

The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club I December 2022

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Have a story for The Southeast Breeze?

Please send your Word doc and photographs to breeze.editor@amcsem.org.

Please send original, full resolution photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Send listings to breeze.editor@amcsem.org

Business ads start at just \$10/month. Send inquiries to breeze.editor@amcsem.org



For the first outing in the Winter Hiking Series, the Boston skyline is visible from this vantage point in the Blue Hills.

Photo by Maureen Kelly

Kicking Off the Beginner Winter Hiking Series

By Bill Belben, Hiking Chair

On November 19 a large group of eager hikers assembled in the Blue Hills for the first hike in the Beginners Winter Hiking Series. The day began with a gear "Show and Tell," when many of our experienced winter hike leaders and leaders-in-training brought their winter gear for participants to see and ask questions. Participants were also encouraged to bring their own gear to get feedback on suitability for the upcoming winter hiking season. Following the gear show, the participants and leaders broke off into three groups for a beautiful fall hike in the Blue Hills.

The second hike in the series was postponed due to weather from Dec. 3rd to the 10th. Despite the lack of winter conditions, a group of 24 hikers completed a hike of 6 miles and 1,400 feet of elevation gain at Mount Wachusett. For January, we'll continue to increase the miles and elevation as we hike North Kearsage in North Conway, NH, where we hope to have some snow on the ground to test out our traction devices. The series culminates in March with an overnight at the AMC Carter Notch Hut in New Hampshire.



Hike #1 was short on cold or snow, but a good climb! Photo by Nancy Tutko



View from the Chair: New and ongoing goals

In my first view from the chair, I shared a little about my personal AMC journey, thanked Diane Simms (our previous chapter chair) for a job well done, and expressed my excitement to get started with the Executive Committee and all the leaders. In this view I want to share some of my personal goals as your new chair.

- Many of our participants are choosing to become leaders—over 20 new leaders just this year. We now have more leaders than at any time in our past, and they are a younger, more diverse group. I would like to see this continue.
- Although we are the seventh smallest chapter in membership, we put on more activities than any chapter other than Boston. Having said that, only about 10% of our membership regularly participate in these activities. I would like to see more of our members getting to enjoy the outdoors. Many of our activities are suitable for beginners or those who have lost much of their fitness during COVID. Check out our activity listings.
- > This year AMC headquarters has two initiatives that will impact all chapters. First is a replacement for ActDB (the activities listing system). The second is common definitions of leader levels. Change can be difficult; and I would like to see us move through these transitions as smoothly as possible.
- With these unusually mild days, you need a calendar to know Winter is Coming. It is one of our chapters stated goals to do its part in fighting climate change. We made a good start last year, including monthly articles in the Breeze. I would like to see us do more. I welcome your ideas.

Best wishes for a happy holiday season and see you Outdoors!

Paul Brookes, Chapter Chair

Paul 1. Brooks

2023 Executive Board

Paul Brookes
Jeannine Audet
ey Meyers Bertone
Earl Deagle
Diane Simms

2023 Standing Committees

20's 8	& 30)'s Ch	air	Nata	alie Halloran
20's	&	30's	Vice	Chair	OPEN
Bikin	g Cl	hair			.Bill Trimble
Bikin	g Vi	ce Ch	air		OPEN

Cape Hiking Chair	Jane Harding
Cape Hiking Vice Chair	.Robin McIntyre
Communications Chair	Victoria Holland
Communications Vice Chair	OPEN
Conservation Chair	Shana Brogan
Conservation Vice Chair	OPEN
Education Chair	Anne Duggan
Education Vice Chair	Srini Iyengar
Hiking Chair	Bill Belben
Hiking Vice Chair	OPEN

Membership Chair	Samantha Fisher
Membership Vice Chair .	
Paddling Chair	Barry Young
Paddling Vice Chair	Joe Keogh
Skiing Chair	Dia Prantis
Skiing Vice Chair	OPEN
Trails Chair	Steve Scala
Trails Vice Chair	Larry Petrone

Ad Hoc Committee Chairs & Other Chapter Contacts

Social Media Administrator	Lisa Robitaille
Webmistress	Cheryl Lathrop
Nominating Committee Chair	Walt Granda
Diversity, Equity, Inclusion	Maureen Kelly
Volunteer RelationsKa	therine Brainard

Regional Director	Jenna Whitney
The Breeze Editor	Mo Walsh
Blast Editor	Marie Hopkins

Please contact chair@amcsem.org
or nominatingchair@amcsem.org
if you are interested in any open position.



Hikers on the Cape enjoy beautiful scenery and the colorful history of Truro. *Photo by Mark Howards*

Hiking group takes a scenic stroll through the history of Truro By Jay Vivian, Cape Hike Leader

More than 20 hikers gathered November 20th in Truro on Cape Cod for a beautiful day exploring the history of the Corn Hill area. As a local AMC member and amateur historian, I led the loop hike, starting at the little park at Corn Hill Beach.

First, we headed south to the area British explorer and ship's captain Martin Pring visited for seven weeks in 1603 (the first English "summer vacation" on Cape Cod), 17 years before the Pilgrims arrived. We learned about the changes resulting from the steam train's arrival in 1873. And on the Parmet River, we viewed the former houses of early birth control activist Margaret Sanger and socialist author and journalist John Reed.



Inscription on the Corn Hill monument:

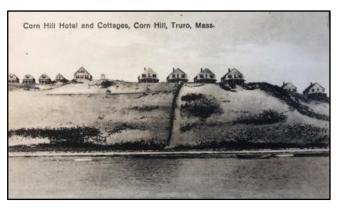
SIXTEEN PILGRIMS
...FOUND THE PRECIOUS
INDIAN CORN ON THIS
SPOT WHICH THEY
CALLED CORN HILL ...AND
SURE IT WAS GODS GOOD
PROVIDENCE THAT WE
FOUND THIS CORN FOR
ELSE WE KNOW NOT HOW
WE SHOULD HAVE DONE.

Pamet Harbor was home to thriving 18th and 19th century businesses of boatbuilding, salt-farming, and fishing. Now, it is largely silted in, with a "yacht club" of kayak racks, and water so shallow that access is sometimes only possible at high tide.

Next, the group followed the old railbed north to see where the Pamet (Nauset/Wampanoag) indigenous peoples farmed in 1620, and then climbed Corn Hill to see the spot where the Pilgrims discovered and stole seed corn the Pamet had buried for their crop the next year.

Overlooking Cape Cod Bay, we discussed the loss over the years of more than 300 Truro men and boys to the sea, and I was able to point out the locations of several of the wrecks. From our vantage point, we observed various sites of interest around Cape Cod Bay, including the interwar German glider school set up on Corn Hill by J.C. Penney III in the late 1920s.

Our history walk covered just over two miles from 10 am to 12:30 pm because of the various stops and history discussions, many of them with readings from primary sources.



Of the Corn Hill seaside resort cottages built by Bostonians more than 100 years ago, many still exist for touring or rental. Breathtaking views from the west-facing cottages include the sunsets over Cape Cod Bay. *Historic post card*



Q: How do reindeer stay in shape to fly?

A: They sleigh their workouts!



Volunteer of the Month: Paul Audet

By Skip Maysles, Past Trails Committee Chair

Each month SEM recognizes one of our amazing volunteers. We are so fortunate to have people who give their time, energy, and resources to make our chapter one of the best. This month, the Trails Committee recognizes Paul Audet.

Every Tuesday since April and continuing through this fall, Paul has been volunteering in the Bioreserve in Fall River as we blazed 20 miles of the loop trail. The heavy work involved clearing overgrown brush along the trails, cutting and removing branches blocking the paths, and painting blue blazes as markers along this newly formed loop trail. He has also been working on the installation of new bridges to cross over the perpetually wet areas.

Paul and his wife, Jeannine, have been SEM members for many years. Paul enjoys trips to winter cross-country skiing destinations in New Hampshire and at Noble View in Russell, MA. He enjoys hiking in all seasons, but he seems to attract the rain clouds and misses the great views on many Granite State hikes!

On a personal note, Paul is a local history fanatic and enjoys learning more about the history of places, people, and events of the south coast area. He has many old and interesting books in his collection.

Paul has had several exciting adventures this year. Next time you see him, ask about his encounter with black bears at August Camp this past summer. And Paul is one of the few people I know who has been attacked by Allegheny Mound (red) Ants not far from his home! A very interesting quy with good stories!

Congratulations, Paul and thank you from all of us from SEM. Paul will receive a Volunteer of the Month Certificate and a \$50 gift card.



Avid hiker Ken Cohen, left, is presented with his 1,500-mile patch by Hiking Chair Bill Belben. *Photo by Paul Brookes*

Ken Cohen will soon need a new pair of hiking boots

If you want to find Ken Cohen, your best bet would be to head to the Blue Hills. Despite some early season sitting on the bench due to an injury, Ken has more than made up for it with over 60 hikes recorded this year. Ken was recently awarded a well-deserved patch for reaching 1,500 miles of AMC hikes. Quite a significant accomplishment. Congratulations Ken!!

Fall River Herald lauds AMC-SEM work on Bioreserve Loop Trail

This excerpt is from an article by Dan Medeiros in the November 2, 2022, issue of The Fall River Herald <u>here</u>.

The Bioreserve Loop Trail is 'an effort of love'

... Visitors can walk through the Copicut Woods land owned by the Trustees of Reservations, to Copicut Reservoir near Dartmouth, through areas known as Boiling Spring and the Cedar Swamp, then head north along the Freetown border, west to the Ledge, and back....

The effort to create the Bioreserve Loop Trail involved more than just drawing a line on a map connecting trails. City staff and volunteers from the Appalachian Mountain Club Southeastern Massachusetts chapter spent every Tuesday since April, weather permitting, making sure this trail was clear and well-marked with blazes — patches of blue paint on trees marking the route....

Their work even involves some light carpentry—perpetually wet areas will need four wooden bridges, which the club is also paying for.

CONSERVATION CORNER

Small Steps to Conservation





December: Go greener with your Christmas and Holiday wrapping By Ellen Thompson

It's time to start planning how to wrap your gifts in an environmentally safe manner. That shiny gift wrap is often non-recyclable.

Pick up some Kraft paper; it's lightweight, easy to work with, and recyclable. Add a sprig of evergreen and ribbon. Get 40 clever brown paper gift-wrapping ideas at the My Paradizzi website here.

Use other recyclable or reusable materials for wrapping:

- Linen/Burlap sacks...
- Wrapping gifts in cloth is a common practice in Japan called *Furoshiki...*
- Old packaging...
- Magazines/newspapers...
- Baskets/boxes...
- Glass jars for treats...
- > Reusable gift bags...

You can also hit the thrift shops for wrapping paper and package ornaments:

- Decorative brooches...
- Vintage cards...
- Old maps...
- Old jars and cookie tins...



HAPPY HOLIDAUS!



Hikers cross footbridge over a wet portion of the 20-mile Loop. *Photo by Lisa Robitaille*

Splitting groups by energy allows more hikers to enjoy Bioreserve

By Lisa Robitaille

Sixteen hardy souls hiked the Fall River Bioreserve on Sunday, Nov. 20th. It was a chilly start, but we soon warmed up as we got moving. Three leaders and a leader-in-training mapped out our route, and the rest of us just had to show up. We had two groups, depending on the energy level of the participants. This is such a great idea as sometimes you want to get out in nature but you're not sure of your energy. The Southeast Massachusetts chapter has you covered!

Consider joining us next time. We would love to meet you! See the following link for upcoming activities. http://amcsem.org/schedules.html





Left: The blue blaze on the left is part of the newly cleared and marked 20-mile loop In the Bioreserve thanks to AMC-SEM Trails volunteers and Fall River. Right: SEM hikers consult the descriptive map and brochure for details on the Loop Trail. *Photos by Lisa Robitaille*

Longtime members are the Heart of our AMC-SEM chapter

In the November *Breeze* we paid tribute to our longtime SEM members who have reached 50 Years and 25 Years of uninterrupted membership with AMC this year. In this edition, we pay tribute to those who this year have reached their 10 Year milestones:

Brendan Annett Julie Bannister Lenard Bolton Susan Bolton Maurice Botelho Susan Bruce Bertram Bruce Richard Carnes Jeff Cedrone Eileen Cerne Wendell Cerne Magdalena Clowes Brian Confalone **Christine Davis** Alexander Delorey David Farber Michaela Farber Paul Finn Julie Fitzgerald Katherine Foster Roderick Gaskell **Judith Gibbs** Brian Gorman Whit Hanschka **Terence Hayes** Jeffrey Hetu Craig Hiltz Jayne lafrate Jon Jensen Robert Kaufman Haralyn Kuckes Jeannine Lapriore Leon Litchfield

Peter Lyons Kristen Magas **Darren Magas Bradford Malo** Palmer Marrin Joan Martinelli Steven Minarovich Alan Mitchell Linda Murphy Walter Murphy Kate Nelson Maria Nichols Nathaniel Nichols Joseph O'Loughlin Jinx O'Loughlin Victor Oliver Cynthia Olsen Richard Peirce **Charles Pratt** Zoe Rath Anne Reynolds Patricia Shannon Carl Sjolund Eva Sommaripa Anthony Spark Barbara Stephens Mark St John Nancy Tutko Steven Valero **David Winther** Karen Wood Lorenzo Wood Robert Wood Barry Young



SEM Memories: 'Gimme Shelter'

Five skiers rest up in a three-sided shelter on the Bretton Woods, NH, trip in the winter of 1984. *Photo by John Smarter*

Winter Workshop draws a cool crowd

AMC-SEM hosted a full house November 5th at our Winter Hiking Workshop. It's best to be prepared when you're out in nature, especially during New England winters!

Experienced winter hiking leaders covered such topics as clothing, footwear, equipment, nutrition/hydration, and group management—all geared towards preparing hikers for a safe and enjoyable winter experience.

Thank you, Varma Sarapelli, for sharing your photos!



Wintery weekend at Cardigan Lodge

Photos by Diane Hartley







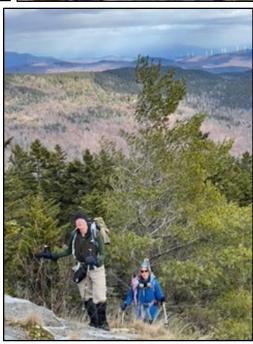












AMC's 147th Annual Summit

will be held as an in-person event on Saturday, February 4th, 2023
Four Points by Sheraton, Norwood, MA

This year's Annual Summit will focus on volunteers in committee, facilitator, and leadership roles by providing discussion sessions, interpersonal-skills training, and opportunities for collaboration. This 1-day event will include a full schedule of learning opportunities, a catered lunch in the Four Points ball room, the presentation of club-wide awards, and an organizational update by AMC's new CEO Nicole Zussman.

Overnight Accommodations:

For those who are traveling from longer distances the Four Points has put aside rooms for attendees at a discounted rate. To reserve a room at a discounted rate you must book directly through the hotel by calling hotel reservations 781-769-7900 or via email to Lucy. Finnery@hobbsbrook.com. Discounted room rates are only available through January 4th, 2023.

Hybrid Wilderness First Aid offered at Summit:

Attendees of this course will do so in lieu of attending Summit workshops. Under the hybrid Wilderness First Aid model, you will be required to view roughly 12 hours of the content virtually at your own pace, followed by a single day practicum hosted at Summit, led by one of AMC's professional staff members. Participants who successfully demonstrate the skills taught during the virtual and practical components of the course will be issued a SOLO Wilderness First Aid certification. This course may be used to recertify a current SOLO WFR in the evening of certification. An optional CPR certification will be offered the practical day. Registration for this WFA is separate from Annual Summit registration, if you are interested in taking this course, you MUST sign up in advance. Registration for the WFA course is coming soon

Questions about Annual Summit?

Please contact AMC's Volunteer Relations Department here.

Register now for the 147th!

For the most current information, search activities online

Create your personal Activities Digest

AMC has an email notification system for AMC members interested in keeping up to date with new and upcoming activities posted on AMC's Activities Database (ActDB) on outdoors.org. The Activities Digest system can send email notifications on a daily, weekly, bi-weekly, or monthly basis depending on how a user configures the settings. The Activity Digest functions in a very similar way to the search function on the ActDB listing page, but it pulls the data you want to see straight from ActDB to your inbox. To get started, Login to your account at the bottom of the home page at outdoors.org, and then click My Outdoors.

COVID 19 INFORMATION

COVID-19 Information: **Updated November 2022**. AMC requires volunteers be vaccinated or receive a negative result of a COVID-19 antigen test taken within 24 hours of the start of an event. AMC relies on the honor system for compliance. Participants may be required to wear masks, provide proof of vaccination, or in the alternative a result of a COVID-19 antigen test taken within 24 hours of the start of an event. Photo documentation may be required as a condition of attending this event. For your personal safety, you should expect to be in the presence of vaccinated and unvaccinated people in all AMC settings and should make choices about participating accordingly.

CAPE HIKING

Thu., Dec. 15. Hike - Gray's Beach conservation lands, Yarmouth Port, MA. Hike in Conservation land areas over trails along marsh, on roads and through woods, includes the boardwalk with distant views of Sandy Neck, Chapin Beach. Rte 6 to Exit 75 North (old Exit 8) onto Union Street. Continue to Rte 6A., turn left. Go 1 block and turn right on Center St. Go 1.0 mile, follow signs to beach, bearing left, and park in lot at end. Meet at 9:45 a.m. Start 10:00 am. 2 1/2 hours. Please check the website just prior to the hike in case of a weather cancellation since this is a Show and Go hike. L Janet Kaiser (774-534-2281 before 8:00 p.m., jtkaiser@comcast.net)

Sun., Dec. 18. Hike--Bourne Town Forest/Four Ponds, Bourne, MA. This Show and Go 4+ mile, 2 hour hike is in the Bourne Town Forest and Four Ponds Conservation area. This hike is not suitable for novice hikers. The terrain is over wooded mountain bike trails and fire roads with frequent rolling hills in a loop without easy bailout points. This historic area has pond views. Participants must have sturdy hiking footwear, water, orange, and tick repellent. May have poison ivy exposure. Microspikes encouraged if icy and hiking poles if preferred. Directions: NOTE NOT meeting at Four Ponds trailhead and GPS will not work. From Bourne Rotary/Cape side, take Route 28S for 1.7 miles. Go right onto Clay Pond Road--green state sign says Monument Beach--before McDonald's. Go .5 miles and turn left onto Valley Bars Road. Go .3 miles and park on the left side of the road. Since this is a Show and Go hike, check the website just prior to the hike for any weather cancellation. L Robin McIntyre (508-789-8252, robinmcintyre@comcast.net, Robin is a 7th year Level 1 SEM/Cape Hike leader with previous WFA training.)

Thu., Dec. 22. Hike Scorton Creek, East Sandwich, MA. The hike will be on wooded trails with great views of the saltmarsh, we will skirt cranberry bogs and see remnants of a state-run bird farm. Terrain is flat with lots of roots. Sturdy footwear is essential. Bring fluid for hydration. If snowy or icy conditions, consider bringing microspikes and poles. Driving directions: If coming from off Cape take Sagamore Bridge to Rte. 6 and drive to Exit 61 Quaker Meetinghouse Rd, turn L off ramp and drive to Rte 6A and turn R proceed to Old County Rd opposite E Sandwich Post Office turn R proceed to 2nd cutout opposite Nye Estate and park in cutout off the road. From outer Cape take Rte 6 to exit 63 Chase Rd/, turn R off of ramp and proceed to Ild County Rd on L, turn L and proceed to 1st cutout on L across from Nye Estate and park in cutout off of pavement. Unfortunately, last minute unexpected events most often weather forces us to cancel an event at the last minute. Please check hike postings on the day of the hike to insure it is still happening. Thank you. L Jane Harding (203-500-3155 Before 8 PM, janeharding@comcast.net, current Cape Hike Chair, many years as leader.)

Activities

For the most current information, search activities online

CAPE HIKES

Sat., Jan. 14. Hike Pamet Hill, Truro, MA. We will be meeting at 9:45 AM on Saturday, January 14, at the Ballston Beach, Truro, parking lot. To find this area, travel North on Route 6 in Truro and turn right at the "Pamet Roads / Truro Center" sign. Turn right at the end of the ramp and then a left onto South Pamet Road. Follow South Pamet Road to the end and park in the Ballston Beach Parking Lot. This 2.5-hour hike covers 4.5 miles of steep hills, forests, and amazing ocean views 150 feet above the beach. If icy conditions, you will need crampons or spikes on your boots and poles. Unfortunately, last minute unexpected events, most often weather, sometimes force us to cancel an event at the last minute. Please check hike postings on the day of the hike to insure it is still happening. Thank you. Contact me if you have any questions. L Richard Kaiser (508-246-7582 Before 9 PM, rjkaiser@comcast.net

Sun., Jan. 15. Scusset Beach State Reservation Afternoon Hike. Join us for an easy 5-mile hike with one hill and some beach walking. We'll hike Sagamore Hill for views of Cape Cod Bay, walk through the woods, along the beach to the jetty, and back along the Cape Cod Canal. There is a creek crossing over a plank. This is a figure eight loop, with the opportunity to leave after the first half. L Marcella Rippel (marcellarippel@gmail.com)

Sat., Jan. 28. Hike Bearberry Hill, Truro, MA. We will be meeting at 9:45 AM on Saturday, January 28, at the Ballston Beach, Truro, parking lot. To find this area, travel North on Route 6 in Truro and turn right at the "Pamet Roads / Truro Center" sign. Turn right at the end of the ramp and then a left onto South Pamet Road. Follow South Pamet Road to the end and park in the Ballston Beach Parking Lot. This 2.5-hour hike covers 4.2 miles of hills, forests, amazing ocean views, and a short beach walk. If icy conditions, you will need crampons or spikes on your boots and poles. Unfortunately, last minute unexpected events, most often weather, sometimes force us to cancel an event at the last minute. Please check hike postings on the day of the hike to insure it is still happening. Thank you. Contact me if you have any questions. L Richard Kaiser (508-246-7582 Before 9 PM, rikaiser@comcast.net)

Sat., Feb. 11. Hike Long Nook, Truro, MA. 2 hour hike. Visit AF Base and Jenny Lind Tower. Excellent high cliff ocean views. If icy conditions, you will need crampons or spikes on your boots and poles. Directions: From Route 6 in Truro take Right on Long Nook Rd (1.2 miles after Pamet Rd Exit) and follow to parking lot at the end. Meet at 9:45 and hike 10 am - 12;00 pm. Unfortunately, last minute unexpected events, most often weather, sometimes force us to cancel an event at the last minute. Please check hike postings on the day of the hike to insure it is still happening. Thank you. Contact me if you have any questions. L Richard Kaiser (508-246-7582 Before 9 PM, rikaiser@comcast.net)

Sat., Feb. 25. Hike Head of the Meadow, Truro, MA. 2.5 hour hike. Visit Head of the Meadow and Coast Guard Beaches and hike in the rolling hills of pine forests. If icy conditions, you will need crampons or spikes on your boots and poles. Directions: From Route 6 in Truro take Right on Head of the Meadow Road (0.6 miles after Route 6 becomes 4 lanes) and follow to parking lot on the left near the Rest Rooms. Meet at 9:45 and hike 10 am - 12;30 pm. Unfortunately, last minute unexpected events, most often weather, sometimes force us to cancel an event at the last minute. Please check hike postings on the day of the hike to insure it is still happening. Thank you. Contact me if you have any questions. L Richard Kaiser (508-246-7582 Before 9 PM, rjkaiser@comcast.net)

EXECUTIVE COMMITTEE:

Volunteer Opportunities

Ongoing. Communications Vice Chair - Southeastern Mass. Chapter, MA. The Communications Vice Chair partners with the Communications Chair to oversee the timely production and distribution of chapter communications to chapter members and non-members, including: - monthly issues of the Southeast Breeze newsletter (in conjunction with the Breeze editor) - monthly Blast email announcements of important events (in conjunction with both the Chapter Chair and Blast editor). - SEM annual report (jointly with the contributing chapter activity chairs such as hiking, biking, paddling, skiing, etc.) - Social media updates (Facebook and Instagram) This is a great opportunity for anyone with good communication skills who wants to help keep the SEM chapter vibrant and encourage active engagement by members. For more information or to volunteer for this important position, please send an email to communicationschair@amcsem.org and/or to Walt Granda (nominating.com@amcsem.org), Paul Brookes (chair@amcsem.org).

Activities

For the most current information, search activities online

EXECUTIVE COMMITTEE:

Volunteer Opportunities

Ongoing. Hiking Vice Chair - Southeastern Mass. Chapter, Blue Hills, MA. Do you lead Hikes for SEM, have a vision for how we can continue to grow and promote hiking, and are you good with people? Are you good at planning and organization and somewhat tech savvy? If this describes you, please consider applying for the Hiking Vice Chair position. The Vice Chair assists the Hiking Chair. Responsibilities include coordinating hiking series, workshops, and ad-hoc hiking task forces. Leading your own hikes and participating in other leaders' hikes. Recruiting and mentoring new hike leaders. Participating in monthly board meetings and working with other committees as needed, e.g. soliciting Breeze articles for communications and working with education on WFA needs. Partnering with the Hiking Chair in planning for the quarter. Help lead quarterly hike leaders' meetings and take on specific responsibilities and projects as delegated and accepted. Applicant must be an active hike leader with the SEM chapter, have access to a desktop or laptop computer, and be comfortable leading online meetings. If interested in applying, email Bill Belben (hikingchair@amcsem.org) and the Nominating Committee: Walt Granda (nominatingchair@amcsem.org) or Paul Brookes (chair@amcsem.org).

Ongoing. Vice Chair SEM Skiing - Southeastern Mass. Chapter, MA. Support the Skiing Chair. Coordinates cross country ski activities including. This position opens in Nov 2022 when the current Vice Chair moves up. Candidate for this position should be strong cross-country skiers and snowshoers. More details about Skiing responsibilities here: http://amcsem.org/assets/pdf/ski.pdf. For more information or to volunteer for this important position, please send an email to Dia Prantis (xcskichair@amcsem.org) Jeannine Audet (vicechair@amcsem.org); Walt Granda (nominatingchair@amcsem.org), Paul Brookes (chair@amcsem.org).

Ongoing. Vice Chair Conservation - Southeastern Mass. Chapter, MA. Support the SEM Conservation Chair and the goals of the committee. More details about Conservation committee responsibilities here: http://amcsem.org/assets/pdf/conservation.pdf. For more information, contact Walt Granda (nominatingchair@amcsem.org) or Paul Brookes (chair@amcsem.org).

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Thu., Dec. 15. Thursday Morning Hike - Burrage Pond WMA, 15 Hawks Ave, Hanson, MA. Hike in The Burrage Pond WMA in Hanson & Halifax. A three hour, 5 to 6 mile moderate hike on mostly flat sandy trails. This area was once the largest cranberry bog operation in the country and is now being reverted back to wild lands. Bring lunch, water, warm clothing and especially warm windproof head gear as these open spaces can get very chilling in the winter with a stiff breeze. Heavy rain or heavy snow will cancel. Good snow shoeing if weather permits. NO PETS. Please wear bright orange clothing (Hat or Vest or something bright) as this hike is in a hunting area and it is hunting season. L Richard Carnes (508-947-3204 Before 8 PM, rcarnes2@aol.com)

Sat., Dec. 17. Blue Hills Lowland Hike/Snowshoe - Sat. Morning, Blue Hills Ponkapoag Pond. Moderate to fast pace, with occasional stops. An approximate 5-mile hike or snowshoe around Ponkapoag Pond. Bring waterproof hiking shoes or boots, snack/lunch, and water. MICROspikes and/or snowshoes may be necessary depending on trail conditions. We'll take a break at the AMC Camp down at the pond, weather permitting. Steady rain or snow will cancel. Well behaved dogs on leash are O.K. he group size will be limited to 14 hikers plus the leader. This trip is often wait-listed, so please cancel your registration if you can no longer attend. Details and directions to the meet-up location will be sent 24-48 hours prior to the hike to those who register. L Ken Cohen (508-942-1536 Before 7:00 pm, k-cohen@comcast.net. Year-round hiker and snowshoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our nation's National Parks. AMCSEM Level I Hike Leader for the past six years having organized many trips in The Hills and other local hiking destinations. Longtime member of DCR's "Trail Watch" in the Blue Hills. Former At-Large Member of the Board of Trustees for The Friends of The Blue Hills. Nature and photo-journalism photographer.)(patriciae568@gmail.com)

For the most current information, search activities online

HIKING

Sat., Dec. 17. SEM 2022- 2023 Snowshoe #1 - Mount Hedgehog, Wonalancet, NH. Join SEM for the season first snowshoe to Hedgehog Mountian (2500 ft), the smallest of the "NH 52 With a View list., This is a 5-mile loop with 1500 feet of elevation gain and lots of charm. Situated behind Mount Passaconaway, the UNH trail climbs through a pine forest up to the East Legdes, the Summit, and Allen's Ledges. Enjoy views to the south, east, and west along the way. Difficulty: Moderate. Time: 5 - 6 hours. L Anne B Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com, Anne has been a SEM hike leader for more than 10 years! She enjoys leading winter hikes and snowshoes and has hiked the 48 NH 4K mountains. She is a graduate of AMC's Mountain Leadership School.) L Diane Hartley (508-566-6517 5:00-8:00 pm, Diane is a four-season hiker and SEM Level 3 hike leader. She enjoys exploring the flora and fauna of lowland conservation properties and summer backpacking in the Northeast, but her true passion lies in higher peaks, particularly the White Mountains of NH. Diane has hiked the the NH48 and completed AMC's Wilderness Leadership Training.) L Eva Das (borsody@gmail.com) L Sujatha Srinivasan

Sun., Dec. 18. Fall River Bioreserve Hike, Fall River, MA. Join us for a 3+ mile hike in the beautiful, historic Fall River Bioreserve. We will hike portions of the recently blazed 20-mile Loop Trail. Historical features will be highlighted. The trail is flat, but has rocks & roots, so sturdy shoes or hiking boots are required. Dress in layers to stay warm. Foot traction may be needed. Bring water & a snack. Steady rain will cancel. L Paul Audet (508-287-3122, milmod@aol.com) L Jeannine Audet (508-493-8221, jhummingbirddbp@aol.com)

Thu., Dec. 22. Thursday Walk Noanet Woodlands, MA. On this first full day of winter, join us for a lovely walk through Noanet Woodlands, a Trustees of Reservations property. A myriad of trails crisscross through the forest, and we will stop at the remnants of the iron mill from 1815 and also be treated to a view of Boston from Noanet peak. We will cover approx. 5-6 miles on mostly level terrain, plus the short walk up to the peak at 387 feet. Depending on conditions, "micro spikes" (or hopefully snowshoes!) may be needed. Dress in appropriate layers. Plan on carrying water, snacks/lunch and a pad to sit on. Hazardous driving conditions will cancel. This Trustees property does have a ticket kiosk, \$6 fee for nonmembers, free for members. L Peggy Qvicklund (774-893-3011 please call before 9 pm, <a href="mainly-evident-average-quicken-av

Tue., Dec. 27; Jan. 3, 10, 17, 24, 31; Feb. 7, 14, 21, 28; Mar. 7, 14. - Winter Trail Trace the Blue Hills - A Tuesday morning hiking / snowshoeing series, Blue Hills, MA. You may have heard of "Trail Trace the Blue Hills", an honor system quest to hike all the mapped trails in the Blue Hills Reservation. Well, "Winter Trail Trace the Blue Hills" is the same, except you hike during calendar winter. We meet Tuesdays and hike in the Blue Hills between 10 AM and 2 PM. There will be ups and downs and we will endeavor to maintain a steady but moderate pace, especially if it's cold. We will stop to enjoy lunch on the trail. On the few coldest days of winter, we may snack as we walk to keep warm. We are a cohesive group that hike together, wait at intersections, and watch out for one another. People new to winter hiking are welcome and encouraged to register. If you did not attend the Winter Hiking Workshop, you will be asked to attend any winter hiking workshop with any AMC chapter or watch our winter hiking workshop video. So, come on out on Dec. 27, the first Tuesday of winter, and start "Winter Trail Tracing"! It's also easy to join, register once, then come when you can. We hike different trails each week and start from different locations. Registered participants will be emailed the location of the next hike during the prior week. The series has 12 hikes and runs through March 14, 2023. The last hike of the series will be a shorter hike followed by a celebratory luncheon at a local restaurant. Winter hiking clothes, insulated hiking boots, hiking poles and traction equipment such as micro-spikes are required on all hikes. Snowshoes must be brought to the trailhead after the first major snowfall. All hikers should bring a backpack with sufficient water, lunch, extra layers and a first aid kit. A recommended clothing and equipment list will be given to you during registration. For the safety of those driving, hikes will be cancelled during active snowstorms; but other than that, the hike goes on. If it's raining, we put on a shell. Icy conditions, on go our traction devices. Super cold, we layer up. You choose however when the conditions are no longer fun for you. Join us when you can and want. Why hike in the winter? Well, it's pleasant hiking without bugs, an effective way to keep fit during the long cold dark days of winter and you get to experience gorgeous winter landscapes! We hope you consider this winter series; it's fun and a great introduction to winter hiking. Paul Brookes, one of the leaders, may have his well-behaved dog Sunny with him on some hikes. No other pets allowed. L/R Paul Brookes (paulbrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. I am a four-season hike leader for the Southeastern Massachusetts chapter of the AMC and lead both local hikes as well as destination hikes such as to the White Mountains (I am certified in Wilderness First Aid). You may often find me in the Blue Hills with my dog Sunny.) in the Blue Hills with my dog Sunny.)

For the most current information, search activities online

HIKING

Thu., Dec. 29. Thursday Morning Hike- Allens Pond Wildlife Sanctuary, Westport, MA. Meet at 9:45 AM, Stone Barn Farm, Allens Pond Wildlife Sanctuary. Our hike at the Allens Pond Wildlife Sanctuary is 5+ miles winding through forests, salt marsh, and a beach. The Mass Audubon reserve is an excellent habitat for wildlife, birds and plants. After retuning to the parking lot I will offer a second optional 2-3 mile hike for anyone wishing to explore another section of Allens Pond. Hiking shoes, rain gear, water, and snacks/lunch required. Weather, pace or trail conditions may shorten the hike. Dogs are not allowed at Allens Pond Wildlife Sanctuary. L Walt Granda (508-971-6444, wgranda27@gmail.com)

Tue., Jan. 3. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Sat., Jan. 7. SEM Beginner Winter Hiking Series #3 - Mt. Kearsarge North, Mt. Washington Valley, MA. Please join us for hike #3 in our beginner hiking series. In this progressively more challenging series, you will have an opportunity to develop and then fine tune your winter hiking skills while discovering firsthand the fun, beauty, and camaraderie of winter hiking. Preference will be given to first time winter hikers who attended the SEM Winter Hiking Workshop. Mt Kearsarge North is a winter hike not to be missed in Intervale, NH, just north of North Conway. The out and back hike is 6.2 miles and 2600' elevation. The climb is fairly constant with some sections of open slabs and some steep sections near the summit. In one location you can look back and see Mt. Chocorua and Moat Mountain. Once you reach the summit you will feast on 360-degree views from the glass-enclosed fire tower! It is a great lunch spot. Full winter gear and clothing (snowshoes, microspikes, winter-rated boots, etc.) required. L Maureen Kelly (617-943-4288 before 8 pm, mokel773@aol.com, Maureen is a four-season hike leader for SEM and enjoys encouraging new hikers.) L Ann Hargleroad (ahargleroad@gmail.com)

Sun., Jan. 8. SEM Intermediate Winter Hike 2 - Mount Hancock Loop, Lincoln NH. Please join me on a fun hike to two 4.000 footers Mount Hancock and South Hancock, near Lincoln, NH. The hike will be a semi-loop of approximately 9.1 miles and 2.631 feet of elevation gain. The hike will be a moderate-strenuous hike in winter conditions. Near the North Hancock summit hikers will have to trek on rocks and scrambles which could also be icy and snowy at this time of the year. Views near the summit include the Tripyramids, Carrigain, and the Oseolas. Participants should be in good physical condition and have completed a similar winter hike within the past 2 months. Micro-spikes, snowshoes, crampons and full winter gear are required. L Anne B Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com, Anne has been a SEM hike leader for more than 10 years! She enjoys leading winter hikes and snowshoes and has hiked the 48 NH 4K mountains. She is a graduate of AMC's Mountain Leadership School.) L Diane Hartley (508-566-6517 5:00-8:00 pm), Diane is a four-season hiker and SEM Level 3 hike leader. She enjoys exploring the flora and fauna of lowland conservation properties and summer backpacking in the Northeast, but her true passion lies in higher peaks, particularly the White Mountains of NH. Diane has hiked the NH48 and completed AMC's Wilderness Leadership Training.) L Leslie Carson (508-737-6627, lesliecarson929@yahoo.com, Leslie Carson is a four-season hiking/backpacking leader with the AMC Southeastern Massachusetts Chapter. She completed the New England 67 4KFooters in 2017 and has led hikes for AMC's August Camp in the Pacific Northwest since 2013. More recently, she has led/co-led Adventure Travel hiking/trekking trips in western US and internationally. She is certified in SOLO Wilderness First Aid and CPR.) L Jeannine Audet CL Pepi Requeiro (774-222-8005 before 9 pm, peparegueiro@yahoo.es) CL Sujatha Srinivasa

Tue., Jan. 10. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details.

Thu., Jan. 12. Thursday Morning - Great River Preserve & Taunton River WMA, Bridgewater, MA. Meet at The Great River Preserve small dirt parking area past 884 Auburn St, Bridgewater, MA 02324. Thursday Morning 10 AM / 2-3 hour/ flat 5-mile Hike/Snowshoe-Wildlands Trust Great River Preserve and Taunton River Wildlife Management Area on Auburn Street in Bridgewater. Travel through pine and holly forest onto open meadow trails paralleling the Taunton River. Do not approach from Auburn Street in Middleboro as the bridge has been removed. Heavy rain/snow or icy conditions will cancel. L Richard Carnes (508-947-3204 Before 8 PM, rearnes2@aol.com)

For the most current information, search activities online

SOUTHEASTERN MASSACHUSETTS CHAPTER

HIKING

Thu., Jan. 12. Winter Conditioniing Hike in the Blue Hills. Interested in getting out in the Blue Hills for a good workout this winter? Want to add to your fitness with some local hiking in between jaunts to higher elevations? Consider joining this group for 'off week' hikes-fill in between official NH winter hikes, or just to enjoy winter in the Blue Hills! This is a posting for the first of four hikes. Participants can attend any one or all-unlike the past several years this is not a series. Prior participants in the winter conditioning series are encouraged to sign up. New participants interested in joining are welcome! Participants are expected to have prior winter hiking experience and be able to hike at a strong (enthusiastic) moderate pace carrying & using winter gear. Hikes will cover about 8 miles with 1000-1500 elevation in 3-4 hours. This is NOT an introduction to winter hiking. All participants must have winter clothing, winter boots, snowshoes, micro spikes, poles with baskets, etc. Participants will be screened and are expected to have good conditioning in addition to prior winter hiking experience. Participants will need to register for each session when it is posted. There will be nine participants and a waiting list for five additional participants. Hikes will only be cancelled in the event of inclement weather (e.g., heavy rain) or weather that makes travel hazardous. Rendezvous location and exact morning start time will be sent after your registration is confirmed for each hike. Online registration is required. AMC membership is not required, but you will need to set up a free AMC online account if you do not already have one. Click "Register" button to accept the risks, provide contact info, and sign the AMC liability waiver. Each person must register individually; you cannot register for a friend or household member. Prospective dates: 1/12, 1/26, 2/9, 2/24 AMC Trip Policy. L Thomas Graefe (781-659-2441 Before 9:00 PM, tmgraefe@comcast.net)

Tue., Jan. 17. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details.

Tue., Jan.24. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Tue., Jan.31. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Sat., Feb. 4. SEM Beginner Winter Hiking Series #4- Mount Pierce, Crawford Notch, NH. If you're new to winter hiking, join us for this fourth Southeastern Mass. Chapter Winter Series hike of the season. In this progressively more challenging series, you'll have an opportunity to develop and then fine tune your winter hiking skills while discovering firsthand the fun, beauty, and camaraderie of winter hiking. Preference will be given to first time winter hikers who attended the SEM Winter Hiking Workshop. For hike #4 we are planning to hike Mount Pierce which is one of the NH 4000' mountains in beautiful Crawford Notch. The weather of the day and trail conditions will determine exact route we take. Our hike will be about 6 miles with approximately 2400 feet of elevation gain. Full winter gear and clothing will be needed, including MICROspikes (or equivalent traction), snowshoes and winter boots. Crampons are not required, but bring them if you have them. L william belben (william.belben@yahoo.com) L Maureen Kelly (617-943-4288 Before 8 pm, mokel773@aol.com)

Thu., Feb. 9. Thursday Morning Hike - Eastover Reservation Hales Brook, 285 County Road, Marion, MA. Hike 4 to 5 miles on flat wooded and open bog trails in the expanded Eastover Reservation/Hales Brook Trust. Meet at 9:45 AM at the trail head parking. Use 285 County Road for GPS (Nearest house) ready to hike. Lunch on the trail with view of the Sippican River. Heavy rain cancels.

No Pets. L Richard Carnes (508-947-3204 Before 8 PM, rcarnes2@aol.com)

Tue., Feb, 7. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Tue., Feb, 14. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Tue., Feb, 21. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Tue., Feb, 28. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Tue., Mar, 7. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,

Tue., Mar. 14. Winter Trail Trace the Blue Hills. See Dec. 27 listing for details,



Activities

For the most current information, search activities online

HIKING

Fri., Mar. 3-5. SEM Beginner Winter Hiking Series #5- Carter Notch Hut Overnight, Bean's Purchase, NH. If you're new to winter hiking, join us for this fifth Southeastern Mass. Chapter Winter Series Hike of the season. In this progressively more challenging series, you'll have an opportunity to develop and then fine tune your winter hiking skills while discovering firsthand the fun, beauty and camaraderie of winter hiking. Preference will be given to first time winter hikers who attended the SEM Winter Hiking Workshop. For hike #5, we are planning to hike into Carter Notch Hut, at elevation 3,288 feet, which will be our home base for the weekend. Wewill hike in the group's food for the weekend, which the group members will prepare in the hut's kitchen. Leaders will guide group members in hikes nearby to the hut. We will stay in the bunkhouses overnight. Full winter gear and clothing will be required, including Microspikes (or equivalent traction), snowshoes, crampons & winter boots. A sleeping bag rated to 0 degrees is also required. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime., jhummingbirddbp@aol.com, Jeannine enjoys leading hiking year-round. The annual winter hut hike is one of her favorites.) L william belben (william.belben@yahoo.com, Jeannine enjoys leading hikes year-round. He is the SEM Hiking Chair.) L Paul Brookes (paulbrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. I am a four-season hike leader for the Southeastern Massachusetts chapter of the AMC and lead both local hikes as well as destination hikes such as to the White Mountains (I am certified in Wilderness First Aid). You may often find me in the Blue Hills with my dog Sunny.) L Ann Hargleroad (ahargleroad@gmail.com, Ann had led trips in the White Mountains year round.)

SKIING

Fri., Jan. 13-16. XC Skiing in Waterville Valley, Mountain Fare Inn, Campton, NH. Join us for a weekend of cross-country skiing in Waterville Valley, NH. We will call the cozy Mountain Fare Inn in Campton our home base. The xc ski resort is a short drive away, & has beautiful, well-groomed trails. We welcome skiers of all levels of experience. There also may be options for winter hiking/snowshoeing. Our group will prepare breakfast at the B & B, pack lunches for the trails, & have options to dine out at nearby restaurants for dinner or cook at the B & B. Rooms accommodate between 1-5 people, & most have a private bathroom. We gather by the fireplace in the evenings for happy hour. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime., jhummingbirddbp@aol.com, Jeannine is the SEM xc skiing chair. She enjoys sharing the enjoyment of the outdoors with others.) L Dia Prantis (617-504-8797, dprantis@yahoo.com, Dia is the SEM XC skiing vice chair. She favors winter activities & is a fabulous cook.), R Jeannine Renee Audet (508-493-8221)

Fri., Feb. 3-5. X/C Skiing at Grafton Ski and Outdoor Center, Grafton, VT. Enjoy a weekend of x/c skiing and socializing with other AMC participants. We will stay at the Grafton Inn and have complimentary access to the Grafton Outdoor and Ski Center. Weekend will start on Friday evening and check-in is any time after 3. Inn includes a full breakfast and from there we can use the Outdoor center for x/c skiing, snowshoeing, and tubing. A range of levels is welcome. Passes and rentals are included with our stay. L Jeannine Audet (508-493-8221), Jeannine is the SEM chapter ski chair and has been leading x/c ski weekends for the last 10 years. She is also a year-round avid hiker and leader.), L/R Dia Prantis (617-504-8797) Anytime and I'll return your call. (Text is often better.), dprantis@yahoo.com). Dia is skiing vice-chair and hike leader for SEM chapter.



The End