

The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the AMC | Jan. 2016



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 Breeze on our [website](#).

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A. Borderland SP, Photo: Elsie Laverty

B. Blue Hills Res. Photo: Jodi Jensen

C. Nobska Light, Photo: Barbara
 Gaughan

Kicking Off the New Year

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 Our chapter started 2016 with several groups getting outside to
 enjoy the local environment.

In The Blue Hills Reservation, The First Day hike covered 5.8 miles over 3
 hours along the Skyline, yellow arrow, and green dot trail in the northwest
 section of the reservation. There were many familiar faces but also some new
 folks participated, including some long time members who are trying to get
 more active. It was great to also see so many other hikers, including families,
 in the reservation on a beautiful New Year's Day.

At Borderland State Park, 25 folks showed up for a morning hike. They hiked
 out the West Side, French, Northwest, NEMBA, Ridge Quarry Loop trails to
 visit Moyle's Quarry, where they got a show & tell about how to hand split
 granite, and one eagle-eyed participant even found a set of 'feathers and
 wedge' stuck in a block of granite that had split crooked and had been
 abandoned. The group continued on the Morse Loop to the very northern
 end of the park, stopping there for lunch. They worked their way back toward
 the cars over the Friends, Ridge, and Granite Hills trails. Having hiked a
 total of seven miles, including a short walk along Pond Walk Trail, everyone
 returned to their cars.

Continued on page 3



Maureen Kelly,
Chapter Chair

chair@amcsem.org

View From the Chair

Hello SEM Members,

Best wishes for many joyous outdoor adventures in 2016! We would love to meet you and have you take a trip with us. Would you like to bike, ski, paddle, hike, backpack or perform trail work? We can show you beautiful places close to home and we can also show you beautiful places across New England.

Contact one of our enthusiastic leaders and try something new! You can always find our activities on our web site at <http://amcsem.org/schedules.html>.

If you are looking for a volunteer opportunity in the new year, we are always looking for help. Currently we are looking for a Communications Chair to oversee our SEM Chapter Communications. Also, our Biking, Hiking, Skiing and Paddling Committees are looking for Vice Chairs. Contact me if you'd like to help out.

See you outdoors!

Maureen Kelly

2016 Executive Board

Chapter Chair	Maureen Kelly	Communications Chair	Open	Membership Chair	Jodi Jensen
Vice Chair	Barry Young	Communications Vice Chair	Jeff Sugarman	Membership Vice Chair	Ed Miller
Secretary	John Pereira	Communications Vice Chair	Kristina Williams	Membership Vice Chair	Ellen Thompson
Treasurer	Patty Rottmeier	Conservation Chair	Joshua Tefft	Paddling Chair	Ed Foster
Past Chair	Cheryl Lathrop	Conservation Vice Chair	Open	Paddling Vice Chair	Open
Biking Chair	Bernie Meggison	Education Chair	Doug Griffiths	Skiing Chair	Barbara Hathaway
Biking Vice Chair	Open	Education Vice Chair	Open	Skiing Vice Chair	Open
Cape Hiking Chair	Farley Lewis	Hiking Chair	Leslie Carson	Trails Chair	Cathy MacCurtain
Cape Hiking Vice Chair	Peter Selig	Hiking Vice Chair	Open	Trails Vice Chair	Wayne Anderson

Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director	Open	Web-master	Cheryl Lathrop	Short Notice Email List: snel.admin@amcsem.org
Social Vice Chair	Open	Breeze Editor	Jeff Sugarman	
Social Networking Moderator	Susan Mulligan	Blast Editor	Open	

Contact the Chapter Chair at chair@amcsem.org if you're interested in any open position.

Upcoming Executive Board Meetings: Jan. 13 and Feb. 10

Kicking Off the New Year, continued.

SEMAMC 13TH annual New Year's Day cycling by Paul Currier

Relocating the 13th Annual New Year's Day ride from Rochester/Marion to Falmouth was well received as we had a dozen signups. We gathered at the Shining Sea Bike Path parking lot in North Falmouth but opted for some scenic street riding on the way to Woods Hole. Old Silver was our first regroup; lovely although quite windy looking to Marion, Rochester, Mattapoisett, and Fairhaven. We continued south taking in Gunning Point and Racing Beach side street tours to the ocean. Back on the path and eventually to Woods Hole for a stop at Pie in the Sky for refreshments in the sun and a group picture taken by a friendly couple.

Thanks to Joe Tavilla, we decided to take in Nobska Light and, across from it, Martha's Vineyard on the return trip so we would be riding with the wind. We continued back along the beach for a bit and then a casual return (for 4 of us as 5 riders flew back!) on the Shining Sea Path.

It was a lovely day for riding - low 40's with enough sun to ward off any possible chill. Everyone stayed warm and graciously thanked me for a most enjoyable ride. Thanking them in return seemed more important as I always feel that the riders make the ride!

The participants:

Barbara Gaughan, Bernie Meggison, Geoffrey Lenk, Jack Jacobsen, Jim Burke, Joe Tavilla, Larry Decker, Mark Gurnee, Mike Henley, Nancy Kahn, and Paul Currier (Leader)



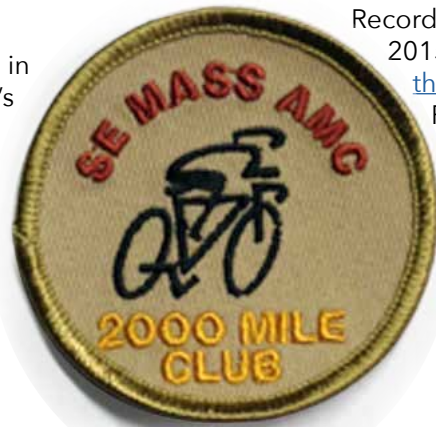
SEMAMC 2,000 Mile Club Begins 12th Year

by Paul Currier

Founded in 2004 by Jack Jacobsen and becoming operational in 2005, our AMC Southeast Mass 2000 Mile Club is now beginning its twelfth year of recording and awarding our cyclists for riding 2,000 miles or more annually. First time achievers are awarded the 2,000 Mile Club patch.

The club experienced its first significant growth during Vice-Chair Victor Oliver's tenure and has been growing since. We have had several volunteer registrars starting with Paul Currier and continuing with Dan Egan to our present registrar, Bernie Meggison.

Record and send your quarterly or final 2015 mileage to Bernie Meggison thosmeggisons@gmail.com, our Chair/Registrar. An online tracker is coming soon.



For additional information about joining our 2,000 Mile Club, see the Breeze or contact our club officers Bernie Meggison, thosmeggisons@gmail.com, Jack Jacobsen cyclejac51@yahoo.com, or Paul Currier paulbcurrier@comcast.net.

Photo: Barbara Gaughan



AMC Adventure Travel Awaits!

If you are looking for an Adventure Travel in the next 6 months, there are still spots available on some trips. Below are a few trips that are being offered. Please visit www.outdoors.org/adventuretravel for a complete list as well as more information about the program.

- [Winter in Yosemite - Skiing and Hiking](#)
- [Exotic Hiking Holiday in the Azores](#)
- [Easter Island Adventure](#)
- [Family Exploration of Nova Scotia and Cape Breton Island](#)

You can view our complete list of offerings at

<http://activities.outdoors.org/search/index.cfm?grp=14>

140th Annual AMC Summit

Saturday, January 30, 2016.

The Annual Summit highlights the people who make AMC's mission real everyday - our dedicated volunteers!

The day's activities will include: Lectures and Trainings; AMC Committee Meetings; Buffet Lunch; 140th Annual Business Meeting; Celebration Reception

[Learn more](#)

Volunteer of the Month

Len Ulbricht

Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have wonderful people give their time, energy and resources to make our chapter one of the best. This month we recognize LEN ULBRICHT from the Hiking Committee.



For those of you who do not know him, Len has been a long-standing member and volunteer in the SEM chapter in several capacities. He held the positions of Membership Chair from 2009-2013 and the Education Chair in 2013-2014. He has written several articles for The Breeze over the years and he has been an active hike

leader, leading a variety of day and overnight trips in the Berkshires, Blue Hills, MA and NH. This past year, Len led a Conditioning Hike Series in the Blue Hills to prepare people for summer hiking and is implementing this series again for the upcoming spring. Another series led by Len this fall was "Warming Up for Winter " to help prepare participants for winter hiking. On all his hikes, Len not only provides an opportunity for participants to enjoy nature and the outdoors as well as socialize with others, but to become better, stronger, hikers. Thanks, Len, for all you do!

Len will receive a Volunteer of the Month Certificate and a \$50 gift card.

Elizabeth Hayes Pratt

We are sad to note that Libby Pratt, a longtime SEM kayaker, died on November 14, 2015. She was 88 years old. Her obituary can be found on the [Cape Code Times website](#).





The Trail by Ray Anderson

A Thru-Hiker publishes his debut novel.

AMC member, Ray Anderson, has published his first book: *The Trail*, A murder mystery written with an eye for the details only those who have hiked the Appalachian Trail can give, *The Trail* combines the solitary world of trail life with the harrowing story of two men desperately trying to escape their pasts.

We asked him a few questions about his new book:

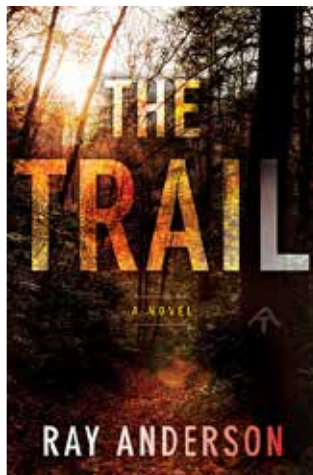
How did your experiences with the AMC influence your book?

I've been an AMC member for many years and first got interested in hiking over 30 years ago when I began climbing the 4000 footers in NH. When I was peak-bagging in NH, I decided to thru-hike the A.T. when I retired. My joy of hiking as an AMC member gave me the incentive to retire early from the corporate world. (I'm a retiree of the Coca-Cola Company).

What's your favorite scene in the story?

There are several favorite scenes in the story: The REI scene where the villain ("Moonwalker") clueless about hiking, decides to get outfitted for his escape onto the Appalachian Trail. And the scene in Roaring Fork shelter during the No. Carolina snowstorm. Some of the dialog in that scene is word-for-word as I remember it. And the "Magic Moment" scene where my protagonist, "Awol" snacks by a stream in the forest on a sunny day and watches deer nearby. This also happened to me.

[Learn more about Ray's new book.](#)



3rd Annual Stroll Down Memory Lane

Bob Vogel

November brought the SEM Annual Meeting and with it the Third Annual Stroll Down Memory Lane. A couple dozen lucky folks got to enjoy fine weather this year as we strolled, and occasionally stopped to tell old stories, around Myles Standish State Forest. This easy-paced 'Stroll' gives us a good opportunity to get together for a walk that isn't too strenuous, so more can attend. So, mark your calendar for next year's Stroll (and Annual Meeting) the first Saturday in November!

Photo of the group preparing to depart, by Elsie Laverty.

Become a Plant Conservation Volunteer with New England Wild Flower Society

New England Wild Flower Society is seeking enthusiastic people interested in plant identification and exploring interesting natural habitats to participate in their Plant Conservation Volunteer Program. Plant Conservation Volunteers (PCVs) puts the skills of citizen science to work collecting information on rare plants and their habitats across all six New England states. There are also opportunities to assist with invasive and habitat management projects that benefit rare plants and botanical surveys. The New England Wild Flower Society provides annual training for those interested in becoming PCVs. The Society also offers free field trips and learning opportunities to PCVs often interacting with professional botanists to learn more about hard to identify species and the ecology of various habitats.

Good candidates are motivated, interested in plant identification, and a little adventurous. It's an excellent opportunity to develop your botanical skills and put them to work, learn more about the flora of New England, meet others with similar interests, and help preserve your state's natural heritage.

Training sessions will be held on a weekend in March/April for each of the New England states. Interested applicants with some botanical knowledge and are outside of Eastern Massachusetts are encouraged to apply. For more information and to apply visit our website at www.newenglandwild.org/volunteers/plant-conservation.html or contact:

NEW ENGLAND
**WILD
FLOWER
SOCIETY**

Laney Widener
Botanical Coordinator
New England Wild Flower Society
508-877-7630 ext. 3204



lwidener@newenglandwild.org

All applications to become a PCV must be submitted via the online application to the Botanical Coordinator prior to training sessions.

2016 Winter Expo

Presented by the Natural Resources
Trust of Easton

The NRT Winter Expo is a family-friendly event that celebrates all of the great things we can do in the winter. From trying out



snowshoes to sledding and sipping hot chocolate by a fire, Winter Expo is fun for all ages. [Learn more.](#)

Blue Hills Reservation

With its scenic views, varied terrain and 125... miles of trails, the Blue Hills Reservation offers year-round enjoyment for the outdoor enthusiast. [Learn more.](#)

At the Blue Hills and other locations, the DCR runs educational programs and events throughout the year. [Learn more.](#)

Activities

[Search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA ... 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1 very fast

2 fast

3 moderate

4 leisurely

Indicates terrain

A very strenuous

B strenuous

C average

D easy

Found in the description

L Activity leader

CL ... Activity co-leader

FT First Time

NM .. New Members

AN ... Advance Notice

C Conservation

Biking

Jan. 1 (Fri). SEMAMC 13th Annual New Year's Day Road Cycling, Massachusetts, Cape Cod, MA (Rochester/Marion). Kick off our year round cycling program and quests for 2,000+ miles in 2016. 27.5 +/- miles at an intermediate pace - early bailouts are easily available. This beautiful ride includes the coasts and harbors of Marion including Sea Shell Beach, Converse Road loop, Point and Delano Roads with an excursion into the Stone Estate, Sippican Land Trust, Planting Island, and Kittansett Golf Course offering a view of all three canal bridges. Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Weather-related relocation is possible. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Hiking

Get your 100-mile patch! Contact hikingchair@amcsem.org.

We're always looking for additional hike leaders! Contact hikingchair@amcsem.org

Jan. 1 (Fri). Start the year with a Borderland New Year's Hike!, Massachusetts, Southeast, MA. Start the year off right, with a 6-7 mile, brisk paced hike along the mostly flatter trails at Borderland State Park, Easton, MA. We'll hike out to the far end of the park and, conditions permitting, stop for lunch near a pond, then continue around the park. We'll also visit Moyle's Quarry, source of the face stone for the Canton viaduct. Bring raincoat, water, lunch and dress for the weather. Registration not required, however if you haven't come on any similar AMC hikes please contact leader, so he can advise you about what we expect of our hikers. In case of bad weather contact leader to see if trip is cancelled. There is a \$5/\$6 parking fee at Borderland, allow time to get ticket for your car. Meet near ticket booth at entrance to main parking lot. Please arrive in time to get prepared and start hiking @ 10:30. Cell phone, morning of hike 603-960-2995. L Bob Vogel (vogel.r@comcast.net)

Tuesdays (Jan. 5, 7, 12, 19, 26; Feb. 2, 9, 16, 23; Mar. 1, 8). White Line the Blue Hills Hike Series, Blue Hills, Massachusetts, Southeast, MA. White Line the Blue Hills. We will meet weekly, Tuesday mornings at 10:30am (for 10:45 start) and hike trails in the Blue Hills for about 4 hours. After the first snow fall appropriate winter clothing, including winter hiking boots and snow shoes will be required. A severe snow storm or unsafe driving conditions will cancel that week's hike. The series will run for the 13 weeks from the Winter Solstice (Dec 22) to the Spring Equinox (Mar 20). The leader will have his dog, Sunny, with him when weather permits, if you wish to bring your well behaved dog please discuss during registration. Register once and then Show and Go. Have you been a Red Liner and would like to try White Lining or do you simply enjoy winter hiking then consider joining us Tuesday mornings. L Paul Brookes (603-799-4399), R Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com)

Jan. 7. Thursday Morning Hike - Whitney and Thayer Woods (B3C), Cohasset, Hingham, Ma, Massachusetts, Southeast, MA. Whitney & Thayer Woods (B3C) Lovely woods walk across rolling hills on Trustees of Reservations property. Meet at 10:00am in the Whitney and Thayer Woods main parking area. Boots suitable for weather/trail conditions, possibly traction devices or snowshoes, water, winter wear (layers, hats, mittens) and snacks/lunch required. Directions: from Route 3 (Exit 14), take Route 228N for 6.5 miles through Hingham. Turn right onto Route 3A eastbound and follow for 2 miles to the entrance. Parking is on the right. Contact L if weather is questionable. Please carpool if possible, as parking is limited. L Eva Borsody das (781-925-9733, borsody@gmail.com)

Activities

[Search activities online](#)

Jan. 9 (Sat). Winter Series Hike #2 - Seven Sisters, Massachusetts, Pioneer Valley, MA. Moderate 6-mile hike on the Metacomet Monadnock Trail over a series of peaks including Mt Holyoke, and The Seven Sisters. Total elevation gain will be approximately 2000 ft. Enjoy great winter views of the Pioneer Valley and the Connecticut River (weather permitting) while getting in condition for our next winter series hikes "up North." Snowshoes and micro-spikes (or other light traction devices) are likely to be needed. Once again, we'll be carrying our full winter backpacks for this preparatory hike. Note that either prior winter hiking experience or participation in our annual Winter Workshop in Sandwich on Nov. 7th (or equivalent) will be required. L Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net) L Leslie Carson (ltc929@comcast.net) L Walt Granda (wlgranda@aol.com) CL Anne Duggan CL Peggy Qvicklund , R Paul Miller (Paulallenmiller@verizon.net)

Jan. 14 (Thu). (FT) (NM) Borderland State Park/Bay Circuit Trail Thurs. AM Hike, Sharon/North Easton, Massachusetts, Southeast, MA. Meet at 10AM at Borderland SP parking lot on Massapoag Avenue on the Sharon/North Easton border for a six-mile hike, including portions of the Bay Circuit Trail with pond views. Bring water, lunch, layers, sturdy footwear. Rain or storm cancels. Parking fee is \$2.00. L Deborah Lepore (781-828-0572 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 before 9 pm, Hans.Luwald@GMail.com)

Jan. 21 (Thu). (FT) (NM) Thursday Morning Hike in the Blue Hills, Massachusetts, Southeast, MA. A 4-5 mile hike on the Wildcat Notch Path, the Coon Hollow Path, and around the Eliot Tower. Meet at the northern parking lot at Trailside Museum at 9:45. Driving Directions Take exit 2 (route 138N) off of Rt. 128 and go north toward Milton. We will meet in the 2nd parking lot next to the Trailside Museum. L Sue Chiavari (508-496-6452 7-9PM, brillo6452@yahoo.com)

Jan. 23 (Sat). Mt. Tom & Mt. Field Hike, New Hampshire, White Mountains, NH. This 7.2-mile hike will take us to the summits of two NH 4,000 footers - Mt. Tom (4,051') and Mt. Field (4,340') - plus Mt. Avalon (3,442') provides another winter-hiking option in addition to those hikes in the Southeastern Mass. Chapter's Winter Hiking Series. This trip will involve a total of ~2,800' in elevation gain. Poor winter conditions may cause the hike to be canceled or cause a change in destination, most likely to a lesser peak nearby. Winter clothing and equipment will be required. Experienced winter hikers only please. L John Pereira (774-473-8145, johnpereira33@gmail.com) L Maureen Kelly (mokol773@aol.com), R John Pereira (774-473-8145 6pm to 8:30pm, johnpereira33@gmail.com)

Jan. 25 (Mon). (NM) Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for a post-full moon hike at Borderland State Park. Moon-rise is 6:46 pm. Hike will be approximately 4-5 miles at a moderate pace, lasting about 2 hours. Snowshoes may be needed. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (508-212-0330, pmcnallyma@comcast.net) CL Nancy Coote , R Patti McNally (pmcnallyma@comcast.net)

Jan. 28 (Thu). (C) (FT) (NM) (AN) Morning hike at the Monastery Grounds, Cumberland, RI, Cumberland, RI, Rhode Island, RI. Thursday Morning Hike on Monastery grounds in Cumberland, RI - Bring lunch or snack. Snow equipment may be needed. Rain cancels. Rte. 295S to exit 11. Take 114S app. 1-1/2 mi. Take right into Monastery and go past playground. L Muriel Guenther (508-699-7461 Before 9:00pm, murielguenther@comcast.net)

Feb. 6 (Sat). Winter Series Hike #3 - Mt. Pierce, New Hampshire, White Mountains, NH. Join us for the third hike in our 2014 Winter Series, which will bring us above 4,000 feet for the first time this year to the summit of Mt. Pierce with it's panoramic views of the southern Presidentials, Mt. Washington, and beyond. We'll take the historic (mostly protected) Crawford Path and return via the Webster Cliff Trail to the Mizpah Cutoff and then back to the trail-head via the Crawford Path. Full winter clothing and gear, including both snowshoes and micro-spikes (or other light traction devices) will be required. Depending on trail conditions, we may also need either 10- or 12-point crampons. Prior winter hiking experience and/or participation in the SEM Winter Workshop on Nov. 7th (or equivalent) required. L Maureen Kelly (617-943-4288, mokol773@aol.com) CL Anne Duggan CL Barry Young , R Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net)

Feb. 22 (Mon). (FT) (NM) Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for a full moon hike at Borderland State Park. Hike will be about 4-5 miles at a moderate pace, lasting approximately 2 hours. Moon-rise is 5:34pm. With good weather, we should have nice moon views. Snowshoes may be needed. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (508-212-0330, pmcnallyma@comcast.net) CL Bob Vogel , R Patti McNally (508-212-0330, pmcnallyma@comcast.net)

Activities

[Search activities online](#)

Mar. 4–6. Winter Series Hike #4 - Carter Notch Overnight Trip, New Hampshire, White Mountains, NH. We'll return to remote Carter Notch for the final trip in the 2015-2016 SEM Winter Hiking Series. Participants may have an option to stay at the AMC Carter Notch Hut for either one or two nights under our group reservation. At the hut, we'll enjoy camaraderie and group breakfasts and dinners. App. Four mile hike into the hut, with some elevation gain and loss. We'll also offer several shorter hikes from the hut. A warm winter sleeping bag (rated to at least 0 degrees F.) and full winter gear including snowshoes and microspikes (or other light traction devices) will be required. Depending on trail conditions, we may also need either 10- or 12-point crampons. Prior winter hiking experience and/or participation in the SEM Winter Workshop on Nov. 7th required. Preference will be given to those who participated in previous hikes in the series. L Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net) L Maureen Kelly (mokol773@aol.com) L Leslie Carson (ltc929@comcast.net) CL Barry Young CL Ken Carson , R Paul Miller (Paulallenmiller@verizon.net)

Mar. 10 (Thu). (FT) (NM) Morning hike at Ponkapoag Pond, Canton, MA, Massachusetts, Southeast, MA. Meet at 10AM in Ponkapoag Golf Course Parking Lot for a five-mile hike/snowshoe (depending on conditions) around the pond. Bring: water, snack and appropriate footwear. L Deborah Lepore (781-828-0572 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 Before 9 PM, Hans.Luwald@Gmail.com)

Mar. 22 (Tue). (FT) (NM) Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for the last full moon hike of the season at Borderland State Park. Moon-rise is 6:23pm. Hike will be about 4-5 miles at a moderate pace, lasting approximately 2 hours. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (pmcnallyma@comcast.net) CL Nancy Coote , R Patti McNally (pmcnallyma@comcast.net)

Mar. 24 (Thu). (FT) (NM) (AN) Morning Hike - Oldham Trail & Harold Clark Forest, Foxboro, MA, Massachusetts, Southeast, MA. Hike the Oldham Trail & Harold Clark Forest. Meet 10:00 am at parking lot on Rt. 140 Foxboro across from Sunoco Station. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenthner (508-699-7461 Before 9:00PM, murielguenthner@comcast.net)

Apr. 14 (Thu). (C) (FT) (NM) (AN) Morning Hike - Wollomonopoag Conservation Area, Wrentham, MA, Massachusetts, Southeast, MA. Thu., April 14 Wollomonopoag Conservation Area, Wrentham, MA. Meet 10:00 am in Conservation parking lot off of Elysium St. Bring water, snack or lunch & sturdy footwear. Rain cancels. L Muriel Guenthner (508-699-7461 before 9:00pm mguenthner@comcast.net). B3C. L Muriel Guenthner (508-699-7461 Before 9:00pm, murielguenthner@comcast.net)

Apr. 21 (Thu). (FT) Morning hike - World's End (C3C), Hingham, MA, Massachusetts, Southeast, MA. World's End (C3C). Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor, stunning views, hilly, carriage ways, rocky paths, could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at <http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html>. L Eva Borsody das (781-925-9733, borsody@gmail.com)

Skiing

Jan. 10 (Sun). XC Skiing, Massachusetts, Boston Area, MA. Advanced beginner/Intermediate XC skiing. Come for a day to enjoy skiing the trails in the woods and fields at Great Brook Farm in Carlisle, MA. We will ski groomed trails. Meet at lodge at 10:00 a.m. Estimated time on the trails will be 3 or 4 hours. Bring lunch, snack and drink. Equipment rentals are available. Complete details including conditions and fees at this website: www.greatbrookski.com. L Barbara Hathaway (508-880-7266 before 9 p.m., barb224@tmlp.net) CL Jeannine Audet (508-493-8221 7 to 10 p.m., milmod@aol.com), R Jeannine Audet (508-493-8221 7 to 10 p.m., milmod@aol.com)

Jan. 15–18. XC Ski Weekend in White Mountains, White Mountains, New Hampshire, White Mountains, NH. SEM and Boston Forty+ join together for XC skiing, snowshoeing and camaraderie at Applebrook B&B, in Jefferson, NH. Friday, Saturday and Sunday nights lodging, 3 hot breakfasts, Friday night pizza and salad and Saturday and Sunday dinners are included in rates that range from \$230 to \$310 per person including taxes. Skiing at Bretton Woods or other facilities depend upon snow and trail conditions. Additional details provided prior to trip. L Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net) CL Wayne Cardoza (603-673-2518 before 9pm), R Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net)

Activities

[Search activities online](#)

Jan. 23 (Sat). Cross Country Ski-Windblown, NH, New Hampshire, Merrimack Valley, NH. Join us Saturday morning for cross country skiing at Windblown in New Ipswich, NH, about 70 miles NW of Boston. They offer 40 KM of trails; equipment rentals are available. Weekend trail rate of \$18. L Jodi Jensen (781-249-8346, jodiajensen@gmail.com)

Mar 4-6. XC Ski White Mountains, Intervale, NH, New Hampshire, White Mountains, NH. Can you think of a better way to begin the month of March than XC- skiing in the White Mountains? Join the SEM and Forty Plus chapters on Mar. 4 for 2 nights lodging at the Old Field House in Intervale, NH. Room rates are from \$120 to \$135 per night plus tax and include a hearty breakfast on Saturday and Sunday mornings. Visit their website www.oldfieldhouse.com for a complete description of their rooms and amenities. After registering by phone with the AMC Leader, call the Old Field House at 800-444-9245 to reserve your room. If you don't have a roommate, leader or innkeeper will try to match you up with one or you have the option of paying for a single supplement. We'll ski at Jackson, Great Glen, or Bear Notch - or right out the door on the Intervale trails. Bring your snowshoes, too. The weekend begins with pizza, salad and socializing on Friday night (nominal charge) around 6:30. Bring a snack to share at Happy Hours and your favorite beverage. Space is limited, so reserve a spot soon. L Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net) CL Wayne Cardoza (), R Barbara Hathaway (508-880-7266 before 9 pm, barb224@tmlp.net)

Happy Trails!

