



# The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | May 2018

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Old fashioned bleeding heart thrives in the shade at the Arnold Arboretum.

## Spring trekkers explore the Arnold Arboretum

Photos by Ken Cohen



It was a warm, mostly sunny day May 3 when six AMC-SEM members enjoyed the early signs of Spring during a three-hour, 4-1/2-mile hike at the Arnold Arboretum.

Ed Fopiano, left, Sandra Johnson, Lars Qvicklund, Maria Campbell, Norma Elkind.

*More photos on page 3*



## View from the Chair: What's NEW!

This month I thought I would highlight some things that are new and exciting about your chapter, so here goes:

- **Membership** – For the first time since the founding of the Southeastern Massachusetts Chapter 42 years ago, the membership has now exceeded 4,000 members. While we are still one of smaller of the twelve organized chapters from Maine to Virginia, we are one of the most active! Many thanks to our great leaders who put on amazing events for our membership.
- **Chapter Retreat** – This year marks a first. We are replacing our White Mountain Chapter Hut weekend with our Chapter Retreat, to be held September 21-23 in Sandwich on the Cape. We are offering lodging, meals, and several activities for a very reasonable price. Best of all, you don't have to drive four hours to get there! Activities include hiking (easy, moderate, long), paddling, and biking. In addition, we have several other events planned, such as mini-seminars (photography, map and compass), climbing wall, zip lining, pontoon boat rides, yoga, and, of course, campfires. See more about the retreat in an article in this newsletter.
- **Young Members Group** – I am pleased to announce the formation of a Young Members Group within our Chapter, Chaired by Susie Schobel. The first social/organizing meeting will be held on June 14 at 7 p.m. at the New World Tavern in downtown Plymouth. This group is for 20's, 30's, and the "Young at Heart," so all are welcome.
- **Flat Water Paddling** – Newly elected paddling Vice Chair, Luther Wallis, has initiated a series of after work mid-week paddles for both kayaking and canoes. The next paddle is scheduled for June 12<sup>th</sup> at the NIP in Bridgewater, MA. If you have a place you would like to paddle after work, let Luther know.

These are just a few of the exciting things happening in YOUR SEM chapter. If you don't see an offering that suits your desire to get outside, let me know and we'll see if we can set something up.

*Hope to see you outside soon!*  
**Barry Young,**  
*AMC-SEM Chapter Chair*

### 2018 Executive Board

Chapter Chair .....Barry Young	Communications Chair .....Paul Miller	Membership Chair .....Sandy Santilli
Vice Chair .....Len Ulbricht	Communications Vice Chair .....OPEN	Membership Vice Chair .....OPEN
Secretary .....Ann McSweeney	Conservation Chair .....Bill Cannon	Membership Vice Chair ... Ellen Thompson
Treasurer .....Patty Rottmeier	Conservation Vice Chair .....Nancy Coote	Paddling Chair .....Ed Foster
Past Chapter Chair .....Maureen Kelly	Education Chair .....Doug Griffiths	Paddling Vice Chair .....Luther Wallis
Biking Chair .....Bernie Meggison	Education Vice Chair .....OPEN	Skiing Chair .....Jeannine Audet
Biking Vice Chair .....OPEN	Hiking Chair .....Mike Woessner	Skiing Vice Chair .....Barbara Hathaway
Cape Hiking Chair .....Jane Harding	Hiking Vice Chair .....George Danis	Trails Chair .....Peter Tierney
Cape Hiking Vice Chair .....Cathy Giordano		Trails Vice Chair .....Wayne Anderson
		Trails Vice Chair.....Skip Maysles

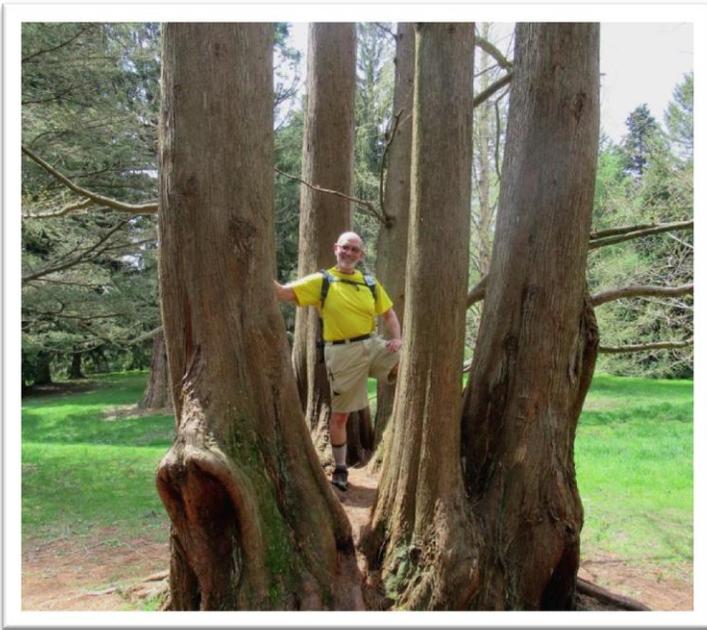
### Ad Hoc Committee Chairs & Other Chapter Contacts

Social Director.....OPEN	Webmistress..... Cheryl Lathrop
Young Members Chair.....Susan Schoble	The Breeze Editor.....Mo Walsh
Social Media Administrator .....Christine Racine	Blast Editor.....Marie Hopkins
Social Networking Moderator.....Sue Mulligan	

Contact [chair@amcsem.org](mailto:chair@amcsem.org)  
if you are interested in any  
OPEN position

## Arnold Arboretum Hike

Photos by Ken Cohen



Leader Ken Cohen is dwarfed by the six-trunked Dawn Redwood tree—a Chinese species that usually has one large trunk.



The blossoms on a Red Bud tree brighten the trail.



Shell game at Turtle Pond: How many can you spot?



Trees reach skyward for the long-awaited sunshine.



Deb Varrieur, left, Barbara Gaughan, Jeannine Audet, Paul Audet, and Johanna Vanstrein. *Photo by DNRT staff*

## Spring cycling: Pedals and petals

Written by Paul Audet

On a beautiful sunny spring day, six riders enjoyed a 21-mile ride through Westport and Dartmouth, MA. Temps were in the 60s with a light breeze. We rode past farms with stone walls, conservation land, the Westport River and the Slocum River. There were a few challenging hills—"Handy Hill" in particular, which seems to find its way into most of Jeannine's rides. Our group stopped at Parson's Preserve, part of the Dartmouth Natural Resources Trust, to view the beautiful daffodil fields and the rapidly moving waters of the Slocum River.



With Slocum River in background, cyclists Jeannine Audet, left, Nancy Durfee, Barbara Gaughan, Deb Varrieur, Johanna Vanstrein. *Photo by Paul Audet*

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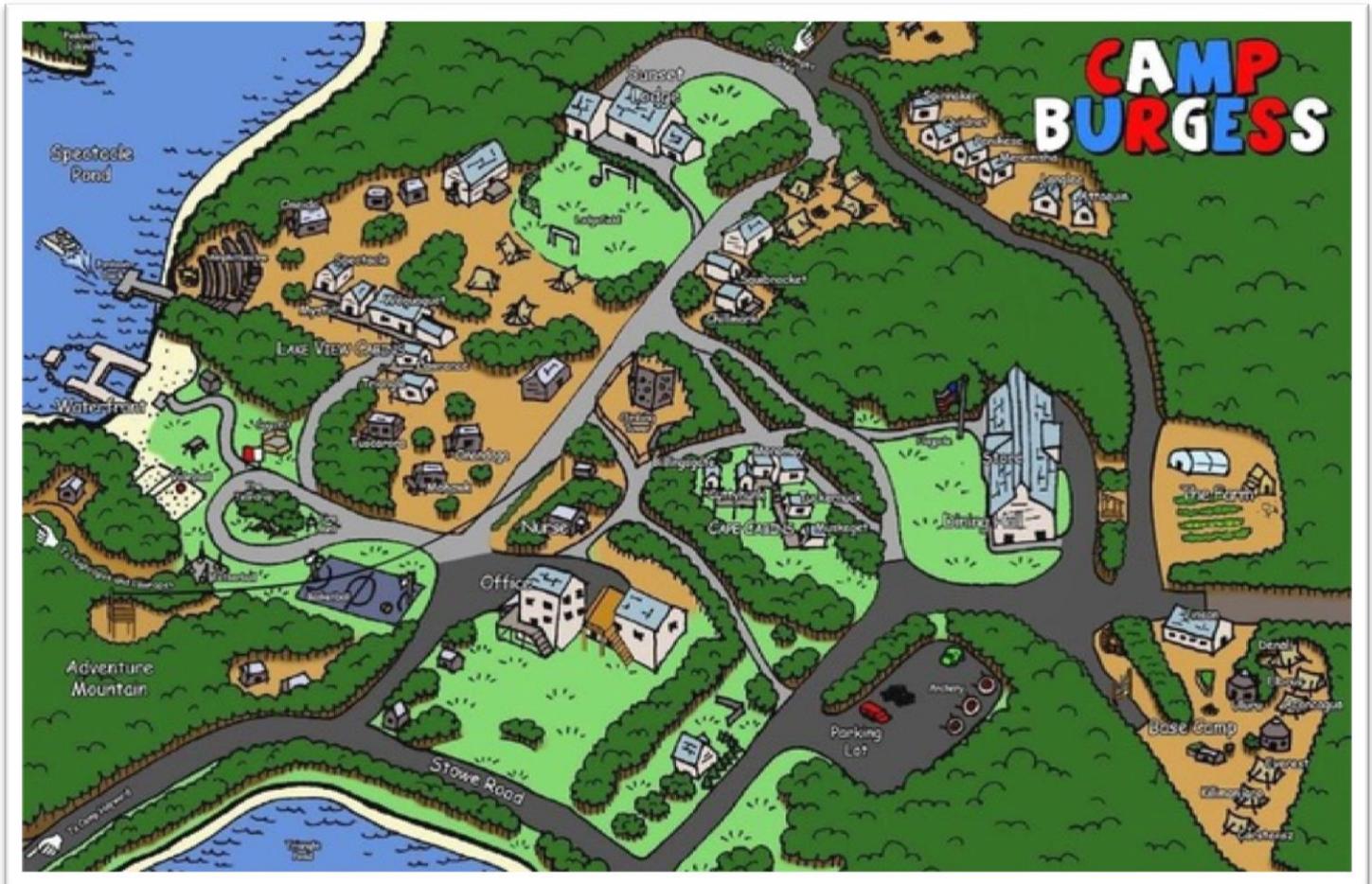
## Two weekend get-aways in June!

We have two opportunities coming up to get away for a weekend outdoors.

**June 1-3**, is our hiking weekend with the Boston H/B Chapter to the (low) Harvard Cabin on route 16 between North Conway and Pinkham Notch, NH. This rustic cabin has an upstairs sleeping loft (sleeping bags/pads on a shared floor space), an outhouse, cold running water. Simple but fun! Exact hikes will be determined Friday night depending on leaders and participants interests, latest weather/trail conditions reports, and participants' abilities.

**June 8-10**, is the SEM/NH Inter-Chapter Backpack Trip to the Mt. Greylock State Reservation. We'll hike Mt. Prospect, Mt. Williams, Mt. Fitch, and summit Mt. Greylock for a total of 13 miles with elevation gain/loss of 3050 feet. We'll camp out overnight. Hiking experience and appropriate gear is required.

See the Activities listings for more information and registration details for both trips!



## Registration opens soon for Cape Cod Chapter Retreat, Sept. 21-23

Written by Len Ulbricht, Chapter Vice Chair

This year, AMC-SEM is replacing the White Mountain Chapter Hut weekend with a Chapter Retreat offering activities for every interest and ability level.

The Retreat will be held at Camp Burgess in East Sandwich, MA, a YMCA outdoor education and retreat center. The camp has frontage on Spectacle Pond and abuts Triangle Pond. Facilities include a large dining hall, a meeting lodge, bunk bed accommodations with adjacent bathroom and hot showers, plus a variety of outdoor recreation opportunities.

For each day—Friday, Saturday, and Sunday—we are organizing hikes, bikes, and paddles, both short and long, so all members will find activities to match

their skills and preferences. On Friday and Saturday we'll have a social hour before dinner and evening campfires afterwards. Several special events are in the works, in addition to the camp's pontoon boat rides. For the more adventurous, it's zip lining and a climbing wall.

Registration is expected to open in June, so look for the announcement. Though we hope everyone registers for the entire Cape Cod Retreat weekend, there will be a Saturday-Daytime-Only option for those who choose not to stay overnight at the camp.

Volunteers to help out are always welcome! For further information contact your Retreat Coordinator, Len Ulbricht, at [lenu44@gmail.com](mailto:lenu44@gmail.com).



Autumn on the Skyline Trail. *Photo from TrailMob.com*

## Red-Lining reveals the beauty and variety of the Blue Hills Reservation

Written by Susan Drew

*(Sue just completed her first year hiking with AMC-SEM and has been active in Thursday evening Red-Lining.)*

The Blue Hills Ski Area. For many, this is all they know of the Blue Hills. Few ever venture any farther.

I am grateful to the AMC and to the Red Line hiking group for showing me that the Blue Hills Reservation is so much more. Red-Lining refers to walking every inch of every trail in the park and tracking it on an official Blue Hills Reservation map.

The 125 miles of maintained trails through the park offer a true rural sanctuary. The very name “Blue Hills” summons up images of skiing and rocky hilltop climbs. True, these things do exist and in fact form the

cornerstones of the reservation. Yet each trail offers something different, if you dare to delve into them and wander.

**Sue receives her Red-Lining patch from Joe Keogh.**



You may be surprised to find sun-drenched meadows, freshwater ponds, tree-shaded trails carpeted with soft pine needles, grassy hills, lowland marshes, and flowing streams. I’ve witnessed stunning scenic views, crimson sunsets, heard tales of local regional history and caught the occasional glimpse of moonglow across the surface of a pond.

Why did I join AMC? The short answer is that I admire the club philosophy. I knew I liked hiking and the outdoors. Still, I was hesitant. Would I be able to keep up? Could I climb the hills? Could I walk the miles? I learned that the Red Line hikes welcome everyone and are structured to start easy at the beginning of the season and work up to the more difficult trails. I enjoyed hearing accounts of previous hikes and about the friendly and entertaining group of hikers. This was the motivation I needed.



Boardwalk over the bog. *Instagram photo by wikebaby.*

At first, I couldn’t imagine myself walking every inch of every trail in the park. I frankly thought this was nuts! My only goal was to get exercise outdoors and meet some new friends. Nevertheless, over time I realized that “Red Lining” is a clever idea for providing a more compelling and motivating activity, and many of my fellow hikers were participating. It became clear to me that this was an achievable goal, and I wanted to see for myself if I was capable of attaining it.

I finished my Red Line in November of last year. To finally achieve this milestone is very satisfying. I feel privileged to have a unique and intimate knowledge of the Reservation and to belong to a group of truly awesome people who collectively care for and respect this little piece of wonderland.



A smiling Ralph Jensen enjoys a quiet paddle with the SEM Paddling group. *Photo by Barry Young*

## New Flat Water Paddling Group

Written by Barry Young, Chapter Chair

Newly elected Paddling Vice Chair Luther Wallis has initiated a series of after-work mid-week paddles in Bristol and Plymouth counties. These paddles are suitable for both kayaks and canoes and are also suitable for all skill levels of paddling.

Recently kayakers enjoyed an early evening paddle on Lake Rico in East Taunton, bordering Massasoit State Park. The next flat water paddle will be held June 12th at Lake Nippineckit—"The Nip"—in Bridgewater, MA. For details, see the event currently listed on our website and stay tuned for more paddles to come.



Karen Singleton and Ken Jones enjoy a Paddling adventure on Lake Rico. *Photo by Barry Young*



*Photo by Ken Carson*

## Volunteer of the Month: Barbara Gaughan

Written by Bernie Meggison Biking Chair

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to organize events and activities and lead terrific trips. This month the Biking Committee recognizes Barbara Gaughan for her continuing contributions.

We have a woman within our midst who exemplifies a perfect team player, willing to step up to the plate whenever needed, and an organizer extraordinaire! Barbara's recent performance at our Open House was awesome, keeping the biking events and bikers together. To Barbara, a well-deserved, "Hip, Hip, Hooray!"

Thank you, Barbara, for all you do! Barbara will receive a Volunteer of the Month Certificate and a \$50 gift card.

## Bring your bikes!



Chapter Retreat: Sept. 21-23  
Camp Burgess, Sandwich, MA

## AMC-SEM members hit the trails for DCR Park Serve Day 2018

Photos by Rob MacDonald

Trail Crew: George Danis, Rob MacDonald, Len Ulbright, and Skip Maysles (L).



**Bring your boots!**



**Chapter Retreat: Sept. 21-23  
Camp Burgess, Sandwich, MA**

## Activities

For the most current information, [search activities online](#)

### Hiking Key:

# C4D

Indicates distance in miles

Indicates pace

Indicates terrain

AA .... 13+

1 .....very fast

A .....very strenuous

A ..... 9-13

2 .....fast

B .....strenuous

B ..... 5-8

3 .....moderate

C .....average

C .....less than 5

4 .....leisurely

D .....easy

Found in the description

L .....Activity leader

CL ....Activity co-leader

FT ....First Time

NM ...New Members

AN ....Advance Notice

C ..... Conservation

## BICYCLING

**Tue., May. 29. Road Cycling - Sunset and Full Flower Moon Ride, Massachusetts, Cape Cod.** - 22+/- Miles & 2+ hours. Flats & wind with hills in Sagamore Highlands. Start time: about 2 hours prior to sunset. Registration required. Contact leader [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net) We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff. Return to the recreation area and along the canal to Buzzards Bay for sunset at Mass Maritime or perhaps from Three Mile Outlook. We'll return along the canal for a flowery moonrise over the Sagamore Bridge Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. - Full Flower Moon - In most areas, flowers are abundant everywhere during this time. Other names include the Full Corn Planting Moon, or the Milk Moon. Lights strongly suggested. L Paul Currier (508-833-2690 8-7, [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net))

**Sat., Jun. 2. Daily Brew coffee bike ride, Sandwich, Ma,** 9:30 am. Start at the Sandwich marina parking lot opposite the Coast Guard Station. We will ride the Cape Cod canal through Monument Beach and stop at the Daily Brew coffee house in Pocasset . Return via ocean views in Pocasset and Monument Beach. Pace will be 12 -15 mph, Helmets ARE required. Distance about 30 miles and return about 1:00 pm. Any questions please contact Jeff Hyman at 774-521-9235. Please arrive at 9:15am to sign in, have tires pumped, water bottles and ready to ride at 9:30. L Jeffrey Hyman (774-521-9235 9am-8pm, [jsh17@comcast.net](mailto:jsh17@comcast.net)), R Jeff Hyman (774-521-9235 9am - 8pm, [jsh17@comcast.net](mailto:jsh17@comcast.net))

## HIKING

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

Always looking for additional hike leaders! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

**(FT) (NM) Thu., May. 31. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., May 31-31. Thursday Morning Hike - World's End (C3C), World's End, Hingham, MA.** World's End (C3C). Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor with stunning views, hilly, carriage ways and rocky paths. There could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at <http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html>. L Eva Das ([borsody@gmail.com](mailto:borsody@gmail.com))

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## Activities

For the most current information, [search activities online](#)

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### HIKING

**Fri., Jun. 1-3. HIKING WEEKEND AT THE (LOW) HARVARD CABIN WITH BOSTON CHAPTER, Harvard Cabin (the low one, on route 16 between North Conway & Pinkham Notch).** This is a joint Boston H/B and SE Mass chapter trip. Using the historic Harvard Cabin (the low one, on Rt. 16) as our base, we will set out on hikes in the Pinkham Notch or nearby area. This rustic cabin has an upstairs sleeping loft (sleeping bags/pads on a shared floor space), an outhouse, cold running water. Simple but fun! Exact hikes will be determined Friday night depending on leaders and participants interests, latest weather/trail conditions reports, and participants abilities. On Saturday, we will likely offer two options if the group fills: one moderate/easier 4,000 footer mountain and one moderate/more strenuous 4,000 footer. On Sunday, we might go for another 4,000'er or often we opt for a shorter hike on the way home (perhaps a 52 With A View peak). You will help us as we prepare breakfast, a post-hike happy hour and dinner on Saturday and a breakfast on Sunday. Trip fee of \$80/members and \$85/non-members includes two breakfasts, one dinner, and happy hour snacks (planned and shopped for by the leaders, but prepared and cleaned up with the help of all participants). Boston H/B leaders: Erika Bloom and Claudine Kos. SE Mass leader: Leslie Carson. SE Mass coleader; Ken Carson. For those on the Boston REGI system, please register through REGI. For those in SEM not on REGI, please contact Erika Bloom (email preferred). L Erika Bloom (508-951-1001 before 9 PM, [erikabloom1234@gmail.com](mailto:erikabloom1234@gmail.com)) L Leslie Carson ([lrc929@comcast.net](mailto:lrc929@comcast.net)) CL Ken Carson

**Sat., Jun. 2. White Mountain Summer Hiking Series Kick-Off Hike.** Want to hike the mountains of New Hampshire, but don't know how to start. Wish you had a group of trained, experienced, hike Leaders to teach you everything you should know to hike safely? Here you go.. The SEM Chapter is offering a 'Summer Hiking Series', during which we will take you from 'What you need to know' to the summit of a NH 4800 foot peak. The series starts June 2nd, with a training hike at the Blue Hills where, in addition to hiking, you will learn about clothing, food, equipment, conditioning. It will be followed by several New Hampshire hikes, ranging from 'Piece of cake,' to 'Boy, that was a real challenge!' On this first hike we will do a combination of hiking and learning. There will be a lot of 'up and down' hiking, to start getting in shape, while testing out our clothing and gear, and getting used to the 'flow' of a hike. Interested? Then sign up for this hike! Summer Hiking Series dates; July 7 - Mount Hedgehog 2,532', August 4 - Jennings Peak 3,460', September 8 - Mt. Moosilauke 4,802' Successful completion of each hike qualifies you for the next hike.) Registration required, contact leader to register for this hike. L Bob Vogel ([vogel.r@comcast.net](mailto:vogel.r@comcast.net), Bob is a 4 season Hike leader for the Southeastern Mass Chapter, as well as a hike leader for Boston Local Walks and a 3 Season Leader for Boston H/B.), R Robert Vogel (N. Easton, MA, [vogel.r@comcast.net](mailto:vogel.r@comcast.net))

**(FT) (NM) Thu., June 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Fri., Jun. 8-10. Inter Chapter Backpack Trip (SEM/NH) - Mt. Greylock, Mt. Greylock State Reservation.** Join us for a wonderful weekend hiking and backpacking around Mt. Greylock and the Hopper. We'll hike in to our campsite Friday afternoon and hike Mt. Prospect, Mt. Williams, Mt. Fitch and summit Mt. Greylock on Saturday before setting up camp at the tentsite Saturday night. Sunday we hike out after breakfast. Total mileage is 13 mi. with elevation gain/loss of 3050 ft. Hiking experience and gear is required. L Leslie Carson (508-833-8237 Before 9 pm, [lrc929@comcast.net](mailto:lrc929@comcast.net), Leslie, a 4-season hike leader with the AMCSEM chapter has been leading day and multi-day hikes since 2006. She has completed the NE 67 and has hiked in several US national parks and internationally. Not only is she involved with her local chapter, but she also leads hikes for AMC's August Camp and Adventure Travel.) CL Dirgny Perdigon ([dalexandra@hotmail.com](mailto:dalexandra@hotmail.com))

Continued on next page

## Activities

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., June 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jun. 16. Mount Monadnock via Pumpelly Trail, Dublin and Jaffrey, NH.** Join us for this classic Mt. Monadnock hike that will take us from Dublin Lake to the summit of Grand Monadnock via the beautiful and uncrowded Pumpelly Trail.. Just under nine miles round trip, with several steep and rugged sections, If you've only climbed Monadnock from the more popular trails, this will be a real treat for you! L Paul Miller (508-369-4151, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net), Paul is an experienced four-season AMC hike leader.) L Walt Granda ([wigranda@aol.com](mailto:wigranda@aol.com)), R Paul Miller (508-369-4151, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net))

**(FT) (NM) Thu., June 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., June 28. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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**(FT) (NM) Thu., Jul 5. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jul. 7. North Twin Hike, White Mountains. Ascend North Twin Trail to summit of North Twin Mountain.** Trailhead parking lot (fee/permit) at Haystack Road (FR 304) 2.3 miles west of Twin Mountain Village. Trail includes 3 crossings of Little River (each way) so water shoes are mandatory. Book time 3 hr, 40 min (4.3 miles) each way. Rain cancels due to river crossing. L George Danis (339-236-0597 Evenings 7-9 pm, [danisdad51@outlook.com](mailto:danisdad51@outlook.com)) CL Len Ulbricht

### Continued on next page

## Activities

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., Jul 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jul. 14. Map and compass for beginners (Sat), Blue Hills.** Come learn basic navigation skills using a map and compass to find your way. In this indoor and outdoor class, you'll learn the parts of a compass, how to read a topographic map and how to use them in tandem. You'll also learn some basic orienteering skills such as how to bushwhack from one trail to another by following a bearing. The Saturday after the workshop (July 21) there will be a directed hike & bushwhack, for class participants only, where you will have an extended opportunity to practice the skills you learned in the workshop. All activities will take place at the Blue Hills Reservation. No prior skills required for the class session on the 14th. To participate in the activities the following Saturday you will need appropriate hiking gear including sturdy boots for the bushwhack and be able to hike approximately 4 miles with a day-pack. Participants will need to come to class with a sighting compass. Prior reservation is required, and class size is limited to promote small group learning. L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com))

**(FT) (NM) Thu., Jul 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Jul 26. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 2. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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## Activities

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., Aug 9. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 16. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 23. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 30. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Sep 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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## Activities

For the most current information, [search activities online](#)

### PADDLING

**Wed., May. 30. Paddle Swan Pond and River, Dennis, MA.** Paddle down river to mouth on Nantucket Sound, Venture into Sound if not too windy, Lunch on beach, Return & circumnavigate Pond. Wear life jacket, bring spray skirt for wind, bring water & lunch. E-mail leader to register & for time & directions. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Wed., Jun. 6. Paddle Mill and Walker Ponds, Brewster, Brewster, MA.** Paddle 3 fresh water kettle ponds & narrows between them. See Stoney Brook Grist Mill (1873) & herring run. Lunch Slough rd picnic area & return to put-in past Punkhorn Conservation land Wear life jacket, bring spray skirt for wind, bring water & lunch. E-mail leader to register & for time & directions. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Tue., Jun. 12. Evening paddle at "The NIP" in Bridgewater MA,** Lake Nippenicket, Bridgewater, MA, just off route 24 on route 104. Come join us Tuesday, June 12, for an after work evening paddle. We will spend 1 1/2 hrs. on the water for a nice relaxing paddle around Lake Nippenicket. Both Kayaks and Canoes are welcome. L Luther Wallis ([lew89@comcast.net](mailto:lew89@comcast.net), AMC Paddle Leader Kayak and Canoe)

**Wed., Jun. 13. Paddle Herring River north, West Harwich, MA.** Paddle upstream to Coy Brook to end & to East Reservoir & to Herring River for lunch at North rd bridge. After paddle to West Reservoir to see herring run & then return to put-in. 8-9 mi. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jun. 16. Paddle Prince Cove from Cotuit Bay, North Bay Marstons Mills MA.** Paddle from Cotuit Bay through the Narrows into North Bay and on to Prince Cove. Possibly explore Warren's Cove or some of the islands, coves, and ponds on the northeast side of North Bay. Arrive no later than 10:15 for a 10:30 departure, Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Louise Foster (508-420-7245, [janlouise@comcast.net](mailto:janlouise@comcast.net))

**Wed., Jun. 20. Paddle Waquoit Bay, Falmouth, Ma..** Paddle the Child's River and Waquoit Bay in Falmouth/Mashpee, about a 7 1/2 mile trip. L Bill Fischer ph#508-420-4137 before 9pm [wambarbarafischer@comcast.net](mailto:wambarbarafischer@comcast.net) - reg required. Rt. 28 to Whites Landing Rd Falmouth. About 2 miles from Mashpee town line. We plan on paddling the rivers and bays of this wonderful recreation area. A short portage may be included. L Bill Fischer (508-420-4137 before 9pm, [wambarbarafischer@comcast.net](mailto:wambarbarafischer@comcast.net))

**Sat., Jun. 23. Paddle Follins & Mill Ponds, Dennis, Dennis, MA.** Paddle Follins Pond north to Weir Creek bridge & if tide allows into Mill Pond passing Crab Creek Conservation area & back to circumnavigate Follins Pond & see signs of Viking visit. Lunch on small beach. Afterwards paddle Dinahs Pond, Kelleys Bay & return past Mayfair Boat yard. 7-9mi. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Wed., Jun. 27. Paddle Swan Pond and River, Dennis, MA.** From town launch paddle down river to mouth on Nantucket Sound. Venture into sound if not too windy & explore. Lunch on beach. Return & circumnavigate Swan Pond. 7-8 mi. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., Jun. 30. Paddle Ockway Bay, Mashpee, from Shoestring Bay, Cotuit, Ockway Bay, Mashpee.** We'll paddle from Shoestring Bay into Popponesset Bay and then into Ockway Bay. After circumnavigating Ockway Bay we'll paddle up Popponesset Creek. Lunch will be at Meadow Point and we may explore Pinquickset Cove on the way back to the put-in. Plan on a 7-8 mile paddle. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Louise Foster (508-420-7245, [janlouise@comcast.net](mailto:janlouise@comcast.net))

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## Bring your boats!



**Chapter Retreat: Sept. 21-23  
Camp Burgess, Sandwich, MA**

## Activities

For the most current information, [search activities online](#)

### PADDLING

**Wed., Jul. 11. Paddle Nauset Marsh from Mill Pond, Orleans, Orleans MA.** Paddle from beautiful put-in on Mill Pond to Nauset stopping to view split and have lunch on beach.. After circle Tern Island and head toward Town Cove and return to put-in. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. E-mail leader to register & for directions & time. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jul. 14. Paddle Barnstable Harbor, Barnstable, MA.** We'll explore the east end of Barnstable Harbor: Clay's, Lone Tree, and Bass Creeks and possibly Sandy Neck. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. Plan on a 7 mile paddle. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Wed., Jul. 18. Paddle Walker/Mill Ponds, Brewster, Brewster, MA.** Paddle 3 fresh water kettle ponds & narrows between them. See Stoney Brook Grist Mill (1873) & herring run. Lunch Slough rd picnic area. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time and directions. about 7 mi. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([Paulcorri@gmail.com](mailto:Paulcorri@gmail.com))

**Wed., Jul. 25. Paddle Bass River North, Dennis, MA.** Paddle upstream seeing Indian Lands Conservation area where Nobsusset Indians spent winters, & new bridge for CCRT (formerly railroad bridge). Lunch at Wilbur park. Return & circumnavigate Grand Cove. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time & directions. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jul. 28. Leader's Choice Paddle, Cape Cod.** If one of my previous Barnstable Harbor paddles is cancelled because of weather, this paddle will do that one. Otherwise I'll try to pick something we haven't paddled recently. Contact me the week of the paddle for more information. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Wed., Aug. 1. Paddle Mashpee/Wakeby Ponds, Sandwich, Maspee.** Paddle 2 fresh water ponds. Lunch at end of Wakeby pond on beach. about 7 mi total Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time & directions. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., Aug. 4-4. Paddle Lewis Bay, Lewis Bay, MA.** We'll circumnavigate Lewis Bay, have lunch on Egg Island (it only appears at low tide), and perhaps explore Hyannis Inner Harbor. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. Plan on a 6.5 mile trip. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

### SOCIALS

**Thu., Jun. 14. 20s & 30s June SEM Social, The New World Tavern, 56 Main Street, Plymouth, MA.** Join us at The New World Tavern in Plymouth for our first SEM Social! Come meet fellow outdoor enthusiasts, and learn about upcoming events and activities. Whether you are new to the AMC, or have been around for a while, this is a great opportunity to meet new people, trade stories, and plan future adventures. There will be door prizes, ice breaker activities, and appetizers provided. L Susan Schobel ([susan.schobel@gmail.com](mailto:susan.schobel@gmail.com))

