



The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | October 2017

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Have a story for *The Southeast Breeze*?

Please send your Word doc and photographs to
breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to breeze.editor@amcsem.org



Explore the Blue Hills with friends! *Photo posted on Yelp by Brian S.*

Introduction to Hiking builds skills & stamina

This series of five Saturday hikes is for those who are new to, or interested in, getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails, this is also a good way to broaden your experience of the Reservation. Each hike builds on prior ones to build stamina with increasing distance, elevation, challenging trails, or a combination of those features.

You do not have to be a member of AMC to participate in our events, and you're encouraged to bring a friend! You don't have to attend all five hikes (the first took place Sept. 23). Registration is required for this series, and no novice hikers will be registered after the second hike scheduled for October 7th.

Exact meeting times and locations will be sent to all registered hikers by the Wednesday before the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, October 7 and 21, November 4 and 11.

Thanks to Leader Patricia-Lee Achorn and co-Leader Wendy Fox! To register, contact Pat at plachorn@msn.com or 781-784-8983. Include information about your previous hiking experience.

Not Just “A Meeting”!

Our upcoming SEM Chapter Annual Meeting is not just a meeting! Sure there’ll be some chapter business we have to take care of briefly (such as voting in our new slate of officers!), but we also have some great activities planned both before and after the meeting to encourage you to get outside, learn some new skills, meet some new people, enjoy a good meal, and be stimulated by some exciting stories and photography from our featured speaker.

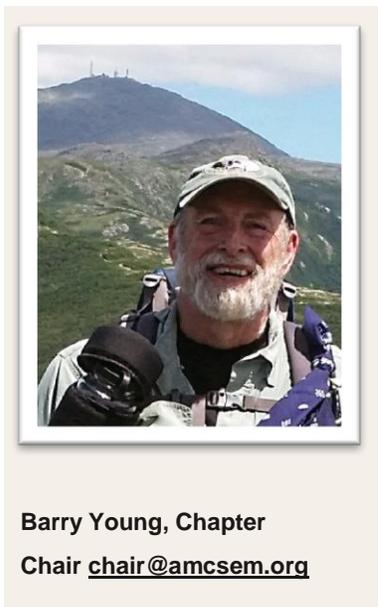
Before the meeting, you can join in a gentle “Memory Stroll” hike, a scenic bike ride along the canal, or our ever-popular winter hiking workshop. All activities take place near The Brookside Club in Bourne, so you will be done in plenty of time to attend the social hour beginning at 4:30 pm. The social hour features a cash bar and free appetizers, plus the opportunity to reacquaint with old friends and meet some new ones. After the dinner (just \$20/pp if paid for before Oct.19th), we’ve lined up a featured speaker from the Mount Washington Weather Observatory presenting “Tales from the Home of the World’s Worst Weather,” complete with slides and video.

You do not have to be a member to attend this event, so why not bring a friend and show them what the AMC SEM Chapter is all about? In this issue of the *Breeze*, you’ll find details on our annual meeting/dinner and how to register. Don’t delay, register now while it’s fresh in your mind. Last year’s event almost sold out, and we wouldn’t want you to miss out this year!

Quickly, on another subject, I had the pleasure this past week of leading a hike for our Thursday morning hiking group. Three of the fourteen participants had just retired in the past month and were looking for ways to get outside and get some exercise. Our Thursday morning hiking series, which runs now until May, was the perfect answer! You can find all our activities (hike, bike, paddle, trail work, snowshoe, volunteer) at our website, www.amcsem.org.

Hope to see you outside!
Barry Young, AMC SEM Chapter Chair

View from the Chair



Executive Board 2017

Chapter Chair Barry Young
Vice ChairChristine Racine
SecretaryAnn McSweeney
TreasurerPatty Rottmeier
Past Chapter ChairMaureen Kelly
Biking ChairBernie Meggison
Biking Vice ChairOpen
Cape Hiking ChairJane Harding
Cape Hiking Vice ChairCathy Giordano

Communications ChairPaul Miller
Communications Vice ChairOpen
Conservation ChairBill Cannon
Conservation Vice ChairOpen
Education ChairDoug Griffiths
Education Vice ChairOpen
Hiking ChairLeslie Carson
Hiking Vice ChairOpen

Membership ChairSandy Santilli
Membership Vice Chair Ellen Thompson
Paddling Chair Ed Foster
Paddling Vice Chair Open
Skiing Chair Barbara Hathaway
Skiing Vice Chair Jeannine Audet
Trails Chair Peter Tierney
Trails Vice Chair Wayne Anderson
Trails Vice Chair..... Skip Maysles

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Social DirectorOpen
Social Vice ChairOpen
Social Networking ModeratorSue Mulligan

WebmistressCheryl Lathrop
Breeze EditorMo Walsh
Blast EditorMarie Hopkins

Contact the Chapter Chair at chair@amcsem.org if you’re interested in any open position.



One of the largest waterfalls on the AT pouring over slate.
Photo by Dexter Robinson

The Maine AT's 100-Mile Wilderness

Written by Dexter Robinson

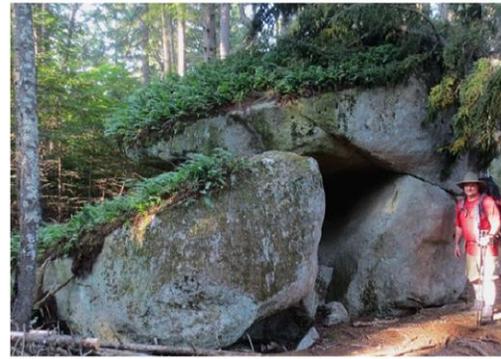
In mid-August I joined Bill Vickstrom, Bryan Jones, and Joe Marrone, a hiking friend from Connecticut, for ten days backpacking the 100-Mile Wilderness section of the Maine Appalachian Trail. The 100-Mile Wilderness is generally considered the wildest section of the entire 2,187-mile trail that runs from Springer Mountain, Georgia, to Mount Katahdin, Maine.

This trail section is one of the more challenging to navigate and traverse. It includes backpacking over a mountain range and numerous stream crossings with some that require fording. The trail offers a wide variety of trail conditions, from a gentle walk in the woods to boulder fields, ledges, steep ascents and descents, bog bridges through swamps, and a number of stone stairs.



Dexter, left, celebrates 100-mile Maine AT trail's end with Bryan Jones and Bill Vickstrom! *Photo by Joe Marrone*

Numerous mushrooms of all types and 120-foot-plus eastern pines were among the many sights. A cool breeze the first few days was sufficient to ground all flying insects. Over all, there were few bugs to contend with and no black flies! The weather was generally favorable to the group, although a cool, wind-driven rain prevented enjoyment of the views from the highest point, White Cap Mountain at 3,644 feet. The group passed many ponds, lakes, and glacier erratics. All in all a great trip!



Stacked glacier erratics. *Photo by Dexter Robinson*



Trailside mushroom. *Photo by Dexter Robinson*



Moss carpet seen frequently on either side of the trail.
Photo by Dexter Robinson

“Reunite with Old Friends and Make Some New Ones”

All SEM members, potential members, spouses and friends are welcome!

**The Southeastern Massachusetts Chapter
Of the Appalachian Mountain Club**

Invites You to Attend the

2017 Annual Meeting

And Annual Dinner

Saturday, October 28th, 2017

The Brookside Club in Bourne

4:30 pm – Registration and Cocktail Hour – cash bar, **no charge for appetizers**

5:30 pm – Annual Meeting – **no charge**

6:30 pm - Buffet Dinner - **\$20.00 per person; \$30.00 after 10/20**

Distinguished Service Award, Raffles and Other Awards

Special Guest Speaker

Will Broussard

Mount Washington Observatory’s Outreach Coordinator

2017 Annual Meeting and Dinner

Special Guest Speaker

Will Broussard

Mount Washington Observatory's Outreach Coordinator

Tales from the Home of the World's Worst Weather



Bitter cold, dense fog, heavy snow, and record winds: Mount Washington is known worldwide for its unpredictable and dangerous weather. For a mountain its size, why is Mt. Washington called the “Home of the World’s Worst Weather”?

Join Mount Washington Observatory's Will Broussard for an investigation into the unique life and work of weather observers stationed at the observatory year-round. We will explore how the mountain's weather works and what it can tell us about New England’s own weather patterns. This program will include stunning photography and video footage from the summit.

SEM Executive Board 2017 Slate

Chair	Barry Young
Vice-Chair	OPEN
Secretary	Ann McSweeney
Treasurer	Patty Rottmeier
Biking Chair	Bernie Meggison
Cape Hiking Chair	Jane Harding
Communications Chair	Paul Miller
Conservation Chair	Bill Cannon
Education Chair	Doug Griffiths
Hiking Chair	Mike Woessner
Membership Chair	Sandy Santilli
Paddling Chair	Ed Foster
Past Chapter Chair	Maureen Kelly
Skiing Chair	Barbara Hathaway
Trails Chair	Peter Tierney

Names in **black** are continuing in their current post; names in **green** are new to the position.

The 2017 Nominating Committee

Alan Greenstein, Hingham, alan.b.greenstein@gmail.com

Walt Granda, Dartmouth, wlganda@aol.com

Robin McIntyre, Buzzards Bay, robinmcintyre@comcast.net

**See Registration Form below.
Click [here](#) with any questions.**

**To register for the Annual Dinner, fill out the Registration Form below
and mail your check (payable to AMCSEM) to:**

**Patty Rottmeier
1 Belmont Rd. TH5
W. Harwich, MA 02671**

✂️*****

**AMC Southeast Massachusetts Chapter
Annual Meeting Registration Form**

\$20.00/per person; \$30.00 Oct. 20 – Oct. 26th

Deadline to Register is Thursday, October 26th

AMC SEM 2017 Annual Dinner Registration		
Today's Date		
Your Name		
Email		
AMC Member?		
Price		
I'd Like to Volunteer		
<i>Bring a Friend - We'll See You There!</i>		

Good Times at 2017 SEM Chapter Hut Weekend

Written by Paul Miller, Communications Chair

More than 20 Southeastern Mass. Chapter members journeyed up to the AMC Cold River Camp in peaceful Evan's Notch, NH, last month for our 2017 Chapter Hut Weekend. The weekend featured an assortment of hiking opportunities, some fun water activities, a little independent kayaking, plenty of great food prepared by a professional chef and served up by the Cold River Camp volunteer staff, lots of socializing, and even a chance to cook our own s'mores over a campfire. As one enthusiastic participant commented: "It's just like being at the summer camp that I never got to go to as a kid!"



Socializing in the Lodge (Dexter Robinson photo)



Robin Melavaliln, left, Len Ulbricht, Jeannine Audet, Craig & Claire McDonald, and Jan Su atop Mt. Moriah (Jeannine Audet photo)



Jan Su, left, and Jeannine Audet on Mt. Starr King (Jeannine Audet photo)

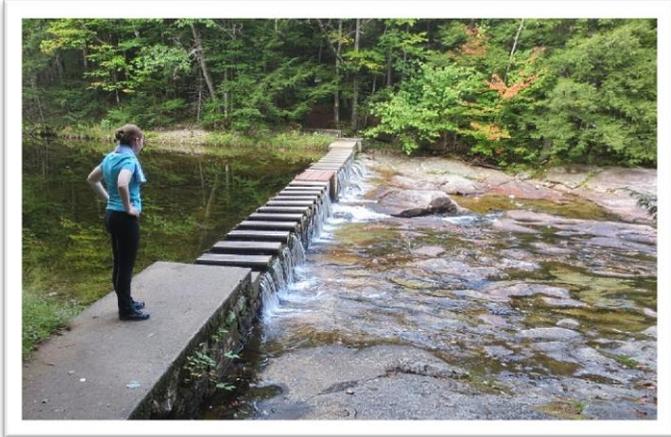


Cozy fireplace-furnished cabin (Len Ulbricht photo)

Continued on page 11

Chapter Hut Weekend

Continued from page 10



Elizabeth Robinson on the Dam over Cold River
(Dexter Robinson photo)



Sandy Spekman on her way to the Emerald Pool
(Rob Price photo)



Climbing Speckled Mountain (Dexter Robinson photo)



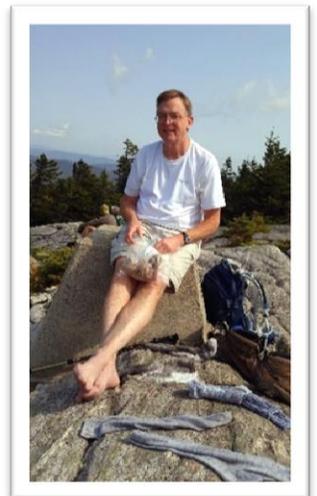
On the Blueberry Ridge Trail (Dexter Robinson photo)



Sandy Santilli and Karen Singleton on the summit of Speckled Mountain (Paul Miller photo)



Left: Cooling off in Emerald Pool (Rob Price photo)



Right: Doug Griffiths atop Speckled Mountain (Paul Miller photo)



Ellen Thompson gets her patch from Paul Brookes for Blue Lining the Blue Hills.

Hikers earn milestone patches

Written by Joe Keogh

Congratulations go out to Ellen Thompson for hiking every trail in the Blue Hills for the second time. This is called Blue Lining. She will now be working on her Green Lining. Ellen treated us, in the usual tradition, with homemade chocolate chip cookies.

Sue Svelnis received her patch for finishing her Blue trails on Aug. 28, and Paul Brookes received his patch for finishing his Purple trails on Aug. 17.

It has been the Red Lining the Blue Hills tradition when you finish your trails to bring cookies to the hike. Paul set a new standard this year, providing homemade cookies and ice cream for a delicious ice cream sandwich.

If anyone is interested in joining the Red Liners on Thursday nights, starting again in the spring of 2018, you can find us on the AMCSEM web page. Sue Svelnis will be more than happy to put you on the email list. If you sign up now, we have two weekend hikes left this season: the Skyline End-to-End on Oct. 7th and the Fowl Meadow hike on Oct. 28th. Both of these hikes can be found on the web page.



Paul Brookes and Sue Svelnis make ice cream sandwiches at hike's end. *Photo by Ellen Thompson*



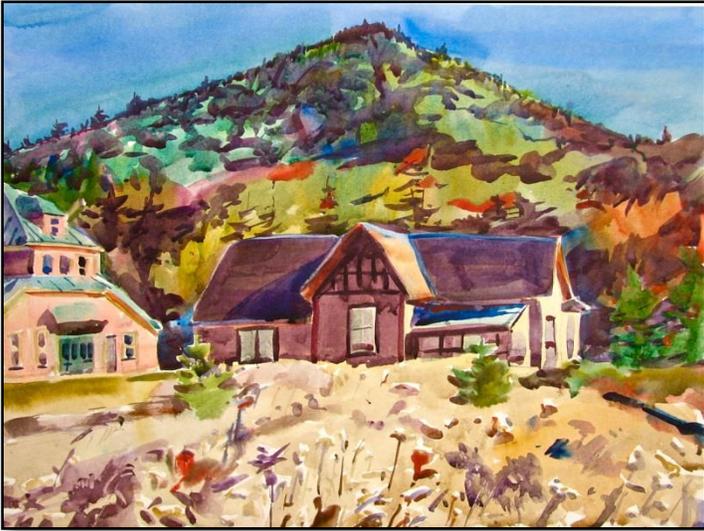
Sue Svelnis receives her patch for hiking all the Blue trails from Joe Keogh. *Photo by Maureen Kelly*



Paul Brookes finished the Purple trails and received his patch from Joe Keogh (left). *Photo by Maureen Kelly*



The RLBH group celebrates member milestones with ice cream sandwiches. *Photo by Ellen Thompson*



Plein air painting by artist, Michael E. Vermette.

Paintings displayed until Oct. 29

The AMC Highland Center at Crawford Notch is the setting for the exhibition, “The Painted Sketch: Crawford Notch,” by artist Michael E. Vermette, which runs through Oct. 29 in the Mt. Willard Dining Room.

The exhibit features Vermette’s contemporary painted sketches created in the “plein air” style, outdoors in the White Mountain National Forest and Crawford Notch State Park, and at the Highland Center site.

The exhibit is free and open to the public when the space is not otherwise in use.

Vermette served as artist in residence at the Highland Center for a week last fall and a week last winter. During those residencies, he created 11 painted oil sketches and 11 watercolor sketches that were made completely outdoors (*en plein air*) within the region. Sometimes working near the lodge, other times snowshoeing to a site with his studio on his back, he painted in cold weather amid challenging conditions. Each painting was rendered within a two- to three-hour block of time on location to capture the light.

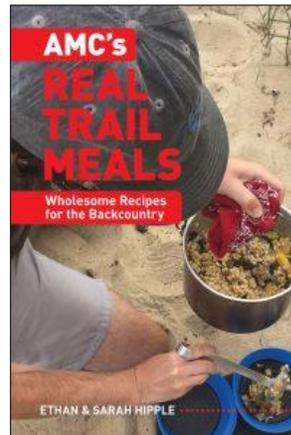
Crawford Notch has long been an inspiration for artists drawn by the majesty of the surrounding peaks and crags. White Mountain School of Art painters frequented the area in the 19th and early 20th centuries to practice *plein air* outdoor landscape painting. One of the school’s more famous members, Frank Shapleigh, worked from his art studio in what is now the Shapleigh Bunkhouse on the Highland Center site.

Vermette’s expressive paintings show a love of color and

light. In his evocative oils, watercolors, and pastels, he emboldens color by putting into practice traditional methods of the masters to cause the pigment to be brighter, richer, and more translucent.

A full-time artist and part-time teacher, Vermette has been painting in oil, watercolor, and pastel for more than 45 years. He has won numerous awards for his work, and has participated in several “Paint for Preservation” art auctions at Cape Elizabeth, Maine.

Vermette leads several *plein air* workshops in watercolor and oil painting in Maine and New Hampshire throughout the year. For more information on the exhibit, call the Highland Center at (603) 278-4453, or email amchighlandinfo@outdoors.org.



AMC’s Real Trail Meals:

Wholesome Recipes for the Backcountry

By Ethan and Sarah Hipple

\$18.95 (Print) • \$9.99 (e-book)

Kick your trail menu up a notch with [AMC’s Real Trail Meals: Wholesome Recipes for the Backcountry](#).

Drawing on the field experience of outdoor leaders, including AMC staff and hut croo, this book delivers a buffet of lightweight and nutritious dishes. Adopting a practical, easy-to-follow approach, the cookbook shares recipes for breakfast, cold lunches and snacks, hot dinners, and desserts and sweet drinks, as well as the basic principles of dehydrating to create your own preservative-free and trail-stable foods. Icons indicate dietary preferences (vegetarian, gluten-free, dairy-free, etc.), as well as which dishes should be made at home, in the field, or consumed on the first night out. Each recipe comes with a breakdown of nutrients to pack weight, giving you the most calorie-dense bang for your buck.



The design of the new AMC headquarters combines historic preservation with minimizing environmental impact.

AMC opens new Boston HQ

by Laura Hurley, AMC Staff

The Appalachian Mountain Club (AMC) has officially moved into its new headquarters at 10 City Square, in Boston's historic Charlestown neighborhood, to better support its staff, cultivate expanded community connections, and achieve its long-term growth and mission objectives.

The move will enable AMC to expand on its “enduring legacy of connecting people with the outdoors and conservation stewardship,” said John Judge, President and CEO. “[O]ur aspiration is to create an outdoor hub here that fosters local, urban connections to Boston open space and beyond through programming, training, access, information, and gear, while working alongside partners and organizations with similar missions.”

Centrally located across the Charles River from North Station, in proximity to both subway and bus transportation, AMC's new headquarters is located on Boston's Freedom Trail surrounded by an array of revitalized urban open spaces, including the adjacent City Square Park and John Harvard Mall, Paul Revere Park, and the Boston National Historical Park.

In addition, AMC has established an adjunct training and outdoor equipment center in Charlestown at 6 Spice Street, adjacent to the Sullivan Square MBTA station. The space primarily supports the specialized needs of AMC's long-running [Youth Opportunities Program](#) (YOP), to give urban youth workers and teachers the resources

they need to lead groups on outdoor adventures.

The space accommodates program staff, outdoor leadership trainings, a gear lending library to outfit up to 15 groups at one time, and staging for hundreds of trips and trainings each year. It may host other AMC activities in the future.

“Many of the youth we work with are taking their first trip outdoors,” said Stefanie Brochu, Vice President of Outdoor Learning and Leadership. “[T]his center provides ease of access for their leaders to plan and implement a wide range of adventures.”

Renovations to the six-floor headquarters building, listed on the National Register of Historic Places, focus on stewardship of an older building and a commitment to environmental sustainability. The AMC will occupy the entire second and third floors of the building, plus half of the fourth floor. The remaining space is leased by other businesses, including the Legal Oysteria restaurant.

AMC's second floor features flexible program space for large groups, with high-quality AV equipment, a catering kitchen, abundant natural light, and adjacent gallery and conference room spaces. It will be available to both AMC and non-AMC groups on a limited basis starting in 2018. AMC's new office layout combines private and shared offices, open office work spaces and meeting areas, numerous conference rooms, a staff kitchen and social space, and a reception area.

Interior building renovations were designed to optimize natural light, celebrate the “bones” of the building, and highlight the character of the original construction, while updating the IT infrastructure. To minimize environmental impact, AMC has recycled construction and demolition waste, reused many existing walls and ceilings, and incorporated low-impact, non-toxic, and locally-sourced paint and flooring materials, lighting, plumbing fixtures, and office furniture..

AMC is developing its long-term sustainability strategies. Goals include evaluating building-wide energy reduction options, such as conversion of existing mechanical systems, energy-saving renovations to the building envelope, potential on-site renewable energy sources, and green operations and maintenance practices.

In recognition of the organization's momentous move, AMC is offering a select number of naming opportunities at 10 City Square and 6 Spice St., including program space, the gear lending library, conference rooms, and the gallery.



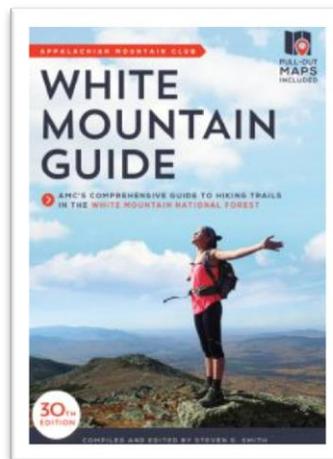
Wild Alaska Sampler: June 16-25

This spectacular journey is for the day hiker who prefers the comforts of 3-star accommodations. We will visit some of the high points of Alaska, with only a day pack on your back! Our hikes will be in the moderate range, up to 6 miles in length, leading us through forests and meadows to grand views of the state's impressive peaks.

The trip starts in Anchorage and its nearby state park, featuring the Chugach Mountains. We will hike in Denali National Park, and take a cruise from Seward Port to see the glaciers and marine wildlife of Kenai Fjords National Park. We will stop in Talkeetna, a funky hamlet straight out of your mental picture of life in small-town Alaska, 115 miles north of Anchorage. Talkeetna is the staging area for over 1,000 climbers who attempt to climb Denali (formerly known as Mount McKinley) each year.

We have room in our schedule for optional activities, including flightseeing tours of Denali with glacier landings, jet boat rides to see class V rapids, museums, a visit to a dog-sled camp, a wildlife viewing excursion, or just enjoying the surrounding beauty of our largest state: all available during free time or on a rainy day.

Contact the leaders for a detailed prospectus and an application/registration package: Janis Stahlhut at jestahlhut@me.com, 203-820-9275 and Samir Patel at sam5670@yahoo.com, 978-270-0714.



White Mountain Guide, 30th Edition
Compiled and Edited by Steven D. Smith
\$24.95 Paperback • 656 pp • 5"x 7"
Boxed set with 3 pull-out double-sided maps

Now in print for 110 years, AMC's comprehensive [White Mountain Guide](#) remains hikers' most trusted resource for trails in the magnificent White Mountain National Forest and surrounding regions. This 30th edition has been thoroughly updated and revised post-Tropical Storm Irene, with accurate descriptions of more than 500 trails, trip-planning advice, safety information, and a checklist of New Hampshire's 4,000-footers. New are at-a-glance icons for suggested hikes and redesigned, easier-to-follow statistics for all trails, charting cumulative distance, elevation, and time between waypoints.

This boxed set also contains six pull-out topographic maps, updated to reflect the latest trail openings, closings, and reroutings. Redesigned with bolder, clearer colors and GPS-charted by AMC's cartography department, these maps include trail-segment mileage; hut, lodge, camping, and shelter locations; wilderness-area boundaries; AMC shuttle stops, and more. Whether you're planning a day trip to stunning waterfalls, a backpacking trek through the Great Gulf Wilderness, or a section hike along the Appalachian Trail, the *White Mountain Guide* is your quintessential resource for adventure in the White Mountains.

AMC Books are available nationwide through booksellers and outdoor retailers, and can be ordered directly from AMC at outdoors.org/amcstore or by calling 800-262-4455. (AMC members receive a 20% discount.) E-book versions are available online through Amazon, iBooks, and Barnes & Noble. AMC Books are distributed to the book trade by [National Book Network](#).

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

Indicates pace

Indicates terrain

AA 13+

1very fast

Avery strenuous

A 9-13

2fast

Bstrenuous

B 5-8

3moderate

Caverage

C less than 5

4leisurely

Deasy

Found in the description

LActivity leader

CLActivity co-leader

FTFirst Time

NM ...New Members

ANAdvance Notice

C Conservation

BICYCLING

Thu., Oct. 5. Full Hunter's Moon Cycling, Sandwich, MA. Canal area - 22 Miles/ 2+ hours. We'll ride from Sandwich Recreation Area at the end of Freezer Road in Sandwich to Monument Beach and return along Shore Road and through Gray Gables and Mashpee Island for sunset at Tidal Flats Recreation Area across the canal from MMA. Return along the canal with a possible stop at the Railroad Bridge for the Energy Train and Aptuxet Trading Post followed by moonrise over the Sagamore Bridge. Contact leader for further information. Ride starts around two hours before sunset. This full Moon is often referred to as the Full Hunter's Moon, Blood Moon, or Sanguine Moon. Many moons ago, Native Americans named this bright moon for obvious reasons. The leaves are falling from trees, the deer are fattened, and it's time to begin storing up meat for the long winter ahead. Because the fields were traditionally reaped in late September or early October, hunters could easily see fox and other animals that come out to glean from the fallen grains. Probably because of the threat of winter looming close, the Hunter's Moon is generally accorded with special honor, historically serving as an important feast day in both Western Europe and among many Native American tribes. L Paul Currier (508-833-2690, 8 am-7 pm, paulbcurrier@comcast.net)

Sat., Oct. 7. Cranberry Country Cruise Bike Ride, MA. Beautiful 35-mile ride through the cranberry country of Rochester, Middleboro, Carver, West Wareham. Easy pace, 12-13 MPH over flat terrain. Ice cream stop near the end at Captain Bonney's in Rochester. To sign up and get start location, email or phone ride leader, Jack Jacobsen, long time fun leader for AMC/SEM. L Jack Jacobsen (508-353-3708, 8 AM- 8 PM, cyclejac51@yahoo.com,)

Sat., Oct. 28. AMC/SEM Annual Meeting Canal Ride, Cape Cod, MA. Come one, Come all to the SEM Annual Meeting Canal Bike Ride We will depart from the Brookside Club in Bourne and ride over to the Cape Cod Canal. Maybe a ride through Mashpee Island for spectacular Buzzards Bay vistas. Note: Check the AMCSEM.ORG web site for additional annual meeting note. All are welcome, members and potential new members. We have an excellent wilderness presenter for the closing talk. L Bernie Meggison (617-930-4029, thosemeggisons@gmail.com, AMC/SEM Bike Chair)

Sat., Nov. 11. Cycling & Wine Tasting, Westport Rivers Winery & Vineyard, Westport, MA. Join us for a beautiful ride through Westport, MA & Tiverton, RI, past farms, conservation lands & the Westport River. Ride will be 25-30 miles, with some hills, at a moderate pace 12-15 mph. We will conclude with a private wine tasting for our group at the Westport Rivers Winery. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com)

CAPE HIKING

Thu., Oct. 5. Hike Herring River Conservation, (C3C), Harwich, MA. Hike dirt roads, woodland trails with water views in Herring River Coservation Area. Meet at 9:45 a.m. Park in small lot on Bell's Neck Rd. or on roadside. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net)

Sun., Oct. 8. Hike--Monk's Park and Little Bay, Bourne, MA. This 2 hour hike over approximately 4 miles is in Bourne Conservation Trust properties of Little Bay and Monk's Park. We will hike wooded trails and a fire road with views of Little Bay from the bluff. A beach walk section will be included with views of Buzzards Bay. The terrain is frequent, moderate rolling hills on the wooded trails throughout the hike. L Robin McIntyre (508-789-8252 Before 9 p.m., robinm McIntyre@comcast.net, Robin is a second year Level 1 SEM/Cape hike leader with WFA training.)

Continued on next page

Activities

For the most current information, [search activities online](#)

CAPE HIKING

Thu., Oct. 12. Hike Falmouth Moraine, Falmouth, MA. Hike approximately 5 miles along the Falmouth Moraine Trail, passing through some hilly, heavily forested areas. This is a one way hike. The pace will be moderate and the terrain is strenuous in parts. Meet in Goodwill Park at 9:45 am promptly for trail talk. From here we will carpool to the start. Not a beginners hike! Sturdy hiking boots are a must. Dress in layers, bring plenty of water, snacks/lunch, personal first aid kit, sunscreen. Be aware that poison ivy is abundant along the trails. This is a known tick habitat. Repellent is strongly recommended. Any questions, call leader Cathy Giordano 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

Sat., Oct. 14. Hike Santuit Pond and River - Mashpee, Barnstable, MA. Hike along woodland trails around Santuit Pond and River past a newly refurbished herring run and hopefully find some witch hazel in bloom. We will also hike around a cranberry bog. Take mid-cape highway to Exit 5 (Rte 149) and turn South to Rte 28. Turn R on Rt. 28 and follow to R on Santuit-Newtown Rd. Go 0.8 mile to yellow gate on L; park on grass along edge of road. Meet at 9:45 am. L Nancy Wigley (508-548-2362 Before 8 PM, nrwigley@verizon.net)

Sun., Oct. 22. Hike Maple Swamp, Service Rd., East Sandwich, MA. Hike historic area which dates back to glacial erosion. This hike has lots of steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

(FT) (NM) Sat., Oct. 28. Stroll Down Memory Lane and Hike Eagle Pond, Cotuit, MA. A great way to connect with fellow members of AMCSEM. This hike will be paced to meet the skills of the group. We will take a walk along cartways and wooded trails to begin the social activities in a healthy way. Eagle Pond is a 106-acre conservation area with history back to the days of the Pilgrims. If desired we can take in a view of Cotuit Bay and hike around a white cedar swamp. There are several benches along the trail so people will have opportunities to stop, rest and hydrate. Rain will cancel event. For directions to meet up area please contact hike leaders. After the hike, join us for the 2017 AMCSEM Annual Meeting and Dinner at the Brookside Club in Bourne. Social hour begins at 4:30 PM. See the link to register for the Annual Dinner. Come and join us! L Jane Harding (508-833-2864 Before 8 PM, janeharding@comcast.net) L Catherine Giordano (cmgiordan@msn.com), R Jane Harding (508-833-2864 Before 8 PM, janeharding@comcast.net)

Thu., Nov. 2. Hike - Mashpee River Woodlands (C3C), Mashpee Neck Rd, Mashpee, MA. Wooded walk along Mashpee River. Take Orchard Rd. off Rte.28 to end. Turn R. then quick L onto Mashpee Neck Rd. Go 1.1 miles to Mashpee River Woodlands Pkg.Lot on R. Meet at 9:45AM. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 PM, farlewis@comcast.net)

Sat., Nov. 4. Hike Bell's Neck Conservation Lands, Sand Pond, Harwich, MA. 4.5mi hike on trails surrounding West Reservoir, cranberry bogs, the herring run and salt marsh. Exit 10 to 124S to end. R on 39S x 1.9 mi to Sand Pond prkg on right. Arrive 9:45 a. m. for a 10:00 start. End 12:15. Heavy rain cancels. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, AMCSEM Level 1 hike & bike leader.)

Thu., Nov. 9. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture out to Quivett Neck and on beach along Cape Cod Bay. Expect soft sand! Directions: RT 6 to Exit 9 and RT 134 North. Follow RT 134 north to traffic lights on RT 6A and turn right. Turn left on School St (Airline Rd on right) then turn right at intersection on South St. Pass cemetery on right and park in small wooded lot on right. L Deborah Hayden (shaferhayden@gmail.com) CL Paul Corriveau

Sun., Nov. 12. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with some moderate hills. It offers views of the ponds. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training) L Deborah Hayden (508-548-8726 Before 9 p.m., shaferhayden@gmail.com, Debbie is a third year Level 1 Cape hike leader and paddle leader.)

Thu., Nov. 16. Hike Quashnet River, Falmouth and Mashpee, MA. Hike in woods surrounding the Quashnet River. Expect rolling terrain and a moderate pace. L Deborah Hayden (shaferhayden@gmail.com)

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CAPE HIKING

Sat., Nov. 18. Hike the Falmouth Moraine, Falmouth, MA. Hike approximately 9 miles along the Falmouth Moraine. Enjoy some densely forested areas, ponds, fresh air and some fall color. Trails vary from wide to a single lane. Roots and rocks abound. A couple of grassy areas and some strenuous hills. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

Sun., Nov. 19. Hike Scorton Creek Sandwich, Old County Rd. East Sandwich, MA. Hike along saltmarsh, through old state game farm and past one of the original pilgrim homesteads. Contour is fairly flat, with lots of roots and some trails may be muddy. Driving Directions from Sagamore Bridge take exit 3 and turn N on Quaker Meetinghouse Rd to 6A and turn R and follow 6A to E Sandwich Post Office and turn R onto Old County Rd and park in horseshoe across from Grange Hall. From down cape take Rte 6 to Exit 4 Chase Rd and turn N and take 2nd L onto Old County Rd and park in horseshoe on L across from Grange Hall. Meet at 12:45 PM for 1 PM hike start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Thu., Nov. 30. Hike Shawme Crowell State Park, Sandwich, MA. Hike cleared trails with some up/down hills. Driving directions from Sagamore Bridge take 1st exit and turn R onto Sandwich Rd and continue to merge with 6A bear L and follow to Rte 130 turn R go short distance entrance to park is on R drive past guard booth and follow road until you come to dumpsters. Park around dumpsters. From upper Cape take Rte 6 to exit 2 and turn L onto Rte 130 follow through town and continue until you see entrance to Shawme Crowell on L drive past guard house and follow road to dumpsters. Meet at 9:45 AM for 10 AM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

(NM) (AN) Thu., Dec. 7. Hike-Barnstable-Crooked Cartway (C3C), MA. Wooded walk to The Walker Point Observation Deck. Take Rte. 149 to Rotary at Cape Cod Airport, Marstons Mills. West on Race Lane for 1.1 miles. Right onto Crooked Cartway to end. Meet 9:45AM. 2 hours. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 pm., farlewis@comcast.net)

Thu., Dec. 14. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills. We will have views of Back River from the Leary Property. Icy trails may be a reason for cancellation of this hike due to the hills. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year SEM/AMC Level 1 hike leader with WFA training.)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Thu., Oct. 5. Thursday Morning Hike at Hammond Pond Reservation, Chestnut Hill, MA. Join us for a 3-4 mile hike in the Hammond Pond Reservation and Webster Conservation area including a trip to a garden, now wild, created by Mrs. Clement S. Houghton in 1906. The hike leader (Paul) will have his well-behaved dog Sunny with him. L Paul Brookes (603-799-4399 After 7am and before 9pm, paulbrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.)

(C) Sat., Oct. 7. Blue Hills Skyline Trail End to End Hike, Blue Hills Reservation, Milton, MA. Join us to hike the Blue Hills from one end to the other with fall color and cool breezes. This is a great hike of about 9 miles with 1300' of elevation as we go up and down most of the hills in the reservation. We'll maintain a moderate pace and expect about a 6 hour day with a planned lunch stop on Buck Hill. L Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com) L Joe Keogh (jpkoe24@gmail.com), R Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com)

(FT) (NM) Sat., Oct. 7. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 18, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)

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HIKING

Sun., Oct. 8. Family Hike in Destruction Brook Woods, Dartmouth, MA. Join us for a leisurely, child-friendly hike through beautiful Destruction Brook Woods in Dartmouth, MA. Hike is geared for children ages 3-10 years. We will hike 2-3 miles. We will explore, talk about the plants & animals, & learn about following trails & Leave No Trace principles. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com)

Thu., Oct. 12. Blue Hills Hike, Skyline Loop, Blue Hills, MA. Thurs. Oct. 12, 10am -1pm. Blue Hills Skyline Loop hike. Moderate pace, on hilly (steep hills) and rocky trails. Not for beginners. Brief visit the Blue Hill Meteorological Observatory. Bring snacks/lunch, water. Sturdy foot wear. Rain cancels. Questions? Contact the leader. Take Route 93 to Exit 3 Houghton's Pond. Turn right at the stop sign onto Hillside Street. Houghton's Pond is located approximately 1/4 mile on the right. Continue 1/4 mile to the Reservation Headquarters on the left. Park in the lot across the street from the headquarters, on the right, where we will meet at 9:45am for a prompt 10:00 am start. L Ken Cohen (508-942-1536 Before 7:00 pm, k-cohen@comcast.net)

Sun., Oct. 15. Hike Mount Tecumseh, Waterville Valley, NH, Mt. Tecumseh, Waterville Valley, NH, NH. Join us for a nice hike and check off a 4000 footer from your list. Moderate paced up and back hike 5 miles RT with 2200 feet of elevation gain. Approximate hiking time of 5 hours plus lunch, snacks and breaks should keep the day under 6 hours. Chance for great leaf peeping adds to the trip! Trip limited to 10 participants. Recent experience with both the length of the hike and the altitude gain required. Proper gear required includes hiking boots/shoes, rain gear, day pack, lunch, snacks, 2 quarts of water and waste disposal gear. Leave no trace principles apply. L Len Ulbricht (781-749-3801, lenu44@gmail.com) CL George Danis (781-749-3801, gedan14@msn.com), R George Danis (781-749-3801, danisdad51@outlook.com)

Thu., Oct. 19. Thursday Morning Hike Wachusett Mountain, Mile High Rd, Westminster, MA. Meet at the Wachusett Mountain Ski Area parking lot, between parking aisles 5 and 6 for a 10:00 am hike. We will hike to the summit via the Balance Rock and Old Indian Trail and loop back down to our cars on the Semuhenna Trail. The 4+ mile hike will take us to the summit of Wachusett, giving us great views of the Boston Skyline to the Berkshire Hills. Bring lunch/snacks, water, sturdy footwear, rain jacket. Steady rain cancels. L Walt Granda (508-999-6038 before 9:00 pm, wigranda@aol.com)

(FT) (NM) Sat., Oct. 21. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 18, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)

Thu., Oct. 26. Thursday Morning Hike at Mt Misery, Lincoln, MA. Join us for a 4-5 mile hike around Mt Misery and Fairhaven Bay. The hike leader (Paul) will have his well behaved dog Sunny with him. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.)

Sat., Oct. 28. Blue Hills Fowl Meadow Hike, Royall St. Canton, MA. Join the 'Red Line the Blue Hills' hikers as they finish their season by hiking 9 miles of Fowl Meadow along the Neponset River. The terrain will be mostly flat and probably wet in some areas. Meet at the end of Royall St. Canton at 9:30. Only non-Red Liners need to register. Red Liners can just show n go. Bring lunch and a smile. L Joe Keogh (508-542-0665 before 9 pm, jpkeo24@gmail.com) L Michael Swartz (swartz@brandeis.edu), R Joe Keogh (508-542-0665 before 9 pm, jpkeo24@gmail.com)

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HIKING

Sat., Oct. 28. SEM Winter Hiking Workshop, Lakewood Hills clubhouse, 7 Kiah's Way, East Sandwich, MA. In the winter months, many of us think about going skiing or escaping to somewhere warm, but have you thought about winter hiking and snowshoeing? Do you like to be active and outside, but the thought of getting cold keeps you indoors? Then come join us for an informative afternoon that will change your mind about hiking and being outdoors in the winter months. You will learn about necessary clothing and gear, nutrition and hydration requirements, winter conditioning, winter issues and how to avoid them and why we love to hike in the winter. The workshop is free to all and is a prerequisite (or prior winter hiking experience) to join us for the SEM Winter Hiking Series. The workshop runs from 12:00-3:30 with clothing and gear demonstrations. Light lunch/snacks will be provided. After the workshop, join us for the SEM Annual Meeting/Dinner at the Brookside Club in Bourne (registration is separate- see listing). L Leslie Carson (508-833-8237 before 9 pm, lrc929@comcast.net, Leslie is a 4-season SEM hike leader who also leads hikes for AMC's August Camp and Adventure Travel.) L Paul Miller (paulallenmiller@verizon.net) L Ken Carson

(FT) (NM) Sat., Nov. 4. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 18, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)

(FT) (NM) Thu., Nov. 9. Thursday Morning Hike, Milton, MA. A 4-5 mile hike along the many trails at Little Blue. L Sue Chiavaroli (508-496-6452 9AM-6PM, brillo6452@yahoo.com)

Thu., Nov. 16. Thursday AM Hike on Bay Circuit Trail through Walpole Conservation Land, 109 Robbins Road, Walpole, MA. Meet at 10am at the VFW Post at 109 Robbins Rd in Walpole for a 4.5 mile hike on the Bay Circuit Trail through Conservation Land. Mostly flat but with a few steep, but short sections up and down eskers. Bring hiking boots,, rain gear, water, lunch. Rain or storm cancels. L Hans Luwald (508-668-0462 Before 9 pm, hans.luwald@gmail.com) CL Debbie Lepore (617-778-4339 Before 9 pm, dlepore2@gmail.com)

(FT) (NM) Sat., Nov. 18. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 18, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)

Thu., Dec. 7. Wilson Mountain/Whitcomb Woods Hike, Wilson Mountain Reservation, Dedham, MA. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. There are well marked trails to the summit of Wilson Mountain on the Dedham/Needham line. Managed by the Massachusetts Department of Conservation and Recreation. After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Forested level trails with views of the Charles River and gazebos. Total hike is 5 - 7 miles at a moderate pace. Bring water snacks/lunch, sturdy footwear/traction devices if icy. Steady rain/snow cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net) CL Walt Granda (508-971-6444 Before 8:00 pm, wigranda@aol.com)

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HIKING

Tue., Dec. 26. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Jan. 2. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Jan. 9. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Thu., Jan. 11. Thursday Morning Hike: Whitney and Thayer Woods (B3C), Cohasset/Hingham, MA. Lovely woods walk across rolling hills on Trustees of Reservations property. Meet at 10:00am in the Whitney and Thayer Woods main parking area. Boots suitable for weather/trail conditions, possibly traction devices or snowshoes, water, winter wear (layers, hats, mittens) and snacks/lunch required. Directions: from Route 3 (Exit 14), take Route 228N for 6.5 miles through Hingham. Turn right onto Route 3A eastbound and follow for 2 miles to the entrance. Parking is on the right. Contact L if weather is questionable. Please carpool if possible, as parking is limited. L Eva Borsody das (borsody@gmail.com)

Tue., Jan. 16. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

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HIKING

Tue., Jan. 23. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Jan. 30. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 6. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 13. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 20. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

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HIKING

Tue., Feb. 27. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Mar. 6. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Mar. 13. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Mar. 30. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

PADDLING

Wed., Oct. 4. Paddle Herring River north, West Harwich, Dennis, MA. Paddle upstream to Coy Brook & to end & then to cut into the East Reservoir & circle it to cut to Herring River for lunch at North road bridge. Afterwards paddle to West Reservoir & see herring run & reverse direction heading directly back to the put-in for 7-8 mile paddle. Wear PFD, bring spray skirt in case of wind, lunch & water. L Paul Corriveau (paulcorri@gmail.com) L Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com)

Sat., Oct. 7. Leader's Choice Paddle, Hall's Creek?, West Hyannisport, MA. If the winds co-operate we'll paddle Hall's Creek in West Hyannisport, typically an easy 6 mile paddle. If the winds don't co-operate, we'll explore the creeks in Barnstable Harbor for a slightly longer paddle. L Ed Foster (erfoster@comcast.net)

Continued next page

Activities

For the most current information, [search activities online](#)

PADDLING

Wed., Oct. 11. Paddle Mashpee/Wakeby ponds, Mashpee, MA. Take rt. 130 to Fishermans Landing Just South of Great Neck Road. Drive down to the put-in, unload and park back up in the lot.. Paddle the Second largest fresh water ponds on cape Cod. fall Colors shoud on display. L Bill Fischer (508-420-4137 before 9pm, wambararafischer@comcast.net)

Sat., Oct. 14. Paddle Long Pond, Harwich/Brewster, MA. Circumnavigate Long Pond checking small lily pond & if there is enough water visit Greenland pond. Lunch on beach and paddle back to put-in for 6-7 mile trip. Wear PDF, bring spray skirt (in case of wind), lunch & water. L Jean Orser (jeanorser@gmail.com) L Paul Corriveau (paulcorri@gmail.com), R Jean Orser (jeanorser@gmail.com)

Wed., Oct. 18. Leader's Choice Paddle, Barnstable Harbor?, Barnstable, MA. We'll probably paddle the creeks of Barnstable Harbor or Hall's Creek in Hyannisport. Which one depends on the winds and where the trip of October 7 ended up going. Check with the leader a couple days before the trip for a better idea of our destination. L Ed Foster (erfoster@comcast.net)

Sat., Oct. 21. Paddle Centerville River from Dowses Beach, Centerville/Osterville, MA. Paddle the Centerville River and Scudder Bay with a possible trip into Nantucket Sound. Directions: From Rt. 28 go south onto Old Stage Road and continue to stoplight. Turn right onto South Main St. and then turn left onto East Bay in Osterville. After East Bay Road bends right (354 East Bay Rd, Osterville), turn left into the Dowses Beach Parking lot. L Bill Fischer (508-420-4137 Before 9pm, wambararafischer@comcast.net)

Sat., Oct. 28. Paddle Walker/Mill Ponds, Brewster, Dennis, MA. Paddle 3 fresh water kettle ponds & narrows between them. See Stoney Brook Grist Mill (1873) & herring run. Lunch either on beach or Slough road picnic area. Continue around ponds back to Punkhorn put-in for about 7 miles. Wear PFD, bring spray skirt (in case of wind), lunch & water. L Jean Orser (jeanorser@gmail.com) L Paul Corriveau (paulcorri@gmail.com), R Jean Orser (jeanorser@gmail.com)

SOCIALS

Sat., Oct. 28. Annual Meeting and Dinner, Bourne, MA. Join us for the 2017 SEM Annual Meeting and Dinner at the Brookside Club in Bourne, MA. Special Guest Speaker from the Mount Washington Weather Observatory "Tales from the Home of the World's Worst Weather". Register using the link http://www.amcsem.org/events_amd.2017.flyer.pdf Hiking and Biking events before the meeting are listed separately on the activities database. L Barry Young (Barry.young@comcast.net)

TRAILS

(C) (FT) (NM) Sat., Oct. 14. Trail Maintenance, Blue Hills Skyline Trail, Canton, MA. Join the SEM Chapter for routine trail maintenance and cleanup on the Chapter's adopted section of the Skyline Trail from the State Police Barracks to Route 28. Maintenance will include clearing steps, water bars, removing loose rocks, etc. Meeting time is 8:50 at Houghton's Pond parking lot, Hillside Street, in the northeast corner near the exit. SEM will supply all tools, gloves and snacks. Please bring water, any special food, wear appropriate clothing (long pants, long sleeve shirt, boots, hat), sunscreen, bug spray, etc. Registration required - contact Skip Maysles at piks126@yahoo.com. L Peter Tierney (Pxtierney@aol.com) CL Skip Maysles (Piks126@yahoo.com), R Skip Maysles (Piks126@yahoo.com)



Happy Trails!