



# The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the AMC | Feb. 2016



## Want SEM activities delivered right to your email inbox?

Sign up for the AMC Activity Digest or call 1-800-372-1758 or email [amcinformation@outdoors.org](mailto:amcinformation@outdoors.org).

Find past issues of The Southeast Breeze on our [website](#).

Like us on [Facebook](#)

Follow us on [Twitter](#)

## Ten years of red lining in the Blue Hills Reservation

For the past ten years a group of enthusiastic hikers has met weekly from mid April until mid September to hike every foot of every trail in the Blue Hills Reservation, Quincy-Canton, MA (BHR). It has become one of the signature hiking events of the AMCSEM Chapter. The name and the goal of the group was inspired by Bob Vogel and Bill Ruel. Bob wanted to hike and Bill wanted to keep track of the BHR trails he had covered by marking his map with a red highlighter. The idea caught-on and literally hundreds of hikers have participated since then. This includes Maureen Kelly, Chapter Chair and prior Chapter Chairs Cheryl Lathrop and Jim Plouffe. Each of them are Red Liners having hiked every inch of every one of the 125 miles of trails. The BHR has a wide range of challenges and the format of the program provides the opportunity to experience them all.

As more people completed the Red (35) series, the additional Blue (9), Green (7), Orange (6), Yellow (3), Purple (2), Pink (1) and Bronze (1) levels of completion were added. The bracketed numbers indicate the number of hikers who have completed each level. Walt Granda, Joe Keogh and Michael Swartz are the "Elite Trio" having completed the Yellow series. Michael Swartz is the sole hiker attaining the Pink and Bronze levels. Alan Greenstein has the distinction of being the last hiker to complete a series in 2015. He completed the Orange series on 12/28/2015.

*Continued on page 3*



Maureen Kelly,  
Chapter Chair

[chair@amcsem.org](mailto:chair@amcsem.org)

## View From the Chair

Hello SEM Members,

Are we curled up on the couch by the fire in February? No we are not.

- We are hiking on the Cape!
- We are camping at High Cabin, Cardigan Mt.!
- We are Whitelining the Blue Hills every Tuesday!
- We are hiking under the Full Moon!
- We are skiing and snowshoeing all weekend at Noble View Camp!
- We are hiking every Thursday in Mass!
- We are hiking Mt. Pierce, a 4K!

We also have a special event on Tuesday, February 23, 2016 8:45AM - 3:00PM  
[Cape Cod National Seashore Cleanup Day](#)

Join us for a day or half day to give back to a beautiful National Park we all enjoy.  
Contact Joshua to sign up [conservationchair@amcsem.org](mailto:conservationchair@amcsem.org)

Give one of our activities a try! We would love to have you join us.  
[Find our activities here.](#)

See you outdoors!

Maureen Kelly

## 2016 Executive Board

Chapter Chair .....	Maureen Kelly	Communications Chair .....	Open	Membership Chair .....	Jodi Jensen
Vice Chair .....	Barry Young	Communications Vice Chair .....	Jeff Sugarman	Membership Vice Chair .....	Ed Miller
Secretary .....	John Pereira	Communications Vice Chair .....	Kristina Williams	Membership Vice Chair .....	Ellen Thompson
Treasurer .....	Patty Rottmeier	Conservation Chair .....	Joshua Tefft	Paddling Chair .....	Ed Foster
Past Chair .....	Cheryl Lathrop	Conservation Vice Chair .....	Open	Paddling Vice Chair .....	Open
Biking Chair .....	Bernie Meggison	Education Chair .....	Doug Griffiths	Skiing Chair .....	Barbara Hathaway
Biking Vice Chair .....	Open	Education Vice Chair .....	Open	Skiing Vice Chair .....	Open
Cape Hiking Chair .....	Farley Lewis	Hiking Chair .....	Leslie Carson	Trails Chair .....	Cathy MacCurtain
Cape Hiking Vice Chair .....	Peter Selig	Hiking Vice Chair .....	Open	Trails Vice Chair .....	Wayne Anderson

## Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director .....	Open	Web-master .....	Cheryl Lathrop	Short Notice Email List: <a href="mailto:snel.admin@amcsem.org">snel.admin@amcsem.org</a>
Social Vice Chair .....	Open	Breeze Editor .....	Jeff Sugarman	
Social Networking Moderator .....	Susan Mulligan	Blast Editor .....	Open	

Contact the Chapter Chair at [chair@amcsem.org](mailto:chair@amcsem.org) if you're interested in any open position.

Upcoming Executive Board Meetings: Jan. 13 and Feb. 10





1



2

*Continued from page 1*

Joe Keogh has ably led the group since 2010 and plans the Red Line hikes with the goal of a regular participant completing a series in 1.5 years.

A White Lining series was launched in 2009 to give people interested in hiking in the BHR during the period from the Winter Solstice until the Spring Equinox (12/22-3/22) a unique challenge. Jodi Jensen completed it in 3/2012. Michael Swartz, 1/2014 and Paul Brookes, 3/2015. Paul has the distinction of being the only person to achieve that objective in one season! Paul is currently leading a Winter hiking series on Tuesdays while attempting to complete his second set of White Line credentials. click on this link for details on participating <http://activities.outdoors.org/search/index.cfm/action/details/id/86167>

To further enhance the program an attractive patch was designed and each person completing a series is awarded one. (photo below). It is proudly worn on backpacks.

Anyone interested in joining one of the Red Line hikes is encouraged to contact Cathy Garry, Registrar at [RLBH\\_registrar@amcsem.org](mailto:RLBH_registrar@amcsem.org). Please provide your phone number for Cathy to follow-up with you.



3



4

1. 1<sup>st</sup> RLBH hike in the Spring.

2. Paul Brookes, center, leads the White Line the Blue Hills winter series

3. Joe Keogh, Trail Master Extraordinaire.

4. Layton Gaines receives the coveted RLBH Patch.

## Volunteer of the Month

Nancy Wigley



Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have wonderful people give their time, energy and resources to make our chapter one of the best. This month we recognize NANCY WIGLEY from the Cape Hikes Committee.

Nancy is not just a great Leader, but an educator as well. Her vast knowledge of botany and the great outdoors makes her hikes a learning experience, as well as a great walk. Cape Hikes is very fortunate to have such a committed and talented leader. Come on her May 8<sup>th</sup> hike at Santuit Preserve and look for the bird's foot violets! Thanks, Nancy, for all you do!



Nancy will receive a Volunteer of the Month Certificate and a \$50 gift card.

## Ryder Conservaton & Lowell Holly Reservation

Cape hike Jan 18 at Ryder Conservation & Lowell Holly Reservation. 4.58 mi. 17 hikers. 38 degrees. Remnants of winter storm Jonas which had dropped 12-18" on the cape the previous weekend did not deter us.



*Cape hike Jan 28  
Conaumet Point in Lowell  
Holly Reservation*





## Activities

[Search activities online](#)

### Hiking Key:

**C4D**

Indicates distance in miles

AA ... 13+

A ..... 9-13

B ..... 5-8

C ..... less than 5

Indicates pace

1 ..... very fast

2 ..... fast

3 ..... moderate

4 ..... leisurely

Indicates terrain

A ..... very strenuous

B ..... strenuous

C ..... average

D ..... easy

Found in the description

L ..... Activity leader

CL ... Activity co-leader

FT ... First Time

NM .. New Members

AN ... Advance Notice

C ..... Conservation

### Biking

N/A

### Hiking

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

We're always looking for additional hike leaders! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)

Tuesdays (Jan. 5, 7, 12, 19, 26; Feb. 2, 9, 16, 23; Mar. 1, 8). White Line the Blue Hills Hike Series, Blue Hills, Massachusetts, Southeast, MA. White Line the Blue Hills. We will meet weekly, Tuesday mornings at 10:30am (for 10:45 start) and hike trails in the Blue Hills for about 4 hours. After the first snow fall appropriate winter clothing, including winter hiking boots and snow shoes will be required. A severe snow storm or unsafe driving conditions will cancel that week's hike. The series will run for the 13 weeks from the Winter Solstice (Dec 22) to the Spring Equinox (Mar 20). The leader will have his dog, Sunny, with him when weather permits, if you wish to bring your well behaved dog please discuss during registration. Register once and then Show and Go. Have you been a Red Liner and would like to try White Lining or do you simply enjoy winter hiking then consider joining us Tuesday mornings. L Paul Brookes (603-799-4399), R Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com))

Feb. 6 (Sat). Winter Series Hike #3 - Mt. Pierce, New Hampshire, White Mountains, NH. Join us for the third hike in our 2014 Winter Series, which will bring us above 4,000 feet for the first time this year to the summit of Mt. Pierce with it's panoramic views of the southern Presidentials, Mt. Washington, and beyond. We'll take the historic (mostly protected) Crawford Path and return via the Webster Cliff Trail to the Mizpah Cutoff and then back to the trail-head via the Crawford Path. Full winter clothing and gear, including both snowshoes and micro-spikes (or other light traction devices) will be required. Depending on trail conditions, we may also need either 10- or 12-point crampons. Prior winter hiking experience and/or participation in the SEM Winter Workshop on Nov. 7th (or equivalent) required. L Maureen Kelly (617-943-4288, [mokel773@aol.com](mailto:mokel773@aol.com)) CL Anne Duggan CL Barry Young , R Paul Miller (508-369-4151 before 9:00 pm please, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net))

Feb. 22 (Mon). (FT) (NM) Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for a full moon hike at Borderland State Park. Hike will be about 4-5 miles at a moderate pace, lasting approximately 2 hours. Moon-rise is 5:34pm. With good weather, we should have nice moon views. Snowshoes may be needed. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (508-212-0330, [pmcnallyma@comcast.net](mailto:pmcnallyma@comcast.net)) CL Bob Vogel , R Patti McNally (508-212-0330, [pmcnallyma@comcast.net](mailto:pmcnallyma@comcast.net))

Mar. 4-6. Winter Series Hike #4 - Carter Notch Overnight Trip, New Hampshire, White Mountains, NH. We'll return to remote Carter Notch for the final trip in the 2015-2016 SEM Winter Hiking Series. Participants may have an option to stay at the AMC Carter Notch Hut for either one or two nights under our group reservation. At the hut, we'll enjoy camaraderie and group breakfasts and dinners. App. Four mile hike into the hut, with some elevation gain and loss. We'll also offer several shorter hikes from the hut. A warm winter sleeping bag (rated to at least 0 degrees F.) and full winter gear including snowshoes and micro-spikes (or other light traction devices) will be required. Depending on trail conditions, we may also need either 10- or 12-point crampons. Prior winter hiking experience and/or participation in the SEM Winter Workshop on Nov. 7th required. Preference will be given to those who participated in previous hikes in the series. L Paul Miller (508-369-4151 before 9:00 pm please, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net)) L Maureen Kelly ([mokel773@aol.com](mailto:mokel773@aol.com)) L Leslie Carson ([ltc929@comcast.net](mailto:ltc929@comcast.net)) CL Barry Young CL Ken Carson , R Paul Miller ([Paulallenmiller@verizon.net](mailto:Paulallenmiller@verizon.net))

## Activities

[Search activities online](#)

Mar. 10 (Thu). (FT) (NM) Morning hike at Ponkapoag Pond, Canton, MA, Massachusetts, Southeast, MA. Meet at 10AM in Ponkapoag Golf Course Parking Lot for a five-mile hike/snowshoe (depending on conditions) around the pond. Bring: water, snack and appropriate footwear. L Deborah Lepore (781-828-0572 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 Before 9 PM, Hans.Luwald@Gmail.com)

Mar. 22 (Tue). (FT) (NM) Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for the last full moon hike of the season at Borderland State Park. Moon-rise is 6:23pm. Hike will be about 4-5 miles at a moderate pace, lasting approximately 2 hours. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (pmcnallyma@comcast.net) CL Nancy Coote , R Patti McNally (pmcnallyma@comcast.net)

Mar. 24 (Thu). (FT) (NM) (AN) Morning Hike - Oldham Trail & Harold Clark Forest, Foxboro, MA, Massachusetts, Southeast, MA. Hike the Oldham Trail & Harold Clark Forest. Meet 10:00 am at parking lot on Rt. 140 Foxboro across from Sunoco Station. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenthner (508-699-7461 Before 9:00PM, murielguenthner@comcast.net)

Apr. 14 (Thu). (C) (FT) (NM) (AN) Morning Hike - Wollomonopoag Conservation Area, Wrentham, MA, Massachusetts, Southeast, MA. Thu., April 14 Wollomonopoag Conservation Area, Wrentham, MA. Meet 10:00 am in Conservation parking lot off of Elysium St. Bring water, snack or lunch & sturdy footwear. Rain cancels. L Muriel Guenthner (508-699-7461 before 9:00pm mguenthner@comcast.net). B3C. L Muriel Guenthner (508-699-7461 Before 9:00pm, murielguenthner@comcast.net)

Apr. 21 (Thu). (FT) Morning hike - World's End (C3C), Hingham, MA, Massachusetts, Southeast, MA. World's End (C3C). Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor, stunning views, hilly, carriage ways, rocky paths, could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at <http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html>. L Eva Borsody das (781-925-9733, borsody@gmail.com)

## Skiing

Mar 4-6. XC Ski White Mountains, Intervale, NH, New Hampshire, White Mountains, NH. Can you think of a better way to begin the month of March than XC- skiing in the White Mountains? Join the SEM and Forty Plus chapters on Mar. 4 for 2 nights lodging at the Old Field House in Intervale, NH. Room rates are from \$120 to \$135 per night plus tax and include a hearty breakfast on Saturday and Sunday mornings. Visit their website [www.oldfieldhouse.com](http://www.oldfieldhouse.com) for a complete description of their rooms and amenities. After registering by phone with the AMC Leader, call the Old Field House at 800-444-9245 to reserve your room. If you don't have a roommate, leader or innkeeper will try to match you up with one or you have the option of paying for a single supplement. We'll ski at Jackson, Great Glen, or Bear Notch - or right out the door on the Intervale trails. Bring your snowshoes, too. The weekend begins with pizza, salad and socializing on Friday night (nominal charge) around 6:30. Bring a snack to share at Happy Hours and your favorite beverage. Space is limited, so reserve a spot soon. L Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net) CL Wayne Cardoza (), R Barbara Hathaway (508-880-7266 before 9 pm, barb224@tmlp.net)

## Activities

[Search activities online](#)

### Conservation Volunteer Opportunities

Feb. 23 (Tue). Cape Cod National Seashore Cleanup Day, Coast Guard Beach, Eastham, MA, Massachusetts, Cape Cod, MA. AMC Southeastern Mass Chapter is lending a hand removing brush for Cape Cod National Seashore, and we want your help. We would love to have you join us and help to keep Cape Cod National Seashore a treasure for generations to come. You can choose to work a half day (9-12 ,or 12-3) or a full day. All tools and equipment provided, just bring warm clothes and sturdy work shoes/boots. Lunch will be provided, but feel free to bring your own beverages and snacks. Contact Joshua Tefft for more info and to sign-up.

The actual location is Little Creek parking lot in Eastham, MA, but is subject to change due to brush burning conditions. L Joshua Tefft (conservationchair@amcsem.org)

### Education

Apr. 9 (Sat) (AN). Leadership Training Workshop, Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035, Massachusetts, Southeast, MA. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning, screening criteria, risk mitigation, and qualifications to become a leader. It is an all day course with a mix of classroom and outdoor exercises. L Douglas Griffiths (508-758-4315 After 6 pm, RedDougG@aol.com)

May 14 (Sat) (AN). Wilderness First Aid Two Day Training Course, Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035, Massachusetts, Southeast, MA. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. L Douglas Griffiths (508-758-4315 After 6 PM, RedDougG@aol.com)

# Happy Trails!