

## **AMC/SEM Climbing trip guidelines (12/11/02)**

### **Activity Rules**

- Leaders and participants must wear helmets while climbing, and participation is dependent upon leader's approval of climbing equipment.
- Participants are to stay away in a safe zone designated by the leader. This zone should be at least 15' away from the rock face. This is to ensure that no debris hits the participants if the climber knocks something down.
- Leader or co-leader will set up ALL top ropes. When top roping at an established sport climbing area, the leader and co-leader will get the climb prepared for participants. This entails leading the route (if necessary), cleaning the route of gear, making sure the rope is secure to the anchors, and by testing the rope by rappelling or climbing the rope.
- When ever possible the climbing crag should be set up and ready to go before participants arrive. This will ensure that all participants will receive the optimal amount of time to climb. In addition, prior set up will reduce participants "wait time" to climb.
- During all basic roped climbing activities participants who are rappelling will be backed up by a fireman's belay or a top down top rope.

### **Requirements to become a leader**

- Said person must be a co-leader in training for a full year until leader status is considered. This entails co-leading at least 4 trips within the year.
- Participate in a climbing leader skills training (i.e. setting up anchors, equalization, usage of gear, etc.).
- Completion of the SEMAMC Leadership workshop.
- Have a current WFA certification.
- Be an AMC member.
- At the time of consideration, recognized co-leaders will be granted leader status by approval of the climbing coordinators.

### **Requirements to maintain leader status**

- Have an up to date WFA or higher certification.
- Participate in a climbing leader skills training every other year once leader status is granted (i.e. granted in April 2002, must take training in April 2004).
- Be actively climbing during the year. If not, status will be changed to co-leader (i.e. 6 or more days of climbing).

### **Approved climbing areas**

- All climbing area will have to be approved by the coordinators so that it can be put on the "Approved Climbing Areas" list below.
  - College Rock
  - Quincy Quarries
  - Rumney