



The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | February 2018

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Moonlight shines through a light haze and reflects off snow at Borderland State Park during a January 31st hike. *Photo by Bill Cannon*

There's nothing like hiking by the light of the moon

Written by Nancy Coote & Bill Cannon, Hike Co-Leaders

If you have not been on a Full Moon Hike, you should have some fun and give a walk in the moonlight a try. The experience of breathing the cool, crisp air of winter while hiking under a starry, moonlit sky shouldn't be missed. OK, so the sky might not always be clear, but from our perspective the hike is always fun.

This year's Full Moon Hikes at Borderland State Park have been well attended by a really enthusiastic group of hikers. No, the moon isn't always visible on a cloudy night, and many of the trails may be covered with snow, but a night out in nature can be pure bliss.

If you're lucky, you won't need a headlamp: There will be moonlight reflected on snow to light the way. You might even see some white-tailed deer sprinting through a field!

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View from the Chair: AMC Leadership Training can be empowering

With our upcoming Leadership Training workshop on April 7, 2018, I thought I would take a moment and reflect on what it means to be a “leader” for AMC.

Leadership can be a difficult term to define. The various dictionary definitions all talk about “the action of leading a group of people or an organization” or “leading or guiding other individuals, teams, or entire organizations.” However, as I’m sure you will agree, words like *inspire*, *motivate*, and *accountability* are also part of leadership, and these subjective words are the truly defining parts of a great leader.

If you have ever participated in one of our hikes, paddles, bike rides, or trail work events, that activity was organized and led by a trained AMC Southeastern Massachusetts Chapter leader. Part of the leader’s training was attending our free, one-day Leadership Training workshop. This includes both indoor lecture-type talks and some fun practical exercises, many of which occur outdoors. In addition to taking the workshop, there are various co-lead requirements before you become a full-fledged leader. These depend on the specific activity and the level of leadership you wish to pursue. These requirements are all covered in the course and, by the way, if you decide not to pursue anything beyond the workshop, that’s okay too.

Ever wonder what type of leader you are? This topic is covered in the course under “leadership styles.” There are many different types and one type is not necessarily any better than another—just different. Attending the course could teach you something about yourself that you may not already know!

What if you are reading this and you are saying to yourself, “The course sounds great and a lot of fun, but I’m just not leadership material”? Well, that’s okay—our chapter also needs great “followers.” Our activity leaders love to have people on their events who have been through the classroom part of the Leadership Training course, because they make great participants. They understand a little bit about group dynamics, what might go right or wrong, and can put themselves in the shoes of the leader and truly contribute to the event because of their leadership understanding. So even if you do not ever want to be an AMC leader, this workshop is empowering for you as an individual and will contribute to your own personal improvement.

Our SEM Chapter is always looking for leaders who desire to make a positive impact and to make the world a better place. I hope some of you reading this will consider spending a day both improving yourself and helping your chapter. You can sign up by clicking [here](#).

Hope to see you at Leadership Training!
Barry Young, AMC-SEM Chapter Chair

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The Full Moon's 'leadership bug'

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The credit for beginning these Full Moon Hikes at Borderland State Park needs to be given to Bob Vogel. A long-time AMC hike leader, Bob has been inspirational in sparking interest in hiking and leadership. He sponsored both Nancy and Patti McNally in obtaining leadership certification, and he continues to put adventure into your bones. We hope to foster this enthusiasm in others.

Take Bill Cannon: After a gap in hiking during the 2016-2017 season, Bill was bitten with the leadership bug. This season he became an AMC Hiking Leader, earning his certificate by co-leading hikes with Nancy and Patti at Borderland. Bill's approach, asking if there was interest in bringing back the Full Moon Hikes if he helped lead them, led to an awesome season! That was all it took for Nancy and Patti to say yes. They had missed the hikes due to conflicts in their schedules, and were unable to commit to lead them once a month.

This year, with Bill's help registering hikers and co-leading, the hikes have been a great success and especially eventful. You won't see another night for a long time when a super moon, a full moon, and a lunar eclipse occur together! But you will have many nights when you can watch the full moon rise and see a super moon shine across the pond, while you hike with enthusiastic adventurers and even get some exercise.

The hikes are about 4-5 miles and the terrain is mostly flat and easy walking. We encourage you to get out and enjoy a hike any time, but it is especially nice by the light of the silvery moon.

Note: AMC-SEM Hike Leaders obtain permission from the DCR for each moonlight hike, which is outside normal park hours. Don't do this on your own. The next approved Full Moon Hike is on March 1st. See the Activities pages for details.

Volunteer teen trail crew vacations

Here's a great way for teens to act on their sense of purpose and contribute to a greater cause. Teen trail crews are active all summer from Pennsylvania to Maine and provide camaraderie with conservation work. Whether it's one week, ten days, or a four-week leadership program, this experience will not only build trails, but confidence and commitment. Learn more [here](#).



An afternoon hiking group gathers at Open House 2017.
Photo by Paul Brookes

Invite your friends to Open House!

Join fellow SEMers for our chapter-wide "Take it Outside" open house at Myles Standish State Forest on Saturday, April 14. We're offering a variety of fun outdoor activities starting at 10:00 am and 1:30 pm. Enjoy a family-friendly nature walk, beginner and intermediate hikes, beginner and intermediate bike rides, trail work activities, and a free lunch at noon! Invite a friend to experience the fun of being an AMC-SEM member! For more information about the open house and to register for any of the events, just visit www.amcsem.org.



Cyclists prepare for a ride through Miles Standish State Forest at last year's Open House. *Photo by Ken Carson*



Kyle Clifton, left, Ann Duggan, Doug Griffiths, Joanna Dixon, and Tom Janes on Mt. Field. *Photo by Dexter Robinson*

Hikers ascend Mount Tom and Mount Field in frigid conditions

By Paul Miller, Communications Chair & Hike Leader

Due to the bitterly cold and windy weather conditions predicted for our Winter Series Hike #3 in January, your SEM winter hike leaders wisely decided to cancel that trip to Kearsarge North in Intervale, NH—to the disappointment of many. The exposed, largely treeless terrain approaching the summit of that mountain would have posed a definite frostbite risk for hikers.

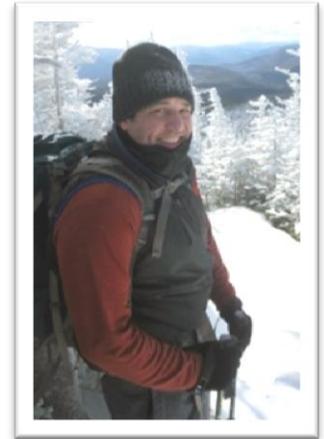
The similar weather forecast for Winter Series Hike #4 on Feb. 3rd also did not bode well. Frigid, below-zero temperatures and windy conditions were predicted for this planned hike to Mts. Tom and Field. But since the hike up to Mt. Tom at least is in the trees the whole way with virtually no exposure to wind, we decided that the hike was a “go.”

Twenty-four intrepid winter hikers showed up at the AMC Highland Center in Crawford Notch at 8:30 am, well-equipped with full winter clothing and gear. This was a good thing, since the temperature at the trailhead was a nippy nine degrees *below* zero. Luckily, the sun was shining and—amazingly—there was no wind, which made the frigid temps tolerable.

Based on the advice of the AMC Highland staff (but against the best judgment of our leaders), we left our snowshoes and full crampons in the cars, broke into two

groups to minimize our disruption on the trail, and headed up the Avalon and A-Z Trails in our microspikes. These worked fine on the lower, flatter sections of the trail, but didn’t really provide all the traction (or flotation) we would have preferred on some of the steeper, icier sections we encountered higher up.

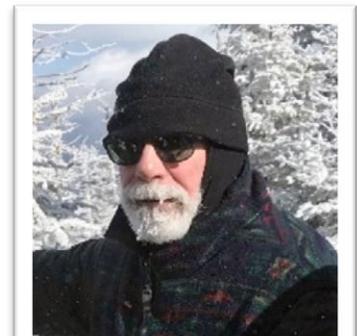
While the initial plan was to first hike up Mt. Field and then double back and hike up Mt. Tom, when the first group reached the intersection with the Mt. Tom Trail, it was time to reassess the situation. The two groups merged temporarily and had a meeting of the minds. Since we had ample leadership for this trip, we could reorganize into three groups.



L: Heading up the A-Z Trail. R: Kyle Clifton atop Mt. Field, his first 4,000-footer! *Photos by Dexter Robinson*

One group went on to Mt. Field to ultimately summit both peaks. One group headed up the Mt. Tom Trail and—after enjoying the sunshine and the limited views—had a quick lunch on the summit and then headed back down. The third group had lunch at the trail intersection, then headed up to the summit of Mt. Tom Trail before heading down. Eventually, these two Mt. Tom groups merged again on the trail back down to the Highland Center.

Despite the extremely cold conditions, all three groups made it back down to the Highland Center in safety and, equally important, we all had big smiles on our faces!



Paul Miller on Mt. Field with frozen beard. *Photo by Ken Carson*



AMC Mountain Leadership School Photo

Member's SEM Leadership Training was great preparation for MLS

Written by Ed Eads, Former AMC-SEM member

My name is Ed Eads and until recently I was an AMC-SEM Chapter member. (I moved to RI.) In April 2016, I took the SEM Chapter leadership class at Foxboro and then attended Mountain Leadership School (MLS) in June 2016. Since then, I started lending a hand at MLS. I'm reaching out to you to share how useful I found MLS after attending the [SEM Chapter Leadership Training](#).

My goal in taking the SEM Leadership Training was to learn more about the chapter and get more involved. I found the topics covered and the collaborative sharing of experiences by SEM Chapter leaders excellent. It was a nice blend of basic leadership training and chapter specific trip leadership information. Jess Wilson from AMC Headquarters presented the section on Liability and Risk, and she also mentioned MLS to our class. I decided to attend MLS as a next step in learning about AMC and developing my own leadership skills. The two leadership training opportunities dovetailed very nicely and I enjoyed both thoroughly.

Mountain Leadership School has been AMC's premier leadership school for 60 years and is led by experienced volunteer instructors. The school uses an experiential teaching method that allows students to practice the skills they are learning hands-on each day. It is also set mostly in the field, which allows students to practice in the actual environment in which they will be leading hikes for AMC or their friends.

The school is based out of the Highland Center in New Hampshire and runs from a Wednesday through a Sunday in June each year, with options for leaders interested in Backpacking and also Day Hiking. The topics covered range from Group Dynamics to Trip Planning to "Leave No Trace" principles to Emergency Scene Management and a great deal more. MLS is also a fun adventure that tests you as a student and also feels safe and inviting. For me, I think the format and topics covered were the perfect progression after attending the SEM Chapter Leadership Training.

Sean Buckley, one of the volunteer Instructors at MLS, is working with local chapters to publish articles on MLS and share information about the school with local chapter membership. To keep MLS running strong for another 60 years, we need to make sure the folks who would benefit and enjoy it most are aware of the school. I wanted to reach out to you to share how I, as a local chapter member, appreciated both the SEM training and MLS. I think many other folks would enjoy taking that next step and having a fantastic adventure in New Hampshire. You can learn more about [MLS here](#).



AMC Mountain Leadership School Photo

Adult trail crew vacations in California

Join one of two week-long crews volunteering on trails in the beautiful Bay Area of northern California. Based out of comfortable hostels in the heart of the Golden Gate National Recreation Area, our Adult Volunteer Vacation participants will lend a hand to maintain the popular trail network and have some time to enjoy the sights and sounds of San Francisco. When it is still snowy and cold in the northeast, it's pleasant and mild in northern California! To get more information and register, visit [March 11-18, 2018](#) and [March 18-25, 2018](#). See the full list of Volunteer Vacations [here](#).

Winter Activity Snap-Shot

Please check the Activities pages for more details!

AMC-SEM Winter Hiking Series

#5 March 2-4—Zealand Hut Weekend, Twin Mtn., NH

#6 March 11—Mt. Liberty—Franconia Notch, NH

Additional Winter Hikes

High Cabin Winter Camp—Feb. 23-25

Full Moon Hike—March 1

White Line the Blue Hills—February 27; March 6, 13, 20

Thursday Morning Hikes—February 22; March 1, 8, 15

Sunday Morning Hikes—March 18

New Member Hike—March 17

Cape Cod Hikes

Sunday Morning Hikes—Feb. 25; March 11, 18

Thursday Morning Hikes—March 15

Saturday Morning Hikes—February 24; March 24

Cross-Country Skiing

Waterville Valley—February 23-25

White Mountains—March 2-4

Free Leadership Training Day in May

Written by Doug Griffiths, Education Chair

The next one-day [SEM Leadership Training](#) course will be held on Saturday, April 7, 2018 at the Foxboro Recreation Department Rec Hall; 68 Mill Street; Foxboro, MA 02035. This course prepares trip leaders for managing groups they will be leading on AMC-sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to ensure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip-leader candidates are also welcome. It is an all-day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to chapter members.

This training is required for prospective AMC-SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management. All those interested in this Leadership Training course may also wish to consider Wilderness First Aid training coming up May 5-6, 2018.

To register, please contact AMC-SEM Education Chair Doug Griffiths RedDougG@aol.com or 508-758-4315 after 6 PM.

Learn to React, Respond, Save Lives

Written by Doug Griffiths, Education Chair

The next two-day Wilderness First Aid training course will be held Saturday and Sunday, May 5-6, 2018 in Foxboro, MA. The course runs 8:00 AM to 4:00 PM both days with an optional CPR course available Saturday at 4:00 PM. The course will be given at the Rec Hall; 68 Mill Street; Foxboro, MA 02035.

Instruction is provided by SOLO, experts in providing wilderness medical training. Their excellent courses have been well received by AMC members for years, and we look forward to continuing to sponsor their trainings.

Pricing is as follows: \$170 AMC Member Price, \$185 for non-AMC members. Price includes lunch and break service both days. The optional CPR course costs an additional \$35.

Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify.

The training is required for most AMC-SEM trip leaders, but is a great experience for any outdoor enthusiast. I would encourage any AMC member to consider taking this course. You will find it exciting and stimulating.

To register, contact Education Chair Doug Griffiths RedDougG@aol.com or 508-758-4315 after 6 PM.



Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

Indicates pace

Indicates terrain

AA 13+

1 very fast

A very strenuous

A 9-13

2 fast

B strenuous

B 5-8

3 moderate

C average

C less than 5

4 leisurely

D easy

Found in the description

L Activity leader

CL Activity co-leader

FT First Time

NM ... New Members

AN Advance Notice

C Conservation

EDUCATION

Sat., Apr. 7. Leadership Training Workshop, Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035.

This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader participants are also welcome. It is an all-day course with a mix of classroom and outdoor exercises. The usual schedule is 8 am to 5 pm. Lunch is included and refreshment breaks are provided. This course is offered at no cost to AMC members. For Southeastern Mass chapter members, this is the first step in becoming a trip leader, followed by several co-leads with current chapter trip leaders, arranged in the weeks or months after this program. This training is required for prospective SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management. L Douglas Griffiths (508-758-4315 after 6 pm, RedDougG@aol.com)

Sat., May 5-6. Wilderness First Aid Two-Day Workshop, Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035.

Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. This training is required for AMCSEM trip leaders, but is a great experience for any outdoor enthusiast. Instruction is provided by SOLO, experts in providing wilderness medical training. L Douglas Griffiths (508-758-4315 after 6 pm, RedDougG@aol.com)

Sat., Feb. 24. Hike--Monk's Park and Little Bay, Bourne, Bourne, MA. This 2 hour hike over approximately 4 miles is in Bourne Conservation Trust properties of Little Bay and Monk's Park. We will hike wooded trails and a fire road with views of Little Bay from the bluff. A beach walk section will be included with views of Buzzards Bay. The terrain is frequent, moderate rolling hills on the wooded trails throughout the hike. Dress for wind on the beach. From Bourne Bridge/Cape side, take Route 28S toward Falmouth for 1.7 miles. Go right on Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 1.3 miles, cross County Road onto Beach Street for .2 mile. Go left onto Shore Road (Cumberland Farms on corner) for 1 mile. Go right onto Valley Bars Road and Monk's Park is at the end. Park at the end just before the underpass. L Robin McIntyre (508-789-8252 before 9 p.m., robinmcityre@comcast.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training.)

Sun., Mar. 11. Hike Cape Cod Canal/Town Neck Sandwich, MA. Taking advantage of low tide, we will hike 4-5 miles along the canal, along Town Neck & Boardwalk beaches which vary from very rocky terrain to soft & hard packed sand, then through the Town Neck neighborhood. Gather at 12:45 for a 1 p.m. start from Sandwich Recreation Area parking lot at end of Freezer Rd off Tupper Rd, Sandwich. Heavy rain cancels. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader.)

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Activities

For the most current information, [search activities online](#)

CAPE HIKING

Thu., Mar. 15. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with some moderate hills. It offers views of the ponds and some wildlife. From the Bourne Rotary/Cape side, take Route 28S for 1.7 miles. Take a right onto Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go .5 miles and turn left onto Valley Bars Road. Go .3 miles and pull up in back of the Weary Traveler's Club into their parking lot--the driveway is a U shape around the back of the club. L Robin McIntyre (508-789-8252 before 9 p.m., robinmcintyre@comcast.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training.

Sun., Mar. 18. Hike Ryder Beach, Truro, MA. Beach to woodland trails, hills, and scenic bay views. Route 6, then left on Prince Valley Road to the end. Right on County Road, then an immediate left on Ryder Beach Road. Park at the end. Meet at 12:45 p.m. 2 hours. L Janet Kaiser (508-432-3277 before 9 p.m., jtkaiser@comcast.net)

Sat., Mar. 24. Walker Lookout and Beech Tree Trail Hike, West Barnstable, MA. A moderate hike with some hills. A wonderful view from Walker Lookout. Some fire roads and a some beautiful trees on the Beech Tree trail. Then a gentle climb up to the highest point in Barnstable with another beautiful view. If it is clear you can see Martha's Vineyard. Good boots of a mid height are recommended. This hike is under 5 miles but will feel like more. L David Selfe (508-771-0620 after 5, kdselife@comcast.net, lever 1 hike leader of Cape Hikes with over 500 miles on Cape Cod)

Thu., Apr. 5. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture, along surrounding marsh and beach and through historic Quivet Neck neighborhood. Expect soft sand! Meet at 9:45AM for 10:00AM start. Cold Storage Beach parking: RT 6 to Exit 9 and RT 134 North. Follow RT 134 north to traffic lights at RT 6A and turn right. Follow RT 6A for .8 miles and turn left on School St (Airline Rd on Right). Follow School St for .4 miles and turn left on Cold Storage Rd. Follow Cold Storage Rd for .5 miles to parking lot at the beach. L Deborah Hayden (508-274-2820 before 9:00PM, shaferhayden@gmail.com)

(FT) (NM) Sun., Apr. 15. Falmouth, Beebe Woods Hike (C3D), Falmouth, MA. Spring stroll through woods, passing ponds and a farm. Meet at 12:45pm. 2 hours. Take Route 28 South to hospital lights, then 0.6 miles to a right on Depot Avenue. Continue 0.4 miles up the hill and past Highfield Hall into the parking lot at Cape Cod Conservatory. If question about weather, contact Leader. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 19. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills. We will have views of Back River from the Leary Property. Icy trails may be a reason for cancellation of this hike due to the hills. L Robin McIntyre (508-789-8252 before 9 p.m., robinmcintyre@comcast.net, Robin is a third year SEM/AMC Level 1 hike leader with WFA training.)

Sun., Apr. 22. Hike and Clean Up John's Pond Mashpee, MA. To celebrate Earth Day we will hike and clean up along the wooded trails along John's Pond and Moody Pond. Gloves and bags for the clean-up will be provided. From Falmouth RT 151 West, Turn North (L) on Currier Rd, then Right on Ashumet Rd. In short distance, Ashumet bears off to right, continue straight on Hooppole Rd. (No road sign). Go 1.5 miles and turn Right on Back Road. Go 0.6 mile to large beach parking lot. From Mashpee Rotary take Rte. 151 to Falmouth and proceed to Barnstable Fairgrounds and turn R onto Ashumet Rd., at stop sign turn R to continue on Ashumet which will become Hooppole continue 1.5 miles to R on Back Rd., go 0.6 miles to parking lot at John's Pond. L Jane Harding (508-833-2864 before 9 PM, janeharding@comcast.net) L Nancy Wigley (nrwigley@verizon.net)

Thu., Apr. 26. Hike Shawme Crowell State Park Sandwich, MA. Hike cleared trails with some up/down hills. We will hike to a view of Cape Cod Canal or the Adventure Park at Heritage Gardens. Driving directions from Sagamore Bridge take 1st exit and turn R onto Sandwich Rd and continue to merge with 6A bear L and follow to Rte 130 turn R go short distance entrance to park is on R drive past guard booth and follow road until you come to dumpsters. Park around dumpsters. From upper Cape take Rte 6 to exit 2 and turn L onto Rte 130 follow through town and continue until you see entrance to Shawme Crowell on L drive past guard house and follow road to dumpsters. Meet at 9:45 AM for 10 AM start. L Jane Harding (508-833-2864 before 9 PM, janeharding@comcast.net)

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Activities

For the most current information, [search activities online](#)

CAPE HIKING

Sun., Apr. 29. Hike Maple Swamp, Service Rd., East Sandwich, MA. Hike historic area which dates back to glacial erosion. This hike has lots of steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 before 9 PM, janeharding@comcast.net)

Sat., May 5. Hike Moraine Trail Hike, Falmouth, MA. Nine mile, 5-hour, moderately difficult, one-way, hike along moraine and pond with lunch stop. Meet in Goodwill Park in Falmouth at 0915, and we will carpool at 0930 to the hike start at 1000. Bring lunch, water, and your favorite tick prevention. Poison ivy is also found along the trail. Hike cancelled if rain. Please phone or email leader if any question about cancelling due to weather. From Mashpee rotary, take Rt. 151 west 3.4 miles to Left at Sandwich Rd. Go 3.7 miles and turn Right on Brick Kiln Rd at light, and go 0.9 miles and turn Left on Gifford St at light.. After 1.1 miles take a Right to enter Goodwill Park and follow road 0.3 miles to parking. L John Gould (508-540-5779, jhgould@comcast.net)

Sun., May 13. Hike Santuitt Pond and River, Mashpee, Barnstable, MA. Hike along woodland trails around Santuitt Pond and River past a newly refurbished herring run and hopefully find some Bird's Foot violets in bloom around a cranberry . Celebrate Mother's Day by hiking this scenic area. Take mid-cape highway to Exit 5 (Rte 149) and turn South to Rte 28. Turn R on Rt. 28 and follow to R on Santuitt-Newtown Rd. Go 0.8 mile to yellow gate on L; park on grass along edge of road. Meet at 12:45 pm. L Nancy Wigley (508-548-2362, nrwigley@verizon.net) L Jane Harding (508-833-2864 before 9 PM, janeharding@comcast.net)

(BC3) Thu., May 24. Hike Long Pond, Goodwill Park, Falmouth, MA. Traverse Falmouth's Town Forest on rolling wooded trails. Enjoy scenic views of Long Pond, Grews Pond and Angel Mirror Pond. The Angel Mirror Trail, a relatively new trail, has some steep, narrow sections. Sturdy shoes, layered clothing, plenty of water, snacks, sunscreen and tick repellent are strongly recommended. Be aware that the Cape is a known tick habitat. Poison ivy is abundant in the woods and along the sides of the trail. Meet promptly at 9:45 for trail talk and introductions. This hike begins in Goodwill Park at 10 AM. We will hike approximately 2 1/4 hours, about 4 1/2 miles. It is rated B3C, moderate pace, average terrain. A picnic lunch follows the hike. Please bring your own sandwich, and drink plus a salad, side or dessert to share with the group. Questions, call leader Cathy Giordano 508-243-3884 Directions: From Bourne bridge (Cape side) - Rt, 28S to Brick Kiln exit From Rt. 151 W (near the end) to Rt. 28S to Brick Kiln exit Then bear left off exit ramp. Travel 1.2 miles. Turn R at traffic light onto Gifford St. for 1.1 miles. Look for anchor chain fence on right. Turn right into Goodwill Park. Continue on paved road. Park in lot on right near Grews Pond and covered picnic area. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

(FT) (NM) Thu., Feb. 22. Thurs. Morn. Hike Powisset Farm, (TTOR) , 37 Powisset Street, Dover, MA. Farmland and woods with nice trails off the beaten path at the Trustee of Reservations Powisset Farm. We will hike 5.5 miles with a number of short ups and downs. Depending on the conditions, we might shorten the hike and/or eliminate the steepest sections. Some nice views. Depending on the weather, we might hike or snowshoe. Bring traction devices, if icy. L Hans Luwald (508-668-0462 before 9 PM, hans.luwald@gmail.com) CL Debbie Lepore (617-778-4339 before 9 PM)

Fri., Feb. 23-25. High Cabin Winter Camp, Mt. Cardigan, NH. Recommended for the experienced winter hiker who may want to take it a little farther and stay in a rustic cabin on the side of a mountain. Two and 1/2 mile hike up to cabin. Must have full winter hiking gear including snowshoes, crampons or microspikes. Breakfast and dinner meals included. Bring lunch, snacks and drinks. We will do some summit traversing on Saturday. Cabin has a wood stove, but you should bring at least a 30° bag. L Mike Woessner (508-577-4879, stridermw@hotmail.com, Mike Woessner is a level 5 leader for the AMC Southeastern Massachusetts Chapter. He has completed AMC's Mt. Leadership school and Winter Mountaineering Course. Also completed ADK's Winter Mountaineering School and is certified in CPR and Wilderness First-Aid. He has an extensive hiking and backpacking background including backpacking the Smoky Mountains, White Mountain Presidential range and the Grand Canyon.) CL Kevin Mulligan , R Michael Woessner (Westford, MA, 508-577-4879, Stridermw@hotmail.com)

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HIKING

Tue., Feb. 27. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 after 8am and before 8pm, PaulBrookes1966@outlook.com)

Thu., Mar. 1. Blackstone River and Canal Hike, MA. Meet at 10:00 in Uxbridge, behind the Stanley Woolen Mill building off of Route 16. (NOT at the Visitor's Center on Oak Street) After a pleasant, level walk along the Blackstone Canal, we will walk up the street, and continue across the field at Rice City Pond. Following the King Phillip Trail, we will reach Lookout Rock with views over the Blackstone River. Returning to the Stone Arch Bridge, we have an option to take a loop hike over Goat Hill before returning to our cars. The DCR Visitor Center should also be open, with exhibits focusing on the history of the area. L Peggy Qvicklund (774-893-3011 before 9 pm, qvickan@comcast.net)

Thu., Mar. 1. Full Moon Hike at Borderland State Park, 259 Massapoag Ave., Easton, MA. Hike in the moonlight at Borderland State Park. This hike will be a moderate pace, 4 - 5 miles and will last approximately 2 hours Headlamps, water, and sturdy boots are a must. Wear appropriate clothing. Registration is required. Trip details will be sent after registration. L William Cannon (508-649-6730 PM, bcannon56@gmail.com) L Nancy Coote L Patricia McNally , R Bill Cannon (85 Fremont St, Bridgewater, MA 02324, bcannon56@gmail.com)

Fri., Mar. 2-4. SEM Winter Hiking Series Trip #5 - Zealand Falls Hut Overnight, Zealand Notch, NH. We'll return to beautiful Zealand Notch for the 2017-2018 SEM Winter Hiking Series overnight trip. Participants have an option to stay at the AMC Zealand Falls Hut for either one or two nights under our group reservation. At the hut, we'll enjoy camaraderie and group breakfasts and dinners. App. 6-mile hike or snowshoe into the hut, with minimal elevation gain. For participants who stay both nights, we'll also offer several shorter hikes from the hut. A warm winter sleeping bag (rated to at least 0 degrees F.) will be required along with full winter gear, including well-insulated winter boots, snowshoes, and microspikes. Depending on trail conditions, we may also need either 10- or 12-point crampons. Prior winter hiking experience and/or participation in an SEM Winter Workshop (or equivalent) required. Preference will be given to those who participated in previous hikes in the series. L Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net, Paul is an experienced winter hike leader who enjoys helping others learn about the joy (and challenges) of hiking in winter.) L Leslie Carson (lrc929@comcast.net) L Maureen Kelly (mokel773@aol.com) L Ken Carson , R Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net)

Tue., Mar. 6. White Line the Blue Hills Hike, Blue Hills. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 after 8am and before 8pm, PaulBrookes1966@outlook.com)

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HIKING

Thu., Mar. 8. Bird Street Conservation land hike, Bradley Lessa Park Stoughton MA. Easy, flat 4.5 mile hike on conservation land in Stoughton MA. Pretty lunch spot by pond. Bring traction devices. May be wet and slushy in areas. Rain cancels. Route 24 to exit 18B (Rte 27 N Stoughton MA). At light take left. Go .4 miles to next light. Go right onto Pleasant Street. Follow Pleasant 1.3 miles to end. Turn right onto Route 138. Follow 138 2.0 miles to Plain Street on left. Town Spa restaurant is at corner. Follow Plain Street for 1.3 miles to intersection. Take left onto West Street. Go .5 miles and Bradley Lessa Park will be on left Follow dirt road to end. GPS 1239 or 1251 West Street. L Rachel Thibeault (508-583-5534 before 8:00 PM, rateebo@yahoo.com) CL Nancy Perlman (617-980-4878 before 8:00PM, nancyclist@gmail.com)

Tue., Mar. 13. White Line the Blue Hills Hike, Blue Hills. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 after 8am and before 8pm, PaulBrookes1966@outlook.com)

(FT) (NM) Thu., Mar. 15. Thurs. Morning Hike - Oldham Trail & Harold Clark Forest, Foxboro, MA. Hike the Oldham Trail and Harold Clark Forest in Foxboro. Meet at 10:00 am at parking lot on Rt. 140 across from Sunoco Station. Heavy rain will cancel. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenthner (508-699-7461 before 9:00PM, murielguenthner@comcast.net)

Sat., Mar. 17. New Member Hike Wompatuck State Park, Hingham, MA. Join some of your fellow AMC members for a Saint Patrick's Day hike through this DCR property. Wompatuck State Park has over 70 miles of trails that span through four towns. On this hike we will explore about 4 miles of these trails starting from the headquarters to Mount Blue Spring. The terrain is mostly flat with some gentle hills. Sturdy hiking shoes are required and if there is snow please be prepared to wear MicroSpikes or snowshoes. Also, dress in layers and bring some water. After the hike we will have a social gathering with snacks. Bring a friend! L Barry Young (508-339-3089 before 9 PM, Barry.young@comcast.net) CL Sue Svelnis (781-849-9299, Suesvelnis@gmail.com), R Sue Svelnis (781-849-9299, Suesvelnis@gmail.com)

Sun., Mar. 18. Winter Morning Out Hike at Myles Standish State Forest, Carver, MA. Enjoy the winter season by getting out and hiking in it. Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. L Maureen Kelly (617-943-4288 before 8 pm, mokel773@aol.com) L John Bescherer

Tue., Mar. 20. White Line the Blue Hills Hike, Blue Hills, MA. This series runs from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 after 8am and before 8pm, PaulBrookes1966@outlook.com)

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HIKING

(C) (FT) (NM) Thu., Apr. 12. Thurs Morn. Hike - Wallomonopoag Conservation Area, Elysium St., Wrentham, MA. Meet 10:00 am in Conservation Area parking lot off of Elysium St. Wrentham. Bring water, snack or lunch & sturdy footwear. Rain cancels. Great blue rookery and eskers and possible sighting of deer. L Muriel Guenther (508-699-7461 before 9:00pm, murielguenther@comcast.net)

(FT) (NM) Thu., Apr. 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Apr. 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Apr. 26. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, Suesvelnis@gmail.com)

(FT) (NM) Thu., May. 3. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Thu., May. 3. Spring into Spring Hike!, Arnold Arboretum - Jamaica Plain, MA, - including two vistas, Bonsai exhibit, and "Explorer's Garden." We will explore this "tree museum" during a 4 -5 mile hike at a moderate pace. Bring water, sturdy footwear, sun screen, bug spray, snack or lunch. Meet at the Visitors' Center (Hunnewell building) located at 125 Arborway, Jamaica Plain at 9:45 for prompt 10:00 start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-stop. Rain cancels leashed dogs O.K. L Ken Cohen (508-942-1536, k-cohen@comcast.net before 8:00 pm)

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(FT) (NM) Thu., May. 10. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., May. 17. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., May. 24. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Thu., May. 24. The 2nd Annual Wilson Mountain Lady's Slipper Hike, Wilson Mountain/Whitcomb Woods - Dedham/Needham line- Route 135, MA. Lady's Slippers galore! In a good year there are hundreds on both sides of the well marked trail to the summit of Wilson Mountain on the Dedham/Needham line. Easy access off Route 128. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. There are well marked trails to the summit of Wilson Mountain on the Dedham/Needham line. Managed by the Massachusetts Department of Conservation and Recreation (DCR). After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Forested level trails with views of the Charles River, gazebos. Total hike is 5 - 7 miles at a moderate pace. Bring water snacks/lunch, sturdy footwear. Steady rain cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 before 8:00 pm, k-cohen@comcast.net) CL Walt Granda (508-999-6038 Before 8:00 pm)

(FT) (NM) Thu., May. 31. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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HIKING

Fri., Jun. 1-3. Hiking weekend at the (low) Harvard Cabin with Boston Chapter, (the low cabin on route 16 between North Conway & Pinkham Notch). This is a joint Boston H/B and SE Mass chapter trip. Using the historic Harvard Cabin as our base, we will set out on hikes in the Pinkham Notch or nearby area. This rustic cabin has an upstairs sleeping loft (sleeping bags/pads on a shared floor space), an outhouse, cold running water. Simple but fun! Exact hikes will be determined Friday night depending on leaders and participants interests, latest weather/trail conditions reports, and participants' abilities. On Saturday, we will likely offer two options if the group fills: one moderate/easier 4,000-footer mountain and one moderate/more strenuous 4,000-footer. On Sunday, we might go for another 4,000'er or often we opt for a shorter hike on the way home (perhaps a 52 With A View peak). You will help us as we prepare breakfast, a post-hike happy hour, and dinner on Saturday and a breakfast on Sunday. Trip fee of \$80/members and \$85/non-members includes two breakfasts, one dinner, and happy hour snacks (planned and shopped for by the leaders, but prepared and cleaned up with the help of all participants). Boston H/B leaders: Erika Bloom and Claudine Kos. SE Mass leader: Leslie Carson. SE Mass coleader; Ken Carson. For those on the Boston REGI system, please register through REGI. For those in SEM not on REGI, please contact Erika Bloom (email preferred). L Erika Bloom (508-951-1001 before 9 PM, erikabloom1234@gmail.com) L Leslie Carson (lrc929@comcast.net) CL Ken Carson.

(FT) (NM) Thu., Jun. 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 28. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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HIKING

(FT) (NM) Thu., July 5. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., July 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., July 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., July 26. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 2. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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Activities

For the most current information, [search activities online](#)

HIKING

(FT) (NM) Thu., Aug. 9. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 16. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 23. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 30. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Sept. 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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Activities

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SKIING

Fri., Feb. 23-25. Cross Country Skiing in Waterville Valley, 5 Old Waterville Rd., Campton, NH. Join us for a cross country skiing weekend in Waterville Valley, NH. We will stay at the Mountain Fare Inn. The Inn features en suite rooms with full breakfast & nearby skiing. This is a collaborative trip with the Narragansett Chapter. L Jeannine Audet (508-493-8221, milmod@aol.com) L Barbara Hathaway (508-662-0724, barb224@tmlp.net) CL Karen Rudio (508-397-2316, karenrudio@comcast.net), R Barbara Hathaway (508-662-0724, barb224@tmlp.net)

Fri., Mar. 2-4. XC Ski White Mountains, Intervale, NH. Can you think of a better way to begin the month of March than XC-skiing in the White Mountains? Join the SEM and Forty Plus chapters on Mar. 2 for 2 nights lodging at the Old Field House in Intervale, NH. Room rates are from \$125 to \$135 per night plus tax and include a hearty breakfast on Saturday and Sunday mornings. Visit their website www.oldfieldhouse.com for a complete description of their rooms and amenities. After registering by phone with the AMC Leader, call the Old Field House at 800-444-9245 to reserve your room. If you don't have a roommate, leader or innkeeper will try to match you up with one or you have the option of paying for a single supplement. We'll ski at Jackson, Great Glen, or Bear Notch - or right out the door on the Intervale trails. Bring your snowshoes, too. Walt Granda and Len Ulbricht are able to lead snowshoers or hikers. The weekend begins with pizza, salad, and socializing on Friday night (nominal charge) around 6:30. Bring a snack to share at Happy Hours and your favorite beverage. Space is limited, so reserve a spot soon. L Barbara Hathaway (508-880-7266 before 9 pm, barb224@tmlp.net, XC Skiing and Hiking Leader and past XC Ski Committee Chair for Southeast Mass Chapter.) CL Wayne Cardoza (Leads trips for Forty Plus chapter), R Barbara Hathaway (508-880-7266 before 9 pm) barb224@tmlp.net.

SOCIAL

(C) (FT) (NM) (AN) Sat., Apr. 14. AMC SEM Wants You to TAKE IT OUTSIDE 2018 – AMC-SEM's Open House at Myles Standish State Forest, Carver, MA. Join AMC Southeast Mass Chapter along with the Friends of Myles Standish State Forest for our Open House - TAKE IT OUTSIDE WITH AMC-SEM 2018. We offer beginner and intermediate hikes, bikes and nature walks. All participants receive a free lunch. Come explore the pine barrens of Myles Standish State Forest while you learn about AMC-SEM's outdoor activities. L Maureen Kelly (617-943-4288 4-8pm, mokol773@aol.com, Maureen is a past SEM Chapter Chair and four season hike leader. She enjoys introducing people to great hikes.), R Maureen Kelly (617-943-4288 4-8 pm, mokol773@aol.com)

