

The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | November 2017

Get SEM activities delivered right to your email inbox!

Sign up for the AMC Activity Digest. email
amcinformation@outdoors.org

Or call 1-800-372-1758

Find past issues of *The Southeast Breeze* on our [website](#).

Like us on [Facebook](#)

Follow us on [Twitter](#)

Have a story for *The Southeast Breeze*?

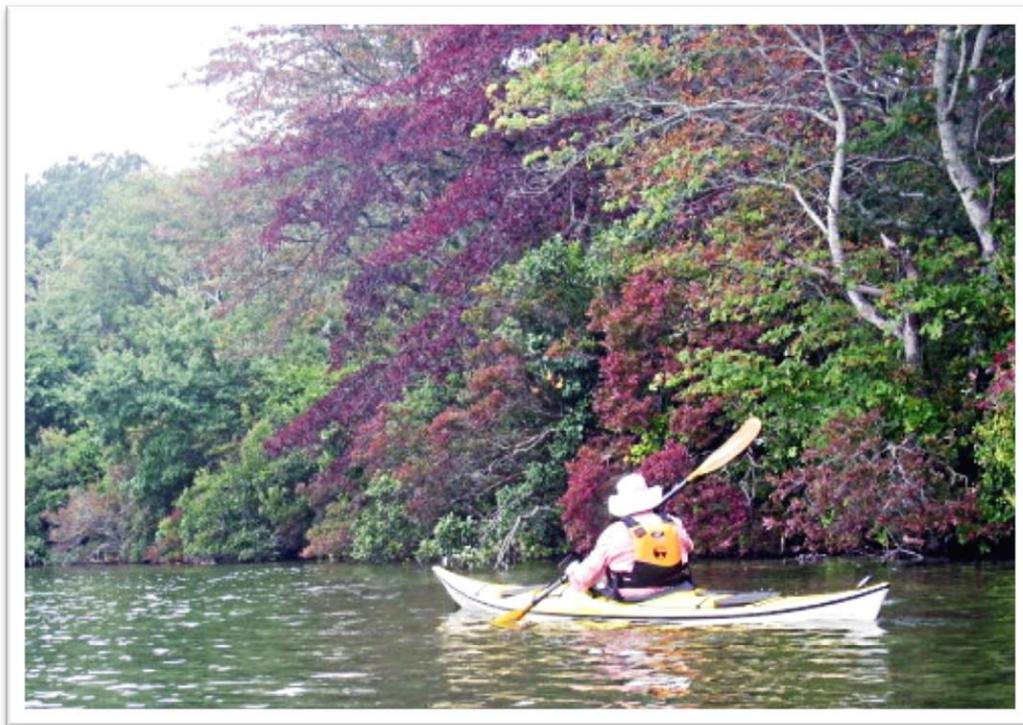
Please send your Word doc and photographs to
breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to breeze.editor@amcsem.org



Ed Foster paddles past red tupelo trees lining Indian Ponds during a September 7th trip.
Photo by Jean Orser

SEM Annual Meeting and Dinner Did Us Proud

By Paul Miller, SEM Communications Chair

Photos by Ken Carson

More than a hundred AMC Southeastern Mass. Chapter members attended our Annual Meeting and Dinner at the Brookside Club in Bourne, Massachusetts on October 28th.

The pre-Meeting social hour gave us all a chance to catch up with old friends and get acquainted with newer members, quite a few who were attending their very first chapter-wide event.

During the brief business meeting that followed, Chapter Chair Barry Young introduced the current executive board members (most of whom will be returning for a second term); Chapter Secretary Ann McSweeney presented the 2017 SEM Annual Report (available for all to read on our website [here](#)); Chapter Treasurer, Patty Rottmeier, provided an update on the chapter's solid financial position; and Alan Greenstein from the nominating committee presented the slate of officers for the coming year.

Continued on page 3

View from the Chair: “Calling all Volunteers!”

What a turnout for our recent SEM Annual Meeting and Dinner, over 100 people in all! Of these, approximately 20 were attending their first meeting and over half were volunteers in some capacity with our SEM Chapter. We held 324 events last year, with the numbers for most activities (hikes, paddles, biking, trail work, workshops, etc.) up significantly over the year before. These activities were led by 64 leaders, all volunteering their time and having fun doing it.



During the Annual Meeting portion of the meeting, we elected the incoming Executive Board for 2018. On a very positive note, many of the Board members are returning for another year which will provide the Chapter with great continuity and consistency. On the downside, we have one opening on the Board, Chapter Vice Chair, and several Committee Vice Chair positions remain unfilled.

From talking with many of the attendees, I know there were some recent retirees, people about to retire, and some “empty nesters” in attendance. Some of the people about to retire expressed a concern and were questioning how they were going to fill up their time now that they were not going to work every day. Well, I have a great answer for you! How about getting involved with your AMC SEM Chapter? We can surely use your help, whether it be 30 minutes a week or 3 hours a week. I’m sure we can find something that interests you and affords you the opportunity to give back to a great club.

AMC is the oldest outdoor conservation club in the United States, founded in 1876. At the risk of trying not to sound too political, I think we would all agree times are tough right now for finding funds for conservation and the outdoors. So what better way to help out and volunteer some of your time to the Chapter and its causes? We provide free leadership training for volunteers as well as free skills-based training. What could be better than this—meeting new similarly minded friends and learning new skills!

As we approach the winter season, there is still plenty to do outside. This year our popular Winter Hiking series will have six hikes instead of the usual four—surely one of those hikes should fit your schedule. We also have some snowshoe events, ski events, and full moon hikes coming up, so stay tuned to the website for new activities being posted all the time. And if you do attend an event, bring a friend—attendees at our events do not have to be AMC members to participate. You can find all our activities (hike, bike, paddle, trail work, snowshoe, volunteer) at our website: www.amcsem.org

Hope to see you outside!
Barry Young, AMCSEM Chapter Chair

2018 Executive Board

Chapter ChairBarry Young	Communications ChairPaul Miller	Membership ChairSandy Santilli
Vice ChairOPEN	Communications Vice ChairOPEN	Membership Vice ChairOPEN
SecretaryAnn McSweeney	Conservation ChairBill Cannon	Membership Vice Chair ... Ellen Thompson
TreasurerPatty Rottmeier	Conservation Vice ChairOPEN	Paddling ChairEd Foster
Past Chapter ChairMaureen Kelly	Education ChairDoug Griffiths	Paddling Vice ChairOPEN
Biking ChairBernie Meggison	Education Vice ChairOPEN	Skiing ChairJeannine Audet
Biking Vice ChairOPEN	Hiking ChairMike Woessner	Skiing Vice ChairOPEN
Cape Hiking ChairJane Harding	Hiking Vice ChairGeorge Danis	Trails ChairPeter Tierney
Cape Hiking Vice ChairCathy Giordano		Trails Vice ChairWayne Anderson
		Trails Vice Chair.....Skip Maysles

Ad Hoc Committee Chairs & Other Chapter Contacts

Social Director.....OPEN	Webmistress..... Cheryl Lathrop	Contact chair@amcsem.org if you are interested in any OPEN position.
Social Vice ChairOPEN	The Breeze Editor.....Mo Walsh	
Social Media AdministratorChristine Racine	Blast Editor.....Marie Hopkins	
Social Networking Moderator.....Sue Mulligan		



A welcome from Membership Committee Vice Chair Ellen Thompson and Membership Chair Sandy Santilli.

SEM Annual Meeting

Continued from page 1

Alan commented that while we have a full slate of chapter- and committee-level chairs, it would be great if we could fill many of the open vice-chair positions to ensure leadership continuity in the coming years. In good parliamentary procedure form, Alan then asked for someone to move to accept the slate, someone else to second the move, and then called for a show of hands in favor of approving the slate.

Following the official business meeting, Faith Salter, AMC director of volunteer relations, first took an opportunity to compliment us all on the vibrancy of our chapter and the leadership we apparently provide to other AMC chapters in terms of technology adaption and other areas. (Pretty darn good for such a small chapter!)



Faith Salter of AMC

Faith then provided us with an update on the recent move of the AMC headquarters staff from the venerable brownstone building on Joy St. on Boston's Beacon Hill, to new (actually refurbished) digs across the Mystic River

in Charlestown. Faith also briefed us on the progress of the AMC's Diversity, Equity, and Inclusion initiative.

We then all enjoyed an excellent buffet dinner, followed by coffee and humungous homemade cookies.

After dinner, came the awards portion of the evening, intended to recognize the contributions of our outstanding volunteer leaders. Joe Keogh, who spearheads our popular Red Line the Blue Hills (RLBH) hiking series year after year, received the chapter's annual Distinguished Service Award. Walt Granda and Maureen Kelly received Hiking Committee Awards; John Gould and Jane Harding received Cape Hikes Committee awards; and Maureen Kelly and Leslie Carson received Chapter Chair Awards.



Will Broussard from Mt. Washington Observatory.

Finally, our guest speaker Will Broussard from the Mt. Washington Observatory, gave his fascinating presentation; "Stories from the Home of the World's Worst Weather," which certainly left us all with a better appreciation of what it takes to be a year-round weather observer atop Mt. Washington.



Distinguished Service Award winner Joe Keogh, left, with Alan Greenstein. All photos by Ken Carson

Continued on page 4

Dinner Get-Together

Continued from page 3



“Trail Crew” members Skip Mayses, left, Susan Dew, and Pete Tierney.



Jane and Barry Young



Hadley Donaldson, Sandy Santilli, and Brooke Igo



Outgoing and Incoming Hiking Chairs Leslie Carson and Mike Woessner.



“The Cape Table”: Susan Harding, left, Jane Harding, Cathy Giordano, and Kathy Selfe

2017-2018 SEM WINTER

HIKING SERIES

- #1 Nov. 18th—Blue Hills, Canton/Milton, MA
- #2 Dec. 2nd—Welch-Dickey, Waterville Valley, NH
- #3 Jan. 6th—Mt. Kearsarge North, Intervale, NH
- #4 Feb. 3rd—Mts. Tom and Field, Crawford Notch, NH
- #5 Mar. 2nd-4th—Zealand Hut Weekend, Twin Mtn., NH
- #6 Mar. 11th—Mt. Liberty—Franconia Notch, NH

ADDITIONAL WINTER HIKES

- Snowshoe Hikes**—Dec. 16th, Jan. 20th (Anne Duggan)
- Sunday Morning Hikes**—Nov. 26th, Dec. 10th, Dec. 24th, Jan. 14th, Feb. 18th, Mar. 18th (Maureen Kelly)
- Noble View Weekend**—Feb. 9th–11th (Walt Granda)



Get ready to White Line the Blue Hills

Written by Paul Brookes, Hike Leader

Fall is moving along, and it's time to start thinking about winter activities, and that includes White-Lining the Blue Hills (WLBH). This is hiking all the trails in the Blue Hills in the "winter," from the Winter Solstice to the Spring Equinox. It may take you several years to complete this one! Unlike colored lining, which runs serially (first red, then blue, then green, etc.), and runs all year long, White Lining may run in parallel with colored lining, but you can't count the same trail for both—unless you walk it twice!

Cathy MacCurtain, Pat Achorn, and I are happy to be running the series again this winter. If you would like to register, please email PaulBrookes1966@outlook.com, and then answer a few questions about your hiking experience. If you remind me that you hiked with us last year, then I will not need to rescreen you.

Nothing much will change from the way we did things last year. We will meet Tuesday mornings somewhere in the

Blue Hills, ready to hike at 10 am. Registered hikers will receive an email the prior week that will provide the upcoming meeting location and hike details.

We will hike at an enjoyable moderate pace and have lunch on the trail. We intend the pace and distance to be relaxed enough that folks can both socialize and enjoy the winter vistas while getting a bit of exercise. This is not a conditioning series.

As with last year, the hikes will run from the winter solstice to the spring equinox. This year that means the first hike is the day after Christmas. Yay to working off some of that Christmas pudding! As with last year, register once and come whenever you want. Come only when the snow is virgin and the days are sunny, or test yourself on weeks when it's cold and the trails are icy. It's totally up to you.

We look forward to seeing some of you again this year, as well as some new faces.

Wishing us snow-filled days,
Paul, Cathy, and Pat

Great season's end for Red-Liners

By Bill Cannon, Conservation Chair

The Red Liners finished up the season with a 9.5-mile hike in Fowl Meadow along the Neponsett River on the 28th of October. It was a perfect fall day. Twenty-one hikers started out at 9:30 am off Neponsett Valley Parkway. The woods and river were beautiful.

The trails were a little overgrown from lack of summer use, but the group managed to get through.



In our last mile along the river, we came upon a dozen trees being cut by beavers. Quite an unusual find!

If you are interested in hiking with the Red Liners, keep an eye on the AMC SEM web site this spring when we start up again.

Above: The 2017 season for AMC SEM's Red-Lining the Blue Hills Hiking series ended on a beautiful autumn day.

Left: One of a dozen trees gnawed by beavers along the Neponsett River.





Bill heads into the morning mist.

Fog lifts for Indian Ponds kayakers

Written by Bill Fischer, Paddling Leader

Trip Report: Wednesday, **September 27, 2017**

Location: Indian Ponds, Marstons Mills

Leader: Bill Fischer **Paddlers:** Paul Corriveau, Ed Foster, Carol Houghton, Jean Orser

The trip started out very foggy but we know the waters very well and the fog was expected to lift shortly. It did. We took a right out of the put-in and paddled close to shore along Middle Pond and after about a mile and a half we took the cut into Mystic Lake. The cut was as wide as any of us could remember for this late in the season. We continued to hug the shore the length of Mystic Lake and then went around the Island at the far end of the lake before stopping for lunch at the Race Lane Put-in. There was a short rain shower during lunch but it caused no problems and Jean's brownies were great, as usual.



Rain can't compete with Jean's brownies.



Carol, Ed, Paul, and Bill paddle into the lifting fog.



Paul drags Ed across shallows blocking the herring run inlet.

After lunch we paddled back to Middle Pond staying on the right shore. When we got to the Herring run in Middle pond there was a sand shoal built up that prevented Kayaks from going any further but Paul pulled all of us over so we were able to paddle in that area. The fall colors were just starting to show in some trees. Both ponds were very calm and it turned out to be a nice, easy 5 mile paddle.



Ed and Bill in the inlet to the herring run.

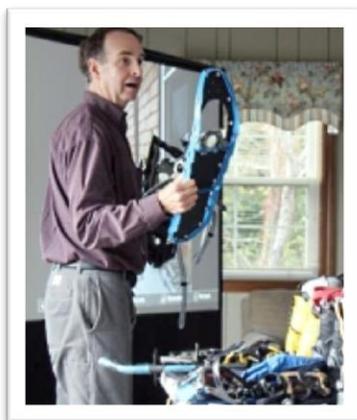


SEM Winter Hiking Series Workshop Instructors Ken, left, and Leslie Carson, Dexter Robinson, Paul Miller, Ann Duggan, and Maureen Kelly. Photos by Ken Carson

Pre-Annual Meeting & Dinner: Winter Workshop, Hike, and Bike Ride **Written by Paul Miller, Communications Chair**

As has become our tradition in recent years, SEM members and their friends and relatives had an opportunity to join in a variety of nearby activities in the afternoon prior to our Annual Meeting in Bourne. This year, those activities included a gentle and sociable hike on the Cape, a scenic bike ride along the Canal, and our annual Winter Hiking Series Workshop in Sandwich, MA.

This year's winter workshop drew 20 participants, who learned about the joys (and challenges) of winter hiking, as well as how to dress, what to bring, and how to get in shape for safe and enjoyable winter hiking. The leaders also discuss the expanded schedule of progressively more challenging hikes for this year's Winter Hiking Series, designed to gradually increase the skill and comfort levels of series participants, who typically are already experienced three-season hikers.



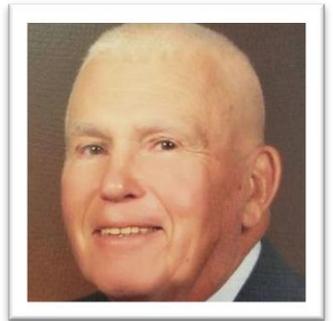
Dexter Robinson discusses snowshoe options.

A Tribute to Dave Williams

A touching moment at the recent SEM Annual Meeting was Nancy Wigley's moment of silence in remembrance of Dave Williams, a long-time SEM member and popular activity leader who passed away on October 26th following a brief illness.

His obituary notes, "Dave was an avid outdoorsman and enjoyed camping, hunting, fishing, bicycling, kayaking and canoeing. He and Barbara...led many canoe trips on the Saco River in Maine."

According to Nancy, "Dave Williams and his wife Barbara will be greatly missed. It was on AMC canoe-camping trips that I got to know them and learned so much about canoe/camping from them. The time spent on those trips were some of the happiest days of my life. I appreciated the opportunity at the Annual Meeting to have everyone join me in a moment of silence in remembrance of someone who made such a difference in the lives of others."



We'll all miss you Dave!

Here is a [link](#) to Dave's full obituary.



November 4th Cape Hike through Bell's Neck Conservation, Harwich. Left to right: Dave Selfe, Richard Kaiser, Barbara Gaughan, Amber Lavelle, Susan Harding, Jane Harding, Janet Kaiser, Carol Thompson.



Photo by Ken Carson



Volunteer of the Month: Walt Granda Written by Leslie Carson, Hiking Chair

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to lead terrific trips. This month the Hiking Committee recognizes WALT GRANDA for his continuing contributions.

Walt became an AMC member in 1997, but wasn't really involved in AMC activities until 2006. In 2009, he became a hike leader for the SEM Chapter and has led day and overnight hikes in Massachusetts and New Hampshire. A few years later, Walt volunteered to be the SEM Hiking Vice Chair, then moved into the position of Hiking Chair. For the past six years, he has been organizing, as well as leading, the well-attended Thursday Morning Hikes that explore various local spots around Massachusetts and Rhode Island. Another one of the roles Walt has taken on has been organizing the popular February Noble View Snowshoe and X-C Ski Weekend in Russell, MA.

Thank you, WALT, for all you do! Walt will receive a Volunteer of the Month Certificate and a \$50 gift card.



The October family hike included "Leave No Trace" lessons and a scavenger hunt. Photo by Maureen Kelly

October Family Hike: Destruction Brook Woods

Written by Jeannine Audet

A lively group of 16 hikers walked the wooded trails of Destruction Brook Woods in Dartmouth, MA, on October 18th, led by Jeannine Audet and Maureen Kelly. The kids ranged in age from three to thirteen. Several members of our group were Girl Scouts, with one Boy Scout.

They learned about following trail maps and blazes and "Leave No Trace" principles. They filled out scavenger hunt sheets when they found mushrooms, evidence of animal homes, and other features, and shared their family experiences hiking and camping. Stops along the way included Alice's Spillway and Ella's Bridge, where we watched Mallard ducks and watched leaves and sticks follow the flow of Destruction Brook. The weather cooperated: the rain held off just until we finished our hike!



Photo by Jeannine Audet



The spartina grass turns autumn gold. *Photos by Jean Orser*

Mist in the marshes of Squaw Island

Written by Jean Orser

Trip Location: October 7, 2017 **Location:** Squaw Island Marshes, West Hyannis Port

Leader: Ed Foster **Paddlers:** Paul Corriveau, Bill Fischer, Louise Foster, Jane Harding, Debbie Hayden, Carol Houghton, Jean Orser

At launch time there was a light wind, fog, and mist, and a gentle swell breaking on the beach made the launch a little tricky. As we headed east along Nantucket Sound, glasses fogged up from the mist and even those with terrible eyesight said they could see better without their glasses.

We paddled into the marsh behind Squaw Island and proceeded counter clockwise around it. The water was calm and beautifully clear. We had lunch at an association picnic area at the end of 5th Ave/Cross Street. The locals didn't seem to mind, but then someone arrived with a boat trailer to pull his boat. Since our kayakers were spread across the ramp to the water, we cut our lunch short to launch our boats and get out of his way.

After lunch we paddled up the creek at the west end of the marsh, not quite getting all the way to Craigville Beach Road. Then we turned around and headed back into the sound to return to the put-in, still surrounded by fog. Once at the put-in, we'd no sooner loaded the boats onto the cars than the fog lifted completely and we could see for miles! Still it was a beautiful 6.2-mile trip.



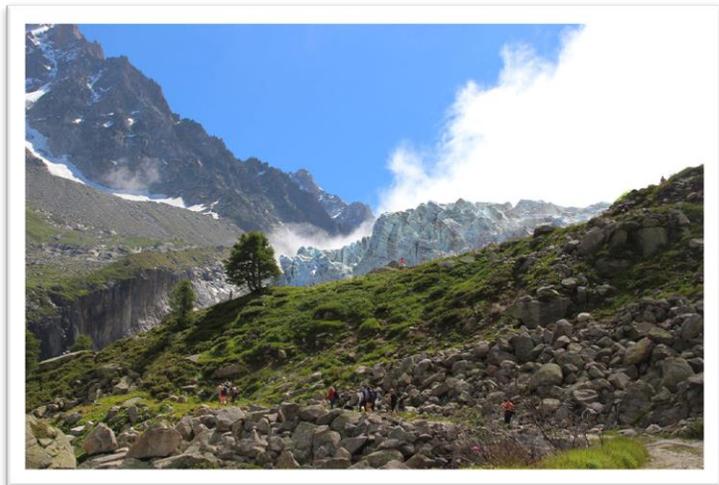
Fog and small swells breaking on shore at the put-in.



Louise discovers glasses do not help in fog.



The weather is always right for lunch.



The Chamonix valley surrounded by Mont Blanc. *Photo from www.chamonix.com*

Day-Hiking the French and Swiss Alps

Written by Len Ulbrecht

AMC Adventure Travel Trip # 1838:

August 11-20, 2018

Our trip will be based in Chamonix, France, and Zermatt, Switzerland. In Chamonix, we will be surrounded by Mont Blanc, the highest mountain in the Alps, and many of our hikes will have views of the mastiff and its glaciers. We will then head to Zermatt for views of another great mountain—the Matterhorn (the sixth highest peak in the Alps and one of the best known because of its unique shape)—while we hike through charming Swiss villages, past alpine tarns (lakes), and through alpine meadows.

Anticipated highlights include hiking for five (5) spectacular days; rides in mountain gondolas and funiculars (an underground cabled railway); a tour of Geneva; a visit to Chamonix's *L'Aiguille du Midi*, where you can choose to step out onto The Void; and visiting "the most attractive hamlet" in Switzerland—Findeln.

We'll take time to explore the towns, meet the locals and socialize! This trip is designed for social, fit people with the luxury of hotels and good meals at the end of the day.

Trip cost of \$2,950 includes: lodging, most meals, one Geneva lake/city tour, all ground transport. Airfare is not included. The AMC trip listing can be found [here](#). For further information, contact trip leader Mike Darzi, mike.darzi@gmail.com, or co-leader Len Ulbricht, lenu44@gmail.com.

Volunteer with AMC

Now is the time to apply to volunteer at AMC's Huts & Lodges for the 2018 season. Help others enjoy the outdoors and learn about the natural world!

Information Volunteers greet guests in a friendly manner, orient them to the facility, and offer advice about nearby hiking trails, outdoor gear, and activity programming. They provide information about conservation and natural history, promote AMC membership, and may lead evening programs or nature walks. Volunteers at lakeside lodges also help guests with boats and waterfront equipment; and volunteers in the huts and at Hermit Lake also assist with retail sales. Information Volunteers serve at AMC's backcountry huts, at Hermit Lake Shelters, and at these AMC lodges: Medawisla, Mohican, Harriman, Pinkham, Highland, and Cardigan.

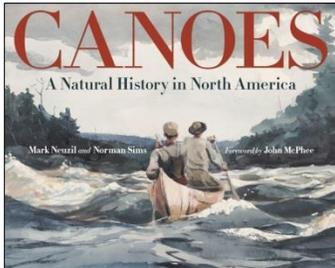
Volunteer Naturalists provide outreach in AMC's backcountry huts, primarily by sharing information about local natural history during evening programs. Naturalists can offer a variety of programs over a few days, or focus on just one or two topics; they can gear their programs toward kids, adults, or both. In addition to evening programs, Volunteer Naturalists offer short talks after breakfast, help guests with hike planning, and may offer afternoon nature walks.

For more information, and to request an application, please [contact Kyra Salancy](#), AMC's Outdoor Program Centers Volunteer Coordinator.



Activities

For the most current information, [search activities online](#)



Spend an evening on the New England National Scenic Trail

Thursday, Nov. 30 at 6 PM-8 PM, Jones Library, 43 Amity St, Amherst, MA Come spend an evening with the Appalachian Mountain Club to learn more about the New England National Scenic trail and hear music inspired by the trail, performed by NET Artist-in-Residence Ben Cosgrove. The evening will also include the opportunity to learn about the history of canoes in North America from writer Norman Sims and find out how you can take a canoe on the Massachusetts stretch of the Connecticut River Paddlers Trail.

Hiking Key:

C4D

Indicates distance in miles

AA 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1 very fast

2 fast

3 moderate

4 leisurely

Indicates terrain

A very strenuous

B strenuous

C average

D easy

Found in the description

L Activity leader

CL Activity co-leader

FT First Time

NM ... New Members

AN Advance Notice

C Conservation

BICYCLING

Sun., Dec. 3. Full Cold Moon Road Cycling, Scussett Beach, Bourne, MA. Full Cold Moon Road Cycling Canal area, Mainland side, 22+/- Miles/ 2 +/- hours. Flats and hills. Registration required. E-mail paulbcurrier@comcast.net We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff. Return to the recreation area and along the canal to Buzzards Bay for sunset at MMA or on Three Mile Outlook. Then back along the canal for moonrise over the Sagamore Bridge or at the end of the canal service road. Contact leader for registration or further information. Ride starts 2 or 3 hours before sunset. This is the month when the winter cold fastens its grip and the nights become long and dark. This full Moon is also called the Long Nights Moon by some Native American tribes. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net).

CAPE HIKING

Thu., Nov. 30. Hike Shawme Crowell State Park, Sandwich, MA. Hike cleared trails with some up/down hills. Driving directions from Sagamore Bridge take 1st exit and turn R onto Sandwich Rd and continue to merge with 6A bear L and follow to Rte 130 turn R go short distance entrance to park is on R drive past guard booth and follow road until you come to dumpsters. Park around dumpsters. From upper Cape take Rte 6 to exit 2 and turn L onto Rte 130 follow through town and continue until you see entrance to Shawme Crowell on L drive past guard house and follow road to dumpsters. Meet at 9:45 AM for 10 AM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sat., Dec. 2. Hike-Brewster, Punkhorn Parklands, Brewster, MA. Wooded, hilly trails with pond views. Route 6 Exit 9B, 2 miles to a right on Setucket, then bear right at Stony Brook Road. In 0.3 miles, turn right on Run Hill Road. 1.3 miles to parking lot on the left. Meet 9:45 a.m. 2.5 hours. Hiking boots and poles recommended. Bring water, snacks. L Janet Kaiser (508-432-3277 before 9 p.m., jkaiser@comcast.net) CL Paul Corriveau (paulcorri@gmail.com)

(NM) (AN) Thu., Dec. 7. Hike-Barnstable-Crooked Cartway (C3C), MA. Wooded walk to The Walker Point Observation Deck. Take Rte. 149 to Rotary at Cape Cod Airport, Marstons Mills. West on Race Lane for 1.1 miles. Right onto Crooked Cartway to end. Meet 9:45AM. 2 hours. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 pm., farlewis@comcast.net)

Sat., Dec. 9. Hike Old Mans Trail, West Barnstable Conservation Area, West Barnstable, MA. Strenuous hike with lots of hills. Over 700 feet of rise and fall. We will reach highest point in Barnstable of 232 feet. Just under 5 miles with a pace of 2 1/2 miles per hour. Good hiking shoes and hiking poles are recommended. From exit 4 go south (away from Cape Cod Bay) 1 mile and park under high tension lines. L David Selfe (508-771-0620 Before 8 pm, kdsselfe@comcast.net)

Continued on next page

Activities

For the most current information, [search activities online](#)

CAPE HIKING

Thu., Dec. 14. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills. We will have views of Back River from the Leary Property. Icy trails may be a reason for cancellation of this hike due to the hills. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year SEM/AMC Level 1 hike leader with WFA training.)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

(FT) (NM) Sat., Nov. 25. Hike (part of) Pachaug Trail, Exeter, R.I., Exeter, RI. Let's stretch our legs and walk off some Thanksgiving dinner. This hike will skirt Beach Pond, and take us through some pretty, fern-lined ledges before reaching the lake edge again. This forested path has some mild ups and downs, but not strenuous. We plan to walk about 2.5 miles to a beach front spot for lunch or snack, then return the same route, for a total of approx. 5 miles. If the weather is wonderful and folks would like, we can extend the hike a bit further. **THIS IS HUNTING SEASON, WEARING ORANGE IS A MUST.** Wear sturdy footwear and clothing layers of fleece/down, no cotton please. L Peggy Qvicklund (774-893-3011 any time before 9 pm., qvickan@comcast.net) L Walt Granda (wlgranda@aol.com), R Peggy Qvicklund (774-893-3011 any time before 9 pm., qvickan@comcast.net)

Sun., Nov. 26. Winter Morning Out Hike at Myles Standish State Forest, Carver, MA. Enjoy the winter season by getting out and hiking in it. Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in about 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. There is no hunting in the State Forest on Sundays but bring blaze orange anyway. L Maureen Kelly (617-943-4288, mokel773@aol.com, Maureen is a 4 season hike leader for AMC SEM.) L John Bescherer

Sun., Nov. 26. Family Hike at Weetamoo Woods, Weetamoo Woods Tiverton, RI. Join us for a 2-3 mile hike in scenic Weetamoo Woods. We will hike at a leisurely pace, to explore the trails, talk about the history of the area & the wildlife, and learn about following maps & trails & Leave No Trace principles. The trails are fairly flat but rocky; suitable for children ages 5 to 12 years. Wear hiking boots. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com)

(FT) (NM) Thu., Nov. 30. Thursday Morning Hike Ridge Hill Reserve, Collins Corner Road, Dartmouth, MA. Meet 9:45 at the Collins Corner parking lot for a 4+ mile hike. The 175-acre reserve is one of the 50 reserves that is protected by the Dartmouth Natural Resources Trust (DNRT). The property lies just south of the Copicut Reservoir between the Copicut and Shingle Island Rivers also border's the 14,000-acre "Southeastern Massachusetts Bioreserve". Required equipment: backpack, rain gear, hiking shoes, water, snacks, and lunch. It is hunting season so orange vests and orange hats are recommended. Heavy rain will cancel. Parking is limited so try to car pool. L Walt Granda (508-999-6038 before 9:00 pm, wlganda@aol.com)

Sat., Dec. 2. Welch-Dickey Loop Hike, Mt. Welch and Mt. Dickey, NH. 2017-2018 SEM Winter Hiking Series event. Total loop distance is 4.4 miles with an 1800-foot elevation gain. Full winter gear required plus snacks and lunch. Depending on conditions snowshoes and/or microspikes may be optional. Registration required. Rt. 93 north to RT 49 (NH) exit. 4.5 miles after junction with NH 175 turn left onto Upper Mad River Road. In 0.7 miles turn right on Orris Road. Follow for 0.6 miles, turn right at fork and park. L Maureen Kelly (mokel773@aol.com) L Leslie Carson (ltc929@comcast.net) L Paul Miller (paulallenmiller@verizon.net) CL George Danis R George Danis (339-236-0597 After 6:00 PM, dansdad51@outlook.com)

(FT) (NM) Mon., Dec. 4. Full Moon at Borderland State Park, 259 Massapoag Ave, Easton, MA. Hike in the moonlight at Borderland State Park. This hike will be at an easy to moderate pace, be 4-5 miles and will last approximately 2 hours. Headlamps/flashlights, water, and sturdy footwear are a must. Wear appropriate clothing for the weather. Registration is required for this activity. Participants will be sent trip details after registering. Parking fee or pass required for this state park. L Patricia McNally (508-212-0330, pmcally@comcast.net) L Nancy Coote (508-596-8222, cranstonst22@gmail.com) CL Bill Cannon (508-649-6730) R Bill Cannon (bcannon56@gmail.com)

Continued on next page

Activities

For the most current information, [search activities online](#)

HIKING

Thu., Dec. 7. Wilson Mountain/Whitcomb Woods Hike, Wilson Mountain Reservation, Dedham, MA. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. There are well marked trails to the summit of Wilson Mountain on the Dedham/Needham line. Managed by the Massachusetts Department of Conservation and Recreation. After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Forested level trails with views of the Charles River and gazebos. Total hike is 5 - 7 miles at a moderate pace. Bring water snacks/lunch, sturdy footwear/traction devices if icy. Steady rain/snow cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net) CL Walt Granda (508-971-6444 Before 8:00 pm, wigranda@aol.com)

Sun., Dec. 10. Winter Morning Out Hike at Myles Standish State Forest, Carver, MA. Enjoy the winter season by getting out and hiking in it. Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. There is no hunting in the State Forest on Sundays but bring blaze orange anyway. L Maureen Kelly (617-943-4288, mokel773@aol.com) L John Bescherer L Jeannine Audet

(FT) (NM) Thu., Dec. 14. Borderland State Park/Bay Circuit Trail Thurs. AM Hike, Borderland State Park, MA. Meet at 10AM at Borderland SP parking lot on Massapoag Avenue on the Sharon/North Easton border for a six-mile hike, including portions of the Bay Circuit Trail with pond views. Bring water, lunch, layers, sturdy footwear. Rain or storm cancels. Parking fee is \$5.00 for residents, \$6.00 for non-residents.. L Deborah Lepore (617-778-4339 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 before 9 pm, Hans.Luwald@GMail.com)

(NM) Thu., Dec. 21. Rocky Woods Hike, Rocky Woods Trustees of Reservations, MA. Join us on this hike to welcome winter, the Winter Solstice occurs at 11:28 am! The trails at Rocky Woods have gentle ups and downs, with one moderate climb to Lookout Point, the site of a former fire tower. Be prepared for winter temperatures, fleece, down and wind/rain jacket. Please no cotton clothing. Traction devices for the boots may even be necessary. Heavy rain or difficult driving conditions cancels. Please contact leader with any questions. L Peggy Qvicklund (774-893-3011 until 9pm., qvickan@comcast.net)

Tue., Dec. 26. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Jan. 2. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Continued on next page

Activities

For the most current information, [search activities online](#)

HIKING

Tue., Jan. 9. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Thu., Jan. 11. Thursday Morning Hike: Whitney and Thayer Woods (B3C), Cohasset/Hingham, MA. Lovely woods walk across rolling hills on Trustees of Reservations property. Meet at 10:00am in the Whitney and Thayer Woods main parking area. Boots suitable for weather/trail conditions, possibly traction devices or snowshoes, water, winter wear (layers, hats, mittens) and snacks/lunch required. Directions: from Route 3 (Exit 14), take Route 228N for 6.5 miles through Hingham. Turn right onto Route 3A eastbound and follow for 2 miles to the entrance. Parking is on the right. Contact L if weather is questionable. Please carpool if possible, as parking is limited. L Eva Borsody das (borsody@gmail.com)

Sun., Jan. 14. Winter Morning Out Hike at Myles Standish State Forest, Carver, MA. Enjoy the winter season by getting out and hiking in it. Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. L Maureen Kelly (617-943-4288, mokel773@aol.com) L John Bescherer L Jeannine Audet

Tue., Jan. 16. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

(FT) (NM) Sun., Jan. 21. Hike North Hill Marsh Wildlife Sanctuary, Duxbury, MA. Pleasant 3 mile woody loop around Marsh Pond with possible sightings of ducks, geese and various other birds, cranberry bogs, followed by a 1.6 mile loop around little kettle holes which includes a portion of the 1623 Green Harbor Trail. There are some hills and uneven terrain, lots of roots, and flatter areas. Bring 1-2 liters of water, snacks, lunch, sturdy winter boots, a rain jacket, and layers for warmth. Hiking poles are optional. Light traction devices may be needed if snow is present (MicroSpikes, stabilicers, etc.). L Barry Young (508-339-3089 Before 9 PM, Barry.young@comcast.net) CL Claire MacDonald (781-582-0316 9am - 9pm, cfmacdonald@hotmail.com), R Claire MacDonald (781-582-0316 9am - 9pm, cfmacdonald@hotmail.com)

Tue., Jan. 23. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Continued on next page

Activities

For the most current information, [search activities online](#)

HIKING

Tue., Jan. 30. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 6. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

(AN) Fri., Feb. 9-11. Winter Hiking and Cross Country Ski Weekend-Noble View, Noble View Outdoor Center, 635 South Quarter Rd, Russell, MA. Join the SEM Chapter for a winter weekend at Noble View Outdoor Center in Russell, MA, approximately 100 miles west of Boston. Hiking, snowshoeing, and cross-country skiing will be offered, depending on conditions. Participants will need to bring their own equipment. Limited to 28 participants. \$105/person for members and \$115 for non-members. Includes 2 nights group lodging, all meals starting. L Walt Granda (508-999-6038 Before 9:00 pm, wigranda@aol.com) L Jeannine Audet L Paul Brookes (603-799-4399, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Walt Granda (508-999-6038 before 9:00 pm, wigranda@aol.com)

Tue., Feb. 13. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Sun., Feb. 18. Winter Morning Out Hike at Myles Standish State Forest, Carver, MA. Enjoy the winter season by getting out and hiking in it. Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. L Maureen Kelly (617-943-4288, mokel773@aol.com) L John Bescherer L Peggy Qvicklund

Continued on next page

Activities

For the most current information, [search activities online](#)

HIKING

Tue., Feb. 20. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 27. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Mar. 6. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Mar. 13. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Sun., Mar. 18. Winter Morning Out Hike at Myles Standish State Forest, Carver, MA. Enjoy the winter season by getting out and hiking in it. Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. L Maureen Kelly (617-943-4288 before 8 pm, mokel773@aol.com) L John Bescherer

Continued on next page

Activities

For the most current information, [search activities online](#)

HIKING

Tue., Mar. 30. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camacurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

TRAILS

Sun., Nov. 19. Trail Work, Warner Trail in Foxboro, MA. Trail clean up at F. Gilbert Hills State Forest, Foxborough, MA on the Warner Trail. Work will be from approximately 9 AM till Noon. Meet at 8:50 AM at MOMS - Motorcycles of Manchester South , 1000 Washington Street (Route1), Foxborough, MA. Work will consist of easy maintenance clearing steps, trimming vegetation, removing loose rocks, etc. AMC SEM will supply tools gloves and snacks. Please bring water, any special food, wear appropriate clothing (long pants/long sleeve shirt, boots, hat), sunscreen, bug spray, etc. After the event at 12:15, We will have the first annual end of year luncheon (free) of the SEM Trail Committee to express thanks to all who helped and make plans for next year's events. L Barry Young (Barry.young@comcast.net) L Peter Tierney CL Skip Maysles (Piks126@yahoo.com), R Skip Maysles (Piks126@yahoo.com)

What do you love about winter hiking?



“When I put on a pair of snowshoes and trudge through fresh snow I feel 8 years old again!”
Anne Duggan

“Brilliant blue skies against snow laden evergreens. And yes, no roots!” Peggy Qvicklund

“Snow! No people on the trails, no leaves on the trees, no roots & rocks underfoot.”
Cheryl Lathrop

“The stillness and solitude of the mountains and forests in winter.” Ken Jones

“The light bouncing off the snow and ice.” Ken Carson

“The quiet, the beauty & looking at the animal tracks!” Jeannine Audet

“Cool, clear, crisp. No rocks, no roots, bugs....” Mike Woessner

“Winter hiking is when the mountains are most beautiful and peaceful, the trails (usually) to negotiate, the bugs absent, and your companions most companionable.” Paul Miller

“Food for the soul. Mantra of crushed snow with each step, crisp clean air with each breath, and crystal clear views brings pure peace and serenity.” Kevin Mulligan

“Such desolate beauty, a wonder of ice and reflected light.” Paul Brookes

“I think that I shall never see a poem pretty as an ice rimed tree!” Michael Swartz
(with apologies to Joyce Kilmer)

