



**SOUTHEASTERN
MASSACHUSETTS CHAPTER**
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The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club | October 2018

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Please send your Word doc and photographs to
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Thumbs-up for first chapter retreat weekend

By Len Ulbricht, Chapter Vice Chair

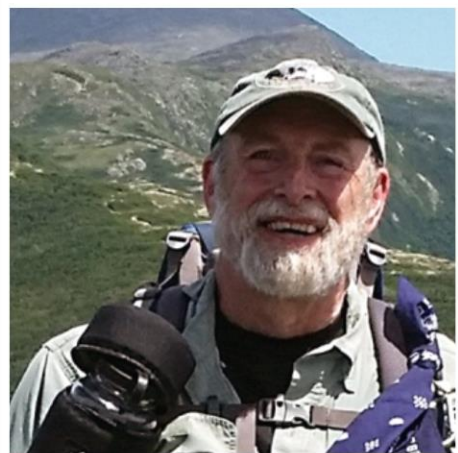
Our chapter's first-ever Cape Cod Retreat, held Sept. 21-23 at Camp Burgess in East Sandwich, offered a variety of experiences. In addition to hikes, bike rides, and paddles, those attending enjoyed workshops on bike maintenance and winter storage tips, landscape photography, and orienteering exercises with a compass. For the adventure-minded, there was a climbing wall and zip line, and for the easygoing, a pontoon boat ride on the camp's lake. Social hour on that Friday even featured a graceful bald eagle cruising overhead! *See more photos on Page 4.*

View from the Chair: ‘A BIG Thank You!’

As I write my last “View from the Chair,” I wanted to take this opportunity to thank you, the SEM membership, for honoring me with the privilege to serve you as your Chapter Chair for the last two years. I also want to thank the SEM Board and all the wonderful leaders and volunteers who made the last two years a wonderful success for SEM.

As a Chapter, we have accomplished a lot in the last two years—way too many things to list here. However, I would like to highlight a couple of notable achievements. First, thanks to our nominating committee and many other volunteers, we now have almost a full slate of committee vice chairs. Two years ago many of these positions were listed as “OPEN”. Second, in the last year we have initiated a Young Members Group and they are off to a great start. Both of these accomplishments bode well for the future of our chapter.

I hope to see many of you at the Annual Meeting and Dinner on November 3rd to thank you in person. If you have not already signed up, please do so now. It promises to be a great time, at a great venue, and with a great speaker.



Hope to see you outside!

*Barry Young,
Chapter Chair
AMC-SEM*

2018 Executive Board

Chapter ChairBarry Young
Vice ChairLen Ulbricht
SecretaryAnn McSweeney
TreasurerPatty Rottmeier
Past Chapter ChairMaureen Kelly
Biking ChairBernie Meggison
Biking Vice ChairOPEN
Cape Hiking ChairJane Harding
Cape Hiking Vice ChairCathy Giordano

Communications ChairPaul Miller
Communications Vice ChairDio Goncalves
Conservation ChairBill Cannon
Conservation Vice ChairNancy Coote
Education ChairDoug Griffiths
Education Vice ChairSue Svelnis
Hiking ChairMike Woessner
Hiking Vice ChairGeorge Danis

Membership ChairSandy Santilli
Membership Vice ChairOPEN
Membership Vice Chair ... Ellen Thompson
Paddling ChairEd Foster
Paddling Vice ChairLuther Wallis
Skiing ChairJeannine Audet
Skiing Vice ChairBarbara Hathaway
Trails ChairPeter Tierney
Trails Vice ChairWayne Anderson
Trails Vice Chair.....Skip Maysles

Ad Hoc Committee Chairs & Other Chapter Contacts

Social Director.....OPEN
Social Vice ChairOPEN
Social Media AdministratorChristine Racine
Social Networking Moderator.....Sue Mulligan

Webmistress..... Cheryl Lathrop
The Breeze Editor.....Mo Walsh
Blast Editor.....Marie Hopkins

Contact chair@amcsem.org

if you are interested in any
OPEN position



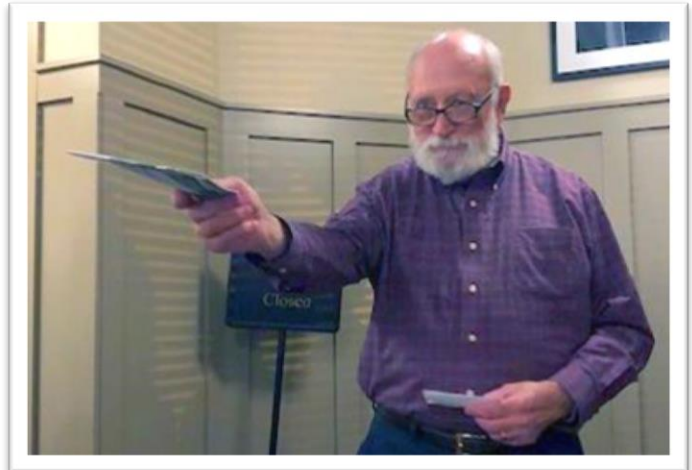
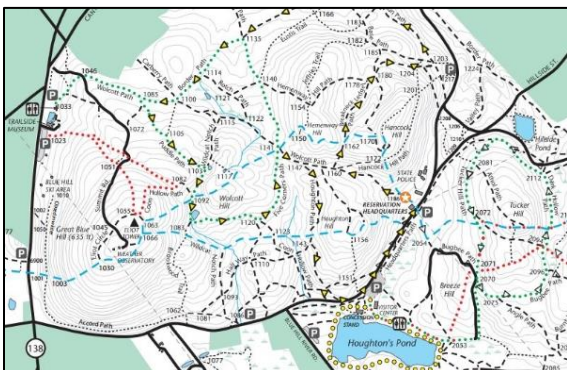
On behalf of this year's Red Liners, Maureen Kelly, left, and Nancy Coote present RLBH Leader Joe Keogh with a beer stein. *Photo by Len Ulbricht*

Joe Keogh honored at dinner celebrating 13th RLBH season

By Alan Greenstein

Nancy Coote organized a terrific dinner gathering held on September 27 to celebrate the conclusion of the 13th season of the ever-popular Thursday night "Red Line the Blue Hills" (RLBH) hike series. Twenty-five hikes were scheduled in 2018 between April and September, with one cancellation due to thunder and lightning.

Bill Cannon and Joanne Newton each completed 21 hikes and were rewarded with Blue Hills maps. In total, 84 hikers completed at least one hike. Sixteen hikers completed anywhere from the basic Redline Series (1st time completion) to the very impressive Gold Series, for those who have hiked every inch of every trail in the Blue Hills ten times or more.



Joe Keogh hands out a trail map of the Blue Hills for Bill Cannon, who completed 21 hikes. *Photo by Bill Dougherty*

Joe Keogh, principal hike leader for the series, was honored for his ten consecutive years of exemplary leadership, a highlight of the evening to be sure. Joe is a master at planning the hikes with the goal of covering every trail with a minimum of duplication, and facilitating the completion of the entire circuit in approximately 1.5 hiking seasons. He is appreciated for his strong, confident and patient leadership. Joe personally completed his Gold series (10 times around) in September, hiking 159 miles over 96.5 hours on the trail.



Joanne Newton receives a Blue Hills trail map from Joe Keogh for completing 21 hikes. *Photo by Bill Dougherty*



Chapter Retreat

Continued from page 1



Chapter Retreat

Continued from page 4



Collage Photos by Ellen Thompson, Rob Schmatiz, Alan Greenstein,
Jeanine Audet and Len Ulbricht

“Reunite with Old Friends and Make Some New Ones”

All SEM members, potential members, spouses, and friends are welcome!

**The Southeastern Massachusetts Chapter
of the Appalachian Mountain Club**

Invites You to Attend the

2018 Annual Meeting

and Annual Dinner

Saturday, November 3, 2018

The Bay Pointe Club

Buzzards Bay, MA

4:30 pm – Registration and Cocktail Hour – cash bar, **no charge for appetizers**

5:30 pm – Annual Meeting – **no charge**

6:30 pm - Buffet Dinner - **\$20.00 per person**; \$30.00 after 10/24

Distinguished Service Award, Raffles, and Other Awards

Special Guest Speaker

Carl Wirsén, Jr.

Woods Hole Oceanographic Institute

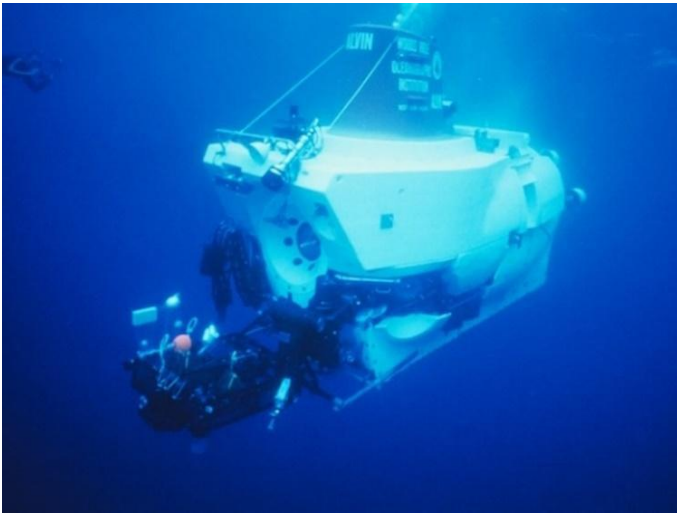
2018 Annual Meeting and Dinner

Special Guest Speaker

Carl Wirsen, Jr.

Woods Hole Oceanographic Institute will speak on

“The Deep Sea”



ALVIN Deep-Diving Submersible

The deep sea (with an avg. depth of 2.3 miles) is the largest biosphere on Earth. While it covers more than 70% of our planet’s habitable space, the deep sea remains relatively unexplored and – until recently – was inaccessible to humans. Only three people have ever visited the deepest parts of the ocean, and for a *total* of less than three hours.

The relative sparse life forms in the deep must withstand total darkness, extreme cold, and great pressure. Any food sources are a result of photosynthesis at the distant surface.

New discoveries made in the deep sea have allowed astrobiologists to propose new questions and experiments in their search for life on other bodies in the solar system. Going “deeper” than the deep sea is a new effort to describe the potentially vast “deep subsurface biosphere.”

In his fascinating presentation, our guest speaker, Carl Wirsen, Jr., will discuss how new technologies, using advanced surface ships as well as human-occupied (HOV) deep diving submersibles, such as [ALVIN](#); remotely operated vehicles (ROV), such as [JASON](#); and autonomous underwater vehicles (AUV), such as [SENTRY](#); are helping advance our understanding of these deep sea environments. Mr. Wirsen will discuss his long-time involvement with ALVIN, including his observations made after its accidental sinking in 1968 to ALVIN’s newest capabilities, such as the ability to dive to 20,000 ft.

Based on science, we know that our ocean is the major stabilizing resource on Earth, yet it is under assault from pollution sources such as plastic, over-harvesting of its biological resources, and increased warming and acidification from greenhouse gases. At the SEM Annual Dinner, Mr. Wirsen’s presentation should help us all put the AMC’s mission to help conserve the earth’s natural resources into even better perspective.



SEM Executive Board 2018 Slate

Chair	Len Ulbricht
Vice-Chair	OPEN
Secretary	Ann McSweeney
Treasurer	Patty Rottmeier
Biking Chair Cape	Bernie Meggison
Hiking Chair	Jane Harding
Communications Chair	Paul Miller
Conservation Chair	Bill Cannon
Education Chair	Doug Griffiths
Hiking Chair	George Danis
Membership Chair	Ellen Thompson
Paddling Chair	Ed Foster
Past Chapter Chair	Barry Young
Skiing Chair	Jeannine Audette
Trails Chair	Skip Maysles

Names in **black** are continuing in their current post; names in [blue](#) have taken the next position in line; names in [green](#) are new to the position.

The 2018 Nominating Committee

Alan Greenstein, Hingham, alan.b.greenstein@gmail.com

Walt Granda, Dartmouth, wlganda@aol.com

Robin McIntyre, Buzzards Bay, robinmcintyre@comcast.net

See Registration Form below.

To register for the Annual Dinner, fill out the Registration Form below and mail your check (payable to AMC-SEM) to: Patty Rottmeier, 1 Belmont Rd. TH5, W. Harwich, MA 02671

✂ *****

AMC Southeast Massachusetts Chapter Annual Meeting Registration Form

\$20.00/per person; \$30.00 Oct. 25 – Oct. 31st

Deadline to Register is Thursday, October 31st

AMC SEM 2018 Annual Dinner Registration		
Today's Date		
Your Name		
Email		
AMC Member?		
Price		
I'd Like to Volunteer		
Bring a Friend - We'll See You There!		



Dexter Robinson explains snowshoe options at last year's workshop. *Photo by Ken Carson*

Prepare for outdoors winter fun at SEM workshop November 3rd

By George Danis, Hiking Vice Chair

In the winter months, many of us think about going skiing or escaping to somewhere warm, but have you thought about winter hiking and snowshoeing? Do you like to be active and outside, but the thought of getting cold keeps you indoors?

Then come join us on Saturday, Nov. 3, 2018, for an informative afternoon that will change your mind about hiking and being outdoors in the winter months. The workshop at the Bourne Community Center cafeteria runs from 12:30-3:30 p.m. with clothing and gear demonstrations. Light lunch/snacks will be provided.

You will learn about necessary clothing and gear, nutrition and hydration requirements, winter conditioning, winter issues and how to avoid them, and why we love to hike in the winter. The workshop is free to all and is a prerequisite (or prior winter hiking experience) to join us for the SEM Winter Hiking Series.

The workshop leaders are George Danis, Leslie Carson, Paul Miller, Ken Carson, Maureen Kelly, Eva Borsody Das, and Anne Duggan. To register, contact George at danisdad51@outlook.com or call 339-236-0597 before 9 p.m. After the workshop, join us for the SEM Annual Meeting & Dinner at the Bay Pointe Club in Bourne. (Registration is separate—see listing.)

The Bourne Veterans Memorial Community Center is located at 239 Main Street in Buzzards Bay, MA.

Adventure Travel Leadership training Nov. 2-4 in Charlton, MA

Take your leadership skills to different parts of the world by becoming an AMC Adventure Travel Leader! This workshop provides important training to people who have AMC chapter leadership experience to transition to more complex and longer trips, domestically and overseas.

Emphasis is on planning, marketing, trip management, people skills, risk management, and reporting. Includes procedures and guidelines for researching, proposing, and leading AMC Adventure Travel trips.

Visit [this page](#) for more information and to download an application. Questions? Contact [Nancy Holland](#).



2019 Group Sales Reservations

Group reservations are open for volunteer-led trips for the 2019 season! Group sales for the Corman Harriman Outdoor Center in New York opened October 1.

To reserve group space for an AMC trip, call 603-466-8059 or email AMCgroups@outdoors.org. And, don't forget about the AMC Leader Lodging Benefits! We look forward to seeing you at our lodges and huts next year.



Volunteer of the Month: Paul Corriveau

By Bernie Meggison, Biking Chair

Each month the AMC-SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Biking Committee recognizes **Paul Corriveau** for his numerous contributions.

Paul is a long time AMC-SEM leader. He is out on his mountain bike almost seven days per week, and he knows all the hidden jewels of the off-road trails on the Cape. Even experienced MTB riders are amazed at his knowledge of each individual trail.

This season, Paul has lead almost ten rides in the woods and trails. The feedback from riders is 100 percent positive. He has a few more rides up his sleeves for October and beyond.

Paul's efforts have awakened a whole new group to our SEM cycling community. Congratulations, Paul! Thanks for your support!

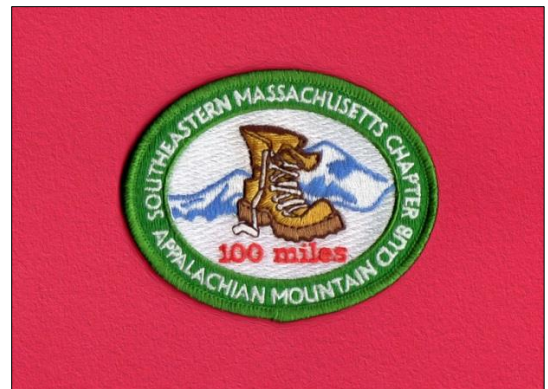
Paul will receive a Volunteer of the Month Certificate and a \$50 gift card.

New 2019 rules for 100-mile patch, but time to finish in 2018

By Mike Woessner, Hiking Chair

Register now for your 100-mile patch for 2019! Registration is simple: just send an email with your name to hikingchair@amcsem.org.

The AMC-SEM Hiking Committee awards a patch to SEM hikers who hike 100 miles. The spreadsheet on our web site (amcsem.org) documents the hiking mileage. To qualify you must be a member of the SEM Chapter of the AMC. Only AMC-led hikes (any chapter) count. Mileage starts at the beginning of the calendar year.* Enter your mileage and identify your hikes on the spreadsheet, which can be found under HIKING on our web site. The tracking of your mileage is based on the honor system. After completing your miles, send an email to the hikingchair@amcsem.org to receive your patch.



**Rules have been changed by the Hiking Committee. Starting 2019, you must complete your miles within the calendar year. So if you already have close to 100 miles this year, get out and finish to be "grandfathered" in.*

AMC award nominations due Nov. 15

Nominate a fabulous AMC volunteer for a club-wide award. Nominations for AMC's volunteer awards—Volunteer Leadership, Distinguished Service, and Joe Dodge—are due on November 15, 2018. Visit outdoors.org/awards for more information, and click the button below to submit a nomination!

Submit your nominations today!



A 2018 group heads out on a snow-covered trail at Noble View. Photo by Paul Brookes

Sign up early for 2019 weekend at Noble View Outdoor Center

By Paul Brookes, Noble View Weekend Registrar

This year the SEM Chapter puts on its sixth annual winter weekend at Noble View Outdoor Center in Russell, MA, about two hours west of Boston. As in past years, it is being held the second weekend of February (Feb. 8 through 10, 2019). I have attended three of the Noble View weekends and each has been relaxing and renewing, amongst the company of good people. I highly recommend it. This year I have offered to help put it together, and I wanted to tell you a bit about it from a mashup of my prior years' experiences.

Noble View itself is an amazing hidden gem. It is one of the AMC's larger land holdings. Located on 358 acres atop a quiet, pristine mountaintop, it offers great views of the Pioneer Valley to the east of Mount Wachusett. From the deck of the cottages, the hill offers a great sledding area before the tree line starts. The trails wind through quiet woodlands, passing cellar holes, brooks, and a pair of stunning waterfalls.

One great aspect of the location is a paved and plowed access road that allows you to drive right up to the Noble View center, unpack, and then park your car 100 yards back down the road in a convenient and safe parking lot on the Noble View property. If you're new to winter

activities, this is a great way to experience cross-country skiing, snowshoeing or winter hiking without the additional challenge and stress of having to backpack all your food and equipment up to your base camp.

The center boasts three buildings: two modernized cottages with electricity and woodstoves (that keep the cottages toasty) and a heated bathhouse with composting toilets, hot showers, and running water for cleaning dishes. It's all quite comfy. The chapter reserves all rooms in both cottages for the weekend, so we have the place to ourselves.

People arrive any time after 3 pm Friday, depending on when they get out of work. I try to get there early, unpack, choose my room, and head for the main cottage, which includes the kitchen, to meet people as they arrive. On Friday night there is no fixed time for dinner, so those arriving late after work don't miss out. Hot food is available in the kitchen throughout the evening for people to grab when they get there. For all other meals, we sit down and eat together.

Later Friday evening one of the leaders presents the organized activities that are available, as well as the logistics of Noble View. There is no on-site caretaker, so we pack out what we bring in and keep the woodstove running. The cottages remain toasty.

On Saturday we get up for a hot breakfast and then people prepare for their morning activities. In years when there's enough snow, a snowshoeing hike is offered as well as cross-country skiing. We take different trails, so those snowshoeing don't mess up the (hopefully) pristine snow for the cross-country skiers. The activities have always been well-organized and led by experienced SEM leaders. We go at a pace comfortable for all, and no one is talking about mileage or conditioning.

Due to the relatively low elevation, over the years we have been able to explore trails that are snow-covered, icy, or free from snow and ice. It doesn't make a difference; we always have a great time.

Most people take part in one of the organized activities (bring your own equipment), but others choose activities of their own or simply sit in front of the fire and read. That's what I love about Noble View: It's relaxed, unpretentious, and easy-going.

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Social time at Noble View in 2017. *Photo by Walt Granda*

Noble View weekend

Continued from page 8

After the morning activity, we return to the cottage for a hot lunch that the volunteer cooks (amazing people) have been preparing. This year Sandy Santilli and Hadley Donaldson will be our cooks. A hot lunch after a morning's hike warms the body and renews the spirit.

After lunch and a short time to recoup, those who choose an afternoon activity start kitting up again. The leaders will take us on different trails. Some years we go down and view the frozen Big Pitcher and Little Pitcher waterfalls, a stunning sight in the winter.

After returning from the afternoon hike, it's social hour before dinner. Some people go to their bunkrooms to rest; others bring out their own wine or beer and share appetizers in the two comfortable lounges or the kitchen area. With the fire roaring and folks regaling one-another with our stories; laughter is heard throughout the cottage.

Saturday dinner has been a sumptuous affair or, at least after a long day hiking, it has always seemed that way. Once again I feel the cooks have outdone themselves.

After dinner, if the sky is clear, I grab whoever will come with me to go out star-gazing. The mountaintop is pitch black and the stars can be amazing. I see others heading off to yoga, offered by Jeannine Audet. Some hardy souls are heading out for a short headlamp night hike.

I get back from star-gazing to find the cottage settling down, with small groups chatting on the sofas with glasses of wine, another group focused on a jigsaw

puzzle spread on a table, and another group laughing loudly as a tall *Jenga* tower comes crashing down.

As the evening wears on, people slowly start heading up to their rooms. After a while I head upstairs to my room, which I share with two others, and get ready for bed after a long and enjoyable day.

The next morning we get up for a hearty breakfast and then head out for our chosen morning hike, snowshoe trail, or cross-country ski. After we return from the morning activity, lunch is laid out. It is "leftovers Sunday." I pick some of my favorite leftovers and sit down with my hiking companions at one of the common tables.

During lunch one of the leaders thanks those who helped and goes over with us the sweeping and cleaning we need to do to leave the place in good shape for the next crew. All food must go, so I grab some for the car and set off for the drive back home, thinking to myself, "Wow! What a perfect winter weekend!"

This is a fun; relaxing weekend, and I highly recommend it if you've not done Noble View before. If you have, then come again and keep the great spirit going. The registration fee of \$105 per person for AMC members or \$115 for non-members is the same as last year. You can't beat that for two nights' comfortable lodging and hot meals from dinner Friday night to lunch on Sunday.

If you're interested in attending the Noble View weekend, email me at PaulBrookes1966@outlook.com. I'm the registrar. I recommend you register sooner rather than later, as in the past it has filled up fast.

[Go here](#) for the listing.



Under a winter archway. *Photo by Walt Granda*



Save the Date – AMC’s 2019 Annual Summit!
January 26, 2019 – [Four Points by Sheraton, Norwood MA](#)

Please join AMC in kicking off another year in the outdoors! No matter what adventures you are planning for 2019, the 143rd Annual Summit has something for you. This event will connect both newcomers and lifelong members with valuable resources and provide opportunities for meeting people with similar interests and passions.

Annual Summit is AMC’s thank you to our dedicated volunteers and members! We welcome you to sign up for a combination of workshops, trainings, and meetings that matches your interests. The full list of offerings is available at outdoors.org/annualsummit.

This event will feature:

- Interactive workshops led by AMC experts and outdoor pros
- Organization-wide committee meetings
- A delicious buffet lunch
- AMC’s annual volunteer service awards
- The 143rd Annual Business Meeting
- Early evening reception, with complimentary drink and hors d’oeuvres
- Updates on AMC’s work in conservation, recreation, and education

For those interested in staying over Friday and/or Saturday night, AMC will arrange for special group rates. Visit our registration page after October for more details.

Registration Opens November 1st!

Early Bird Special Pricing: Pay \$35 when you register before January 1, 2019.

Regular Rate of \$45 applies after January 1, 2019

Register starting November 1 at www.outdoors.org/AnnualSummit

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA13+

A.....9-13

B.....5-8

C.....less than 5

Indicates pace

1.....very fast

2fast

3moderate

4leisurely

Indicates terrain

Avery strenuous

Bstrenuous

Caverage

Deasy

Found in the description

LActivity leader

CLActivity co-leader

FTFirst Time

NM ...New Members

AN....Advance Notice

C.....Conservation

BICYCLING

Sat., Oct. 20. Cranberry Country Cruise, MA. Nice 33 mile ride through the cranberry bog country of Rochester, Middleboro, and West Wareham. Easy ride pace 12-13 MPH. Start time 9:00 SM. Contact ride leader for start location Ride leader: Jack Jacobsen @ 508-353-3708 or email, cyclejac51@yahoo.com Helmets required. Please have tires pumped and ready to roll at the 9:00 AM start. L Jack Jacobsen (508-353-3708 8:00 AM- 8:00 PM, cyclejac51@yahoo.com, Long time AMCSEM leader)

Sun., Oct. 21. Adventure Ride #11, Dennis Senior Center, Dennis MA. Bicycle Adventure Ride # 11 "Tour De Graves" Mid-Cape Edition Sunday October 21, 2018 This ride is a leisurely exploration of some of the oldest grave sites in the Mid-Cape Area. Cape Cod has some of the most beautiful classic carved stones in the country. We will view these fine examples of 1600's thru 1800's Grave Stone Art -- Winged Skulls by Lamson and Noyes of Boston, Stevens Carvers of Newport and William Coye of Plymouth. Brief stops with narrations at various graveyards including small pox cemeteries, remote single entombments and the Longest Columbarium in New England. Native American resting places will also be visited. This is a "No Drop " tour. Relaxed pace ride. A larger tire bike is recommended -- we will ride on dirt cemetery paths, gravel roads, cart ways and bicycle side walks in addition to quiet paved back roads. Self Contained Ride. Bring Water, Snacks, Lunch, etc. Carry the proper equipment to maintain your bike--tubes, tools, etc. Register for Updates, Weather, Cancellations, Changes, Etc. paulcorri@gmail.com Meet at the Dennis Senior Center 1045 MA-134, South Dennis, MA 02660 (Corner 134 and Setucket) Park away from building. Mileage --- 25-30 Miles, Allow 4+ Hours Arrive : 9:45 AM Leave : 10:00 AM. L Paul Corriveau (paulcorri@gmail.com, Cape Cod Motor Vehicle Free (CCMVFF)) (paulcorri@gmail.com)

Wed., Oct. 24. Sunset and Hunter's Moon Road Cycling, MA.- 22+/- Miles/ 2/2.5 hours. Flats & Hills. We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff for a peek at Provincetown in the distance. Return to the recreation area and along the canal to Buzzards Bay for sunset at MMA or on Three Mile Outlook. Then back along the canal for moonrise over the Sagamore Bridge. Traditionally, tribes spent the month of October preparing for the coming winter. This included hunting, slaughtering and preserving meats for use as food. This led to October's full Moon being called the Hunter's Moon and sometimes Blood Moon or Sanguine Moon. Contact leader for further information. Ride starts around two hours before sunset. Alt.date Tue.Oct. 23 Please have tires pumped and ready to roll at the start time. Helmets are required Be aware that it will be dark at the end of the ride,,,, lights are strongly suggested. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Fri., Nov. 23. Sunset & Full Beaver Moon Road Cycling, MA.: 22+/- Miles/ 2 +/- hours. Mostly flat - a couple of small hills. We'll ride from Sandwich Recreation Area at the end of Freezer Road in Sandwich to Monument Beach and return along Shore Road and through Gray Gables and Mashnee Island for sunset at Tidal Flats Recreation Area across the canal from MMA. Return along the canal for moonrise over the Sagamore Bridge. For both the colonists and the Algonquin tribes, this was the time to set beaver traps before the swamps froze, to ensure a supply of warm winter furs. This full Moon was also called the Frost Moon. Contact leader for further information. Ride starts around two hours before sunset. Alt. date - Sat. Nov. 24 Please have tires pumped and ready to roll at start time. Helmets required. It's going to be dark at the end of the ride,,, lights are strongly suggested. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Continued on next page

Activities

For the most current information, [search activities online](#)

BICYCLING

Sat., Dec. 22. Sunset and Full Cold Moon Cycling, MA. - 22+/- Miles/ 2 +/- hours. Flats & Hills. We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff for a peek at Provincetown in the distance. Return to the recreation area and along the canal to Buzzards Bay for sunset at MMA or on Three Mile Outlook. Then back along the canal for moonrise over the Sagamore Bridge. Contact leader for further information. Ride starts around two hours before sunset. Alt. date Fri. Dec. 21 December is the month when winter begins for most of the Northern Hemisphere, hence, its full moon is called the Cold Moon. Note: Please have bike ready to roll at start time. Helmets are required. Lights are suggested for this ride. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Tue., Jan. 1. SEMAMC 16th Annual New Year's Day Road Cycling, MA. - We'll cycle the streets and Shining Sea Bike Path from North Falmouth to Woods Hole and return for 27+/- miles for 2/3 hours or so. We'll do a shorter ride if the weather is iffy. We'll start at the Shining Sea Bike Path parking lot in North Falmouth. First re-group is Old Silver Beach and a look toward Marion, Rochester, Mattapoisett, Fairhaven, New Bedford and Puget Sound. Perhaps I'll include a couple of side tours into Gunning Point and Racing Beach areas. Then we're on to Woods Hole for refreshments. The return ride will bring us to Nobska Light and then the Shining Sea Path. Start time - late morning with riders and tires pumped and ready to roll. Helmets, water, spare tube required; user pump and tire changing tools would be a plus. Contact leader - paulbcurrier@comcast.net - 508-833-2690 - for start time and registration Helmets required. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

CAPE HIKES

Sun., Oct. 21. Hike along the Quashnet River, Falmouth / Mashpee, MA. This is a 4.2 mile hike at a moderate pace along the Quashnet River and through adjacent woods. About ½ of the hike will be on moderate rolling terrain. Meet at 12:45 for 1:00PM start. L Deborah Hayden (508-274-2820 before 9PM, shaferhayden@gmail.com)

Thu., Oct. 25. Hike--Sagamore Hill and Scusset Beach State Park, Sagamore, MA,. This 4 mile, 2 hour hike is on wooded paths to historic Sagamore Hill, along level wooded trails in Scusset Beach State Park, and along the Cape Cod Canal service road. Dress for wind along the canal. Go over the Sagamore Bridge, taking Exit 1A/Scusset Beach Road. Go 1.5 miles to the parking area, passing through a traffic light, pass McDonald's on the right, pass the fire station on the left. You will see the sign for Scusset Beach State Park. Pass the guard shack. Fairly soon on the right you will see the Headquarters sign. Park in that lot, on the near end of the parking lot near the road. L Robin McIntyre (508-789-9752 Before 9 pm, robinmcintyre@comcast.net, Robin is a third year Cape hike/SEM leader with WFA training.) L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net Jane is the Cape Hike AMC SEM chair with several years of hike leadership.)

(AN) Sat., Oct. 27. Hike -Wellfleet, Griffin Island, MA. Wooded trails, hills, out to dunes return. Meet 9:45 AM. Rte 6, left at lights toward Wellfleet Center, left on E. Commercial St. Turn Right on Chequessett Neck Rd. Continue to Great Island Parking Lot on Left. Over 2 hours. L Janet Kaiser (508-432-3277 eve before 9 p.m., jtkaiser@comcast.net)

Thu., Nov. 1. Hike Mashpee River Woodlands (C3C), Mashpee Neck Rd, Mashpee, MA, Wooded walk along Mashpee River. Take Orchard Rd. off Rte.28 to end. Turn R. then quick L onto Mashpee Neck Rd. Go 1.1 miles to Mashpee River Woodlands Pkg.Lot on R. Meet at 9:45AM. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 PM, farley@comcast.net)

(FT) (NM) Sat., Nov. 3. Stroll down Memory Lane and Hike Great Neck Preserve, Wareham, MA. A great way to connect with fellow members of AMCSEM. This hike will be paced to meet the skills of the group. This 4 mile, 2 hour hike in the Great Neck Preserve in Wareham is on wooded trails through New England Forestry Foundation and Wildlands Trust lands. There are several minor hills and some wet areas. Hikers will pass a sheep farm, see Swan Pond, and have views of marshes with Buzzards Bay in the distance. Rain will cancel the event. For directions to meet up, please contact the hike leaders. After the hike, join us for the 2018 annual Meeting and Dinner at the Bay Pointe Club in Onset. Social hour begins at 4:30. See the link to register for the Annual Dinner. come and join us! L Robin McIntyre (508-789-8252 Before 9 pm, robinmcintyre@comcast.net, Robin is a 3rd year Level I SEM/Cape hike leader with WFA training) L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Jane is Cape Hike chair for AMCSEM with over 4 years of hike leadership experience.)

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Activities

For the most current information, [search activities online](#)

CAPE HIKES

Thu., Nov. 8. Hike Long Nook Truro, MA. 2 hour hike. Visit AF Base and Jenny Lind Tower. Directions: From Route 6 take Right on Long Nook Rd (1.2 miles after Pamet Rd Exit) and follow to parking lot at the end. Meet at 9:45 and hike 10 am - 12:00 pm. L Richard Kaiser (508-432-3277 Before 9 PM, rjkaiser@comcast.net)

Sun., Nov. 11. Hike Shawme Crowell State Park Sandwich, MA. Two hour hike on wooded trails through the scenic campground. Driving directions: Take Rte 6 to Exit 2, Rte 130 and turn N. Stay on Rte 130 until you see entrance sign for Shawme Crowell. Turn into Shawme Crowell and turn right past entrance booth and follow road until you come to open space and paved cutout on R. Park along road off pavement if possible. Meet at 12:45 PM. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

(NM) (AN) Thu., Nov. 15. Hike-Barnstable-Crooked Cartway (C3C), MA. Wooded walk to The Walker Point Observation Deck. Take Rte. 149 to Rotary at Cape Cod Airport, Marstons Mills. West on Race Lane for 1.1 miles. Right onto Crooked Cartway to end. Meet 9:45AM. 2 hours. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 pm., farley@comcast.net)

Sun., Nov. 18. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills throughout the hike. This is not a novice hike. We will have views of Back River from the Leary Property. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year SEM/AMC Level 1 hike leader with WFA training.)

Sun., Dec. 2. Hiking Bell's Neck Conservation, Sand Pond, Rt 139, Harwich, MA. 4.5mi hike in Bell's Neck Conservation Land, Harwich. Hike along East & West reservoirs, cranberry bogs, marshland & herring run. The herring should be running and the mayflower should be sighted! Meet at 12:45 p.m. for a 1:00 p.m. start. Rt. 6 Exit 10. S on Rt 124. Rt on 39S x 1.9mi to Sand Pond prkg on right. HEAVY rain cancels. L Barbara Gaughan (781-572-1321 before 9 pm, barbaragaughan12@comcast.net, Cape Cod hike & bike leader)

Sun., Dec. 9. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4.5 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with several moderate hills. It offers views of the ponds and some wildlife. It is a loop so does not offer easy bail-out points. This is not a novice hike. Note that the parking and trailhead is not the Four Ponds parking lot. From the Bourne Rotary/Cape side, take Route 28S for 1.7 miles. Take a right onto Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 0.5 miles and turn left onto Valley Bars Road. Go 0.3 miles and park on the side of the road before the Weary Traveler's club. Please bring water for drinking, dress in layers. Sturdy boots/shoes are suggested. If you have questions please contact leader L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training)

Sun., Dec. 16. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture, along surrounding marsh and beach and through historic Quivet Neck neighborhood. Expect soft sand! L Deborah Hayden (508-274-2820 before 9PM, shaferhayden@gmail.com)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.
Always looking for additional hike leaders!

Wed., Oct. 24. Fool Moon Hike at Borderland State Park, 259 Massapoag Ave. North Easton, MA. We will be meeting at the Maintenance Entrance to Borderland about 500 feet from the Main Entrance at 5:45. The hike will be approximately 2 hours around 5 miles. Please dress for the weather. Poop sheet will be sent to all who register. L William Cannon (508-649-6730 After 5pm, bcannon56@gmail.com) L Patricia McNally, R Bill Cannon (85 Fremont St., Bridgewater, MA 02324, 508-649-6730 5-8 pm, bcannon56@gmail.com)

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Activities

For the most current information, [search activities online](#)

HIKING

Thu., Oct. 25. Arnold Arboretum - Autumn Peak Hike, Jamaica Plain, MA. Arnold Arboretum hike - including two hills with vistas and the "explorer's garden", spectacular fall foliage in this "tree museum". 4 -5 mile hike at a moderate pace. Bring water, sturdy footwear, snack or lunch. Meet at the visitors' center (Hunnewell Building) located at 125 Arborway, Jamaica Plain at 9:45 for prompt 10:00 am start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-stop. Free admission. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net)

Sat., Oct. 27. 7 mile hike on the Bay Circuit Trail, Sharon, MA. Our 7-mile point-to-point hike on the BCT (a 230-mile long multi-use trail!) will begin in Sharon. We will hike through Borderland State Park, stopping near the Borderland Visitor Center to enjoy lunch together. We will hike out of Borderland and down the power line trail (although not gorgeous, we may see deer and lots of birds!) We will hike into the "Fox Mountain Lot" which does not have a mountain but we may get lucky and spy a fox! We will hike into the very pretty Beaver Brooks woods areas and if we remind our fearless leader, he will point out the spot where the last bear in Easton camped out! L Bob Vogel (vogel.r@comcast.net, Bob is a 4 season Hike leader for the Southeastern Mass Chapter, as well as a hike leader for Boston Local Walks and a 3 Season Leader for Boston H/B.) CL Pamela Johnson (617-448-4446, pjohnson8992@gmail.com), R Pamela Johnson (617-448-4446 Before 8 P.M., pjohnson8992@gmail.com)

Sun., Oct. 28. Mt Roberts hike, NH. Enjoy late Autumn colors on this moderate hike to Mt Roberts, in the Castle in the Clouds Conservation Area. The distance is approx. 5 miles RT, with an elevation gain of 1,300 ft. With several view spots along the way, and the open summit, you'll understand why Mt Roberts is on NH's "52 With A View" list! Plan on wearing sturdy footwear, (not sneakers) and fleece or wool clothing for layering. (No cotton). L Peggy Qvicklund (774-893-3011 before 9 pm, qvickan@comcast.net) L Karen Singleton (karen.singleton@comcast.net)

Sun., Oct. 28. Presentation on Backpacking the Appalachian Trail 100-Mile Wilderness, First Parish of Norwell, 24 River Street, Norwell, MA. 7pm - 8pm. Registration is not required Overview: In mid-August of 2017 Dexter Robinson along with Bill Vickstrom, Bryan Jones, and Joe Marrone backpacked the Maine Appalachian Trail 100 mile wilderness. The 100 mile wilderness is generally considered the wildest section of the entire 2187 mile AT that runs from Springer Mountain, Georgia to Mt. Katahdin, Maine. This trail section is one of the more challenging to navigate and traverse and includes backpacking over a mountain range and numerous stream crossings. The trail offers a wide variety of trail conditions from a gentle walk in the woods to boulder fields. In this presentation Dexter Robinson will share his preparation and experience backpacking this section of the AT using a gear display, photos and video clips. L Dexter Robinson (dexpcdoc@gmail.com)

Thu., Nov. 1. Thurs Morn. Hike Moose Hill Audubon, 293 Moose Hill Pkwy, Sharon, MA. Meet at 9:45 AM Moose Hill Audubon This is a 4-5 mile moderately paced hike which includes both MassAudubon and Trustees of the Reservation land. The hike is relatively flat with some gentle climbing. Mass Audubon members park for free, but there is a \$3.00 parking fee for non-members. Be sure to bring water, lunch, rain gear, and wear sturdy boots. Heavy rain cancels. L Hans Luwald (508-668-0462, hans.luwald@gmail.com) CL Nancy Perlman (617-980-4878, nancyclist@gmail.com), R Nancy Perlman (617-980-4878, nancyclist@gmail.com)

Sat., Nov. 3. SEM Winter Hiking Workshop, Bourne Community Building Cafeteria 239 Main St. Buzzards Bay, MA. In the winter months, many of us think about going skiing or escaping to somewhere warm, but have you thought about winter hiking and snowshoeing? Do you like to be active and outside, but the thought of getting cold keeps you indoors? Then come join us for an informative afternoon that will change your mind about hiking and being outdoors in the winter months. You will learn about necessary clothing and gear, nutrition and hydration requirements, winter conditioning, winter issues and how to avoid them and why we love to hike in the winter. The workshop is free to all and is a prerequisite (or prior winter hiking experience) to join us for the SEM Winter Hiking Series. The workshop runs from 12:30-3:30 with clothing and gear demonstrations. Light lunch/snacks will be provided. After the workshop, join us for the SEM Annual Meeting/Dinner at the Bay Pointe Club in Buzzards Bay (registration is separate- see listing). L George Danis (339-236-0597, danisdad51@outlook.com) L Paul Miller

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HIKING

Thu., Nov. 8. Blue Hills Hike – Ponkapoag Pond - Canton, MA. Moderate to fast pace, with occasional stops. 4 ½ - 5 mile hike around The Pond, approx. 10:00am-12:30pm. Please arrive by 9:45 am for a prompt 10:00 am start. Bring snacks/lunch & water. We'll take a break at the AMC Camp. Steady rain cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net)

(C) (FT) (NM) Sat., Nov. 10. Duxbury Round Pond Conservation Area Intro. Hike, MA. Pleasant, app. three-mile, two-hour long hike around kettle hole pond, active cranberry bogs (and inactive bogs being reclaimed through natural succession), former bog reservoir, and mixed white pine and red oak forest. Mostly flat with minor hills. Trail partly coincides with Bay Circuit Trail. Bring one liter of water, snacks, and rain jacket, wear comfortable shoes for trails with roots and some rocks. This is a great hike for beginners and/or nature lovers! L Paul Miller (paulallenmiller@verizon.net, Paul is an experienced four-season hike leader who likes to hike at a moderate pace that's comfortable for everyone.) CL Craig MacDonald (781-424-2490 9:00 am to 9:00 pm, Experienced hiker that has logged hundreds of miles hiking locally in Blue Hills, New Hampshire White Mountains, throughout the Hawaiian Islands and international treks in Nepal, Patagonia and European Alps. Particularly fond of alpine environments and winter hiking.), R Craig MacDonald (Phone calls only, no email, [781-424-2490](tel:781-424-2490) 9:00 am to 9:00 pm)

Thu., Nov. 15. Thursday AM Hike on Bay Circuit Trail through Walpole Conservation Land, 109 Robbins Road, Walpole, MA. Meet at 10am at the VFW Post at 109 Robbins Rd in Walpole for a 4.5 mile hike on the Bay Circuit Trail through Conservation Land. Mostly flat but with a few steep, but short sections up and down eskers. L Hans Luwald (508-668-0462 Before 9 pm, hans.luwald@gmail.com) CL Debbie Lepore (617-778-4339 Before 9 pm, dlepore2@gmail.com)

Tue., Jan. 1. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register; you will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (camaccurtain@aol.com) L Claire MacDonald , R Cathy MacCurtain (camaccurtain@aol.com)

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HIKING

Tue., Jan. 8. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register; you will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (camaccurtain@aol.com) L Claire MacDonald , R Cathy MacCurtain (camaccurtain@aol.com)

Tue., Jan. 15. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register; you will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (camaccurtain@aol.com) L Claire MacDonald , R Cathy MacCurtain (camaccurtain@aol.com)

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HIKING

Tue., Jan. 22. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register; you will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (camaccurtain@aol.com) L Claire MacDonald , R Cathy MacCurtain (camaccurtain@aol.com)

Tue., Jan. 29. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register; you will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (camaccurtain@aol.com) L Claire MacDonald , R Cathy MacCurtain (camaccurtain@aol.com)

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HIKING

Tue., Feb. 5. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. The last hike of the series will be a shorter hike followed by a social lunch at one of the local restaurants. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register. You will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Claire MacDonald , R Cathy MacCurtain (camaccurtain@aol.com)

Fri., Feb. 8-10. Winter Hiking and Cross-Country Ski Weekend - Noble View Outdoor Center, 635 South Quarter Rd, Russell, MA. Join the SEM Chapter for its seventh annual winter weekend at Noble View Outdoor Center in Russell, MA, approximately 2 hours' drive west of Boston. Noble View sits atop a pristine mountaintop with beautiful trails that wind through quiet woodlands. Hiking, snowshoeing, and cross-country skiing will be offered, depending on conditions. Participants will need to bring their own equipment. The cottages have electricity, water, and wood-stove heating. A short walk from either cottage is a bathhouse with toilets and hot showers. This popular event is limited to 28 participants so register early. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Jeannine Audet , R Paul Brookes (603-799-4399 before 9 pm, PaulBrookes1966@outlook.com)

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HIKING

Tue., Feb. 12. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. The last hike of the series will be a shorter hike followed by a social lunch at one of the local restaurants. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register. You will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Claire MacDonald, R Cathy MacCurtain (camaccurtain@aol.com)

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HIKING

Tue., Feb. 26. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. The last hike of the series will be a shorter hike followed by a social lunch at one of the local restaurants. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register. You will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Claire MacDonald, R Cathy MacCurtain (camaccurtain@aol.com)

Tue., March 5. White Line the Blue Hills hikes, Blue Hills, MA. For the fifth year, this popular series will run from the Winter Solstice to the Spring Equinox. We meet on Tuesday mornings at 10 am and hike trails in the Blue Hills Reservation for 3 to 4 hours. We hike at a moderate pace, perfect for hiking and chatting at the same time. We stop for lunch on the trail when the weather is not too cold or eat as we walk during cold weather. This is a social group but also serious about winter hiking safety: we hike together, wait at intersections and watch out for one another. The first hike is on Jan 1 and the last hike is March 19. Since the first hike is on New Year's Day, for this hike only, we will be meeting earlier (9 am) and hiking for only 2 hours. The last hike of the series will be a shorter hike followed by a social lunch at one of the local restaurants. Register once and then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. Winter hiking clothes, insulated hiking boots, and stabilizers such as micro-spikes are required on all hikes. Snow-shoes must be brought to the trailhead after the first major snowfall. All hikers are expected to bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A complete clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be canceled during active snow-storms. In addition, hikes may be canceled during heavy rain, excessive cold or simply unpleasant weather. People new to winter hiking are welcome and encouraged to register. You will also be asked to attend the excellent SEM winter hiking workshop on November 3. If you have a scheduling conflict you can attend any winter hiking workshop with any AMC chapter. One of the hike leaders will have a Yellow Lab with him, no other dogs are allowed. We hope you consider this winter series; it's pleasant hiking without bugs, social and an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Claire MacDonald , R Cathy MacCurtain (camaccurtain@aol.com)

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PADDLING

Wed., Oct. 24. Paddle The Herring River, north, West Harwich, MA. Paddle upstream to Coy Brook and up Coy Brook as far as the tide allows. Then paddle through the East Reservoir to the Herring River to lunch at North Road bridge. After lunch we'll paddle to the West Reservoir to see herring run and then return downstream for an 8 to 9 mile paddle. It's usually very colorful in the fall with lots of birds. Wear a PFD, bring a spray skirt in case of wind, bring water & lunch. L Paul Corriveau (paulcorri@gmail.com) CL Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com)



Happy Trails!