



# The Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the AMC

**July/August 2015**

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## **View From the Chair**



Maureen Kelly, Chapter Chair  
[chair@amcsem.org](mailto:chair@amcsem.org)

Dear SEM Members,

I hope you enjoy the summer weather and the beautiful locations that our area has to offer. Check out our activities [here](#).

SEM is looking to strengthen our communications team. If you enjoy working with social media, editing stories and getting the word out about our great SEM Chapter, contact the [Communication Chair](#) to see how you can help.

Let me know what you would like to see in The Breeze and how we can communicate our news and activities to you in a way that works for you. Email me anytime at [chair@amcsem.org](mailto:chair@amcsem.org).

*See you Outdoors!*

## 2015 Executive Board

Chair	<a href="#">Maureen Kelly</a>	Education Chair	<a href="#">Doug Griffiths</a>
Chapter Vice Chair	<a href="#">Open</a>	Education Vice Chair	<a href="#">Open</a>
Secretary	<a href="#">John Pereira</a>	Hiking Chair	<a href="#">Paul Miller</a>
Treasurer	<a href="#">Patty Rottmeier</a>	Hiking Vice Chair	<a href="#">Leslie Carson</a>
Past Chapter Chair	<a href="#">Cheryl Lathrop</a>	Membership Chair	<a href="#">Jodi Jensen</a>
Biking Chair	<a href="#">Cheryl Washwell</a>	Membership Vice Chair	<a href="#">Ed Miller</a>
Biking Vice Chair	<a href="#">Open</a>	Membership Vice Chair	<a href="#">Ellen Thompson</a>
Cape Hiking Chair	<a href="#">Farley Lewis</a>	Paddling Chair	<a href="#">Open</a>
Cape Hiking Vice Chair	<a href="#">Peter Selig</a>	Paddling Vice Chair	<a href="#">Ed Foster</a>
Communications Chair	<a href="#">Gina Hurley</a>	Skiing Chair	<a href="#">Barbara Hathaway</a>
Communications Vice Chair	<a href="#">Open</a>	Skiing Vice Chair	<a href="#">Open</a>
Conservation Chair	<a href="#">Joshua Tefft</a>	Trails Chair	<a href="#">Cathy MacCurtain</a>
Conservation Vice Chair	<a href="#">Open</a>	Trails Vice Chair	<a href="#">Wayne Anderson</a>

## Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director	<a href="#">Open</a>
Social Vice Chair	<a href="#">Open</a>
Social Networking Moderator	<a href="#">Susan Mulligan</a>
Webmaster	<a href="#">webmaster</a>
Breeze Editor	<a href="#">Gina Hurley</a>
Blast Editor	<a href="#">Gina Hurley</a>
Short Notice Email List	<a href="mailto:snel.admin@amcsem.org">snel.admin@amcsem.org</a>

Contact Chapter Chair at [chair@amcsem.org](mailto:chair@amcsem.org) if you are interested in any open position.

**Upcoming Executive Board Meetings: Sept. 9, Oct. 14, Nov. 11**

## **MARK YOUR CALENDARS——SAVE THE DATE AMC Club-wide and SEM Chapter-wide Events**

### **COMMITTEE PLANNING MEETINGS**

SEM QUARTERLY HIKE PLANNING MEETINGS (6:30pm)

Next meetings: 9/2, 12/2- Contact [Hiking Chair](#) for details.

### **SAVE THE DATE -- 2015 EVENTS**

AMC [August Camp](#) (Jul 18-Aug15)

SEM [Chapter Hut Weekend](#), (Sep. 17-20, [Cold River Camp](#))

AMC [Fall Gathering](#) (Oct 17-18, Upstate New York)

SEM [Annual Meeting & Dinner](#) (Nov 7, [Salernos](#))

AMC Annual Summit (Jan 30, 2016)

### **SAVE THE DATE -- 2015 TRAINING**

SEM ["Leave No Trace"](#) (Aug 15, Foxboro)

AMC [Wilderness Navigation 101](#) (Sep 12, [Joe Dodge Lodge](#))

AMC [Mountain Leadership School](#)

AMC [Adventure Travel Leadership Training](#) (Nov. 2015)

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**Upcoming Chapter Activities**  
**Click on the links below to see the up-to-date listings for  
all of our activities.**

[Biking](#) | [Cape Hiking](#) | [Hiking](#) | [Paddle](#) | [Skiing](#) | [Trails](#)  
[Conservation](#) | [Volunteering](#)

[Social](#) | [Education](#) | [Executive Committee](#)

[All SEM activities](#)

[All AMC activities](#)

**Want SEM activities delivered right to your email inbox?**

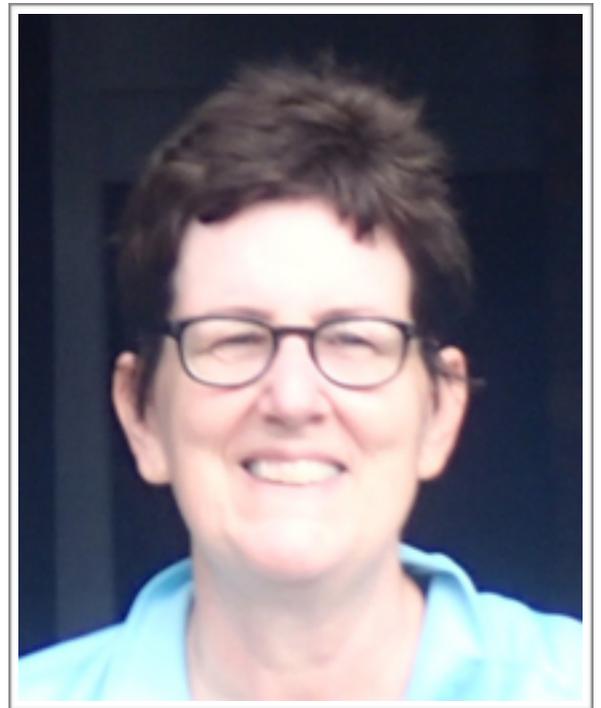
[Sign up for the AMC Activity Digest](#) or call 1-800-372-1758

## Volunteer of the Month Cathy MacCurtain



Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month we recognize **Cathy MacCurtain** from the hiking Committee.

While Cathy has only been an AMC SEM hike leader for several years, she has already made an important contribution to the chapter and its active hiking members by planning and leading a steady stream of interesting, but non-intimidating SEM hikes for those members who prefer to do their hikes locally. For example, Cathy just posted a full series of local, "Intro to AMC Hiking" hikes in various locales throughout the Blue Hills that will run through the fall months. Cathy's enthusiasm both as a hike leader and a mentor to other leaders is contagious and the SEM is very lucky indeed to have her as a hike leader. THANK YOU CATHY! Cathy will receive a Volunteer of the Month certificate and a \$50 gift card.



Note: Last month's Breeze incorrectly identified Jodi Jensen as a former Biking Committee vice chair and chair. Although Jodi has been a leader and co-leader of biking activities, she has not held the chair or vice chair position.

## Are you interested in volunteering?

We have something for everyone...Biking, Communications, Conservation, Education, Paddling, Skiing, and Social committees all need you! Contact the chapter chair at [chair@amcsem.org](mailto:chair@amcsem.org) to learn more about the opportunities that await you!

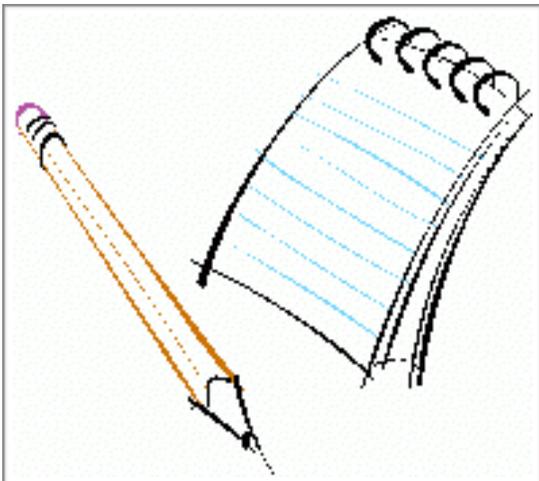
## SEM's Chapter Hut Weekend Sept. 17-20 2015 Registration is Open!



Mark your calendar for the 2015 SEM's Chapter Hut Weekend **Sept. 17-20**, returning to the comfortable AMC Cold River Camp in beautiful Evans Notch, NH. The weekend will feature a variety of hiking and other outdoor activities, plus wonderful meals and lots of socializing.

To register: Email Sandy Santilli ASAP and reserve your spot! [smsantilli@comcast.net](mailto:smsantilli@comcast.net)

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Are you wondering what the SEM committees are doing? Read their monthly reports! This is a great way to stay informed and up to date on all of the outdoor activities of the SEM!



The Communication's Committee is looking for support developing the BREEZE newsletter. Do you like to write, edit, or publish? Do you want to help get information to the SEM membership? If so, we could use your help a few hours a month. Contact the Communications Chair at [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org)



## **Breeze Information**

### **Pictures and Article Submissions**

**We encourage SEM members to submit articles and photos for both the Breeze and our website. Materials will be edited at the editor's discretion. Submissions must be copy ready. Title and credit**

**for all photos must be included. Send to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)**

### **Breeze Deadline**

**On the 15th of the preceding month.**

### **Sign-up to receive the Breeze via email**

**Call 800-372-1758 or email [amcinformation@outdoors.org](mailto:amcinformation@outdoors.org)**

**Where to find [Breeze newsletters](#) (current and past).**

**Photo courtesy of Gina Hurley.**



## **News from the Biking Committee**

**By Cheryl Washwell**

**Bike Chair**

### **May 3: Sunset/Full Flower Mood Ride**

Flowers spring forth in abundance this month. Some Algonquin tribes knew this full Moon as the Corn Planting Moon or the Milk Moon. Our Flower Moon ride on May 3 was accompanied by a strong, cold and gusty wind mostly from the north and west - more of a November than May feeling - making the trip toward Buzzards Bay a challenge. But of course our hearty riders were up to the task knowing that the trip back would be a breeze. We had hoped to see a whale or two from the cliff in Sagamore, some herring in the herring run, and a gorgeous sunset. We opted to cut Mass Maritime from the trip and headed up to 3-Mile Outlook for sunset. The camaraderie of our crew and the beautiful moonrise were reward enough. Our regulars were joined by a new rider to our crew - Kate Jewett - welcome, Kate and hope to see you for more rides.



Photos courtesy of Jim Doherty. Riders - from left to right - Jack Jacobsen, Larry Decker, Paul Currier (leader), Bernie Meggison, Kate Jewett, and Linda Church. We were certainly not lacking for co-leaders on this trip!

## **Mother's Day Muffin Ride with Jodi Jensen: By Linda Church**

On Mother's Day, nine cyclists took to the road starting in Wrentham in search of muffins. We rode up and down rolling hills and past wide open fields. As we breezed along the flats on that sunny day, we saw many horses along the way. About  $\frac{3}{4}$  of the way thru the ride Phantom Farm appeared where we found the muffins. After eating and conversation the group saddled up and rode back to the parking lot where we said goodbyes until next time. Thanks to Jodi Jensen for leading the 28 mile muffin ride! Ride on!



**The Biking Committee also presented an award to Paul Currier.**

Photo courtesy of Cheryl Washwell

- Up and coming rides include two rides in July - a Blue Moon Month.  
July 2 Buck Moon  
July 31 Blue Moon  
Watch our website for details or contact me - [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net)
- There are more people in training to become leaders and some returning!  
We have some very interesting rides coming up – stay tuned to the listings on our [website](#).
- We are always looking for leaders to share the great areas they like to ride or making a social event along with a ride. If you are interested in sharing your gifts please contact me. [bikingchair@amcsem.org](mailto:bikingchair@amcsem.org)

## **Mt. Moosilauke Loop Hike** **Friday, June 12, 2015** **By Len Ulbricht**

Leader: Len Ulbricht

Co-leader: Anne Duggan

Difficulty Rating: B (strenuous) for distance, C (average) for terrain

(Photo courtesy of Len Ulbricht)

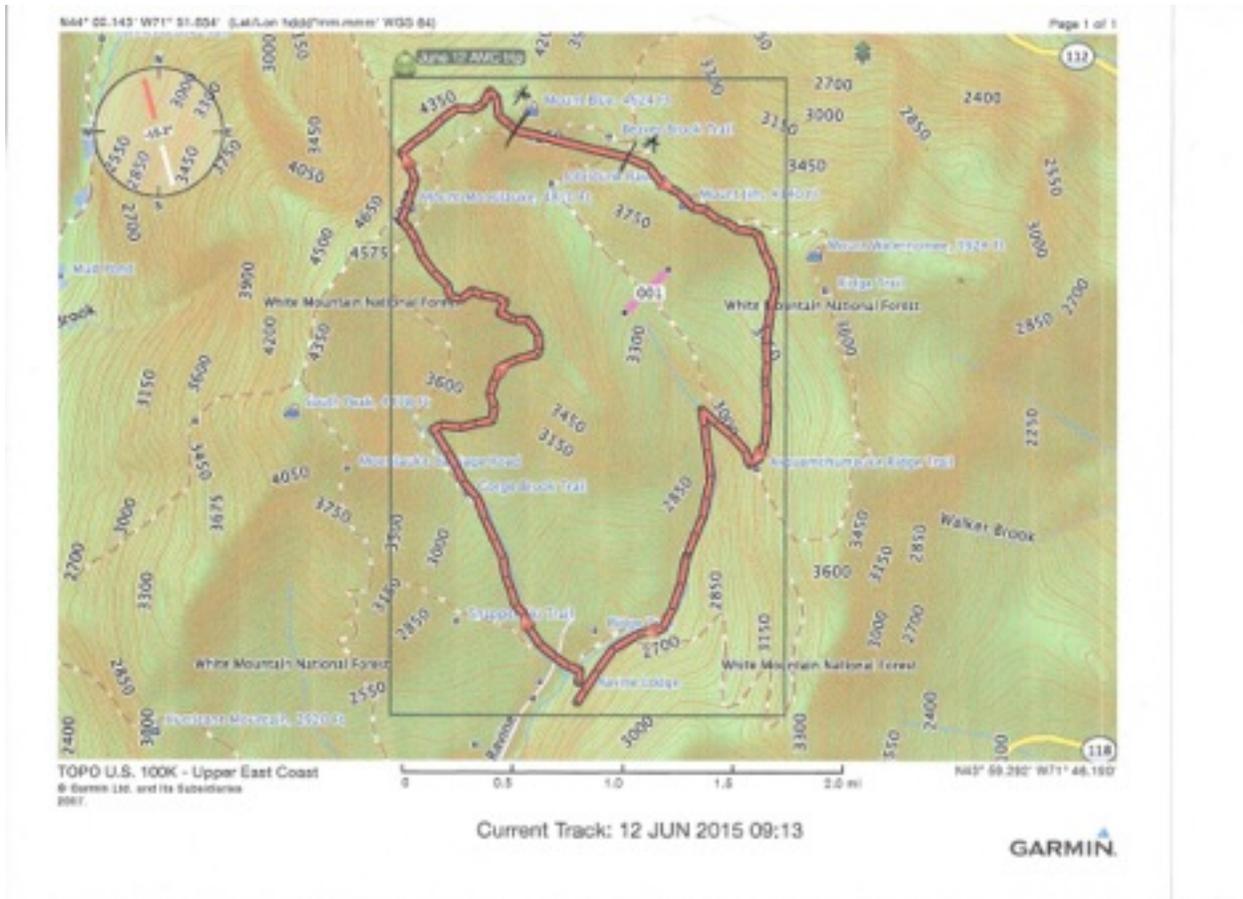


This enjoyable loop hike is long at 9.3 miles but terrain is not overly difficult, even for the summit's 4802 ft elevation and an elevation change of about 2400 ft. The route starts at the Moosilauke Ravine Lodge off NH route 118 following the Gorge Brook trail to the summit, then loops around Jobildunk Ravine to return via the Beaver Brook (part of the AT) and Asquam Ridge trails. The trails are well maintained with stone steps in many places, easy switchbacks when needed and all river crossings bridged. There are signs of hurricane Irene damage and trail re-routing is still underway in spots. The Lodge, which is open to the public, and though part of the WMNF much of the mountain is property of the Dartmouth College Outing Club (See [http://outdoors.dartmouth.edu/services/ravine\\_lodge/](http://outdoors.dartmouth.edu/services/ravine_lodge/)). There is ample roadside parking. Just the day before club members celebrated the opening of a newly built bunkhouse. (It's the Class of 65 bunkhouse should you inquire about accommodations.)

Weather was perfect with temperature in the 70s, moderate humidity, a light NW breeze and high cloud cover filtering out the sun's heat, yet occasional pockets of blue sky allowed the sun to poke through every now and then. Six of us completed the hike in about 7 hours including a 40 minute lunch, rest and enjoy the view stop at the summit. Our 2 hour 40 minutes to the summit (book time is 3 hours) is indicative of easy terrain not fast hiking. On the ascent the roar of Gorge Brook accompanied us much of the way. At one point there was a large south facing view clearing giving uninterrupted sightline to Mt. Kineo, the ridge line of wind turbines in Rumney/Plymouth area, what looked like Mt Cardigan in the far distance, and rolling hills to the left and right. Just gorgeous. The treeless summit is well marked with cairns and we easily spotted the Franconia Notch ridge line and peaks beyond. To get relief from the cool wind hikers huddled behind several stone windbreaks, perhaps foundation remnants of a former mountaintop hotel. An AT through hiking couple (with dachshund) passed us on the summit. The

pretty return trip took us through dense and fragrant pine forest, over a couple of side peaks (Mts. Blue and Jim), sections of open forest understory with multiple stretches of emerald green moss and clintonia borealis wildflower carpeting the forest floor, and more roaring brook from the Baker River.

Track courtesy of Walt Granda. GPS hike time 7:05 hrs., ascent 2579 feet, distance 8.7 miles



**Sign up to get all the latest AMC Club and Chapter wide news at the [AMC Member Center!](#) Don't miss out on all the outdoor fun!**





## Mt. Washington and the Alpine Garden

By Gina Hurley

If you have never walked through the Alpine Garden on Mt. Washington in June, put it on your "To Do" list. Although climbing Mt. Washington is always a great experience, adding an extra mile or so to stroll through the Alpine Garden is well worth it. We

recently did this. Starting on the Tuckerman's Ravine trail we hiked up to the Lion's Head trail, and then to the junction with the Alpine Garden trail. We took our time walking the 1.1 miles to the Huntington Ravine trail, snapping photos and enjoying the beautiful wild flowers nature had to offer. After hiking up the top of the Huntington Ravine trail to the Nelson Crag trail, we made it to the top of Mt. Washington. After a snack break, we headed down the Tuckerman's Ravine trail, back to the Lion's head trail, as part of Tuckerman's was still closed due to snow and ice. We took the lower part of Tuckerman's Ravine trail back to the parking lot. The hike was about 10 miles, and took us about 8 1/2 hours. A great day!



Top Left: Cairns leading the path on the Alpine Garden trail.  
Above: Wild flowers in the Alpine Garden.  
Photos courtesy of Gina Hurley



## Beartown State Forest **INTERPRETIVE PROGRAM**

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69 Blue Hill Road, P.O. Box 97, Monterey, MA 01245  
(413) 528-0904

# Appalachian Trail Hike & Community Picnic

**Saturday July 25, 2015**

**FREE**

Come celebrate Great Barrington's connection with the Appalachian Trail. Join DCR MassParks staff and Great Barrington Trails & Greenways partners on one of four separate hikes being offered.

Parking for the event will be offered at the main entrance for Beartown State Forest near the boat ramp on Benedict Pond Rd. in Monterey.

Hikers interested in joining us on one of two adventurous 7 mile hikes: south along the A.T. from Fernside Rd. OR north along the A.T. from Homes Rd, are asked to meet at Benedict Pond parking lot for 10:30am and will be shuttled to the starting points. **Space limited/Registration required: [info@gbtrails.org](mailto:info@gbtrails.org)**

A third moderate hike will be offered beginning at 2pm leaving from the parking lot where hikers will travel along the Benedict Pond Loop Trail and join the A.T. with a short climb to "The Ledges" for fantastic views.

A fourth all ages hike around the Benedict Pond Loop will begin at 2pm leaving from the parking lot.

After the hike join us for our community pot luck beginning at 5pm; bring your favorite picnic food to share.

Swimming & campfire provided.



photograph by Peter Robertson

Sponsored by: DCR MassParks, GB Trails & Greenways, Greenagers, AMC, & ATC.

**Hiking registration is required! For hike, picnic or both, email: [info@gbtrails.org](mailto:info@gbtrails.org)**

For more information please visit  
<http://www.gbtrails.org> or CALL 413-528-0904

In the event of rain or significant weather the event will be cancelled.



# Coming Event

Department of Conservation and Recreation, Massachusetts State Parks

# WE WANT YOU IN *AMC OUTDOORS*!

**Our chapters work hard and play hard! We have two special opportunities coming up to showcase AMC's chapters in the pages of our member magazine.**

**1.** The first is our **21st ANNUAL PHOTO CONTEST**, coming this summer from *AMC Outdoors*. This is the contest you know and love, showcasing your gorgeous photography, with a couple of twists. We're adding a new category in 2016: Recreation Close to Home, focused on the adventures you find in the parks, preserves, and bike paths in your own neck of the woods, throughout the entire AMC region.

We're also upping the ante with a competitive contest pitting chapter against chapter, Maine against Mohawk Hudson: The recipient of our new **Chapter Award**, delivered to the chapter with the highest percentage of participation in the contest, will win a customized photography workshop with the staff of *AMC Outdoors*. For details, including the contest's summertime launch date, stay tuned to [outdoors.org/photocontest](http://outdoors.org/photocontest).

**2.** Are your creative juices flowing? Good! For our November/December 2015 issue, we're aiming to capture **48 HOURS IN THE LIFE OF AMC**, from the volunteer-managed camps to chapter activities to the trails to the rivers to the huts to YOP to—well, you get the idea. The 48 hours in question will be **Friday, August 7 through Saturday, August 8**, and we want to gather every photo, every paddle, every summit, and every quiet moment of reflection from that 48-hour period that you're willing to share.

We'll weave all of this rich material from all of our many constituents—members, volunteers, board, staff, and beyond—into one epic timeline conveying just how awesome this club is and how truly proud of it we are. We'll be reaching out to chapter leaders soon to enlist your help. We're eager to showcase all of your excellent efforts to work together on these projects celebrating AMC! Stay tuned!!

*Jennifer Wehunt*, editor in chief ([jwehunt@outdoors.org](mailto:jwehunt@outdoors.org))  
*Marc Chalufour*, senior editor ([mchalufour@outdoors.org](mailto:mchalufour@outdoors.org))  
*Ryan Smith*, managing editor ([rsmith@outdoors.org](mailto:rsmith@outdoors.org))

# 2015 FALL GATHERING

YMCA Camp Chingachgook • Lake George, New York  
Hosted by the Mohawk Hudson Chapter  
**October 16-18, 2015**



Join us for a weekend on scenic Lake George in the Adirondacks! Choose from a variety of activities including cycling local bike paths, paddling the coves, hiking summits, relaxing by the lake, and much more. Start planning your fall adventure at [outdoors.org/fallgathering](http://outdoors.org/fallgathering) today!

## SOUTHEASTERN MASSACHUSETTS ANNOUNCEMENTS AND ACTIVITIES

AMC SEM is always looking for volunteers to volunteer a little or a lot. Contact the chapter chair at [chair@amcsem.org](mailto:chair@amcsem.org) if you'd like to volunteer. We have outdoorsy opportunities (e.g., leading a hike); we also have indoorsy opportunities (e.g., web work, arranging events). Something for everyone!

### Activities

#### HIKING KEY

Rating codes (e.g. C4D): first letter indicates distance in mi (AA=13+, A=9-13, B=5-8, C=less than 5 mi), middle number indicates pace (1=very fast, 2=fast, 3=moderate, 4=leisurely), second letter indicates terrain (A=very stren., B=stren., C=average, D=easy). FT=First Timer; NM = New Member; AN = Advance Notice; C = Conservation

(FT) (NM) (AN) Thursdays

Jul. 2. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

Thursdays

Jul. 2. Thur July 2 - Sunset and Full Buck Moon Ride, Massachusetts, Cape Cod, MA. Bucks begin to grow new antlers at this time. This full Moon was also known as the Thunder Moon, because thunderstorms are so frequent during this month. We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff for a peek at Provincetown in the distance. Return to the recreation area and along the canal to Buzzards Bay for sunset at MMA or on Three Mile Outlook. Then back along the canal for a spectacular moonrise over the Sagamore Bridge. - 22+/- Miles/ 2 +/- hours. Flats & Hills. Contact leader for further information. Ride starts around two hours before sunset. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Tuesdays

Jul. 7. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

(AN) Wed., Jul. 8. Paddle Mashpee/Wakeby Ponds, Sandwich, Sandwich, MA, Massachusetts, Southeast, MA. Circumnavigate 2 fresh water ponds for about 7 mi with lunch on beach at end of Wakeby Pond. L Jean Orser (508-362-0451 before 8 pm, jeanorser@mail.com) CL Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

(FT) (NM) (AN) Thursdays

Jul. 9. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes

(603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com),  
R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(AN) Fri., Jul. 10-12. Hike the Carters and Wildcats, Pinkham Notch, NH, New Hampshire, White Mountains, NH. Trip includes a Friday night at Joe Dodge Lodge and Saturday night at the Carter Notch Hut. The Saturday and Sunday hike is a total of 16 miles on Middle Carter, South Carter, Carter Dome, Wildcat Mnt. and Wildcat D. Not recommended for inexperienced hikes. Space is limited so register as soon as possible. L Walt Granda (508-999-6038 Before 9:00 PM, wlgranda@aol.com) CL Len Ulbricht (lenu44@gmail.com), R Walt Granda (508-999-6038 Before 9:00 pm, wlgranda@aol.com)

#### Tuesdays

Jul. 14. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Wed., Jul. 15. Leader's Choice Paddle, Cape Cod, Massachusetts, Cape Cod, MA. Probably Barnstable Harbor, weather permitting. L Ed Foster (508-420-7245, erfoster@comcast.net)

#### (FT) (NM) (AN) Thursdays

Jul. 16. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Sat., Jul. 18. ELL/Long Pond Hike, Hopkington, RI, Rhode Island, RI. A hike along the Narragansett Trail to the cliff that over looks Long Pond. L Sue Chiavaroli (508-496-6452, brillo6452@yahoo.com)

(AN) Sat., Jul. 18. Paddle Swan Pond/River, Dennis, Dennis, Massachusetts, Southeast, MA. Paddle down Swan River to mouth on Nantucket Sound with lunch on beach and return circumnavigating Swan pond for 7-8 mi. L Jean

Orser (508-362-0451 before 8 pm, jeanorser@gmail.com), R Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

Sat., Jul. 18-19. Backpack Series #2, New Hampshire, Monadnock Region, NH. Second in the series, this backpack follows the Monadnock-Sunapee Greenway Trail (MSGT) starting from north of the town of Washington to the summit of Mt. Sunapee. On day one, after spotting cars, we will hike 4.4 miles passing over Kittredge Hill (elev. 2140') to the shelter where we will camp for the night. On day two, we will hike 5.5 miles to the summit of Mt. Sunapee (elev. 2743') along the Sunapee Ridge then down another 2.4 miles to the parking lot and our cars. Total mileage 12.3 miles. Preference is given to those who attended the Backpack Workshop and/or participated in Backpack #1. Participants can share gear, if needed (tents, stoves, water filters). L Leslie Carson (lrc929@comcast.net) L Bob Vogel (vogel.r@comcast.net) CL Joshua Tefft (tefft9wes@aol.com), R Joshua Tefft (401-212-7463 Before 9 pm, tefft9wes@aol.com)

Sat., Jul. 18-18. Head of Westport River/ Dartmouth Ride, Massachusetts, Southeast, MA. Join us for a beautiful mid-summer ride through Westport & Dartmouth, MA. We will start & end at the Head of the Westport River. The ride will take us by farms, farm stands, an orchard, conservation land & through Russells Mills village. This intermediate level ride is estimated length 24-28 miles on mostly rural roads, & includes some rolling hills, 2- 2 1/2 hours riding time. We will have lunch on the river bank at the end of the ride, pack your own or purchase from the store across the street (sandwiches, ice cream, lemonade). Bike helmet required. 2 bottles of water, sunscreen & bike tube & pump recommended. L Jeannine Audet (508-493-8221 Weekdays after 6:00 pm; weekends anytime, milmod@aol.com) CL Cheryl Washwell (774-259-4535)

#### Tuesdays

Jul. 21. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

#### (FT) (NM) (AN) Thursdays

Jul. 23. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm

every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

Sun., Jul. 26-26. The Bridgewater Ride, Massachusetts, Southeast, MA. 25 miles mostly on secondary roads with an average maintain speed of 11/12 miles. One stop at Bridgewater University for a snack. L Claire Braye (508-857-0320 7:00 PM- 9:00 PM)

#### Tuesdays

Jul. 28. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

#### (FT) (NM) (AN) Thursdays

Jul. 30. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

#### Fridays

Jul. 31. Fri July 31 - Sunset & Full Blue Moon Ride, Massachusetts, Cape Cod, MA. Contrary to popular belief, a blue moon is not actually blue in color. Blue moon is a term that is used to describe the third full moon of a season that has four full moons. A year has four seasons - Spring, Summer, Fall (Autumn), and Winter - with three months and three full moons each. When one of the seasons in a year has four full moons, instead of the usual three, the third full moon is called a blue moon. These days, the second full moon in a calendar month is also often referred to as a blue moon. This particular use was popularized due to a misinterpretation in a 1946 article in Sky and Telescope magazine. Such blue moons occur rather frequently - at least once every two or three years. The next such blue moon will occur on July 31, 2015. We'll ride from Sandwich Recreation Area at the end of Freezer Road

in Sandwich to Monument Beach and return along Shore Road and through Gray Gables and Mashpee Island for sunset at Tidal Flats Recreation Area across the canal from MMA. Return along the canal with a stop - maybe - at the RR Bridge for the Energy Train and Aptuxet Trading Post/ President Cleveland's personal railroad station. 22+/- Miles/ 2 +/- hours. Mostly flat - a couple of hills. Contact leader for further information. Ride starts around two hours before sunset. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

#### Tuesdays

Aug. 4. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

#### (FT) (NM) (AN) Thursdays

Aug. 6. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

Fri., Aug. 7-9. Hike the Bonds in August (Fri-Sun), New Hampshire, White Mountains, NH. Three days hiking to summit the Bonds, the Twins and Galehead with both Friday and Saturday overnights at Galehead Hut. Breakfast and dinner included. Moderate pace, portions above tree line, spectacular views. Bag six 4,000 footers. Experienced hikers only. Must be able to hike up to 12 miles a day with elevation gain. Register no later than June 30. L Len Ulbricht (lenu44@gmail.com) CL Walt Granda (wlgranda@aol.com), R Len ulbricht (lenu44@gmail.com)

#### Tuesdays

Aug. 11. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at

known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

(FT) (NM) (AN) Thursdays

Aug. 13. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(C) Sat., Aug. 15-15. Leave No Trace Trainer (1 day course), Chapel Meeting House 56 Mill Street, Foxboro, MA, Massachusetts, Southeast, MA. This Leave No Trace Trainer course is a 2-day course jam packed into one FULL day. The course will go over the 7 LNT principles and more, with on the trail and classroom exercises. Participants who complete the course will be able to teach workshops and other forms of LNT awareness (e.g. on the trail). Lunch and refreshments will be provided. The cost is \$65/person. Register by July 12th, or sooner! Space is limited! Chapel Meeting House 56 Mill Street, Foxboro, MA 02035. L Joshua Tefft (401-212-7463, conservationchair@amcsem.org) CL Joshua Tefft (401-212-7463, conservationchair@amcsem.org)

Tuesdays

Aug. 18. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

(FT) (NM) (AN) Thursdays

Aug. 20. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

Sat., Aug. 22. Mt. Eisenhower/Mt. Pierce Hike, New Hampshire, White Mountains, NH. This 10.5-mile loop hike will take us to the summits of Mt. Eisenhower (4,780') and Mt. Pierce (4,311'). L Maureen Kelly (moke1773@aol.com) CL John Pereira (774-473-8145 6-8:30 pm, johnpereira33@gmail.com), R John Pereira (774-473-8145 6-8:30 pm, johnpereira33@gmail.com)

(AN) Sat., Aug. 22. Zealand Falls/Hut Hike, New Hampshire, White Mountains, NH. This 5.6 mile hike takes you along a stream, over wooden bridges, past beaver meadows, ponds, and eventually to Zealand Falls. This hike is relatively easy, following the bed of an old railroad for most of the hike. If the group wishes, we can go up to the hut that is a steep 0.1 mile steep climb. L Sue Chiavaroli (508-496-6452 7-10PM, brillo6452@yahoo.com) CL Nancy Coote (508-596-8222 7-9PM, cranstonstreet22@gmail.com), R Sue Chiavaroli (505-496-6452 7-9PM, brillo6452@yahoo.com)

(C) (FT) (NM) Sun., Aug. 23. Allens Pond Hike, Westport, MA, Massachusetts, Southeast, MA. We'll take a leisurely 7-mile hike through Allens Pond in Westport. The hike will provide the opportunity to enjoy various ecosystems: coastal, wetland and woodland. For those who love bird watching, bring your binoculars because the sanctuary has recorded over 300 species. A pre-hike breakfast will take place for those who would like to join. L Walt Granda (wlgranda@aol.com) CL John Pereira (774-473-8145 6:00 to 8:30 P.M., Johnpereira33@gmail.com), R John Pereira (774-473-8145 6:00 to 8:30 P.M., Johnpereira33@gmail.com)

#### Tuesdays

Aug. 25. Tuesday Evening Cycling, Massachusetts, Cape Cod, MA. Nothing is much nicer than Tuesday evening cycling on a warm summer evening - so let's ride again! Rides will mostly be in Dennis, Chatham, Sandwich, Bourne, Falmouth, Hyannis, and Mashpee. Our intermediate-paced road cycling (22+ Miles/ 2+ Hours: C2C & C2B) includes views of and occasional stops at known and lesser-known unique and interesting spots. Contact Paul Currier for start time & place: paulbcurrier@comcast.net or call 508-833-2690 daily until 7PM. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

#### (FT) (NM) (AN) Thursdays

Aug. 27. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506,

camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) (AN) Thursdays

Sep. 3. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) (AN) Thursdays

Sep. 10. Red Line the Blue Hills - Hiking, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)



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