



# *The Southeast Breeze*

Quarterly newsletter of the Appalachian Mountain Club, Southeastern Massachusetts Chapter  
Winter 2010 — December, January, February

## **View from the Chair**

By Jim Plouffe, newly-elected Chapter Chair (former Hiking Chair)



It's more like a View from the Ladder leading to the Chair. Since I am writing this as heir-apparent, and the job to which I am ascending has been done so well by the current Chapter Chair, and Past Chapter Chairs, I feel the phrase "Ladder leading to the Chair" is appropriate.

As the governance of this Chapter is not done by just one person, I decided to devote this "View" to the new and returning board members who have volunteered to bring the SEM Chapter to new heights, deeper waters, and longer roads.

AMC/SEM is strong and growing stronger. This has to do with the people sitting beside me at the table. Assisting me are three talented and devoted officers. Luther Wallis, our Chapter Vice-Chair has graciously accepted my request to join us at the executive level. He's a talented, friendly, and knowledgeable gentleman whose enthusiasm will bring a fresh outlook, along with an occasional Woo-Hoo! The second person is Karen Singleton, our new Secretary. Karen has been involved with the Chapter for some time now and has expressed an interest in helping to make the chapter stronger. She is a perfect example of an SEM member who has joined us in activities and found that the adage "By the People, For the People" should read more like "Join us on a Hike, Become Part of Our Family." The third elected officer is Leslie Carson, our Treasurer who we owe great thanks for keeping this chapter financially afloat. I have known Leslie for most of her time participating with the AMC and I would like nothing more than to continue to work with her. These are the elected officers of the executive board, but only make up a small portion of your governing body.

The remaining persons are our Committee Chairs. Rising from the status of follower to ultimate leader of their committees are the newly elected chairs of George Wey (Paddling) and Chris Pellegrini (Hiking). These new Chairs will use their combined knowledge to make their committees better, stronger and more fun. These new visionaries will make 2011 the best year in recent memory. (Well, at least I know Chris Pellegrini will make a positive difference. After all, you can't go anywhere but up after the last Hiking Chair ☺). In future Breeze issues I will introduce these new Chairs, and give you an in-depth picture of who they are in the woods, in the water, and on the trail.

This completes the new board members. In the next "View"  
I will introduce you to the board members who have returned.

**CHAPTER WEBSITE:** [www.amcsem.org](http://www.amcsem.org)

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**SIGN UP FOR OUR SHORT NOTICE ACTIVITY LIST at [AMCSEM.ORG](http://AMCSEM.ORG).**

## Meeting Events Calendar

### SEM Executive Board Meetings (7:00 pm)

Dec 00 -- no meeting  
Jan 12 -- Bourne  
Feb 09 -- Bridgewater  
(contact [chair@amcsem.org](mailto:chair@amcsem.org))

### Hike Planning Meetings (7:00 pm)

Dec 01, Mar 02, Jun 01  
(contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org))

**SEM Short Notice E-Mail Trip List** — Find out about late-breaking chapter activities not appearing in the *Breeze*, the *outdoors*, or the online trip listings. Visit [amcsem.org](http://amcsem.org) to sign up.

### Where can I find AMC SEM activities?

1. *Breeze* (arrives in your mailbox, or electronically)
2. *amc outdoors* magazine (arrives in your mailbox)
3. Online trip listings: [www.amcsem.org](http://www.amcsem.org) ("schedules")
4. SEM short notice email list: [www.amcsem.org](http://www.amcsem.org)

**SPRING BREEZE DEADLINES** (covers Mar, Apr, May):  
Jan. 07 trips; Jan. 15 articles, pictures

### SUBMIT PIX TO OUR WEBSITE!

Send them to [webmaster@amcsem.org](mailto:webmaster@amcsem.org).

### SEM VOLUNTEER OPPORTUNITIES

Curious about the inner workings of your chapter? Volunteer for the Executive Board! Have technical skills? Volunteer for our website! Have writing/editing skills? Volunteer for *The Breeze*! Like kids? Volunteer for CYP! Want to get out more? Volunteer to lead a hike, bike, or paddle! We have lots of volunteer positions open! Please contact [chair@amcsem.org](mailto:chair@amcsem.org) if you'd like to get more involved with the chapter.

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CHAPTER WEBSITE: [www.amcsem.org](http://www.amcsem.org)

### AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status. Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult. All participants in AMC activities are required to sign the AMC waiver form provided by the leader. Preview the waiver at: [amcsem.org](http://amcsem.org), Forms.

*The Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 4 times a year. SEM members are encouraged to submit letters, articles, and photos; materials for publication (space permitting) cannot be returned unless accompanied by SASE. Mail to: Cheryl Lathrop, 17 Robert St., Walpole, MA 02081. Digital submissions are preferred: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org). Articles will be edited for length, typographical errors, and clarity. **Editor:** Cheryl Lathrop, **Asst. Editor:** Ann McSweeney, **Proofreader:** Kate Patroliia.

## Appalachian Mountain Club Southeastern Massachusetts Chapter (SEM)

### 2011 EXECUTIVE BOARD & STAFF

Chapter Chair	<a href="mailto:chair@amcsem.org">chair@amcsem.org</a> Jim Plouffe 508-562-0051
Vice Chapter Chair	<a href="mailto:vicechair@amcsem.org">vicechair@amcsem.org</a> Luther Wallis
Past Chapter Chair	<a href="mailto:pastchapterchair@amcsem.org">pastchapterchair@amcsem.org</a> Wayne Anderson
Treasurer	<a href="mailto:treasurer@amcsem.org">treasurer@amcsem.org</a> Leslie Carson, 508-833-8237
Secretary	<a href="mailto:secretary@amcsem.org">secretary@amcsem.org</a> Karen Singleton
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Biking	<a href="mailto:bikingchair@amcsem.org">bikingchair@amcsem.org</a> Joe Tavilla, 508-428-6887
Biking (Vice)	<a href="mailto:xxxxxx@amcsem.org">xxxxxx@amcsem.org</a> <b>Open</b>
Canoe/Kayak	<a href="mailto:paddlingchair@amcsem.org">paddlingchair@amcsem.org</a> George Wey
Canoe/Kayak (Vice)	<a href="mailto:xxxxxx@amcsem.org">xxxxxx@amcsem.org</a> <b>Open</b>
Cape Hiking	<a href="mailto:capehikingchair@amcsem.org">capehikingchair@amcsem.org</a> Pat Sarantis, 508-430-9965
Cape Hiking (Vice)	<a href="mailto:capehikingvicechair@amcsem.org">capehikingvicechair@amcsem.org</a> <b>Open</b>
Communications	<a href="mailto:communicationschair@amcsem.org">communicationschair@amcsem.org</a> Cheryl Lathrop, 508-668-4698
Comms. (Vice)	<a href="mailto:xxxxxx@amcsem.org">xxxxxx@amcsem.org</a> <b>Open</b>
Conservation	<a href="mailto:conservationchair@amcsem.org">conservationchair@amcsem.org</a> Joanne M. Jarzowski, 508-212-4427
Conservation (Vice)	<a href="mailto:conservationvicechair@amcsem.org">conservationvicechair@amcsem.org</a> <b>Open</b>
Education	<a href="mailto:education@amcsem.org">education@amcsem.org</a> Mike Woessner, 508-577-4879
Education (Vice)	<a href="mailto:educationvicechair@amcsem.org">educationvicechair@amcsem.org</a> <b>Open</b>
Hiking	<a href="mailto:hikingchair@amcsem.org">hikingchair@amcsem.org</a> Chris Pellegrini, 508-406-5319
Hiking (Vice)	<a href="mailto:hikingvicechair@amcsem.org">hikingvicechair@amcsem.org</a> Walt Granda
Membership	Len Ulbricht, <a href="mailto:membershipchair@amcsem.org">membershipchair@amcsem.org</a> 508-359-2250
Membership (Vice)	<a href="mailto:xxxxxx@amcsem.org">xxxxxx@amcsem.org</a> <b>Open</b>
Skiing	<a href="mailto:xcskichair@amcsem.org">xcskichair@amcsem.org</a> Barbara Hathaway, 508-880-7266
Skiing (Vice)	<a href="mailto:xcskivicechair@amcsem.org">xcskivicechair@amcsem.org</a> Farley Lewis, 508-775-9168
Trails	<a href="mailto:trailschair@amcsem.org">trailschair@amcsem.org</a> Kevin Mulligan
Trails (Vice Chair)	<a href="mailto:trailsvicechair@amcsem.org">trailsvicechair@amcsem.org</a> <b>Open</b>
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Social Networking Webmaster	Susan Salmon (moderator) Kerry Grenier, <a href="mailto:webmaster@amcsem.org">webmaster@amcsem.org</a>
Webmasters, Asst.	James Allen, Bill Desmond, Chad Wohlers
Web Proofreader	Kate Patroliia
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CYP Coordinator	<a href="mailto:cypcoordinator@amcsem.org">cypcoordinator@amcsem.org</a> Sally Delisa, 781-834-6851

The chapter includes ~3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

**MOVED?** Send your new address to: AMC, 5 Joy St., Boston, MA 02108. Or the **Member Center** at [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter), or 800-372-1758.

**NON-SEM AMC MEMBERS:** Want the quarterly *Breeze* newsletter? Send your address & a \$10 check payable to "AMC SEM" to: Leslie Carson, ATT: Non-Member Breeze Subscription, 64 Mill Road, East Sandwich, MA 02537.

### Communications Committee has an opening!

Vice Communications Chair – Attend executive board meetings to watch and learn; and help the Chair publish the *Breeze* and oversee the chapter website for 2011. Then take over as Communications Chair in 2012 and oversee a wonderful staff of webmasters, editors, and proofreaders! Contact: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org).

### Volunteer for SEM Membership Committee!

The Membership Committee has 2 goals: to welcome new members and to introduce SEM activities to nonmembers and encourage them to join. We need volunteers to staff SEM “show and tell” displays at local organizations, help with new-member events, and assist in planning membership initiatives. Contact Len Ulbricht, [membershipchair@amcsem.org](mailto:membershipchair@amcsem.org), or 508-359-2250.

### Earl Russell Ottey, Jr.

Russ Ottey, Jr., of North Falmouth, died July 19, 2010. Throughout his life, Russ devoted himself to preserving and enjoying the outdoors, and to showing others how to do the same. He was a former Chair of AMC SEM and led many trips. Those who wish to honor his life may like to follow his example and make a new friend, and/or make a contribution in his memory to the Appalachian Trail Conservancy, P.O. Box 807, Harpers Ferry, WV 25425-9988.

### March Membership Open House

For Prospective, New, Old and Armchair Members. Coming in March, date TBD. Watch the next issue of the *Breeze* for details. Introduce new and prospective members to SEM’s activities and discuss ways to get outdoors in activity of your choice. Find out how to get started. Get feedback from all participants. We’d like to hear your ideas on outdoor interests, what works, what doesn’t. Feedback can only make us better. Socialize with other members and event leaders. Meeting a familiar face on that first trip will make it that much more enjoyable. Share in a potluck supper. No one should go away hungry. Contact Len Ulbricht, Membership Chair, at [membershipchair@amcsem.org](mailto:membershipchair@amcsem.org) for more information.

### WE’RE GOING GREEN!

Enjoy your paper *Breeze* while it lasts! The chapter is considering changing to electronic distribution of the *Breeze*. Watch for more on this important decision...

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## SEM 2000 MILE CLUB

MILEAGE as of 9/30/10

Name	Residence	Miles To Date	Yrs in Club
Glenn Mathieu	Centerville	6,850	2
Leonard Leonardi	Franklin	5,070	3
Lou Outor	Rochester	4,309	5
Gianluca Marchi	Taunton	3,545	5
Joe Tavilla	Osterville	3,467	3
Steve Knigge	Mansfield	3,215	2
Dan Egan	Brockton	3,195	4
Fred Chase	E.Providence	3,194	1
Ed Foster	Cotuit	2,957	4
Joe Barry	Yarmouth	2,859	
Roger Scholl	Rochester	2,817	3
Jean Orser	Yarmouth	2,690	
Jim Kipela	Wareham	2,690	
Larry Cohen	South Easton	2,562	2
Gerard Nelson	Sandwich	2,325	2
Lawton Gaines	Canton	2,206	
Barry Gallus	Cotuit	2,182	
Pam Patrick	Orleans	2,125	2
Will Mason	W. Barnstable	2,122	2
Ron Sikora	Cotuit	2,004	
Lee Eckhart	Assonet	1,936	
Mark Tisdale	Marstons Mills	1,881	1
John Sullivan	Marshfield	1,833	3
Linda Church	Falmouth	1,800	2
Martin Leahy	Hanover	1703	
Jack Jacobsen	Fairhaven	1,689	5
Ted Rowan	Falmouth	1,649	
Paul Currier	Sandwich	1,546	5
Bob Kennedy	Brockton	1,475	2
Michael Powers	Yarmouth	1,420	

### RED LINE the BLUE HILLS NEWS

On September 9, at #4047, we had 2 BLUE LINE finishers—Joe Keogh and Cheryl Lathrop. That’s their 2<sup>nd</sup> time walking every trail in the Blue Hills (140 miles). Joe and Cheryl were also the leaders of the RLBH Thursday night hiking series this year.



JOE KEOGH & CHERYL LATHROP

## 25 Year Membership Recognition

The following SEM members achieved 25 years of continuous AMC membership between January 2009 and August 2010. They received a commemorative pin and were honored at the Annual Meeting. Thank you for your long term support of the AMC!



Mr. William Buss (family)  
Mr. Charles Christie (individual)  
Mr. Scott Demacedo (individual)  
Ms. Rosemary DeVeer (individual)  
Mr. Paul Farrington (family)  
Ms. Lorraine Frederickson (senior)  
Mr. Richard Graves (individual)  
Mr. Patrick Gray (family)

Ms. Nancy Griffith (family)  
Mr. Hanns Heiliger (lifetime)  
Mr. Stan Kaczynski (family)  
Ms. Janet Kaiser (family)  
Ms. Linda Kent-Davis (family)  
Ms. Vera Kistiakowsky (individ.)  
Mr. Gregory Prendergast (individ.)  
Mr. Mark Preu (family)

Mr. Richard Quimby (senior)  
Mr. William Saltonstall Jr. (fam.)  
Mr. Donald Springhetti (individ.)  
Mr. Hank Stahr (senior)  
Ms. Carol Todd (family)  
Ms. Virginia Tursi (senior)  
Mr. Frederick Walters (individual)

## Distinguished Service Award (DSA)

At the 2010 SEM Annual Meeting, Walter Morin received the chapter's Distinguished Service Award. Walter was a past chapter chair and hiking chair as well as an active 4-season leader and participant. He was a biology instructor at Bridgewater SC and for many years made it possible to use their facilities for SEM events. He was also a CPR instructor and a strong proponent for leader training. Walter was highly respected among leaders; he opened his home for board meetings and ran tight and efficient meetings. He was instrumental for making sure things got done for various SEM activities. He was always there when you needed him and created a sense of commitment. Please congratulate Walter Morin as the 2010 recipient of this award.



## Boyden Wildlife Refuge Trail Work:

SEM was instrumental in volunteering our services to Friends of Boyden Wildlife Refuge on October 9, to help them install rail and post along the entrance to the reserve. Working together as a unit, we were able to install almost 500' of fencing in one day. Volunteer efforts with local groups at the Blue Hills, Borderland, and Myles Standish have been recognized and greatly appreciated, and the AMC has come through, particularly during a time with budget cuts and limited staffing at state and federal levels. Without these efforts, we would not be able to enjoy safe and beautiful hiking trails in our own backyards. Thanks so much to all that have made this happen.



DIGGING...DIGGING...



COMPLETED FENCE!

## Lonesome Lake (SEM's adopted trail)

We are planning 2011 trail work on our adopted trail at Lonesome Lake in the White Mountains. Save May 21; we reserved 20 bunks. And plan on a great hike up one of the local 4000-footers the following day. We're counting on a great turnout. Contact Kevin Mulligan at [kevin.55@yahoo.com](mailto:kevin.55@yahoo.com) as soon as possible to reserve your spot. It should be a fun weekend to enjoy hiking and help give back a little with a few hours of trail work. More to come as we get closer.

## SEM Family Hikes

SEM has a new Family Hiking Series! Note that a few of these hikers on the Tully Trail Family Hike are getting a free ride! Watch the hike listings for future family-friendly hikes!



## SEM Chapter Youth Program

The SEM new Chapter Youth Program (CYP) conducted their first event —21 children and 4 of their counselors from the South Coast YMCA- New Bedford attended the outing in S. Dartmouth. Three CYP Leaders led hikes in the woods and on the beach at the Lloyd Center for the Environment. The leaders introduced Leave No Trace (LNT) concepts while assisting the children with environmentally friendly scavenger hunts in both habitats.



First CYP Outing, August 11



Leslie Carson, Sally Delisa (CYP Coordinator), Walt Granda



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## "Hutless" Chapter Hut Weekend was a Real Crowd-Pleaser

by Paul Miller



For the third year in a row, we held our annual "Chapter Hut Weekend" at the AMC Cold River Camp in beautiful Evans Notch, NH. The more astute SEM members will note that the Cold River Camp is not technically a "hut." In fact, with easy drive-up access, cozy (mostly) two-person cabins, a comfortable fireplaced lodge, and indoor plumbing (including real hot showers), Cold River Camp does not match anyone's vision of a high mountain hut. Also,

I don't know of any AMC huts that can accommodate members who wish to ride road bikes and paddle kayaks...as well as wear out their hiking boots. In fact, the only things that the Cold River Camp and the typical AMC high mountain hut have in common are beautiful mountain views, excellent hiking trails, and wonderful staffs. Trust me, as fond as I am of the AMC high mountain huts, this is all good. Because, while many enjoy doing so (myself included) you shouldn't *have* to be able to hike ten miles with a full pack and sleep in crowded bunkrooms with minimal sanitary facilities to be able to enjoy an overnight mountain experience with the club.

More than 40 SEM members, spanning a wide range of ages and fitness levels, made the trek up to Evans Notch for the weekend this year, filling up the Cold River Camp pretty much to capacity.

Members who drove up on Thursday had the opportunity to participate in a group hike up nearby Caribou Mountain (2828'). According to several hike participants, the light rain that fell for part of the hike did not spoil the fun or get in the way of the summit views. Best of all, the weather only got better from there, with a nice sunny day on Saturday and unseasonably mild nights. (So far, the "weather gods" have been good to us for our Evans Notch sojourns).

Those of us that drove up Friday morning arrived in time to go for a hike, bike ride, or paddle on our own Friday afternoon. Kevin Mulligan (our chapter Trails Chair) and I took the opportunity to hike up to the summit of Little Deer Hill, right behind the camp, where we enjoyed the nice views of Evans Notch. However, we timed this little hike carefully to be able to get back down to camp in time for a quick shower and the all-important wine and cheese "happy hour" on the Conant Lodge's comfortable covered porch, with its comfortable rocking chairs and nice views of the nearby Baldfaces. An excellent dinner (accompanied by more wine) and post-dinner socializing in the Conant Lodge followed.

Saturday at Cold River Camp offered a variety of activity options, including four different group hikes. With eighteen people signing up for the always-popular Speckled Mountain/Blueberry Ridge hike, we had to break up into two groups to comply with Wilderness etiquette (while the Cold River Camp is not located in a wilderness area, many local hikes are in the adjacent Caribou-Speckled Mountain Wilderness). Both groups enjoyed spectacular views from the 2906-foot summit of Speckled Mountain (where we briefly met) as well as on the exposed ridges coming down from Blueberry Mountain. Another group drove a bit to climb Mt. Moriah (a 4000-footer to add to their respective lists), and were considerate

enough to stop at a state liquor store in Gorham on the way back to replenish our rapidly diminishing supplies of beer and wine. Yet another group hiked Deer Hill, which while modest in elevation at 1367 feet, offered impressive views of Evans Notch.

Others in the group took advantage of the excellent nearby kayaking opportunities on Shell Pond and Lake Kezar and bike riding on Evans Notch's scenic and virtually untraveled back roads.

Once again, the various groups were careful to make it back to the Cold River Camp in time to enjoy yet another happy hour on the porch of the Conant Lodge, followed by another excellent dinner in the lodge and socializing around a roaring campfire following dinner. (It could just be me, but the repartee around the campfire seemed somewhat more restrained than in previous years.) We also had a moonlight hike on the Conant Path for those who wished to participate.

Following breakfast on Sunday morning, we all gathered for the traditional group picture on the porch and then packed up before squeezing in one more hike or bike ride or just hitting the road for the trip back to Massachusetts.

Many thanks to Jim Plouffe for organizing another great chapter weekend, to all the leaders who led hikes, and to the friendly staff at the Cold River Camp who take such good care of us.

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## **We completed the "North-South Trail" this year!!**

This year, Leader Fred Wason planned and organized Sunday section hikes to complete the 78-mile "North-South Trail" that runs along the border of CT & RI. Co-leaders were Ellen Correia and Cheryl Lathrop. The group started at the MA border, and hiked through the countryside to the ocean—and jumped in! Then they celebrated with champagne and lunch at a clam shack. The trail was rural and scenic: lakeshores, bogs, beaches, hills, rock outcrops, farmland, and woodland.



## **AMC 135<sup>th</sup> Annual Meeting**

The 135<sup>th</sup> Annual Meeting of the Appalachian Mountain Club will be held on Saturday, January 29, 2011, at The Sheraton Four Points, Norwood Hotel & Conference Center, Norwood, MA. [[www.outdoors.org/about/annualmeeting](http://www.outdoors.org/about/annualmeeting)]

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## NEWS FROM "JOY STREET"

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### Have you ever heard us refer to "Joy Street" ? Joy St. is where the AMC main office is located—5 Joy Street, Boston, MA 02108

Save the date, AMC's 135th Annual Meeting - will be held on Saturday, January 29, 2011 at the Sheraton Four Points, Norwood Hotel & Conference Center, Norwood, MA. This event is open to everyone & will include exciting workshops, an AMC Showcase highlighting AMC Chapters & destinations, volunteer awards, & AMC's 135th Business Meeting. This year's keynote speaker is Dr. Char Miller, author & US Forest Service historian. Dr. Miller will be speaking on the 100th anniversary of the Weeks Act & AMC's involvement in its formation. Questions regarding Annual Meeting 2011 can be directed to Cindy Martell, Event Coordinator, at 617-391-6603 or [cmartell@outdoors.org](mailto:cmartell@outdoors.org). Registration information & more details can be found at: [www.outdoors.org/annualmeeting](http://www.outdoors.org/annualmeeting)

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Reservations now open for Gorman Chairback Lodge & Cabins - Skiers, snowshoers, hikers, paddlers, & anglers will enjoy new outdoor adventures & new comfort with the opening of AMC's Gorman Chairback Lodge & Cabins on January 27. Located on the shore of Long Pond, Gorman Chairback is the newest stop on AMC's popular lodge-to-lodge ski route, as well as a spectacular weeklong destination. Winter guests ski into the lodge & can take advantage of a new trail network near Long Pond & Henderson Brook, snowshoe up to Third Mountain on the Barren-Chairback Ridge, or enjoy the lodge reading area & wood-fired sauna. The new lodge is registered as a Leadership in Energy & Environmental Design (LEED) green building project. Furnishings have been provided through a generous donation by L.L. Bean. Newly refurbished private cabins include queen beds, wood stoves, & gas lamps. Home-cooked meals are served in the main lodge. To book a 2011 winter or summer stay, visit [www.outdoors.org/mainelodges](http://www.outdoors.org/mainelodges) or call AMC Reservations at 603-466-2727.

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Ski, Stay, & Save in New Hampshire - This winter enjoy all-inclusive ski & stay packages at Highland, Cardigan, & Joe Dodge Lodges. Packages include dinner, lodging, breakfast, & discount or free ski ticket, with special breaks for midweek stays. Choose from downhill & cross-country ski packages when you stay at the Highland Center. Bretton Woods Nordic ski trails leave right from the lodge door. The cross-country package starts at just \$83 per night for members, & the downhill package starts at \$126 per night for members. At Joe Dodge Lodge, you can cross-country ski & tube for free at nearby Great Glen Trails. This special package starts at the low price of \$65 per night for members. Guests can also choose the downhill ski package & enjoy great powder at Wildcat. Prices start at \$102 per night for members. Cardigan Lodge offers a classic backcountry ski lodge with miles of trails & is located just 45 minutes from Ragged Mountain. Ski & stay package includes full-service lodging with meals on weekends, & self-service midweek. For more information & reservations, visit [www.outdoors.org/winterguide](http://www.outdoors.org/winterguide) or call 603-466-2727.

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Back by popular demand, Maine Woods guided Lodge-to-Lodge skiing adventures - AMC is offering 2, 3, & 4-night guided lodge-to-lodge skiing adventures in February. These packages let you experience the beauty of the Maine wilderness with a trusted AMC guide by your side. You'll enjoy your own private cabin, home-cooked meals, gear shuttling, & warm hospitality. Guided prices for members start at \$338 per person. Self-guided lodge-to-lodge skiing packages are also available from January 21-March 30, letting you explore this winter wonderland at your own pace. Gorman Chairback Lodge & Cabins opens on January 27 & is the newest stop on AMC's expanded lodge-to-lodge ski trail. Gear shuttling is included, & self-guided prices start at \$218 per person for AMC members. For more information & reservations, visit [www.outdoors.org/winterguide](http://www.outdoors.org/winterguide) or call 603-466-2727.

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New Fall titles from AMC Books—AMC Books are available through bookstores & outdoor retailers, or directly from AMC at [www.outdoors.org/amcstore](http://www.outdoors.org/amcstore) or by calling 800-262-4455. When members order directly from AMC, they receive a 10% discount & know that all proceeds go to support AMC's mission. Now Available:

"Nature Guide to the Northern Forest" by Peter J. Marchand - Part field guide, part natural history narrative, "The Nature Guide to the Northern Forest" will help you identify & understand the complex influences that shape the flora & fauna of the forests of northern New York, New Hampshire, Vermont, & Maine.

"AMC Guide to Outdoor Leadership, 2nd edition" by Alex Kosseff - This completely revised & updated handbook details the critical skills & concepts every professional or volunteer outdoor leader needs to know. Through easy-to-remember leadership models, case studies, & his own extensive leadership experience, author Alex Kosseff explores such topics as effective decision-making, group dynamics & communication, self-awareness & evaluation, backcountry ethics, & more.

"Best Backcountry Skiing in the Northeast" by David Goodman - From the author of the bible of Eastern backcountry skiing comes the most up-to-date resource for exploring the backcountry ski trails of the Northeast. This book features 50 trips through New Hampshire, Vermont, Maine, New York, & Massachusetts. You'll learn how to prepare for your adventure with helpful references.



# CHAPTER ACTIVITIES

## CLUB-WIDE ACTIVITIES

Jan. 29 **AMC 135<sup>th</sup> ANNUAL MEETING**

## CHAPTER- WIDE ACTIVITIES

Mar. **MEMBERSHIP OPEN HOUSE**

Mar. 26 **LEADERSHIP TRAINING**

Apr. 2,3 **WILDERNESS FIRST AID**

Summer **SEM SUMMER PICNIC**

Sep. 22-25 **SEM CHAPTER HUT WEEKEND**

## NOTE ACTIVITIES MARKED FOR :

**FT = First Timer**      **NM = New Member**

## HIKING / BACKPACKING

**IMPORTANT:** Hikers unsure of their ability should try only 1 level more difficult than previously completed. No pets without permission of trip Leader. Registration req'd for most trips. Hiking boots strongly recommended. For additional info or to register, contact the trip Registrar (R), Leader (L) or co-Leader (CL). Trip updates available at [trips.outdoors.org](http://trips.outdoors.org). Sign up for the SEM Short Notice E-Mail Trip List at [www.amcsem.org](http://www.amcsem.org).

**Rating codes** (e.g. C4D): first letter indicates distance in mi , middle number indicates pace, second letter indicates terrain.

Miles	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

**IMPORTANT:** No pets w/o prior permission of trip leader. Individuals under 18 years of age must be accompanied by a parent or responsible adult, & obtain prior consent from L. Those accompanying a minor are responsible for minor's actions. Reg. req'd for most hikes, preferably at least 1 week prior to the trip so Ls can discuss prior hiking exp., conditioning, clothing, & equipment.

**Leadership Training course**    **March 26, 2011**  
**Wilderness First Aid course**    **April 2-3, 2011**

**FULL MOON HIKES:** Watch the "short notice" email list (sign up at [www.amcsem.org](http://www.amcsem.org); scroll to bottom of page)

Thu., Dec. 2. Destruction Brook Woods (B3C). 5 to 6 mile hike on DNRT property. Meet at 10 AM at the Slades Corner parking lot. Bring lunch/snacks, water and rain jacket. Heavy rain will cancel. L Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com))

**(FT) (NM)** Sat., Dec. 4. Winter Hiking Series #1: Blue Hills Reservation (C3C). Join the Southeastern Massachusetts Chapter for the first hike in our Annual Winter Hiking Series. While hiking the trails in Blue Hills we will be learning about safe hiking in Winter. This hike will offer some nice views of

Boston and varied terrain. We will be planning lunch on one of the peaks. Keep your fingers crossed for some snow! L Chris Pellegrini (508-406-5319, [chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com)), L Mike Woessner, CL Leslie Carson ([lrc929@comcast.net](mailto:lrc929@comcast.net)), CL Bill Pellegrini ([billpellegrini@yahoo.com](mailto:billpellegrini@yahoo.com)), L/R Jim Plouffe (508-586-1394 6:00-9:00pm, [jimplouffe@comcast.net](mailto:jimplouffe@comcast.net))

**(FT) (NM)** Sun., Dec. 5. Family Hike #4: Borderland with Cookies and Eggnog (C3D). Family hike - quiet woods and fields while eating a cookie and drinking eggnog. Warm clothing required. L/R Jim Plouffe (508-586-1394, [jimplouffe@comcast.net](mailto:jimplouffe@comcast.net)), L Bill Pellegrini, L Wayne Anderson, CL Chris Pellegrini

Thu., Dec. 9. Thursday Morning Hike: Warner Trail, Wrentham (B3C). Meet 9:45 at end of Randall Rd, Wrentham. Bring water, snacks, lunch. Directions: 495 ex 15. Right onto 1A Wrentham. Right at Randall Rd (King Philip Plaza sign). Rain cancels. L Joanne Stanisclia (508-528-6799 7:00-9:00pm, [joannes1@localnet.com](mailto:joannes1@localnet.com))

Sun., Dec. 12. Winter Beach Series #1 (B3C). Duxbury Beach to Powder Point Bridge to the Gurnet. Experience the beauty of the beach in winter. Dress warmly in layers and have wind protection. Start at 9am; 4 hrs. L/R Maureen Kelly (508-224-9188 4:00-8:00pm, [MoKel773@aol.com](mailto:MoKel773@aol.com))

**(FT) (NM)** Thu., Dec. 16. Bay Circuit Trail (C3C). Bay Circuit Trail-Duxbury to Pembroke. Please register for directions/weather/possible carpool. L/R Sally Delisa (781-834-6851 before 9:00pm, [delisally@yahoo.com](mailto:delisally@yahoo.com))

Sat., Dec. 18. Snowshoe Series #1. Beg/Intermediate snowshoe following gently graded trails to Bridal Veil Falls in Easton-Franconia area. L/R Leslie Carson (508-833-8237 after 6:00pm, [lrc929@comcast.net](mailto:lrc929@comcast.net)), CL Karen Newberger

Thu., Dec. 30. Hike Massasoit (B3C). Winter walk around ponds at state park. Sturdy winter shoes or boots, water, lunch. Approx. 5-6 miles. L/R Elsie Laverty (508-823-0634 before 9:00pm, [elavmca@tmlp.net](mailto:elavmca@tmlp.net))

Sat., Jan. 8. Winter Hiking Series #2: Pack Monadnock (C3C). Second hike in our winter series. Great views for little effort. Full winter gear required. L Ken Jones ([lotsoluck@comcast.net](mailto:lotsoluck@comcast.net)), CL Walter Granda, R Mike Woessner (508-577-4879, [Stridermw@hotmail.com](mailto:Stridermw@hotmail.com))

Sat., Jan. 8. Winter Hiking Series #2: Morgan-Persival (B3C). Second in our winter hiking series. 5.5 mi. loop over Mts. Morgan & Persival. Ridge walk, full winter gear required. CL Leslie Carson, CL Maureen Kelly, L/R Mike Woessner (12 Bradley Ln., Westford, MA 01886, 508-577-4879, [Stridermw@hotmail.com](mailto:Stridermw@hotmail.com))

**(FT) (NM)** Thu., Jan. 13. Noon Hill/Shattuck Reservation (C3C). Hike three-four miles on Trustees property in Medfield. Portion of Bay Circuit Trail, pond views, peak outlook, possible Charles River stop. See [www.trustees.org](http://www.trustees.org) for trail map. 10:00am start. Contact leader for directions. Traction footwear if snow or ice. Rain cancels. L Len Ulbricht (508-359-2250 before 9:00pm, [lenulbricht@comcast.net](mailto:lenulbricht@comcast.net))

Sat., Jan. 22. Snowshoe Series #2. Intermediate/Advanced - Leader's choice- Mt. Crawford or Kearsarge North. Winter conditions. Both have great views of the Whites. L/R Eva Borsody Das (781-925-9733, [borsody@gmail.com](mailto:borsody@gmail.com)), CL Karen Newberger

Sun., Jan. 23. Winter Beach Series (B3C). Winter Beach Series #2 - Horseneck Beach, Dress warmly, in layers and have wind protection. L/R Maureen Kelly (508-224-9188 4:00-8:00pm, [MoKel773@aol.com](mailto:MoKel773@aol.com))

Thu., Jan. 27. Blue Hills, Milton Hike (B3B). Meet at Houghtons Pond pkg. lot, Hillside St. 10:00 a.m. Bring food and water also suitable foot wear for conditions. L Claire Braye (508-857-0320, [cbraye57@comcast.net](mailto:cbraye57@comcast.net))

Thu., Feb. 3. Thursday Morning Hike Joe's Rock/Birchwood, Wrentham (C3C). 10 a.m. Joe's Rock, 121 Directions: 495 ex 15. Right then left at light, 4 m on right. Bring water, lunch to eat at leader's. Desserts, beverages provided. Traction devices if icy. Storm cancels. L Joanne Stanisclia (508-528-6799 7-9 p.m., [joannes1@localnet.com](mailto:joannes1@localnet.com))

Sat., Feb. 5. Winter Hiking Series #3: Mount Jackson (B3B). Third in our winter series. 4,052 Mt. Jackson has excellent views of the Dry River Wilderness. Full winter gear required. L Chris Pellegrini ([chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com)), CL Bill Pellegrini, R Mike Woessner (12 Bradley Ln., Westford, MA 01886, 508-577-4879, [Stridermw@hotmail.com](mailto:Stridermw@hotmail.com))

Sat., Feb. 5. Winter Hiking Series #3: Mount Cardigan (B3C). 360° views from the summit. Lots of exposure last 1/4 mi. Full winter gear required. L Ken Jones ([lotsoluck@comcast.net](mailto:lotsoluck@comcast.net)), CL Maureen Kelly, CL Walter Granda, R Mike Woessner (12 Bradley Ln., Westford, MA 01886, 508-577-4879, [Stridermw@hotmail.com](mailto:Stridermw@hotmail.com))

**(FT) (NM)** Thu., Feb. 10. Thursday Hike: Whitney and Thayer Woods (B3C). Whitney & Thayer parking area, 10am. Boots suitable for conditions, possibly traction devices/snowshoes, winter wear, water & lunch. From Route 3 (Ex 14), Route 228N 6.5 miles, right onto Route 3A, 2 miles to parking on right. Contact leader if questionable weather. L Eva Borsody Das ([borsody@gmail.com](mailto:borsody@gmail.com))

Sun., Feb. 13. Winter Beach Series (B3C). Winter Beach Series #3 - Plymouth Long Beach. Dress

warmly, in layers and have wind protection. L/R Maureen Kelly (508-224-9188 4-8:00pm, MoKel773@aol.com)

Sat., Feb. 19. Snowshoe #3: Blueberry Mountain, Benton, NH (C3C). Join us for the 3rd snowshoe series hike to Blueberry Mountain in Benton, NH. Intermediate 4.5 mile RT. CL Bill Pellegrini (billpellegrini@yahoo.com), L/R Christine Pellegrini (508-406-5319 6:00pm-9:00pm, chrispellegrini@yahoo.com)

**(FT) (NM)** Thu., Feb. 24. Rocky Woods, Medfield (B3C). Meet at 10:00 a.m. Hartford St. parking lot. Required equipment: hiking boots, rain gear, water and snacks. Heavy rain will cancel. Snow or ice will require yaktrax, stabilicers or snowshoes. L Walt Granda (508-999-6038 before 9:00pm, wlgranda@aol.com)

Fri., Feb. 25-27. Winter Series Overnight (B3B). 2 nights in Zealand Hut. Possible summits of Zealand and Hale. Full winter gear required. Fee. L Ken Jones (lotsoluck@comcast.net), L Jim Plouffe, CL Leslie Carson, CL Maureen Kelly, L/R Mike Woessner (12 Bradley Ln., Westford, MA 01886, 508-577-4879, Stridermw@hotmail.com)

Sat., Mar. 5. Snowshoe Series #4. Intermediate/Advanced - Excellent snowshoeing up Champney Falls Trail to Middle Sister Cutoff. Good views of Mt. Chocorua. L/R Leslie Carson (508-833-8237 after 6:00pm, ltc929@comcast.net), CL Maureen Kelly

**(FT) (NM)** Thu., Mar. 17. Hiking Allens Pond (B3C). Meet 10:00am, Allens Pond Wildlife Sanctuary. Req. equipment: hiking boots, rain gear, water & snacks or lunch. Heavy rain will cancel. Snow or ice will require yaktrax or stabilicers. L Walt Granda (508-999-6038 before 9:00pm, wlgranda@aol.com)

## CAPE COD HIKES

Most Cape Hikes are "Show & Go." For additional info, contact trip Leader/Co-Leader (L/CL) or visit [trips.outdoors.org](http://trips.outdoors.org). (Set Committee to "Cape Hikes.")

Miles	Pace (mph)	Terrain Type
AA = 13+	1 = v. fast (2.5)	A = v. strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

### \*\*\* Leadership Training March 26, 2011 \*\*\*

Sat., Dec. 4. Truro-Bay Sea Turtle Walk (C3C). Walk bay beach looking for hypothermic sea turtles. Meet @ Corn Hill Beach to carpool @ 9:45, 3.5 hrs. Bring lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Dec. 9. Cotuit-Little River Sanctuary (C3D). Wooded walk with views of Eagle Pond. Meet promptly at 9:45am. Car pool shuttle from parking area in front of Rite-Aid Pharmacy located at the intersection of Rt. 28 and Putnam Ave. in Cotuit. 2 hrs. L Farley Lewis (508-775-9168, farley@comcast.net)

Sun., Dec. 12. West Falmouth, Quaker Woods (C4C). Walk back in time 350 years to the site of one of the earliest Cape settlements, and see the first Quaker Burial Ground on the Cape. Meet 12:45. 2 hrs. See website or call for driving directions. If rain, call. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Dec. 16. Mashpee South Cape Beach (C3C). Flat hike through woods for 2mi., then 2mi. on sandy peninsula. From Mashpee rotary, take Great Neck Rd. south 2.7mi., left on Great Oak Rd. Follow to town beach pkg. Meet at 9:45am. 2hrs. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sun., Jan. 2. Provincetown, Clapp's Pond/Beech Forest (C3C). Meet 11:45 at Clapp's Pond trailhead on Rt 6, just past and opposite Shankpainter Rd. in Provincetown. Beautiful hike in lush woods with numerous and varied ponds. Moderate hills. Smallpox cemetery. 3.5 hrs. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Jan. 6. Yarmouth Three Ponds (C3C). Winter woods walk. Meet 9:45. Ex 8 S from Mid-Cape Hwy. R at second light. L on West Yarmouth Rd. Pk 1 mile on side of rd. Two hrs. Snow/Icy conditions cancel. Doubt? call L. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., Jan. 9. Falmouth, Long Pond, and Collins Woodlot (B3C). Walk along pond, moraine, and through town forest. See web listing for driving directions. More than light rain or snow cancels. Meet 12:45. 2.5 hrs. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Jan. 13. Yarmouth, Sandy Pond (C3C). Rt 6, Ex 7S, L Camp St, L Buck Island Rd, L Sandy Pond Rec. Area. Meet 9:45. 2 hrs. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net), CL Richard Kaiser (508-432-3277)

Thu., Jan. 20. Barnstable-Bridge Creek Conservation (C3D). Flat terrain, cedar upland, maple swamp and salt marsh, bogs, stone walls. Meet at 9:45am. 2 hrs from ex 5 off Rt 6 North on Rt 149...park along grass triangle on immediate left beside West Parish Church. L Farley Lewis (508-775-9168, farley@comcast.net)

Thu., Jan. 27. Crowe to Crowe Loop - Dennis (C3C). 2hr. hike. Paths, beach, quiet rds. Meet 9:45am. From Rt. 6, ex 9 onto Rt. 134N to Rt. 6A. R on 6A, L onto School St., then R onto South St. to lot on R past cemetery. L Maria Sylvester (508-385-4045, sylvester\_maria@hotmail.com)

Thu., Feb. 3. Harwich, Herring River Conservation (C3C). Dirt rds/woodland trails in Bell's Neck Area. Meet 9:45 Sand Pond, Great Western Rd, Harwich. Chili potluck after. L J Kaiser, 508-432-3277, jtkaiser@comcast.net.

Thu., Feb. 10. Mashpee-South Cape Beach (C3C). Flat hike through woods for 2 miles, then 2 miles on sandy peninsula. From Mashpee rotary, take Great

Neck Rd. S 2.7 mi, left on Great Oak Rd. Follow to town beach pkg. Meet at 9:45. 2 hrs. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sat., Feb. 12. Provincetown Race Point (C3B). Race Point Jeep rd/dune shacks/beach. 3.5hrs. Meet at 10:45am at Race Point Beach upper parking lot. Bring lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Feb. 13. Sandwich-Benjamin Nye Trail (C4C). Former game farm/fish hatchery. From Rt 6, Ex 4, N on Chase Rd for 1/2 mi, L on County Rd, @ 1 mi park across from Grange Hall. 2 hrs, meet @ 12:45pm. L Nancy Wigley (nrwigley@verizon.net)

Thu., Feb. 17. Harwich, Hawks Nest (C3C). Winter woods walk. Meet 9:45. From Rt 6 take Ex 11 S. Turn on Spruce Rd diagonally across from ex and park on both sides of the rd about half mile down. Snow/icy conditions cancel. Doubt? Call L. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Thu., Feb. 24. Brewster, Punkhorn Parklands (C3C). Hills, pond views. Ex 9B Rt 6; 2.0 mi. to R on Satucket, to R on Stony Brook Rd, 0.3 mi R on Run Hill Rd. 1.3 mi park on left. 2 hrs. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net).

## BIKE RIDES

NOTE: Approved helmets, water bottles, & spare tires req'd. If start time & location aren't indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, check *AMC Outdoors*, visit [www.amcsem.org](http://www.amcsem.org), or use the AMC online trip listing system: [trips.outdoors.org](http://trips.outdoors.org) (set Committee to "Biking" & Chapter to "Southeastern Mass"), or sign up for the SEM Short Notice list: [www.amcsem.org](http://www.amcsem.org).

Bike Ride Ratings		
Miles	Pace/MPH	Terrain
AA = 50+	1 = 17+	A = Very Hilly
A = 35-50	2 = 13-16	B = Hilly
B = 25-35	3 = 11-13	C = Rolling
C = <25	4 = up to 11	D = Flat

**WANTED:** Ride Leaders & Co-Leaders. Are you enthusiastic about cycling? Do you like showing other riders your favorite roads? If yes, then why not share your enthusiasm & routes w/ your fellow AMC members? Contact Bike Chair Joe Tavilla (508-428-6887, SilverSki@Earthlink.net) for more info.

**AMC SEM 2,000 Mile Club.** Our unique 2,000-mi Club! Certificates of achievement & embroidered award patches are presented annually to members who ride 2,000 mi or more per year. Contact the bicycling chair to reg. your mileage & for more info. L Joe Tavilla (508-428-6887 7-7, bikingchair@amcsem.org).

### Turn Those Tires on Tues.

Rides scheduled all year long, weather permitting. 25 mi of rd or 15 mi of mt. biking. Tues. at 2 p.m. Flat to hilly. Contact L for start location and

directions. Intermed. pace. Riders and bicycles in top shape; tires and riders pumped and ready to roll; helmets and water req'd. L Paul Currier (508-833-2690 8 am-7 pm, pbencurrier@hotmail.com)

Tue., Dec. 7. Tuesday Rides. Cape Scenic Cycling - Intermediate-paced rd or mountain biking, views of and stops at unique and interesting spots. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Dec. 14. Tuesday Rides. See Dec.7.  
Tue., Dec. 21. Tuesday Rides. See Dec. 7.

Tue., Dec. 21. Full Cold Moon Ride. Ride Sagamore and the canal to Buzzards Bay. Catch Onset Bay sunset. Tour Mass Maritime, Plymouth Bay moonrise. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Dec. 28. Tuesday Rides. See Dec.7.

Sat., Jan. 1. 8th Annual New Year's Day Ride. Kick off for our yearlong AMC SEM cycling schedule and our annual quests to attain 2000 or more miles. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Jan. 4. Tuesday Rides. See Dec. 7.  
Tue., Jan. 11. Tuesday Rides. See Dec.7.  
Tue., Jan. 18. Tuesday Rides. See Dec.7.

Wed., Jan. 19. Full Wolf Moon Ride. Ride Sagamore and the canal to Buzzards Bay. Catch Onset Bay sunset, tour Mass Maritime, Plymouth Bay moonrise. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Jan. 25. Tuesday Rides. See Dec.7.  
Tue., Feb. 1. Tuesday Rides. See Dec.7.  
Tue., Feb. 8. Tuesday Rides. See Dec.7.  
Tue., Feb. 15. Tuesday Rides. See Dec.7.

Fri., Feb. 18. Full Snow Moon Ride. Ride Sagamore and the canal to Buzzards Bay. Catch the Onset Bay sunset, tour Mass Maritime, Plymouth Bay moonrise. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Feb. 22. Tuesdays Rides. See Dec. 7.

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## PADDLES

For info on SEM canoe & kayak trips, check *AMC Outdoors*, visit [amcsem.org](http://amcsem.org), use the online trip listing system: [trips.outdoors.org](http://trips.outdoors.org), (set Committee to "canoe/kayak", set Chapter to "Southeastern MA").

See you in the spring!

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## TRAILS

May 21, Lonesome Lake Trailwork

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## SKI (XC and DOWNHILL)

Sat., Jan. 1-Feb. 28. Midweek Downhill Ski. Downhill ski day trip biweekly to areas in southern NH, depending on conditions. For experienced intermediate level skiers only. L Len Ulbricht (508-359-2250 before 9:00pm, lenulbricht@comcast.net)

Sat., Jan. 8. XC Ski Instructional Workshop. Learn to use your new skis or brush up on technique. Suitable for all abilities, must have own equipment. Leaders choice. Reg with L/R Art Paradise, [paradice1@mindspring.com](mailto:paradice1@mindspring.com), 978-372-7442 (7-10 PM). L Bob Bentley (508-866-3057 7:00-10:00pm)

Wed., Jan. 12. Ski Cape Cod. X-C Ski on Cape Cod if snow conditions are favorable. Contact Leader for further details on meeting time and location. L Farley Lewis (508-775-9168, farlewis@comcast.net)

Fri., Jan. 14-17. XC Ski MLK Weekend, White Mountains. SEM and Boston's 40+ offer skiing and snowshoeing. 3 nights and meals at Applebrook B&B in Jefferson. Cost \$200-350 p/p. Register with Barbara. L/R Barbara Hathaway (508-880-7266 before 9:00pm, barb224@tmlp.net), CL Wayne Cardoza (603-673-2518 before 9:00pm, wmc\_amc@comcast.net)

Fri., Jan. 14-17. Catamount Trail Backcountry Ski Touring. MLK weekend of ski touring along the Catamount in the Ludlow area (Section 9,11 & TBD). Stay at a cozy family inn. Participants should be capable of skiing 5-7 miles each day. Trails are classic New England backcountry, forested, and fun to ski. Approx. \$310 pp, Sat-Sun -Mon brkfst and Sat-Sun dinner. Reg by Dec 15. L Art Paradise (978-372-7442 7:00-10:00pm, [paradice1@mindspring.com](mailto:paradice1@mindspring.com)), L Bob Bentley (508-866-3057 7:00-10:00pm)

Tue., Feb. 15. XC Ski: Great Brook Touring Center. XC skiing at Great Brook Ski Touring in Carlisle, MA, conditions permitting. Meet at 10 a.m. Bring, water, snacks, lunch. Beginner/intermediate; ski rentals available. L Barbara Hathaway (508-880-7266 before 9:00pm, barb224@tmlp.net)

Fri., Mar. 4-6. XC Skiing, White Mountains. Boston 40+ and SEM join together at Applebrook B&B in Jefferson, NH for skiing and snowshoeing. 2 nights lodging, 2 breakfasts, 1 dinner, from \$85-180 p/p. L/R Barbara Hathaway (508-880-7266 before 9:00pm, barb224@tmlp.net), CL Wayne Cardoza (603-673-2518 before 9:00pm, wmc\_amc@comcast.net)

Sat., Mar. 5-6. Zealand Falls Ski Touring. X-Country ski into Zealand Hut. Intermediate skiers capable of skiing with ~25 lb pack. Will need to carry extra clothes, sleeping bag, and community food. Spend the night in hut and fix group dinner and breakfast. Meet at the trailhead, ski in early, drop gear at hut and ski around area Sat., and ski out Sun. Approx \$45. L Art Paradise (978-372-7442 7:00-10:00pm, [paradice1@mindspring.com](mailto:paradice1@mindspring.com)), L Bob Bentley (508-866-3057 7:00-10:00pm)

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## EDUCATION

Mar. 26 LEADERSHIP TRAINING  
Apr. 2,3 WILDERNESS FIRST AID

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## CONSERVATION

Watch our website for upcoming events!

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## MEMBERSHIP

March, Open House

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## CHAPTER YOUTH (CYP)

Dec. 4-5, Leave No Trace Trainer Course

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## ADDITIONAL ACTIVITY LISTINGS AT:

[WWW.AMCSEM.ORG](http://WWW.AMCSEM.ORG)



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### **CONSERVATION CORNER**

by Joanne Jarzobski, Conservation Chair



The Conservation Committee is looking for volunteers to help us kick off a series of events in 2011!

With the awarding of a grant, we've recently been able to purchase a digital projector and are planning a series of conservation-focused events that have both a presentation component and outdoor activity component. If you are conservation-minded and would like to help plan, organize, and/or get involved with this, or any of our other events, please contact the Conservation Chair, Joanne Jarzobski at [conservationchair@amcsem.org](mailto:conservationchair@amcsem.org).

 **Think green - Conserve it...then reuse it...finally recycle it!**



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On 100% recycled paper using  
environmentally friendly ink.*

## **ADDITIONAL CONTENT FOR ELECTRONIC SUBSCRIBERS ONLY !**

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### **SWAP \* BARTER \* SELL \* TRADE**

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### **JOIN THE AMC!**

**VISIT THE AMC SEM CHAPTER WEBSITE: [WWW.AMCSEM.ORG](http://WWW.AMCSEM.ORG)**

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