



The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the AMC | January 2017

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Have a story for *The Southeast Breeze*?

Please send your Word doc and photographs to
breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to breeze.editor@amcsem.org



Rolling into the new year, from left: Jeff Hyman, Joe Tavilla, Bernie Meggison, Barbara Gaughan, Paul Currier, Robyn Saur, Bill Brown, and Julia Slatekiewicz.

Fair Skies and Super Cycling

Written by Paul Currier, Leader

Once again we enjoyed a beautiful winter's day for our 14th New Year's Cycling - blue skies, mid 40s, but with a bit of a breeze; just enough to keep the sweat from forming on our brows.

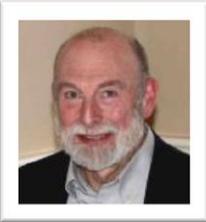
Starting once again in North Falmouth, we rode to our first stop and regroup - Old Silver Beach. There we watched an exciting surf glider demonstrate his skills - we were pretty much in agreement that he was not on his first trip. Over to the right were the Old Silver dippers doing their usual NYD frigid plunge. To each his/her own!

Continuing along streets and the Shining Sea bike path to Woods Hole, we cycled through the scenic Gunning Point and Racing Beach areas.

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View from the chair



HAPPY NEW YEAR!

As we begin 2017, I want to wish you and your families all the best for a healthy and rewarding new year.

This is the time of year when most people think about self-improvement. Year after year, the top New Year's Resolution is to lose weight and get in shape. Well, AMC has great news for you! No need to sign up for one of those expensive gym memberships. Despite the weather turning cold, there is still plenty of opportunity to get outside and participate in an AMC sponsored activity.

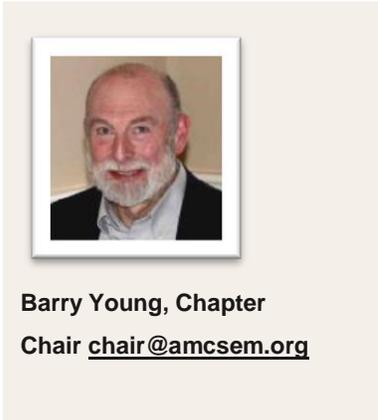
The dedicated leaders of the SEM Chapter have a full slate of activities planned to get you outside. From local weekly hikes in the Blue Hills and on the Cape, to challenging winter hikes in the White Mountains, there is something for everyone. Want to learn to cross-country ski? Check out the local adventure planned by our ski leaders for January 29th! Afraid you might be cold? Our well-trained leaders will show you how to dress in layers, wear the proper footwear, and carry the right equipment. Guaranteed you won't be cold!

If you haven't been to our website lately, [check it out](#). All our activities are listed [here](#). Get your family and friends involved and participating with you by sharing our newsletter and activities with them. Participants do not have to be members to share in the excitement, so encourage them to join you.

See you all outside!

Barry Young

AMC SEM Chapter Chair chair@amcsem.org



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Blast Editor Marie Hopkins

Contact the Chapter Chair at chair@amcsem.org if you're interested in any open position.



Biking to the Beach! *Photo by Robyn Saur*

New Year's Cycling

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Upon arriving in Woods Hole we stopped at the ferry terminal and fortunately found a Good Samaritan to take pictures of our group in and around a huge wreath.

We proceeded to Coffee O (awesome hot chocolate!) for refreshments followed by the return trip, taking in Nobska Light and Martha's Vineyard. The skies were the bluest of blue and we could see the lighthouse on Gay Head—the first time I recall being able to pick it out from Nobska.



On a clear day, you can see the lighthouse!
Photo by Paul Carrier

Next was the return trip along the Shining Sea path which was of course offering numerous splendid views of bays, Sippewisset Little and Great Marshes, ocean, birds, bogs, and a beautiful ending for another enjoyable ride.

Returning riders from 2016: Barbara Gaughan, Bernie Meggison, Joe Tavilla, and me. New riders joining us this year included Robyn Saur, Bill Brown, Jeffrey Hyman, and Julia Slatkiewicz, an AMC'er from Taunton.

Volunteer of the Month: Joanne Staniscia



**Written by Leslie Carson,
Hiking Chair**

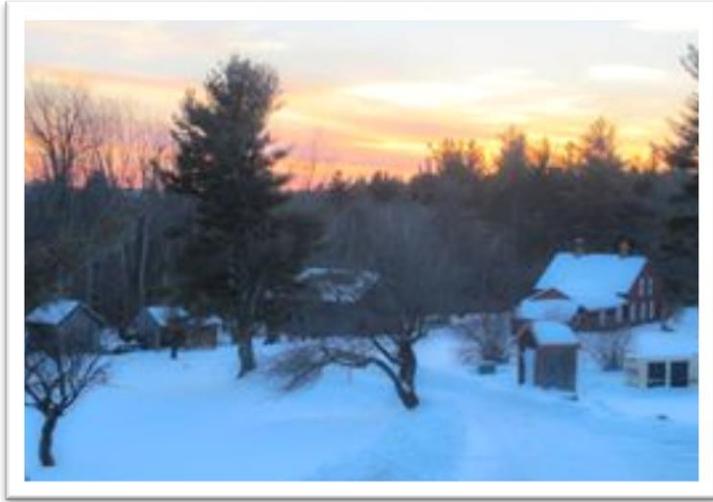
Photo by Ken Carson

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to lead terrific trips. This month the Hiking Committee recognizes JOANNE STANISCIA for her continuing contributions.

Joanne has been an active leader with the Southeastern Mass Chapter for the past few years leading local hikes, particularly for the SEM's Thursday Morning hikes. She has been hiking for many years with the Southeastern MA Chapter in all four seasons and is known to many. She is quick with a smile, has a positive outlook and a dry sense of humor. Her hikes are always well planned out (you may see her on the trail pre-hiking her route) and very well attended.

Thank you, Joanne, for all you do!

Joanne will receive a Volunteer of the Month Certificate and a \$50 gift card.



Noble View Outdoor Center 2015 Photo by Ken Carson

Intro to Snowshoe Hiking and XC Skiing

Written by Paul Brookes, Hiking Leader

Test out your new winter skills and/or equipment with a weekend of hiking, cross country skiing, and snowshoeing, depending on winter conditions. Our Hiking and Skiing Committees are sponsoring an introduction to these winter sports Feb. 10-12 at the [Noble View Outdoor Center](#) in Russell, MA, about two hours west of Boston.

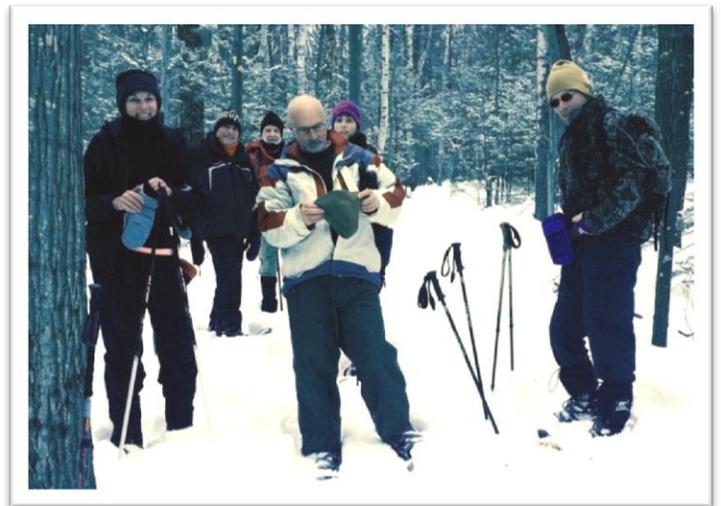
The weekend is capped at 28 people, based on the two cottages we have reserved. There are still some spots left, but if you're interested email Walt Granda, the registrar, sooner rather than later. In past years this trip has filled up fast.

I've been to Noble View a few times and can vouch for it: It's a ton of fun and very social. You can go on morning and afternoon hikes or skiing, or just sit in front of the fire reading. Bring your own wine or beer and enjoy chatting, or playing board games or cards in the evening.

The registration fee of \$105 per person for AMC members/\$115 for non-members includes two nights lodging and meals. You arrive late afternoon Friday and get settled in during the evening. Dinner Friday night is provided, as well as breakfast, lunch, and dinner on Saturday and breakfast Sunday (left-overs Sunday).

I have sent in my reservation for the weekend and will be leading a Saturday morning hike in boots or snowshoes, depending on how much snow there is. There will also be leaders who will be doing cross-country skiing (again if there's enough snow). All told, it's a really fun weekend! [Here's the listing.](#)

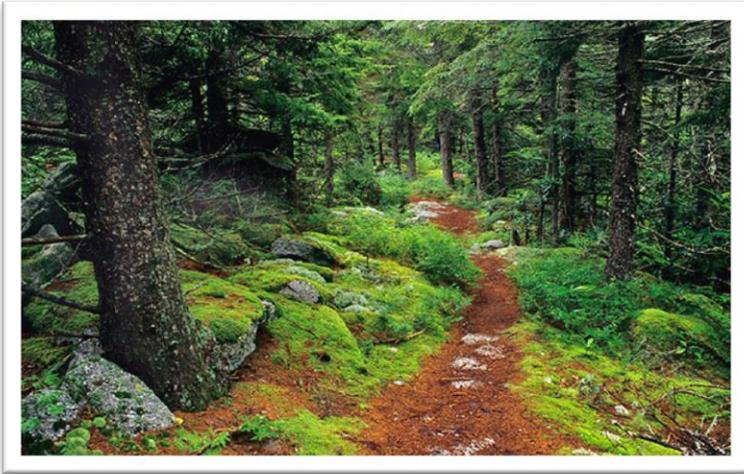
For questions or to register, contact Walt Granda, 508-999-6038 before 9 p.m., or wlganda@aol.com.



Whooshing and waddling in a winter wonderland.
2015 Photos by Walt Granda

We Love Your Photos...

When you send them, please include if possible: activity, location, date, names of people featured prominently, different filename for each photo, name of photographer. Thanks!



North American Forest Photo from The Nature Conservancy

The Conservation Corner

Written by Bill Cannon, Conservation Chair

As members of the AMC we tend to be more conscious of the outdoors and how fragile it is. We take Conservation and Leave No Trace seriously and have a desire to preserve the outdoors for those who come after us.

With that, I want to tell you about a room. Some of us have seen this room. Some choose to ignore it. Some have never seen it. It is the largest room in existence. It is the Room For Improvement. When we practice Conservation of our Outdoors, there is always the Room For Improvement. Let me cite some examples:

When you are hiking after a rain, do you go around the puddles?

When there is a tree down in the trail do you make a new trail around it?

Do you throw out that peach pit or apple core onto the shore from you canoe?

Do you leave your trash bag home when you go out?

Do you leave the filled doggy-doodoo bags at the trailhead thinking someone will pick them up?

Do you only snowshoe because you can't see the debris below the snow?

These are only a few areas that we can improve on as individuals and especially as a group.

That one plant I stepped on going around a puddle may survive, but may not survive the twenty more feet that are behind me. That apple core may rot in place and become compost for the flora, but the twenty other cores are likely to make the fauna sick.

We all have to enter that Room For Improvement. In this room we will find Training, Information and Wisdom. If we take what we learn in the Room and apply it to our outdoor activities we will be able to preserve the Outdoors for many generations.

I recently went to the Room and read a great article In AMC Outdoors by Karen Ingraham titled "[How to Reuse and Recycle Outdoor Gear.](#)" She has some great and easy ideas that we can apply to our Outdoor Activities. Please give it a read, and enter the Room For Improvement.

Become a Plant Conservation Volunteer

New England Wild Flower Society is seeking enthusiastic people who have a commitment to plant conservation and protecting natural habitats to participate in their Plant Conservation Volunteer Program. PCVs collect information on rare plants and their habitats across all six New England states. There are also opportunities to assist with invasive species removal, habitat management projects, and botanical surveys that benefit rare plants. The Society also offers free field trips and some learning opportunities to PCVs. Develop your botanical skills, put them to work, learn more about the flora of New England, meet others with similar interests, and help preserve your state's natural heritage.

How to apply: You must be able to attend the annual 1-day training session held on a weekend in March/April for



each of the New England states to review surveying protocols and PCV guidelines. The schedule for training sessions is on our website. To apply [visit our website](#) and fill out the electronic application by **February 1st, 2017**

2017 Volunteer Vacation and Teen Trail Programs

Date	Crew Name-Adult Volunteer Vacations http://www.outdoors.org/volunteer/trails/volunteer-vacations.cfm	Total Spaces	Fee
February 18-25, 2017	Virgin Islands National Park Volunteer Vacation	12	\$450/\$495
March 11-18, 2017	So. California Pacific Crest Trail Crew Volunteer Vacation	10	\$450/\$495
May 21-26, 2017	Lonesome Lake Hut Adult Trail Crew Volunteer Vacation	9	\$385/\$425
June 18-23, 2017	Harriman Outdoor Center Adult Volunteer Vacation	9	\$385/\$425
June 25-30, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 2-7, 2017	Not Your Parents Trail Crew! U-30	9	\$310/\$340
July 9-14, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 16-21, 2017	White Mountain Women's Spike Trail Crew	9	\$310/\$340
July 23-28, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 30-August 4, 2017	White Mountain Adult Spike Trail Crew	9	\$310/\$340

A New Headquarters for AMC

I am very excited to [announce our purchase](#) of a new headquarters building at 10 City Square in the Charlestown neighborhood of Boston. This location provides many of the elements we have been looking for, including more modern space, proximity to public transportation, green space, as well as room for future growth and access to a broader urban constituency.

Charlestown is a dynamic neighborhood and we expect our move will strengthen our current partnerships with Boston City Parks, the National Park Service, the Charlestown Boys and Girls Club, and others. 10 City Square is adjacent to City Square Park along the Freedom Trail and near the Boston National Historical Park and Bunker Hill Community College.

We will be using the proceeds of the sale of our Joy Street buildings for the purchase and renovation of 10 City Square. In the coming months, we will make the investments necessary to renovate the building and create a 21st century work and program space—an “outdoor hub,” we can all be proud of. We also expect to raise funds to offset some of these costs and allow us to pursue even broader mission opportunities for this space.

Much as we did in the 1970s with the purchase of 3 and 4 Joy Street, we will initially be occupying about half of the building. The remainder will be leased out, giving us flexibility for future growth and an important new income stream. Our exact move date depends on a number of factors, but for now I can tell you that it is likely no earlier than July 1, and no later than September 23 of 2017.

Buying the building is only the first step in our journey. We are looking forward to working with our staff, Boston chapter volunteers, and program partners to create the work and program space we want and a location that raises our public profile and celebrates who we are as an organization.

Thank you all for your support as AMC takes this important step forward.

John Judge, AMC President & CEO



2017 Is Here, and Annual Summit's Filling Up Fast! Register Now!

Saturday, January 28

Four Points by Sheraton, Norwood, MA

Whether you're a lifelong member or a newcomer curious about all AMC has to offer, we hope to see you there!

This year's schedule is better than ever. Highlights include:

- Trails, Ecology and Forestry: Walk the Blue Hills with AMC conservationist and land manager Steve Tatko
- Trouble in the Presidentials: What a Mountaineering Tragedy Teaches about Decision-Making & Managing Risk, with Primex CEO Ty Gagne
- Adding GPS & Apps to Map & Compass, with Philip Werner of SectionHiker.com
- CPR Certification
- Mountain Shenanigans, 1930s-style, with AMC archivist Becky Fullerton
- The Appalachian Trail Through the Eyes of Trail Architect Myron Avery, with AMC author Jeff Ryan
- Trip Planning: on the Connecticut River; in southern NY; especially for kids; and more
- All About Axes and Griphoist & Highline (outside) with AMC trail staff
- Yoga for Outdoor Enthusiasts
- Volunteer Open House with resources about AMC opportunities and a drawing for a free hut stay!

See the full 25-workshop schedule @ outdoors.org/AnnualSummit

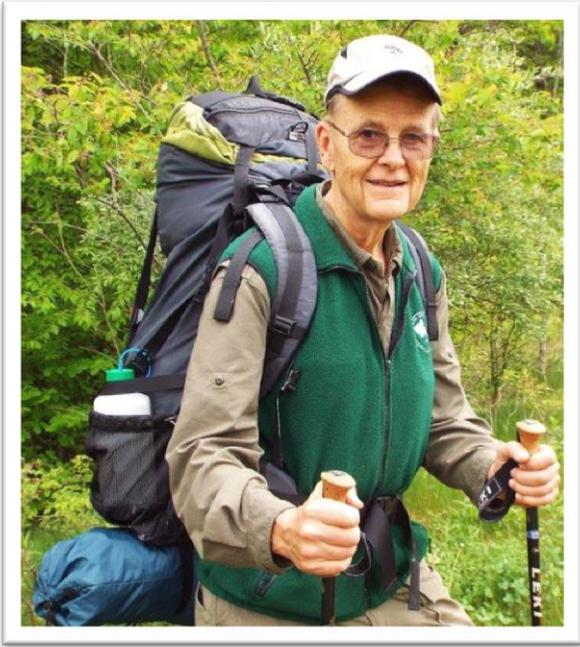
Your \$40 registration includes:

- Your choice of workshops and presentations
- A delicious buffet lunch
- An early evening Celebration Reception, with a drink and hors d'oeuvres
- AMC's annual volunteer service awards
- Committee meetings, open to all
- The 141st Annual Business Meeting

For those traveling a distance, who would like to stay Friday and/or Saturday night, we have secured a great group rate. You'll find the lodging details on the registration page.

Register at
outdoors.org/AnnualSummit

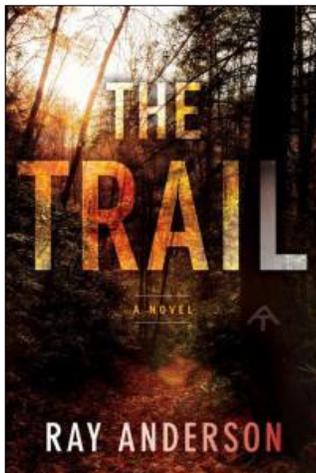
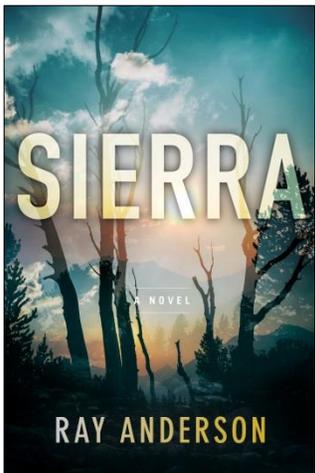
Live registration link [here](#).



New hiking thriller from AMC member Ray Anderson

Following his success with *The Trail*, AMC member Ray Anderson has published a second thriller about Karl Bergman, trail name Awol. In *Sierra* Bergman sets out on a thru-hike of the Pacific Crest Trail with his dog, Blazer, in hopes of returning home a better man. But the discovery of a dead body on the outskirts of the Anza-Borrego Desert threatens to embroil Bergman and his estranged son with a violent cartel moving drugs from Mexico to Canada.

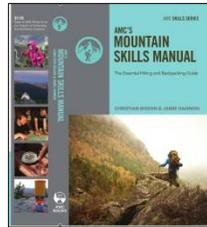
Read more about Ray's hiking and writing [here](#).



New AMC Books and Maps

Don't miss these new and updated books and maps, available from [AMC Books](#) in spring 2017.

All New Books



AMC's Mountain Skills Manual: The Essential Hiking and Backpacking Guide

By Christian Bisson and Jamie Hannon

This comprehensive guide, from the nation's oldest outdoors club, covers the essential skills every hiker and backpacker needs to know. Novice and experienced outdoorspeople will appreciate this authoritative resource on trip planning, gear, food, navigation, and mountain safety, as well ways to be an active steward of our trails and natural resources. *AMC's Mountain Skills Manual* is rooted in the best practices taught in the Appalachian Mountain Club's outdoor leadership training programs. Whether readers want to map out a new adventure in the wilderness, perfect their pace and pack weight, or simply plan a weekend of car camping and day hikes, this guide will be an essential companion to enjoying every moment outdoors. *Available February 10, 2017*

AMC's Real Trail Meals: Wholesome Recipes for the Backcountry

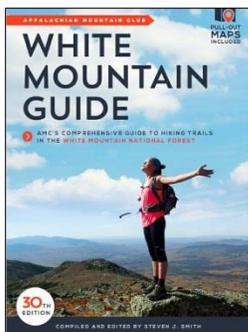
By Ethan and Sarah Hipple

Tired of following up those invigorating hikes with packaged meals full of preservatives? Kick your backpacking menu up a notch with AMC's first ever cookbook. Adopting a practical, easy-to-follow approach, *Real Trail Meals* teaches the basic principles of dehydrating food for preservative-free and trail-stable foods, with icons noting which recipes are vegetarian, gluten-free, kid-friendly, or require kitchen prep ahead of time. Each recipe comes with a breakdown of nutrition to pack weight, giving you the most nutrient-dense bang for your buck. *Available April 2017*

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Newly Updated AMC Books

Continued from page 8



White Mountain Guide: AMC's Comprehensive Guide to Hiking Trails in the White Mountain National Forest, 30th Edition

Compiled and edited by Steven D. Smith

With its 30th edition, AMC's *White Mountain Guide* marks its 110th year of serving hikers. This comprehensive guidebook is the most trusted resource for the hiking trails of the magnificent White Mountain National Forest and surrounding regions. The 30th edition has been thoroughly updated and revised, prioritizing easy-to-read at-a-glance stats for every hike. You'll find accurate descriptions of more than 500 trails, plus six pull-out topographic maps with trail segment mileage, trip planning and safety information, and a checklist of New England's 4,000-Footers. *Available mid-May 2017*

AMC's Best Day Hikes near Washington D.C., 2nd Edition: Four-Season Guide to 50 of the Best Trails in Maryland, Virginia, and the Nation's Capital

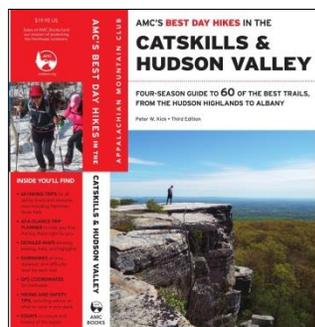
By Beth Homicz and Annie Eddy

Discover 50 of the best day hikes in the Washington, D.C., area with this fully updated and revised four-season guide from AMC's Best Day Hikes series. This book is a must-have resource for shorter walks and day-long adventures along the trails of Washington, D.C.; Maryland; and Virginia. This updated edition features ten new hikes, expanding into the urban areas of Annapolis and Baltimore in Maryland and further south into Virginia's George Washington and Jefferson national forests. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those for kids and for winter snowshoeing and skiing. GPS coordinates for trailheads make finding hikes a breeze, and updated essays throughout the book provide information on historical aspects of the area. *Available mid-March 2017*

Quiet Water Maine: AMC's Canoe and Kayak Guide to the Best Ponds, Lakes, and Easy Rivers, 3rd Edition

By Alex Wilson and John Hayes

Discover more than 100 spectacular ponds, lakes, and rivers ideally suited for canoeing and kayaking, newly updated for the first time in a decade. This revised edition highlights driving directions; parking; launch information; detailed tour descriptions including time, distance, and difficulty; and extensive notes on flora and fauna. Suitable for both beginner and experienced paddlers alike, *Quiet Water Maine* showcases this rugged state's most serene and spectacular paddling trips in a comprehensive, user-friendly format. *Available late April 2017*



AMC's Best Day Hikes in the Catskills and Hudson Valley, 3rd Edition: Four-Season Guide to 60 of the Best Trails, from the Hudson Valley to Albany

By Peter W. Kick

Available for the first time in rich full-color, this title is readers' go-to guide for hikes in this popular New York region, encompassing more than 600 miles of trails within just a few hours of New York City. This fully updated edition—now including Harriman State Park—leads beginner and experienced hikers alike along 60 of the region's most spectacular trails, from shorter nature walks to longer day hikes. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those for kids, pets, and winter snowshoeing and skiing, while each hike description includes GPS coordinates for trailheads; information on time, distance, and difficulty; and a trail map. *Available mid-February 2017*

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AMC Books and Maps

Continued from page 9

AMC's Best Day Hikes near Boston, 3rd Edition: Four-Season Guide to 60 of the Best Trails in Eastern Massachusetts

By John Burk, Alison O'Leary, and Michael Tougias

Available for the first time in vibrant full-color, this indispensable guide has been fully revised and updated to bring you 60 of the best day hikes in the Boston area. Whether you are an avid local hiker or just visiting the city, this book is a must-have resource for shorter walks and day-long adventures. This is not your standard Freedom Trail guidebook to Boston. *Best Day Hikes near Boston* explores the Middlesex Fells and Blue Hills, the infamously soft sands of Crane Beach and Cape Cod, and the secluded forests of eastern Massachusetts. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those for kids, pets, and winter snowshoeing and skiing, while each hike description includes GPS coordinates for trailheads; information on time, distance, and difficulty; and a trail map. *Available late March 2017*

Outdoor Adventures Acadia National Park: Your Guide to the Best Hiking, Biking, and Paddling*

By Jerry Monkman and Marcy Monkman

(*Formerly *Discover Acadia National Park*)

This retooled title puts outdoor activities front and center, highlighting 50 of the best hiking, biking, and paddling trips in Acadia National Park for all ability levels. First-time visitors and veteran explorers alike will enjoy this comprehensive guide to trips on Mt. Desert Island, Isle au Haut, and Schoodic Peninsula, paired with an indispensable pull-out trail map. *Available mid-April 2017*



Newly Updated Maps

White Mountain National Forest Map & Guide, 3rd Edition

- Coverage of the entire White Mountain National Forest
- Now easier to read: larger scale & brighter colors
- Trail segment mileage
- GPS-mapped
- Waterproof & tear-resistant
- Before-you-go safety, planning & packing tips
- 4,000-Footer checklist

Available mid-May 2017

White Mountain National Forest Trail Maps: Presidential Range, Franconia–Pemigewasset, Crawford Notch–Sandwich Range and Moosilauke– Kinsman, Carter Range–Evans Notch and North Country–Mahoosuc

- Available as four individual maps or as a set
- Now easier to read: larger scale & brighter colors
- Trail segment mileage
- GPS-mapped
- Waterproof & tear-resistant
- Before-you-go safety, planning & packing tips

Available March 2017

Acadia National Park Map, 4th Edition

Coverage of the entire Acadia National Park

- Trail segment mileage
- GPS-mapped
- Waterproof & tear-resistant
- Before-you-go safety, planning & packing tips

Available mid-April 2017

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA 13+
A 9-13
B 5-8
C less than 5

Indicates pace

1 very fast
2 fast
3 moderate
4 leisurely

Indicates terrain

A very strenuous
B strenuous
C average
D easy

Found in the description

L Activity leader
CL Activity co-leader
FT First Time
NM ... New Members
AN Advance Notice
C Conservation

HIKING CAPE COD

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Thu., Jan. 12. Hike Myles Standish State Forest Bentley Loop, Plymouth, MA. Bentley Loop is 3.7 miles of moderately rolling terrain. The trail is usually free of snow most of the winter, but if winter is particularly generous this year, snowshoes may be desirable. The parking lot is plowed by the state, so parking will not be an issue. Directions to hike start. Myles Standish is between Exits 3 and 5 off Route 3 in Plymouth. From the south, take Exit 3, turn left on Clark Road. After 1/3 mile, turn right on Long Pond Road. After 2.5 miles, turn left into park on Alden Road. After 1.4 miles, bear left on Upper College Pond Road. Stay on Upper College Pond Road for 2.5 miles to "Hike and Bike Trails" parking lot on right near intersection with fire road Three Cornered Pond Road. From the north, take Exit 5, turn right onto Long Pond Road. Follow Long Pond Road for 4 miles to park entrance and then continue as above. L John Bescherer (508-419-1616, johnbescherer@gmail.com)

Sun., Jan. 15. Hike Long Pond, Falmouth, Massachusetts, Cape Cod, MA. 2 hour hike in the Falmouth Town Forest with scenic views of Long Pond and a small kettle hole. The hike includes some hilly sections with uneven footing. Heavy precipitation cancels. L Deborah Hayden (shaferhayden@gmail.com)

Thu., Jan. 19. Canal/Town Neck Hike, Massachusetts, Cape Cod, MA. 4.5 mi hike along the CC Canal, Town Neck Beach, Mill Creek, Boardwalk, Town Neck on soft, sandy beach, rocky beach, flat walkways, sidewalks, paved roads. Check out the new harbormaster's ofc, new boat-to-table seafood mrkt/restaurant & refurbished TNB. RT 6 Exit 2. 130N x 1.4 mi. RT on Tupper x 0.7 mi. RT on Freezer to Sandwich Rec Area prkg. 10a.m.-12p.m. Opt'l lunch Cafe Chew post hike. Heavy rain/sleet/snow cancels. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike/bike leader)

Sun., Jan. 22. Hike--Monk's Park and Little Bay, Bourne, MA. This 2 hour hike over approximately 4 miles is in Bourne Conservation Trust properties of Little Bay and Monk's Park. We will hike wooded trails and a fire road with views of Little Bay from the bluff. A beach walk section will be included with views of Buzzards Bay. The terrain is frequent, moderate rolling hills on the wooded trails throughout the hike. Icy trails may cancel this hike due to the hills. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net. Robin is a second year Level 1 SEM/Cape hike leader with WFA training.)

Thu., Jan. 26. (AN) Hike-Truro, Ryder Beach (C3C), Massachusetts, Cape Cod, MA. Beach, woodland trails, hills, scenic bay views. Rte 6, L on Prince Valley Rd. to end. R on County Rd. L on Ryder Beach Rd. Park at End. Meet 9:45 a.m. 2 hrs. L Janet Kaiser (508-432-3277 before 9 p.m., jtkaiser@comcast.net)

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Activities

For the most current information, [search activities online](#)

Sun., Jan. 29. Hike Danforth Trails Marston Mills, MA. Hike will start with view of Mystic Lake and then proceed through cow tunnel to Danforth Trails. Trails are wooded with some minor hills. Hike will be approximately 4 miles at moderate pace. Inclement weather will cancel; contact Leader if weather questionable. From Rte 6 take exit 5 to Rte 149 S and follow to roundabout at Race Ln. Take 1st exit off of roundabout Race Ln towards Sandwich. Drive 1/4 mile and parking area will be on left. Meet at 12:45 PM for 1 PM start. L Gary Miller (774-392-5356 Before 9 PM, Garymaxx@verizon.net, Lifetime AMC member)

Thu., Feb. 2. Hike Cataumet Greenways, Bourne, MA, Enjoy hiking Cataumet Greenways in Bourne. Traverse gently rolling wooded trails and grassy pastures. View ponds, bogs and historic sites. Warm layers, water, snacks, This hike is scheduled to last for 2hr 15 min. YAKTRAX / STABIL ICERS Call leader Cathy Giordano if you have questions: 508 243 3884 You may want to check out info about Show and Go Hikes on the AMC web site. Go to amcsem.org/hikesignup.html. L Catherine Giordano (508-243-3884 Before 9 PM, cmgiordan@msn.com)

Sun., Feb. 5. Hike Scorton Creek, Old County Rd. East Sandwich, MA. Hike along saltmarsh, through old state game farm and past one of the original pilgrim homesteads. Contour is fairly flat, with lots of roots and some trails may be muddy. Driving Directions from Sagamore Bridge take exit 3 and turn N on Quaker Meetinghouse Rd to 6A and turn R and follow 6A to E Sandwich Post Office and turn R onto Old County Rd and park in horseshoe across from Grange Hall. From down cape take Rte 6 to Exit 4 Chase Rd and turn N and take 2nd L onto Old County Rd and park in horseshoe on L across from Grange Hall. Meet at 12:45 PM for 1 PM hike start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sun., Feb. 12. Hike Craigville Beach, MA. We will visit Christian community overlooking Craigville Beach and then hike down road to trail through saltmarsh to Centerville River; we will return walking Craigville Beach. Directions to hike take Rte 6 to Exit 6 and turn R at Shootflying Hill Rd. to L on Old Stage Rd., becomes Main St. follow to beach parking lot for meet location. Follow signs from 132 for Craigville Beach. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Thu., Feb. 16. Island Pond, Harwich (C3C), MA. Rte 6 Exit 10 Rte 124S. L Old Colony Rd (crosswalk). Park R Harwich Town lot. Meet 9:45. 2 hrs. L Janet Kaiser (508-432-3277 Before 9:00 pm, jtkaiser@comcast.net)

Thu., Feb. 23. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills. We will have views of Back River from the Leary Property. Icy trails may be a reason for cancellation of this hike due to the hills. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a second year SEM/AMC Level 1 hike leader with WFA training.)

Sun., Feb. 26. Sandy Pond Recreation, West Yarmouth, MA. Route 6, Exit 7S to left on Camp Street, then left on Buck Island Road. Left at Sandy Pond Recreation Area. Meet at 12:45 p.m.. L Janet Kaiser (508-432-3277 before 9:00 p.m., jtkaiser@comcast.net)

Sun., Feb. 26. Ryder Conservation/Lowell Holly Reservation Hike Sandwich, MA. 4-4.5 mi hike thru Conservation areas with frontage on Mashpee & Wakeby Ponds. Footpaths, carriage roads, cpl moderate hills. Rare example of a Cape Cod old-growth forest embellished with plantings by Abbott Lowell. Rt 6 Exit 3 > Quaker Meetinghouse Rd so. x 2.5 mi > LT @ light on Cotuit Rd x 2 mi. Trail head prkg on right. 1 p.m-3-3:30 p.m. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike/bike leader)

Thu., Mar. 16. Hike Nickerson State Park, Brewster, MA. Late winter hike looking for signs of spring. Enter Nickerson State Park from 6A in Brewster. Park in front lot immediately on R. Two hours. Moderate pace. Meet at 9:45 for 10:00 start. Icy conditions may cancel. L Janet DiMattia (jandimattia@verizon.net, Janet is a long time AMC member who has led hikes both in CT and Cape Cod.)

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Thu., Mar. 23. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with some moderate hills. It offers views of the ponds. L Robin McIntyre (508-789-8252 Before 9 p.m., robinm McIntyre@comcast.net, Robin is a second year Level 1 SEM/Cape hike leader with WFA training) L Deborah Hayden (508-548-8726 Before 9 p.m., shaferhayden@gmail.com, Debbie is a second year Level 1 Cape hike leader.)

Thu., Apr. 20. Hike Hawksnest State Park, Brewster, MA. Spring hike on wooded trails and dirt roads by ponds in small state park. We will hike approximately 4 miles in 2 hours at a moderate pace. From Rte. 6 - exit 11 turn L at light and immediate R onto Spruce Rd. Park on side of road approximately 1/2 mile down the road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (jandimattia@verizon.net, Janet is a long time hike leader having been active in both CT chapter and SEM chapter.)

Sat., Apr. 22. Hike and Remove Litter from Four Ponds Conservation Area Bourne (Pocasset), MA. In recognition of Earth Day, join Nancy Wigley, AMC Life Member/Naturalist and Jane Harding Cape Hike Chair to hike and remove litter on the necklace of trails around ponds of the Pocasset River. This area seemingly untouched by human hands will reveal secrets of its past uses. Walk where President Grover Cleveland and Calvin Coolidge fished for brook and rainbow trout, stand on a bluff above one of the ponds and view the remains of the fishing camp where their catch was cooked and enjoyed. The walk will take you along paths by the ponds and we will follow the river on its journey to the sea. This area is used by 4th grade students studying forest ecology and AMC will set a good example to show that it is not the place to dispose of beer bottles etc. Bring gloves, plastic bags will be provided. L Nancy Wigley (nrwigley@verizon.net) L Jane Harding (508-833-2864 before 9 pm, janeharding@comcast.net)

Sun., Apr. 30. Hike Maple Swamp, Cape Cod, MA. Hike historic area which dates back to glacial erosion. This hike has lots of steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sun., May 14. Hike Santuit Pond, Marston Mills, MA. Join us on Mother's Day for a delightful hike on wooded trails that will give us the opportunity to view a newly refurbished herring run and with some luck we will see rare Birdsfoot Violets blooming around a cranberry bog. Meet at 12:45 PM for a 1PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Level 1 hike leader with 3 years experience. Cape Hike chair for AMC.) L Nancy Wigley (nrwigley@verizon.net, Hike leader with many years of experience.)

Thu., May 18. Hike Herring River, Harwich, MA. Hike wooded trails around 2 reservoirs and cranberry bog. See working Herring Run. From Rte 6 take exit 9A. Follow Rte 134 to 3rd Traffic light and turn L and then take immediate L onto Great Western Rd. Go approx. 3 miles to R on Bells Neck Rd follow about 1/8 mile to reservoir and park on either side of dirt road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (jandimattia@verizon.net, Janet is a veteran AMC member who has led numerous hikes.)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Thu., Jan. 12. Pequitside Farm Hike, Canton, MA, Meet at 10AM at "The Little Red House" Parking Lot, 79 Pleasant St, Canton, MA across from the Reservoir. Leisurely 4 mile walk on 139 acre Mildred Morse Allen Sanctuary/Pequitside Farm. Free to Audubon Members, small fee for non-members. Bring sturdy walking shoes, water and lunch. Nice snowshoeing, if weather permits. All invited for hot cider and treats after hike at: 124 Prospect St. Canton. Directions: From I-93: Take Exit 2a Route 138 South towards Stoughton. After 0.7 miles, turn right on Washington St. go 1.6 miles. Take left at light onto Pleasant St. PAST white bldg. on right, enter smaller parking lot across reservoir. The Little Red House parking lot is 0.3 miles on the right side of Pleasant St. From Rte. 24N toward Boston, merge onto I-93 S via Exit 21B on left towards I-95 and follow directions above. L Deborah Lepore (617-778-4339 before 9 pm, DLepore2@gmail.com) Hans Luwald (508-668-0462 before 9 pm hans.luwald@gmail.com)

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Activities

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Tue., Jan. 17. White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Thu., Jan. 19 (C) (FT) (NM) (AN). Thurs. AM Monastery Grounds Hike, Cumberland, RI, Monastery, Cumberland, RI, Rhode Island, RI. Thursday Morning Hike on Monastery grounds in Cumberland, RI—Bring lunch or snack. Snow equipment may be needed. Rain cancels. Rte. 295S to exit 11. Take 114S app. 1-1/2 mi. Take right into Monastery and go past playground. L Muriel Guenthner (508-699-7461 Before 9:00pm, murielguenthner@comcast.net)

Sat., Jan. 21. Snowshoe Hike #1— Mt Hedgehog, White Mountains, Albany, NH—Snowshoe along the UNH Trail from the Kancamagus Hwy. This loop trail has several ledge viewing areas with views of the Presidential Range and Mount Chocorua. The trip is 5 miles round trip with a 1500 foot elevation gain at a moderate pace. Parking fee \$3. L Anne Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com) L Jeannine Audet CL Ken Carson (kciii@comcast.net), R Anne Duggan (177 Rounseville Road, Rochester, MA 02770, 508-789-5538 before 9 pm, abduggan12@gmail.com)

Tue., Jan. 24, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Thu., Jan. 26. (FT) (NM) Borderland State Park/Bay Circuit Trail Thurs. AM Hike, Sharon/North Easton, MA. Meet at 10AM at Borderland SP parking lot on Massapoag Avenue on the Sharon/North Easton border for a six-mile hike, including portions of the Bay Circuit Trail with pond views. Bring water, lunch, layers, sturdy footwear. Rain or storm cancels. Parking fee is \$5.00 for residents, \$6.00 for non-residents. L Deborah Lepore (617-778-4339 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 before 9 pm, Hans.Luwald@GMail.com)

Tue., Jan. 31. White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Thu., Feb. 2. (B3C), Thursday Morning Hike: Whitney and Thayer Woods, Cohasset, Hingham, Massachusetts. Whitney & Thayer Woods (B3C) Lovely woods walk across rolling hills on Trustees of Reservations property. Meet at 10:00am in the Whitney and Thayer Woods main parking area. Boots suitable for weather/trail conditions, possibly traction devices or snowshoes, water, winter wear (layers, hats, mittens) and snacks/lunch required. Directions: from Route 3 (Exit 14), take Route 228N for 6.5 miles through Hingham. Turn right onto Route 3A eastbound and follow for 2 miles to the entrance. Parking is on the right. Contact L if weather is questionable. Please carpool if possible, as parking is limited. L Eva Borsody das (781-925-9733, borsody@gmail.com)

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Activities

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Sat., Feb. 4. Winter Series Hike #3 White Mountains, Crawford Notch, NH. Join us for Winter Hike #3 in the popular SEM Winter Hiking Series. On this outing we will summit a 4000 foot mountain in the Crawford Notch area. The actual mountain will be determined based upon the weather and snow conditions. Mountains under consideration include Tom (4051'), Jackson (4052'), Pierce (4310'), and Field (4340'). Participation in the SEM Winter Hiking Workshop on November 5th and/or significant winter hiking experience required to participate in this series. L Barry Young (508-339-3089 Before 9 PM, Barry.young@comcast.net) L Leslie Carson (ltc929@comcast.net), R Barry Young (Barry.young@comcast.net)

Tue., Feb. 7, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Fri., Feb. 10-12. Winter Hiking and Cross Country Ski Weekend, Noble View Outdoor Center, 635 South Quarter Rd, Russell (Pioneer Valley), MA. Join the SEM Chapter for a winter weekend at Noble View Outdoor Center in Russell, MA, approximately 100 miles west of Boston. Hiking, snowshoeing, and cross-country skiing will be offered, depending on conditions. Participants will need to bring their own equipment. Limited to 28 participants. \$105/person for members and \$115 for non-members. Includes 2 nights group lodging, all meals starting with Friday dinner. Check out the website: www.nobleviewoutdoorcenter.org. L Walt Granda (508-999-6038 Before 9:00 pm, wlgranda@aol.com) L Jeannine Audet L Paul Brookes (603-799-4399, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Walt Granda (508-999-6038 before 9:00 pm, wlgranda@aol.com)

Tue., Feb. 14, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Sat., Feb. 18. Mount Israel Snowshoe Hike, White Mountains, Sandwich Notch Road, Sandwich, NH. Mount Israel (2,630 ft.) is an out-of-the-way mountain with exceptional views. It is among the mountains listed in the "52 with a View". It is a moderate hike with roughly 1700' of elevation gain and 4.6 miles round trip.. We will take the Wentworth trail to the summit which will offer spectacular views of the Sandwich range, Squam and Winnepesaukee lakes, and Mount Chocorua. With snow this will be a snowshoe, Without snow, still a great hike. L Ken Carson (508-833-8237 between 10:00am and 6 P.M, kcciii@comcast.net) L Leslie Carson (508-833-8237, ltc929@comcast.net)

(AN) Sat., Feb. 18-20. High Cabin Winter Hiking/Camping Weekend, Mt. Cardigan in Central New Hampshire Lakes Region, NH. Mid-Winter weekend at AMC's High Cabin. Hike up to the cabin on Friday. Spend Sunday exploring Mt. Cardigan. Suitable for seasoned winter hikers ready to take it to the next level. Registration is first come, first serve and a deposit must be sent by January 15, 2017. L Mike Woessner (508-577-4879, stridermw@hotmail.com, Mike is a seasoned hike leader, leading trips for the South Eastern Mass Chapter since 2001. He has hiked all of the 48 New Hampshire 4,000 footers as well as Mt.s Madison in VT., Baxter Peak on Mt. Katahdin in Maine and Mt. Marcy in NY. He has back packed the Grand Canyon and the Great Smoky Mountains. He is certified in Wilderness First Aid and Healthcare provider CRP.) CL TBD , R Mike Woessner (508-577-4879, Stridermw@hotmail.com)

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Activities

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Tue., Feb. 21, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Tue., Feb. 28, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Fri., Mar. 3-5. Winter Hiking Series Trip #4 - Lonesome Lake Overnight, White Mountains, NH. Join us for the fourth and final trip in our popular SEM Winter Hiking Series. On Friday, we will hike into the AMC Lonesome Lake Hut from the Lafayette Campground in Franconia Notch. After checking into the hut, we will have an opportunity to explore the beautiful Lonesome Lake area before enjoying our "social hour" and group-prepared dinner in the hut. Following our group breakfast on Saturday, we will offer one or more hikes to nearby peaks (probably Cannon Mtn. and or North/South Kinsman). After returning to the hut, we will once again get together for a social hour and group-prepared dinner. After breakfast on Sunday morning, we will pack up our stuff and hike back down to the trailhead for the drive back home. While the hike into the hut from Franconia Notch is relatively short, we will be carrying full winter packs and either hike on Saturday will be relatively challenging. In addition to appropriate winter-rated hiking boots and appropriate (non-cotton) clothing, we will require microspikes, snowshoes, and 10- or 12-point crampons for this trip. Since the bunkrooms are unheated, we will also require a winter sleeping bag rated down to AT LEAST zero degrees F. Participation in the SEM Winter Hiking Workshop and/or significant winter hiking/snowshoeing experience required to participate in this series. For the overnight trip, we will also give preference to those who participated in the earlier hikes in this winter series. L Paul Miller (508-369-4151 before 9:00 pm, paulallenmiller@verizon.net, Paul, an experienced SEM winter hiking leader and instructor, takes great pleasure in introducing three-season hikers to the many pleasures of winter hiking.) L Barry Young (508-339-3089 Before 9 PM, Barry.young@comcast.net)

Tue., Mar. 7, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Tue., Mar. 14-, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

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(FT) (NM) Thu., Mar. 23. Thurs. Morning Hike - Oldham Trail & Harold Clark Forest, Foxboro, MA. Hike the Oldham Trail and Harold Clark Forest in Foxboro. Meet at 10:00 am at parking lot on Rt. 140 across from Sunoco Station. Heavy rain will cancel. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenthner (508-699-7461 Before 9:00PM, murielguenthner@comcast.net)

(FT) (NM) Thu., Mar. 30. Thursday AM Ponkapoag Pond Hike, Ponkapoag Golf Course, Canton, MA. Meet at 10AM in Ponkapoag Golf Course Parking Lot for a five-mile hike/snowshoe (depending on conditions) around the pond. Bring: water, snack and appropriate footwear. L Deborah Lepore (617-778-4339 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 Before 9 PM, Hans.Luwald@Gmail.com)

(C) (FT) (NM) Thu., Apr. 20. Thurs Morn. Hike - Wallomonopoag Conservation Area, Wallomonopoag Conservation, Elysium St., Wrentham, MA. Meet 10:00 am in Conservation Area parking lot off of Elysium St. Wrentham. Bring water, snack or lunch & sturdy footwear. Rain cancels. Great blue rookery and eskers and possible sighting of deer. L Muriel Guenthner (508-699-7461 Before 9:00pm, murielguenthner@comcast.net)

(FT) (NM) Thu., Apr. 27. Thursday Morning Hiking in the Blue Hills, Blue Hills Reservation, Milton, MA. A 5 mile hike in the Blue Hills on the Red Dot Trail that is marked by rugged, rocky loops over hilly terrain. L Sue Chiavaroli (508-496-6452 7PM-9PM, brillo6452@yahoo.com)

(FT) (NM) Thu., May 25. Thursday Morning Hike at Ell/Long Pond, Hopkinton, RI, Fisherman's Parking Lot, Canonchet Road, Hopkinton, RI. A 4-5 mile hike along the Narragansett Trail in RI. The hike scrambles up and down through paths of rhododendrons, hemlocks, and mountain laurel. Part of the hike will be a scramble up a rock formation with a great view of Long Pond where the movie Moonrise Kingdom was filmed. L Sue Chiavaroli (508-496-6452 7PM-(PM, brillo6452@yahoo.com)

SKIING

Fri., Jan. 13-16. XC Ski Weekend in White Mountains, Jefferson NH. SEM and Boston Forty+ join together for xc skiing, snowshoeing and camaraderie at Applebrook B&B, in Jefferson, NH. Friday, Saturday and Sunday nights lodging, 3 hot breakfasts, Friday night pizza and salad and Saturday and Sunday dinners are included in rates that range from \$230 to \$310 per person including taxes. Skiing at Bretton Woods or other facilities depend upon snow and trail conditions. Additional details provided prior to trip. L Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net) L Jeannine Audet (508-675-8055, milmod@aol.com) CL Wayne Cardoza (603-673-2518 before 9pm), R Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net)

Sun., Jan. 29, Cross Country Skiing at Great Brook Ski Touring Center, Boston Area, MA. Join us for a great day of cross country skiing at Great Brook. Up to 10 miles of groomed trails are available. Lack of snow of course will cancel the trip. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime PLEASE CALL TO REGISTER, milmod@aol.com) CL Barbara Hathaway (barb224@tmlp.net), R Jeannine Audet (508-493-8221 weekdays after 7:00 pm, weekends any time, milmod@aol.com)

Fri., Feb. 10-12. Winter Hiking and Cross Country Ski Weekend, Noble View Outdoor Center, 635 South Quarter Rd, Russell (Pioneer Valley), MA. Join the SEM Chapter for a winter weekend at Noble View Outdoor Center in Russell, MA, approximately 100 miles west of Boston. Hiking, snowshoeing, and cross-country skiing will be offered, depending on conditions. Participants will need to bring their own equipment. Limited to 28 participants. \$105/person for members and \$115 for non-members. Includes 2 nights group lodging, all meals starting with Friday dinner. Check out the website: www.nobleviewoutdoorcenter.org. L Walt Granda (508-999-6038 Before 9:00 pm, wigranda@aol.com) L Jeannine Audet L Paul Brookes (603-799-4399, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Walt Granda (508-999-6038 before 9:00 pm, wigranda@aol.com)



Happy Trails!

