



# The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | May 2017

## Get SEM activities delivered right to your email inbox!

Sign up for the AMC Activity Digest. email [amcinformation@outdoors.org](mailto:amcinformation@outdoors.org)

Or call 1-800-372-1758

Find past issues of *The Southeast Breeze* on our [website](#).

Like us on [Facebook](#)

Follow us on [Twitter](#)

Have a story for *The Southeast Breeze*?

Please send your Word doc and photographs to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org).

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

## Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)



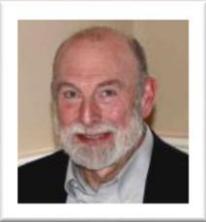
An eager troop of Open House participants hit the trail around the East Pond Reservoir for the afternoon Beginner Hike led by Peggy Qvicklund and Paul Brookes. *Photo by Paul Brookes*

## Open House draws 120+ to 'Take it Outside'

More than 120 people participated in the SEM Chapter's annual "Take it Outside" Open House on April 15. This year's event, held in conjunction with both the Massachusetts Department of Conservation and Recreation (DCR) and the Friends of Myles Standish State Forest, was held at the expansive forest in Carver. The Open House featured a variety of nature, hiking, biking, and trail work activities; plus a free lunch for all participants.

We could not have put on this event without the organizational skills of Maureen Kelly and the many volunteers who stepped up to set up, clean up, lead events, and make sure everyone had a fantastic time. Thank you Sandy Santilli for the food; Karen Singleton, Alan Greenstein, Sue Svelnis, Barry Young, Claire MacDonald, Ken Carson, Bill Cannon, Richie M. Activity leaders were Bill Vickstrom, Jane Harding, Dia Prantis, Barbara Gaughan, Jeff Hyman, John Bescherer, Leslie Carson, Cathy Giordano, Skip Maysles, Pete Tierney, Peggy Qvicklund, Paul Brookes, Bernie Meggison, Irene Caldwell, and Eva Borsody Das.

## View from the chair: We Deliver FUN!



**Barry Young, Chapter  
Chair [chair@amcsem.org](mailto:chair@amcsem.org)**

Hello SEM Members,

For those of you who know Alan Greenstein, one of our most active hikers, you have probably had him come up to you at some point in time and had him greet you with “Hope you are having FUN today with a capital F–U–N.” Well, that is what AMC SEM does for you. We help you have FUN.

We have local hikes like our Red Line the Blue Hills series, Thursday morning hikes, hikes on the Cape, and of course the more challenging hikes up north or out in the Berkshires. For those of you with young children (or grandchildren!), we just posted a series of Family Hikes. Want to hike and learn all about photography at the same time? We have a great photography hike coming up in June. Recently we listed on our website several kayak paddling trips on the Cape with all the secret places to put in and park during the summer.

We also offer cycling trips and recently purchased a software program from “Ride With GPS.” We provide a free account to all AMC SEM cyclists who wish to log their rides and take advantage of our cycling library, complete with turn-by-turn directions.

Want to get your hands a little dirty? There are opportunities coming up for trail work and conservation activities. Check out our activities on our [website](#).

If, after looking at all the ways we deliver FUN, you still can’t find something, send me an email and I’ll find a leader to plan a trip just for you.

See you all outside!  
Barry Young  
AMC SEM Chapter



## 2017 Executive Board

Chapter Chair .....	Barry Young	Communications Chair .....	Paul Miller	Membership Vice Chair .....	Ed Miller
Vice Chair .....	Christine Racine	Communications Vice Chair .....	Open	Membership Vice Chair .....	Ellen Thompson
Secretary .....	Ann McSweeney	Conservation Chair .....	Bill Cannon	Paddling Chair .....	Ed Foster
Treasurer .....	Patty Rottmeier	Conservation Vice Chair .....	Open	Paddling Vice Chair .....	Open
Past Chapter Chair .....	Maureen Kelly	Education Chair .....	Doug Griffiths	Skiing Chair .....	Barbara Hathaway
Biking Chair .....	Bernie Meggison	Education Vice Chair .....	Open	Skiing Vice Chair .....	Jeannine Audet
Biking Vice Chair .....	Open	Hiking Chair .....	Leslie Carson	Trails Chair .....	Peter Tierney
Cape Hiking Chair .....	Jane Harding	Hiking Vice Chair .....	Open	Trails Vice Chair .....	Wayne Anderson
Cape Hiking Vice Chair .....	Cathy Giordano	Membership Chair .....	Sandy Santilli	Trails Vice Chair.....	Skip Maysles

## Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director .....	Open	Web-master .....	Cheryl Lathrop
Social Vice Chair .....	Open	Breeze Editor .....	Mo Walsh
Social Networking Moderator .....	Susan Mulligan	Blast Editor .....	Marie Hopkins

Contact the Chapter Chair at [chair@amcsem.org](mailto:chair@amcsem.org) if you’re interested in any open position



## Remember When?

Photo by Dexter Robinson

Last month's photo challenge produced no winners. In fact, none of the submitted entries were even close! So this month we are moving up in time. This one's even in color instead of black and white! Can you identify when and where it was taken and who the people are in the photo? For those who hike in the White Mountains, the location should be easy. The gentleman in the middle finished his NH48 on this hike. Many of you SEM hikers should recognize at least one active hiker in this photo. Maybe you can track that hiker down and get the answers! Please send your responses to [chair@amcsem.org](mailto:chair@amcsem.org).



## Exciting Opportunities in Education!

Written by Doug Giffiths, Education Chair

The Education Committee needs volunteers to help our chapter organize programs for the coming year. You can sign up as a committee member or as Vice Chair and learn to become Chair of the committee in a year or two.

The Education Committee arranges one Leadership Training one-day workshop each Spring and at least one Wilderness First Aid two-day workshop per year. Wilderness First Aid is aimed at hike and trip leaders, but is open to all desiring to expand their knowledge in that area. Some years WFA is held both Spring and Fall if required to meet the needs of chapter activity leaders.

Educational programs can be arranged when a need or interest is identified. An example is the Map and Compass half-day course last held in Fall 2016. The Committee responds to ideas and requests from other activity committees to help them meet their needs.

There are standard formats for our usual workshops, but committee members can suggest improvements and develop their own ideas if desired. The AMC main office provides assistance through their professional education and training staff who are enthusiastic, accessible, and very supportive in developing successful workshops.



This committee work puts you in touch with dedicated leaders of varied activities and club members seeking to expand their abilities. Working with these positive-minded people creates a stimulating and gratifying experience for all. It's great fun to see people enjoy and respond to our workshops.

Please consider helping out with this important volunteer work.



Joe Keogh (right) presents Bill Cannon with his patch for Blue Lining the Blue Hills. The presentation was made before 27 other hikers on the Thursday, May 4, hike from Houghton's Pond. Congratulations, Bill! *Photo by Barbara Gaughan*



Nineteen hikers turned out on April 13 for a 4.5 mile hike through the Bell's Neck Conservation Area. On a sunny 55-degree day, hikers were treated to sure signs of spring: herring, osprey, equestrians, and mayflowers. *Photo by Barbara Gaughan*

## Earth Day Cleanup Crew at Blue Hills

Written by Len Ulbricht

For several years the Tuesday Blue Hills Spring Conditioning Series has held a trash pickup hike in recognition of Earth Day. So on Tuesday, April 18, fifteen hikers donned work gloves and filled trash bags with all kinds of manmade trail debris. Our focus was on North and South Skyline and a portion of SE Mass Chapter's adopted trail, the Skyline Trail from park HQ to Buck Hill. That's 5.2 miles worth of trash pickup.

We spent four hours collecting all sorts of stuff: coffee cups, beer and soda containers, tissues, a T-shirt, orange peels, Cliff Bar wrappers—yes, even plastic bags of dog poop. And much of this stuff was tossed off trail in underbrush and briars, not the easiest of access.

The mindset of some people is astonishing. Orange peels don't decay. Nature designed the peel to be hardy, to protect the fruit inside. And it lasts a long, long time in the environment, drying out and resisting decay. Bagging dog poop is great, but leaving the bagged poop on trail and not carrying it out? Why?

Kudos to all fifteen volunteers who pitched in: Ken Carson, Leslie Carson, George Danis, Bill Doherty, Wendy Fox, Jean Hauck, Livia Imada, Bob Jabaily, Craig MacDonald, Nancy McLaughlin, Judy Melanson, Peggy Qvicklund, Dexter Robinson, John Schepis, Len Ulbricht.



Their reward for cleaning up the trails: A priceless view.  
*Photo by Ken Carson*

## Volunteer of the Month: Larry Kornetsky

Written by Bernie Meggison, Biking Chair

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to lead terrific trips. This month the Biking Committee recognizes LARRY KORNETSKY for his continuing contributions.



Larry Kornetsky has been an AMC'r for over 15 years. He actually took his leadership training at Joy Street, and a weekend training in the Berkshires. Larry does 70 percent of his riding on his 29'r mountain bike.

His extensive experience with our new cycling APP, [ridewithgps.com](http://ridewithgps.com), is impressive. He was the lead trainer in our recent training class. Larry will lead several trips this year with his interesting routes.

Thank you, LARRY, for all you do! Larry will receive a Volunteer of the Month Certificate and a \$50 gift card.



## Pilgrim Spring Cleanup Crew Clears Trail Brush at National Seashore

Written by Jane Harding, Cape Hiking Chair

On an overcast, cool spring morning in the 40s, ten AMC-SEM volunteers reported for duty at the parking lot for Pilgrim Heights in Truro. The volunteers were Dave and Annette Winther, Ted Franklin, Janet Kaiser, Nancy Wigley, Jeff Hyman, Susan Carpenter, Lilo Kimball, Deb Hayden, and Cape Hike Chair Jane Harding.

Lizabeth Rodriguez from AmeriCorps greeted us and had all required safety gear laid out for us to put on: a Nomax shirt, safety helmet, safety goggles, leather gloves, and earplugs. She had wipes for people allergic to poison ivy to rub on exposed skin prior to beginning work as a preventive measure. We each signed in on an attendance/waiver sheet, and Jane Harding completed a sheet with more information on AMC-SEM.

We circled up with other AmeriCorps volunteers Julien Garcia, Sam Gilvrage, Joseph Bell, Brad Falco, Hunter Moore, and Ryan Souto and introduced ourselves. David Schell, Program Director for Americorps, thanked us for coming to help out. David Crary, Fire Management Officer, shared with the group a brief history of the area and the ecological benefits of trail maintenance.

Equipped with loppers, the group proceeded down Pilgrim Spring trail to begin the work. AMC-SEM's responsibility was to cut down all the low growth to ground level for ten feet beyond the edge of the trail.

The AmeriCorps members used weed-whackers and chainsaws to facilitate the process. Fires to burn all the brush cleared were monitored by AmeriCorps staff. We did encounter a small amount of poison ivy, but once it was identified we worked around it.

We had spectacular views of the Atlantic Ocean, which allowed us to take short respites and just enjoy the view. At 11:45 AM we started to wind down work for a lunch break. This completed AMC-SEM's volunteer effort. Back in the parking lot, we once again circled up and shared the experience with one another. Overall the AMC-SEM volunteers felt the experience was beneficial, and they thanked the Americorps members for their hospitality.

The AMC-SEM staff adjourned to the Red Barn Restaurant for pizza.

## Sign Up for 2017 AMC Fall Gathering

*Registration opens July 1 for your fall weekend in the heart of New Hampshire's White Mountains.*

Join fellow AMC members for a great time at the 2017 AMC Fall Gathering at Camp Robin Hood in Freedom, NH. Plan your getaway weekend this fall and join this annual AMC October event—a great time to be in the White Mountains!

Come to: Launch and Paddle from the host camp; hike Mount Chocorua or other White Mountain greats; enjoy hearty meals and great company; celebrate autumn's splendor; get away and enjoy the great outdoors.

Check it out at [www.outdoors.org/fallgathering](http://www.outdoors.org/fallgathering)





Have bag, will conquer trash! *Photos by Dave Selfe*

## Four Ponds Earth Day Hike

Written by Nancy Wigley & Jane Harding

In recognition of Earth Day, April 22, 2017, seven hikers joined Nancy Wigley, AMC Life Member/Naturalist, and Jane Harding, AMC Cape Hiking Chair, in removing trash from the trails of the beautiful Four Ponds Conservation Area in Pocasset. This area is where President Grover Cleveland and President Calvin Coolidge once fished for Brook trout and Rainbow trout.



Clean-up included not only the Four Ponds Conservation Area, but two ponds beyond, as we followed the flow of water in its journey to the sea. This cleanup was important because this area is used by both high school students and 4th-graders studying forest ecology. The group hiked 3.7 miles and removed a couple of large

bags of plastic and glass bottles, plus one large bag of trash. The weather was overcast with some drizzle, but the job got done with great spirit from everyone. AMC has set a good example to the students in cleaning up this area, and we wish to thank again those who participated.

**WANTED!**

LOOKING FOR



**SOCIAL CHAIR**





Massasoit students, Professor Susan Martelli, and Wildlands Trust Property Manager Erik Boyer at the 20 ft. boulder, or "glacial erratic," at Brockton Audubon Preserve.

## Students Canvass for Preserve

Written by Maureen Kelly, Past Chapter Chair

On a beautiful Monday afternoon in April, Massasoit Community College honor students led by Professor Susan Martelli met up with Wildlands Trust staff, Erik Boyer and Ryan Krapp, to canvass the neighborhoods surrounding the new and improved trail system at Brockton Audubon Preserve.

The goal of the day was to hand out more than 100 invitations to come enjoy the new trails located in Brockton residents' back yard. There are now more than 1.5-miles of trails with two new boardwalks, a large kiosk at the Pleasant Street parking lot, and five interpretive trail-side signs along the way. If you haven't been to Brockton Audubon Preserve in a while, you better stop by to check it out! Get the [map here](#).

Thanks Massasoit Community College honor students for your volunteerism and enthusiasm for the work we're doing in Brockton!



## Space Open on Teen Trail Crews

Do you know a teen who is passionate about conservation? Cares about making a difference in their community? Wants to help in our mission to make the outdoors more accessible to all? Maybe they're excited to learn about trail stewardship and construction while enjoying the creature comforts of a campground.

If so, spread the word about AMC's Bay Circuit Trail (BCT) Base Camp Teen Crews! Our BCT crews work on beautiful forest conservation areas in outer-Boston and come back each night to a camp with a swimming pond, bathhouse, and canoes! Teens earn 40 hours of community service during the Sunday-Friday program.



Two crew weeks this summer!

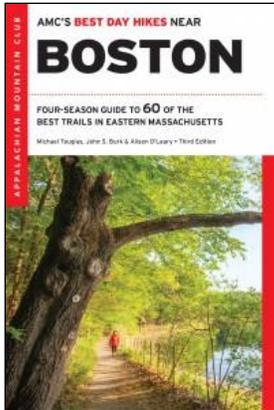
July 23 to 28

August 8 to 11

[Sign up here.](#)

ABOVE:

A 2016 BCT Crew at their worksite improving a steep, eroded slope along the Merrimack River in Andover, MA.



**AMC's Best Day Hikes Near Boston, Third Edition:**

*Four-Season Guide to 60 of the Best Trails in Eastern Massachusetts*

By Michael Tougias, John S. Burk, & Alison O'Leary

\$19.95 (Print) • \$9.99 (e-book)

Available for the first time in vibrant full color, this indispensable guide has been fully revised and updated to bring you 60 of the best day hikes in the Boston area. Whether you are an avid hiker or just visiting the city, this book is a must-have resource for shorter walks and day-long adventures, taking you on hikes in the Middlesex Fells and Blue Hills Reservations, the sands of Crane Beach, and the forests of eastern Massachusetts. Both visitors and locals alike will find something to enjoy in this volume offering a variety of trails for all ability levels and interests.

**Inside You'll Find**

- 60 hiking trips for all ability levels and seasons
- At-a-glance trip planner to help you find the trip that's right for you
- Detailed maps showing parking, trails, and natural highlights
- Summaries of time, distance, and difficulty level for each trail
- GPS coordinates for all trailheads
- Hiking and safety tips, including advice on what to carry in your pack
- Essays on nature and history of the region

**Michael Tougias** is a *New York Times* best-selling author and co-author of 25 books. **John S. Burk** is an outdoor writer, photographer, and historian from central Massachusetts. **Alison O'Leary** is a longtime journalist, public speaker, and the author of two other books.

**Ordering Information for AMC Books**

AMC Books are available nationwide through booksellers and outdoor retailers, and can be ordered directly from AMC at [outdoors.org/amcstore](http://outdoors.org/amcstore) or by calling 800-262-4455. (AMC members receive a 20% discount.)



*Photo by Frank Bequaert*

**New Bridge Built at Gap Mountain**

Trail season is off to a great start on the Metacomet-Monadnock trail with the successful construction of a new bridge at Gap Mountain in Troy, New Hampshire. This project was the result of a successful partnership between AMC's Berkshire Chapter and the Society for the Protection of New Hampshire Forests (SPNHF).

Volunteers recruited by both organizations worked over a series of three days to haul in material, prepare the site and construct the bridge. The project was led by the experienced and long-time leader for AMC Mike Zlogar, while funding was provided by SPNHF.

To learn about more volunteer opportunities on the Metacomet-Monadnock trail or its partner trail the New England National Scenic Trail, please contact Bridget Likely at [blikely@outdoors.org](mailto:blikely@outdoors.org).



## Hiking Bryce & Zion National Parks

September 23 to October 1, 2017

Hike two of Utah's dramatically different National Parks, Bryce and Zion, that attract visitors the world over. Bryce Canyon, known for its hoodoos and sculpted multi-color landscapes, and Zion, for its narrow steep red rock walls and awesome geological features, offer hiking experiences high up on the rim and down on the floor of each canyon.

At Bryce for two days we will hike the famous Fairyland Trail plus Navajo and Peekaboo loops for our up-close experience with hoodoos. We have four days at Zion to hike high up to the East and West canyon rims, checkout Angels Landing, delve far into the Narrows portion of this slot canyon, and to soak up its many unusual geologic features including the Weeping Rock, Hanging Gardens and Emerald Pools.

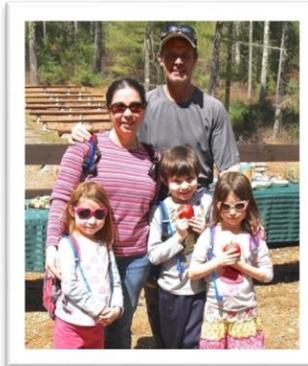
Trip price of \$1,715 includes car rentals, motel lodging, breakfasts, dinners, and park admissions. Las Vegas airfare not included.

For details see [trip prospectus](#) or contact L Sarah Keats, [slkski@gmail.com](mailto:slkski@gmail.com), 207-756-4226, CL Len Ulbricht, [lenu44@gmail.com](mailto:lenu44@gmail.com).



## We Took It Outdoors!

More Open House Photos  
by Ken Carson



## Activities

For the most current information, [search activities online](#)

### Hiking Key:

**C4D**

Indicates distance in miles

AA .... 13+  
A ..... 9-13  
B ..... 5-8  
C ..... less than 5

Indicates pace

1 ..... very fast  
2 ..... fast  
3 ..... moderate  
4 ..... leisurely

Indicates terrain

A ..... very strenuous  
B ..... strenuous  
C ..... average  
D ..... easy

Found in the description

L ..... Activity leader  
CL .... Activity co-leader  
FT .... First Time  
NM ... New Members  
AN .... Advance Notice  
C ..... Conservation

## BIKING

**Wed., May. 10. Sunset & Full Flower Moon Bike Ride, Cape Cod, MA.** 22+/- Miles/ 2 +/- hours. Mostly flat - We'll start and end on Town Neck Beach in Sandwich; down Freeman Ave from Horizons on the Bay to the beach parking lot. The moonrise and sunset are within a few minutes of each other so we can catch the sun descending over the marsh and the moon ascending over the bay. Registration required - [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net) Flowers spring forth in abundance this month. Some Algonquin tribes knew this full Moon as the Corn Planting Moon or the Milk Moon. L Paul Currier (508-833-2690, 9 AM-7 PM, [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net))

**Sat., May. 13. Water Views, Cape Cod, MA.** We will hug Shoestring Bay, Cotuit Bay & Popponesset Bay as we cycle thru quiet neighborhoods in Marston's Mills, Cotuit & Mashpee. Some busy main roads. Mostly quiet secondary roads. 23 miles. 13-15 mph. Lunch/bathroom stop at mile 20. Rain cancels. Helmet, snack, water required. Wheels rolling 9:30 a.m. L Barbara Gaughan (781-572-1321 Before 9 pm, [barbaragaughan12@comcast.net](mailto:barbaragaughan12@comcast.net), SEM Level 1 bike/hike leader) CL Nancy Cahn

**Sun., May. 14. Mother's Day Muffin Ride, Southeast, MA.** Join us for a beautiful ride through gently rolling country roads in Wrentham. Stop halfway at Phantom Farms in Cumberland, RI, for a delightful muffin and coffee. Get to know new friends and/or catch up with old ones. Approximately 20 mile ride. Bike must be in good working order, you must know how and when to shift gears. There will be one long climb right before the muffin stop. This ride is NOT for beginner cyclists! L Jodi Jensen (781-249-8346, [jodijensen@gmail.com](mailto:jodijensen@gmail.com))

**Sat., May. 20. Cycling the Villages of Bourne, Cape Cod, MA.** 25 mile ride 13-15 mph thru scenic Bourne. We will cycle past harbors, beaches, yacht clubs, and historic sites. Coffee/snack stop mile 12. Wheels rolling 9:30 a.m. L Barbara Gaughan (781-572-1321 Before 9 p.m., [barbaragaughan12@comcast.net](mailto:barbaragaughan12@comcast.net), SEM Level 1 hike/bike leader) CL Jeff Hyman (771-521-9235 Before 9 p.m., [jodijensen@gmail.com](mailto:jodijensen@gmail.com), Leader-in-training), R Jeff Hyman (774-521-9235 Before 9 p.m., [jah17@comcast.net](mailto:jah17@comcast.net))

**Sun., Jul. 2. Cycling & Ice Cream in Westport & Dartmouth, MA,** Gooseberry Island, Massachusetts, Southeast, MA. Join us for a beautiful ride in Westport & Dartmouth, MA. We will pass farms, beaches, & conservation areas. We will have options for ice cream breaks along the way. The ride will be approximately 30- 35 miles, with a 12-15 mph pace. Helmet & water required. Heavy rain will cancel. Please contact registrar for additional information. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com))

## HIKING CAPE COD

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org). Always looking for additional hike leaders! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)

**Sun., May 14. Hike Santuit Pond, Marston Mills, Cape Cod MA.** Join us on Mother's Day for a delightful hike on wooded trails that will give us the opportunity to view a newly refurbished herring run and with some luck we will see rare Birdsfoot Violets blooming around a cranberry bog. Meet at 12:45 PM for a 1PM start. L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net), Level 1 hike leader with 3 years' experience. Cape Hike chair for AMC.) L Nancy Wigley ([nrwigley@verizon.net](mailto:nrwigley@verizon.net), Hike leader with many years of experience.)

*Continued on next page*

## Activities

---

For the most current information, [search activities online](#)

### HIKING CAPE COD

**Sun., May 14. Hike Santuit Pond, Marston Mills, Cape Cod MA.** Join us on Mother's Day for a delightful hike on wooded trails that will give us the opportunity to view a newly refurbished herring run and with some luck we will see rare Birdsfoot Violets blooming around a cranberry bog. Meet at 12:45 PM for a 1PM start. L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net), Level 1 hike leader with 3 years' experience. Cape Hike chair for AMC.) L Nancy Wigley ([nrwigley@verizon.net](mailto:nrwigley@verizon.net), Hike leader with many years of experience.)

**Thu., May 18. Hike Herring River, Harwich, MA.** Hike wooded trails around 2 reservoirs and cranberry bog. See working Herring Run. From Rte 6 take exit 9A. Follow Rte 134 to 3rd Traffic light and turn L and then take immediate L onto Great Western Rd. Go approx. 3 miles to R on Bells Neck Rd follow about 1/8 mile to reservoir and park on either side of dirt road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia ([jandimattia@verizon.net](mailto:jandimattia@verizon.net), Janet is a veteran AMC member who has led numerous hikes.)

**Thu., May 25. Hike- Long Pond and Picnic, Goodwill Park, Falmouth, Cape Cod, MA.** Traverse rolling wooded trails through Falmouth's Town Forest. Enjoy scenic views of Long Pond, a kettle pond formed at the edge of the glacial moraine. Sturdy shoes, plenty of water, sunscreen and tick repellent are strongly recommended. The Cape is a known tick habitat! Poison ivy is also abundant in the woods and along the sides of the trail. You may consider wearing long pants. Meet at 9:45 for trail talk. Hike begins promptly at 10 AM. PICNIC LUNCH to follow hike. Bring your own main course plus a salad, dessert or snacks to share with the group. Call leader with questions 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, [cmgiordan@msn.com](mailto:cmgiordan@msn.com))

**Sat., Jun. 10. Photo Hike, Sandy Neck Beach, Sandwich/Barnstable, Cape Cod, MA.** A Photo Hike on The Marshside Trail that parallels Sandy Neck Beach. The trail travels along a great marsh, dunes, a winding sandy trail, passing older summer homes. Hopefully, we will see wildlife in action as well as different fauna. The trail is approx. 10 miles long round trip, but because this is a photo hike, we will decide on a turn-around time instead of distance. We will have an early morning start to try and capture activity. Bring your own photo equipment, plenty of water, lunch, snacks, and sunscreen. There will be a parking fee. L Ken Carson (508-833-8237 between 10 am-7pm, [kcciii@comcast.net](mailto:kcciii@comcast.net))

### HIKING

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

Always looking for additional hike leaders! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)

**Tue., May 9. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA.** Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com), Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

**Thu., May. 11. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

*Continued on next page*

## Activities

For the most current information, [search activities online](#)

### HIKING

**Thu., May 11. Thursday Morning Hike - World's End, Hingham, MA, (C3C) (FT) (NM).** Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor with stunning views, hilly, carriage ways and rocky paths. There could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at <http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html>. L Eva Das ([borsody@gmail.com](mailto:borsody@gmail.com))

**Sat., May 13. Woodland End2Ender Hike in the Blue Hills, Southeast, MA.** This fun End-to-end hike traverses the Blue Hills from the Northernmost end of Fowl Meadow in Canton to Shea Ice Rink in Milton, stopping at Houghton's Pond for a leisurely lunch. We will avoid the summits and generally stick to well-maintained trails in the wooded lowlands. The total distance is 11 miles and we will hike at a moderate pace ideal for walking and talking at the same time. Other than a short section around Little Blue and Great Blue Hill the trails will be flat or gently inclined. This popular hike is limited to 24 people so register early to avoid being waitlisted. Also, since we are keeping to lowlands, heavy rain or flooding will cancel. Lastly, one of the leaders, Paul, will have his well-behaved dog with him, if you wish to bring your dog, please discuss during registration. L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, [camaccurtain@aol.com](mailto:camaccurtain@aol.com)) L Walt Granda ([wlganda@aol.com](mailto:wlganda@aol.com)), L/R Pat Achorn ([plachorn@me.com](mailto:plachorn@me.com))

**Tue., May 16. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA.** Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com), Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

**(FT) (NM) Thu., May. 18. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM)** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Thu., May 18. Thursday Morning Hike - Chase Woodlands & Peters Reservation, Chase Woodlands, Dover MA.** Chase Woodlands & Peters Reservation are properties of the Trustees on opposite sides of Farm Street in Dover MA. Each has unique qualities that complement each other, Chase Woods was actively farmed for more than two centuries. On the other hand {and on the other side of the road Peters Reservation is cherished as a place of quiet reflection, Our combined Hike will be approximately 5 miles long with moderate elevation gains. L Fred Wason (508-838-6049, [fmwason@gmail.com](mailto:fmwason@gmail.com))

**Sat., May. 20. Mt. Garfield Hike, White Mountains, North Country, NH.** Garfield Mountain is a 4,500 foot mountain in Franconia, New Hampshire in the White Mountains. It is one of the NH48. Lying in the Franconia Range, Mt. Garfield has sweeping 360-degree views to neighboring Mount Lafayette, Lincoln, Flume and Liberty. It also rests along the edge of the Pemigewasset Wilderness. This is an out and back hike of 10 long miles that we will be covering at a moderate pace over moderate terrain. The AMC guide does classify this peak overall as moderate to strenuous given both the distance and the elevation (as the 17th highest of the 48.) Please contact Christine Racine ([christineracine1@gmail.com](mailto:christineracine1@gmail.com)) to register for this hike. L Barry Young (508-339-3089 Before 9 PM, [Barry.young@comcast.net](mailto:Barry.young@comcast.net)) CL Christine Racine ([Christineracine1@gmail.com](mailto:Christineracine1@gmail.com)) CL Les Lechowicz, R Christine Racine ([Christineracine1@gmail.com](mailto:Christineracine1@gmail.com))

*Continued on next page*

## Activities

For the most current information, [search activities online](#)

### HIKING

**Sun., May 21. Family Hike #1: Borderland State Park, Easton, MA.** Join us for a 2 to 3 mile hike at a leisurely pace around the Leach Pond in beautiful Borderland State Park. The hike is suited to families with children ages 3 to 10 years. We will explore and learn about following trails, the wildlife and Leave No Trace principles. Wear sturdy shoes or hiking boots, as the trails may be damp. Bring water and a snack. You may choose to bring a picnic lunch to enjoy at the end of the hike. Heavy rain will cancel. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com)) CL Anne Duggan ([abduggan12@gmail.com](mailto:abduggan12@gmail.com))

**Tue., May 23. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA.** Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com), Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

**(FT) (NM) Thu., May 25. Thursday Morning Hike at Ell/Long Pond, Hopkinton, RI, Fisherman's Parking Lot, Canonchet Road, Hopkinton, RI.** A 4-5 mile hike along the Narragansett Trail in RI. The hike scrambles up and down through paths of rhododendrons, hemlocks, and mountain laurel. Part of the hike will be a scramble up a rock formation with a great view of Long Pond where the movie Moonrise Kingdom was filmed. L Sue Chiavaroli (508-496-6452 7PM-PM, [brillo6452@yahoo.com](mailto:brillo6452@yahoo.com))

**(FT) (NM) Thu., May. 25. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Jun. 1. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jun. 3. Monadnock Without the Crowds, Mt. Monadnock, NH.** To avoid the springtime crowds (at least initially) on this popular southern NH mountain, we'll start at the Monadnock State Park headquarters, but then loop around to Bald Peak (one of the three sub-peaks in the park) via the less-traveled Parker, Lost Farm, and Cliff Walk Trails. From Bald Peak, we'll make our way up to the main summit via the Smith Connecting Link and White Dot Trail, where we're finally likely to run into the masses. After enjoying the views (weather permitting) and our lunches on the expansive summit, we'll return to the trailhead via the Pumpelly, Red Spot, Cascade Link, and White Dot Trails. This approximately six-mile long loop hike involves lots of steep and rugged hiking and will require sturdy hiking boots, appropriate hiking clothing, and well-conditioned legs and lungs. But it should also be a lot of fun! L Paul Miller (508-369-4151 before 9:00 pm, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net), Paul, an experienced, four-season Southeastern Mass. Chapter hike leader, hikes at a moderate, "user-friendly" pace.) CL Dia Prantis R Paul Miller (508-369-4151 before 9:00 pm, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net))

*Continued on next page*

## Activities

For the most current information, [search activities online](#)

### HIKING

**Sat., Jun. 10. North-South Trail Stepping Stone Falls Hike, Exeter, RI.** This beautiful 7.7 mile section of the North South Trail is a must see. A series of footpaths, abandoned and gravel roads are all within the Arcadia Wildlife Management Area and follows the banks of the Falls River. This offers great opportunities to view and photograph the beauty of a fast-flowing river in the wild. Along the way we will find signs of early commerce as well as old farms from the 19th and 20th century. We will be meeting at trail mile 26.45 on Arcadia Road, Exeter RI, then travel north by car to Hazard Rd in West Greenwich RI where we will start our hike. Hike description (B-3-C) with minimum elevation gain. Direction will be e-mailed upon registration. L Fred Wason (508-838-6049, [fmwason@gmail.com](mailto:fmwason@gmail.com))

**(FT) (NM) Thu., Jun. 15. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jun. 17. Pine Barrens Path Hike, Myles Standish State Forest, Plymouth, MA.** The Pine Barrens Path is an 8 mile trail running down the east side of Myles Standish State Forest. It passes some typical pine barrens and other scenic areas in the park. This hike will be about 9 miles long because we will start from the park's East Entrance, which adds another mile. (Links below go to the park trails map.) The hike took four and a half hours when we did it last summer. Bring your lunch and plenty of water. Bug and sun protection are recommended. Meet at the parking lot right at the park's East Entrance off Long Pond Road in Plymouth. We will carpool to the start of the hike which is about a 10-minute drive away. L John Bescherer (508-742-7973, [john.bescherer@gmail.com](mailto:john.bescherer@gmail.com), John has been leading hikes in Myles Standish since 2010 for the Friends of Myles Standish State Forest)

**(FT) (NM) Thu., Jun. 22. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sun., Jun. 25. Family Hike #2: F. Gilbert Hills State Park, Foxboro, MA.** Join us for a leisurely 2 to 3 mile hike in the less-traveled, but lovely & wooded F. Gilbert Hills State Park. This hike is suited for families with children ages 3 to 10 years. It is the second in our 3 hike series for families. We will explore and learn about the local wildlife, following trails & Leave No Trace principles. Wear sturdy shoes to hiking boots, & bring water & a snack. You may wish to stay after the hike to have a picnic lunch. Heavy rain will cancel the hike. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com)) CL Brian Duane (781-820-9985, [bduane105@comcast.net](mailto:bduane105@comcast.net))

**(FT) (NM) Thu., Jun. 29. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

*Continued on next page*

## Activities

---

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., Jun. 22. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sun., Jun. 25. Family Hike #2: F. Gilbert Hills State Park, Foxboro, MA.** Join us for a leisurely 2 to 3 mile hike in the less-traveled, but lovely & wooded F. Gilbert Hills State Park. This hike is suited for families with children ages 3 to 10 years. It is the second in our 3 hike series for families. We will explore and learn about the local wildlife, following trails & Leave No Trace principles. Wear sturdy shoes to hiking boots, & bring water & a snack. You may wish to stay after the hike to have a picnic lunch. Heavy rain will cancel the hike. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com)) CL Brian Duane (781-820-9985, [bduane105@comcast.net](mailto:bduane105@comcast.net))

**(FT) (NM) Thu., Jun. 29. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Jul. 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jul. 8-10. Joe Dodge Lodge and Madison Hut Overnight, Mt. Madison, White Mountains, NH.** On Saturday afternoon, prior to our group dinner at Joe Dodge Lodge, we'll take a short hike up to a scenic spot in Pinkham Notch to get to know each other and shake out any gear issues. After breakfast at JDL on Sunday, we'll carpool over to the Appalachia trailhead and hike up to the new Madison Spring Hut via either the Valley Way or Airline Trails (depending on the weather) and then summit Mt. Madison (5,367 ft.) in the afternoon to (hopefully) take in the amazing panoramic views before enjoying our Croo-served dinner in the hut. After breakfast at the hut on Monday, we may also have an opportunity to climb nearby Mt. John Quincy Adams before hiking back down to the trailhead. This is a great opportunity for strong hikers who may not have had an opportunity to spend much time above tree line to experience the beauty and drama of the Alpine Zone in the Northern Presidentials. Trip is limited to 10 people, including leaders. L Paul Miller (508-369-4151 before 9:00 pm, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net), Paul Miller is an experienced four-season hike leader and former Hiking Chair for the Southeast Mass. Chapter) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu), Michael is an experienced hiking leader for both the Boston and Southeast Mass. Chapters), R Paul Miller (169 S. Washington St., N. Attleboro, MA 02760, 508-369-4151 before 9:00 pm, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net))

**Continued next page**

## Activities

For the most current information, [search activities online](#)

### Hiking

**(FT) (NM) Thu., Jul. 13. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Jul. 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jul. 22. 52 with a View Hike - Mts. Crawford, Resolution and Stairs Mtn., Davis Path Trailhead, Crawford Notch, NH.** Are you interested in hiking where there are magnificent views instead of in the trees? Are you working on the 52 with a View list? If so, then this hike is for you. Join us for a long, but rewarding day hiking the Davis Path to Mt. Crawford (3119 ft.), Mt. Resolution (3415 ft.) and Stairs Mountain (3468 ft.) with views of Mt. Carrigain, the Tripyramids, Crawford Notch, the Dry River valley and the surrounding ridges and peaks. Distance is 10.8 miles round trip with an elevation gain of 3897 feet. L Leslie Carson (508-833-8237, [lrc929@comcast.net](mailto:lrc929@comcast.net)) L Ken Carson ([kcciii@comcast.net](mailto:kcciii@comcast.net))

**Sun., Jul. 23. 52 with a View Hike - Mt. Parker, River St., White Mountains, Bartlett, NH.** Are you interested in hiking where there are magnificent views instead of in the trees? Are you working on the 52 with a View list? If so, then this hike is for you. We will be passing Cave Mtn. as we make our way up along the moderate trail with switchbacks to the open summit of Mt. Parker (3004 ft.) where there are excellent views, especially north up the Rocky Branch valley to Mt. Washington. Distance is 7.8 miles round trip with an elevation gain of 2886 ft. This hike can be combined with Saturday's hike (7/22) to three other 52 with a View peaks (register separately for each hike). L Leslie Carson (508-833-8237 Before 9 pm, [lrc929@comcast.net](mailto:lrc929@comcast.net), Leslie is a 4-season SEM hike leader who also leads for AMC's August Camp and Adventure Travel.) L Ken Carson ([kcciii@comcast.net](mailto:kcciii@comcast.net))

**Sun., Jul. 23. Family Hike #3: Blue Hills Reservation, Milton MA.** Join us for a 2 to 3 mile hike along the trails near the Trailside Museum. This hike is appropriate for families with children ages 3 to 10 years. Our pace will allow time to explore and talk about what we see. We will learn about following trail markers, the plants & wildlife, & Leave No Trace principles. Bring water and a snack, & wear sturdy shoes or hiking boots. You may wish to bring a lunch to enjoy after the hike. Heavy rain will cancel. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com))

**(FT) (NM) Thu., Jul. 27. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

*Continued on next page*

## Activities

---

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., Aug. 3. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug. 10. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug. 17. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Aug. 19. Hike to remote Mt. Isolation, New Hampshire, White Mountains, NH.** Day hike remote Mt. Isolation (el. 4003 ft.) in the Dry River Wilderness of the Presidential Range. Isolation's open summit offers magnificent views in most directions. We will car spot to hike in on the Glen Boulder Trail and out on the Rocky Branch Trail. This is a strenuous hike covering 13.3 miles with elevation change of 3300 feet in 9-10 hours and includes several water crossings. For experienced WMNF hikers only. L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com)) CL Eva Borsody Das ([borsody@gmail.com](mailto:borsody@gmail.com)), R len ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com))

**(FT) (NM) Thu., Aug. 24. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

*Continued on next page*

## Activities

For the most currXent information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., Aug. 31. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Sept. 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Sept. 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Sept. 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

### PADDLING

**Wed., May 10. Leader's Choice, Barnstable, Cape Cod, MA.** Probably Barnstable Harbor. The final decision will be made a couple days before the trip and may depend on the weather. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Sat., May 13. Paddle North River, Marshfield, MA.** One way paddle on North River from Marshfield to Hanover which requires spotting vehicles. L George Wey (781-789-8005 before 9:00PM, [geowey16@gmail.com](mailto:geowey16@gmail.com)) CL Deborah Hayden (508-548-8726 before 9:00PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

**Wed., May 17. Paddle Phinney's Harbor and the Back River, Cape Cod, MA.** Paddle Phinney's Harbor, explore the Back River and Eel Pond, a 7-8 mile paddle. L George Wey (781-789-8005 Before 9:00 PM, [geowey16@comcast.net](mailto:geowey16@comcast.net)) CL Deborah Hayden (508-548-8726 Before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com)), R Deborah Hayden (508-548-8726 Before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

*Continued on next page*

## Activities

---

For the most current information, [search activities online](#)

### **PADDLING**

**Wed., May 24. Herring River North, West Harwich, Cape Cod, MA.** Paddle upstream to Coy Brook to end and to East Reservoir and to Herring River for lunch at North Road Bridge. Afterwards paddle to West Reservoir to see herring run and return to put-in. Bring lunch and water. Wear PFD and bring spray skirt in case it is windy. Please register with co-leader for directions to put-in. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Wed., May 31. Paddle Mashpee and Wakeby Ponds, Mashpee, Cape Cod, MA.** Explore Mashpee and Wakeby Ponds, large freshwater ponds. L George Wey (781-789-8005 before 9:00PM, [geowey16@gmail.com](mailto:geowey16@gmail.com)) CL Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com)), R Deborah Hayden (508-548-8726 before 9:00PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

**Sat., Jun. 3. Mill Walker Ponds, Brewster, Cape Cod, MA.** Paddle 3 fresh water kettle ponds & narrows for about 7 miles. See Stone Brook Grist Mill (1873) & herring run. Lunch Slough Road picnic area. Bring lunch and water. Wear PFD and bring sprayskirt in case of wind. Please register for directions to put-in. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau

**Wed., Jun. 7. Leader's Choice, Cape Cod, MA.** The leader will settle on a trip location approximately a week before the scheduled date for the trip. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Sat., Jun. 10-10. Swan Pond and River, Dennis, Cape Cod, MA.** From the launch on Swan Pond paddle down river to mouth on Nantucket Sound. Lunch on beach. Venture into Sound if not too choppy. Return on river and circumnavigate pond for about 7-8 miles. Bring lunch and water. Wear PFD and bring spray skirt in case of wind. Please register with leader for directions to put-in. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau

**Wed., Jun. 14. Paddle Cotuit Bay, Cotuit, Cape Cod, MA.** Rt. 6 to S on rt. 149. R on 28 to L on Putnam St to Town Landing. Unload and Park back up on Putnam. PFD and spray skirt required. Paddle Three Bays and lunch on Dead Neck. Possible trip out into Nantucket Sound. L Bill Fischer (508-420-4137 before 9 pm, [wmbarbarafischer@comcast.net](mailto:wmbarbarafischer@comcast.net))

**Sat., Jun. 17. Indian Ponds, Marstons Mills, Cape Cod, MA.** Paddle around the parameter of both lakes - about six miles. Call the leader for put in directions. L Louise Foster (508-420-7245, [janelouise@comcast.net](mailto:janelouise@comcast.net))

**Wed., Jun. 21. Nauset Marsh from Mill Pond, Orleans, Cape Cod, MA.** Paddle from beautiful put-in on Mill Pond to Nauset Beach. Lunch on beach. Walk to ocean and to see cut. Circle Tern and head towards town cove and return to put-in. Bring lunch and water. Wear PFD and bring spray skirt in case of wind. Please register with co-leader for directions to put-in. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jun. 24. Paddle Oyster River and Stage Harbor - Chatham, Cape Cod, MA.** Explore Oyster River and Stage Harbor in Chatham. PFD required and spray skirt may be required based on weather conditions. L George Wey (781-789-8005 before 9:00 PM, [geowey16@gmail.com](mailto:geowey16@gmail.com)) CL Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com)), R Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

**Wed., Jun. 28. Mashpee Wakeby Ponds, Sandwich, Cape Cod, MA.** Paddle 2 fresh water ponds. Lunch at end of Wakeby Pond and return to put-in for about 7 miles. Bring lunch and water. Wear PFD and bring spray skirt in case of wind. Please register with leader for directions to put-in. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau

**Sat., Jul. 1. Lewis Bay, Hyannis, Cape Cod, MA.** Paddle Lewis Bay, explore Uncle Robert's Cove, have lunch on Egg Island, and perhaps journey into Hyannis Inner Harbor and mix it up with the big boys. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Wed., Jul. 5. Bass River South, Dennis, Brewster, Cape Cod, MA.** From launch paddle 'fingers' and bays to mouth of Bass River on Nantucket Sound. Lunch on West Dennis beach. Venture into Sound if not too choppy. Return and paddle Grand Cove for 8-9 miles. Bring lunch and water. Wear PFD and bring spray skirt in case of wind. Please register with co-leader for directions to put-in. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL R jean orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

*Continued on next page*

## Activities

For the most current information, [search activities online](#)

### PADDLING

**Sat., Jul. 8. Paddle Jackknife Cove and Pleasant Bay - Orleans / Chatham, Cape Cod, MA.** Explore Jackknife Cove and Pleasant Bay and possibly the Muddy River, as time permits. PFD and spray skirt required. L George Wey (781-789-8005 before 9:00PM, [geowey16@gmail.com](mailto:geowey16@gmail.com)) CL Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com)), R Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

**Wed., Jul. 12. Mill Walker Ponds, Brewster, Cape Cod, MA.** Paddle 3 fresh water kettle ponds and narrows. See Stoney Brook Grist Mill (1873) and herring run. Lunch at Slough Road picnic area. Return to put-in for about 7 miles. Bring lunch and water. Wear PFD and bring spray skirt in case of wind. Please register with co- leader for directions to put-in. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Wed., Jul. 19. Paddle Meetinghouse Pond and Little Pleasant Bay - Orleans, Cape Cod, MA.** Explore Meeting House Pond, Arey's Pond and Little Pleasant Bay. PFD required and spray skirt may be required depending on weather conditions. L George Wey (781-789-8005 before 9:00 PM, [geowey16@gmail.com](mailto:geowey16@gmail.com)) CL Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com)), R Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

**Sat., Jul. 22. Herring River North, West Harwich, Cape Cod, MA.** Paddle upstream to Coy Brook to end and to East Reservoir and back to Herring River for lunch at North Road Bridge. Afterwards paddle to West Reservoir and to see herring run and return to put-in for 8-9 miles. Bring lunch and water. Wear PFD and bring spray skirt in case of wind. Please register with leader for directions to put-in. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau

**(AN) Wed., Jul. 26. Paddle Childs River and Waquoit Bay, Mashpee, Cape Cod, MA.** See web for information. L Bill Fischer (508-420-4137 Before 9 PM, [wambarbarafischer@comcast.net](mailto:wambarbarafischer@comcast.net))

**Sat., Jul. 29. Shoestring Bay, Cotuit, Cape Cod, MA.** Starting in Shoestring Bay; depending on conditions, there are a menu of options. Plan on 8 miles. Contact leader for put in information. L Louise Foster (508-- x42072 Anytime, [janelouise@comcast.net](mailto:janelouise@comcast.net))

**Wed., Aug. 2. Follins & Mill Ponds, Dennis, Brewster, Cape Cod, MA.** Paddle upstream to Coy Brook to end and to East Reservoir and to Herring River for lunch at North Road Bridge. Afterwards paddle to West Reservoir to see herring run and return to put-in for a 8-9 mile paddle. Bring lunch and water. Wear a PFD and bring a sprayskirt in case of wind. Please register with the co- leader for directions to the put-in. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL jean orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)), R jean orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Wed., Aug. 9. Paddle Wellfleet Harbor, Wellfleet, Cape Cod, MA.** Explore coves and inlets of Wellfleet Harbor. PFD required. Spray skirt may be required depending on weather conditions. L George Wey (781-789-8005 before 9:00 PM, [geowey16@gmail.com](mailto:geowey16@gmail.com)) CL Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com)), R Deborah Hayden (508-548-8726 before 9:00 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

### SOCIALS

**Thu., May 25. Hike- Long Pond and Picnic, Goodwill Park, Falmouth, Cape Cod, MA.** Traverse rolling wooded trails through Falmouth's Town Forest. Enjoy scenic views of Long Pond, a kettle pond formed at the edge of the glacial moraine. Sturdy shoes, plenty of water, sunscreen and tick repellent are strongly recommended. The Cape is a known tick habitat! Poison ivy is also abundant in the woods and along the sides of the trail. You may consider wearing long pants. Meet at 9:45 for trail talk. Hike begins promptly at 10 AM. PICNIC LUNCH to follow hike. Bring your own main course plus a salad, dessert or snacks to share with the group. Call leader with questions 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, [cmgiordan@msn.com](mailto:cmgiordan@msn.com))

