

## AMC SEM Hiking Committee Trip Listing Form

Hike Rating: First character indicates distance in miles. Second character indicates leader's pace (average terrain). Third character indicates terrain.

Miles	Pace/mph	Terrain
AA=13+	1=very fast/2.5+ mph	A=very strenuous
A=9-13	2=fast/2.0 mph	B=strenuous
B=5-8	3=moderate/1.5 mph	C=average
C=5 or less	4=leisurely/<1.5 mph	D=easy

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Day and Date of hike: \_\_\_\_\_

Title/Destination: \_\_\_\_\_

Rating (see above): \_\_\_\_\_

Brief description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Register with: \_\_\_\_\_

Leader: \_\_\_\_\_

Leader's phone number/hours to call: \_\_\_\_\_

Email address: \_\_\_\_\_

Co-leader: \_\_\_\_\_

Co-leader's phone number/hours to call: \_\_\_\_\_

Email address: \_\_\_\_\_

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Day and Date of hike: \_\_\_\_\_

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Email address: \_\_\_\_\_

Co-leader: \_\_\_\_\_

Co-leader's phone number/hours to call: \_\_\_\_\_

Email address: \_\_\_\_\_