenuous
B = 5 – 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Full Moon Hikes - During the summer months, Cape Hiking will once again conduct a monthly Full Moon Hike. The hike dates are June 17, July 17 and August 15, and will be held in the evening as the moon begins to rise. The location, starting time, and other information varies and will be posted on the SEM website about two weeks before each hike. Go to www.amcsem.org and at the top click on Cape Hiking. On the page that opens, click on Schedule and then look for the date of the hike. If you would like to be included in an email announcement about the hikes, please contact John Gould (508-540-5779, jhgould@comcast.net)

Bike Rides

Chair – Joe Tavilla, bikingchair@amcsem.org, 508/428-6887

NOTE: Approved helmets, water bottles, and spare tires required. If start time and location are not indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org> (set the Committee to “Biking,” and the Chapter to “Southeastern Massachusetts”), or sign up for the SEM Short Notice trip list at www.amcsem.org.

Mon., Jun. 2. Monday Night Rides - 6:00 PM in the Lakeville, Middleboro, Freetown area. 20-23 miles. Moderate pace. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Jun. 3. First Tuesday Road Ride - Intermediate pace, 22 miles, mostly flat terrain, small hills, includes Craigville, Long, and Kalmus beaches. Also Squaw Island, Kennedy Memorial, and winding roads along the coast and Hyannis Harbor and perhaps the quaint Lake Elizabeth area. Riders/bicycles in top shape; tires and riders pumped and ready to roll; helmets and water required. Registration recommended - cancellation/rescheduling sent only to registered riders. Prompt 6:00PM start from Centerville Recreation Building Main St Centerville. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Thu., Jun. 5. Thursday Night Rides - 6:00 PM in the Rochester/Acushnet area. 20-23 miles. Moderate pace. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Sat., Jun. 7. Coonamesset Farm Ride. This ride will take all riders to scenic Cape waterways, pristine golf courses, Edwards Air Force base, country roads and a farm for lunch. L Joe Tavilla (508-428-6887, silverski@earthlink.net)

Mon., Jun. 9. Monday Night Rides - see June 2 listing for description and details

Thu., Jun. 12. Thursday Night Rides – see June 5 listing for description and details

Mon., Jun. 16. Monday Night Rides – see June 2 listing for description and details

Tue., Jun. 17. Full Strawberry Moon Ride - 7:00PM start at Sagamore Recreation Area. Intermediate pace for 25 miles (14 mile option) in the hills/shores of Sagamore and Canal Trail. Catch an Onset Bay sunset, the Energy Train and Dinner Train crossing the famous RR Bridge, tour Mass Maritime, and moonrise Plymouth Bay moonrise. Registration recommended - cancellation/rescheduling sent only to registered riders. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Thu., Jun. 19. Thursday Night Rides – see June 5 listing for details and description

Sat., Jun. 21. Summer Solstice Ride - Come celebrate the first day of summer on the longest day of the year - the Summer Solstice. Riders will see scenic beaches, an impeccably manicured golf course, a boat yard, osprey nests, summer cottages and we will ride onto three islands. At rides end we'll all enjoy a champagne toast to the Summer of 2008. L Joe Tavilla (508-428-6887 7:00AM-8:00PM, silverski@earthlink.net)

Mon., Jun. 23. Monday Night Rides – see June 2 listing for description and details

Thu., Jun. 26. Thursday Night Rides – see June 5 listing for description and details

Sat., Jun. 28. Lakeville Mattapoissett Ride - Lots of water views on this mostly flat 41 mile ride from the lakes of Lakeville to the seacoast village of Mattapoissett. Bring a lunch to enjoy at Ned's Point Lighthouse overlooking scenic Mattapoissett Harbor. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Mon., Jun. 30. Monday Night Rides see June 2 listing for description and details

Tue., Jul. 1. First Tuesday Road Ride - Intermediate pace, 22 miles, flat, rolling, hills, includes Harbor View, Corporation, Chapin beaches. Also a climb to Scargo Tower. Registration recommended - cancellation/rescheduling sent only to registered riders. Prompt 6:00PM start Town Hall Main St S. Dennis. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Thu., Jul. 3. Thursday Night Rides - see June 5 listing for description and details

Sat., Jul. 5. Fourth of July - There's no place to be but on Cape Cod for the July 4th weekend. This ride will take riders to both sides of Cape Cod. Visit lighthouses, beaches, old turnip farms, Marconi Station. Group lunch stop. L Joe Tavilla (508-428-6887, silverski@earthlink.net)

Mon., Jul. 7. Monday Night Rides – see June 2 listing for description and details

Thu., Jul. 10. Thursday Night Rides see June 5 listing for description and details

Sat., Jul. 12. Cohasset Tri Bike Course - Ride over the bike course of the Cohasset Tri twice. The town's coast is lined with rocky cliffs and breathtaking views of the Atlantic Ocean and the Boston skyline in the distance. The clockwise course includes 12.5 miles of scenic roads in Cohasset and North Scituate. This is not a race; intermediate pace. Contact ride leader for start location/time. L Jon Fortier (508-982-1855 8:00AM-8:00PM, jfortier@cyber-dynamic.com)

Sun., Jul. 13. Big Apple Ride - A two state (MA/RI) cruise which travels over quiet country roads. Hills, flat and rolling with lots of scenery. L Nancy Beach (617-899-5285 8:00AM-7:00PM, nanclam@yahoo.com)

Mon., Jul. 14. Monday Night Rides – see June 2 listing for description and details

Thu., Jul. 17. Thursday Night Rides – see June 5 listing for description and details

Thu., Jul. 17. Full Buck Moon Ride - 6:45PM start at Sagamore Recreation Area. Hilly, intermediate pace for 25 miles in the hills/shores of Sagamore and Canal Trail. Catch an Onset Bay sunset, the Energy Train and Dinner Train crossing the famous RR Bridge, tour Mass Maritime, and Plymouth Bay moonrise. Registration recommended - cancellation/rescheduling sent only to registered riders. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Jul. 19. Village Day Ride - The ride will be on the less traveled roads thru the villages of Osterville, Centerville, Marstons Mills, Craigville, Hyannis & Hyannisport. Riders will visit several beaches including Dowses Beach and Craigville Beach. Other stops include Craigville Conference Center, Kennedy Memorial, Korean War Memorial, Kennedy Compound, Hyannis Golf Club, Lewis Bay.... Osterville Village Day and a parade of classic/antique automobiles. L Joe Tavilla (508-428-6887, silverski@earthlink.net)

Mon., Jul. 21. Monday Night Rides – see June 2 listing for description and details

Thu., Jul. 24. Thursday Night Rides – see June 5 listing for description and details

Sat., Jul. 26. Westport Ride - A beautiful 33 mile ride that explores the open farm country of Westport with some nice views of Buzzards Bay, Horseneck Beach and the Westport River. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Mon., Jul. 28. Monday Night Rides – see June 2 listing for description and details

Thu., Jul. 31. Thursday Night Rides – see June 5 listing for description and details

Sun., Aug. 3. Rural Rehoboth Ride - See horses, golf courses and lots of rural scenes in the mostly commercial free town of Rehoboth. Contact Ride Leader for start time/location. L Nancy Clam (617-899-5285 8:00AM-7:00PM, nanclam@yahoo.com)

Mon., Aug. 4. Monday Night Rides – see June 2 listing for description and details

Tue., Aug. 5. First Tuesday Road Ride - Intermediate pace, 22 miles, mostly flat terrain. Includes Dennis & Harwich beaches. Also beautiful Wychmere & Saquatucket Harbors. Registration recommended - cancellation/rescheduling sent only to registered

riders. Prompt 6:00PM start Town Hall Main St S.Dennis. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Thu., Aug. 7. Thursday Night Rides – see June 5 listing for description and details

Sat., Aug. 9. Woods Hole Ride - Another great Cape Cod ride that takes riders to Vineyard Sound and Nobska Lighthouse with lots of water views. Then inland for a cruise around Jenkins Pond. L Joe Tavilla (508-428-6887 7:00AM-8:00PM, silverski@earthlink.net)

Mon., Aug. 11. Monday Night Rides – see June 2 listing for description and details

Thu., Aug. 14. Thursday Night Rides see June 5 listing for description and details

Fri., Aug. 15. Full Sturgeon Moon Ride - 6:15PM start at Sagamore Recreation Area. Hilly, intermediate pace for 25 miles in the hills/shores of Sagamore and Canal Trail. Registration recommended - cancellation/rescheduling sent only to registered riders. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

Mon., Aug. 18. Monday Night Rides – see June 2 listing for description and details

Thu., Aug. 21. Thursday Night Rides – see June 5 listing for description and details

Sat., Aug. 23. Mount Wachusett Ride - This 34 mile ride will take us up and down the rolling hills of Central Mass. passing through the small towns of Princeton, W. Boylston and Sterling. We'll climb to the summit of Mt. Wachusett and stop at historic Redemption Rock too. Ride best suited for experienced riders. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Mon., Aug. 25. Monday Night Rides – see June 2 listing for description and details

Aug. 26. Tuesday Rides - Late day/Early evening cruising on the lesser traveled Cape Cod roads. Ride leaders are mostly local and know how to find quiet routes. Intermediate pace. 25 miles. L Joe Tavilla/Other (508-428-6887 7:00AM-8:00PM, silverski@earthlink.net)

Thu., Aug. 28. Thursday Night Rides – see June 5 listing for description and details

Sat., Aug. 30. Cranberry Country Triathlon - Ride the bike course of the Cranberry Country Triathlon. This is an Olympic Distance ride (24.9 mile bike) through the beautiful cranberry bogs and mostly flat country roads of Lakeville, Massachusetts. This is not a race, we'll ride at an intermediate pace. Contact ride leader for start time/location. L Jon Fortier (508-982-1855 8:00AM-8:00PM, jfortier@cyber-dynamic.com)

Sat., Sep. 6. Mayflower Triathlon - We'll ride the bike course of the Mayflower Triathlon at Plymouth Rock. This is a 1-loop 30-mile course. We'll add the Plymouth waterfront to the loop. This is a hilly ride, come prepared. This is not a race, we'll ride at an intermediate pace. L Jon Fortier (508-982-1855 8:00AM-8:00PM, jfortier@cyber-dynamic.com)

2000 Mile Club Standings...

Last year 2007, our 2000 Mile Club members collectively logged 66,673 miles on their bikes. That's a lot of miles! Here are the Calendar Year 2008 standings as of March 31st. To be including in our 2000 Mile Club, send your actual recorded and logged mileage to Paul Currier at pbencurrier@hotmail.com.

<u>Name</u>	<u>Mileage</u>
Joe Tavilla	802
Jack Jacobsen	617
Dan Egan	589
Leonard Leonardi	517
Paul Currier	470
Glen Mathieu	404
Linda Church	400
Bob Kennedy	327
Larry Kornetsky	321
Pam Patrick	305
Victor Oliver	243
Gianluca Marchi	169
Louis Outor	121
Will Mason	103
Peter Ruprecht	28

Kayak Paddles

Chair – Robert Zani, 508/430-1914, paddlingchair@amcsem.org

For information on SEM canoe and kayak trips, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org>, (set Committee to “canoe/kayak” and set Chapter to “Southeastern Massachusetts”).

NOTE: *Approved life vests required for all paddles. Spray skirts may also be required. Check with leader in advance.*

Wed., Jun. 4. Follins Pond, Dennis - We will paddle the Bass River north into Mill Pond. Put-in Directions: rte 6 exit 9B, N on rte 134 to L on Old Chatham Rd, to R on Mayfair Rd, to L on Follins Pond Rd, to put in. Limitations: L Paul Corriveau (508-362-0451, CL Jean Orser (508-362-0451, jeanorser@aol.com)

Sat., Jun. 7. Oyster Pond, Chatham - 10:30. Four hour paddle. Put-in Directions: Exit 11 off rte 6, S on rte 137 to stop sign, L on Queen Anne to R where the sign says Downtown, Stay R at next stop sign to rte 28, L on rte 28 to tlc light. Right at light still on Queen Anne to R at Pond St where the put in is. L Betty Hinckley (508-241-4782, bhinckley@mindspring.com), CL Peter Selig (508-432-7656, pandmselig@hotmail.com)

Wed., Jun. 11. Long Pond, Brewster. 10:30 - Nice leisurely six mile paddle with lunch at the east end of the pond. Put-in Directions: Exit 10 off rte 6 N on rte 124. Just after crossing the Brewster Town line R on Crowell's Bog Road to R to put in. L Robert Zani (508-430-1914, rcza@comcast.net)

Sat., Jun. 14. Plymouth - 10:30. L Jeri Housley (508-888-8264, housley@us.ibm.com)

Wed., Jun. 18. Nauset Marsh, Eastham - 10:30. We will paddle counterclockwise around the marsh. Enter Mill Pond if the tide allows and have lunch on the east side. Plan on a nine plus mile paddle. Put-in Directions: 1.5 mi N from the rte 6 Eastham rotary to Hemenway on the right. Non Eastham residents park on Hemenway. L Robert Zani (508-430-1914, rcza@comcast.net)

Sat., Jun. 21. Barnstable Harbor, Yarmouthport - 10:30. Put-in Directions: Take exit 8 N from Rte 6, cross Rte 6A, bear R onto Center Street at Cemetery and continue to the parking lot at end. Preregistration required. L Gifford Allen (508-563-3852, gifallen@verizon.net)

Wed., Jun. 25. West Island, Fairhaven - 10:30. Put-in Directions: From I 195 in Fairhaven, S on 240, to rt6, str across rt6 to Sconticut Neck rd 2.7mi to L on Seaview st (Variety store on corner). There is \$3.00 charge for parking in the marked areas but you can unload there and park on Seaview or the other street. L Don Savino (508-295-4562, donsavino@webtv.net)

Sat., Jun. 28. Waquoit Bay, Falmouth - 10:30. Leisurely 4 hour paddle in Waquoit Bay. Trip will include Seapit River, Little River, and Tim's Pond. Put-in Directions: From Mashpee Rotary follow Rt 28 toward Falmouth for 3.9 miles. Watch for Edwards Boat Yard on left and turn left on White's Landing. After launching, park in large unpaved parking area. Limitations: L Phyllis Evenden (508-563-6766, phyllis.evenden@verizon.net)

Wed., Jul. 2. Leader's Choice. 10:30. Put-in: Call for information. Level: 2/3. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Jul. 5. Pocasset River - 10:30. Put-in: S on rte 28 from Bourne Rotary to R on Barlow Landing Rd, to R on Shore Rd. to launch on L just after bridge. Park across st.. L Phyllis Evenden (508-563-6766, phyllis.evenden@verizon.net)

Wed., Jul. 9. Leader's Choice - 10:30. Put-in: Call for information. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Jul. 12. Upper Mill/ Lower Mill/ Walker Ponds Brewster - 10:30. Put-in: Exit 10 off rte 6 S to the four way stop sign R on Queen Anne Rd. R on Depot Road at four way stop sign. This becomes Slough Road after crossing the Brewster Town line. Stay on the road for the put in on the right. L Paul Corriveau (508-362-0451, CL Jean Orser (508-362-0451, jeanorser@aol.com)

Wed., Jul. 16. Cotuit Bay. 10:30 - trip will include circumnavigating Grand Island in Osterville Via Cotuit Bay, North Bay and West Bay. Lunch on Dead Neck/Sampsons Island. Put-in: S on rte 149 to R on rte 28 to L on Putnam Ave (at the lights), str onto Old Shore Rd to Town Landing. L Bill Fischer (508-420-4137, wmbbarbarafischer@comcast.net)

Sat., Jul. 19. Nauset Marsh, Orleans - 10:30. We will paddle counterclockwise around the marsh. Enter Mill Pond if the tide allows and have lunch on the east side. Plan on a nine plus mile paddle. Put-in: 1.5 mi N from the rte 6 Eastham rotary to Hemenway on the right. Non Eastham residents park on Hemenway. L Robert Zani (508-430-1914, rcza@comcast.net), CL Joanne Snyder (508-240-6103, joannecarol@earthlink.net)

Wed., Jul. 23. West Island, Fairhaven - 10:30. Put-in: From I 195 in Fairhaven, S on 240, to rt6, str across rt6 to Sconticut Neck rd 2.7mi to L on Seaview st (Variety store on corner). There is \$3.00 charge for parking in the marked areas but you can unload there and park on Seaview or the other street. L Don Savino (508-295-4562, donaldsavino@comcast.net)

Sat., Jul. 26. Swan Pond River, Dennis - 10:30. Put-in: Clipper Lane off Upper County Road in Dennis. Level: 2/3. L Jean Orser (508-362-0451, jeanorser@aol.com), CL Paul Corriveau (508-362-0451)

Sat., Jul. 26. Slocum River, Dartmouth - 10:30. Put-in: Lloyd Center, 430 Potomska Rd., So. Dartmouth (directions at www.lloydcenter.org.) This trip is part of the SEM Summer Picnic so paddlers should drop off their pot lucks before arriving at the put in. L Lorraine Medeiros (508-993-1069, lcm10963@msn.com), CL Rick McNally (508-636-7179, rjmcnally@charter.net) CHAN

Wed., Jul. 30. Leader's Choice - 10:30. Put-in: Call for information.. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Aug. 2. Wellfleet Harbor - L Don Paladino (508-349-2950, djp1958@comcast.net)

Wed., Aug. 6. Onset Bay - 10:30. Put-in: From rt 25 exit 1 towards Onset. go to second set of lights and turn left onto 6E/28S. Pass Wallmart to right onto Main Ave. Go .2mi to left onto Riverside Dr. Follow curve to beach, park on grass. All sea kayaks should have spray skirts and bulkheads or airbags front and rear. L Don Savino (508-295-4562, donaldsavino@comcast.net)

Sat., Aug. 9. Leader's Choice. 10:30 - Call for information. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Aug. 13. Pleasant Bay, Chatham - Call or email for put in location and trip description. L Peter Cheng (781-862-8753, peter.h.cheng@gmail.com)

Sat., Aug. 16. Herring River, Harwich - 10:30. We will go south for the most part depending on the winds. If favorable we'll go into Nantucket Sound and explore some of Harwich's harbors. Distance up to about 11 miles. Put-in: Park E. side Herring River bridge S. side of rte 28. L Robert Zani (508-430-1914, rcza@comcast.net)

Wed., Aug. 20. Weweantic River, Wareham - 9:00. Put-in: From the Cape, rte 195 exit 20, reverse direction to visitor center and ramp. NOTE 9:00 PUT IN TIME! L Don Savino (508-295-4562, donaldsavino@comcast.net)

Sat., Aug. 23. Bass River, Yarmouth - 10:30. Paddle can be from 8-12 miles depending on the weather and desires of the paddlers. Put-in: Exit 9 on rte 6 S on rte 134. Sharp R on Upper County Road and bear L onto Highbanks to the Wilbur Park put in on the left just after crossing over the Bass River. L Phyllis Evenden (508-563-6766, phyllis.evenden@verizon.net)

Wed., Aug. 27. Shoestring and Popponesset Bays - Call for put in location and trip description. L Louise Foster (508-420-7245)

Sat., Aug. 30. Nauset Marsh, Eastham - 10:30. We will paddle counterclockwise around the marsh. Enter Mill Pond if the tide allows and have lunch on the east side. Plan on a nine plus mile paddle. Put-in: 1.5 mi N from the rte 6 Eastham rotary to Hemenway on the right. Non Eastham residents park on Hemenway. L Joanne

Snyder (508-240-6103, joannecarol@earthlink.net), CL Bob Zani (508-430-1914, rcza@comcast.net)

Wed., Sep. 3. Long Pond, Harwich - 10:30. Nice leisurely six mile paddle with lunch at the east end of the pond. Put-in: Exit 10 off rte 6 N on rte 124. Right on Long Pond Drive to L at town beach. L Robert Zani (508-430-1914, rcza@comcast.net), CL Lorraine Frederickson (508-432-2832)

Sat., Sep. 6. Oyster, Chatham - 10:30am. Put-in: From rte 28 onto Queen Anne Rd to Pond St to Stage Harbor Rd to public beach on R. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Education

Chair – Hagit Moverman, 508-238-9364, education@amcsem.org

Sat., & Sun., Sep. 13-14th Wilderness First Aid Training - Camp Lyndon in Sandwich, MA. Here's the opportunity for SEM members and leaders to earn or renew their Wilderness First Aid certification. Contact Hagit Moverman (508-238-9364, education@amcsem.org) for registration information. Leader scholarships may be available.



Conservation

Chair – Fred Yost, 508-699-9305, conservationchair@amcsm.org

Sat., Jul. 12 - Join Fred Yost for a tour of the North Attleboro National Fish Hatchery. Learn how the hatchery participates in the restoration of Atlantic Salmon in Southern New England. See some of the salmon that have returned to the Merrimack and Connecticut Rivers. The tour starts at 10:00 and lasts about 1 hour. A short (0.8 miles) nature walk will follow the tour. This is a great event for families. Please register w/ L. L Fred Yost (508-699-9305 7:00 - 9:00 PM, fey_iam@hotmail.com) Atlantic Salmon in Southern New England.

Trails

Chair – Bill Ruel, 508/838-3841, trailschair@amcsem.org

Co-Chair – Lou Sikorsky, 508-678-3984, hikinglou@charter.net

For information on SEM trailwork activities and trips, please contact either Bill Ruel or Lou Sikorski (contact information above).

Sat., Jun. 7. National Trails Day at Myles Standish State Park - Get down and dirty. Help "give back" to the many trails you've hiked. Join us on June 7th to observe National Trails Day for a day of work and celebration. We will work on our "adopted" trail in the state forest, then chow down with a trailside barbeque. This is a rain or shine event. L Bill Ruel (781-589-3321 7-9 PM), CL Lou Sikorsky (508-678-3984 7-9 PM)



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SEM Thursday Hikers at Myles Standish State Park...



...and taking a lunch break on the rocks at Moose Hill Wildlife Sanctuary



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