

3 Season, Local Day Hike, Screening Form

Hike: _____ Date: _____ Leader: _____ Phone # _____ Co- Leader: _____ Phone # _____

Date/Time					
Name:					
Address:					
Tel # (Work or Home?) Home / Work ? E-Mail ?					
AMC member? Chapter? How long?					
Anyone coming with you? (SEE NOTE 1)					
Experience level? (Explain rating system)					
Longest hike:					
Have you hiked with a group before?					
What other AMC SEM trips have you been on in the past 6 months? (Who was the leader?)					
Equipment: Hiking boots? Daypack? Water bottles? Rain gear? _____, _____					
What is the worst problem you have had on a trip?					
Do you have any special medical problems or are you taking any medications? Allergies?					
Do you have any medical training?					
Do you have any questions? Accepted??					

1) Do not allow the caller to “register” another person unless you already know that person and their experience level.

The trip: Rating
Distance
Speed
Terrain
Elevation gain
Other?
Where to meet:
Time: (Hike starts at _____, be early)
Directions:

Bring: Hiking boots (Sneakers?) Water/drink (1 or 2) L bottles Food (Lunch & Snacks) Rain gear _____, _____
Cancellation policy: Weather? (Will call you Thurs/Fri eve?) (Call me if you can't make it?)

If this hike is not appropriate what other, more appropriate, hikes are coming up?

Call another leader leading an easier hike and refer them to this person. After obtaining answers, you may then decide whether the trip will be beyond their level of skill, within it, or too elementary. If they wish to participate in a too-easy trip, that is their decision but if they wish to go on a trip that is beyond their ability, *that is your decision*. As a leader it will be your responsibility to recommend that they do not participate. If they persist, you may have to refuse to take them. Explain that the trip includes certain risks (mention them) and that an inexperienced participant will create a

possible burden on the leader and other participants. Encourage them to try another easier trip so they can build up their skills.

If their equipment is incomplete or inadequate, you may require them to obtain the proper gear, for their own comfort and safety and that of the group.

Remember that a well-planned trip and well-prepared participants make for an enjoyable experience for all. Screening phone calls can do much to ensure that this will happen.