View from the Chair
By Jim Plouffe, Chapter Chair

I need your help.

I have one very small, easy task that needs to be completed and you are the perfect person to do it.

However, I have two problems: I don’t know who you are and I don’t know what the task is.

This is a really covert way of telling everyone that we need volunteers. I am a volunteer as is every one of the SEM Executive Board Members, each of the committee leaders, and many of the people who run the AMC.

We are not new to volunteering and I am positive that you aren’t either. But the difference is this: I am not looking for you to use up all your free time as a SEM volunteer. I am simply looking for someone to bring paper cups to our meetings or make a list of things needed for our Chapter Hut Weekend. I am looking for someone to make a couple of phone calls. And I am looking for someone to take pictures at our Open House.

The list of small, easy tasks that we need help with is large, but the time I am asking you to give to do one of these tasks isn’t. Would I be happy if, after you do one of the small tasks, you tackle another? Sure! I’d be ecstatic. But I’m not asking you to do that.

Why? Because if 20 people each did one easy simple task, then a whole lot would be accomplished without anyone noticing (except me, because I notice the small things people do). That means that a large event can go off without a hitch due to the small, easy task that you volunteered to do.

Every organization is looking for your help. Every organization is looking for you to donate money and volunteer a month of Sundays to their cause. The only thing we are looking for is for a bunch of people to do some very small tasks. Then, we will be a big success.

To volunteer for one of these small tasks or to find out other ways you could help us grow, contact me at Chair@amcsem.org. I look forward to meeting you. And to discussing how a small task that you can easily do can have a big impact on your chapter.

FEEDBACK WANTED
The chapter is considering changing from the paper Breeze newsletter to an electronic Breeze. Why? To be more green and to save on printing and mailing costs so we can use this money for additional programs. What’s your opinion? Email the Communications Chair at: feedback@amcsem.org. Or snailmail Cheryl Lathrop, 17 Robert St., Walpole, MA 02081
NOTICES

Meetings:
SEM Executive Board
Jun 8 – Bourne Community Center (6:30 pm)
(contact chair@amcsem.org for more info)

Hike Planning Meetings
Jun 01, Sep 07, Dec 07
(contact hikingchair@amcsem.org)

Where to find activities
1. The Breeze - arrives by email or snailmail
2. AMC Outdoors - arrives by snailmail
3. Online trip listings at www.amcsem.org (“schedules”)
4. Sign up for short notice trip listings at www.amcsem.org

Pix and Article Submissions
We encourage SEM members to submit letters, articles, and photos for both The Breeze and our website. Materials for publication will be edited for content and to fit available space and cannot be returned. Please send submissions to communicationschair@amcsem.org

Fall Breeze Deadlines: Jul. 7 trips; Jul. 15 articles & pix

SEM Non-members
Not an SEM chapter member? Want a subscription to The Breeze? Send your address and a $10 check payable to AMC SEM to: Leslie Carson, ATT: Non-Member Breeze Subscription, 64 Mill Road, East Sandwich, MA 02537.

Volunteers needed
Curious about the inner workings of your chapter? Volunteer for the Executive Board! Have technical skills? Volunteer for our website! Have writing/editing skills? Volunteer for The Breeze! Like kids? Volunteer for CYP! Want to get out more? Volunteer to lead a hike, bike, or paddle! We have lots of volunteer positions open! Please contact chair@amcsem.org if you’d like to get more involved with the chapter.

Find us on Facebook and Follow us on Twitter
CHAPTER WEBSITE: www.amcsem.org

AMC ACTIVITY PARTICIPATION POLICY
AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status. Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult. All participants in AMC activities are required to sign the AMC waiver form provided by the leader. Preview the waiver at: amcsem.org, Forms.

The Southeast Breeze, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 4 times a year. Editor: Cheryl Lathrop, Asst. Editors: Duncan Kendall, Ann McSweeney. Proofreader: Kate Patrollia.
Change of Address to AMC, 5 Joy St., Boston, MA 02108, 800.372.1758, or www.outdoors.org/membercenter

Appalachian Mountain Club
Southeastern Massachusetts Chapter

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Social Networking Susan Salmon (moderator)
Webmaster Bill Desmond, webmaster@amcsem.org
Asst. Webmaster Kerry Grenier, asstwebmaster@amcsem.org
Web Proofreader Kate Patrollia

The chapter includes ~3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.
Wayne Anderson gets a thank-you

On March 29, Wayne Anderson (left) received an award for his contributions to the Appalachian Mountain Club during his service as SEM Chapter Chair from 2009-2010. The award was presented by AMC staffer Roger Scholl during an SEM leadership training workshop that Wayne organized at Borderland State Park.

Have you found us on Facebook yet? It’s a great spot where members post outdoorsy info that you won’t find anywhere else. For example, you’ll find a hiking blog with subjects ranging from emergency water purification to the importance of sleeping in dry undies. Eagle cams, too. Watch baby eagles grow before your eyes. Lots of good stuff. Check it out. Facebook.com and search for AMC SEM Chapter. It’s easy. Fun, too!

SEM 2000 MILE CLUB -- 3/31/2011

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<thead>
<tr>
<th>Name</th>
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<td>Mark Tisdale</td>
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<td>Paul Currier</td>
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<td>Lee Eckhart</td>
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Super Turnout at SEM Open House

Our March 19, SEM Open House filled the Bourne Community Center’s dining hall to the brim for an evening of socializing, sharing outdoor experiences, and feasting on a hearty pot luck meal. This was the second year in a row the Open House was held at the community center.

Our 38 registrants included not only recent new members but a few ‘prospectives’ whom we hope will join the chapter. There were also several long time members that enjoy AMC up north but had not previously engaged in our chapter’s events, and even a returning member from last year’s Open House. Our guests mixed with a dozen or so Board members and trip leaders who volunteered their time to offer encouragement, share experiences, and suggest ideas for getting started in the variety of outdoor trips we offer.

Our guests were treated to briefings on SEM’s hiking, biking, and skiing trips as well as conservation and social events. A slide show of photographs taken at many of our events gave a visual backdrop to the briefings. Though the Knife Edge shots on Mt. Katahdin were intimidating to some, Thomas, the 14 year old in attendance, thought they were cool. Fortunately, the Knife Edge is optional!

Food was plentiful. It ranged from a zesty bean dip and salmon hors d’oeuvre to spiral ham and chili with assorted side dishes, salads, and mucho desserts. No one needed to leave famished.

Go the Distance at ALDHA Weekend

Interested in covering some serious ground? The Appalachian Long Distance Hiking Association will hold its annual gathering in North Adams, MA Oct. 7-9. For info about the group or the event, http://www.aldha.org/index.htm/.

Help us grow!

Are you a people person who likes to help others? Do you have some free time? SEM needs a Membership Committee Vice Chair. Help new and prospective members learn about SEM and how to participate in our chapter. Assist Chair in promoting SEM activities and take over as 2012 Membership Chair. For info, email Len at membershipchair@amcsem.org.
Leadership training shows class.

There was an excellent turnout for the annual leadership training workshop held March 26 at Borderland State Park. This training is a stepping stone for those SEM members seeking to qualify as volunteer AMC trip leaders. In spite of the cold weather, both the class members and instructors were able to manage smiles for the camera.

For info on the next workshop, please contact Len Ulbricht at membershipchair@amcsm.org or 508-359-2250.

Wilderness First Aid Training 2011.

On the weekend of April 2-3, SEM held Wilderness First Aid, and CPR, training at the AMC Noble View Outdoor Center (amcberkshire.org/noble), in Western Mass. AMC’s Noble View Outdoor Center sits high on a hilltop, with breathtaking views of the Pioneer Valley. Below, several participants soak up the beauty of nature.
SEM winter hiking 2011.
by Mike Woessner

On November 7, 2010, 26 people attended the SEM Winter Series Workshop. Presenters covered topics: winter hiking techniques, clothing, equipment, hydration, nutrition, and footwear. This half-day seminar was later followed by a series of three day hikes and then a two-night stay at the AMC Zealand Falls hut.

On December 4th, hikers got their first taste of winter hiking in the Blue Hills in Milton, MA. They hiked for about six miles stopping often to discuss concerns such as equipment, clothing, heat management, and nutrition. Although there was no snow, hikers got a feel for the amount of gear, water, and food that they would have to carry.

The next hike was scheduled for January 8th. As was to become the norm for this year's series, a snowstorm delayed the location and start of the hike. After the predicted storm in Massachusetts, hikers arrived at the trailhead to find very little snow. This hike was a 4.5 mile loop with a ridge walk between peaks Morgan and Persival in the Sandwich range of the White Mountains. As an added bonus, it snowed lightly on the hike back to the trailhead.

February 6th was the last day hike of the series. Two hikes were offered: Mt. Jackson on the Presidential Range (4052') and Mt. Cardigan (3155') in Orange, NH. Both groups of hikers got a chance to use crampons and other winter gear as there was no lack of snow in The Whites.

Finally the group was ready for the two-night overnight at Zealand Hut and once again a snowstorm changed the plan. A few hikers who had stayed in the Crawford Notch area were able to hike in Friday, February 25 and stay 2 nights. The rest had to wait for yet another storm to pass so that they could make it to the trailhead for an early start on Saturday. But, the weather was clear and not too cold as the remaining 13 headed up Zealand Road to the hut. Once there, 5 hearty hikers ventured out after a brief rest to climb up to Zealand Cliff where they were rewarded with spectacular views of the Pemi Wilderness. Afterwards everyone enjoyed a hearty meal of pasta, sauce, and garlic bread.

**Geek wanted**

Do you speak HTML? Are you a Dream Weaver? Then we want you! SEM needs another assistant webmaster to help keep our site fresh and current with weekly updates. Not too much time involved. And get a free pocket protector for signing up. Please contact webmaster@amcsem.org.

FIND US ON FACEBOOK!
FOLLOW US ON TWITTER!
CHAPTER WEBSITE: www.amcsem.org
How to reduce your carbon footprint

By Susan Salmon

June is here and everything is green again. What a pleasure it is to enjoy the warm sunny days! With all that green surrounding us, it’s a good time to start thinking about reducing our carbon footprints.

The term carbon footprint describes the impact our activities have on the environment, specifically as they relate to climate change from greenhouse gases. Burning fossil fuels, such as carbon dioxide (CO₂) for electricity, heating, transportation, etc. produce greenhouse gases. They trap heat in the atmosphere and are one of the reasons global warming has become a serious problem. Greenhouse gases have been on the rise since the Industrial Revolution but the rate has been increasing in recent years. Burning fossil fuels and deforestation are significant factors in the creation of greenhouse gases.

Our primary carbon footprint measures the emissions we personally create in large part from burning fuel to heat our homes and drive our cars, for the electricity we use, and even the long distance shipping of goods.

We are all familiar with ways to reduce our primary footprint and many of us have taken steps to do so. Turning off lights, TVs, computers, and game consoles when not in use is one of the simplest steps to take. Turning the heat down one degree and the air conditioning up a degree are also easy steps. Installing energy-saving light bulbs and hanging laundry to dry are other ways to reduce your primary carbon footprint. Other steps to take include running the washer and dishwasher only when full. A programmable thermostat set to turn the heat down at night and up in the morning will also help. Not only do these steps reduce fuel consumption but the electric and fuel bills will be less, too. If your refrigerator or freezer is more than 15 years old, you should consider buying new ones that have an energy efficiency rating of “A”.

Many of us live in neighborhoods that are too far from the local shops to get there by walking. Try organizing your day to run errands in one trip. Plan meals for the week, write a list, and make one weekly trip for groceries. These two steps reduce the fuel used driving around town and they are also a more efficient use of your time.

Our secondary footprint is the indirect consumption of energy from the life cycle of purchased products. The life cycle of a product begins with harvesting and transporting raw materials, the manufacture and transport of the finished merchandise, to the eventual breakdown and discarding of the product. The more we buy the more emissions are created on our behalf at this secondary level.

There are many easy ways to reduce our secondary footprint, as well. It begins by making conscious purchasing choices. You can begin by using refillable water bottles instead of buying bottled water. The same goes for buying coffee—bring your own reusable travel mug. Buy locally grown produce from the local farm stands or farmers’ markets. Local grocery stores also offer locally grown produce so it’s getting easier and easier to make that choice. Try to avoid over-packaged products and buy recycled products.

There are similar choices to consider when remodeling a home. For instance, granite for countertops mined in your local region will have less impact on the environment simply by the shorter distance to transport the material. Granite from New Hampshire will have a smaller carbon footprint than granite imported from Italy or elsewhere. Hardwood floors can be made from reclaimed wood or from sustainably harvested wood. Bamboo and cork flooring are other environmentally friendly options.

If you’d like to calculate your carbon footprint, check out the two calculators the EPA offers on their website; one is for personal and the other is for your household’s impact. Here are the links:

http://www.epa.gov/climatechange/emissions/ind_calculator.html
http://www.epa.gov/climatechange/emissions/ind_calculator2.html

Global warming may seem like an overwhelming problem to solve but each individual’s choices can collectively make a difference. Like the saying says, “Think Globally, Act Locally.” If people committed to caring for their little corner of the world imagine what a difference that would make globally. To quote another saying, “Be the change you’d like to see.” Let’s get started!

ANOTHER RLBH FINISHER!

Walt Granda is the first of the Thursday night Red Line the Blue Hills (RLBH) hikers to complete “green-lining” the Blue Hills. This means that Walt has hiked all 140 miles—every inch of every trail—of the Blue Hills three times! The first time he red-lined his map; the second time he blue-lined his map; and the third time he green-lined his map. What color is next?! He finished 3/18/11. Congrats to Walt!
CHAPTER ACTIVITIES

CLUB-WIDE ACTIVITIES
Oct. 14-16 FALL GATHERING
CHAPTER-WIDE ACTIVITIES
Sep. 22-25 CHAPTER HUT WEEKEND
Nov. 5 ANNUAL MEETING & DINNER

NOTE ACTIVITIES MARKED FOR: 
FT = First Timer  NM = New Member

FULL LIST at AMCSEM.ORG

HIKING / BACKPACKING

IMPORTANT: Hikers unsure of their ability should try only 1 level more difficult than previously completed. No pets without permission of trip leader. Registration required for most trips. Hiking boots strongly recommended. For additional info or to register, contact the trip leader (R), leader (L) or co-leader (CL). Trip updates available at trips.outdoors.org. Sign up for the SEM Short Notice E-Mail Trip List at www.amcsem.org.

Rating codes (e.g. C4D): first letter indicates distance in mi, middle number indicates pace, second letter indicates terrain.

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<thead>
<tr>
<th>Rating</th>
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<th>Terrain</th>
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<td>AA</td>
<td>1-very fast (2.5)</td>
<td>A=v. stren.</td>
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<tr>
<td>A = 9-13</td>
<td>2-fast (2)</td>
<td>B = strenuous</td>
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<tr>
<td>B = 5-8</td>
<td>3-moderate</td>
<td>C = moderate</td>
</tr>
<tr>
<td>C = 5</td>
<td>4-leisurely</td>
<td>D = easy</td>
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</tbody>
</table>

IMPORTANT: No pets w/o permission of trip leader. Under 18 yrs must be accompanied by parent or responsible adult, & obtain prior consent from L. Those accompanying a minor are responsible for minor’s actions. Reg. req’d for most hikes, preferably at least 1 wk prior to trip so Ls can discuss prior hiking exp., conditioning, clothing, & equipment.

(FT)(NM) Thu., Jun. 2. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT)(NM) Thu., Jun. 9. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(CE) Sun., Jun. 12. Midstate Trail Section Hike #4. Join us as we continue our quest to complete the 92 mile Mid-state Trail. Registration required. More info at http://mysite.verizon.net/fmwasonl, L Fred Wason (fmwason@verizon.net), CL Cheryl Lathrop, R Ellen Correia (ellencorreia@gmail.com)

(FT)(NM) Thu., Jun. 16. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT)(NM) Thu., Jun. 23. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

Sat., Jun. 25. Sandwich Mountain (Dome) (B3B). EL 3993 ft. El. Gain 2500 ft. 8 miles R/T. Several lookouts of Sandwich Range. Expect brook crossings. L Len Ulbricht (508-359-2250 before 8 pm, lenulbricht@comcast.net), CL Peter Sharpe (774-254-5013, sharppe121@hotmail.com), R Len Ulbricht (508-359-2250 before 8pm, lenulbricht@comcast.net)

Sat., Jun. 26. Mt. Isolation Backpack. Enjoy great views and camaraderie on an overnight backpack to Mt. Isolation. 14+ miles round trip. Backcountry experience req’d. L Leslie Carson (508-833-8237, ltc929@comcast.net), L Maureen Kelly (617-943-4288, NOTLITS@aol.com), R Maureen Kelly

(FT)(NM) Thu., Jun. 30. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT)(NM) Thu., Jul. 7. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

Sat., Jul. 9. SEM Summer Series hike #3 Mt Osceola (B3B). Third summer hike is a 4000 footer. Series participants have first priority, as spaces are limited. L Walt Granda (508-999-6038 before 9 pm, wlgranda@aol.com), CL Maureen Kelly (508-224-9188 4-8 pm, MoKel1773@aol.com), R Walt Granda (508-999-6038 before 9:00pm, wlgranda@aol.com)

(FT)(NM) Thu., Jul. 14. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(CE) Sun., Jul. 17. Midstate Trail Section Hike #5. Join this fifth section hike as we continue our 92 mile journey through central MA. Registration Required. Details at http://mysite.verizon.net/fmwasonl, L Fred Wason (508-699-7635, fmwason@verizon.net), CL Cheryl Lathrop, CL Bill Vickstrom, R Ellen Correia (ellencorreia@gmail.com)

(FT)(NM) Thu., Jul. 21. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT)(NM) Thu., Jul. 28. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT)(NM) Thu., Aug. 4. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT)(NM) Thu., Aug. 11. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)
CE Sun., Aug. 14. Midstate Trail section hike #6. Hike the sixth section of the 92 mile long Midstate trail. 8.3 miles on narrow scambly-y trails. Details at http://mysite.verizon.net/fmwason/. L Fred Wason (508-699-7635, fmwason@verizon.net), CL Cheryl Lathrop, CL Bill Vickstrom, R Ellen Correia (ellenencoria@gmail.com)

(AN) (CE) Mon., Aug. 15-20. Western Maine Hut to Hut Trek. Enjoy the ambiance of a Hut-to-Hut hiking experience. Hike along the ridges of a few 4000 footers, explore old growth forests, secluded lakes and rivers. Our days will be filled with hiking and canoeing while our evenings will be spent relaxing in comfortable huts. Our last day will be at a lakeside cabin in The Forks. ($488 pp). L Ken Jones (508-697-0142 6-10 PM Except Thursdays, lotsoluck@comcast.net) R Leslie Carson (508-833-2690 8:00AM-7-00PM, berwick67@gmail.com)

BIKE RIDES

NOTE: Approved helmets, water bottles, & spare tires req’d. If start time & location aren’t indicated, contact ride leader (L).

NOTE: for additional SE bike rides, check AMC Outdoors, visit www.amcsem.org, or use the AMC online trip listing system: trips.outdoors.org (set Committee to “Biking & Chapter to “Southeastern Mass”), or sign up for the SEM Short Notice list: www.amcsem.org.

AMC SEM 2,000 Mi Club. Our unique 2,000-mi Club! Certificates of achievement & embroidered award patches are presented annually to members who ride 2,000 mi or more per year. Contact the bicycling chair to reg. your miage & for more info. L Joe Tavilla (508-428-6887)

WANTED: Ride Leaders & Co-Leaders. Enthusiastic about cycling? Like showing others your favorite roads? If yes, then share your enthusiasm & routes w/your fellow AMC members! Contact Bike Chair Joe Tavilla (508-428-6887)

BIKE RIDE RATINGS

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<td>A = Very Hilly</td>
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<td>A = 35-50</td>
<td>2 = fast</td>
<td>B = Hilly</td>
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<tr>
<td>B = 25-35</td>
<td>3 = moderate</td>
<td>C = Rolling</td>
</tr>
<tr>
<td>&lt;25</td>
<td>4 = leisurely</td>
<td>D = Flat</td>
</tr>
</tbody>
</table>

Turn Those Tires on Tuesday
Rides scheduled all year long, weather permitting. 25 mi of rd or 15 mi of mtn. biking. Tues. at 2 p.m. Flat to hilly. Contact L for start location & directions. Intermed. pace. Riders & bicycles in top shape; tires & riders pumped & ready to roll; helmets & water req’d. L Paul
Tue., Jun. 28. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jun. 29. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Tue., Jul. 5. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 6. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 7. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)


Tue., Jul. 12. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 13. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 14. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Fri., Jul. 15. Full Buck Moon Ride. Canal/Gray Gables/Mashpee Island. 22 +/- miles. Buzzards Bay sunset/Sandwich moonrise. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Sat., Jul. 16. Osterville Village Day Ride. Waterviews, beaches, golf courses and the excitement of Osterville Village Day. 30(+/-) miles, flat/rolling. L Joe Tavilla (SilverSki@Earthlink.net)

Tue., Jul. 19. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 20. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 21. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Jul. 26. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 27. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 28. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Aug. 2. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 3. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 4. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Sat., Aug. 6. Easy Rider. Nice-N-Easy 22 miles, quiet country roads, beautiful Lakeville lakes, visit Lakeville Historical Museum. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Aug. 9. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 10. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 11. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Sat., Aug. 13. Sunset/Full Sturgeon Moon Ride. Hills/shores of Sagamore and canal trail to Buzzards Bay. Catch Onset Bay sunset. Tour Mass Maritime, moonrise over Plymouth Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Tue., Aug. 16. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 17. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 18. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Wed., Aug. 24. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 25. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Aug. 30. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 31. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

PADDOCKS

For information on SEM canoe & kayak trips, check AMC Outdoors, visit amcsem.org, use the online trip listing system: trips.outdoors.org, (set Committee to “canoe/kayak”, set chapter to “Southeastern MA”).

Wed., Jun. 1. Leader’s Choice. Probably Barnstable Harbor and Clay’s, Bass, and Lone Tree Creeks. L Ed Foster (5084207245, erfoster@comcast.net)

Sat., Jun. 4. Monks Cove to Widows Cove. Paddle across the CC Canal into Widows
Cove. Level 4. Strong currents/open ocean conditions. L (774-382-0634 anytime, gifallen@verizon.net)

(CE) Wed., Jun. 8. Slocum River, Little River. I 195 exit 12, S Faunce Corner Rd, cross Rt 6 Old Westport Rd to Chase Rd, R Russells Mills Rd to town park on L. PFD reqd. L Haven Roosevelt (508-636-0006 anytime, havenesq @ comcast.net)

Sat., Jun. 11. Bass River South. Dennis. Route6, Exit9S; R Upper County; L Main; R Cove to Town Landing. Life vest required; spray skirt if windy. L Paul Corrievue (508-362-0451, paulcorri@gmail.com), CL Jean Orser (508-362-0451, jeanorser@aol.com)

Wed., Jun. 15. Great Pond to Green Pond, Falmouth. Paddle from Great Pond out into Nantucket Sound to Green Pond and back. L gifford allen (774-392-0634 anytime, gifallen@verizon.net)

Sat., Jun. 18. Oyster Pond, Oyster River, Stage Harbor, Chatham. Route 6 Exit 11S (137), L Rte 26; R Queen Anne; R Pond St to Beach. Life jacket and spray skirt required. L Betty Hinkley (5082414782, bhinkley@ mindspring.com)


Sat., Jun. 25. West Falmouth Harbor to Cleveland ledge Light. Put-in is West Falmouth Harbor, will proceed out to Cleveland ledge Light and then back to shore for lunch. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)


Sat., Jul. 9. Monks Cove to Basset's Island. Launch from Monks Cove and paddle south to Basset's Island for lunch. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)

Wed., Jul. 13. Weepeptic River. A brisk 10-12-mi. trip down the Weepeptic River and into Wareham Harbor. PFD and spray skirt req. Launch 10:30AM at State ramp in rest area between Exits 20 & 21 on I-195 East. L Wesley Ewll (774-313-7599 7:00AM-9:00PM, twofootartist@yahoo.com)

Sat., Jul. 16. Leader's Choice. Probably Southway to Monomoy Island, returning through Stage Harbor. L Ed Foster (5084027245, erfoster@comcast.net)

Wed., Jul. 20. Slocum River-Giles Creek. I 195 exit 12 S Faunce Corner Rd cross Rte 6 Old Westport Rd to Chase Rd, R on Russells Mills Rd to town park on L. L Haven Roosevelt (508-997-5160, havenesq @ comcast.net)

Sat., Jul. 23. Follins/Mill ponds, Dennis. Route 6 Exit 9N (134); L Bob Crowell; R Old Bass River; L Mayfair; L Follins Pond to end. Life vests required; spray skirt if windy. L Jean Orser (508-362-0451, jeanorser@aol.com), CL Paul Corrievue (508-362-0451, paulcorri@gmail.com)

Wed., Jul. 27. Quissett Harbor to Weepkecket Island. Put-in at Quissett Hbr., cross Woods Hole for lunch on the Weepkecket Is. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)

Sat., Jul. 30. Wellfleet Harbor and Great Island. Put-in: Route 6 in Wellfleet, left at traffic light toward Wellfleet Center. Go 0.3m. L on East Commercial Street to Town Marina. Right on Kendrick Ave, to Mayo Beach parking on left. Life vest and spray skirt req. L Don Palladino (508 349 2950, djp1958@comcast.net)

Wed., Aug. 3. New Bedford Harbor and Acushnet River. 195 Exit 15, Rt 18 S, after 3 lights L Cove St (4th light), to last lot in Fort Taber Park. L Haven Roosevelt (508-636-0006, havenesq @ comcast.net)

Sat., Aug. 6. Walker, Upper Mill, and Lower Mill Ponds, Brewster. Route 6 Exit 10N (124); L Long Pond; L Rte 6A; L Stony Brook; L Run Hill to end. Life vests required. Spray skirt if windy. L Betty Hinkley (508-241-4782, bhinkley@mindspring.com)


Wed., Aug. 17. Allens Pond. Same as Slocum River but continue on Horseneck Rd to State Park on L. Spray skirt reqd. L Haven Roosevelt (508-636-0006, havenesq @ comcast.net)

Sat., Aug. 20. Leader's Choice. Probably Pleasant Bay to the North Beach Cut, and around Strong Island. L Ed Foster (5084027245, erfoster@comcast.net)


(CE) Sat., Aug. 27. Shoestring and Popponesset Bays. Several options depending on conditions. 8 -10 miles. SPRAY SKIRTS REQUIRED. PREREGISTER FOR DIRECTIONS. L Louise Foster (508-420-7245)


Sat., Sep. 3. Long Pond, Brewster. DESCRIPTION: Long Pond, Brewster. Circle the pond; eat lunch on a sandy beach. PUT-IN DIRECTIONS: Exit 10 off Rt 6 N on Rt 124. Just after crossing the Brewster Town line R on Crowell's Bog Road LIMITATIONS: Life vest required. L Betty Hinkley (508-241-4782, bhinkley@mindspring.com)

CHAPTER YOUTH PROGRAM (CYP)

Share Skills With Youth -Become a Volunteer Leader with the Chapter Youth Program (CYP) of the SEM Chapter. We work with various organized groups to plan and lead children in outdoor activities (e.g., YMCA). If you're interested in the gratifying experience of getting kids out on the trails and discovering nature, please contact the SEM CYP Chairperson for workshop details. cypchair@amcem.org

TRAILS

Watch our chapter website for notices!

SKIING

It'll be here before you know it!

VOLUNTEERS NEEDED!

Volunteers needed to bring paper cups to meetings. (Oh, and to do many other things too!) SEM has many opportunities to make a difference in the AMC's ideals of recreation, education, and conservation. Contact Jim Plouffe, YOUR Chapter Chair, to find out how you can make a difference! chair@amcem.org

11
SEM had a wonderful representation of members supporting the special “Earth Day” related events in April, including the 11th Annual Canal Clean-Up, DCR’s Park Serve Day, and Mass Audubon’s Volunteers to Work for Wildlife. Thanks to all our members and board for helping our friends and these treasured parks/areas we all enjoy.

SEM will be celebrating the second annual “Green June” with special conservation events throughout the month, including walks, talks, a whale watch, bikes, family outings, and paddles. Please visit the website (amcem.org) or email the chair (conservationchair@amcem.org) for details about those events.

The conservation committee is looking for volunteers; please email the chair if you’d like to join or if you’d like more information.

Think green - Conserve it, reuse it, recycle it

A group of hikers enjoys the springtime weather and a panoramic view of Boston from Quincy quarry.
A Big Thank You to SEM Fencers

Taunton Conservation Commission

April 28, 2011

Subject: Gertrude Boyden Refuge

Greetings Friends,

As the current Chairman of the Taunton Conservation Commission, I wanted to express my gratitude for the assistance of members of your organization. On two separate occasions, some of your members have helped the TCC and the Friends of Boyden install several hundred feet of post and rail fencing at the Boyden Refuge. If you are not aware, the Boyden Refuge in Taunton is a public park and wildlife sanctuary of great beauty. This park plays host to many local events throughout the year and as a result of the hard work so freely given to us by AMC members, Barbara Hathaway, Kevin Mulligan, Chris Pellegrini and Bill Pellegrini we have been able to beautify it even further.

I am encouraged that organizations like yours exist. It may even be a good idea for you and your membership to consider the Boyden Refuge for any picnics or other events you may be planning in the future.

On behalf of the Taunton Conservation Commission, thank you and we look forward to working together again.

Brian Marques
Chairman
Taunton Conservation Commission
508.823.8975

Taunton City Hall, 15 Summer Street, Taunton, MA 02780
It's Never Too Cold for the Hard Core!

Some of the hikers who participated in the Chapter's 2010-11 Winter Hike Series could still manage a smile (or rough approximation) after some seriously nippy trail time.

Julieanne Capone     Alan Greenstein           Sue Salmon
Leslie Carson             Kevin Mulligan
Maureen Kelly       Karen Singleton

Photos by Mike Woessner