



# The Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the AMC

**October 2015**

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## **View From the Chair**



Maureen Kelly, Chapter Chair  
[chair@amcsem.org](mailto:chair@amcsem.org)

Hello SEM Members,

Please consider joining us for our AMC SEM Annual Meeting and Dinner on Saturday, November 7 at Salerno's Seaside Function Hall in Onset Village. Attending the Annual Meeting or the Social Cocktail Hour (cash bar) is free of charge. The Annual Dinner buffet is \$20 per person. Details can be found here.

During the Annual Meeting we will be voting to elect the members of the Executive Committee and we will be voting on whether to accept the proposed changes to our AMC SEM Bylaws. Afterwards we will have a delicious buffet dinner, give out Chapter Awards to our wonderful Leaders and hear a talk from Diane Benson Davis. Diane raised 6 baby bald eagle chicks and was instrumental in reintroducing this species to Massachusetts.

See you there; it will be a great time! And, see you outdoors!

Maureen Kelly

## 2015 Executive Board

Chair	<a href="#">Maureen Kelly</a>	Education Chair	<a href="#">Doug Griffiths</a>
Chapter Vice Chair	<a href="#">Open</a>	Education Vice Chair	<a href="#">Open</a>
Secretary	<a href="#">John Pereira</a>	Hiking Chair	<a href="#">Paul Miller</a>
Treasurer	<a href="#">Patty Rottmeier</a>	Hiking Vice Chair	<a href="#">Leslie Carson</a>
Past Chapter Chair	<a href="#">Cheryl Lathrop</a>	Membership Chair	<a href="#">Jodi Jensen</a>
Biking Chair	<a href="#">Cheryl Washwell</a>	Membership Vice Chair	<a href="#">Ed Miller</a>
Biking Vice Chair	<a href="#">Open</a>	Membership Vice Chair	<a href="#">Ellen Thompson</a>
Cape Hiking Chair	<a href="#">Farley Lewis</a>	Paddling Chair	<a href="#">Open</a>
Cape Hiking Vice Chair	<a href="#">Peter Selig</a>	Paddling Vice Chair	<a href="#">Ed Foster</a>
Communications Chair	<a href="#">Gina Hurley</a>	Skiing Chair	<a href="#">Barbara Hathaway</a>
Communications Vice Chair	<a href="#">Open</a>	Skiing Vice Chair	<a href="#">Open</a>
Conservation Chair	<a href="#">Joshua Tefft</a>	Trails Chair	<a href="#">Cathy MacCurtain</a>
Conservation Vice Chair	<a href="#">Open</a>	Trails Vice Chair	<a href="#">Wayne Anderson</a>

### Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director	<a href="#">Open</a>
Social Vice Chair	<a href="#">Open</a>
Social Networking Moderator	<a href="#">Susan Mulligan</a>
Webmaster	<a href="#">webmaster</a>
Breeze Editor	<a href="#">Gina Hurley</a>
Blast Editor	<a href="#">Gina Hurley</a>
Short Notice Email List	<a href="mailto:snel.admin@amcsem.org">snel.admin@amcsem.org</a>

Contact Chapter Chair at [chair@amcsem.org](mailto:chair@amcsem.org) if you are interested in any open position.

**Upcoming Executive Board Meetings: Oct. 14, Nov. 11, Dec. 9**

## **MARK YOUR CALENDARS——SAVE THE DATE AMC Club-wide and SEM Chapter-wide Events**

### **COMMITTEE PLANNING MEETINGS**

SEM QUARTERLY HIKE PLANNING MEETINGS (6:30pm)

Next meeting: 12/2- Contact [Hiking Chair](#) for details.

SEM CAPE HIKE, PADDLE, BIKE PLANNING MEETINGS (contact [activity chair](#))

### **SAVE THE DATE -- 2015 EVENTS**

AMC [Fall Gathering](#) (Oct 17-18, Upstate New York)

SEM [Annual Meeting & Dinner](#) (Nov 7, [Salernos](#))

AMC Annual Summit (Jan 30, 2016)

### **SAVE THE DATE -- 2015 TRAINING**

AMC [Mountain Leadership School](#)

AMC [Adventure Travel Leadership Training](#) (Nov. 2015)

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**Upcoming Chapter Activities**  
**Click on the links below to see the up-to-date listings for  
all of our activities.**

[Biking](#) | [Cape Hiking](#) | [Hiking](#) | [Paddle](#) | [Skiing](#) | [Trails  
Conservation](#) | [Volunteering](#)

[Social](#) | [Education](#) | [Executive Committee](#)

[All SEM activities](#)

[All AMC activities](#)

**Want SEM activities delivered right to your email inbox?**

[Sign up for the AMC Activity Digest](#) or call 1-800-372-1758

### **Are you interested in volunteering?**

We have something for everyone...Biking, Communications, Conservation, Education, Paddling, Skiing, and Social committees all need you! Contact the chapter chair at [chair@amcsem.org](mailto:chair@amcsem.org) to learn more about the opportunities that await you!

## Volunteer of the Month

Jean Orser



This month's nominee for Volunteer of the Month is Jean Orser. She has led more than her share of paddles in the past, and this year has run almost a quarter of our scheduled trips. Because we have lost leaders over the last few years, her willingness to shoulder such a large share of the load is the major reason we've been able to continue to have trips almost every Wednesday and Saturday from April through October. Jean comes on nearly all of our paddles and takes the photographs I add to the reports we publish after each paddle. When new paddlers show up, Jean makes sure all the



introductions have been made and goes out of her way to make newcomers feel welcome. And no matter where the trip or who is leading it, at lunch she always passes around a container full of her, now famous, freshly baked brownies. On the few occasions when Jean misses a paddle, there is always the inevitable question, "Where are Jean's brownies?" Thank you Jean for your dedication! Jean will receive a Volunteer of the Month certificate and a \$50 gift card.

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## Biking News: Entering Mileage for 2,000 Mile Club 2015



Quarter 3 for the 2015 2,000 Mile Club is coming up shortly and here is how to record your mileage:

- Go to [www.amcsem.org](http://www.amcsem.org)
- Under Committees select Biking
- Under Related Links select 2,000 Mile Club Mileage Report
- Select tab 2015 and enter your name, town/city, and mileage.
- Any questions contact [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net)

## **“Reunite With Old Friends and Make Some New Ones”**

The Southeastern Massachusetts Chapter Invites You to the **Annual Meeting and Dinner**. All SEM members, potential members, spouses and friends are welcome!

When: Saturday, November 7, 2015

Where: Salerno’s in Onset

Time: 4:30 pm – Registration and Cocktail Hour – no charge

5:30 pm – Annual Meeting – no charge

6:30 pm - Buffet Dinner - \$20.00; \$30.00 after 10/27

### **Breeze Information**

#### **Pictures and Article Submissions**

We encourage SEM members to submit articles and photos for both the Breeze and our website. Materials will be edited at the editor’s discretion. Submissions must be copy ready. Title and credit for all photos must be included. Send to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)

#### **Breeze Deadline**

On the 15th of the preceding month.

#### **Sign-up to receive the Breeze via email**

Call 800-372-1758 or email [amcinformation@outdoors.org](mailto:amcinformation@outdoors.org)

Where to find [Breeze newsletters](#) (current and past).



The Communication’s Committee is looking for support developing the BREEZE. Do you like to write or publish? Do you like using Social Media? If so, we could use your help a few hours a month. Contact the **Communications Chair** if interested.

## A Week in the Corn: Biking Across Iowa

### By Julieanne Capone

In July, I completed a weeklong 500 mile bike ride across Iowa. In its 43<sup>rd</sup> year, [RAGBRAI](#), *Register's Annual Great Bicycle Ride Across Iowa*, remains the oldest, longest, and largest ride in the world. There is a lot of interesting history as to how the ride evolved to hosting 15,000 participants. While I researched past participants' experiences, training, and advice, I was inspired to make my first trip ever to the Midwest. I decided to book my trip with a charter company that arranged a designated camping area, dinner, entertainment, shower trailers, luggage transport, and airport shuttles. I was determined to live "high on the hog" after long days of pedaling.

In January, while buried in snow in Massachusetts, I watched the ride route announcement party live-stream from Iowa; my cycling training would be a priority if bare pavement would ever re-emerge. As pass-thru towns were announced, cheers could be heard, in some instances RAGBRAI had not visited in a decade or longer. There was now six months for Iowans to pre-plan the logistics, food tents, entertainment, and volunteers to support thousands of riders.

Upon starting the ride by a traditional back tire dip in the Missouri River, it quickly became obvious why "rolling party", "Sturgis for cyclists", and "adult summer camp" properly described the ride. The entire route, including major



roadways were blocked off for cyclists, as locals waved with greetings of "good morning" and "where ya from?" thru residential areas, the vast landscape could be admired thru rolling cornfields. On the route, consumption of local pork, homemade pies and ice cream, and sweet corn were easily justified by the sheer amount of physical activity.

As each day's bike route ended, the overnight towns turned into tent cities. At night, for those with extra energy to attend headliner concerts, Huey Lewis, Denis DeYoung, and Cheap Trick were scheduled, for others it was 'hitting the hay' early. As day seven came to an end with a front tire dip in the Mississippi River, the sense of completion was absolutely fantastic. Another so called crazy idea of mine was a success! I hammered out 500 miles in one week and enjoyed every minute of it. Although it is difficult to put the entire experience into words, RAGBRAI is definitely a "must-do" item for cycling enthusiasts. Quite simply, as I packed up my belongings each dawn and stuffed a \$20 bill in my pocket, the only thing I had to think about was, well, riding my bicycle!

## **We Had “Fun in the Sun” on Both Land and Water at 2015 Chapter Hut Weekend-Cold River Camp By Paul Miller, SEM Hiking Committee Chair**

After a one-year hiatus, we returned to the volunteer-run AMC Cold River Camp in beautiful Evans Notch, NH for the 2015 SEM Chapter Hut Weekend, Sept. 17<sup>th</sup> -20<sup>th</sup>. In addition to many of our regular active members, this year’s event brought out lots of new folks, which was great to see! We had an excellent turnout, pretty much filling the Cold River Camp to capacity, and the weather gods cooperated with excellent warm, sunny weather and some light afternoon breezes.

In addition to a variety of different local (and one not-quite-local) hikes organized and led by the SEM Hiking Committee, Luther Wallis, an SEM paddling leader, led enjoyable paddles on nearby Kezar Pond on Friday, and one on the (also relatively nearby) Saco River on Saturday. Hiking options on Friday included a challenging 10-mile Baldfaces Loop hike, along with less challenging hikes on Blueberry Mountain and Little Deer Hill, which is adjacent to the camp. Saturday hiking options included Mt. Moriah, a 4,000 footer (on which SEM Hike Leader, Peggy Qvicklund, completed her 4,000 footer list...), an 8.5-mile loop hike up both Blueberry and Speckled Mountains (with a shorter



option to just do Blueberry...), plus easy hikes around Shell Pond in the morning and another jog up Little Deer in the afternoon.

For those SEM members who have never been to Cold River Camp, it’s located in Evan’s Notch, which straddles the New Hampshire/Maine border north of Fryeburg, Maine and east of Pinkham Notch, NH. This volunteer-run AMC camp features small, cozy cabins, most with wood stoves or fireplaces; a comfortable fireplaced lodge building where the staff serves up excellent meals; and bath houses with hot showers and flush toilets! Combined with the wonderful hiking, paddling, and bike riding opportunities; plus our afternoon “happy hours” on the lodge porch with its view of nearby South Baldface Mountain; what more could you ask for?



Perhaps by coincidence (or perhaps not), the volunteer staff this year was led by the SEM's own Rob Price and included former SEM executive board members, Paul and Louise Anthony. Needless to say, the entire volunteer staff took very good care us!

Blueberry Mountain



Speckled Mountain



Breakfast  
at Cold  
River Camp

## **Mt. Washington: My Summer Playground** **By Gina Hurley**

(Photos courtesy of Gina Hurley)

This summer I was very fortunate to spend a good deal of time in the White Mountains near Mt. Washington. My husband Mark and I have a goal of summiting the rock pile this winter. We have climbed it several times over the years, but never in the winter, so our goal for this summer was to summit a few times, but also take some different trails and routes on the mountain to be familiar with them just in case we needed to alter our winter ascent/descent due to weather. Thus, between June and September we had four great trips on the mountain.

Our first trip up the mountain was on June 20. Mark and I parked at Pinkham Notch and took Tuckerman's Ravine trail to the Lion's Head trail. Our intent was to walk through the Alpine Garden to see the wildflowers. We weren't sure we were going to summit that day. We were making good time, and once we traversed from Lion's Head across the Alpine Garden trail, we decide to take the Huntington Ravine and Nelson Crag trails to the summit. We had seen some beautiful wildflowers along the way and we made it to the summit in four hours and fifteen minutes. After a nice rest on top we headed down the Lion's Head trail, as Tuckerman's Ravine was still closed in sections due to snow. We were back at the car by late afternoon, taking 8.5 hours to traverse 10 miles with approximately 8,000 feet in elevation change.

Wildflowers and cairns along the Alpine Garden



Our second trip came unexpectedly. Our friend was planning to climb Mt. Washington, but had never done it before and asked if we would be interested in going with her. Of course we said yes! On July 6 we again left from Pinkham Notch, headed up Tuckerman's Ravine to Lion's Head to the summit. Parts of Tuckerman's was still closed due to snow. After spending about an hour and a half on top, showing our friend all of the sites, we decided to head down the Crawford Path to Davis Path, to Southside trail to Tuckerman's Ravine trail. This avoided the steep part off the summit, but added a half mile to the trip. Once at Tuckerman's Junction we saw that the trail had opened earlier that day, so we hiked down the Tuckerman's Ravine trail to our car. This hike was just over 9 miles and took 10 hours.

Making my way up Lion's Head

Planning our third trip was fun. Since we had never hiked up the Boott Spur trail we wanted to do that, and also stop by Lakes of the Clouds hut. We were not intending to summit. Again, we wanted to become very familiar with the terrain and as many aspects of the mountain for our upcoming winter hike. Thus our route was Boott Spur to Davis Path to Camel to the hut. There are great views of Tuckerman's Ravine from the Boott Spur trail. After having our lunch at the hut, and taking a well deserved rest, we left the hut, taking the Crawford Path to Tuckerman's Crossover, to Tuckerman's Junction and down the ravine trail. This trip was 9.4 miles and about 6,950 feet elevation change.



View of Tuckerman's Ravine from Boott Spur.

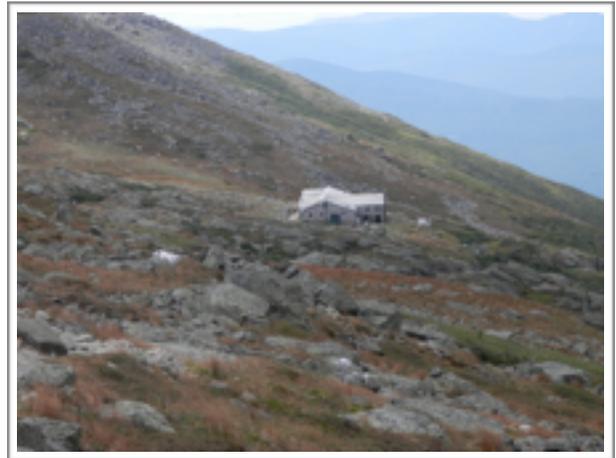


Traversing Tuckerman's Crossover

Most recently, on September 5, we summited taking one of our favorite trails, the Jewell trail off of the 302 side of the mountain. This is a beautiful trail with a relatively easy grade. After you break out of the trees you can see the cog railway and the trains climbing to the top. We left the parking lot at 7:20 and were back at our car at 3:10, taking the Crawford Path and Ammonoosuc Ravine Trail trail down. It was a beautiful hiking day, with lots of sun and cool air. We enjoyed our lunch at the summit and then took a rest at the Lakes of the Clouds hut just to enjoy the views and all the people hiking through. Given that we got an early start, lots of people were still ascending as we were descending.



The Cog train making its way up.



View of Lakes of the Clouds hut

It was a great summer playing on the rock pile. We hope to get one more fall hike in up the mountain before our winter ascent. We are working on the winter 48, so to get this big one done this year would be an accomplishment!

And if you think hiking up Mt. Washington is tough, read [this article](#) about a 90 year old man that just did it. Inspiring!!



**Sign up to get all the latest  
AMC Club and  
Chapter wide news at the  
[AMC Member Center!](#)  
Don't miss out on all the  
outdoor fun!**

## **AMC Books Announces the Publication of the *Bay Circuit Trail Map & Guide***

Appalachian Mountain Club Books is pleased to announce the release of the [Bay Circuit Trail Map & Guide](#). The *Bay Circuit Trail Map & Guide* is the essential day-hiker's companion to the 230-mile-long trail and greenway encircling Boston. Extending through 34 towns, this "outer Emerald Necklace" stretches from Plum Island in the north to Kingston Bay in the south. Within a stone's throw for millions of people in eastern Massachusetts, the trail and greenway is ideal for hiking, biking, snowshoeing, and cross-country skiing. This guide—the first large-format, waterproof map and guide to the entire BCT—is based on highly accurate digital trail data compiled by AMC's staff cartographer.

### **Inside You'll Find:**

- Three easy-to-use, waterproof, color topographical maps
- 30 multiuse trip suggestions for every season and ability level
- Natural and cultural history sidebars
- Parking areas shown for easy navigation to trailheads
- Trip planning, safety tips, and Leave No Trace information
- AMC members receive a 20% discount.

### **Also from AMC Books**

- [New England Trail Map & Guide](#) (NEW)
- [AMC's Best Day Hikes Near Boston, 2nd edition](#)
- [Outdoors With Kids Boston](#)
- [Massachusetts Trail Guide, 9th edition](#)

### **About the Bay Circuit Trail**

The [Appalachian Mountain Club](#) and [The Trustees of Reservations](#) are working together to assist the [Bay Circuit Alliance](#) in the completion, enhancement, and long-term protection of the 230-mile Bay Circuit Trail and Greenway. Often referred to as Greater Boston's "Outer Emerald Necklace," the Bay Circuit Trail is a multi-use recreational trail and greenway encircling 57 towns and cities in the Boston metropolitan area between Route 128 and Interstate 495, and running through 37 communities from Plum Island to Duxbury, connecting thousands of acres of scenic and historic areas and conservation lands. The trail, close to four million people in Eastern Massachusetts, is available for walking, biking, snowshoeing, and cross-country skiing, with many sections accessible by MBTA commuter rail. To learn more, visit [baycircuit.org](http://baycircuit.org).

## SOUTHEASTERN MASSACHUSETTS ANNOUNCEMENTS AND ACTIVITIES

AMC SEM is always looking for volunteers to volunteer a little or a lot. Contact the chapter chair at [chair@amcsem.org](mailto:chair@amcsem.org) if you'd like to volunteer. We have outdoorsy opportunities (e.g., leading a hike); we also have indoorsy opportunities (e.g., web work, arranging events). Something for everyone!

### Activities

#### HIKING KEY

Rating codes (e.g. C4D): first letter indicates distance in mi (AA=13+, A=9-13, B=5-8, C=less than 5 mi), middle number indicates pace (1=very fast, 2=fast, 3=moderate, 4=leisurely), second letter indicates terrain (A=very stren., B=stren., C=average, D=easy). FT=First Timer; NM = New Member; AN = Advance Notice; C = Conservation

(NM) (AN) Thu., Oct. 1-1. Thursday Morning Hike - Norton/Mansfield Great Woods, Norton/Mansfield, Massachusetts, Massachusetts, Southeast, MA. Thursday Morning Hike - Hike from Great Woods in Norton thru to the Mansfield NRT Trails. L Richard Carnes (508-947-3204 before 8 PM, [rcarnes2@aol.com](mailto:rcarnes2@aol.com))

Thursdays

Oct. 1-1. Brewster Nickerson State Park Hike (C3C), Massachusetts, Cape Cod, MA. Two hour hike around the ponds of Nickerson State Park. Woods, hills views! Meet at 9:45 at Fisherman's Landing. Enter Pk from 6A, stay on main pk road 1.8 mi. to pkg on L. L Janet DiMattia ([jandimattia@verizon.net](mailto:jandimattia@verizon.net)) CL Debbie Hayden ([shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

(FT) (NM) Sat., Oct. 3. AMC/SEM - INTRO HIKING SERIES - BLUE HILLS, Blue Hills, Massachusetts, Boston Area, MA. Intro Hike # 3- Wolcott Path Loop The hike around the Wolcott Path loop is 5.19 miles with some gentle climbing. Dress in layers. Bring 16 oz water, snacks and sturdy footwear. Heavy rain cancels. L Catherine MacCurtain (781-848-9506 Before 9:00 p.m., [camacurtain@aol.com](mailto:camacurtain@aol.com)) CL Patricia-Lee Achorn ([plachorn@me.com](mailto:plachorn@me.com)), R Patrica-Lee Achorn ([plachorn@me.com](mailto:plachorn@me.com))

Sat., Oct. 3. Franconia Ridge Loop Hike over Lafayette and Lincoln, New Hampshire, White Mountains, NH. Follow this challenging, classic New Hampshire 8.8-mile loop hike in Franconia Notch. We'll ascend to treeline via the Falling Waters Trail, follow the Franconia Ridge Trail over Lincoln to Lafayette, and then descend via the Greenleaf Trail and Old Bridle Path. Fall foliage should be near peak and -- weather permitting -- we'll hit two four-thousand footers: Lincoln and Lafayette. L Anne Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com) L Peggy Qvicklund (774-893-3011 before 9 pm, qvickan@comcast.net) CL Jeanine Audet , R Anne Duggan (177 Rounseville Road, Rochester, MA 02770, 508-789-5538 before 9 pm, abduggan@gmail.com)

Sat., Oct. 3-3. Paddle Indian Lakes, Marstons Mills, Massachusetts, Cape Cod, MA. A 6 mile paddle around Middle Pond and Mystic Lake. Arrive no later than 10:15 AM for a 10:30 departure. Bring water and lunch. PFDs are required, spray skirts may be necessary if conditions are windy/rough. L Bill Fischer (508-420-4137, wmbarbarafischer@comcast.net)

Sun., Oct. 4-4. Hike - Ryder Conservation Sandwich, Sandwich, MA, Massachusetts, Cape Cod, MA. Meet at 12:45 PM for 1 PM start. Moderate hike on wooded trails between Mashpee/Wakeby Ponds. Hike will start in Ryder Conservation area and cross into Lowell Hawley conservation area, some moderate hills. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net) CL Barbara Gaughan (barbaragaughan12@comcast.net)

Wed., Oct. 7. Paddle Long Pond, Harwich/Brewster, Massachusetts, Cape Cod, MA. Circumnavigate fresh water pond for about 6 miles total stopping for lunch at beach on east side. Wear PFD, bring spray skirt for wind, bring lunch. REGISTRATION REQUIRED. L Jean Orser (jeanorser@gmail.com) L Paul Corriveau (paulcorri@gmail.com)

Thu., Oct. 8-8. Hike - Yarmouth, Three Ponds (C3C), Massachusetts, Cape Cod, MA. Meet at 9:45 am for 10:00 am departure for a 2 hour hike. Visit three ponds in Yarmouth and observe cranberry bog harvesting. Directions: Exit 8 off of Mid Cape Hwy., turn S. At 2nd light turn R onto Townend House Rd. Go to end and turn L onto West Yarmouth Rd. Park on side of R about 1 mile down at Cranberry bogs. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Thu., Oct. 8-8. Thursday Morning Hike in the Blue Hills, Massachusetts, Southeast, MA. A four mile hike on Squamaug Notch Path to the Skyline Trail

followed by a hike around the Blue Hills Reservoir. Rain Cancels. L Sue Chiavaroli (508-496-6452, brillo6452@yahoo.com)

Sat., Oct. 10. Blue Hills Skyline Trail End-to-End Hike, Massachusetts, Boston Area, MA. Join us to hike the Blue Hills from one end to the other. This is a great hike in itself as well as great training for higher mountains this fall and winter. We'll hike about 9 miles with 1300' of elevation as we go up and down most of the hills in the reservation. We'll maintain a moderate pace and expect about a 6 hour day with a planned lunch stop on Buck Hill. Leaders will collect worn-out sneakers for Nike's reuse-a-shoe program in which old sneakers are ground up to make new running surfaces. Redline hikers are especially welcome. L Maureen Kelly (508-224-9188 4-8pm, mokol773@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Michael Swartz (swartz@brandeis.edu), R Maureen Kelly (508-224-9188 4-8pm, mokol773@aol.com)

Sat., Oct. 10-10. Leader's Choice Paddle, Massachusetts, Central, MA. If winds are favorable we'll paddle into Hall's Creek, Hyannisport. Otherwise Barnstable Harbor. Arrive no later than 10:15 for a 10:30 departure. Bring water and lunch. PFDs are required, spray skirts may be necessary depending on wind/water conditions. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Oct. 14. Paddle Herring River North, West Harwich, Massachusetts, Cape Cod, MA. Paddle north upstream to Coy Brook to end & back, Continue on Herring River to North Road bridge for lunch. Afterwards paddle East & West Reservoirs and return to put-in for 8-9 miles. Wear PFD, bring spray skirt in case of wind, bring lunch. REGISTRATION REQUIRED. L Paul Corriveau (paulcorri@gmail.com) L Jean Orser (jeanorser@gmail.com)

(FT) (NM) Thursdays

Oct. 15. Thursday Morning Hike, Moose Hill, Sharon, MA, Sharon, MA, Massachusetts, Southeast, MA. Meet at 10 am in Sharon at the Audubon Moose Hill Wildlife Sanctuary parking lot for a 5-mile hike. Relatively flat route. Parking fee for non-Audubon members is \$3 for Seniors. Bring rain gear, lunch, water and sturdy shoes. Rain cancels. L Hans Luwald (508-668-0462 before 9 pm, hans.luwald@gmail.com) CL Debbie Lepore (781-828-0572 before 9 PM)

Sat., Oct. 17-17. Paddle Centerville River, Centerville, Massachusetts, Cape Cod, MA. Paddle up the Centerville River, possibly explore the Bump's River and Scudder Bay and/or East Bay. Arrive no later than 10:15 for a 10:30 departure. Bring water and lunch. PFDs are required. Spray skirts may be

necessary if conditions are windy/rough. L Bill Fischer (508-420-4137, wmbarbarafischer@comcast.net)

Sun., Oct. 18-18. Hike - Maple Swamp Sandwich, Sandwich, MA, Massachusetts, Cape Cod, MA. Meet at 12:45 PM for a 1 PM start. Hike in historic woods formed by glacial moraine and used by early settlers for wood supply. Hilly hike on narrow sometimes rutted trails and cart roads. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Wed., Oct. 21-21. Leader's Choice Paddle, Massachusetts, Cape Cod, MA. We'll probably paddle Lewis Bay, explore Uncle Robert's Cove, have lunch on Egg Island and maybe go into Hyannis Inner Harbor. Arrive no later than 10:15 for a 10:30 departure. Bring water and lunch. PFDs are required, spray skirts may be necessary depending on wind/water conditions. L Ed Foster (508-420-7245, erfoster@comcast.net)

Thu., Oct. 22-22. Harwich - Hawksnest State Park Hike (C3C), Massachusetts, Cape Cod, MA. Two hour pleasant fall hike through woods, ponds on trails and dirt roads. Meet at 9:45. Exit 11 from Rte 6. Go diagonally across light onto Spruce Rd. Park on one side of the road only about 1/2 mi. Heavy rain cancels. L Janet DiMattia (jandimattia@verizon.net)

Sat., Oct. 24. Paddle Nauset Marsh/Mill Pond, Orleans/Eastham, Massachusetts, Cape Cod, MA. Start from beautiful Mill Pond put-in & paddle to Nauset Beach for lunch & to view ocean & cut. Circle Island & return for 6-7 miles. Wear PFD, bring spray skirt in case windy, bring lunch. REGISTRATION REQUIRED. L Paul Corriveau (paulcorri@gmail.com) L Jean Orser (jeanorser@gmail.com)

(FT) (NM) Tue., Oct. 27-27. Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for a full moon hike at Borderland State Park. Moonrise is 6:13pm so with clear weather, we should have good moon views. Hike will be about 4-5 miles at a moderate pace, lasting approximately 2 hours. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (pmcnallyma@comcast.net) CL Nancy Coote , R Patti McNally (pmcnallyma@comcast.net)

Wed., Oct. 28-28. Leader's Choice Paddle, Massachusetts, Cape Cod, MA. If winds are favorable we'll paddle Barnstable Harbor and possibly a little bit of Chase Garden Creek. Arrive no later than 10:15 for a 10:30 departure. Bring water and lunch. PFDs are required, spray skirts may be necessary

depending on wind/water conditions. L Ed Foster (508-420-7245, erfoster@comcast.net)

(FT) (NM) Thu., Oct. 29-29. Thursday Morning Hikes - Newport Cliff Walk, Cliff Walk, Newport, RI, Rhode Island, RI. Meet at 10 a.m. at foot of Narragansett Ave facing the Cliff Walk. Park on street. Leisurely 3.5 mi. walk each way. 2/3 paved, 1/3 rocky walk behind Newport Mansions. Return by mansions on Bellevue Ave. to complete 7-mi. loop. Sturdy walking shoes required. Bring water, snack. Lunch at local restaurant. Heavy rain cancels. Limited parking - carpool if you can. Parking fee payable at central meter. Call leader for carpool info. L Barbara Hathaway (508-880-7266 before 9 p.m., barb224@tmlp.net)

(FT) (NM) Thu., Oct. 29-29. Hike - Cataumet Greenways, Bourne, Bourne, MA, Massachusetts, Cape Cod, MA. Enjoy hiking Cataumet Greenways, which encompass several of Bourne's conservation areas. Traverse gently rolling wooded trails, and grassy pastures. View ponds, bogs and historic sites. Suggestions: Wearing sturdy shoes/hiking boots and hunters orange. Bring plenty of water, snacks, bug spray. The cape is a known tick habitat. Heavy rain cancels the hike. Arrive at 9:45 for a 10:00 start. A 2 hr. hike. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

(FT) (NM) Sat., Oct. 31. AMC/SEM - INTRO HIKING SERIES - BLUE HILLS, Blue Hills, Massachusetts, Boston Area, MA. Intro Hike # 4 - Bouncing Brook Path The hike on the Bouncing Brook Path is 5 miles with some elevation and connects to the Skyline trail. Dress in layers. Bring 16 oz of water, snacks and sturdy footwear. Heavy rain cancels. L Catherine MacCurtain (781-848-9506 Before 9:00 p.m., camacurtain@aol.com) CL Patricia-Lee Achorn (plachorn@me.com), R Patrica-Lee Achorn (plachorn@me.com)

Sat., Oct. 31. Paddle Bass River South, Dennisport, Massachusetts, Cape Cod, MA. Paddle Grand Cove to Bass River, 'fingers', to mouth on Nantucket Sound with lunch on West Dennis Beach. Wear PFD, bring spray skirt in case of wind, bring lunch. REGISTRATION REQUIRED. L Paul Corriveau (paulcorri@gmail.com) L Jean Orser (jeanorser@gmail.com)

(C) (FT) (NM) Sat., Oct. 31. Lloyd Center Day Hike, Dartmouth, MA, Massachusetts, Southeast, MA. We'll take a leisurely ~2.4 mile hike through the grounds of the Llyod Center for the Environment. The hike will be mostly within woodland habitat with vistas of the Slocum River and adjacent salt marshes. After the hike we will explore the center's indoor exhibits and take in the view of Buzzards Bay from the observation deck. L John Pereira (774-473-8145, johnpereira33@gmail.com) CL Josh Tefft

(tefft9wes@aol.com), R John Pereira (774-473-8145 6:00 to 8:30 P.M., johnpereira33@gmail.com)

(FT) (NM) Thu., Nov. 5. Thurs. Morn. Hike Horseneck/Westport Beach B3D, Westport, Ma, Massachusetts, Southeast, MA. Meet at 10:00 AM Horseneck Beach main parking lot. Five mile hike with an option to extend to 8 miles hiking Gooseberry Island. Bring snacks/lunch sturdy footwear, water, and rain jacket. Heavy Rain cancels. Directions: Rte 195 to Exit 10 Rte. 88 south. Follow Rte 88 to parking lot. After the hike a short drive to a local restaurant for pie and ice cream. L Walt Granda (508-999-6038 before 9 pm, wlgranda@aol.com)

Thu., Nov. 5-Dec. 10. Warming Up For Winter, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes (none on Thanksgiving Day) within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

(FT) (NM) (AN) Sat., Nov. 7. SEM Annual Meeting & Dinner, Massachusetts, Southeast, MA. SEM Annual Meeting & Dinner. Chapter elections, cocktail hour, buffet dinner, awards, raffle, speaker. L Cheryl Lathrop (chair@amcsem.org)

#### Thursdays

Nov. 12-12. Warming Up For Winter Hike, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. While not technically part of the "SEM Winter Hiking Series," these local hikes offer a complementary opportunity to get in shape for winter hiking, which typically involves carrying a lot more gear and a heavier pack. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

(FT) (NM) Sat., Nov. 14. AMC/SEM - INTRO HIKING SERIES - BLUE HILLS, Blue Hills, Massachusetts, Boston Area, MA. Intro Hike #5 - Buck Hill Loop The hike around the Buck Hill Loop is a 4.5 miles challenging hike to the

rocky summit offering 360° views. Dress in layers. Bring 16 oz of water, snacks and sturdy footwear. Heavy rain cancels. L Catherine MacCurtain (781-848-9506 Before 9:00 p.m., camacurtain@aol.com) CL Patricia-Lee Achorn (plachorn@me.com), R Patrica-Lee Achorn (plachorn@me.com)

Sat., Nov. 14-15. North & South Kinsman Backpack Hike, New Hampshire, White Mountains, NH. This two-day/11-mile backpack trip will take us to the summits of North Kinsman (4,293') and South Kinsman (4,358'). We will set up base camp at Kinsman Pond campsite and possibly attempt both summits on Saturday. If not, an early morning attempt will be made on Sunday. Due to the exposed summits, severe weather may cause a change in destination, most likely to Cannon Mountain. This is an early winter backpack intended for those with a fair amount of cold weather backpacking experience and who are in very good physical condition. Winter clothing and gear will be required. L Bryan Jones (508-746-2379, bjones1017@live.com) CL John Pereira (774-473-8145, johnpereira33@gmail.com), R John Pereira (774-473-8145 6pm to 8:30pm, johnpereira33@gmail.com)

#### Thursdays

Nov. 19-19. Warming Up For Winter Hike, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. While not technically part of the "SEM Winter Hiking Series," these local hikes offer a complementary opportunity to get in shape for winter hiking, which typically involves carrying a lot more gear and a heavier pack. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

(FT) (NM) Tue., Nov. 24-24. Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for a nearly full moon hike & burn some calories ahead of Thanksgiving. Moonrise is 3:45pm so we should have clear views if good weather. Hike will be approximately 4-5 miles at a moderate pace, lasting about 2 hours. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (pmcnallyma@comcast.net) CL Bob Vogel , R Patti McNally (pmcnallyma@comcast.net)



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