march '85

A message from the editor . . .

The "Breeze" has two purposes . . . first, to inform and educate members about chapter activities and the club as a whole; and second, to provide a vehicle for two-way communication between the members and the chapter officers.

So, I encourage all of you to think of the "Breeze" as your newsletter--a place to share your thoughts about environmental issues, about what you like or don't like about the chapter and the club; share news of interest to the other members; special clear photos (B & W if possible), etc. I'm experimenting now, so please feel free to send in your comments, ideas, letters to the editor, etc. Let's hear from you!

Remember, the next deadline is March 5 for the April "Breeze" and May "Appalachia." Material submitted for "Appalachia" will automatically be included in the appropriate "Breeze."

All trip notices must be submitted through the appropriate activity committee. Other contributions may be sent directly to L. Thomas, 56 Pleasant St., Bridgewater, MA 02324 and will be run if space permits.

TRAILWORK...

Sat., Mar. 30: 68th New England Trail Conference. All-day meeting of a coalition of some 50 organizations--private, municipal, state, and federal--drawn together by a common interest in N. E. foot trails. Program includes reports on trail conditions and relocations, seminars, workshops and panel discussions, plus a major slide program. At Greenfield Community College. The Trails Committee will be sending a representative, but others are welcome to attend. See March "Appalachia" for details, or call S. E. Mass. Trails Chairperson, Bill Brown (285-4766), for information.

X-C SKIING...


Fri.-Sun., Mar. 15-17: Ski Cross Country or Downhill in Stowe, VT. Stay two nights in delightful Stowebound Inn, two breakfasts and Saturday supper for $65/per person (OO). Bring two trail lunches. Additional costs: lift and trail fees, car pooling, L. Bill and Jan Deville, Box W, Truro, MA 02566 (349-2105). Send $20 deposit early--trip will fill fast.

CONSERVATION CORNER...

We ALL love the White Mountain National Forest what with its peaks, beauty, some 1300 miles of hiking and x-country ski trails, the occasional sight or sound of wildlife, and the peace and quiet of it all. So . . . we must ALL be concerned with the draft plan the U. S. Forest Service has recently issued for "our" National Forest: that every area of it be zoned for specific purpose: timber, road, recreation, wildlife, etc. BUT! As drafted, this plan emphasizes "Two-fold expansion of timber harvests and permanent roads." HOW SHOULD WE FEEL about this . . . or the draft plan?? [See Feb. "Breeze" for a plan summary.] Please send comments to: Pam Carter, 16 Driftwood Lane, S. Yarmouth, MA 02564.
HIKING/CAPE-SUNDAYS

... all meet 11 AM sharp and last approximately 3-4 hrs. Bring lunch!


Mar. 10: Woods Roads exploring west from Baker's Pond. Park on Baker's Pond Road which is off 5A in Orleans just over the line from Brewster. (Don's Auto Body is on the corner!) L, R. Nicholson (349-2494).

Mar. 17: Pochet Island. Combination Beach and Woodland Trails; meet at Orleans Beach Parking lot which is at the end of Beach Rd. in E. Orleans. L, B. Savage (996-3128).


Mar. 31: Truro. Trails behind the dunes: south to Newcomb Hollow. Meet at old Coast Guard Station on N. Pamet Rd. in Truro which is off Rte. 6. L, R. Nicholson (349-2494).

Apr. 7: Nickerson State Park. Explore the perimeter. Meet main parking lot, Rte. 5A, Brewster. L, Luanne Angelone (432-8159).

HIKING/CAPE-THURSDAYS

... all meet 9:30 AM and last approximately 2 hours.

Mar. 7: E. Orleans. Meet in parking lot of Orleans Beach in E. Orleans which is at the end of Beach Rd. L, W. Hanger (385-2651).

Mar. 14: Eastham. Meet at parking area across from the Roach (WHAT?!) Co. on Nauset Rd. near the junction of Railroad Ave. in Eastham. Driving north on Rte. 6, turn right at second set of lights after passing Salt Pond Vis. Center. L, Dick Nicholson (349-2494).

Mar. 21: T. C. Trail. Meet at the Bike Path parking lot on Headwaters Drive which is off Rte. 124 just north of exit 10 from Mid-Cape Highway. L, Ted Tucker (385-8158).


Apr. 4: Audubon Sanctuary. Meet in parking lot, Rte. 5, Wellfleet. L, Wally Hanger (385-2651).


HIKING/GENERAL


Winter Memories... by John French

My first ski equipment consisted of skis, with simple toestraps for bindings, plus a single five-foot pole with a leather loop at one end and a wooden disk and spike at the other. I sometimes even made it to the bottom of the hill still standing up! I later got better skis with "harness" bindings, and discovered the advantages of two lighter weight poles. In the 1920s and 30s, I skied with the White Mountain Ski Runners (White Mules) and learned the basic turns and the telemark.

Transportation to the slopes was varied—snow trains from North Station, then farmer's trucks, sometimes open trolley cars up the mountains. Then, of course, it was all "footpower." Finally in 1933, word spread of a new gadget in Woodstock, VT... an endless rope, driven by a gas engine, that would pull you uphill—otherwise known as a rope tow! Gunstock Mountain had another version, requiring a handle with claws, to hold onto the rope.

One feature of those days is still with us... spring skiing at Tuckerman's Ravine. Lacking the helicopters of today, we carried our skis to the top, stripped down, and acquired a suntan on the way down.

In my long skiing career, I've seen lots of changes in services and equipment for skiers, but the best memories are of the people I met. People like Carroll Reed, soldier, insurance agent, and eventually retailer; like the Whitneys, who started Black Mountain Inn and ski area; like the White Mules gang and the AMC "Apes" of the early days.
BIKING...

Watch for the full 1985 Bike Schedule, coming out soon. Inside sources report that we're in for a great year, with more variety than ever, for beginners, intermediates, and advanced bikers alike. The season kickoff is a special one this year--to celebrate the 10th anniversary of the SE Mass. Chapter...


NEW, IMPROVED BIKE WORKSHOP SERIES

Get ready for the road with a 3-part series on biking! $2/session or preregister for all three for $5 with check to Dave Fogg, 77 Cumberland Rd., Wrentham, MA 02093. All sessions at the St. Peter's Church, Memorial Dr. (near the intersection of Rt. 44 and Rt. 3A) Plymouth. For further information, call Pauline Watt (826-4605), Vicki Vinal (934-2777) or Dave Fogg (384-3851).

Tues., Mar. 19: #1 The Basics, 7-10PM. Are you ready for a new bike or want to upgrade an old one? Are you interested in finding the right accessories, equipment and clothing? Do you want some hints on cycling technique? Bill Sykes of Corner Cycle will be on hand to answer all your questions.

Tues., April 2: #2 Preparing for the Road, 7-10 PM. Divide into three small groups to discuss and get hands-on experience on three different cycling topics:

- Tune-Up Time--Bill Sykes will be on hand again to show us basic tune-up procedures and adjustments. This is a hands-on workshop; bring your own bike, a drop cloth, and the following tools: tire irons; assortment of Allen wrenches, small adjustable wrench, small regular and Phillips screwdrivers, plus any special bike tools.

- Condition & Diet--Discussion will center on devising an exercise and diet plan that will best suit your cycling goals.

- Bike Touring--Interested in taking long bike trips? Learn what equipment you need (and don't need). Plus tips on planning longer tours.

Tues., April 9: #3 On the Road Repairs, 7-10 PM. Learn how to handle those surprise on-the-road emergencies and minor repairs. Bill Sykes will be on hand again with his expertise. Bring your own tools as listed for Workshop #2. A good refresher for last year's participants or anyone who's never changed a flat or replaced a broken cable.

Sat., April 13, Bike/Hike/Trailwork. See SPECIAL EVENTS section.

Sun., April 14: AYH Bike Trip. Join an American Youth Hostel Breakfast 'n Bike Trip. Start with a 9 AM breakfast at the Train Hostel in E. Bridgewater, then head out for a pleasant ride (20-35 mi.). Call for details, preregister for breakfast ($2). Cyrus Cominos, Train Hostel (375-4046 evenings). (Same event again on April 28.)

ADVANCE NOTICE . . .

Sat., April 20: Bike Leaders Only: Special ride and training sessions. Duxbury Area. Contact Vicki if you want to lead a trip, but haven't scheduled it yet (934-2777).

CANOEING...

The Canoe Committee has come up with another great schedule . . . as per the Canoe pullout section in the March issue of "Appalachia." Watch future issues and the "Breeze" for more details on each trip.

The season-opener is just a few weeks away--hope it doesn't turn into a ski trip this year!

Sat., Mar. 30: Mashpee River (tidal). An early spring exploration of the Mashpee. Five to eight miles with lunch on beach overlooking Vineyard Sound. Call for details. L, Barry Gallus (428-5391 before 9 PM!)

ADVANCE NOTICE . . .

Sat.-Sun., April 20, 21: Whitewater Instruction. Mark your calendar now if this is your year to try whitewater canoeing! Bob Nixon and other qualified instructors will repeat their popular instruction weekend. Learn whitewater paddling techniques on Class 2 and 3 water in NH. More details next issue, or call L, Bob Nixon (322-5768).
SPECIAL EVENTS...
Sat., April 13: Trailwork/Bike/Hike Day. Combination work and play event. Meet 9:30 AM at Herring Run on north side of Cape Cod Canal for trail work. Bring clippers. Chip in $1 for a hearty franks-and-beans lunch, then it's off to bike along the canal or take an easy hike to Sagamore Hill. Please preregister for lunch with Carolyn Crowell (388-4923). Other info, call John Smart (888-4811) or Vicki Vinal (934-2777).

ADVANCE NOTICE...

CONGRATULATIONS!
and Welcome to the newest and youngest member of the Southeast MA Chapter!

Caleb Levon Gallus
Born to our Chapter Secretary, Joey Gallus, and her husband, Barry (canoeist and Century bike rider extraordinaire). Caleb arrived ahead of schedule on Jan. 10, 1985 and weighed in at 8 lbs. We understand he'll be sticking close to Mom for a while, so we look forward to seeing him at some AMC events soon!

Welcome also to our other new (but older) members, who have joined us recently. We're looking forward to meeting you soon--on the trail, the slopes, the road or the river!

CAPE
Barnstable: Scott Horsley
Dennis: Lawrence Cahoon
Eastham: Edward Yargeau
Forestdale: Richard Buckland family
Harwich: Col. William Leahy
N. Falmouth: Margery A. Collins
Provincetown: Donald Tompkins
W. Hyannisport: John Koch

OFF-CAPE
Attleboro: Jim Rakiey
Brant Rock: Mark Horn
Brockton: Michael Barse
Duxbury: Robert Carey
Hingham: Z. David Patterson
Marshfield Hills: Patricia Southwick
Middleboro: Maria Pasiuk
Plymouth: Bruce Rushforth family
Providence: Betsy Wolcott
Norwood: Ken McaRee family
Scituate: Richard Knapp
Sharon: John Roberts
Stoughton: Avram Baskin
Weymouth: Hank Stahr

Barbara Gilver family
Arthur Paradice
Ziv Groh
Paul Andruchow
Gino Buccella