

# The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club | December 2019

## Get AMC-SEM activities delivered right to your email inbox!

Sign up for the weekly email of *your* favorite programs in the [AMC Activity Digest](#).

Find past issues of *The Southeast Breeze* on our [website](#).

Like us on [Facebook](#)

Follow us on [Twitter](#)

## Have a story for *The Southeast Breeze*?

Please send your Word doc and photographs to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org).

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

## Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Send listings to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)

Business advertisements are just \$15/month. Send inquiries to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)



Proud hikers with the first AMC-SEM snowperson of the season. *Photo by Bob Vogel*

## Winter preview along the Bay Circuit Trail

By: Ken Cohen, Hiking Vice Chair

In New England, winter arrives whenever and wherever it pleases. The schedule on the calendar (December 21st every year) has absolutely nothing to do with it.

On December 5, Bob Vogel and Joanne Newton led 17 hikers on a regularly scheduled AMC-SEM Thursday hike that turned into a preview of winter hiking. The season's first significant snowfall, during the two days prior to the hike, had most of us on microspikes for more than five slippery miles on part of the Easton to Sharon section of the Bay Circuit Trail.

The Bay Circuit Trail and Greenway (BCT) is a 230-mile trail extending through 37 towns in Eastern Massachusetts, linking parks and open spaces from Plum Island to Duxbury/Kingston Bay. To a large degree, it is a multi-use trail allowing hiking, trail running, backpacking, biking, horseback riding, cross country skiing, snowshoeing, and paddling.

As we hiked in the cold air on a brilliantly lit morning, the snow-covered forests and waterways were indeed a series of sights to behold.

*See more photos on page 4*

## View from the Chair: 50 Ways to Love the Winter!

I don't need a calendar to know winter is coming. I just have to peer out my window at the descending snowflakes of what will be the first snowfall for this winter season. It's time to shift gears and break out warm base layers, insulated footwear and gloves, puffy jackets and wool hats. And that's not all. There are boot traction devices, hand and toe warmers and, of course, the skis or snowshoes or fat tire bikes.

There are many ways to enjoy a New England winter, fifty in fact, as of now. That's how many winter trips our chapter trip leaders have already posted on the AMC activities database. And there's quite a variety, too. There are trips all over the Southeastern Mass region on both sides of the canal, trips on weekends and weekdays, one-of-a-kind trips as well as weekly, bi-weekly, and monthly trips, day trips and overnights, close-to-home and NH or western Mass trips. To check them out, click on [All SEM activities](#).



In closing out this last View for 2019, let me extend a hearty thank you to the 100 or so volunteers who led trips throughout the year, served the chapter on our Executive Board, or came out to lend a helping hand at the Fall Gathering. What a great bunch you are! And last, to all our 4,000 SEM members and their families, my best wishes for a safe and healthy holiday season and coming New Year. Enjoy, and remember:

**Be Outdoors!**



*Len Ulbricht*  
AMC-SEM Chapter Chair

### 2020 Executive Board

Chapter Chair ..... Len Ulbricht	Communications Chair ..... Paul Miller	Membership Vice Chair ..... Sandi Santilli
Vice Chair ..... Terence Hayes	Communications Vice Chair ..... OPEN	Paddling Chair ..... Ed Foster
Secretary ..... Ann McSweeney	Conservation Chair ..... Joanne Newton	Paddling Vice Chair ..... OPEN
Treasurer ..... David Yampanis	Conservation Vice Chair ..... Bill Cannon	Regional Director ..... Joe Princi
Past Chapter Chair ..... Barry Young	Education Chair ..... Doug Griffiths	Skiing Chair ..... Jeannine Audet
Biking Chair ..... Bernie Meggison	Education Vice Chair ..... Sue Svelnis	Skiing Vice Chair ..... OPEN
Biking Vice Chair ..... Peter Linhares	Hiking Chair ..... George Danis	Trails Chair ..... Skip Maysles
Cape Hiking Chair ..... Jane Harding	Hiking Vice Chair ..... Ken Cohen	Trails Vice Chair ..... Pete Tierney
Cape Hiking Vice Chair .... Cathy Giordano	Hiking Vice Chair ..... Anne Rapp	Young Members Chair ..... Sue Schobel
Cape Hiking Vice Chair .... Robin McIntyre	Membership Chair ..... Ellen Thompson	

### Ad Hoc Committee Chairs & Other Chapter Contacts

Social Media Administrator ..... Christine Racine	The Breeze Editor ..... Mo Walsh
Webmistress ..... Cheryl Lathrop	Blast Editor ..... Marie Hopkins

Contact [chair@amcsem.org](mailto:chair@amcsem.org) if you are interested in any OPEN position



Clean-Up Crew Bill Cannon, left, Bill Doherty, Joanne Newton, Nancy Coote, Barry Young, Nancy Perlman Photos by Bill Cannon

## Post-Thanksgiving ‘massacree’ hike

By Joanne Newton, Conservation Chair

In true form with Arlo Guthrie’s 1965 Thanksgiving arrest for littering, recounted in the song "Alice's Restaurant Massacree," six 1960s throwbacks braved the cold on December 1st to go "pick up the garbage" along Rt. 28, Randolph Ave., in the Blue Hills. They concentrated on all the trailheads along the southern end. Ten 50-gallon bags of garbage were collected and loaded into Bill Cannon's "red VW micro bus." This Activity was part of AMC-SEM's Conservation Activities.

We covered just over one mile of the roadway. Many strange pieces of garbage were picked up, including Lottery tickets, plastic bags of grass clippings, car parts, a crutch, a trash can on wheels loaded with construction materials, and an endless supply of glass and plastic bottles.



## From The Seven Principles of Leave No Trace #3: Dispose of Waste Properly By The Leave No Trace Center for Outdoor Ethics

The Center encourages outdoor enthusiasts to consider the impacts that they leave behind, which will undoubtedly affect other people, water and wildlife.

“Pack it in, Pack it out” is a familiar mantra to seasoned wildland visitors. Any user of recreation lands has a responsibility to clean up before he or she leaves. Inspect your campsite and rest areas for trash or spilled foods. Pack out all trash and garbage.

Plan meals to avoid generating messy, smelly garbage. It is critical to wildlife that we pack out kitchen waste, such as bacon grease and leftovers. Don't count on a fire to dispose of it. Garbage that is half-burned or buried will still attract animals and make a site unattractive to other visitors.

Overlooked trash is litter, and litter is not only ugly—it can also be deadly. Plastic bags, cigarette butts, fishing line and other trash can be harmful to our environment when not properly disposed of.

Carry plastic bags to haul your trash (and maybe someone else's). Before moving on from a camp or resting place, search the area for micro-trash such as bits of food and trash, including organic litter like orange peels or pistachio shells. Invite the kids in your group to make a game out of scavenging for human sign.

© 2019 Leave No Trace. All rights reserved.

Additional material, including a downloadable PDF of the complete pamphlet, "The Seven Principles of Leave No Trace," is available from the LNT Center for Outdoor Ethics [website](#).





**Winter Preview** *Continued from page 1*

*Photos by Ken Cohen*



Sixteen hikers circle up with leader Bob Vogel, in red, and co-Leader Joanne Newton, in white jacket & hat.



Into the white, wintery woods.



An example of Bob Vogel's "flat terrain."



Our snowperson cometh.



Bob Vogel and Joanne Newton lead the December 5th "winter in autumn" hike.



## Join ‘New Member’ hikes in 2020 and enjoy AMC-SEM camaraderie

By Ellen Thompson, Membership Chair

Want to meet other hikers and join the camaraderie of the Southeastern Mass Chapter of the AMC?

The SEM Membership committee wants to help. For 2020 we have added four “New Member” hikes—one for each season!

These hikes are designed for our newer members and those who have been unsure of how to become more involved with the Southeastern Mass. Chapter. They are also a great opportunity for all hikers to socialize and learn more about the Chapter’s offerings.

We would love to meet you on one or even all four of these hikes. This is a great opportunity to try a group hike



May 19th New Member Hike at Wompatuck State Park.  
Photo by Sue Svelnis

at a leisurely pace, tour some of our local nature parks, and enjoy a few hours of fresh air and good company. Our hike leaders will be sharing more details on some of the other activities offered by the Chapter. And we hope many of you more active members will join and share your experiences about hiking with the SEM chapter.

Oh, and the best part: We will have seasonal refreshments after each hike! Here’s our schedule:

**01/04/2020** Experience the Southeastern Mass. Bioserve at Copicut Woods with Joanne Newton, followed by hot chocolate and goodies.

<https://activities.outdoors.org/search/index.cfm/action/details/id/116690>

**04/25/2020** Celebrate Earth Day in Wompatuck State Park with Sue Svelnis, then indulge in home-made treats.

**06/20/2020** Welcome summer at Myles Standish State Forest with Maureen Kelly, and enjoy a summer snack.

**10/24/2020** Take in the foliage at Borderland State Park with Bill Cannon, and indulge in some of our favorite fall treats.

Hikes will be posted seasonally. Watch the website for “New Member Hike.”

<https://activities.outdoors.org/search/index.cfm?type=1&grp=10&com=20>

We hope you will join us!

Membership Committee  
Ellen Thompson  
Sandy Santilli

### Upcoming Hikes SEM Winter Hiking Series

Sat., Jan. 4, 2020

[Winter Series Hike #2—Morgan-Percival Loop](#)

Sat., Feb. 1, 2020

[Winter Series Hike #3—4,000-footer\(s\) in Crawford Notch](#)

Fri., Feb. 28 to Sun., March 1, 2020

[Winter Series Hike #4—Lonesome Lake Hut Overnight Trip](#)



It's sunny on the summit of Mt. Wachusett for the first Winter Series Hike of the season. Photo by Maureen Kelly

## **AMC-SEM Winter Series hikers play in the snow at Mt. Wachusett**

**By Paul Miller, Winter Hiking Leader & Communications Chair**

Twenty hikers turned out bright and early on the morning of Dec. 7th, gathering in the rapidly filling parking area at Mt. Wachusett Ski Area in Princeton, MA, for the first hike in this year's Winter Hiking Series. We were rewarded with wonderful winter weather, with sunny skies, temps in the low 20s, light wind, and about 20 inches of reasonably fresh snow on the trails.

While the trails were largely broken out, most of us wore our snowshoes; those that didn't wore their microspikes. The snowshoes improved our traction, helped pack down the snow on the trails, and helped prevent post-holing. We did the same enjoyable loop hike that we've done in several previous years: Balance Rock Trail to Old Indian Trail, to Semuhenna Trail, to West Side Trail, and then back onto the Old Indian Trail up past the top of the quad chairlift at the ski area to the summit.

After a quick lunch, we started our descent from the summit as planned via the relatively steep (but very pretty!) Harrington Trail. This was a little challenging, but excellent practice for future Winter Series hikes up in New Hampshire. Once we made it down this section of the Harrington Trail, it was a relatively easy jaunt back down to the trailhead through the snow-draped forest. The late afternoon sunlight made this part of the hike particularly beautiful.

This hike (originally designed by SEM hike leader Mike Woessner) includes a section of the Midstate Trail, offers a nice variety of terrain, passes through some really beautiful areas (including a rare stand of old-growth forest), offers great views, and—at 4.2 miles and approximately 1,000 feet elevation gain—provides an appropriate challenge for our first Winter Series hike of the season.

Once back at the trailhead, many of us took advantage of the restrooms and hot coffee available in the nearby ski lodge before hitting the road home.



*Continued on page 7.*

**Two of our intrepid winter leaders, Paul Miller and George Danis.**

*Photo by Nancy Tutko*



## Mt. Wachusett *Continued from page 6*

A brief  
pause on  
the trail.

Photo by  
Nancy  
Tutko



If you like to hike but have never done so in the winter, I strongly recommend that you give it a try. While our Winter Series hikes are limited to those that have either taken our SEM Winter Workshop or have prior winter hiking experience, the chapter also offers a wide variety of other hikes, snowshoe trips, and XC ski trips during the winter months. These include many local hikes in the Blue Hills and on the Cape, as well as up in New Hampshire.

[Click here](#) to see the SEM winter trips (December 2019 through early March 2020) currently posted to the AMC trip listing system. Or you can always check out the trip listings included in this and future issues of the *Breeze* e-newsletter. Please note that our trip leaders are constantly adding new trips, so remember to check back frequently. Better yet, log in to [www.outdoors.org](http://www.outdoors.org), and click on the "My Outdoors" tab, where you can create your own customized [Activity Digests](#) to keep abreast of all the great chapter activities that you think you might be interested in.



Heading home! Photo by Nancy Tutko



### Volunteer of the Month: Bill Doherty By Len Ulbricht, Chapter Chair

Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Trails Committee recognizes **Bill Doherty** for his contributions to trail maintenance.

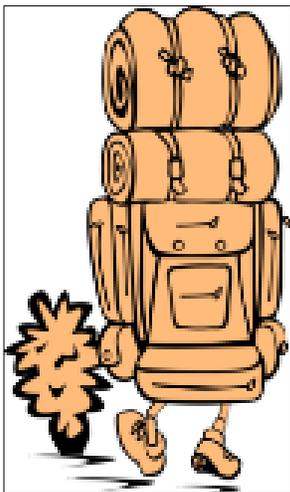
Bill joined Appalachian Mountain Club in 2003. He took the Introduction to Backpacking course at AMC headquarters on Joy Street and hiked about a dozen of the 4,000-footers and stayed in all the huts in the next few years. He also participated in the New Hampshire Chapters winter program for three years.

In 2010, Bill discovered Red Lining in the Blue Hills and he was hooked. It was close to home, fun, social, and still an excellent workout.

Bill is a frequent volunteer with the Trails Committee and has been doing trail work for about five years. He believes it is important for those who can to help with clean-up of the trails. Without organizations such as AMC, the Friends of Blue Hills, and other volunteer groups, our local hiking experiences would not be as great. Further, trail work is not difficult, takes just half the day, and no special skills are required.

Thank you, Bill, for all you do! Bill will receive a Volunteer of the Month certificate and a \$50 REI gift card.

**AMC Annual Summit is January 25, 2020**  
Register by December 31 to take advantage of \$40 Early Bird Pricing. Regular rate of \$50 applies on January 1. Note that last year's Annual Summit sold out in December. Register Today!



## “Where the heck can you go backpacking in NH?”

By Bob Vogel, Hike Leader

Well, let's limit this discussion to the White Mountain National Forest. That will give you plenty of places to start.

In the White Mountains there are several levels of accommodations. So let's look at these options and some pros and cons of each.

**The AMC High Huts:** You, unless you are a chef, won't beat the AMC hut food. And you get an indoor place to sleep and drinkable water. Sounds pretty good—but on the flip side, it's \$129/night/person. And you sleep in a bunk room, where the chances of someone snoring seems (based on my experiences!) to be close to 100 percent. (Life Pro Tip: Bring earplugs if you go!) But there is much fun to be had at the huts. If someone gave me a “Free Hut Pass,” I'd use it at times.

**Shelters:** Well, there is a roof over your head, which usually doesn't leak. It probably has a composting toilet nearby, which is nice. And it's a place to get out of the rain! But you have to share the shelter with whoever shows up, and on a rainy night it can get crowded. Don't expect a long, uninterrupted night's sleep. Even if you don't have to go answer the call of nature, everyone else will have to. Oh, and the popular locations have caretakers, and a \$10/night/person fee. See shelter listings and descriptions at [AMC Backcountry Campsites in New Hampshire](#).

**Tent Platforms:** You get a “deck” on which to pitch your tent. On the plus side, it's flat with no sharp rocks in the middle of your back. It probably has a composting toilet, which is nice. Cons? If it's a weekend, you probably will have to share the “deck” with others and their tents. So you will be sleeping maybe 5 feet from someone else, who may snore. (Hope you saved those earplugs!) And there typically will be that caretaker collecting the \$10/night/person fee. See tent site listings and descriptions at [AMC Backcountry Campsites in New Hampshire](#).

**The Backcountry:** Well, once you hike away from the shelters and tent platforms—typically 1/4-mile—you are in “the backcountry.” And usually you can camp there. There are rules you need to follow. You have to camp 200 feet from streams, ponds, and trails. (So you don't pollute the water or detract from the enjoyment of those hiking past.) The full rules are spelled out in this [Forest Service pamphlet](#). The disadvantages of the backcountry are that there are no, as in zero, “facilities.” No composting toilet, no graded tent site, no platform, on which to camp. No bear box to store your food in to keep the animals away from it. (Bears, sure, but also mice and raccoons, etc.) But on the plus side, you will have the peace and quiet of the woods.

Maybe, if you are hiking alone, that won't have much appeal at first, but a couple weekends ago I went (alone) to Three Ponds, the sight of our July 16–18 backpack, and there was no one at the shelter. I went another 1/3 of a mile and pitched my tent. The nearest person was three miles away down in the valley. It was just me and the occasional black fly. Even they weren't out in great numbers. When I got up in the morning and walked back to the pond, there were fresh moose prints. It was almost enough to make me wish I'd gotten up earlier. But I saw two moose later in the day, after I hiked back out and went kayaking, so it balanced out. The quiet was relaxing. And the ponds at dusk and dawn were as pretty as you could ask for. Alas! Someone had warned the fish it was “free fishing day” in New Hampshire, and they weren't biting, so my idea of freshly caught trout for breakfast didn't work out. 😊 But it was still a great time.

### White Mountain National Forest Campsites and Shelters

Eliza Brook Campsite ♦ Ethan Pond Campsite  
Garfield Ridge Campsite ♦ Guyot Campsite  
Imp Campsite ♦ Kinsman Pond Campsite  
13 Falls Tentsite ♦ Liberty Springs Tentsite  
Nauman Tentsite

To get your copy  
of Bob Vogel's  
“Guide to Backpacking,”  
email Bob at [vogel.r@comcast.net](mailto:vogel.r@comcast.net)  
or look for monthly installments  
in *The Breeze*.



## Activities

For the most current information, [search activities online](#)

### Hiking Key:

**C4D**

Indicates distance in miles

AA .... 13+  
A ..... 9-13  
B ..... 5-8  
C ..... less than 5

Indicates pace

1 ..... very fast  
2 ..... fast  
3 ..... moderate  
4 ..... leisurely

Indicates terrain

A ..... very strenuous  
B ..... strenuous  
C ..... average  
D ..... easy

Found in the description

L ..... Activity leader  
CL .... Activity co-leader  
FT .... First Time  
NM ... New Members  
AN .... Advance Notice  
C ..... Conservation

## BICYCLING

**Wed., Jan. 1. AMC-SEM16th Annual New Year's Day Cycling, North Falmouth, MA.** We'll cycle the streets and Shining Sea Bike Path from North Falmouth to Woods Hole and return for 27+/- miles for 2/3 hours or so. We'll do a shorter ride if the weather is iffy. We'll start at the Shining Sea Bike Path parking lot in North Falmouth. First re-group is Old Silver Beach and a look toward Marion, Rochester, Mattapoisett, Fairhaven, New Bedford and Fon du Lac. Perhaps I'll include a couple of side tours into Gunning Point and Racing Beach areas. Then we're on to Woods Hole for refreshments. The return ride will bring us to Nobska Light and then the Shining Sea Path. Start time - late morning with riders and tires pumped and ready to roll. Helmets, water, spare tube required; pump and tire changing tools would be appreciated. Contact leader – [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net) - 508-833-2690 - for start time and registration. L Paul Currier (508-833-2690 8-7, [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net))

## CAPE HIKING

**Sat., Dec. 21. Hike Greenough Pond Yarmouth, MA.** 3 1/2 hour hike on wooded trails with hills. Hiking boots and poles recommended. Bring lunch. Directions: From Rt 6, take Exit 7 North on Willow Street. Right turn on Route 6A. At sharp curve turn right onto Summer Street. Park at Dennis Pond Beach parking lot on right. L Richard Kaiser (508-432-3277 Before 9 pm, [rjkaiser@comcast.net](mailto:rjkaiser@comcast.net))

**Thu., Dec. 26. Hike Eagle Pond Cotuit, MA.** Hike in historic conservation land, some roads to Cotuit Bay and around a white cedar swamp. Terrain is fairly flat, many roots and most trails are wide. Driving Directions: Take Rte 6 (mid Cape Highway) to Exit 5) and turn S on Rte 149, follow signage and take 149 to Rte 28, Turn R. At traffic light with shopping plaza on R and CVS on L turn L onto Putnam Ave. Travel a mile or less until you see dirt cutout on L. Park in cutout. From Falmouth take Rte 28 towards Hyannis and at lights in Marston Mills with shopping plaza on L and CVS on R, turn R on Putnam Rd and proceed a mile or less until you see dirt cutout on L, park in cutout. Meet at 9:45 AM. L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net))

**Sat., Dec. 28. Hike Boulders at Beebe, Falmouth, MA.** Some 20,000 years ago, the Buzzards Bay arm of the Laurentide ice sheet retreated northward, leaving behind an undulating terrain of ridges, kettle holes, and glacial erratics along western Cape Cod. Within the 475 acres of Falmouth's Beebe Woods, you'll find all these features. For this hike of 6+ miles, we'll traverse woodlands, up and over the glacial moraine, around the Punch Bowl kettle pond, and down the picturesque Esker Trail, passing nearly all of Beebe's named boulders. If we're lucky, we'll get a peek of Buzzard's Bay through the trees. Some short, steep ascents/descents and uneven footing. Difficulty C3C -Moderate Hike route may be modified in icy conditions About 3+ hours **Please check AMC website before leaving home for possible cancellation.** [www.amc.org](http://www.amc.org) select CAPE HIKING under COMMITTEES then select CAPE HIKE SCHEDULE, then LOOK FOR THE STATUS OF THIS HIKE. Any questions, please call Leader Cathy Giordano 508 243 3884 **Required;** daypack with water, snacks, sturdy footwear, weather-appropriate layers recommended: traction devices such as microspikes, hiking poles Directions: Route 28 South toward Woods Hole. Highway narrows to 1 lane just before you approach downtown Falmouth. Continue on Route 28 to Depot Rd. Turn Right onto Depot Road, all the way up hill, past the bus station, past Highfield Hall and park on the left in the lot between Highfield Theater and the Conservatory. If using GPS, use 56 Highfield Dr., Falmouth, MA 02540 about 15 mins.from signs for Rt 151, Old Silver Beach, North Falmouth. L Catherine Giordano (508-243-3884 before 9 pm, [cmgiordan@msn.com](mailto:cmgiordan@msn.com)) CL Nancy Tutko ([ntutko@yahoo.com](mailto:ntutko@yahoo.com))



## Activities

For the most current information, [search activities online](#)

### CAPE HIKING

**Sun., Dec. 29. Hike--Sandy Pond Recreation, West Yarmouth, MA.** Wooded trails, pond views in Mid-Cape area. Route 6 Exit 7S, left on Camp Street, left on Buck Island Road, and left at Sandy Pond Recreation Area. L Janet Kaiser (508-432-3277 before 9:00 p.m., [jtkaiser@comcast.net](mailto:jtkaiser@comcast.net)) CL Richard Kaiser (508-432-3277 Before 9:00 p.m., [rjkaiser@comcast.net](mailto:rjkaiser@comcast.net))

**Thu., Jan. 2. Hike--Great Neck Preserve, Wareham, Wareham, MA.** This 4 mile, 2 hour hike in the Great Neck Preserve in Wareham is on wooded trails through New England Forestry Foundation and Wildlands Trust lands. There are several hills and some wet areas. Hikers will pass a sheep farm, see Swan Pond, and have views of marshes with Buzzards Bay in the distance. Please note that the parking and trailhead are not either at the Great Neck trailhead or the Audubon property. Go over the Bourne Bridge and continue on Route 25 for 6.7 miles. Take Exit 2, Onset/Wareham/Glen Charlie Road. Bear right on the ramp and continue through 2 traffic lights. As you cross Route 28/6/Cranberry Highway, the name changes to Depot Street. As you cross Onset Ave/Minot Ave., the name changes to Great Neck Road. Stay on Great Neck for 1.2 miles, turn right onto Crooked River for .5 mile. Turn left onto Indian Neck for .4 mile. Turn left to stay on Indian Neck for .3 mile. Take sharp left onto Bourne Point Road. Park on right side only off the roadway. L Robin McIntyre (508-789-8252 Before 9 pm, [robinmcintyre@comcast.net](mailto:robinmcintyre@comcast.net), Robin is a 4th year Level I SEM/Cape hike leader with WFA training)

**Sun., Jan. 5. Hike Bell's Neck Conservation, Sand Pond prkg on RT 39 Harwich, MA.** 4.5 mile mostly flat hike along East & West reservoirs, cranberry bogs, marshland and a herring run. Exit 10 to 124S to end. R on 39S x 1.9 mi to Sand Pond prkg on right. Arv 12:45 pm for 1 pm start. L Barbara Gaughan (781-572-1321 before 9 p.m., [barbaragaughan12@comcast.net](mailto:barbaragaughan12@comcast.net), Level 1 hike & bike leader.)

**Sun., Jan. 12. Hike Long Pond, Falmouth, MA.** 2 hour hike in the Falmouth Town Forest with scenic views of Long Pond and a small kettle hole. The hike includes some hilly sections with uneven footing. Heavy precipitation cancels. Arrive at 12:45 for 1 PM start. L Cindy Tobey ([cindyltobey@gmail.com](mailto:cindyltobey@gmail.com)) CL Deborah Hayden ([shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

**Sun., Jan. 19. Hike Eagle Pond Cotuit, Cotuit, MA.** Hike in historic conservation land, some roads to Cotuit Bay and around a white cedar swamp. Terrain is fairly flat, many roots and most trails are wide. Driving Directions: Take Rte 6 (mid Cape Highway) to Exit 5) and turn S on Rte 149, follow signage and take 149 to Rte 28, Turn R. At traffic light with shopping plaza on R and CVS on L turn L onto Putnam Ave. Travel a mile or less until you see dirt cutout on L. Park in cutout. From Falmouth take Rte 28 towards Hyannis and at lights in Marston Mills with shopping plaza on L and CVS on R, turn R on Putnam Rd and proceed a mile or less until you see dirt cutout on L, park in cutout. Meet at 12:45 PM. L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net))

**Sun., Feb. 2. Hike Ryder Conservation/Lowell Holly Reservation Hike, Cotuit Rd., Sandwich, MA.** Join us for a 4-4.5 mi hike in Sandwich conservation area and Mashpee Trustees of Reservation property. The terrain is mostly flat with a few steep but short climbs thrown in. Meet at 12:45 for a 1 p.m. start. Rt 6 to Exit 3 > Quaker Meetinghouse Rd South x 2.5 mi > L @ light on Cotuit Rd x 2 mi. Trailhead parking on R for about 12 cars. L Barbara Gaughan (781-572-1321 before 9 p.m., [barbaragaughan12@comcast.net](mailto:barbaragaughan12@comcast.net), SEM Level 1 hike & bike leader)

**Thu., Feb. 6. Hike Santuit Pond, Mashpee, MA.** This will be a relatively flat hike to Santuit Pond and River to view herring ladder and continue on past active and inactive cranberry bogs.. We will be starting from a new location which provides better parking. Meet up time is 12:45 PM. Driving Directions: From Rte 28 in Mashpee turn onto Rte 130 to Sandwich and look for Santuit Pond Parking area in 0.6 miles on right. From Rte 6 take Exit 2 off of Mid Cape and Turn S on Rte 130 go 8.4 to parking area on L. L David Selfe (508-771-0620, [kdsselfe@comcast.net](mailto:kdsselfe@comcast.net))

**Sun., Feb. 9. Hike Scorton Creek Sandwich, Old County Rd. East Sandwich, MA.** Hike along saltmarsh, through old state game farm and past one of the original pilgrim homesteads. Contour is fairly flat, with lots of roots and some trails may be muddy. Driving Directions from Sagamore Bridge take exit 3 and turn N on Quaker Meetinghouse Rd to 6A and turn R and follow 6A to E Sandwich Post Office and turn R onto Old County Rd and park in horseshoe across from Grange Hall. From down cape take Rte 6 to Exit 4 Chase Rd and turn N and take 2nd L onto Old County Rd and park in horseshoe on L across from Grange Hall. Meet at 12:45 PM for 1 PM hike start. L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net))



## Activities

For the most current information, [search activities online](#)

---

### CAPE HIKING

**Sun., Feb. 23. Hike--Bourne Town Forest and Four Ponds, Bourne, MA.** This 2 hour approximately 4.5 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with several moderate hills. It offers views of the ponds and some wildlife. It is a loop so does not offer easy bail-out points. This is not a novice hike. Note that the parking and trailhead is not the Four Ponds parking lot. From the Bourne Rotary/Cape side, take Route 28S for 1.7 miles. Take a right onto Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 0.5 miles and turn left onto Valley Bars Road. Go 0.3 miles and park on the side of the road before the Weary Traveler's club. Do not use your GPS to find this location. Please bring water for drinking, dress in layers. Sturdy boots/shoes are suggested. If you have questions please contact leader -Robin McIntyre 508 789-8252. L Robin McIntyre (508-789-8252 Before 9 p.m., [robinmcintyre@comcast.net](mailto:robinmcintyre@comcast.net), Robin is a fourth year Level 1 SEM/Cape hike leader with WFA training)

**Sun., Mar. 15. Hike Shawme Crowell State Park Sandwich, MA.** Two hour hike on wooded trails through the scenic campground, some hills. Driving directions: Take Rte 6 to Exit 2, Rte 130 and turn N. Stay on Rte 130 until you see entrance sign for Shawme Crowell. From Sagamore Bridge take 1st exit and at bottom of ramp turn R at lights, follow Sandwich Rd and merge left on 6A and then turn R onto Rte 130. Turn into Shawme Crowell and turn right drive past entrance booth and follow road until you come to open space and paved cutout on R. Park along road off pavement if possible. Meet at 12:45 PM. L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net))

**Sun., Mar. 22. Hike--Plymouth Lane, Plymouth, MA.** This 5 mile, 2.5 hour hike is in the triangle of land of Plymouth/Bourne/Wareham with the hike in Plymouth. The terrain is wooded pathways with some ruts and hills. Poles are strongly recommended with orange headgear and vests. From the OFF Cape side of the BOURNE Bridge rotary, exit the rotary onto Head of the Bay Road, between the Mobil gas station and Too Jasper motel. Go 1.2 miles to Plymouth Lane and go right for .9 miles to turn left on White Island Pond Road. Park on the left side of the road, facing outward, just adjacent to but not obstructing the sidewalk. We will carpool to the trailhead which is on a busy road with a very limited parking area. L Robin McIntyre (508-789-8252 Before 9 pm, [robinmcintyre@comcast.net](mailto:robinmcintyre@comcast.net), Robin is a 4th year Level 1 hike leader for Cape Hikes/SEM with WFA training.)

**Thu., Apr. 30. Hike--Monk's Park and Little Bay, Bourne, MA.** This 2 hour hike over approximately 4 miles is in Bourne Conservation Trust properties of Little Bay and Monk's Park. We will hike wooded trails and a fire road with views of Little Bay from the bluff. A beach walk section will be included with views of Buzzards Bay. The terrain is moderate rolling hills on the wooded trails throughout the hike. Do not use your GPS to find the start of this hike. From Bourne Bridge/Cape side, take Route 28S toward Falmouth for 1.7 miles. Go right on Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 1.3 miles, cross County Road onto Beach Street for .2 mile. Go left onto Shore Road (Cumberland Farms on corner) for 1 mile. Go right onto Valley Bars Road and Monk's Park is at the end. Park at the end just before the underpass. L Robin McIntyre (508-789-8252 Before 9 p.m., [robinmcintyre@comcast.net](mailto:robinmcintyre@comcast.net) Robin is a fourth year Level 1 SEM/Cape hike leader with WFA training.)

### EXECUTIVE COMMITTEE

#### Volunteer Opportunities

Ongoing. Communications Chair - Southeastern Mass. Chapter, MA. As a key member of the SEM Executive Board, the Communications Chair oversees the timely production and distribution of chapter communications to chapter members and non-members, including: - monthly issues of the Southeast Breeze newsletter (in conjunction with the Breeze editor) - monthly Blast email announcements of important events (in conjunction with both the Chapter Chair and Blast editor). - SEM annual report (jointly with the contributing chapter activity chairs such as hiking, biking, paddling, skiing, etc.) The Communications Chair also: - works closely with both the chapter Webmaster and Social Media Administrator to keep members (and potential members) informed. - participates in monthly Executive Board meetings, soliciting content to communicate in a timely manner. - interacts with AMC staff to ensure chapter communications follow current guidelines and best practices. This is a great opportunity for anyone with good communication skills and is comfortable with social media who wants to help keep the SEM chapter vital and encourage active engagement by members. For more information or to volunteer for this important position, please send an email to [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org) and/or to [chair@amcsem.org](mailto:chair@amcsem.org). L Leonard Ulbricht (chair@amcsem.org)



## Activities

For the most current information, [search activities online](#)

### HIKING

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

Always looking for additional hike leaders! Contact [hikingchair@amcsem](mailto:hikingchair@amcsem)

Rating codes (e.g. C4D): first letter indicates distance in mi (AA=13+, A=9-13, B=5-8, C=less than 5 mi), middle number indicates pace (1=very fast, 2=fast, 3=moderate, 4=leisurely), second letter indicates terrain (A=very stren., B=stren., C=average, D=easy)

**(NM) Tue., Dec. 24. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** For your hiking pleasure, a continuing Tuesday Morning Blue Hills Series. We will hike 'all' of the trails within the Blue Hills over time, meeting in different parking lots and hiking different routes each week. So, if you are interested in hiking in the Blue Hills Tuesdays, from 10 to about 2:00, Contact the Leader/Registrar, Bob Vogel. He will provide full information about these hikes. That information will allow you to make an informed decision about your choice to partake in this exciting, slightly different, hiking series. In addition to 'just hiking', this series also aims to provide 'skill building', both for participants and Leaders. We will incorporate a range of 'educational opportunities' as we hike, :-). Come hike, and learn. This will be a "Register once, come as often as you want" series. L Bob Vogel ([vogel.r@comcast.net](mailto:vogel.r@comcast.net), Bob is a 4 season Hike leader for the Southeastern Mass Chapter, as well as a hike leader for Boston Local Walks and a 3 Season Leader for Boston H/B.) L Joanne Newton ([vogel.r@comcast.net](mailto:vogel.r@comcast.net)), R Bob Vogel ([vogel.r@comcast.net](mailto:vogel.r@comcast.net))

**(FT) (NM) Thu., Dec. 26. Thursday AM Ponkapoag Pond Hike, Ponkapoag Golf Course, Canton, MA.** Meet at 10AM in Ponkapoag Golf Course Parking Lot for a five-mile hike/snowshoe (depending on conditions) around the pond. Bring: water, snack and appropriate footwear. L Deborah Lepore (617-778-4339 before 9 PM, [DLepore2@GMail.com](mailto:DLepore2@GMail.com)) CL Hans Luwald (508-668-0462 Before 9 PM, [Hans.Luwald@Gmail.com](mailto:Hans.Luwald@Gmail.com))

**Sat., Dec. 28. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** Main Houghton Pond Parking Lot - Meet near playground, MA. Saturday "Yeti" weekly hikes at the Blue Hills. 840 Hillside Street, Milton, MA. 2 - 3 hours of up & down, up & down...at a moderate to vigorous pace. Leave at 10 AM. Proper fitness and equipment is needed. One time registration required. L Roger Whidden (781-834-7722 9 am - 9 pm, [wfsf1@verizon.net](mailto:wfsf1@verizon.net), See [whiddenschool.com](http://whiddenschool.com) or [zazenzone.com](http://zazenzone.com)), R Roger Whidden (781-834-7722 9 am - 9 pm, [wfsf1@verizon.net](mailto:wfsf1@verizon.net))

**Tue., Dec. 31. White Line the Blue Hills, Blue Hills Reservation, MA.** What is "White Lining?" White Lining is an honor system quest to hike all of the mapped trails in the Blue Hills Reservation between the Winter Solstice and the Spring Equinox. For most folks White Lining takes several winter seasons to complete, hiking trails both on their own as well as in our fun White Lining group! For the sixth year, this popular series will have 12 hikes and will run from December 31, 2019 through March 17, 2020. We will meet on Tuesdays at 9:45 AM to hike trails in the Blue Hills Reservation for 3 to 4 hours. We will hike at a moderate pace, perfect for moving and chatting at the same time. We will also enjoy lunch while out on the trails. Please consider the number of weeks you will be able to attend when deciding if this is the right group for you to join. If you are "White Lining" and think you can attend most of the 12 hikes, this is the group for you. If "White Lining" isn't your goal, there is another AMC winter hike also offered on Tuesdays in the Blue Hills that may be a better option. You only need to register one time for all 12 hikes. Registered hikers will be sent an email during the prior week detailing the meet up location and map plan of the hike. Hikes will be cancelled during active snow storms, heavy rain, icy conditions and/or excessive cold. Winter hiking clothing, insulated hiking boots, micro-spikes, snow shoes and hiking poles are a must. Prior winter hiking experience is helpful but we welcome hikers with proper clothing and gear to register. A complete clothing and gear list will be reviewed with you when you register. White Line the Blue Hills! Lots of fun, adventure, no bugs, and gorgeous winter landscapes! L Pamela Johnson (617-448-4446, [pjohnson8992@gmail.com](mailto:pjohnson8992@gmail.com), Pam loves being outdoors! She is an AMC SEM Hike Leader and co-leads the White Lining Series, Conditioning Series and Introduction to Hiking Series in the Blue Hills. In the summer she volunteers as a "Naturalist" and "Information Volunteer" in the AMC high mountain huts. Pam has climbed the NH48 and is now working on 52WAV.) L Claire MacDonald (Claire and her husband, Craig, are AMC SEM Hike leaders. Claire and Craig have both completed their "Red Line" of the Blue Hills and have also completed the NH48. They love international treks including adventures hiking in Nepal and Patagonia. Claire and Craig were co-leaders of the White Lining series last year.) L Craig MacDonald (Craig is an AMC SEM hike leader and together with his wife, Claire, has been co-leader on the White Lining series and is also co-leader on the Conditioning Series.), R Claire MacDonald (508-265-3858, [cfmacdonald@hotmail.com](mailto:cfmacdonald@hotmail.com))



## Activities

For the most current information, [search activities online](#)

### HIKING

**(NM) Tue., Dec. 31. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at Tues., Dec. 24, listing.

**Thu., Jan. 2. Advanced Conditioning Hike series, Blue Hills Reservation, Milton, MA.** This is a series of advanced conditioning hikes in the Blue Hills Reservation during the winter months on alternating Thursdays. The hikes are intended for those with previous winter hiking experience. This experience could include previous SEM white lining hiking in the Blue Hills. The series is not suitable for beginners. We will be doing at least 4 miles at a moderate to moderate fast pace on rugged trails in the Blue Hills Reservation to achieve over 1000 feet of vertical climbing. The hikes will take 3 to 4 hours. MICROspikes or similar spikes will be required since we will be looking for icy places to use them. Also, backcountry snowshoes (ones that have built-in traction) are required. The series will also focus on efficient layering and climbing techniques. Steady rain or bad driving conditions will cancel. Registration is required. Group size is limited to 10. Contact the leader at: [dexpdoc@gmail.com](mailto:dexpdoc@gmail.com) to register. L Dexter Robinson ([dexpdoc@gmail.com](mailto:dexpdoc@gmail.com), Dexter is an avid 4 season hiker. He has been a member of the AMC since 1994 and for many years led AMC hikes and backpacks to various locations both local and throughout New England. He has climbed all of the NH four thousand foot mountains in winter and recently completed climbing the New England hundred highest mountains.), R Dexter Robinson ([dexpdoc@gmail.com](mailto:dexpdoc@gmail.com))

**Sat., Jan. 4. Winter Series Hike #2- Mt. Morgan- Mt. Percival Loop, NH.** Join us for hike #2 of the Winter Hiking Series of 4 hikes. We will hike a 5.5 mile loop, with approximately 1500 ft. of elevation change, in the Sandwich Mountain Range of Waterville Valley, NH. We will be rewarded with beautiful views at the summits, weather permitting. There are also interesting rock formations & caves along the trail. Proper winter clothing & gear are required (which may require snowshoes/ traction), as well as previous winter hiking experience &/or participation in the SEM Winter Hiking Workshop. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com)) L Maureen Kelly (617-943-4288, [mokel773@aol.com](mailto:mokel773@aol.com))

**(FT) (NM) Sat., Jan. 4. New Member Hike at Copicut Woods, Indian Town Rd, Fall River/Westport, MA.** Join some of your AMC members for a winter hike through this Bioreserve property. This hike is open to all new members. We also welcome existing members who are willing to share their experiences with the group. Meet at 10:00 a.m. at the Indian Town Rd Parking lot. Required equipment: hiking boots, rain gear, water and snacks. As there may be snow and ice, micro spikes are recommended. This 516-acre property is both a prime destination and the southern gateway to the Southeastern Massachusetts Bioreserve. Copicut introduces nature lovers and outdoor enthusiasts to an entire regional ecosystem. We will be hiking on many relatively flat trails bordering beautiful stone walls. There are some bog bridges so make sure you have sturdy hiking boots. There is an old farm house and barn foundations to explore also. Hike will be approximately 4.5 miles. Refreshments will be served after the hike. L Joanne Newton (508-215-9470 Best before 9 PM, [newt665@comcast.net](mailto:newt665@comcast.net)) CL Ellen Thompson ([ethompson1111@aol.com](mailto:ethompson1111@aol.com)), R Joanne Newton (Berkley, MA 02779-1402, 508-215-9470 Before 9 PM, [newt665@comcast.net](mailto:newt665@comcast.net))

**Sat., Jan. 4. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at Sat., Dec. 28, listing.

**Tue., Jan. 7. (NM) Tue., Dec. 31. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at Tue., Dec. 31, listing.

**Tue., Jan. 7. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**(NM) Thu., Jan. 9. Thursday Morning Hike - Norton/Mansfield Great Woods, Norton/Mansfield, MA.** Meeting in Mansfield Great Woods dirt parking lot near 145 Oak Street .Hike in the Great Woods from Norton thru to Mansfield Natural Resources Trust. Car pooling/spotting from Mansfield NRT to trail head on Freeman Street in Norton with side street parking. (Directions below) Flat roaming hike with glacial eskers, old mill dam and early 19th century Coddington Farm site . Bring water, lunch or snacks and dress for the weather. Heavy Snow will cancel hike. Possible shorter snow shoe hike. L Richard Carnes (508-947-3204 before 8 PM, [rcarnes2@aol.com](mailto:rcarnes2@aol.com))

**Sat., Jan. 11. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA** See details at the Sat., Jan 4, listing.

**(NM) Tue., Jan. 14. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at the Tue., Dec. 31, listing.

**Tue., Jan. 14. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Thu., Jan. 16. Advanced Conditioning Hike series, Blue Hills Reservation, Milton, MA.** See details at the Thur., Jan. 2, listing.



## Activities

For the most current information, [search activities online](#)

### HIKING

**Sat., Jan. 18. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**(NM) Tue., Jan. 21. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at the Tue., Dec. 31, listing.

**Tue., Jan. 21. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Thu., Jan. 23. Blue Hills hike-- Yellow triangle, 840 Hillside Street Milton MA.** Meet at Houghtons Pond parking lot at far end. 4.5, 5 mile hike following the yellow triangle starting behind Ranger headquarters: very hilly, strenuous in sections, no skyline though. Bring water and food for a quick lunch stop. Traction devices may be necessary. Heavy rain or snowstorm cancels. Please meet at far end of parking lot where we will leave on street to cross at headquarters. No dogs. L Rachel Thibeault (774-360-2539 before 8:00 PM, rateebo@yahoo.com)

**Sat., Jan. 25. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Sun., Jan. 26. Winter Morning Out Hike at Myles Standish State Forest, Plymouth/Carver, MA.** Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver with the Friends of Myles Standish. See the beauty of the forest in winter. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in approximately 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. L Maureen Kelly (617-943-4288 before 8 pm, [mokel773@aol.com](mailto:mokel773@aol.com)) L John Bescherer L Paul Miller ([paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net))

**(NM) Tue., Jan. 28. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA,** See details at the Tue., Dec. 31, listing.

**Tue., Jan. 28. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Thu., Jan. 30. Advanced Conditioning Hike series, Blue Hills Reservation, Milton, MA.** See details at the Thur., Jan. 2, listing.

**Thu., Jan. 30. Thursday Morning Hike: Whitney and Thayer Woods (B3C), Cohasset/Hingham, MA.** Whitney & Thayer Woods (B3C) Lovely woods walk across rolling hills on Trustees of Reservations property, for 3-4 hours. Meet at 10:00am at the Cohasset commuter rail parking lot off Route 3A, by the parking places sign-posted for the rail trail. Boots suitable for weather/trail conditions, traction devices (or possibly snowshoes), water, winter wear (layers, hats, mittens) and snacks/lunch required. Persistent rain or snow that morning will cancel. Contact L by email if weather is questionable. Please carpool if possible. L Eva Borsody das ([borsody@gmail.com](mailto:borsody@gmail.com))

**Sat., Feb. 1. Winter Series Hike #3 - 4000' Hike in Crawford Notch, NH.** Join us for hike #3 of the SEM Winter Hiking Series on a 4000' mountain in Crawford Notch, NH. The hike will be chosen depending on weather, trail conditions and number of participants. Possibilities include Mt. Pierce, Mt. Jackson, Mt. Tom or Mt. Field. The hike will be approximately 6+ miles with about 2300 ft. of elevation. Proper winter clothing & gear are required (which may require snowshoes/ traction/ full crampons), as well as previous winter hiking experience &/or participation in the SEM Winter Hiking Workshop. L Maureen Kelly (617-943-4288 before 8 pm, [mokel773@aol.com](mailto:mokel773@aol.com)) L Paul Miller ([paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net))

**Sat., Feb. 1. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Tue., Feb 4. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**(NM) Tue., Feb. 4. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at the Tue., Dec. 31, listing.

**Winter Hiking & Cross-Country Ski Weekend**  
**Friday-Sunday, Feb. 7-9, 2020 ♦ Noble View Outdoor Center**  
**[REGISTER NOW!](#)**



## Activities

For the most current information, [search activities online](#)

---

### HIKING

**Fri., Feb. 7-9. Winter Hiking and Cross-Country Ski Weekend - Noble View, Noble View Outdoor Center, 635 South Quarter Rd, Russell, MA, 01071, MA.** Join the SEM Chapter for its eighth annual winter weekend get-away at Noble View Outdoor Center in Russell, MA, approximately 2 hours' drive west of Boston. The centers quiet, pristine, mountaintop location offers breathtaking views of the Pioneer Valley east to Mt. Wachusett. Numerous trails wind through quiet woodlands, pass old cellar holes or descend to two waterfalls. Snowshoeing and cross-country skiing will be offered assuming enough snow and hiking otherwise. Participants will need to bring their own equipment. Please note the leader will have his well-behaved dog, Sunny, with him. The cottages have electricity, water, wood-stove heating, and shared bedrooms. Separate but next to the cottages is a heated bathhouse with toilets and hot showers. Hot meals are included in the registration fee starting with dinner Friday night through lunch on Sunday. We have reserved all 28 beds in both cottages, and we hope you decide to join us; this event is popular however, so register early. L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Jeannine Audet L Joanne Newton

**Sat., Feb. 8. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**(NM) Tue., Feb. 11. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at the Tue., Dec. 31, listing.

**Tue., Feb 11. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Thu., Feb. 13. Thurs. Morn. Hike Moose Hill, 293 Moose Hill Pkwy, Sharon, MA.** Enjoy a 5-6 mile moderately hilly hike at the Moose Hill Audubon trails. We'll hike to the ledge and also by the vernal pools. Bring snacks/lunch, sturdy footwear, and water. Depending on conditions, you may need traction devices or snowshoes. L Diane Simms ([dianemsimms@comcast.net](mailto:dianemsimms@comcast.net))

**Sat., Feb. 15. Snowshoe #2, TBA, ME.** We will be chasing snow to begin a graduated series of snowshoe hikes in New Hampshire and Massachusetts. Hike locations will be posted 1 - 2 weeks prior to the planned hike. Full winter gear with snowshoes and microspikes will be required. Participants in the SEM Chapter Winter Hiking Workshop will be given priority for registration. L Anne Duggan (508-789-5538 before 9 pm, [abduggan12@gmail.com](mailto:abduggan12@gmail.com)) L Eva Das ([borsody@gmail.com](mailto:borsody@gmail.com)) L Peggy Qvicklund ([qvicken@comcast.net](mailto:qvicken@comcast.net), Hike leader since 2014. Has completed the NH 48, but mainly enjoys sharing the outdoors with likeminded folks.) CL Linda Church ([lchurch@whoi.edu](mailto:lchurch@whoi.edu)), R Anne B. Duggan (177 Rounseville Road, Rochester, MA 02770, 508-789-5538 before 9 pm, [abduggan12@gmail.com](mailto:abduggan12@gmail.com))

**Sat., Feb. 15. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**(NM) Tue., Feb. 18. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at the Sat., Dec. 31, listing.

**Tue., Feb 18. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Thu., Feb. 20. Thursday Morning Hike - Pratt Farm Middleboro, Meet at Oliver Mill Park, 8 Nemasket Street, Middleboro, MA 02346 for car pool to trail head., MA.** Explore the many paths and byways of Pratt Farm. Mostly gentle rolling hills. We will meet at an off site parking area due to limited trail head parking and car pool to Pratt Farm. Do NOT go to Pratt Farm directly. Meet before 10:00AM at the Oliver Mill parking area at the intersection of Rte 44 and Plymouth Street in Middleboro. Hike is approximately 5 miles and 2 - 3 hours depending on routes taken and time spent exploring. Bring light lunch, water and appropriate weather gear. Heavy snow or rain will cancel. Possible shorter snow shoe hike if weather permits. L Richard Carnes (508-947-3204 before 9 PM, [rcarnes2@aol.com](mailto:rcarnes2@aol.com))

**Sat., Feb. 22. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Tue., Feb 25. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**(NM) Tue., Feb. 25. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA.** See details at the Sat., Dec. 31, listing.



## Activities

For the most current information, [search activities online](#)

### HIKING

**Fri., Feb. 28-Mar. 1. Lonesome Lake overnight, Franconia Notch, NH.** Join us on a wonderful overnight trip to Lonesome Lake Hut. This is the last in the Winter Hiking Series. We leave from the Lafayette Campground on Friday and return Sunday morning. There is a possible Saturday hike into the hut but that is not final. Those hiking in on Friday will have day hikes on Saturday to Canon, Kinsmans or around the hut. Registrants are responsible for booking their bunk (details to follow-- 20 bunks are currently reserved) at the hut. Dinners and breakfasts are group meals and participants will be required to carry some food. Costs of the meals will be evenly divided among the participants. Participation in a winter hiking workshop is required and participants will need appropriate clothing, micro spikes, snowshoes, full crampons and a minimum zero degree rated sleeping bag. L George Danis (danisdad51@outlook.com) L Jeannine Audet (milmod@aol.com), R Jeannine Audet ([milmod@aol.com](mailto:milmod@aol.com))

**Sat., Feb. 29. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Tue., Mar 3. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Sat., Mar. 7. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Tue., Mar 10. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Sat., Mar. 14. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Tue., Mar 17. White Line the Blue Hills, Blue Hills Reservation, MA.** See details at the Sat., Dec. 31, listing.

**Sat., Mar. 21. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Thu., Mar. 26. Thursday Morning Hike - Burrage Pond WMA - Halifax/Hanson, 15 Hawks Ave, Hanson, MA.** Hike in The Burrage Pond WMA in Hanson & Halifax. A three hour, 5 to 6 mile moderate hike on mostly flat sandy trails. This area was once the largest cranberry bog operation in the country and is now being reverted back to wild lands. Bring lunch, water, warm clothing and especially warm windproof head gear as these open spaces can get very chilling in the winter with a stiff breeze. Heavy rain or heavy snow will cancel. Good snow shoeing if weather permits. Please contact leader BEFORE bringing DOGS on this hike. L Richard Carnes (508-947-3204 Before 8 PM, [rcarnes2@aol.com](mailto:rcarnes2@aol.com))

**Sat., Mar. 28. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA.** See details at the Sat., Jan. 4, listing.

**Sat., May 16-17. Beginner Map & Compass for Hikers (Sat/Sun), Blue Hills, MA.** Come learn navigation skills using a map and compass to find your way in this two-day weekend workshop. The course assumes no prior map or compass experience and is open to anyone that has not taken a map and compass course before. The class starts with basic instruction and progresses over the two days to cover some intermediate skills. All activities will take place at the Blue Hills Reservation; you will need appropriate hiking gear and be able to hike approximately 4 miles with a small daypack. On Saturday we'll use the conference center at Brookwood Farms for both indoor and outdoor instruction. You'll learn how to read a topographic map, how to use a compass and how a map and compass work together. In the afternoon you'll get to practice your skills on a directed hike in the Blue Hills using the DCR trail map. On Sunday your group will plan your own route to find flags hidden both on and off the trail. For this hike, you will be using a US geological survey topographical map that does not show the trails and you will need to make use of terrain features such as valleys, brooks, and hills to stay found. Each group will have an instructor to help facilitate learning. Prior reservation is required, and class size is limited to promote small group learning. To register for this workshop, you must commit to attending both Saturday and Sunday (9 am-5 pm). Only those that have not taken a map and compass course previously are eligible for the workshop, this ensures everyone in the group is at the same level. The fee for the workshop is \$60 (which includes both days). In addition, you will need to purchase and bring to class the Suunto M-3 NH which is a navigating compass with adjustable declination correction, list price \$44 (but currently \$29.69 on Amazon). If interested, please contact Doug Griffiths to register. L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Doug Griffiths ([redDoug@aol.com](mailto:redDoug@aol.com))



## Activities

For the most current information, [search activities online](#)

### SKIING

**Fri., Jan. 10-12. Cross Country Skiing in Waterville Valley, Mountain Fare Inn, 5 Old Waterville Rd., Campton NH.** Join us for a weekend of cross country skiing at the Waterville Valley Ski Resort. We will stay at the beautiful Mountain Fare Inn in Campton, NH, just a short drive from skiing. The inn offers a full breakfast & later checkout on Sunday @ 3:00 pm, so we can ski for 2 days. We will dine out for dinners. Other potential activities include snowshoeing, fat tire biking & hiking, depending upon snow conditions & group interest. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com), Jeannine is the Skiing Chair for the SEM Chapter.) CL Jeff Hyman CL Dia Prantis

**Fri., Mar. 6-8. Cross Country Skiing & Snowshoeing in the White Mountains, The Old Field House, 347 NH 16A, Intervale, NH.** Join us for a weekend of cross country skiing & snowshoeing in the beautiful White Mountains. We will stay at the lovely Old Field House in Intervale, NH. The B&B is located near many xc skiing areas; we will choose based upon snow conditions. Snowshoeing is also available, including on trails outside the B&B. Depending upon trail conditions & interest, hiking will also be an option. Or, you may spend some time at the inn with a book or go shopping in North Conway. All rooms have a private bath, & breakfast is included. We will dine out at nearby restaurants for dinner. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com), Jeannine is the Skiing Chair for the SEM Chapter.) CL Dia Prantis CL Wayne Cardoza



*Happy Trails!*

**THE END**