

AMC SEM Hiking Committee Trip Listing Form

Hike Rating: First character indicates distance in miles. Second character indicates leader's pace (average terrain). Third character indicates terrain.

Miles	Pace/mph	Terrain
AA=13+	1=very fast/2.5+ mph	A=very strenuous
A=9-13	2=fast/2.0 mph	B=strenuous
B=5-8	3=moderate/1.5 mph	C=average
C=5 or less	4=leisurely/<1.5 mph	D=easy

Day and Date of hike: _____

Title/Destination: _____

Rating (see above): _____

Brief description: _____

Register with: _____

Leader: _____

Leader's phone number/hours to call: _____

Email address: _____

Co-leader: _____

Co-leader's phone number/hours to call: _____

Email address: _____

Day and Date of hike: _____

Title/Destination: _____

Rating (see above): _____

Brief description: _____

Register with: _____

Leader: _____

Leader's phone number/hours to call: _____

Email address: _____

Co-leader: _____

Co-leader's phone number/hours to call: _____

Email address: _____