

The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club | April 2019

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Winter hikers were able to shed layers at Halfway Pond. *Photos by John Bescherer*

Sunny conclusion to early morning winter hikes

By John Bescherer

Sixteen early risers enjoyed a seven-mile hike in the spring sunshine exploring along the beautifully groomed trails in the Halfway Pond Conservation Area in Plymouth, MA. The March 30 hike concluded a series of four early morning hikes led by Maureen Kelly over the winter months. Much of the group had ventured out with Maureen over snowier trails in February, and there was still plenty left off-trail on this hike.



View from the Chair: Immerse yourself in the natural world

Be Outdoors – 'Tis spring time and that's where we should be, tuning up the bike for a ride or switching to summer baskets on those hiking poles or cleaning the spider webs out of the kayak.

But **Be Outdoors** is something else. It's been adopted as the new AMC motto, unveiled at AMC's Annual Summit in January. Much better than "Get Outdoors" or "Go Outside," phrases that just say "do something."

Be Outdoors is the place to be, the end goal, what we all want: Immersion in the natural world around us. Unplugged. It kind of fits an organization dedicated to recreation, education, and conservation.

Here are some of the places you can **Be Outdoors** this spring.

- Spring Daffodil bike ride in Westport/Dartmouth on Saturday, April 27.
- Spring into Spring hike at the Arnold Arboretum on Saturday, May 4.
- Hike Beebe Woods in Falmouth on Sunday, May 5.
- Introduction to Hiking Series at Blue Hills starting Saturday, May 11.
- Wilson Mountain Perennial Hike in Dedham, MA, on Thursday, May 30.



See trip details [here](#).

A Note of Appreciation: Thank you to Maureen Kelly, Bernie Meggison, Mike and Jean DeBartolomeo for introducing people at the Sandwich Family Outdoor Adventure Day to the great opportunities available in the outdoors and through AMC. One of my mentors from pre-retirement days used to say "Don't be afraid to self-promote—no one else will do it for you," and this event was an opportunity not to be missed, which we would have if you hadn't stepped up. *Muchas gracias!* (See article & photos on page 3)

Thanks!

Len Ulbricht, AMC-SEM Chapter Chair

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Contact chair@amcsem.org if you are interested in any OPEN positions



Jean DeBartolomeo talks camping and tenting.

Volunteers share outdoors know-how at Sandwich Family Outdoors event

Article & Photos by Maureen Kelly, Hiking Leader

AMC-SEM set up a "My First Hike" station at the first Sandwich Family Outdoor Adventure Day on Peter's Pond in Sandwich on Saturday, April 6. The event was run by the Sandwich Recreation Department in conjunction with the Sandwich Partnership for Families.

Maureen Kelly talked to folks about local hiking, gave out some hike and AMC information and led about 20 people on a half-hour hike at the end of the day. Bernie Meggison offered his bike safety check to cyclists, and Mike and Jean DeBartolomeo set up tents and talked to the families about camping and tenting.

Other organizations at the event were L.L. Bean, Mass Environmental, Sandwich Library, Sandwich Families Partnership, Cape Cod Learning Tours, Ride Away Adventures, Sea Sports Cyclery, and the Sandwich Fire Department.

The highlight of the day was the Coast Guard helicopter that arrived and hovered close to the water performing a practice rescue!

Weather could not have been better and about 200 people enjoyed the event. Sandwich Recreation hopes to make this an annual event.



The Coast Guard's simulated rescue steals the show.



Bernie Meggison, left, and Mike DeBartolomeo promote bike safety checks.



Mike DeBartolomeo adjusts one of several camping tents.



Participants learn about trip planning from seasoned volunteer leaders. *Photo by Bill Cannon*

2019 Leadership Training workshop was a great success!

By Doug Griffiths, Education Chair

On your next AMC hike, bike ride, paddle, or other outdoor activity, pay attention to the enthusiasm shown by your trip leaders. Ask the co-leaders how they decided to take on this role. Chances are, they will mention how participating in our annual Leadership Training workshop inspired them to step up and share their love of the outdoors with others. This year, 42 enthusiastic (potential) new leaders took part, possibly a record for the SEM.

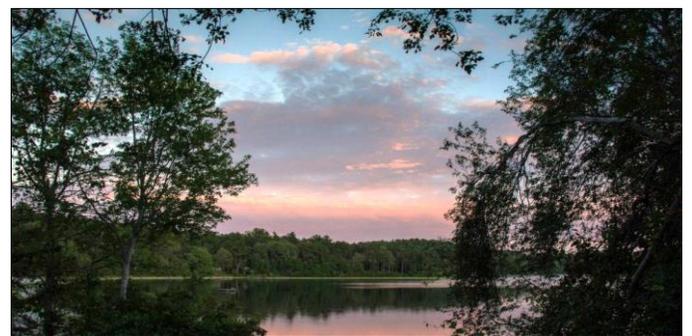


Potential leaders trained to lead a variety of trips. *Photo by Bill Cannon*

While most participants expressed interest in helping to lead hiking trips (both on- and off-Cape), others expressed interest in leading bike rides, paddling trips, and/or ski trips. Trainees enjoyed the beautiful setting at the Wildlands Trust facility in Plymouth, and benefitted from the experience of seasoned trip leaders, who shared their thoughts on how to plan, organize, screen participants, and manage AMC trips.

Graduates were encouraged to contact leaders to co-lead hikes and other trips this spring and summer on the way to becoming full-fledged leaders. If you missed this training, put it on your agenda for next spring and be sure to thank your leaders and co-leaders on your next AMC activity!"

Leadership Training was held April 6 at the Wildlands Trust Community Conservation Barn in Plymouth. *Photo by Bill Cannon*



Save the Date
Fall Gathering 2019
October 18th to 20th
Camp Burgess in Sandwich, MA

We are looking for volunteers for leading activities, workshops, registration, logistics. If you can help out for even a couple of hours, it would be much appreciated. Contact FG2019 Event Chair, Barry Young at pastchapterchair@amcsem.org.



Photo by Paul Brookes

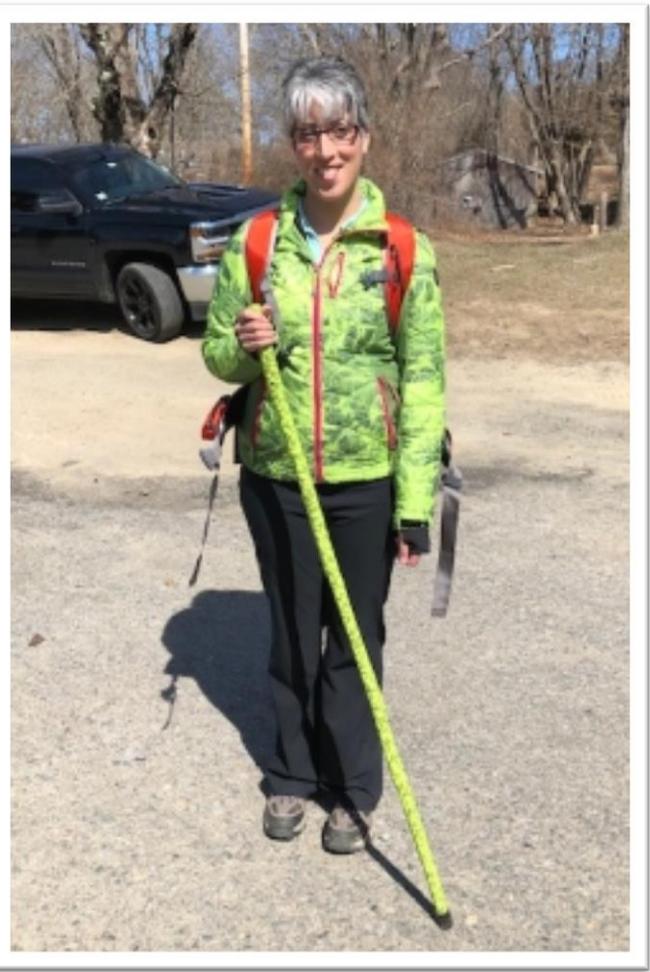
Volunteer of the Month: Cathy MacCurtain

By George Danis, Hiking Chair

Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Hiking Committee recognizes Cathy MacCurtain.

Cathy has been a stalwart co-leader of the White Lining the Blue Hills series for several years, and she was instrumental this year in mentoring new leaders to take over organizing and leading the series going forward. You will often find Cathy promoting SEM to new members and looking for ways to encourage members to contribute more. With Cathy's encouragement, five participants in this year's White Lining series decided to attend the successful Leadership Training session held on April 6. Congratulations, Cathy!

Cathy will receive a Volunteer of the Month Certificate and a \$50 gift card.



Samantha Fisher used a custom-decorated hiking pole that matches her jacket during a March 28 hike at the Pratt Farm Conservation and Recreation Area in Middleborough. Samantha said she has other matching poles for other jackets: Her husband makes them for her and he keeps updating them. *Photo by Johanna Stamm*

Shop the Breeze

FOR SALE: Winter Sleeping Bag

Mountain Hardwear King Tut -20F winter sleeping bag; long, right-hand zip. Expedition 775 fill-power goose down bag features a water-resistant, windproof, breathable Conduit(TM) ripstop nylon shell. Expandable draft tube provides extra 8" of space. Fits 6' 6"; 38.5 oz.; rated to -20 F degrees Used about a dozen times. Always stored hung and uncompressed. Excellent condition. Includes compression sack. \$325 or best offer. Dexter Robinson, dexpcdoc@gmail.com





Joanne Newton's winning hat! *Photo by Robin Melavalin*

White-Liners celebrate another great season in the Blue Hills

By Nichole Nelson

Ask any White-Liner (a hiker who is covering every trail in the Blue Hills between the Winter Solstice and Spring Equinox) how they like winter hiking, and they will tell you it's the best way to get out in the winter and often the best way to hike. No bugs means no repellent spray, and no leaves means great views. There's also nothing like natural air conditioning or the anticipation of packing down fresh powder with snowshoes, unless it is doing all of this with a fun group while learning about local geology or wearing silly hats. The SEM White-Lining Group offers all of this!

The group was started by Paul Brookes and Cathy MacCurtain for the winter solstice of 2014, with Pat Achorn serving as registrar and co-leader until 2016. White-Lining had been a "thing," but mainly an individual one. Realizing that a major benefit of the AMC is the social aspect, the experienced hike leaders created an

official series which meets each Tuesday during the winter. They lead a group of 20-30 hikers on a different 3-4 hour hike of 3-6 miles. After several seasons, most White-Liners will earn their completion badges just from hiking with the group, and will thank their co-hikers with a batch of cookies shared at lunch break.

This season, Bill Doherty completed his second White-Lining series and Len Ulbricht completed his first. Also this season, founders Paul and Cathy passed on leadership of the series to Claire and Craig MacDonald and Pamela Johnson.

About the transition, Paul says that he and Cathy "knew the series was popular, and for it to have staying power we needed to raise up a new generation of leaders. The best time to hand something over is when you still love doing it." Leadership is always encouraged, and the group is looking for additional leaders for next season.

This season was special, not only for the transition, but for the same reasons each season is special: the group, the camaraderie, the views and the traditions. The 2018/19 season was almost half full of first time White-Liners. The first hike set out on a sunny and mild New Year's Day.

Continued on page 7



Co-founder Paul Brookes is always accompanied by his faithful companion Sunny, an avid hiker and lover of peanut butter sandwiches. *Photo by Ken Cohen*

White-Lining season concludes

Continued from page 6



A first time snowshoeing for several. Photo by Ken Cohen

No less than twenty hikers came out for each meeting, even on the iciest and snowiest of trails. Several hikers snowshoed for the first time. Eleven out of twelve planned hikes (one being cancelled due to expected travel conditions) were completed the day before the Spring Equinox, a day as beautiful as the series kickoff. On the last hike, all celebrated the 48 miles traversed over each section of the DCR Reservation (other than Fowl Meadow) by eating and...wearing silly hats.

Though many of our non-hiking friends might think we already wear silly hats, these hats were extra silly indeed. Winner of the Best Hat Evah went to Joanne Newton for her prediction of a future in which she tumbles off a cliff, snowshoes flying, while the group looks on and Sunny (Paul's faithful yellow lab) takes a bio break. Joanne, who never did fall, is currently training to become a leader to assure her modest self that only half of this vision comes true.

Joanne received a prize for her humor, creativity, and AMC spirit at the Blue Hills Grille, where a social luncheon was held. After the group congratulated her, every member expressed their thanks to Paul and Cathy, to their new leaders,—and to each other—for a beloved tradition, another great season, and their commitment to showing up again next season.



Pamela Johnson, new White Line and AMC leader presents a badge to Bill Doherty, who completed the White Lining series for the second time. Photo by Ken Cohen



Cathy MacCurtain (left) presents Pamela Johnson with a badge for previously completing the Red-Lining series. Photo by Paul Brookes



Cathy MacCurtain, co-founder of the White Lining series, presents Len Ulbricht with a badge of completion. Photo by Ken Cohen

Add Your Voice: Defend the Clean Water Act

By AMC Staff

Oppose any changes to the Clean Water Act that would harm our nation's rivers and waterways.

The Environmental Protection Agency is attempting to roll back important protections for our rivers and creeks by changing the definition of "waters of the United States." If enacted, this change would strip protections from critical waterways including ephemeral streams, wetlands, and any part of a river that does not flow continuously.

Removing protections from these streams and wetlands is bad public policy that threatens human health and the environment. Small streams and wetlands protect downstream drinking water quality, provide habitat, and ensure ecosystem health. They are also sources of backcountry water supplies for hikers and backpackers.

To tell the EPA to reject harmful changes to the Clean Water Act and take action for other conservation priorities, join the Conservation Action Network at outdoors.org/CAN.

FOR RENT

Prince Edward Island, Canada

Summer/Fall Weekly Cottage Rental

2-bedroom newly constructed oceanfront cottage that sleeps 6.

Sweeping views of the pond, ocean & lighthouse.

Enjoy kayaking, bicycling and beach walking.
\$900/wk. Contact Scott at 603-254-5032 or scottm@plymouth.edu



The summit of Mt. Norwottuck in the Holyoke Range provides a panoramic view of the Pioneer Valley.

New England Trail Hike50 & Hike100

By AMC Staff

Ten years ago the New England Trail (NET) was designated by Congress as a National Scenic Trail. To celebrate this important occasion, and to build on the momentum from last year, we are launching the next Hike50 challenge, along with a Hike100 challenge with the same rules but double the miles or points required.

The rules are simple: Hike 50 miles or 100 miles on the NET during 2019 or earn 50 points or 100 points through alternative activities and get a special edition 10th anniversary patch. Along the way, participants will have access to NET Challenge resources and will be entered in a series of prize drawings!

We've come up with a list of ways to earn points and celebrate our trail, including volunteering and advocacy, and we welcome you to design your own Challenge in a way that fits your lifestyle.

The NET is a 215-mile hiking trail route that travels through 41 communities in Massachusetts and Connecticut. It is comprised primarily of the historic Mattabesett, Metacomet, and Monadnock Trail systems.

The principal stewardship partners of the New England National Scenic Trail are the Berkshire Chapter of the Appalachian Mountain Club and the Connecticut Forest and Park Association. For more information and to sign up, visit [the NET website](https://www.newenglandtrail.org).



Just wait until you see what lies beyond that hill! *Photo provided by Lisa Kingston*

Getting Hooked on Leadership

By Lisa Kingston, Co-Leader

In January, on the coldest night of the winter, my daughter and I joined Leader Bill Cannon and a group of hikers on a full moon hike at Borderland State Park in Easton. It was our first hike with the SEM Chapter of the AMC. We had a great time micro-spiking and enjoyed many beautiful views of the Blood Wolf Moon, which had recently peaked. We met many nice people, few I would recognize now without their winter gear on!

There were lots of great conversations despite the cold, and we quickly warmed up. Bill mentioned a couple of times that there was a Leadership Training course being held the first weekend of April in Plymouth. He primed those of us who immediately privately thought “Oh no, not for me” by following up with “You don’t have to become a leader to attend. It is a great day of learning more about hiking.” The bait was set.

So seeking to learn more, my daughter and I attended the Leadership Training in Plymouth on April 6th. It was held on the grounds of the Plymouth Wildlands Trust in a beautiful barn. We learned about trip planning, participant screening, show-and-go hikes, leader styles and group management, liability and risk management and harassment (not as scary as it sounds), how to be a trip leader, and “leave no trace” practices. All this was accompanied with decision-making exercises, role-playing, food, and fun. According to AMC-SEM

leadership, more people attended this training than had ever attended before. The bait certainly caught this fish.

Although I didn’t intend to become a leader, I got hooked on the idea that I COULD be a leader and decided to give it a try. On April 11th, I co-led a show-and-go hike with my mentor, a longtime AMC-SEM leader, Pat Sarantis. We led a group of 15 hikers through the Bearberry Trail of the National Seashore for over two hours. It was a terrific experience and a chilly but gorgeous day among the dunes of Truro, ending with ten minutes of trail-less freedom along Ballston Beach. Thank you to all participants and I hope you all “get hooked” someday.



During the Truro Historical Trek on March 25, the group stops for a historical vignette about the loss of hundreds of Truro fisherman at sea over the years. *Photo by Marc Mahoney*



AMC-SEM Biking Thousand-Milers: First Quarter 2019

NAME	Miles to-Date	NOTES
Joe Balboni	786	
Richard Beaudoin	456	
Paul Currier	704	Florida Sun - 70's & 80's & occasional 60's sure helps
Jim Kipela	379	
Larry Kornetsky	454	
Mike Garrity	456	Across Florida trip 4/6 & 7.
Barbara Gaughan	48	Foot surgery and biking are not compatible.
Mark Gurnee	421	Florida miles
Bernie Meggison	73	Beautiful miles - Shoulder replacement
Ed Nelson	1,189	Sunny Florida miles
Louis Outor		
Rick Roberts	1,205	Hello from Gulfport, Florida
Robyn Saur	1,788	
Joe Tavilla	187	
Rob Wheeler		

Looks like our Florida Chapter is getting stronger and stronger! For information about joining, contact Bernie Meggison, thosemeggisons@gmail.com or Paul Currier, paulbcurrier@comcast.net. Send mileage to Paul Currier.



Teen Trail Crew opportunities still open

Still Accepting Registrations, but Register Now—Space is Limited!

Teens 14 to 19 years old can lend a hand maintaining trails across the northeast for one to four weeks! These programs foster leadership and develop conservation ethics while building skills and making lifelong friends. Teen Trail Crew participants can earn 40 hours of community service per week!

Here is a sampling of our 2019 program calendar with more crews available online:

North Country 4-Week Leadership & Conservation Teen Trail Crew

June 23 – July 19, 2019 – [Information here.](#)

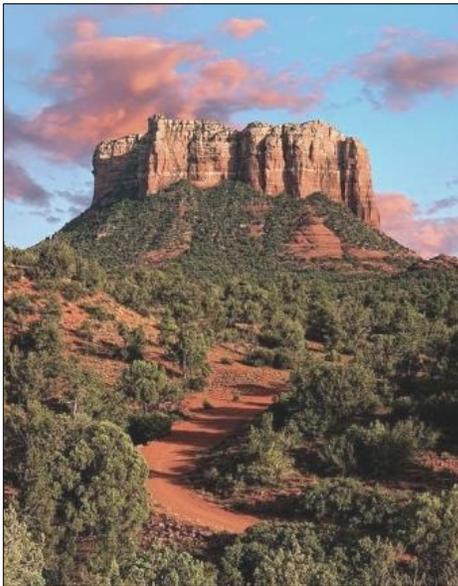
Southern New England Appalachian Trail 2-Week Spike Teen Trail Crew

June 23-July 5, 2019 – [Information here.](#)

Delaware Water Gap Mohican 1-Week Teen Trail Crews

July 14-19, 2019 – [Information here.](#)

July 21-26, 2019 – [Information here.](#)



Go hiking with AMC in Sedona in November

By AMC Staff

Join the Adventure Travel program for a week (November 9–17, 2019) of hiking beautiful Sedona in Red Rock Country with deep canyons, soaring mesas, towering pinnacles and massive red rock formations.

In addition to hiking, we will explore Native American sites with rock art and cliff dwellings and the area's vortex sites. Trip cost: \$2195

For details contact Leader Leslie Carson lesliecarson929@yahoo.com or Co-Leader Annemarie Langhan, amlhikeamc@gmail.com.

To find out more about the AMC Adventure Travel program, visit www.outdoors.org/adventuretravel.

If you are interested in learning more about becoming an Adventure Travel leader, contact Nancy Holland at nholland@outdoors.org.



Appalachian Mountain Club, Worcester Chapter's

2019 TrailsFest!

In the Spirit of National Trails Day, We Bring Together Worcester County's Outdoor Community & Celebrate All Trails – Hiking Trails, Bike Paths, Waterways, Climbing Routes & More!

Wachusett Mountain Ski Area, 499 Mountain Road, Princeton, MA
June 1, 2019, 8:00 AM – 4:00 PM, FREE ADMISSION



8 AM – 12 PM: TRIPS & ACTIVITIES, including:

*Hiking • Trail Maintenance • Climbing • Paddling • Outdoor Yoga • Birding • Geocaching
Outdoor Art Classes • Paddleboarding • Road Biking • Mountain Biking*

12 PM: KEYNOTE, John Judge, President & CEO, Appalachian Mountain Club

12 PM – 4 PM: MUSIC, FOOD TRUCKS, BEER! Come meet our partners:

*Wachusett Mountain Ski Area, Greater Worcester Land Trust, Midstate Trail, REI, LL Bean, Mass Audubon, Wachusett Greenways, North Quabbin Trails Association, DCR, US Army Corps of Engineers, TerraCorps, EcoTarium, Mount Grace Land Conservation Trust, MA AT Management Committee, Southborough Open Land Foundation, New England Mountain Bike Association, Friends of the Wapack, Bay Circuit Trail, Northborough Trails Committee
Leave No Trace, Appalachian Trail Conservancy & More*

For more information, see amcworchester.org/localactivities
Questions? Want to Partner? Contact Shalin Desai, programs@amcworchester.org

“Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts. There is something infinitely healing in the repeated refrains of nature—the assurance that dawn comes after night, and spring after winter.”

- Rachel Carson



Sunset over lake at Camp Burgess on Cape Cod

Discover where the locals hike, bike, and paddle on Cape Cod at Fall Gathering 2019

Save the dates: October 18-20th, 2019!

Come join the Southeastern Mass. Chapter at AMC Fall Gathering 2019, October 18-20th on Cape Cod. As always, you'll have a chance to meet, socialize, and share ideas with members from AMC chapters up and down the East Coast. And at this Fall Gathering, you'll also have a special opportunity to let our local leaders "on Cape" share their favorite – and often hidden – hiking trails, bike routes, and paddling areas with you!

The Cape is particularly appealing in the fall when the leaves start to change, the air turns crisp, and the summer crowds disappear. The location we've selected for FG 2019 is the beautiful [Camp Burgess](#) in Sandwich, Massachusetts. This great facility spans nearly 300 acres of forests, meadows, trails, and freshwater ponds. It offers a large private lake; spotless cabins (many with lake views); indoor washrooms and shower facilities; and a bounty of on-site recreational opportunities including zip line; climbing wall; and basketball, volleyball, tetherball, and gaga ball courts.

At this event, you'll be able to explore the best "the Cape" has to offer! We're planning a wide variety of hikes, bike rides on quiet roads and pristine trails, and (weather permitting) one or two paddles. The hikes will include woodland hikes, hikes on the National Seashore, dune walks, and naturalist hikes. We're also planning to have live music, a trivia contest, yoga, campfires, and other activities to keep everyone engaged and entertained throughout the weekend.

One-night, two-night, or single-day options will be available along with delicious and healthy meals in the camp's expansive dining/meeting facility. Please save the date for FG 2019 and visit www.outdoors.org/fallgathering for more details! Registration opens July 1, 2019.

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1very fast

2fast

3moderate

4leisurely

Indicates terrain

Avery strenuous

Bstrenuous

Caverage

Deasy

Found in the description

LActivity leader

CLActivity co-leader

FTFirst Time

NM ...New Members

ANAdvance Notice

C Conservation

BICYCLING

Ongoing. Vice Chair, Biking Committee, SEM's Executive Board is seeking a Biking Vice Chair to assist the Biking Committee Chair with planning, organizing and leading bike trips in Southeastern Mass. A particular focus of this position is to promote bike trips off Cape in Plymouth, Bristol and surrounding counties. This includes leading trips, identifying desirable routes, and encouraging development of additional bike leaders. L Leonard Ulbricht (chair@amcsem.org)

Fri., Apr. 19. Road Cycling - Sunset and Full Pink Moon Ride, Sandwich, MA. 22+/- Miles & 2+ hours. Mostly Flat. Start time: about 2 hours prior to sunset. Contact leader to register paulbcurrier@comcast.net We'll start in the large parking lot on the canal in Sandwich in front of the Coast Guard Station. Take Freezer Rd. to Ed Moffit Drive past the Pilot House to the lot. Park close to Ed M. Drive and leave the canal scenic spaces for the canal viewers. Ride to Monument Beach and return along Shore Road and through Gray Gables and Mashnee Island for sunset at Tidal Flats Recreation Area across the canal from MMA. Return along the canal with a stop - maybe - at the RR Bridge for the Energy Train and Aptuxet Trading Post/ President Cleveland's personal railroad station. - Full Pink Moon - April - this name came from the herb moss pink, or wild ground phlox, which is one of the earliest widespread flowers of the spring. Other names for this month's celestial body include the Full Sprouting Grass Moon, the Egg Moon, and among coastal tribes the Full Fish Moon, because this was the time that the shad swam upstream to spawn. Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Sat., Apr. 20. Saturday Fairhaven/Mattapoisett Ride, MA. Easy 27 mile ride. We'll ride the Phoenix/Mattapoisett Rail Trail then visit some scenic ocean view spots along Buzzards Bay including West Island and a stop at Fort Phoenix and the Hurricane Dike. Helmets required . Easy paced ride between 12-13mph. To sign up and get starting directions, contact leader, Jack Jacobsen at cyclejac51@yahoo.com or cell# 508-353-3708

Sun., Apr. 28. Spring Daffodil Ride, MA. Join us for a ride through beautiful Westport & Dartmouth. We will stop at Parson's Preserve to view the lovely daffodil fields, which will be in full bloom. The ride will be approximately 25 miles, at a moderate pace (12-14 mph), with some hills. The daffodil fields are a 1/4 mile walk from the road. We will also have time to enjoy the park across the street, along the Slocum River. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime., milmod@aol.com)

Sat., May. 18. Road Cycling - Sunset and Full Flower Moon Ride, Sagamore Beach, MA. 22+/- Miles & 2+ hours. Flats with hills in Sagamore Highlands. Start time: about 2 hours prior to sunset. Contact leader to register paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff. Return to the recreation area and along the canal to Buzzards Bay for sunset at Mass Maritime or perhaps from Three Mile Outlook. We'll return along the canal for a spectacular moonrise over the Sagamore Bridge. - Full Flower Moon - In most areas, flowers are abundant everywhere during this time. Other names include the Full Corn Planting Moon, or the Milk Moon. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Continued next page

Activities

For the most current information, [search activities online](#)

BICYCLING

Mon., Jun. 17. Road Cycling - Sunset & Full Strawberry Moon Ride, MA. 22+/- Miles/ 2 +/- hours. Mostly flat - a couple of hills. Start time: about 2 hours prior to sunset. Contact leader for registration, location, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. - Full Strawberry Moon - June This name was universal to every Algonquin tribe. However, in Europe they called it the Rose Moon. Also because the relatively short season for harvesting strawberries comes each year during the month of June . . . so the full Moon that occurs during that month was christened for the strawberry! L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Tue., Jul. 16. Road Cycling - Sunset and Full Buck Moon Ride -, MA. Ride - 22+/- Miles & 2+ hours. Flats & Hills. FULL BUCK MOON - Bucks begin to grow new antlers at this time. This full moon was also known as the Thunder Moon, because thunderstorms are so frequent during this month. Start time: about 2 hours prior to sunset. Contact leader for registration, location, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Thu., Aug. 15. Evening Road Cycling - Sunset & Full Sturgeon Moon Ride, MA. 22+/- Miles & 2 ½ - hours. Flats & Hills - Full Sturgeon Moon - August The fishing tribes are given credit for the naming of this Moon, since sturgeon, a large fish of the Great Lakes and other major bodies of water, were most readily caught during this month. A few tribes knew it as the Full Red Moon because, as the Moon rises, it appears reddish through any sultry haze. It was also called the Green Corn Moon or Grain Moon. Start time: about 2 hours prior to sunset. Contact leader for registration, location, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Sat., Sep. 14. Evening Road Cycling - Sunset & Full Harvest or Corn Moon Ride., MA. 22+/- Miles & 2 ½ - hours. Flats & Hills - Full Corn Moon or Full Harvest Moon -This full moon's name is attributed to Native Americans because it marked when corn was supposed to be harvested. Most often, the September full moon is actually the Harvest Moon, which is the full Moon that occurs closest to the autumn equinox. In two years out of three, the Harvest Moon comes in September, but in some years it occurs in October. At the peak of harvest, farmers can work late into the night by the light of this Moon. Corn, pumpkins, squash, beans, and wild rice the chief Indian staples are now ready for gathering. Start time: about 2 hours prior to sunset. Contact leader for registration, location, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Mon., Oct. 14. Sunset and Hunter's Moon or Blood Moon Road Cycling, MA. 22+/- Miles/ 2 +/- hours. Flats & Hills. Traditionally, tribes spent the month of October preparing for the coming winter. This included hunting, slaughtering and preserving meats for use as food. This led to October's full Moon being called the Hunter's Moon and sometimes Blood Moon or Sanguine Moon. Start time: about 2 hours prior to sunset. Contact leader for registration, location, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Tue., Nov. 12. Sunset & Full Beaver Moon Road Cycling, MA. 22+/- Miles/ 2 +/- hours. Mostly flat - a couple of small hills. Beaver Moon: For both the colonists and the Algonquin tribes, this was the time to set beaver traps before the swamps froze, to ensure a supply of warm winter furs. This full Moon was also called the Frost Moon. Start time: about 2 hours prior to sunset. Contact leader for registration, location, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

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BICYCLING

Thu., Dec. 12. Sunset and Full Cold Moon Cycling, MA. - 22+/- Miles/ 2 +/- hours. Flats & Hills. December is the month when winter begins for most of the Northern Hemisphere, hence, its full moon is called the Cold Moon. Start time: about 2 hours prior to sunset. Contact leader for registration, location, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

CAPE HIKING

(FT) (NM) Sun., Apr. 14. Hike the Coonamessett River Headwaters, East Falmouth, MA. An easy 1 3/4 hr hike through woods and along a dirt road on the south side of Coonamessett Pond in Falmouth, one of the larger ponds on the Cape. We will see the origin of the Coonamessett River (a very small "river") and follow it past old cranberry bogs, as it flows south toward Great Pond and the sea. As with most hikes on the Cape, poison ivy, ticks, and mosquitoes can be present. Rain cancels, but if in doubt about the weather, call the leader. Meet 1245 for a 1300 start. From the intersection of Rt 151 and Sandwich Rd, in North Falmouth, drive south on Sandwich Rd for 1.6 miles. Turn right on Hatchville Rd. Go 0.6 miles and turn left onto a dirt road leading to parking. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 25. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture, along surrounding marsh and beach and through historic Quivet Neck neighborhood. Expect soft sand! RT 6 to Exit 9 and RT 134 North. Follow RT 134 north to traffic lights at RT 6A and turn right. Follow RT 6A for .8 miles and turn left on School St (Airline Rd on Right). Follow School St for .4 miles and turn left on Cold Storage Rd. Follow Cold Storage Rd for .5 miles to parking lot at the beach. L Deborah Hayden (508-274-2820 before 9PM, shaferhayden@gmail.com)

Sun., Apr. 28. Ryder Conservation/Lowell Holly Reservation Hike, Ryder Conservation Area Cotuit Rd. Sandwich, MA. Join us for a 4-4.5 mi hike in Sandwich conservation area and Mashpee Trustees of Reservation property. The terrain is mostly flat with a few steep but short climbs thrown in. Meet at 12:45 for a 1 p.m. start. Heavy rain cancels. Rt 6 to Exit 3 > Quaker Meetinghouse Rd South x 2.5 mi > L @ light on Cotuit Rd x 2 mi. Trailhead parking on R for about 12 cars. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader)

Sun., May 5. Hike Beebe Hikes, Park in Falmouth Conservatory Lot (past Highfield Hall), MA. 2 1/2 hour hike thru flat to rolling terrain. A couple steep hills. A stop by the farm to see sheep and lambs. Meet at 12:45 for 1pm start. Sturdy hiking boots and water. Fr Bourne Rotary continue S on Rt 28 to Falmouth. Continue thru the 1st set of lights in Falmouth.. Take R onto Depot Rd (after Inn on the Square). Follow to end to park at Conservatory Lot. L Linda Church (lchurch@whoi.edu)

Sun., May 12. Hike Santuit Pond, Mashpee, MA. This has been a Mother's Day favorite to hike to a Cranberry Bog and see the rare Birdfoot Violets, along the way we will see the newly refurbished herring ladder and perhaps a few herring. We will be starting from a new location which provides better parking. Meet up time is 12:45 PM. Driving Directions: From Rte 28 in Mashpee turn onto Rte 130 to Sandwich and look for Santuit Pond Parking area in less than a mile. From Upper Cape take Exit 2 off of Mid Cape and Turn R on Rte 130 go several miles to parking area on L. From outer Cape take Rte 6 to exit 3 and turn L onto Quaker Meetinghouse Rd and follow to Rte 130 and turn L and continue several miles to parking area on L. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Currently Cape Hike Chair for AMC and an avid Cape Hiker and Leader.)

Sat., May 18. Hike Bell's Neck Conservation, Sand Pond prkg on RT 39, Harwich, MA. 4.5 mile mostly flat hike along East & West reservoirs, cranberry bogs, marshland and a herring run. Exit 10 to 124S to end. R on 39S x 1.9 mi to Sand Pond prkg on right. Arv 9:45 for 10 a.m. start. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, Level 1 hike & bike leader.)

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EDUCATION

Sat., May 4-5. Wilderness First Aid Two Day Workshop, Wildlands Trust Community Conservation Barn, 675 Long Pond Rd., Plymouth, MA 02360. Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. This training is required for AMCSEM trip leaders, but is a great experience for any outdoor enthusiast. Instruction is provided by SOLO, experts in providing wilderness medical training. L Douglas Griffiths (508-758-4315 after 6 pm, reddougg@aol.com)

Sat., Jun. 22-23. Two-day Map and Compass Workshop (Sat/Sun), Blue Hills, Boston Area, MA. See listing under Hiking. R Paul Brookes (603-799-4399 After 8am and before 9pm, PaulBrookes1966@outlook.com)

EXECUTIVE COMMITTEE

Ongoing. Vice Chair, Southeastern Mass Chapter, MA. Dear fellow SEM Member, The SEM Executive Board is seeking a chapter Vice Chair volunteer to: *Support the SEM Chapter Chair and our great activity leaders; *Help run the 2019 AMC Fall Gathering which will be held on Cape Cod; *Represent the SEM Chapter at a variety of club-wide and chapter events; *Interface with AMC HQ and learn how AMC functions behind the scenes; *Support conservation, education and recreation in Southeastern Massachusetts. You will assist with the development of chapter goals, budgets and special events (such as Fall Gathering 2019), assist other committee members in coordinating chapter activities, and participate in monthly Executive Board meetings and periodic AMC meetings of chapter chairs. Experience with or willingness to learn straightforward Excel spreadsheet and Power Point-type applications helpful. L Leonard Ulbricht (chair@amcsem.org)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Sun., Apr. 14. Family Hike in the Southeastern Massachusetts Bioreserve, Fall River, MA. Join us as we explore the beautiful & historical Fall River Bioreserve. We will hike approximately 3 miles at a leisurely pace, allowing time to talk about the animals, plants & Native American history. Kids of all ages are welcome. Wear sturdy shoes or boots, & bring insect repellent, water & a snack. Heavy rain will cancel. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime., milmod@aol.com)

Tue., Apr. 16. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA, Hike hilly Skyline Trail and adjacent trails on nine successive Tuesday mornings 3/26-5/21, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Expect rocks and granite ledges on most ascents and descents. Moderate initial 1.5 - 2 mph pace and 3 mile hilly hike, progressing over the 9 weeks to 8 or more miles with cumulative elevation gain around about 2000 feet.. 9:15 am sign-in, 9:30 am hike start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He enjoys hiking the 48 NH 4K peaks and is an AMC Adventure Travel leader.) CL Pam Johnson (pjohnson8992@gmail.com) CL Craig MacDonald (craigmacdonald695@gmail.com), R len ulbricht (lenu44@gmail.com)

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Activities

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HIKING

(FT) (NM) Tue., Apr. 16. Tuesday Blue Hills Hiking Series, Blue Hills, Milton, MA. For your hiking pleasure, a Tuesday Hiking Series, Over time we plan to hike 'all' of the trails within the Blue Hills, meeting in different parking lots and hiking different routes each week. If folks are interested this series will run... well, for as long as folks/Leaders are interested. (Currently only the few weeks are posted. This is to allow modifications to this listing, and the addition of other Leaders, going forward.) So, if you are interested in hiking in the Blue Hills on Tuesdays, typically from 10 AM until, typically, sometime before 2:00, Contact the Leader/Registrar, Bob Vogel. He will provide full information about these hikes. That information will allow you to make an informed decision about your choice to partake in this exciting, slightly different, hiking series. (If you don't know Bob, please include a BRIEF (One sentence is fine) 'My Hiking History', so we can get to know each other.) Note that, in addition to 'just hiking', this series also aims to provide 'skill building', both for participants, new Co-Leaders and existing Leaders. We will incorporate a range of 'educational opportunities' as we hike, (Map reading, GPS app usage, Group Management practice, Introduction to Trailwork, Come hike, get some exercise, have fun, and learn. Note: If this group grows in size, the plan is to split into sub-groups when we hike, to keep each 'hiking group' to a manageable size. Groups may split based on speed/distance abilities, willingness to hike with dogs, ability to hike for the full 4 hours, desired trails to hike, etc. This will be a "Register once, come as often as you want" series. L Bob Vogel (vogel.r@comcast.net, Bob is a 4 season Hike leader for the Southeastern Mass Chapter, as well as a hike leader for Boston Local Walks and a 3 Season Leader for Boston H/B.), R Bob Vogel (vogel.r@comcast.net)

Tue., Apr. 16. Full Moon Hike at Borderland State Park, 259 Massapoag Ave., North Easton, MA. Come and hike under a Full Pink Moon or as some may call it, a Full Fish Moon. We will be hiking about 5 miles on mainly flat wide trails in between and around 2 large ponds. In the past we have seen the moon at least 90% of the time. It is a beautiful site over the ponds and across the meadow. Hopefully we won't need any snow gear. A detailed Poop Sheet will be sent to all who Register. Please include in your registration e-mail: 1) the date of the Full Moon Hike you wish to attend 2) Your contact number 3) A description of your latest hiking experience. L William Cannon (bcannon56@gmail.com, AMC Member for 8 Years 2 years leading Full Moon Hikes AMC SEM Conservation Chair) L Susan Svelnis (suesvelnis@gmail.com) L Nancy Coote (cranstonstreet22@gmail.com) L Patricia McNally (pmcnallyma@comcast.net) CL Anne Rapp (anne.rapp99@gmail.com), R Anne Rapp (anne.rapp99@gmail.com)

(FT) (NM) Thu., Apr. 18. Red Line the Blue Hills, Blue Hills Reservation, Milton, MA, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 14th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Michael Swartz (617-840-4199, swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Thu., Apr. 18. Thurs. Morning Hike, Blue Hills, Ponkapoag Pond & Vicinity, Canton, MA. Moderate to fast pace, with occasional stops. 5 ½ - 6 ½ mile hike around The Pond with one or two additional perimeter loops. Approx. 10:00 am-1:00 pm. Please arrive by 9:45 am for a prompt 10:00 am start. Bring waterproof hiking shoes, bug spray, sun screen, snacks/lunch & water. We'll take a break near the AMC Camp, down near the pond, weather permitting. Steady rain cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net, Year-round hiker and snow shoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our nation's National Parks. AMCSEM Class I Hiking Leader for the past two years having organized many trips in The Hills and other local hiking destinations. Longtime member of DCR's "Trail Watch" in the Blue Hills. Active ad-hoc member of the Board of Trustees for The Friends of The Blue Hills. Avid nature photographer.)

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HIKING

Sat., Apr. 20. Earth Day Trek - Hemlock Gorge Reservation, MA. Join us as we explore the Hemlock Gorge Reservation during this co-sponsored trip with AMC's Boston Chapter. This will be a slow-paced walk as we explore the geology and history of this DCR property. Included in the trip will be the historic "Echo Bridge" (built in 1876) which is on the National Register of Historic Places. It's a sight (and with sounds) to behold! We'll cover all of the interior trails, as well as those along the Charles River which created the Gorge over many thousands of years. We'll visit three dams, view an historic silk mill, and observe an old nail mill. The interpretive two-mile trek will last 2 - 2 ½ hours. Bring sturdy walking/hiking shoes, water, snacks, and rain gear if necessary. There's plenty of street parking close to our meetup point which will be in the parking lot of 381 Elliot Street, Newton, MA. Dogs on leash only are O.K. Steady rain will cancel. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net, Year-round hiker and snowshoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our nation's National Parks. AMCSEM Class I Hiking Leader. Longtime member of DCR's "Trail Watch" in the Blue Hills. Active ad-hoc member of the Board of Trustees for The Friends of The Blue Hills. Avid nature photographer.)

Tue., Apr. 23. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, April 16, entry.

(FT) (NM) Thu., Apr. 25. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Sat., Apr. 27. Mt Tom Trail of Rhode Island, RI. Nestled in the southwest corner of Rhode Island is Arcadia Wildlife Management Area. The 14,000 acre property boasts of miles of multi use trails for hiking, horseback riding, mountain biking and hunting. This hike will cover variable terrain, from short rocky uphill to flat paths through laurels and pine forest. Along the way we will stop atop the rock ledges, with views of the expansive forest. If you are new to hiking or just getting out for the first time this spring, this hike is for you. Sturdy footwear is recommended. The Wildlife Management posts **REQUIRED TO WEAR FLORESCENT ORANGE**, wild turkey hunting season Elevation gain of approx. 460 feet Total milage: Approx. 4 miles Time: 2 1/2 hours plus time for enjoying the view. We will spot cars at the start of the hike. L Peggy Qvicklund (774-893-3011 please call before 9 pm, qvickan@comcast.net) CL Joanne Newton , R Joanne Newton (508-215-9470 Please call before 9 pm, newt665@comcast.net)

Tue., Apr. 30. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, Apr. 16 entry.

(FT) (NM) Tue., Apr. 30. Tuesday Blue Hills Hiking Series, Blue Hills, Milton, MA. See details at Tuesday, April 16, entry.

(FT) (NM) Thu., May 2. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

Thu., May 2. Thursday AM Hike at Wompatuck State Park, 204 Union Street, Hingham, MA. Come explore some new trails at Wompatuck State Park. We will meet at 9:45 in the Welcome Center Parking Lot for an approximately 6 mile hike. This will be a mostly flat hike with a possible gentle climb up Turkey Hill for lunch. We will also explore many of the trails in the Northwest corner of the park that connect to Whitney and Thayer Woods. Hike will be cancelled in extreme weather. Bring snack/lunch and water. If you are interested after the hike you can fill containers with free spring water at the Mount Blue Spring located inside the park. Dogs are welcome as long as they can hike well with the group. This DCR property allows dogs to be off-leash, but dogs may need to be leashed on this hike at the discretion of the leader. Please contact leader with any questions. L Susan Svelnis (781-849-9299, suesvelnis@gmail.com)

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HIKING

Sat., May 4. Sat. morning, the 2nd annual "spring into spring" hike, Arnold Arboretum, 125 Arborway, Jamaica Plain, MA. 281 acres- including two hills with vistas, Bonsai exhibit, lilacs, and "Explorer's Garden". We will explore this "tree museum" during a 4-5 mile hike at a moderate pace. Bring water, sturdy footwear, sun screen, bug spray, snack or lunch. Meet at the Visitors Center (Hunnewell Building) located at 125 Arborway, Jamaica Plain at 9:45 for prompt 10:00 start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-Stop. Steady rain cancels. Leashed dogs o.k. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net, Year-round hiker and snow shoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our nation's National Parks. AMCSEM Class I Hiking Leader. Longtime member of DCR's "Trail Watch" in the Blue Hills. Active ad-hoc member of the Board of Trustees for The Friends of The Blue Hills. Avid nature photographer.)

Tue., May 7. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

(FT) (NM) Thu., May 9. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 11, entry.

Thu., May 9. Thursday Morning Hike - F. Gilbert Hills - Foxboro, MA. Join us for enjoyable hike in the F. Gilbert Hills State Forest for a five mile hike from 10 AM till 2 PM. Easy to moderate pace. Meet at forest headquarters , 45 Mill Street, at 9:45. AM. Bring water and a lunch and or snacks. Route will encompass the Acorn Trail and parts of the Warner Trail. Along the way we will see several glacial erratics, several water holes constructed by the CCC, and a huge pine tree growing right out of a large rock! Mostly flat, with a few hills. Heavy rain cancels. Registration not required, however, if you have questions, contact leader. L Barry Young (508-339-3089 Before 9 PM, barry.young@comcast.net)

(FT) (NM) Sat., May 11-Jun. 15. Introduction To Hiking Series, Blue Hills Reservation, MA. Have you always wanted to get outside and explore local trails but felt like you needed help getting started? Have you hiked before but need a refresher course on hiking essentials? This series of FIVE Saturday morning hikes in the Blue Hills Reservation may be just what you're looking for! Each hike will build on prior hikes as we increase distance, elevation, and technical hiking challenges. Along the way we will also teach basic hiking techniques, map reading skills and will review clothing and gear essentials. Registration is required for this series and will be limited to 15 participants. You will only need to register one time for all 5 hikes. Hike dates are: May 11 May 18 June 1 June 8 June 15 Hike start locations will be sent to registered hikers on the Wednesday before the hike. Sign in is at 8:15 AM and we will finish up before 12 noon. Contact Pam with questions. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com, Pat is an avid hiker and has lead the "Introduction to Hiking Series" in the Blue Hills in past years.) CL Pam Johnson (617-448-4446 Between 4 PM and 8 PM, pjohnson8992@gmail.com, Pam is a life-long hiker and is certified in Wilderness First Aid, CPR and AMC Map and Compass orienteering. Pam is a Co-Leader on the Blue Hills "White Lining" and "Conditioning Series" and has climbed the 48 Four Thousand Footers.), R Pam Johnson (617-448-4446 Between 4 PM and 8 PM, pjohnson8992@gmail.com)

Tue., May 14. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, April 16 entry.

(FT) (NM) Thu., May 16. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

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HIKING

Thu., May 16. Hike at Moose Hill Audubon, 293 Moose Hill Parkway, Sharon, MA 02067. REGISTRATION IS NOT REQUIRED FOR THIS HIKE. Please meet at the Moose Hill Audubon parking lot at 9:45 for a 10:00 start on a 4-5 mile hike along relatively flat terrain with some gentle ups and downs. Bring: hiking boots, water, lunch and a rain jacket. Heavy rain cancels FROM NORTH Take Rt I-95 south to exit 10 (Coney St, Sharon, Walpole). Take a left off the exit and take the first right onto Rt 27 north (Walpole). Take first left on Moose Hill Street. Continue past The Trustee's Moose Hill Farm. Follow to the top of the hill and turn left onto Moose Hill Parkway. The parking lot is on the left. FROM SOUTH Take Rt I-95 north to exit 8 (Main St, Sharon). Take a right off the exit and follow one mile. Take a left onto Moose Hill Street. Follow to the top of the hill and turn right onto Moose Hill Parkway. The parking lot is on the left. L Nancy Perlman (617-980-4878 anytime, nancyclist@gmail.com) CL Nancy D Perlman

(NM) Sun., May 19. New Member Hike at Wompatuck State Park, 204 Union Street, Hingham, MA. Join some of your fellow AMC members for a Spring hike through this DCR property. This hike is open to all new members as well as hikers considering joining our group. We also welcome existing members who are willing to share their experiences with the group. Wompatuck State Park has over 70 miles of trails that span through four towns. On this hike we will explore about 4 miles of these trails starting from the Visitor Center. The terrain is mostly flat with some gentle hills. Sturdy hiking shoes are required, dress in layers and bring water and a snack or lunch. There will be refreshments and information at the end of the hike. Please contact Leader to register and if you have any questions. L Susan Svelnis (781-849-9299, suesvelnis@gmail.com), R Sue Svelnis (781-849-9299, suesvelnis@gmail.com)

Tue., May 21. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

(FT) (NM) Thu., May 23. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 11, entry.

(FT) (NM) Thu., May 23. Thursday Morning Hike - World's End (C3C), Hingham, MA. Meet at 10am in the Parking lot, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor with stunning views, hilly, carriage ways and rocky paths. There could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at <http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html>. L Eva Das (borsody@gmail.com)

(FT) (NM) Thu., May 30. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

Thu., May 30. Wilson Mountain & Whitcomb Woods - 3rd Annual Perenials Hike! Dedham, MA. Lady's Slippers galore! In a good year there are hundreds on both sides, in sections of the well-marked trail, to the summit of Wilson Mountain. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Mountain Laurel too, in season. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. It is managed by the Massachusetts Department of Conservation and Recreation (DCR). After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Forested level trails with views of the Charles River, many gazebos along the way. The total hike is 5-7 miles at a moderate pace. Steady rain cancels. Bring water snacks/lunch, sturdy footwear, bug spray, sun screen. Well behaved dogs on leash are O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net, Year-round hiker and snow shoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our nation's National Parks. AMCSEM Class I Hiking Leader. Longtime member of DCR's "Trail Watch" in the Blue Hills. Active ad-hoc member of the Board of Trustees for The Friends of The Blue Hills. Avid nature photographer.)

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HIKING

(FT) (NM) Thu., June 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Thu., June 13. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

Wed., Jun. 19-23. Ten Maine 4Ks - Hiking the Rangeley and Bigelow Mtns., Carrabassett Valley, Maine, ME. Join us on a 5 day trip to the Rangeley and Bigelow areas to hike 10 of the 14 Maine 4000 footers, experiencing some of the most astonishing views. Jointly sponsored by New Hampshire and Southeastern Mass chapters. We will not only be hiking these spectacular mountains, we will be enjoying time with great people. We will be staying at a delightful accommodation in the Carrabassett Valley and carpooling to the trailhead each day. This trip is for experienced hikers in good hiking condition as we will be hiking 5 consecutive days. L Leslie Carson (508-833-8237, ltc929@comcast.net) CL Dirgny Perdigon (dalexandra@gmail.com), R Dirgny Perdigon (dalexandra@gmail.com)

(FT) (NM) Thu., June 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 11, entry.

Sat., Jun. 22-23. Two-day Map and Compass Workshop (Sat/Sun), Blue Hills, MA. Come learn beginner to intermediate navigation skills using a map and compass to find your way in this two-day weekend workshop. No prior skills are required. All activities will take place at the Blue Hills Reservation; you will need appropriate hiking gear and be able to hike approximately 4 miles with a small day-pack. On Saturday we'll use the conference center at Brookwood Farms for both indoor and outdoor instruction. You'll learn how to read a topographic map, how to use a compass and how a map and compass work together. In the afternoon you'll get to practice your skills on a directed hike in the Blue Hills using the DCR trail map. On Sunday your group will plan your own route to find flags hidden both on and off the trail. For this hike, you will be using a topographical map which does not show the trails and will make use of terrain features such as valleys, brooks, and hills to stay found. Each group will have an instructor to help facilitate the learning. Prior reservation is required, and class size is limited to promote small group learning. To register for this workshop, you must commit to attending both Saturday and Sunday. You will need to purchase and bring to class a navigating compass with adjustable declination correction, the recommended compass is the Suunto M-3 (list price \$44). L Paul Brookes (603-799-4399 After 8am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) CL Doug Griffiths ([reddoug@aol.com](mailto:redoug@aol.com)) CL Pete Tierney (pxtierney@aol.com), R Paul Brookes (603-799-4399 After 8am and before 9pm, PaulBrookes1966@outlook.com)

(FT) (NM) Thu., June 27. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Thu., July 4. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Thu., July 11. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Thu., July 18. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Thu., July 25. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Thu., Aug. 1. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

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Activities

For the most current information, [search activities online](#)

HIKING

FT) (NM) Thu., Aug. 8. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

FT) (NM) Thu., Aug. 15. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

FT) (NM) Thu., Aug. 22. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

FT) (NM) Thu., Aug. 29. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

FT) (NM) Thu., Sept. 5. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

FT) (NM) Thu., Sept. 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

(FT) (NM) Thu., Sept. 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. See details at Thursday, April 18, entry.

PADDLING

Sat., May 4. Barnstable Harbor, Barnstable, MA. We'll explore some of the creeks in Barnstable Harbor, probably at the western end. Plan on an 8 mile paddle. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required by Massachusetts law and a spray skirt may be needed depending on wind and wave conditions. L Ed Foster (erfoster@comcast.net)

TRAILS

Sat., Apr. 20. Trail Work At Blue Hills-Milton, MA. No experience necessary! Beginners are welcome! Experienced volunteers are welcome! SEM Trail Maintenance in the Blue Hills Trail: SEM's adopted trail, a part of the Skyline Trail from Rte 28 in Randolph west to Hillside Street. When: Saturday, April 20, 2019 (weather permitting) Time: 9:00 am to approx. 12:00 pm Where to meet: 8:45 am, main (large) parking lot of Houghton's Pond at 840 Hillside Street, Milton. Meet at north end of lot near the exit. Directions: From Rte 93 (old Rte 128), take exit 3. Follow Blue Hill River Road north for approx half mile. At three way stop sign, turn right to Hillside Street. Approx 0.4 miles, the main parking lot will be on right. Type of work: easy maintenance, trimming vegetation, clearing stairs, etc. SEM will supply tools, gloves and snacks. Please bring water, any special food, wear appropriate clothing (long pants/long sleeve shirt, boots, hat), sunscreen, bug spray, etc. Register by Thursday, April 18 with Skip Maysles at skip.maysles@outlook.com Leader: Skip Maysles Co-leader: Pete Tierney. L Skip Maysles (781-344-0611 Before 9:00 pm, skip.maysles@outlook.com) L Peter Tierney (pxtierney@aol.com)



*Happy
Trails!*