



The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club | September 2018

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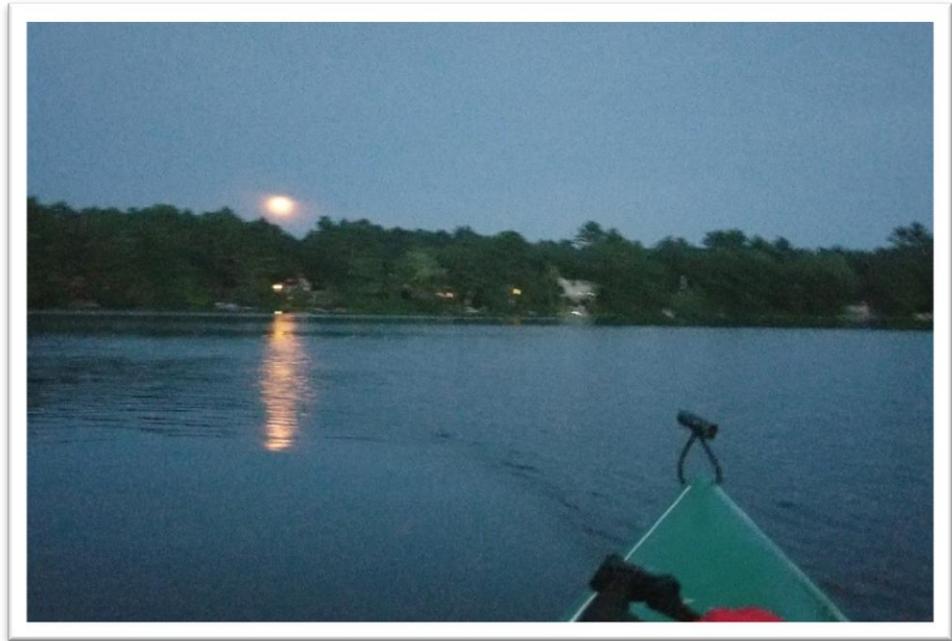
Please send your Word doc and photographs to breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

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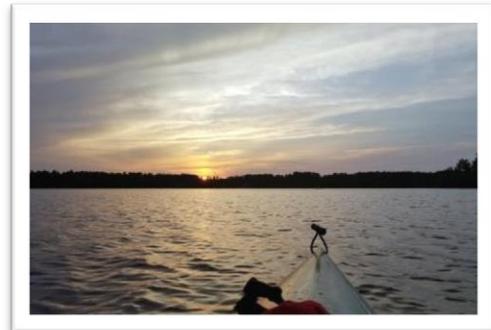


The full moon rises in the east over Tispaquin Pond. *Photo by Barry Young*

Summer slipping away with Moonlight Paddle

By Barry Young, Chapter Chair

Ten hardy kayakers gathered August 25th for a moonlight paddle at Tispaquin Pond in Middleboro. After enjoying a traditional cookout of burgers, sausage, hot dogs, and several delicious "dishes to share," paddlers were on the water around 7:15 p.m., just in time to watch the sun set over the quiet waters. About half-an-hour later, the full moon was clearly visible as the kayakers took a leisurely paddle around the perimeter of the 200-acre pond. This paddle was part of the Chapter's new initiative of flat water paddling in Bristol and Plymouth County.



L: Kayaks are ready to launch. R: Watching the sun set over quiet waters.
Photos by Barry Young

View from the Chair: “We Are Growing!”

Did you know the membership of the AMC Southeastern Massachusetts Chapter has just surpassed 4000 members? AMC consists of twelve chapters from Virginia to Maine, and although we are one of the smallest chapters, we are very active, offering a variety of hikes, bicycle rides, paddling trips, ski trips, as well as opportunities to do trail work and other volunteer activities.

Check out our latest schedule of activities on our website at <http://activities.outdoors.org/search/index.cfm?grp=10> and, if you don't find something that appeals to you, send me an email at chair@amcsem.org and I'll try to find a leader to plan a trip just for you.



We have recently started a Young Members Group, and they are off to a great start. Check out their Facebook Page at <https://www.facebook.com/groups/AMCSEMYoungMembers/about> for recent and future activities.

Here is another great idea to get outside and meet some of our members: The cutoff date for reserving a bunk for our Chapter Retreat overnight at Camp Burgess in Sandwich has passed, but you can still participate in all the daytime activities on Saturday, September 22nd. This includes several hikes, bike rides, clinics, and paddles on Saturday. What could be better than spending some time outside on the Cape in the fall?

While membership in AMC is a very worthwhile way to support the outdoors, conservation, and the environment, don't just be an “armchair member”—take full advantage of your membership by participating in one of our activities!

*Hope to see you outside!
Barry Young,
AMC-SEM Chapter Chair*

2018 Executive Board

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Paddling Vice ChairLuther Wallace
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Trails Vice Chair.....Skip Maysles

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Social Vice ChairOPEN
Social Media AdministratorChristine Racine
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The Breeze Editor.....Mo Walsh
Blast Editor.....Marie Hopkins

Contact chair@amcsem.org if you are interested in any OPEN position.

Nominations Open for Chapter Distinguished Service Award

By Barry Young, Chapter Chair

Nominations are now being accepted for the annual AMC-SEM Distinguished Service award, our Chapter's highest service award. Any active SEM Chapter member may nominate someone.

Nominees should fulfill the following criteria :

- Must be a current AMC-SEM member and have been active with the SEM Chapter for more than 5 years.
- Has significantly contributed to different committees
- Has contributed to the AMC Club in addition to committee work
- Has contributed "above and beyond" the usual SEM high level of volunteer service

The selection process is conducted by a secret vote by the Nomination Committee, which consists of previous award recipients and is coordinated by the previous year's winner. The winner of the award will be announced at our Annual meeting on November 3rd. Until then, the winner is a surprise! Winners receive a Gold Plated Sierra Cup, a certificate, and have their name added to the SEM Distinguished Service Award plaque.



If you wish to nominate someone, start gathering your facts to support your nominee and fill out the DSA Nomination Form, which you can receive by contacting the Chapter Chair (chair@amcsem.org), or look for it to be posted soon under Documents on our website.

To learn more about the award, visit our website at <http://www.amcsem.org/about.html>

AMC Nominations due November 15

Do you know an outstanding volunteer who goes above and beyond in their role? Nominate them today to receive an award at AMC's Annual Summit Celebration on Saturday, January 26, 2019, in Norwood, MA.

Volunteers are the lifeblood of the AMC. These passionate and dedicated members give more than 500,000 hours of their time each year. AMC's Clubwide Awards recognize and highlight the magnitude of their contributions to our mission.

The Distinguished Service Award recognizes AMC volunteers who have contributed outstanding efforts to the mission of the Club for a sustained period of time, and at the very highest levels. This award highlights long term commitment to enhancing and sustaining the integrity of the Club's conservation, education, and recreation values, with a special acknowledgement that the recipients have developed a complete understanding of the values and goals of the entire organization.

The Volunteer Leadership Award recognizes one or more dedicated volunteers who, in addition to contributing many hours, demonstrate outstanding passion and commitment and are instrumental to AMC's activities, programs and mission. Previous award recipients are not eligible.

The Joe Dodge Award is presented to a member who best exemplifies the type of high quality public service and mountain hospitality that were the hallmark of longtime AMC Huts Manager Joe Dodge's long and distinguished career at Pinkham Notch. The Award focuses on actions that relate to AMC activities in the White Mountains, particularly the huts and trails and Pinkham Notch.

Nominations are due on November 15, 2018. Visit outdoors.org/awards for more information, and [click here](#) to submit a nomination. We look forward to hearing from you!



AmeriCorps volunteers help with heavy brush-clearing.
Photo by Cathy Giordano

Unexpected partnership tackles Falmouth Moraine Trail work

By Len Ulbricht, Chapter Vice Chair
and Cathy Giordano, Cape Hiking Vice Chair

Usually when people are asked about clearing trails in the summer, the somewhat negative response—people traveling, not enough help, ticks, mosquitos, too hot, etc.—usually means “Forget it.” This was not the case when the 300 Committee was approached about the Falmouth Moraine Trail.

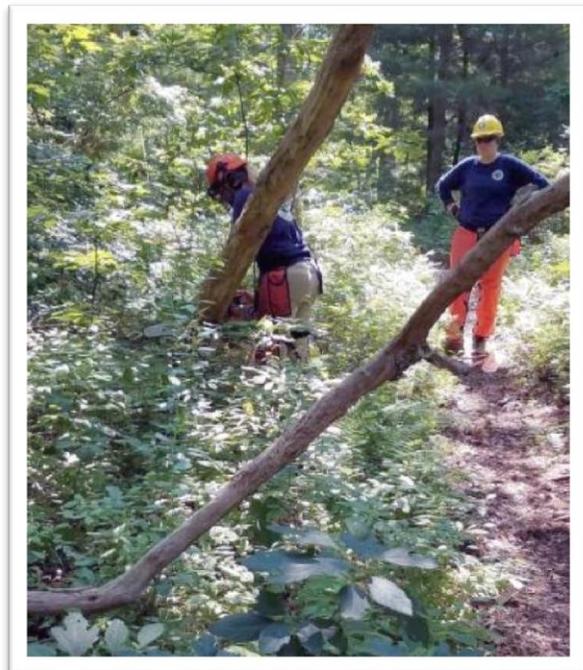
Len Ulbricht and I hiked the nine-mile Moraine Trail as a possible long hike for Saturday, September 22nd, at AMC-SEM’s Retreat Weekend. This scouting exercise revealed many trees down and trails overgrown. A somewhat overwhelming task for anyone to clear!

Phone calls relayed the need for extensive trail work to Alex Zolo and Lucy Helfrich of the 300 Committee Land Trust, which has oversight responsibility for the trail. They were encouraging! “We’ll see what we can do” in

late June was followed by “We’d appreciate your help and guidance on Monday, July 16th.” The 300 Committee tapped resources from AmeriCorps of Bourne and AMC to begin a massive job of restoring the trails.

On July 16, Tarryn Szalay and her energetic group of twelve AmeriCorps people arrived at the trailhead complete with chain saws, brush cutters, hard hats, gloves, safety glasses, chaps, loppers, smiles, and an awesome attitude! Tarryn divided her team into two groups. Charlie Peterson, Trails person for the 300 Committee, led one section of trail clearing. The second group, working in another section with the majority of blowdowns, was led by the AMC-SEM Chapter’s Len Ulbricht, Chapter Vice Chair, and Cathy Giordano, Cape Hiking Vice Chair. Both groups worked from 8:30 am to 2:30 pm in 80-plus-degree heat, clearing large sections of the Moraine Trail!

It was a pleasure to be part of such a wonderful team effort! We wish we could tell you that all nine miles of the trail have been cleared, but it just was not possible, given our winter storms, very rainy spring, and limited availability of resources. So we’ll be looking for some of you to lend a hand on Saturday, Sept. 15. Register as a volunteer with Cathy Giordano cmgiordan@msn.com.



The crew from the 300 Committee, AmeriCorps, and AMC-SEM made a big start on much-needed trail work. *Photo by Cathy Giordano*

SEM CHAPTER RETREAT ON CAPE COD

WHEN

Sept. 21-23, 2018

WHERE

Camp Burgess

East Sandwich, Mass.

FEATURING · Hiking, Biking, Paddling, Naturalist Events, Zipline, Orienteering, Basketball, Beach Volleyball, Photography Workshop, Bike Maintenance, Campfires, Food, Socializing, and more...

FOR MORE INFO AND PRICING:

[HTTP://ACTIVITIES.OUTDOORS.ORG/SEARCH/INDEX.CFM/AC
TION/DETAILS/ID/106649](http://activities.outdoors.org/search/index.cfm/action/details/id/106649)

**TO REGISTER, CONTACT
SANDY SANTILLI**

SMSANTILLI@COMCAST.NET

JOIN US FOR:

FRIDAY

- **Ryder Conservation Area Hike**
- **Short paddle on Triangle Pond or local bike ride**
- **After-dinner campfire**

SATURDAY

- **Full-day hike on Falmouth Moraine Trail (9 miles)**
- **Morning paddle in Cotuit Bay**
- **Morning naturalist hike**
- **Bike safety check followed by local ride**
- **Maple Swamp Conservation Area hike**
- **Zipline and climbing wall**
- **Orienteering challenge**
- **Basketball, beach volleyball, etc.**
- **Photography workshop**
- **Conservation videos**
- **After-dinner campfire social**

SUNDAY

- **Morning hike to highest point in Barnstable**
- **Yoga for Everyone**
- **Morning paddle**



Photo by Ed Foster

Volunteer of the Month: Jean Orser

By Ed Foster, Paddling Chair

Each month the AMC-SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Paddling Committee recognizes **Jean Orser** for her numerous contributions.

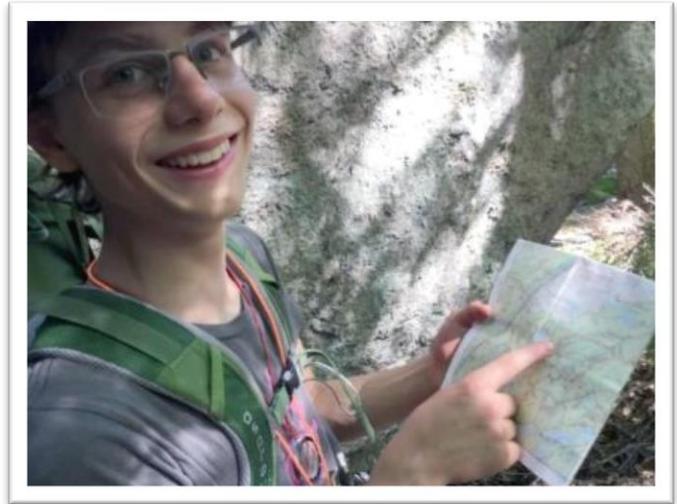
Jean is one of only four leaders who volunteer to lead eight or more trips a season, and she's done this for many years. Jean is also responsible for the pictures that go into our trip reports and that adorn the trip listings on the AMC website. She attends most of our paddles and brings a batch of freshly-baked brownies to share with all the paddlers. Without Jean we'd be running significantly fewer paddles and the ones we did run would not be as enjoyable.

Thank you, Jean, for all you do!

Jean will receive a Volunteer of the Month Certificate and a \$50 gift card.

Teach, Share, & Learn: Summit session proposals due Sept. 14

Do you have a great idea for a session at the 2019 Annual Summit? AMC's 143rd Annual Summit will be held on Saturday, January 26, 2019 in Norwood, MA. Submit a session proposal by filling out [this survey](#). All proposals are due by Friday, September 14th. If you know someone who would be a great presenter, please share the survey with them. We get our best ideas from you!



A student reads a trail map in Harriman State Park, NY.

AMC's 'A Mountain Classroom' Program By Andy Muller, N. Country Youth Education Director

AMC's successful [A Mountain Classroom](#) Program (AMCR) is now providing great environmental and leadership development programming to students in schools from Maine to Pennsylvania. Serving more than 9,000 youth a year, AMCR utilizes AMC sites to engage youth in science and outdoor activities for youth development.

Through the power of outdoor experiences, A Mountain Classroom increases students' ecological understanding, inspires their personal growth, and develops community.



On a foggy, pea soup day, students climb the fire tower on the Appalachian Trail near the AMC's Mohican Outdoor Center in NJ.



Course Director Paul Brookes, left, works with Jan Su on a field exercise. *Photo by Barry Young*

Map & Compass for Beginners was an amazing experience!

By Dio Gonclaves, Communications Vice Chair

The Map and Compass class by Paul Brookes on July 14th was nothing less than an amazing experience! The course included as a training aid a 3-D model of a mountain (built by Paul himself), three hours of in-class instruction, and practice outdoors, topped off with a three-hour hike in the Blue Hills to practice our newly learned skills.

Paul was extremely knowledgeable, and his teaching style easy to follow. This made the learning experience very productive. Starting with the basics of directions on a map (N, NW, NE, S, SW, SE, E, W), and leading to different types of maps available, Paul had all the materials ready to make everything simple for beginners. After each short lesson, we gathered around in small groups to practice what we had learned.

Without question, the most impressive part of this class for me was the 3-D model of a mountain that Paul made and brought to enhance the class experience for visual learners like me. The 3-D model made it easy to understand how contour lines are created around a mountain and to easily identify the



valleys, ridges, slopes, and summits, amongst others. Overall, an amazing in-class experience followed by the best part of the day—lunch!

After three hours of acquiring all the classroom knowledge provided, we headed out in our small groups to practice our skills. Although I didn't track the distance of our short hike, it was a moderate one, which allowed us to practice the techniques Paul had just taught us. This included orienting our maps every time we reached an intersection, and being aware of our surroundings to know what to expect and what type of terrain we should be reaching ahead.

During our first bushwacking exercise, we used our compasses to follow a bearing. ("What's a bearing?" you ask. I advise you to take the next class available.) Once we had the system down, we were able to move very quickly and finally reach our destination.

On our second bushwacking exercise, we followed a contour line, trying to stay at the same elevation. In the end, this enabled us to reach our destination, which was very rewarding.

Hopefully, Paul will offer this course again sometime soon and, if so, I strongly advise all hikers and hike leaders to take advantage of this excellent opportunity to learn how to avoid getting lost in the woods through basic (but essential) map and compass skills.



Above: Course instructor George Danis, center, monitors a field exercise. *Photo by Barry Young*

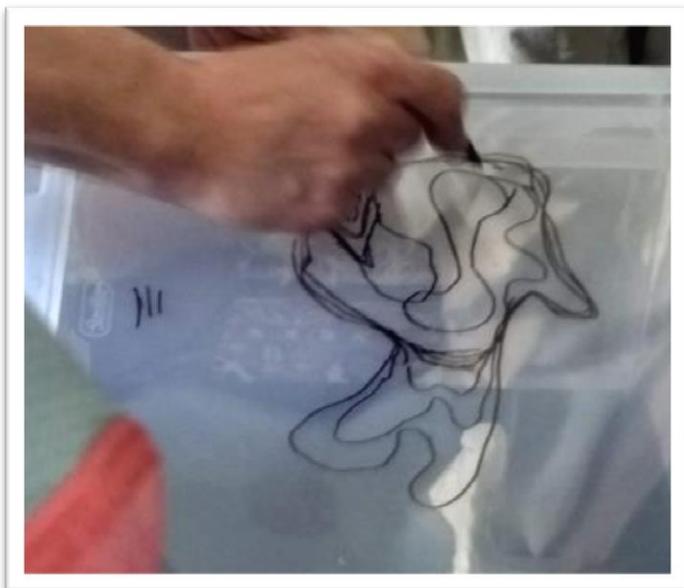
Left: Map and compass. *Photo by Ken Carson*
(Photos continued on page 7)

Map & Compass Class

(Continued from page 6)



3-D model immersed in varying levels of water shows how land contours are formed. *Photo by Dio Goncalves*



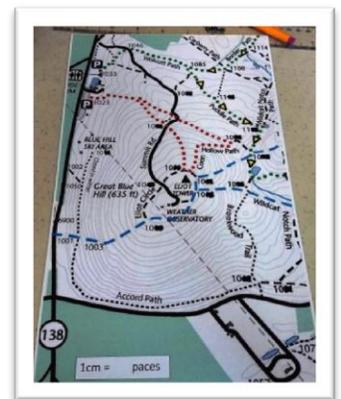
Paul Brookes illustrates how elevation is shown on a map by contour lines. *Photo by Dio Goncalves*



Doug Griffiths, left, Alan Greenstein, and Dio Goncalves orient their map before setting out on an exercise. *Photo by Ken Carson*

Tools of the trade include a ruler, topographic (topo) map, and orienteering compass (photo at left) and a contour map showing more elevation intervals (photo at right).

Photos by Dio Goncalves





Charlie Farrell, longtime AMC and SEM Member, has been involved with the project since the early concept phase. Here he unearths field stones for transport to the bridge location. *Photo by Barry Young*

Bridge building continues Sept. 18th

By Barry Young, Chapter Chair

The Southeastern Massachusetts Chapter is building a wooden foot bridge over a stream near the outlet of Dr. Durfee's Mill Pond in the Fall River BioReserve. The 14,000-acre reserve sustains the native biodiversity of the region, while offering an extensive network of trails for hiking, biking, and cross-country skiing.

The concept of the bridge project started more than a year ago, and construction started this summer. At the end of July, a work party of six AMC-SEM hardy workers began building the fieldstone abutments for both ends of the bridge.

A planned construction and assembly date was postponed due to excessive heat, and now the construction of the bridge is planned for Tuesday, September 18th. The stream bed is dry this time of year, but in the spring, there is two feet of rushing water under the bridge. If you are interested in helping to build the bridge, contact Barry Young at chair@amcsem.org.



Skip Maysles, left, and Paul Brookes, right, move field stones to build the bridge abutments at both ends of the bridge span. *Photo by Barry Young*



A hardy work crew constructs the fieldstone abutments at both ends of the planned new bridge. The old wooden single plank bridge in the photo will be replaced with a new wider bridge. Left to right: Skip Maysles, Bob Vogel, Pete Tierney, Paul Brookes, Charlie Farrell. *Photo by Barry Young*



AMC opposes power line project

By Kaitlyn Bernard, Maine Policy Manager

Recently, Massachusetts put out a request for proposals to bring additional renewable energy to the state. Central Maine Power's "New England Clean Energy Connect (NECEC)" proposal was selected through that process.

The proposal includes a transmission line project through Maine to transport HydroQuebec hydropower to Massachusetts. The proposed line would include 53.5 miles of a new 150-foot-wide cleared corridor through undeveloped forest. The remaining 91.5 miles would be co-located within existing transmission corridors, but would entail widening of the corridor and/or the installation of taller towers in many areas.

The Appalachian Mountain Club (AMC) is opposed to the New England Clean Energy Connect (NECEC) transmission line as currently proposed.

AMC has four primary concerns with this project:

- The significant scenic impact to the Kennebec Gorge, a nationally significant whitewater boating area whose value is recognized in a wide range of state laws and policies.
- The increased scenic impact to the Appalachian Trail.
- The fragmenting impact of the new corridor through undeveloped forest of high ecological value and conservation interest.
- The lack of evidence that the project will provide real greenhouse gas reduction benefits.

[You can read our full position on our website.](#)

AMC strongly believes that we need to transition away from a fossil fuel-based economy and address climate

change impacts. These efforts require a variety of tools, including increased energy efficiency and the development of new renewable energy sources. Technological advances and new market tools offer cost effective alternatives to the current large scale energy generation and long distance transmission model with its large environmental foot print. The impacts of this project and lack of evidence that it is generating new renewable energy resources are concerning. We are more interested in exploring new models including distributed energy and local renewable generation that would eliminate the need for a 145-mile transmission line.

AMC is closely following this issue and will alert interested members when there are opportunities to weigh in. We expect opportunities for public comment to be scheduled later this fall. To stay in the loop, please join [AMC's Conservation Action Network](#) or contact AMC's Maine Policy Manager Kaitlyn Bernard kbernard@outdoors.org.

Adventure Travel Leadership training Nov. 2-4 in Charlton, MA

Take your leadership skills to different parts of the world by becoming an AMC Adventure Travel Leader! This workshop provides important training to people who have AMC chapter leadership experience to transition to more complex and longer trips, domestically and overseas.

Emphasis is on planning, marketing, trip management, people skills, risk management, and reporting. Includes procedures and guidelines for researching, proposing, and leading AMC Adventure Travel trips.

Visit [this page](#) for more information and to download an application. Questions? Contact [Nancy Holland](#).

2019 Group Sales Reservations

Group reservations are open for most volunteer-led trips for the 2019 season! Group sales for the Corman Harriman Outdoor Center in New York open October 1.

To reserve group space for an AMC trip, call 603-466-8059 or email AMCgroups@outdoors.org. And, don't forget about the AMC Leader Lodging Benefits! We look forward to seeing you at our lodges and huts next year.

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1 very fast

2 fast

3 moderate

4 leisurely

Indicates terrain

A very strenuous

B strenuous

C average

D easy

Found in the description

L Activity leader

CL Activity co-leader

FT First Time

NM ... New Members

AN Advance Notice

C Conservation

CHAPTER RETREAT

Fri.-Sun., Sep. 21-23. Hike, Bike, Paddle, and Socialize at AMC-SEM Chapter Retreat, East Sandwich, Cape Cod. Come join your fellow Southeastern Mass. Chapter members at our first-ever Cape Cod Chapter Retreat weekend. We'll enjoy the 300 acres of forests, fields and fresh water ponds at the Camp Burgess Outdoor Education and Retreat Center in East Sandwich, MA. We'll offer a variety of hiking, biking and paddling events to choose from during this fun weekend, plus workshops on bike maintenance/repair and map & compass orienteering, and even a yoga session (bring your mat). Socialize with your fellow SEMers while strolling the camp grounds or at the social hour before dinner, or perhaps take a pontoon boat cruise from the camp's Spectacle Pond waterfront. For the more adventurous, try the zip line or climbing wall. After dinner, gather around a campfire to share war stories or relax in the camp's cozy lodge. While it's too late to register for the entire weekend, you can still join the fun on Saturday. Saturday-only registrants can join in any hike, bike, paddle, stay for the social hour and dinner, and close out the day by the evening campfire, for \$30.00 per person. For further information about our Chapter Retreat, contact Len Ulbricht at lenu44@gmail.com. L Len Ulbricht (lenu44@gmail.com), R Sandy Santilli (smsantilli@comcast.net)

BICYCLING

Sun., Sep. 16. 25 Miles of beautiful scenic country ride, Rochester, MA. Rochester, Lakeville, Freetown Ride. 1pm start. Nice scenic 25 mile ride passing by farm land, cranberry bogs and lakes and ponds. Ice cream stop near the end of the ride at the Robins Nest. Easy pace ride between 12-13 mph. Helmets are required. Please have tires pumped and bikes ready to roll at event starting time. To sign up and get info on the start location contact the leader, Jack Jacobsen (508-353-3708 8:00 AM- 8:00 PM, cyclejac51@yahoo.com, Long time bike leader)

Sat., Oct. 6. Cycling & Wine Tasting, Westport Rivers Winery & Vineyard, Westport, MA. Join us for a 20- 25 mile ride through beautiful Westport, MA, followed by a wine tasting & tour. We will ride past farms, conservation land & beaches at a 12-15 mph pace. There will be some moderate hills. We will end with a private group tour & wine tasting at Westport Rivers Winery. Helmets required. Have bikes ready to roll for the start time listed. Attendees must be over age 21. Non riding guests are welcome to attend the wine tasting portion of this event. Cost of the event is \$15.00 per person. Please pay ride leader on the day of the event. This event must have a minimum of 10 attendees to reach a tour minimum. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com) CL Barbara Gaughan (barbaragaughan12@comcast.net)

Continued on next page

Activities

For the most current information, [search activities online](#)

CAPE HIKING

Sat., Sep. 15. Prune the Falmouth Moraine #2, Falmouth, Massachusetts, MA. The AMC-SEM Retreat weekend is fast approaching! The Falmouth Moraine Trail is being offered as a long hike on Saturday, September 22 and it needs YOUR HELP. Thanks to a cooperative effort involving AMC, the #300 Committee of Falmouth and AmeriCorps of Bourne in July, work began to clear brush and fallen trees from two sections of this trail. Nine Miles! Lots to clear! We're looking for volunteers to help prune back summer vegetative growth on portions of the Moraine Trail. This involves cutting back fern, huckleberry, sweet pepper bush. Nothing big. Hedge clippers, brush cutter/weed whacker should do. Tools are not provided. Please bring your own. Registration is required. Kindly contact: Cathy Giordano cmgiordan@msn.com 508 243-3883. Meet up info will be emailed to once registration is complete. L Catherine Giordano (508-243-3884 before 9 pm, cmgiordan@msn.com)

Thu., Sep. 20. Hike--Great Neck Preserve, Wareham, MA. This 4 mile, 2 hour hike in the Great Neck Preserve in Wareham is on wooded trails through New England Forestry Foundation and Wildlands Trust lands. There are several hills and some wet areas. Hikers will pass a sheep farm, see Swan Pond, and have views of marshes with Buzzards Bay in the distance. Please note that the parking and trailhead is not the entrance to Great Neck Preserve--see the directions for parking below. L Robin McIntyre (508-789-8252 Before 9 pm, robinm McIntyre@comcast.net, Robin is a 3rd year Level I SEM/Cape hike leader with WFA training) L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Jane is Cape Hike chair for AMCSEM with over 4 years of hike leadership experience.)

Thu., Sep. 27. Hike - Yarmouth, Greenough Ponds (B3C), Yarmouth, MA. Walk through Yarmouth Botanical Gardens, Dennis & Greenough Ponds. Meet at 9:45, 2 hr. Exit 7 off Route 6 to North, right on 6A, at sharp turn go right on Summer St. to beach parking lot. L Richard Kaiser (508-432-3277, rjkaiser@comcast.net)

Sun., Oct. 7. Hike-Brewster, Punkhorn Parklands (C3C), MA. Wooded, hilly trails with pond views. Route 6 Exit 9B, 2 miles to a right on Satucket, then bear right at Stony Brook Road. In 0.3 miles, turn right on Run Hill Road. 1.3 miles to parking lot on the left. Meet 12:45 pm 2 hours. L Janet Kaiser (508-432-3277 before 9 p.m., jtkaiser@comcast.net)

Thu., Oct. 11. Hike Eagle Pond Cotuit, MA. Hike in historic conservation land, some roads to Cotuit Bay and around a white cedar swamp. Terrain is fairly flat, many roots and most trails are wide. Driving Directions: Take Rte 6 (mid Cape Highway) to Exit 5) and turn S on Rte 149, follow signage and take 149 to Rte 28, Turn R. At traffic light with shopping plaza on R and CVS on L turn L onto Putnam Ave. Travel a mile or less until you see dirt cutout on L. Park in cutout. From Falmouth take Rte 28 towards Hyannis and at lights in Marston Mills with shopping plaza on L and CVS on R, turn R on Putnam Rd and proceed a mile or less until you see dirt cutout on L, park in cutout. Meet at 9:45 AM. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

(FT) (NM) Sat., Oct. 13. Hike Cape Cod Canal/Town Neck Sandwich, MA. Taking advantage of low tide we will hike 4-5 miles along the canal, along Town Neck & Boardwalk beaches which vary from very rocky terrain to soft & hard packed sand then through the Town Neck neighborhood. Gather at 8:45 for a 9 a.m. start from Sandwich Recreation Area parking lot at end of Freezer Rd off Tupper Rd, Sandwich. Heavy rain cancels. L Barbara Gaughan (781-572-1321 Before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader.)

Thu., Oct. 18. Hike Coast Guard Beach Eastham, MA. 2 hour hike. Visit Salt Pond, salt marshes, Coast Guard Beach. Directions: From Route 6 take Right into National Seashore Salt Pond Visitors Center. Meet at 9:45 and hike 10 am - 12:00 pm. L Richard Kaiser (508-432-3277 Before 9 PM, rjkaiser@comcast.net)

Sun., Oct. 21. Hike along the Quashnet River, Falmouth / Mashpee, MA. This is a 4.2 mile hike at a moderate pace along the Quashnet River and through adjacent woods. About ½ of the hike will be on moderate rolling terrain. Meet at 12:45 for 1:00PM start. L Deborah Hayden (508-274-2820 before 9PM, shaferhayden@gmail.com)

Continued on next page

Activities

For the most current information, [search activities online](#)

CAPE HIKING

Thu., Oct. 25. Hike--Sagamore Hill and Scusset Beach State Park, Sagamore, MA,. This 4 mile, 2 hour hike is on wooded paths to historic Sagamore Hill, along level wooded trails in Scusset Beach State Park, and along the Cape Cod Canal service road. Dress for wind along the canal. Go over the Sagamore Bridge, taking Exit 1A/Scusset Beach Road. Go 1.5 miles to the parking area, passing through a traffic light, pass McDonald's on the right, pass the fire station on the left. You will see the sign for Scusset Beach State Park. Pass the guard shack. Fairly soon on the right you will see the Headquarters sign. Park in that lot, on the near end of the parking lot near the road. L Robin McIntyre (508-789-9752 Before 9 pm, robinmcintyre@comcast.net, Robin is a third year Cape hike/SEM leader with WFA training.) L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net Jane is the Cape Hike AMC SEM chair with several years of hike leadership.)

(AN) Sat., Oct. 27. Hike - Wellfleet, Griffin Island, MA. Wooded trails, hills, out to dunes return. Meet 9:45 AM. Rte 6, left at lights toward Wellfleet Center, left on E. Commercial St. Turn Right on Chequessett Neck Rd. Continue to Great Island Parking Lot on Left. Over 2 hours. L Janet Kaiser (508-432-3277 eve before 9 p.m., jtkaiser@comcast.net)

Thu., Nov. 1. Hike Mashpee River Woodlands (C3C), Mashpee Neck Rd, Mashpee, MA, Wooded walk along Mashpee River. Take Orchard Rd. off Rte.28 to end. Turn R. then quick L onto Mashpee Neck Rd. Go 1.1 miles to Mashpee River Woodlands Pkg.Lot on R. Meet at 9:45AM. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 PM, farlewis@comcast.net)

Thu., Nov. 8. Hike Long Nook Truro, MA. 2 hour hike. Visit AF Base and Jenny Lind Tower. Directions: From Route 6 take Right on Long Nook Rd (1.2 miles after Pamet Rd Exit) and follow to parking lot at the end. Meet at 9:45 and hike 10 am - 12:00 pm. L Richard Kaiser (508-432-3277 Before 9 PM, rjkaiser@comcast.net)

Sun., Nov. 11. Hike Shawme Crowell State Park Sandwich, MA. Two hour hike on wooded trails through the scenic campground. Driving directions: Take Rte 6 to Exit 2, Rte 130 and turn N. Stay on Rte 130 until you see entrance sign for Shawme Crowell. Turn into Shawme Crowell and turn right past entrance booth and follow road until you come to open space and paved cutout on R. Park along road off pavement if possible. Meet at 12:45 PM. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

(NM) (AN) Thu., Nov. 15. Hike-Barnstable-Crooked Cartway (C3C), MA. Wooded walk to The Walker Point Observation Deck. Take Rte. 149 to Rotary at Cape Cod Airport, Marstons Mills. West on Race Lane for 1.1 miles. Right onto Crooked Cartway to end. Meet 9:45AM. 2 hours. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 pm., farlewis@comcast.net)

Sun., Nov. 18. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills throughout the hike. This is not a novice hike. We will have views of Back River from the Leary Property. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year SEM/AMC Level 1 hike leader with WFA training.)

Sun., Dec. 9. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4.5 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with several moderate hills. It offers views of the ponds and some wildlife. It is a loop so does not offer easy bail-out points. This is not a novice hike. Note that the parking and trailhead is not the Four Ponds parking lot. From the Bourne Rotary/Cape side, take Route 28S for 1.7 miles. Take a right onto Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 0.5 miles and turn left onto Valley Bars Road. Go 0.3 miles and park on the side of the road before the Weary Traveler's club. Please bring water for drinking, dress in layers. Sturdy boots/shoes are suggested. If you have questions please contact leader L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training)

Sun., Dec. 16. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture, along surrounding marsh and beach and through historic Quivet Neck neighborhood. Expect soft sand! L Deborah Hayden (508-274-2820 before 9PM, shaferhayden@gmail.com)

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Activities

For the most current information, [search activities online](#)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Sat., Sep. 8. Summer Series #4 Moosilauke Hike, North Woodstock NH, MA. Summer Series Hike #4- Complete the summer series by hiking 4802 foot Mount Moosilauke. Located near North Woodstock NH, this hike is noted for its stunning 360 degree views. Beginning at the Ravine Lodge, we will climb the Gorge Brook Trail which winds up the south side of the mountain, reaching the summit in 3.7 miles. At the summit we will pause and remember the lives lost on September 11, 2001 for 1 - 2 hours by raising American flags. Weather permitting there will be a military fly over. We will return via the AT and the Carriage Road to the Ravine Lodge. Total distance 7.5 miles with 2500 ft elevation gain. Time 7 - 8 hours. L Anne Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com) L Jeannine Audet (MILMOD@aol.com) CL Dia Prantis (dprantis@yahoo.com), R Anne B. Duggan (177 Rounseville Road, Rochester, MA 02770, 508-789-5538 before 9 pm, abduggan12@gmail.com)

Thu., Sep. 13. Thursday Morning Hike at Tidmarsh, Plymouth, MA, 60 Beaver Dam Road in Plymouth, Mass, MA. We will explore this new Audubon Area and hike 5 mostly flat miles. Bring binoculars for watching the many birds there. Also bring water, lunch and appropriate clothing acc to the weather. L Hans Luwald (508-668-0462 Before 9:00 PM, hansluwald@gmail.com)

Thu., Sep. 20. Thursday Morning Wompatuck Hike, Wompatuck State Park, Hingham, MA. Approximately a 4 hour hike with a break for lunch. Mostly level, wooded trails. Meet at the visitor center. L Richard Monarch (617-327-5447 before 9:00pm, rcm_54@yahoo.com)

Fri., Sep. 21. Hike, Bike, Paddle, and Socialize at SEM Chapter Retreat on Cape Cod, MA. Come join your fellow Southeastern Mass. Chapter members at our first-ever Cape Cod Chapter Retreat weekend, September 21-23. We'll enjoy the 300 acres of forests, fields and fresh water ponds at the Camp Burgess Outdoor Education and Retreat Center in East Sandwich, MA. We'll offer a variety of hiking, biking and paddling events to choose from during this fun weekend, plus workshops on bike maintenance/repair and map & compass orienteering, and even a yoga session (bring your mat). Socialize with your fellow SEMers while strolling the camp grounds or at the social hour before dinner, or perhaps take a pontoon boat cruise from the camp's Spectacle Pond waterfront. For the more adventurous, try the zip line or climbing wall. After dinner, gather around a campfire to share war stories or relax in the camp's cozy lodge. While it's too late to register for the entire weekend, you can still join the fun on Saturday. Saturday-only registrants can join in any hike, bike, paddle, stay for the social hour and dinner, and close out the day by the evening campfire, for \$30.00 per person. For further information about our Chapter Retreat, contact Len Ulbricht at lenu44@gmail.com. L Len Ulbricht (lenu44@gmail.com), R Sandy Santilli (smsantilli@comcast.net)

Thu., Sep. 27. Wilson Mountain and Whitcomb Woods Hike, Dedham/Needham, MA line, MA. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. There are well marked trails to the summit of Wilson Mountain on the Dedham/Needham line. Managed by the Massachusetts Department of Conservation and Recreation. After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Forested level trails with views of the Charles River and gazebos. Total hike is 5 - 7 miles at a moderate pace. Bring water snacks/lunch, sturdy footwear. Rain cancels. Dogs on leash O.K. No fees. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net) CL Walt Granda (508-971-6444 Before 8:00 pm, wigranda@aol.com)

Sat., Oct. 13-14. Hike Greenleaf Hut, Mt. Lafayette, and Franconia Ridge, Franconia Ridge, NH. Starting from the trailhead in Franconia Notch, we'll hike up the Old Bridle Path to the AMC Greenleaf Hut at treeline, where we'll explore the area and enjoy a hearty dinner prepared by the hut croo before spending the night at the hut. After breakfast Sunday morning, weather and trail conditions permitting, we'll summit Mt. Lafayette and then take the beautiful Franconia Ridge Trail over Mt. Lincoln to Little Haystack before returning to the trailhead via the Falling Waters Trail. Due to the potentially winter-like weather and trail conditions, at least some prior winter hiking experience will be required for participants. We may also require microspikes and other winter gear, footwear, and clothing. L Paul Miller (508-369-4151 before 9:00 pm, paulallenmiller@verizon.net, An experienced four-season hike leader, Paul likes to maintain a moderate hiking pace.) L Anne Duggan (ab.duggan@verizon.net)

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HIKING

Thu., Oct. 25. Arnold Arboretum - Autumn Peak Hike, Jamaica Plain, MA. Arnold Arboretum hike - including two hills with vistas and the "explorer's garden", spectacular fall foliage in this "tree museum". 4 -5 mile hike at a moderate pace. Bring water, sturdy footwear, snack or lunch. Meet at the visitors' center (Hunnewell Building) located at 125 Arborway, Jamaica Plain at 9:45 for prompt 10:00 am start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-stop. Free admission. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net)

Thu., Nov. 8. Blue Hills Hike – Ponkapoag Pond - Canton, MA. Moderate to fast pace, with occasional stops. 4 ½ - 5 mile hike around The Pond, approx. 10:00am-12:30pm. Please arrive by 9:45 am for a prompt 10:00 am start. Bring snacks/lunch & water. We'll take a break at the AMC Camp. Steady rain cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net)

PADDLING

Sat., Sep. 8. Paddle Bass River North, Dennis, MA. Paddle upstream seeing Indian Lands Conservation area & new CCRT bridge. Lunch at Wilbur Park. Return & circumnavigate Grand Cove for about a 7 mile paddle. Wear PFD & bring spray skirt in case of wind. Bring water & lunch. REGISTER with jeanorser@gmail.com for time, directions & notification of cancelation. L Jean Orser (jeanorser@gmail.com) L Paul Corriveau (paulcorri@gmail.com), R Jean Orser (jeanorser@gmail.com)

Wed., Sep. 12. Paddle Long Pond, Harwich/Brewster, MA. Circumnavigate Long Pond, Small Pond, & possibly Greenland Pond if there is enough water in the entrance to it. Lunch on beach & paddle back to put-in. Wear PFD & bring spray skirt in case of wind; bring water & lunch. REGISTER with jeanorser@gmail.com for directions & notification of cancellation. L Jean Orser (jeanorser@gmail.com) CL Paul Corriveau (paulcorri@gmail.com)

Wed., Sep. 19. Paddle Centerville River from Dowse's Beach, Osterville., Centerville, MA. Paddle Centerville River and local Bays. Lunch on Nantucket Sound. L Bill Fischer - 508-420-4137 before 9pm. PFD and spray skirt Req. Rt. 28 to S on Old Stage to light on S. Main St. Take R on s Main St to E. Bay Take left and follow to Dowses Beach. park at far end of lot. L Bill Fischer (508-420-4137 before 9pm, wambarbarafischer@comcast.net)

Sat., Sep. 22. Paddle Cotuit Bay & Circumnavigate Osterville Grand Island, Cotuit, MA. This trip is run in conjunction with the SEM Chapter Retreat Weekend and we hope a lot of off-cape people will take advantage of this opportunity to explore some of the paddling options on Cape Cod. We'll launch into Cotuit Bay and paddle around Osterville Grand Island (Oyster Harbors) passing through North Bay, West Bay, and the Seapuit River before returning to our put-in. Lunch will be on a lovely beach on the Seapuit River. Plan on a 7 to 8 mile paddle. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required by Massachusetts law and spray skirts may be needed depending on wind and wave conditions. L Ed Foster (erfoster@comcast.net)

Sun., Sep. 23. Paddle Some Freshwater Ponds on Cape Cod, Marstons Mills, MA. This trip is run in conjunction with the SEM Chapter Retreat Weekend and we hope a lot of off-cape people will take advantage of this opportunity to explore some of the paddling options on Cape Cod. We'll paddle one of two sets of freshwater ponds, Mashpee/Wakeby or Indian Ponds, depending on the wishes of the attendees of the SEM Chapter Retreat. Contact the trip leader Saturday evening for the location and start time (it may be slightly different from our normal start time). Bring water and a lunch. PFDs are required by Massachusetts law and spray skirts may be needed depending on wind and wave conditions. L Ed Foster (erfoster@comcast.net)

Wed., Sep. 26. Paddle Herring River north, West Harwich, MA. Paddle upstream to Coy Brook to end & to East Reservoir & back to Herring River for lunch at North road Bridge. Afterwards paddle to West Reservoir & see herring run. Return to put-in for 8-9 mile paddle. Wear PFD & bring spray skirt in case of wind. Bring water & lunch. REGISTER with Jean Orser jeanorser@gmail.com for time & directions & notification of cancelation. L Paul Corriveau (paulcorri@gmail.com) CL Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com)

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PADDLING

Sat., Oct. 6. Paddle Chase Garden Creek, Yarmouth Port, MA. Paddle Chase Garden Creek and tributaries Judah's and White's Brook. See Greys Beach, Bray Farm, shell processing plant, & Chapins Beach. Plan on a 7 to 8 mile paddle. Wear PDF, Bring spray skirt in case of wind. Bring water and lunch. . L Paul Corriveau (paulcorri@gmail.com) CL Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com)

Wed., Oct. 10. Paddle Swan Pond & River, Dennis Port, MA From Swan Pond town *landing paddle down the river to its mouth on Nantucket Sound. Venture into the Sound if it's not too windy.* Lunch on a pretty beach. Return and circumnavigate Swan Pond. Plan on a 7 to 8 mile paddle. Wear a PDF and bring a spray skirt in case of wind. Bring water & lunch. Register with leader for put-in location. L Jean Orser (jeanorser@gmail.com)

Sat., Oct. 20. Paddle Nauset Marsh from Mill Pond, Orleans, MA. Paddle from the put-in on Mill Pond into Nauset Marsh. Lunch on beach. Circle the marsh and return to put-in for a 7 to 8 mile paddle. Wear PDF, bring spray skirt in case of wind, bring water & lunch. L Paul Corriveau (paulcorri@gmail.com) CL Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com, jeanorser@gmail.com)

Wed., Oct. 24. Paddle The Herring River, north, West Harwich, MA. Paddle upstream to Coy Brook and up Coy Brook as far as the tide allows. Then paddle through the East Reservoir to the Herring River to lunch at North Road bridge. After lunch we'll paddle to the West Reservoir to see herring run and then return downstream for an 8 to 9 mile paddle. It's usually very colorful in the fall with lots of birds. Wear a PFD, bring a spray skirt in case of wind, bring water & lunch. L Paul Corriveau (paulcorri@gmail.com) CL Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com)

TRAILS

Sat., Sep. 15. Trail clean up on Skyline Trail at Blue Hills, Milton, MA. No experience necessary! Everyone welcome! SEM Trail Maintenance in the Blue Hills Trail: Part of Skyline Trail (AMC-SEM's adopted portion) When: Saturday, September 15, 2018 (weather permitting) Time: 9:00 am to approx. 12:00 pm Where to meet: 8:45 am, Main (large) Parking Lot of Houghton's Pond on Hillside Street. Meet at north end of lot near the exit. Directions: From Rte 93 (old Rte 128), take exit 3. Follow Blue Hill River Road northerly. At stop sign/junction of Hillside Street, turn right. Main parking lot will be on right. Type of work: easy maintenance, clearing steps, trimming vegetation, removing loose rocks, cleaning water bars, etc. SEM will supply tools, gloves and snacks. Please bring water, any special food, wear appropriate clothing (long pants/long sleeve shirt, boots, hat), sunscreen, bug spray, etc. Register by Thursday, September 13 with Skip Maysles at piks126@yahoo.com. Leader: Pete Tierney, Co-leader: Skip Maysles. L Peter Tierney (piks126@yahoo.com) CL skip maysles, R Skip Maysles (piks126@yahoo.com)

Tue., Sep. 18. Build a Bridge!, BioReserve, Fall River, MA. The AMC Southeastern Massachusetts Chapter is building a wooden bridge over a stream in the Fall River BioReserve. The rock about ants are now in place and we are beginning construction of the bridge itself. You do not need any construction experience in order to help in this effort, just a willingness to help carry some lumber (many hands make light work) and a sincere desire to want to make a difference improving some trails and protecting the environment. Contact registrar, Barry Young (barry.young@comcast.net) for more info. L Barry Young (Barry.young@comcast.net).



Happy Trails!